



**Attention:** News Directors

**For Immediate Release**

**Contact:** Janet Kittams-Lalley

**Contact Number:** Dial 2-1-1 or 274-1408

### **Helpline Center Events Friday and Saturday**

The Helpline Center will be handing out hygiene kits and free bus passes, along with 211 informational materials, tomorrow and Saturday in honor of National 211 Day.

2-1-1 is a simple way to connect people in the Sioux Empire with non-profit, social service and government agencies when they need help, or when they want to help. The number operates 24-hours-a-day, seven-days-a-week, and is a free service.

In honor of National 2-1-1 Day this Friday and Saturday, Helpline Center staff and board members will be out in the community, doing random acts of kindness to promote the 2-1-1 number. They will be giving out bus passes and hygiene kits, along with 2-1-1 information, to those in need. In addition, the Helpline Center will visit local companies, leaving information for employees who might need to dial 2-1-1 for mental health support, child care information, volunteer opportunities, substance abuse support or more.

“It’s a great way to illustrate the range of 2-1-1 services. We are here to help all people with all kinds of issues, but we are also here if you want to volunteer to do something positive for the community. It’s as simple as dialing 2-1-1,” Kittams-Lalley said.