

Find Hope & Healing After A Suicide



A SPECIAL PRESENTATION FOR FAMILIES WHO HAVE LOST A LOVED ONE TO SUICIDE

The Helpline Center invites survivors of suicide to a special presentation by survivor Michelle Linn-Gust, the president of the American Association of Suicidology. Hear her story, and share in the hope for healing. This is a free event for all survivors.

Date: Thursday, May 10

Time: 6:30 pm to 8:30 pm

Place: Our Savior's Lutheran Church
909 W. 33rd St., Sioux Falls, SD

For more information: Please visit www.helplinecenter.org, dial 211 or call 605-274-1406. No registration is required. There is no fee to attend.



Ph.D. Michelle Linn-Gust, the president of the American Association of Suicidology, brings her gifts as a writer and her knowledge as a survivor to her presentations. She inspires audiences of all sizes, both nationally and internationally, through talks about surviving after a suicide. Her focus is on helping those impacted by suicide make the most of each day and to truly make the best of who they are. While Michelle was in college, her sister Denise died by suicide just two weeks before her eighteenth birthday. Her sister's death led Michelle to pursue a masters in health education and her doctorate in family studies. She has written several books, including *Ginger's Gift: Hope and Healing Through Dog Companionship*, *Rocky Roads: The Journeys of Families Through Suicide Grief* and *A Winding Road: A Handbook for Those Supporting The Suicide Bereaved*.

"Michelle speaks from the heart and has inspired countless numbers of people with her messages of hope and recovery after losing a loved one to suicide. When I lost my brother to suicide, I found that her story as another 'sibling survivor' gave me strength. She expresses great insights in the bereavement process and is a wonderful source of healing for so many who are neglected in their grief." - **Dr. Sally Spencer-Thomas, Executive Director, Carson J Spencer Foundation**