

Working With Survivors Workshop



TEACHING MENTAL HEALTH PROFESSIONALS TO HELP FAMILIES AND INDIVIDUALS COPE WITH SUICIDE GRIEF

Suicide throws a kink into the grief process with issues of stigma, guilt, anger and blame. This workshop takes the time to discuss the emotions that suicide grief entails and how to help families, as well as individuals, cope. It also explores the impact of suicide on extended families and communities. With help and knowledge, people bereaved by suicide can find hope and healing.



Speaker Michelle Linn-Gust, Ph.D., is the current president of the American Association of Suicidology. She is best known for her work inspiring people around the world to cope with loss and change. She is an international speaker and author of several books including *Do They Have Bad Days In Heaven? Surviving The Loss of a Sibling* and *Rocky Roads: The Journey of Families Through Suicide Grief*.

"Michelle speaks eloquently about suicide from two worlds. One is from a wealth of knowledge about suicide and its aftermath, gathered over many years from personal research, writing and talking to those affected. The other is from Michelle's own experience as a sibling survivor."

- Tony Gee, Psychologist - Melbourne, Australia



Date: Thursday, May 10

Time: 1 pm to 5 pm

Place: Our Savior's Lutheran Church
909 W. 33rd St., Sioux Falls

Cost: \$25

Registration: For registration form and payment information, please visit www.helplinecenter.org

CEUs available for counselors and social workers

For more information contact the Helpline Center

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