

211 Helpline Resource Guide



Included in the resource guide are agencies/programs that provide direct basic need services such as food, shelter, clothing, medical care, financial assistance, and employment services. For more information on thousands of other resources available in the Sioux Falls area, visit our web site at www.helplinecenter.org or dial 211 or (605) 339-4357.

GENERAL

211 Helpline Dial 2-1-1 or 339-4357 National Suicide Prevention Lifeline 1-800-273-TALK(8255)
24-hour information & referral line. Referrals to community programs for financial assistance, food, clothing, medical assistance, social service programs, government agencies, child care and much more.

American Indian Services 334-4060 817 N. Elmwood
Direct assistance and referral to other agencies to help individuals and families with emergency needs.

Avera McKennan/Minnehaha County Detox Center 367-5297 Public Safety Building, 500 N. Minnesota Ave.
Must be intoxicated and incapacitated by alcohol or drugs, or pregnant and abusing alcohol or drugs. Provides 24-hour structure and support.

Department of Social Services 367-5444 811 E. 10th St.
SNAP(food stamps), TANF, and Medicaid/CHIPS. Also Adult Services and Aging, Child Support, and Child Protection.

Vet Center 330-4552 601 S. Cliff Ave., Suite C
Counseling, outreach, and referral services to veterans and their families.

Hope Prison Ministry 338-7526 PO Box 284
Provides help with finding apartments, transportation, food, and clothing to previous prison inmates.

Southeastern Behavioral HealthCare - Community Support Services 336-0503 100 W. 5th Street
Offers treatment and rehabilitation to adults with severe and persistent mental illness

SD Driver License Division 362-2746 3716 S. Westport Ave.
Obtain drivers license or ID's (closed Mondays and open Saturdays for renewals). Renewals or ID's can also be obtained at 415 N. Dakota Ave. 2nd floor.

Center of Hope 334-9789 225 E. 11th Street, Suite 101
Daytime Care Center. Bikes for work. Winter clothes for free or minimal cost. Telephone and internet available.

FINANCIAL

Minnehaha Co. Dept. of Human Services 367-4217 521 N. Main Ave., Suite 201
Based on eligibility, assistance with rent, utility bills, ID's, food and non-food items, dental and medical care, out-of-town transportation (bus tickets, gas), prescriptions, and burials.

Community Outreach 331-3935 225 E. 11th Street, Suite 200
Rent, utility bills, other misc. needs. Must go to County Dept. of Human Services first for financial help.

Inter-lakes Community Action 334-2808 505 N. Western Ave.
Assists homeless families with deposit and with heat bills when funds available. Weatherization assistance.

The Salvation Army 338-6649 800 N. Cliff Ave.
Assists with electric bills (must go to County Dept. of Human Services first), food, diapers, and prescription assistance.

St. Vincent DePaul Society 338-4111 431 N. Cliff Ave.
Provides assistance with clothes and in other areas where needs have not been met through County Dept. of Human Services and other agencies.

Low Income Energy Assistance Program (800) 233-8503
Assists with heating costs: propane and fuel oil July 1 through April 30; electric and gas October 1 to April 30.

Alpha Center - Baby Care Program 361-3500 801 E. 41st Street
Provides material aids such as diapers, baby clothes, and formula through an incentive program.

Birthright 977-4781 300 N. Main Ave.
Provides baby clothes, and other basic baby needs to those in need. Also provides pregnancy tests and counseling.

SHELTERS

St. Francis House 334-3879 1301 E. Austin Street
Temporary shelter with breakfast & supper for up to 30 men, 5 women, and two families on any given night. Maximum of 7 consecutive days at a time. Personal care items are provided for all guests.

Union Gospel Mission 334-6732 701 E. 8th St.
Temporary shelter for homeless men, women and children. 86 beds for males/25 beds for females/children. Serve breakfast, noon lunch and have an evening meal with Chapel at 8pm and the meal served immediately after that. Also offer spiritual counseling, clothing, and youth programs.

Good Shepherd Center 332-3176 300 N. Main Ave.
Drop-in center providing laundry, showers, phone calls, refreshments, assistance with job and housing searches. Lunch on Wednesdays, Thursday, and Friday from 11:30am – noon.

Children's Inn 338-4880 409 N. Western Ave.
Domestic violence shelter open 24 hours, every day, to any victim of domestic violence and/or child abuse and neglect needing safe housing.

Mita Maske Ti Ki 731-1950 PO Box 2141
Domestic violence and sexual-assault center. Services include: Shelter/safe-house; crisis intervention; personal advocacy; medical advocacy, legal advocacy, transportation in crisis situations; outreach services; follow-up; support groups and other services identified as needed.

HOUSING RESOURCES

Arch Halfway House 332-6730 333 S. Spring Ave.
Transitional home that responds to the needs of chemically dependent men & women.

Inter-lakes Comm. Action - Heartland House 334-2808 505 N. Western Ave.
Transitional housing program for homeless families. The goal is self-sufficiency for the family.

Sioux Falls Housing 332-0704 630 S. Minnesota Ave.
Various programs available to assist eligible households with their rent. Assistance is based on household income and size.

FOOD

Banquet 335-7066 900 E. 8th Street
Meals for anyone who is hungry. Meals served M- F, 6pm -7:30pm; Sat 11:30am - 12:30pm; M, Wed, Fri 7am - 8am.

Economic Assistance – SNAP(food stamps) 367-5444 811 E. 10th St.
Open intake at 8:00am – 5pm for SNAP (Supplemental Nutrition Assistance Program) and TANF (Temporary Assistance to Needy Families).

Food Pantry – Feeding South Dakota 335-6921 417 N. Phillips Ave.
Provides a three-day supply of food. Must be referred by a service agency or church.

Union Gospel Mission 334-6732 701 E. 8th Street
Breakfast, noon lunch and an evening meal with Chapel at 8pm with the meal served immediately after. Open to anyone.

WIC (Women, Infants, and Children) 367-5228 1200 N. West Avenue
Assistance for pregnant, breastfeeding and postpartum women, and children up to 5 years of age. Participants must meet income, residential and nutritional guidelines.

CLOTHING/HOUSEHOLD ITEMS

Furniture Mission 977-6800 209 N. Nesmith
Provides recycled furniture & household goods - must have a referral by a community agency.

Goodwill Industries	731-1930	3400 S. Norton Ave.
Clothing and household items. Free emergency clothing with referral from service agencies.		
Multi Cultural Center - Career Closet	367-7400	515 N. Main Ave.
Free career clothing for individuals with clothing needs for interviews and on the job.		
St. Vincent Thrift Store	335-5823	431 N. Cliff Ave. Suite 101
Good, clean, affordable clothing, furniture, and household items.		
The Salvation Army	338-6649	900 N. Cliff Ave.
Good, clean, affordable household items, furniture, clothing, etc.		
Union Gospel Mission Thrift Store	334-6732	703 E. 8th St.
Offers reasonably priced clothing and household items to the public and free assistance to those in need.		
Volunteers of America Thrift Store	275-9197	217 N. Nesmith Ave.
Good, clean, affordable furniture and household items.		

HEALTH

Avera McKennan Health Care Clinic and Downtown Center	322-6800	300 N. Dakota Ave. Ste. 117
Provides primary health care. Accepts Medicare, Medicaid and no insurance.		
Avera McKennan Hospital	322-8000	800 E. 21st St.
Full service hospital with a 24-hour emergency and a low-fee health care clinic. (see above).		
Sanford Downtown Health Care	334-5099	401 E. 8th St. #230
Provides healthcare education and STI testing for men and women in their reproductive years. Fees based on income.		
Falls Community Health	367-8793/Medical - 367-8022/Dental	521 N. Main Ave.
Family practice medical and dental clinic. Sliding scale fees.		
Sanford Hospital	333-1000	1305 W. 18 th Street
Full service hospital with 24-hour emergency care.		
SD Urban Indian Health	339-0420	711 N. Lake
Provides full primary health care services, and a primary care provider for Medicaid. Medical and dental transports for Native American clients only - prefer a 24-hour notice but will do emergency transports.		
USD Dental Clinic	367-8046	521 N. Main Ave, Suite 202
The clinic provides dental exams, x-rays, cleanings, fluoride treatments, sealants, restorative (such as fillings and extractions), preventive dental work, oral hygiene instructions, night guards, and bleaching.		
Veterans Hospital	336-3230	2501 W. 22nd St.
The VA Medical Center provides health care services and veterans benefits for veterans.		

CHILD CARE

Child Care Helpline	211 or 339-4357	1000 N. West Ave, Suite 310
Assists parents in their search for quality child care through referrals.		
Child Care Assistance	367-5444 ext. 5	811 E. 10th St.
Financial help with child care costs for low-income families who are working or seeking employment.		

EMPLOYMENT

South Dakota Department of Labor	367-5300	811 E. 10th St. Dept. 41
Job placement and employment training.		
Volunteers of America - Vocational Training	728-1875	217 N. Nesmith
Works with individuals who face barriers to employment to teach them employment skills.		