"Making lives better by giving support, offering hope and creating connections all day every day."

Black Hills Behavioral Health Guide 2019

Mental Health Providers

Substance Use Providers

Dial 2-1-1

1-800-273-8255 (crisiline)

Text your zip code to 898211

www.helplinecenter.org/BHBHG
ABOUT THE BLACK HILLS BEHAVIORAL HEALTH GUIDE

Welcome to the 2019 Black Hills Behavioral Health Guide. The Guide is produced as an initiative of the Human Services Collaborative and is funded by the John T. Vucurevich Foundation. This guide was established to help the consumer more readily identify and select licensed and credentialed practitioners and agencies that provide a variety of behavioral health services in the Black Hills area. It provides the community with easily accessible information about the services that are listed.

Organizations and/or behavioral health practitioners are listed in alphabetical order.

There are four additional ways to find a specific resource:

By Location...
Search alphabetically in the Location Index beginning on page 5 for providers in your city or the city closest to you.

By Service Category...
Search by the following service categories: Abuse Issues (for children and/or adult victims and survivors), Addiction/Substance Abuse, Children/Adolescent, Faith Based, Older Adult Issues, Psychiatry and Medication Management, Psychological Testing, and Suicide Survivor Support. The Service Category Index begins on page 7.

By Name...
Search alphabetically by last name of the person you are seeking in the Practitioner Name Index on pages 10 & 11. Listed to the right of their name is the page number for the organization with which they are associated.

Online...
Search online at www.helplinecenter.org/guides for information at your fingertips.

Inclusion in this Guide should in no way be construed to constitute an endorsement of a practitioner, an agency, organization, or its service, nor should exclusion be construed to constitute disapproval. The information and certifications which appear in this publication were self-reported by the organizations and practitioners.
SELECTING A BEHAVIORAL HEALTH PRACTITIONER

The following list provides a brief description for the various kinds of Behavioral Health Professionals. Learn more about South Dakota licensing requirements by visiting the Licensing Boards page at [dss.sd.gov](http://dss.sd.gov) for alcohol and drug professionals, counselors, psychologists, and social workers or [doh.sd.gov](http://doh.sd.gov) for physicians and nurses.

**Addiction and Prevention Professionals** - Work with people to overcome an addiction to drugs or alcohol in individual or group settings. They may also assist families of people with addictions to better understand addiction and how to help their loved one.

- **ACT** – Addiction Counselor Trainee(s) must have a minimum of a high school diploma or general education diploma (GED) and be working in the addictions field under the supervision of a CAC or LAC.
- **PST** – Prevention Specialist Trainee has a minimum of a Bachelor's degree and is working in the prevention field under the supervision of a CPS, CAC, or a LAC.
- **CAC** – Certified Addiction Counselor(s) must have a minimum of a high school diploma or GED; complete all academic and work experience requirements for CAC; apply for certification; and have passed the International Certification & Reciprocity Consortium (IC&RC) examination.
- **CPS** – Certified Prevention Specialist must have a minimum of a Bachelor’s Degree; complete all academic and work experience requirements for CPS; apply for certification; and have passed the IC&RC examination.
- **LAC** – Licensed Addiction Counselor(s) must have a minimum of a Master’s Degree in a behavioral science field; complete all academic and work experience requirements for LAC; apply for licensure; and have passed the IC&RC examination.

**Counselor** - Counselors are trained in therapeutic technique and theory. They provide “talk therapy” as opposed to medication to help people with their concerns. Some counselors have extra focus on a specific topic such as marriage and family. In the behavioral health setting, counselors can be found providing therapy or case management services.

- **LPC** - Licensed Professional Counselors must have at least a Master’s degree, 2,000 hours post-graduate supervised experience, and passed the National Counselor Examination (NCE).
- **LPC-MH** - Licensed Professional Counselor - Mental Health must have an LPC, required coursework, 2,000 hours post-graduate supervised experience and passed the National Clinical Mental Health Counselor Examination (NCMHCE). Insurance or Medicaid reimbursement may require a LPC-MH certification.
- **LMFT** - Licensed Marriage and Family Therapists must have at least a Master’s degree in marriage and family therapy, completed 1,700 hours post-graduate supervised experience, and pass the Marital and Family Therapy Examination.

**Psychiatrist** - A psychiatrist is a physician with additional specialized training in psychiatry. In the behavioral health setting, psychiatrists prescribe medications and engage patients in therapy.

**Psychologist** - Licensed psychologists complete a standardized training program at the doctoral level. Training involves understanding the development of personality, learning, and interpersonal relationships. Using tests to evaluate individuals is usually a major emphasis, but they also conduct individual, family and group therapy.

**School Psychologist** - Works in the school setting to help individual students resolve learning and behavioral challenges that are affecting academic performance and to help teachers improve the learning process. School psychologists are trained in both psychology and education.

**Social Worker** - Social workers are trained to complete a variety of tasks and are found in many areas outside of behavioral health services. In the behavioral health setting, social workers might provide talk therapy, case management, or connect people to resources.

- **SWA** – A Social Work Associate has a baccalaureate degree in a nonsocial work field or discipline or an associate of arts degree in a human services in a program from a junior college, college, or university approved by the Board and have passed a Board examination.
- **SW** – A Social Worker has a baccalaureate degree in a social work field or discipline and have passed a Board examination. Some social workers indicate this licensure as LSW to match the paper license they received when they became licensed.
- **CSW** – A Certified Social Worker has either a Doctorate or master's social work degree and passed a Board examination.
- **CSW-PIP** – A Clinical Social Worker - Practitioner in Private Practice has met the requirements of a CSW (for a minimum of two years), have had 2 additional years of specialized supervision, and passed a Board examination.
Choosing among the many options available in behavioral health care can be a confusing task. As with any type of service there are basic questions that can assist you in becoming an informed consumer. Ask yourself these questions:

- What are the critical issues for which you are seeking help and what results you hope to see?
- What type of counseling do you think would be most helpful (i.e. inpatient, outpatient, group therapy, etc.)?
- Is there a certain therapeutic approach that you think would work well (or not) for your concerns?
- What time of the day or week would be best for your appointment?
- Is there coverage offered by your insurance, health care plan, or employer that can offset some or all of the cost of treatment?

With this information in mind, select two or three behavioral health practitioners and call for a short phone interview. Briefly describe your issues or goals and ask if the provider is skilled in these areas. Ask a few questions about the provider’s background and practices.

- What therapeutic approaches and techniques do they most frequently use?
- How will therapeutic goals be established?
- How will you know when therapy is complete?

After talking with a potential practitioner, ask yourself:

- Did you feel a sense of confidence in this person?
- Did the practitioner’s approach seem to make sense to you?
- Did you feel comfortable talking with this practitioner?

### Glossary of Abbreviations - Degrees

This is a key to abbreviations used throughout this guide, primarily for professional accreditations and certifications.

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<td>Associate Degree</td>
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<tr>
<td>BA</td>
<td>Bachelor of Arts</td>
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<tr>
<td>BS</td>
<td>Bachelor of Science</td>
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<tr>
<td>BSW</td>
<td>Bachelor of Social Work</td>
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<td>DMin</td>
<td>Doctor of Ministry</td>
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<td>DO</td>
<td>Doctor of Osteopathy</td>
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<td>DSW</td>
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<td>MD</td>
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<td>Masters in Divinity</td>
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<tr>
<td>ABN</td>
<td>American Board of Professional Neuropsychology</td>
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Addiction Recovery Centers of the Black Hills - Rapid City
1520 Haines Avenue, Suite 6 Rapid City, SD 57701
Phone: (605) 716-7841  Website: http://www.arcbh.org/
Fax: (605) 519-1987  E-mail: arcbhn@rushmore.com
Hours: 8:00am - 8:00pm, Monday - Thursday / 8:00am - 5:00pm, Friday
24 hours a day / 7 days a week on-call staff available
Fees: State funding and sliding fee scale available
Services Offered: Provides adults with behavioral health services focusing on addiction and co-occurring disorders. Services include needs assessments (regarding mental health, substance abuse, and gambling); Intensive Outpatient Treatment; After Care; MRT (Moral Re-conation Therapy); CBISA (Cognitive Behavioral Intervention Substance Abuse); individual and group counseling; and 12-hour DUI classes. Along with individual and group counseling, provides MAT (Medication Assisted Treatment) using FDA approved medication to reduce cravings.
Behavioral Health Professionals:
Aspin Eno, ACT  Bernice Sorensen, ACT
Christie Green, ACT  Christine Jones, ACT
Darrin Alfonson, ACT  Doug Austin, LAC
Jade Doering, ACT  Julie Birner, MSW, MA, CSW, LAC, QMHP
Lanna Baken, ACT  Mac Baker, ACT
Paula Nason, CAC  Priscilla Engen, ACT
Rebecca Riss, ACT  Ron Scherr, LAC
Tommie McLaughlin, ACT

Addiction Recovery Centers of the Black Hills - Custer
14 Mount Rushmore Road, Suite C Custer, SD 57730
Phone: (605) 673-2844  Website: http://www.arcbh.org/
Fax: (605) 519-1987  E-mail: arcbhn@rushmore.com
Office hours: 12:30pm - 8:30pm, Tuesday – Thursday
24 Hour a day / 7 days a week on-call staff available
Fees: State funding and sliding fee scale available
Services Offered: Provides adults and adolescents with behavioral health services focusing on addiction and co-occurring disorders. Services include walk-in needs assessments (regarding mental health, substance abuse, and gambling), intensive outpatient treatment, after care, individual and group counseling, and 12-hour DUI classes.

Addiction Recovery Centers of the Black Hills - Hot Springs
646 Jennings Avenue, Suite 2 Hot Springs, SD 57747
Phone: (605) 745-6300  Website: http://www.arcbh.org/
Fax: (605) 519-1987  E-mail: arcbhn@rushmore.com
Hours: 8:00am - 5:00pm, Monday – Friday
24 hours a day / 7 days a week on-call staff available
Fees: State funding and sliding fee scale available
Services Offered: Provides adults and adolescents with behavioral health services focusing on addiction and co-occurring disorders. Services include walk-in needs assessments (regarding mental health, substance abuse, and gambling), intensive outpatient treatment, after care, individual and group counseling, and 12-hour DUI classes.

Awareness Counseling, LLC
809 South Street, Suite 201 Rapid City, SD 57701
Phone: (605) 391-3482  Website: www.awarenesscounseling.net
Fax: (605) 342-8144
Hours: 10:00am - 5:00pm, Tuesday - Thursday
Fees: Accepts most insurance including Tricare and Medicaid
Behavioral Health Professional: Pam Barickman, RN, LPC-MH
Bach Counseling Services, LLC
2218 Jackson Boulevard, Suite 13 Rapid City, SD 57702-3452
Phone: (605) 431-4106 Website: www.bachcounseling.com
E-mail: mahala@bachcounseling.com
Hours: 10:00am - 7:00pm, Monday - Thursday / 10:00am - 6:00pm, Friday
Fees: $100.00 for individual; $120.00 for couples; accepting Wellmark and Tricare insurance
Services Offered: Specializing in anxiety, depression, mood disorders, bipolar disorder, attention deficit / hyperactivity disorder (ADD/ADHD), trauma, post traumatic stress (PTSD), chronic pain, life-altering health issues, communication and relationship concerns, stress management, grief and loss, abuse issues and identity development / LGBTQ counseling.
Behavioral Health Professional: Mahala Bach, LPC-MH, QMHP

Behavior Management Systems Rapid City - Main Office
350 Elk Street Rapid City, SD 57701
Phone: (605) 343-7262 Website: www.BMSCares.org
Fax: (605) 343-7293
Hours: 8:00am - 5:00pm, Monday - Thursday / 8:00am - 4:00pm, Friday / Evenings by appointment
Full Circle Hours: 24 hours a day / 7 days a week
Fees: Accepts most insurance, Medicare, Medicaid, and Title 19. Other funding may be available depending on eligibility.
Services Offered:
  • Outpatient counseling for children, adolescents, adults, and families. Covering topics such as abuse and/or sexual abuse, anxiety, attention deficit hyperactivity disorder (ADD/ADHD), depression, emotion and behavior regulation for children, grief and loss, life transition and adjustment issues, marriage and family issues, post-traumatic stress (PTSD), relational violence/abuse, self-esteem, stress management, suicide intervention/crisis stabilization, teen problems, wellness counseling, and women's issues.
  • Family Pathways (Family Outreach Services) counselors provide intensive counseling and support services for children in community locations such as home or school.
  • Full Circle is a residential substance abuse treatment and prevention program for pregnant and parenting women. Intensive inpatient treatment is offered along with prenatal care, parenting information, case management, and continued care in a residential facility for those who have completed treatment.
  • Psychiatric Services provides assessments and medication management.
Behavioral Health Professionals:
Aimee Janvrin, LPC, QMHP
Amber Roduner, LPC
Carmen Heaphy, LPC, QMHP
Janet Kuske, LPC, QMHP
Jeff Wahl, LPC, QMHP
Jim Ruhe, CSW-PIP, QMHP
Kelcey Roberts, LPC, QMHP
Lesley Dzintars, LPC-MH, QMHP
Lois Wuestewald, BSW
Matt Gordon, LPC, QMHP
Nancy Middleton, CSW, QMHP
Randy Allen, CSW-PIP, QMHP
Shannon Kerrick, CSW, QMHP

Behavior Management Systems Rapid City - Mainstream Office
111 North Street Rapid City, SD 57701
Phone: (605) 343-0650 Website: www.BMSCares.org
Fax: (605) 342-3692
Hours: 8:00am - 4:00pm, Monday - Friday
Fees: Sliding fee scale available; accepts most insurance, Medicaid, and Medicare
Services Offered: Services provided to adults with severe mental illness (SMI) including: CARE – (Continuous Assistance, Rehabilitation, and Education); IMPACT (Individualized and Mobile Program of Assertive Community Treatment); Psychiatric Services - assessments and medication management; Transitional - residential program for people who have been released from a mental health institution or low Intensity correctional institution.
Behavior Management Systems Hot Springs Office
3 Canyon View Circle Hot Springs, SD 57747
Phone: (605) 745-6222  Website: www.BMSCares.org
Fax: (605) 745-4930
Hours: 8:00am - 5:00pm, Monday – Thursday / 8:00am - 4:00pm, Friday / Evenings by appointment
Fees: Accepts most insurance, Medicare, and Medicaid; other funding may be available if eligible
Services Offered: Outpatient counseling for children, adolescents, adults, and families. Covering topics such as abuse and/or sexual abuse, anxiety, attention deficit hyperactivity disorder (ADD/ADHD), depression, emotion and behavior regulation for children, grief and loss, life transition and adjustment issues, marriage and family issues, post-traumatic stress (PTSD), relational violence/abuse, self-esteem, stress management, suicide intervention/crisis stabilization, teen problems, wellness counseling, and women’s issues.
Family Pathways (Family Outreach Services) counselors providing intensive counseling and support services for children in community locations such as home or school.
Psychiatric Services include assessments and medication management.
CARE (Continuous Assistance, Rehabilitation, and Education) services for adults with severe mental illness.

Behavior Management Systems Spearfish Office
623 Dahl Road Spearfish, SD 57783
Phone: (605) 642-2777  Website: www.BMSCares.org
Fax: (605) 642-9356
Hours: 8:00am - 5:00pm, Monday - Thursday / 8:00am - 4:00pm, Friday / Evenings by appointment / Phone answered: 24 hours a day / 7 days a week
Fees: Sliding fee scale available; accepts most insurance, Medicare, and Medicaid
Services Offered: Outpatient counseling for children, adolescents, adults, and families. Covering topics such as abuse and/or sexual abuse, anxiety, attention deficit hyperactivity disorder (ADD/ADHD), depression, emotion and behavior regulation for children, grief and loss, life transition and adjustment issues, marriage and family issues, post-traumatic stress (PTSD), relational violence/abuse, self-esteem, stress management, suicide intervention/crisis stabilization, teen problems, wellness counseling, and women’s issues.
Family Pathways (Family Outreach Services) counselors providing intensive counseling and support services for children in community locations such as home or school.
Psychiatric Services include assessments and medication management.
CARE (Continuous Assistance, Rehabilitation, and Education) services for adults with severe mental illness.

Belle Fourche Counseling
515 National Street, Suite 103 Belle Fourche, SD 57717
Phone: (605) 722-8090  E-mail: Kgrams@bellefourchecounseling.com
Hours: 8:00am - 5:00pm, Monday - Friday / available evenings and weekends by appointment
Fees: Sliding fee scale ($40.00 - $125.00); accepts most private insurance
Services Offered: Individual and family therapy services, specializing in eye movement desensitization and reprocessing (EMDR), trauma (including abuse) focused cognitive behavioral therapy (CBT), critical incident stress management, Thinking for a Change Group, and Love and Logic Parenting. Offers telehealth counseling. Does not require the person to attend an intake session in person. Can mail intake paperwork and this should be returned via mail or email prior to first session. Services are provided through an IPAD format or a secure video connection for those without apple products.
Behavioral Health Professionals:
   Kayla Grams, LPC-MH
   Karen Griffith, LPC

Black Hills Center for Healing and the Advancement of Psychotherapy
2525 W. Main Street, Suite 303A6 Rapid City, SD 57702
Additional location: 11 N. 5th Street Custer, SD 57730
Phone: (605) 440-2287  Website: www.bhchap.com
Fax: (605) 745-3249  E-mail: elizabeth@bhchap.com
Hours: By appointment
Fees: In network with most regional plans; out of pocket costs depend on copay/deductible
Services Offered: Individual therapy for adults and couples specializing in trauma, including dissociative functioning and complex trauma. Integrative Trauma treatment approaches, featuring EMDR, somatic psychotherapies, along with a Mindfulness and Self Compassion practice focus, for core healing. Specialty programs and retreats available. Telehealth services/counseling available. Initial assessment required.
Black Hills Center for Healing and the Advancement of Psychotherapy - Cont’d

**Fees:** In network with most regional plans; out of pocket costs depend on copay/deductible; not all insurances reimburse for telehealth, so out of pocket payment may be required.

**Behavioral Health Professional:** Elizabeth Ostolozaga, CSW-PIP, QMHP

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**Black Hills Children’s Home**

24100 S. Rockerville Road Rapid City, SD 57702

**Phone:** (605) 343-5422

**Fax:** (605) 343-1411

**Hours:** 24 hours a day / 7 days a week

**Fees:** Call for information

**Services Offered:** Services are available for boys and girls, ages 4-14 years old, who exhibit emotional disorders and/or behavioral problems. The average length of diagnostic assessment period is 30 days. The average length of stay for residential treatment is 12 - 14 months. The Special Education Day School Program specializes in the education and treatment of children with emotional and behavioral disorders. Initial assessment includes psychiatric evaluation, psychological evaluation, educational testing, family/social assessment, abuse assessment, therapeutic activities assessment, and speech/language screening.

**Black Hills Children’s Home—Cont’d**

**Behavioral Health Professionals:**
- Elizabeth Keizer, MSW, CSW
- Nichole Knepp, MSEd, LSW
- Rachel Walton, MSW, CSW
- Sue Andrews, MA, LSW

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**Black Hills Counseling Services**

1238 Main Street, Suite 4 Sturgis, SD 57785

**Phone:** (605) 720-8090

**Fax:** (605) 720-8090

**Hours:** 9:00am - 5:00pm, Monday - Friday; by appointment only

**Fees:** Sliding fee scale; accepts most insurance and Medicaid

**Services Offered:** Individual, couples, and family counseling (ages 10 and up). Specializing in family and/or co-parenting mediation, development of co-parenting plans, critical incident stress management (CISM), and training on various mental health issues including abuse, stress management and workplace issues.

**Behavioral Health Professional:** Jeff DeKraai, MS, LPC-MH, QMHP

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**Black Hills Psychiatry Associates**

528 Quincy Street Rapid City, SD 57701

**Phone:** (605) 348-5401

**Fax:** (605) 348-7319

**Hours:** 8:00am - 5:00pm, Monday - Thursday

**Fees:** $100.00 Psychotherapy (45 min), $275.00 psychiatric evaluation, $90.00 medication checks (15 min)

**Services Offered:** Psychiatric services including medication evaluation and management. Individual, family, and marital counseling.

**Behavioral Health Professionals:**
- Roberta “Bobbi” Kramlich, MA, LP
- Dr. R. P. Renka, MD
- Tom Terry, MA, LPC, LMFT

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**Black Hills Psychology**

115 N. 7th Street, Suite 6 Spearfish, SD 57783

**Phone:** (605) 645-0100

**Fax:** (605) 717-1009

**Hours:** 9:00am - 5:00pm, Monday - Friday

**Fees:** Fees differ for each health professional; accepts most insurance

**Services Offered:** Psychiatric evaluations, prescription medication management, psychological testing, and comprehensive therapy services including eye movement desensitization and reprocessing (EMDR) and biofeedback. Psychological testing and evaluation services available for issues including Autism spectrum, learning disorders, attention deficit / hyperactive disorder (ADD/ADHD), bipolar, anxiety, depression, ability and achievement, IQ, memory, bariatric surgery evaluations, and court-ordered evaluations. Specializing in therapeutic services for depression, life transition, behavioral issues, divorce, premarital, families, relationship issues, parenting, work-life balance, LGBTQ, grief and loss, serious and chronic disease, postpartum depression, infertility, stress management, eating disorders, physical disability, abuse issues, and chronic pain.
Help At Your Fingertips...

Dial 2•1•1

Black Hills Psychology - Cont’d
Behavioral Health Professionals:
Adam Opbroek, MD            Cherise Lerew, PhD
Emilia Flint, PhD            Jacob Seidel, LPC-MH, QMHP
Mark Britzman, EdD           Melody Larsen, MS
Michele Clodfelder, LPC-MH, EAP    Shannon Maxwell, PsyD
Tara Ginter, LPC              Rita Van Norman, CSW-PIP

Bosworth Therapy & Consultation Services, Inc.
420 Quincy Street Rapid City, SD 57701
Phone: (605) 343-7755
Fax: (605) 716-0650
E-mail: galvin63@yahoo.com

Brain Injury Rehabilitation Center, The
803 Soo San Drive Rapid City, SD 57702
Phone: (605) 343-7297
Website: http://blackhillsworks.org/who-we-are/our-affiliates/brain-injury-rehabilitation-center/
Fax: (605) 721-9858
Hours: 8:00am - 4:00pm, Monday - Friday
Fees: Vary, depending on service and funding options
Services Offered: Provides brain injury rehabilitation in a community setting, services include; case management, cognitive retraining, speech therapy, 24-hour care, independent living training, employment training and placement, and neuropsychological evaluation. Counseling services available include individual, family, and group formats focusing on the specific needs of people with traumatic brain injury and any co-occurring issues such as substance abuse, physical abuse, depression, anxiety, and grief and loss.

Bridgewater Behavioral Health, LLC
902 Columbus Street Rapid City, SD 57701
Phone: (605) 791-1514
Fax: (844) 831-2349
Website: www.bridgewaterbehavioralhealth.com
Hours: 8:00am - 5:00pm, Monday - Friday
Fees: Accepts most insurance; discount for self-pay
Services Offered: Providing individual and family therapy for those who are struggling with behavioral, emotional, social, developmental, and situational difficulties including post traumatic stress (PTSD), depression, anxiety, trauma, personality disorders, bipolar disorder, and relationship difficulty. Specializing in somatic experiencing sensorimotor psychotherapy, Dialectical Behavior Therapy (DBT), Cognitive Behavioral Therapy (CBT), person-centered therapy, eye movement desensitization and reprocessing (EMDR), and Alderian therapeutic techniques.

Bosworth Therapy & Consultation Services, Inc.
420 Quincy Street Rapid City, SD 57701
Phone: (605) 343-7755
Fax: (605) 716-0650
E-mail: galvin63@yahoo.com

Brain Injury Rehabilitation Center, The
803 Soo San Drive Rapid City, SD 57702
Phone: (605) 343-7297
Website: http://blackhillsworks.org/who-we-are/our-affiliates/brain-injury-rehabilitation-center/
Fax: (605) 721-9858
Hours: 8:00am - 4:00pm, Monday - Friday
Fees: Vary, depending on service and funding options
Services Offered: Provides brain injury rehabilitation in a community setting, services include; case management, cognitive retraining, speech therapy, 24-hour care, independent living training, employment training and placement, and neuropsychological evaluation. Counseling services available include individual, family, and group formats focusing on the specific needs of people with traumatic brain injury and any co-occurring issues such as substance abuse, physical abuse, depression, anxiety, and grief and loss.

Bridgewater Behavioral Health, LLC
902 Columbus Street Rapid City, SD 57701
Phone: (605) 791-1514
Fax: (844) 831-2349
Website: www.bridgewaterbehavioralhealth.com
Hours: 8:00am - 5:00pm, Monday - Friday
Fees: Accepts most insurance; discount for self-pay
Services Offered: Providing individual and family therapy for those who are struggling with behavioral, emotional, social, developmental, and situational difficulties including post traumatic stress (PTSD), depression, anxiety, trauma, personality disorders, bipolar disorder, and relationship difficulty. Specializing in somatic experiencing sensorimotor psychotherapy, Dialectical Behavior Therapy (DBT), Cognitive Behavioral Therapy (CBT), person-centered therapy, eye movement desensitization and reprocessing (EMDR), and Alderian therapeutic techniques.

Catholic Social Services Counseling Services – Rapid City
529 Kansas City Street, Suite 100 Rapid City, SD 57701
Phone: (605) 348-6086
Fax: (605) 348-1050
E-mail: css@cssrapidcity.com
Website: www.catholicsocialservicesrapidcity.com
Hours: 8:00am - 7:00pm, Monday / 8:00am - 5:00pm, Tuesday – Friday / Evenings available by appointment
Fees: Sliding fee scale; accepts most insurance
Services Offered:
- Counseling Services - Individual, marital, and family counseling with a focus on addiction recovery (treatment needs assessments, individual counseling, relapse prevention), abuse, healthy relationships, unplanned pregnancy, adoption, and birth parents.
- Offers Telehealth counseling services - for rural South Dakotans to have access to a counselor via smart phone, tablet or computer. Call to schedule a session via confidential/secure HIPPA compliant video technology.
Catholic Social Services Counseling Services – Rapid City - Cont’d

- Employee Assistance Program (EAP) - can provide trainings, classes/groups or counseling for employees
- Youth prevention program focuses on issues of addiction, violence, promiscuity, and suicide.
- Variety of educational workshops available and other programs that include: Lakota Circles of Hope, disaster relief, Prosperity Initiative, and Uplifting Parent.

Behavioral Health Professionals:

Catholic Social Services Counseling Services - Pine Ridge
Pine Ridge, SD 57770

Phone: (605) 348-6086
Fax: (605) 348-1050
E-mail: css@cssrapidcity.com

Website: www.CatholicSocialServicesRapidCity.com

Counseling Services Offered:

- Individual, marital, and family counseling with a focus on addiction recovery (including evaluations), abuse, healthy relationships, unplanned pregnancy, adoption, and birth parents. Youth prevention program focuses on issues of addiction, violence, promiscuity, and suicide.

Catholic Social Services has 2 locations in Pine Ridge:

Sacred Heart Catholic School
40 E. Highway 18
Hours vary; call for information

Red Cloud Indian School
100 Mission Drive
9:00am - 5:00pm, Wednesday, Thursday / Evening available by appointment

Behavioral Health Professional: Evelyn Wilder, MS, LPC-MH, QMHP, NCC, LAC

Catholic Social Services Counseling Services - Spearfish
St. Joseph's Catholic Church 844 N. 5th Street Spearfish, SD 57783

Phone: (605) 348-6086
Fax: (605) 348-1050

Website: www.CatholicSocialServicesRapidCity.com
E-mail: css@cssrapidcity.com

Counseling Services provide individual, marital, and family counseling with a focus on addiction recovery (including evaluations), abuse, healthy relationships, unplanned pregnancy, adoption, and birth parents. Youth prevention program focuses on issues of addiction, violence, promiscuity, and suicide. Variety of educational workshops available.

Adoption services offer domestic and international adoption services, including, but not limited to: support for individuals coping with the many emotions and decisions that come from choosing adoption; providing birth parents have the opportunity to interview and select the adoptive family; working under the provisions of "Baby Moses" law; and providing home studies and training for potential foster parents/homes.

Pregnancy Counseling supports mothers as they experience the many emotions and decision that come with facing an unplanned pregnancy and help find the options that will work the best. Assistance with medical costs associated with pregnancy may be available. Some infant items are also available (layettes, infant clothing, etc.). Caring and licensed social workers are available to travel and meet mothers involved in a crisis situation. Crisis pregnancy meeting sites will be kept confidential and be convenient for the mother.

SMILE Education program for separating and divorcing parents with children under the age of 18, designed to: inform parents how to better understand the effects of divorce; assist parents to understand the needs of their children; help parents learn what they can do to create a nurturing and safe environment so their children can recover and feel good about themselves; inform parents how to prevent destructive game playing that is common among divorce; help parents gain problem solving skills; and let parents know they are not alone.

Behavioral Health Professionals:

Evelyn Wilder, MS, LPC-MH, QMHP, NCC, LAC
James T. Kinyon, MS, LPC-MH, QMHP, LMFT
Natalie Lecy, MSW, CSW-PIP, QMHP

Fran VanBockel, RN, MS, LPC-MH
Lisa Spielman, LSW
Tracy Palecek, MS, NCC
Catholic Social Services Counseling Services - Sturgis
St. Francis Church 1049 Howard Street Sturgis, SD 57785
Phone: (605) 348-6086
Fax: (605) 348-1050
Website: www.CatholicSocialServicesRapidCity.com
E-mail: css@cssrapidcity.com
Hours: Vary / call to make an appointment
Fees: Sliding fee scale available; accepts most insurance
Services Offered:
- **Counseling Services** provide individual, marital, and family counseling with a focus on addiction recovery (including evaluations), abuse, healthy relationships, unplanned pregnancy, adoption, and birth parents. Youth prevention program focuses on issues of addiction, violence, promiscuity, and suicide. Variety of educational workshops available.
- **Adoption services** offer domestic and international adoption services, including, but not limited to: support for individuals coping with the many emotions and decisions that come from choosing adoption; providing birth parents have the opportunity to interview and select the adoptive family; working under the provisions of "Baby Moses" law; and providing home studies and training for potential foster parents/homes
- **Pregnancy Counseling** supports mothers as they experience the many emotions and decision that come with facing an unplanned pregnancy and help find the options that will work the best. Assistance with medical costs associated with pregnancy may be available. Some infant items are also available (layettes, infant clothing, etc.). Caring and licensed social workers are available to travel and meet mothers involved in a crisis situation. Crisis pregnancy meeting sites will be kept confidential and be convenient for the mother.

**Behavioral Health Professionals:**
- Evelyn Wilder, MS, LPC-MH, QMHP, NCC, LAC
- James T. Kinyon, MS, LPC-MH, QMHP, LMFT
- Natalie Lecy, MSW, CSW-PIP, QMHP
- Fran VanBockel, RN, MS, LPC-MH
- Lisa Spielman, LSW
- Tracy Palecek, MS, NCC

**Choices Counseling**
703 4th Street Rapid City, SD 57701
Phone: (605) 209-3688
Fax: (605) 737-3085
Hours: 10:00am - 5:00pm, Tuesday - Thursday
Fees: $165.00 per hour; accepts most insurance
Services Offered: Adolescent and adult counseling for crisis, trauma, depression, anxiety, marital issues, adoption, stress management, and grief and loss.

**Behavioral Health Professional:** Charlie Lindgren, MEd, LPC

**Christian Counseling & Ministries of the Black Hills**
624 6th Street, Suite 207 Rapid City, SD 57701
Phone: (605) 342-9333
Fax: (605) 342-9333
Hours: By appointment
Fees: Sliding fee scale ($20.00 - $100.00)
Services Offered: Individual, couples, and family counseling for all ages regarding issues of depression, anxiety, grief and loss, recovery, stress, crisis, relationship issues, anger, forgiveness, communication, self-concept, learning disabilities, attention deficit / hyperactive disorder (ADD/ADHD), parenting, and spiritual direction. Also, provides tele-counseling. Inquiring clients must attend intake appointment in-person; tele-counseling (is only provided via phone).

**Behavioral Health Professionals:**
- Dadra Avery, MS, LPC
- Sandi Ohlen, MS, LPC
- June Reilly, MS, LPC

**Chrysalis Association, LLC**
403 National Street, Suite 1 Rapid City, SD 57702
Phone: (605) 341-8647
Fax: (605) 341-0489
Hours: 8:00am - 5:00pm, Monday - Saturday
Fees: $120.00 - $170.00 per session
Services Offered: Psychological assessments for attention deficit / hyperactive disorder (ADD/ADHD), learning disorders, and all other psychiatric conditions. Individual treatment for anxiety, depression, post traumatic stress (PTSD), trauma, personality disorders, and marital issues. Custody, competency, and forensic evaluations available. Therapeutic approaches include cognitive behavioral (CBT) and reprocessing therapy (EMDR). Specialized services for sex offenders and non-adjudicated individuals with psychosexual issues.
Chrysalis Association, LLC - Cont’d

Behavioral Health Professionals:
Dewey J. Ertz, EdD
Linda Holcomb, MSW, CSW-PIP
David W. Lynch, JD, Psy.D
Dr. William Moss, PsyD
Michelle Veneklasen, MS, NCC, LAC, QMWP, LPC-MH

Compass Point, The - Sturgis
1807 Williams Street
Sturgis, SD 57785
Phone: (605) 347-3003
Fax: (605) 347-4944
Hours: Outpatient Services: 8:00am - 5:00pm, Monday - Friday / Group: 5:00pm - 7:00pm, Monday – Thursday / Inpatient Services: 24 hours a day / 7 days a week
Fees: Sliding fee scale
Services Offered: Screening, assessments, crisis intervention, and individual and group counseling for substance abuse and co-occurring disorders. Programs include moral reconation therapy class, 28-day medically monitored inpatient adult treatment, DUI Classes, Continuing Care and adolescent diversion classes. A Family Program Compass Point, The - Sturgis - Cont’d
is available to family members and friends affected by the substance use of another.

Behavioral Health Professionals:
Amanda Whelchel, MS, LAC
Karim Wood, MS, LPC, LAC
Gloria Gurwell, ACT
Hillary Schwab, ACT, NCC, LPC, QMHP
Rafaela Rainieri, MS, LAC
Fe Rorie, ACT

Compass Point, The - Spearfish
710 E. Colorado Boulevard, Suite A Spearfish, SD 57783
Phone: (605) 642-7093
Fax: (605) 722-3931
Office hours: 8:00am - 5:00pm, Monday – Thursday / 8:00am - 12:00noon, Friday
Fees: Sliding fee scale; indigent funding for those who qualify
Services Offered: Screening, assessments, crisis intervention, and individual and group counseling for substance abuse and co-occurring disorders. Programs include moral reconation therapy class, continued care, and adolescent diversion classes.

Behavioral Health Professionals:
Heather Ochocki, BS, ACT
Ashlee Pray, BS, ACT
Sean Makepeace, LAC

Crisis Care Center
Care Campus 321 Kansas City Street Rapid City, SD 57701
Phone: (605) 391-4863
Fax: (605) 791-0434
Hours: 24 hours a day / 7 days a week / 365 days a year / no appointment needed
Fees: Accepts most insurance including Medicaid and Medicare; income-based grants available
Services Offered: Crisis stabilization for adults, 18 years and older, who are experiencing a mental health or substance abuse crisis. Program features include:
• Voluntary program, CCC is not a locked facility
• Medical triage screening, at intake to determine the needed level of care
• Opportunity to speak with a qualified mental health professional (QMHP)
• Length of stay: Up to 24 hours
• Collaborative recovery oriented stabilization plan
• Immediate counseling services
• Referrals to community agencies including detox, inpatient services, and community based counseling
• Limited transportation available to the Crisis Care Center via local law enforcement
• Telephone crisis support and follow up

Behavioral Health Professionals:
Heather Armstrong, LPC, QMHP
Russ Conti, CSW, QMHP
Randy Allen, CSW-PIP, QMHP

www.helplinecenter.org/BHBHG
Help At Your Fingertips...

Crossroads Counseling Services
809 South Street, Suite 208 Rapid City, SD 57701
Phone: (605) 430-9521  E-mail: bdafler@rushmore.com
Hours: 11:00am - 6:30pm, Tuesday - Thursday
Fees: $115.00 per 45-minute session; some fee reduction for uninsured
Services Offered: Individual and couples counseling for all ages. Therapeutic approaches include cognitive behavioral (CBT), existential, Christian, eye movement desensitization and reprocessing (EMDR), sand tray therapy, play therapy, behavior modification, and short-term solution focused therapy. Many topics covered including abuse.
Behavioral Health Professional: Beverly D. Dafler, LPC-MH, EdS, NCC

Dakota Hills Counseling, Inc.
623 Quincy Street, Suite 102 Rapid City, SD 57701
Phone: (605) 390-1029  Website: www.dakotahillscounseling.com
Fax: (605) 716-9491  E-mail: eleir@rushmore.com
Hours: 9:00am - 5:00pm, Thursday - Friday
Fees: $170.00; accepts most insurance including Medicare
Services Offered: General counseling services for adults, adolescents, families, and couples.
Behavioral Health Professional: Eileen Spellacy-Leir, CSW-PIP, ACSW

Dakota Psychiatry Clinic
419 Quincy Street Rapid City, SD 57701
Phone: (605) 348-6365
Fax: (605) 348-9408
Hours: 12:00pm - 5:00pm, Monday / 12:00noon - 6:30pm, Tuesday / 11:00am - 5:00pm, Wednesday, Thursday / 8:00am - 3:00pm, Friday
Fees: Medication checks $175.00; other services $175.00 - $300.00
Services Offered: Psychiatric evaluations, medication management, individual, family, and couples counseling.
Behavioral Health Professionals:
Charles J. Lord, MD  Jean Hoem, MS, LPC-MH, QMHP
Lisa Kautzman, RN, CNP, QMHP  Jim Kienitz, MSW, CSW-PIP

Family Solutions Center
Creekside Plaza 2650 Jackson Boulevard Rapid City, SD 57702
Phone: (605) 359-9491  Website: http://www.familysolutionscenter.net
E-mail: fsckathy.sazama@yahoo.com
Hours: 8:00am - 6:00pm, Monday – Friday; by appointment only
Fees: Accepts most insurance; $165.00 per session; $200.00 initial evaluation
Services Offered: Specializing in individual (including adolescents), couples, and family therapy. Works with issues of depression, anxiety, fertility, eating disorders, abuse and victimization, anger management, conflict resolution, dependency and codependency, parent/child conflict, woman's issues, grief and loss, and business conflicts. Trained in systems therapy.
Behavioral Health Professional: Kathy Sazama, MS, LMFT, QMHP

Funk Counseling
526 Main Street, Lower Level Spearfish, SD 57783
Phone: (605) 722-0795  Website: www.funkcounseling.com
Fax: (605) 722-0795  E-mail: rebeckafunk@gmail.com
Hours: 8:00am - 5:00pm, Monday - Friday
Fees: $125.00 initial assessment; $100.00 per session
Services Offered: Provides individual counseling to children, adolescents and adults. Specialized training in Cognitive Behavioral Therapy (CBT), experiential, and directive play therapy. Also offers trauma based training for children.
Behavioral Health Professional: Rebecka Funk, MA, LPC-MH

Gaylen Bendewald
1719 W. Main Street, Suite 305 Rapid City, SD 57702
Phone: (605) 360-6566  Website: www.gaylenbendewald.com
E-mail: gaylenbendewald@gmail.com
Hours: 8:00am - 6:00pm, Monday - Friday
Fees: Accepts most insurance
Gaylen Bendewald - Cont’d

Services Offered: Individual and couples counseling with a focus on issues of communication, conflict, sexual issues, anxiety, or depression.

Behavioral Health Professional: Gaylen Bendewald, MSW, CSW-PIP

Give an Hour
Website: www.giveanhour.org  E-mail: info@giveanhour.org
Hours: Find providers through website 24 hours a day / 7 days a week
Office hours: 9:00am - 5:00pm, Monday - Friday
Fees: None
Services Offered: A national nonprofit that provides free mental health services to active duty service members, National Guard, Reserve forces, and veterans who have separated or retired from any branch of military service and their family members. Services are also offered to victims of natural and man-made disasters, survivors of gun violence and their families, and children and youth.

Gossamer Threads Counseling
811 E. Saint Andrew Street, Suite 12 Rapid City, SD 57701
Phone: (605) 209-5513  Website: www.gossamerthreadscounseling.com
E-mail: gossamerthreadscounseling@gmail.com
Hours: 9:00am - 5:00pm, Monday - Thursday
Fees: $109.00 individual or family session; $39.00 group session; $49.00 secure online chat therapy (weekly)
Services Offered: Narrative therapy for adults, children and families; a relational therapy that seeks to collaboratively resolve problems and create solutions. Areas of special emphasis include: identity concerns; family dynamic questions; trouble in relationships; recovery from abuse or trauma; marginalization or discrimination; complications in grieving; problems in childhood or with growing up; difficulties with mood; stress, and spiritual problems.

Behavioral Health Professional: Jessica Hubner, MS, LPC

Greg Swenson, PhD
929 Kansas City Street, Suite 201 Rapid City, SD 57701
Phone: (605) 341-5436  Website: http://gregswensonphd.net/
Fax: (605) 721-5436  E-mail: gregswensonphd@gmail.com
Hours: 9:00am - 5:00pm, Monday - Thursday
Fees: $200.00 initial session; $125.00 subsequent sessions; $125.00/hour psychological evaluation; some insurances accepted
Services Offered: Providing individual and marriage counseling from a Christian perspective, and psychological evaluations. Internet counseling available depending on insurance/third party payment or private pay.

Behavioral Health Professional: Greg Swenson, PhD, Licensed Psychologist

Grief Recovery Method, Coaching, and Training
24651 Whitetail Ridge Road Hermosa, SD 57744
Phone: (303) 590-4403  E-mail: margeneugebauer@gmail.com
Hours: By appointment
Fees: Sliding scale
Services Offered: The Grief Recovery Method is an evidence-informed, practice-based program that has been shown to effectively influence components of grief and grief recovery. Based on over 40 years of practice dealing with grief and working one on one with grievers, the GRM program helps reduce grief by teaching grievers new skills on how to cope and process grief; how to confront old myths or unhelpful patterns of grieving; how to examine the ways in which grief has impacted their life through detailed assignments and exercises; and how to let go of pain from loss through the timely identification of apologies, forgiveness, and significant emotional statements, all within a helpful, supportive environment. There are four programs; 8 weeks support group, 7 weeks one on one, 4 weeks Helping Children Deal with Loss, and 6 weeks for Pet Loss. Services can be offered by Skype and Zoom.

Behavioral Health Professional: Margie Neugebauer, MA, LPC, Certified Coach, Certified Grief Recovery Specialist (R)

Harbor House Counseling
Black Hawk, SD 57718
Phone: (605) 645-9898  Website: www.harborhousecounseling.com
E-mail: harborhouse3@gmail.com
Hours: Flexible hours available by appointment
Fees: Sliding fee scale
Help At Your Fingertips...

Dial 2•1•1

Harbor House Counseling - Cont’d

Services Offered: Providing individual and group counseling, aftercare and relapse prevention and smoking cessation. Life management workshops, creative arts therapy, emotional freedom therapy (tapping), vision board workshops. Dedicated to treating the whole person with traditional and alternative therapies.

Behavioral Health Professional: Patricia Burnham, LAC

Haven Counseling, LLC
625 1/2 Main Street, Suite 1 Rapid City, SD 57701
Phone: (605) 863-2498  Website: www.havencounselingllc.com
Hours: By appointment
Fees: Intake session $150.00; subsequent sessions $125.00

Services Offered: Individual, family, and group counseling for those 16 and older. Areas of focus include: adjustment to living with a brain injury; caregiver concerns and fatigue; adjustment to change and life transitions; grief and loss; depression; anxiety; self-esteem; ADHD (Attention Deficit Hyperactivity Disorder); wellness and self-care; women's issues; communication; and stress management.

Behavioral Health Professional: Koral Olson, MS, LPC, NCC, CBIS

Heartspace Counseling, LLC
2218 Jackson Boulevard, Suite 13 Rapid City, SD 57702
Phone: (605) 484-6030  Website: http://sdheartspace.com
E-mail: sdheartspacecounseling@gmail.com
Hours: 10:00am - 7:00pm, Tuesday and Wednesday
Fees: Individual or family therapy - $105.00 per hour; group therapy - $55.00 for adult, $40.00 for youth

Services Offered: Specializing in eating disorders, trauma, depression, anxiety, couples, life changes, spirituality, and aging. Group therapy for youth and adults with disordered eating. Conducts telemental health when necessary using VSee. First appointment preferred to be in person/face to face with the option of occasional face to face sessions should that be necessary or beneficial.

Behavioral Health Professional: Susan Kay Lorenzen, MA, MS, LPC-MH, NCC, QMHP, ACS

Helpline Center - 211 Resources
Phone: Call 2-1-1  Website: www.helplinecenter.org
Fax: (605) 332-1333  E-mail: help@helplinecenter.org
Hours: 24 hours a day / 7 days a week / 365 days a year
Fees: None

Services Offered: Information, referral, and crisis helpline that provides resource information on non-profit, social service, and government programs, along with providing crisis intervention services. When you dial 2-1-1, you talk to real people trained to help and connect you to the right resources, organizations, or people. We answer calls 24 hours a day / 7 days a week. If for some reason we don't have an answer for you, we'll connect you to someone who does. Our database of information grows every day and contains only the most reliable information. To help you search for help, we have an online resource database at www.helplinecenter.org/211database, to help you find the proper resources.

Helpline Center - Suicide and Crisis Support
Phone: (800) 273-8255  Website: www.helplinecenter.org
Fax: (605) 332-1333  E-mail: help@helplinecenter.org
Hours: 24 hours a day / 7 days a week / 365 days a year

Services Offered: The Helpline Center is the leading organization in South Dakota for suicide prevention and response. If you or someone you know is having suicidal thoughts, please call (800) 273-8255 anytime, day or night, to find the caring support you need. Suicide and Crisis Support services include: a crisis texting program for teens at over 40 high schools in South Dakota; grief support for individuals who have lost a loved one to suicide; professional suicide awareness and prevention training. An accredited suicide prevention, intervention and after-care organization, delivering the hope and understanding you need.

Behavioral Health Professionals:
Janet L. Kittams, MA, LPC
Sheri Nelson, MA, LAC

Jetson Counseling
1301 W. Omaha Street, Suite 220 Rapid City, SD 57701
Phone: (605) 718-5500  Website: www.jetsoncounseling.com
E-mail: dave@jetsoncounseling.com
Hours: 10:00am - 6:00pm, Monday, Wednesday / 8:00am - 5:00pm, Tuesday / 8:00am - 6:00pm, Thursday
Fees: Call for information

1-800-273-TALK(8255) Helpline Suicide & Crisis Support 22  www.helplinecenter.org/BHBHG
Jetson Counseling - Cont’d
Services Offered: Individual, couples, marriage, family, group counseling, and workshops focusing on areas such as co-dependency, trauma, sexuality, depression, anxiety, sexual abuse trauma, mild traumatic brain injury, relationship issues, and financial therapy / coaching. Corporate and business consulting for team building, time management, strategic planning, and more. Face-to-face and internet options available. Internet counseling/tele-therapy is offered via Zoom and other modalities the client wishes to use. When possible, preference is for first meeting to be face-to-face although can make exceptions.
Behavioral Health Professional: David Jetson, LPC-MH, LCPC, QMHP

Katy Bendewald, MSW
811 Columbus Street Rapid City, SD 57701
Phone: (605) 310-0356
Fax: (605) 716-4397
Hours: 8:00am - 5:00pm, Monday - Friday
Fees: Accepts most insurance
Services Offered: Individual counseling for adults. Emphasis on anxiety, major life changes, stress, and trauma. Therapeutic techniques include eye movement desensitization and reprocessing (EMDR).
Behavioral Health Professional: Katy Bendewald, MSW, CSW-PIP

Kelly Marker
623 Quincy Street, Suite 102 Rapid City, SD 57701
Phone: (605) 381-4608
Fax: (605) 716-9491
E-mail: Kelly@ChooseWellnessCounseling.com
Hours: 9:00am - 5:00pm, Tuesday - Thursday / 9:00am - 1:00pm, Friday
Fees: Accepts a variety of insurance
Services Offered: Provides outpatient counseling services for individuals ages 14 through adulthood. Specialties include; anxiety, trauma, stress, grief, and adolescent issues. Also specializes in compassion fatigue and burnout among professionals.
Behavioral Health Professional: Kelly Marker, MS, LPC-MH, QMHP

Knuppe Counseling
2650 Jackson Boulevard, #11 Rapid City, SD 57702
Phone: (605) 390-7055
E-mail: knuppecounseling@gmail.com
Website: www.psychologytoday.com/us/therapists/knuppe-counseling-llc-rapid-city-sd/335735
Hours: 8:00am - 6:00pm, Monday - Friday
Fees: $100.00 - $160.00 per hour; sliding scale based on income
Services Offered: Working with individuals, couples and families of all ages with a variety of challenges. Specially training in family therapy, helping families dealing with challenging behaviors, and communication problems. Offers group therapy for parenting. Trauma focused CBT (Cognitive Behavioral Therapy) trained.
Behavioral Health Professional: Triscell Knuppe, LCSW-PIP

LifeScape - Therapy
Rapid City Clinic 7110 Jordan Drive Rapid City, SD 57702
Phone: (605) 791-7400
Website: http://www.lifescapecsd.org/services/therapy/
Hours: Call for information
Fees: Based on service; call for information
Services Offered: Specialized therapy and psychology services for individuals of all ages. Free screenings for Autism (for children 4 and under), and visual challenges (for children of all ages). Therapists provide specialized treatments in assistive technology, seating and positioning, feeding and swallowing, augmentative communication, sensory integration, pediatric bowel and bladder incontinence; visual motor/perception; torticollis treatment; serial casting; behavior management; and diagnosis and treatment of autism.
Behavioral Health Professional: Call for information on behavioral health professionals

Lifeways, Inc.
1010 9th Street, Suite 2 Rapid City, SD 57701
Phone: (605) 716-6555
Fax: (605) 484-7261
E-mail: office@lifeways.us
Website: www.lifeways.us
Hours: 8:00am - 5:00pm, Monday – Friday / Parent component: evenings and Saturdays
Fees: Sliding scale
Services Offered: In-school prevention and intervention services for all students in the Rapid City and Custer Area
middle and high schools; research-based classroom curriculum, individual and group support/education sessions, peer to peer mentoring, individual screening and referral. For all students (public, private and home-schooled), and for students who are experiencing problems with substance abuse; intervention programs, outpatient intensive treatment, in-school recovery support and continued care. Out of school services/aferschool include: individual counseling, alcohol/drug assessments, intensive outpatient treatment and family support/education, continued care groups, and evidenced based trauma counseling for youth impacted by trauma.

**Behavioral Health Professionals:**
- Danielle Meyer, BS, CAC
- Kritina Benter, LAC
- Michelle Ames, BS, ACT
- Rebecca Stucke, BS
- Paula Wilkinson Smith, LAC, CPS
- Kelsey Hansen, MA, LAC
- Michele Brink-Gluhosky, CAC
- Paula Long Fox, MS
- Matthew Boyce, MS
- Bill Clucas, BS, ACT

**LSS (Lutheran Social Services) Rapid City - Counseling Services**
2920 Sheridan Lake Road Rapid City, SD 57702

**Phone: (855) 334-2953**  **Website:** [www.lsssd.org](http://www.lsssd.org)
**Fax: (605) 348-0477**  **E-mail:** info@lsssd.org

**Hours:** 8:00am - 7:00pm, Monday – Tuesday / 8:00am - 6:00pm, Wednesday - Thursday / 8:00am - 5:00pm, Friday / Or by appointment

**Fees:** Sliding fee scale

**Services Offered:** Offers a variety of counseling services including:
- Individual, couples, and family therapy
- Group therapy and education groups
- Mental health assessments and evaluations
- Mediation
- Counseling for victims of crime (including all types of child abuse)
- Substance abuse assessments and counseling
- Functional Family Therapy and Moral Reclamation Therapy
- EAP (Employee Assistance Program) counseling

**Behavioral Health Professionals:**
- Adria Hagg, MSW, CSW-PIP
- Kerri Kinzell, MSW, CSW-PIP
- Rebecca Caselli-Smith, MA, LPC-MH, QMHP
- Susan Wheeler, MS, LPC-MH, QMHP, SAP
- Denise Pulido, MSW, CSW-PIP
- Megan Laskowski, MS
- Duane Kavanagh, NCC, CCMHC, LPC-MH, SWA, QMHP
- Diana Mueller, MS, NCC, LSW
- Rachel Shepherd, MSW, CSW-PIP
- Stacy Hayford, MS
- Heather Wood, MSW, LSW
- Melissa Good, LPC
- Jennifer Henricksen, MS

**LSS (Lutheran Social Services) Spearfish - Canyon Hills Center**
2519 Windmill Drive Spearfish, SD 57783

**Phone:** (605) 559-3500  **Website:** [www.lsssd.org](http://www.lsssd.org)
**Fax:** (605) 221-2346  **E-mail:** info@lsssd.org

**Hours:** Office hours: 8:00am - 5:00pm, Monday – Friday / Residential program: 24 hours a day / 7 days a week

**Fees:** Call for information

**Services Offered:** Provides psychiatric residential treatment center licensed to serve boys and girls ages 10-17 years old, who have emotional, behavioral, and educational challenges. Offers a specialized education program, extensive outdoor recreation, opportunities for community involvement and evidence-based programming including cognitive behavior therapy (CBT) groups.

**Behavioral Health Professionals:**
- Allison Bensen, MS, LPC
- Michelle Williamson, MS, LPC
- Alicia Tibbs, SWA
- William Moss, PsyD
- Kayla Kinard, MS, LPC
- Janna Swanson, MA, LPC
- Shawn Van Gerpen, MD

**LSS (Lutheran Social Services) Sturgis - Counseling Services**
Grace Lutheran Church 1061 Sherman Street  Sturgis, SD 57785

**Phone:** (855) 334-2953  **Website:** [www.lsssd.org](http://www.lsssd.org)
**Fax:** (605) 348-0477  **E-mail:** info@lsssd.org
LSS (Lutheran Social Services) Sturgis - Counseling Services - Cont’d
Hours: By appointment
Fees: Sliding fee scale; accepts most insurance; EAP, Medicaid, and Medicare
Services Offered: Offers a variety of counseling services including:
- Individual, couples, and family therapy
- Group therapy and education groups
- Mental health assessments and evaluations
- Counseling for victims of crime (including all types of child abuse)
- EAP (Employee Assistance Program) counseling

Behavioral Health Professionals:
Kerri Kinzell, MSW, CSW-PIP
Rachel Shepherd, MSW, CSW-PIP

Manlove Health: Brain & Body
636 Saint Anne Street Rapid City, SD 57701
Phone: (605) 348-8000
Fax: (605) 716-2023
Hours: 8:00am - 5:00pm, Monday - Friday
Fees: Evaluations $345.00; medication follow-up appointments $121.00
Services Offered: General psychiatric services including evaluations and medication management. Treating psychiatric illnesses including depression, anxiety, Attention Deficit Hyperactivity Disorder (ADHD), developmental disorders and psychotic illnesses including schizophrenia and schizoaffective disorder. Offers Transcranial Magnetic Stimulation (TMS) and Ketamine Infusion therapy for treatment resistant depression.

Behavioral Health Professionals:
Amy Newstrom, CNP
Dr. Stephen P. Manlove, MD
Kay Folan, CNP
Sandra Miller, CNP
Dr. Gregory Howard, PhD, MSW, CSW-PIP
Jennifer Erdman, CNP
Sheryl Jackson, CNP

NAMI (National Alliance on Mental Illness) Rapid City
Rapid City, SD 57701
Phone: (605) 271-1871
Fax: (605) 551-2531
Hours: Check website for more information
Fees: Fees are not required to join, however, there are dues one can pay if they choose to; no one is excluded
Services Offered: Through 8 local affiliate groups (2 in the Black Hills), NAMI offers practical support, useful education, and understanding to people who are living and coping with brain based diseases.
- Family-to-Family Education Program is a 12-week course for family caregivers of individuals with severe brain disorders (mental illnesses).
- Family support group a confidential support group for loved ones of individuals living with mental illness.
- NAMI Connection is a weekly support group for adults who have a mental illness.
- NAMI Basics is an education program for parents and caregivers of children and adolescents experiencing mental health challenges.
- In Our Own Voice is an educational presentation for civic groups, schools, etc. given by persons who have a lived experience with mental illness.
- NAMI Ending the Silence is a 50-minute mental health education presentation to middle and high school students to give them warning signs and ways to get help for themselves or friends. The presentation is also available for school personnel and parents.

NAMI (National Alliance on Mental Illness) Northern Hills
Phone: (605) 271-1871 NAMI South Dakota
Hours: Connections Recovery Support Group: 7:00pm, Thursday
Meeting location: Behavioral Management System 723 Dahl Road Spearfish, SD 57783
NAMI Connection is a weekly support group for adults who have a mental illness.
Website: www.namisouthdakota.org/local-affiliates/nami-northern-hills

New Dawn Center
19271 SD Highway 79 Vale, SD 57788
Phone: (605) 456-2968
Fax: (605) 456-9800
Website: www.newdawncenter.us
E-mail: newdawn@sdplains.com
New Dawn Center - Cont’d
Hours: Facility is open and staffed 24 hours a day / 7 days a week.
Fees: Sliding scale
Services Offered: Provides transitional, clinically-managed, low-intensity, open-ended residential treatment program. Residents are encouraged to take part in the outdoor operation of the facilities and participate in any of the recreational therapy programs.
Behavioral Health Professionals:
   Jim Fox, LAC
   Rebecca Stevens, CAC

New Trails Ministry
11455 Elliot Road (Alternate: 14 West Mount Rushmore Road) Custer, SD 57730
Phone: (605) 760-3633 Website: https://newtrailsministries.org
Fax: (605) 299-1984 E-mail: info@newtrailsministry.org
Hours: Call for information / 1:00pm - 6:00pm, Tuesdays and Thursdays
Fees: Sliding scale
Services Offered: New Trails is primarily a clergy retreat ministry specializing in wilderness sabbaticals for pastors to promote wellness and resiliency. Offers professional counseling on a limited schedule in Custer, SD.
Behavioral Health Professional: Rodney Veldhuizen, LMFT - QMHP

Pennington County Sheriff’s Office - Addiction Treatment Services
Care Campus: 321 Kansas City Street, Suite 110 Rapid City, SD 57701
Residential/Outpatient Services: 725 N. Lacrosse Street Rapid City, SD 57701
Phone: (605) 394-6128 Website: www.pennco.org/sheriff/
Fax: (605) 394-6890 E-mail: ccadp@pennco.org
Administrative hours: 8:00am - 5:00pm, Monday – Friday
Detox open: 24 hours a day / 7 days a week
Fees: Varying, call for information. State funding available for those meeting eligibility requirements.
Services Offered: Residential and intensive group outpatient treatment, specialized meth/opiate treatment program, 12-hour DUI class, moral recognition therapy, cognitive behavioral intervention program, treatment needs assessments, social-setting detox, emergency/involuntary commitments and Crisis Care screening and interventions.
Behavioral Health Professionals:
   Amy McGlade, MA, LAC
   Dawn Riter, ACT
   Emily Jackson, MA, LAC
   Lauren Craft, ACT
   Lori Sargent, CCDCI
   Savanna Starkey, CAC
   Michelle Teeslink, MS, LAC
   Charisa Wilhelm, ACT
   Deanna Nolan, LAC
   Kate Wellensiek, MA, LAC
   Linda Pratt, LAC
   Michael Goetz, ACT
   Tonya Lore, MS, ACT
   Sara Maher, CAC

Positive Behavior Consulting (Applied Behavior Analysis)
Rapid City, SD 57701
Phone: (605) 377-6888 Website: www.pbcllc.org
Hours: 9:00am - 5:00pm, Monday - Friday / Evenings and Saturdays by appointment
Fees: $125.00 / hour; reduced rate for 8+ hours per month.
Services Offered: Uses the science of Applied Behavior Analysis to make changes with clients including; parents, families, schools, geriatric population, corporations (performance management), people with brain injuries, Military Family Life Counseling (MFLC), and law enforcement. Addresses the following behaviors: ADD, anxiety, & depression; noncompliance / refusal behaviors; feeding issues / food selectivity; stealing / dishonesty; interruptions; relational conflict; property destruction; aggression; self-injury; elopement; stereotypy / self-stimulation; skill development; and performance improvement.
Behavioral Health Professional: Temple White, MS, MEd, BCBA

Practical Christian Counseling, Inc.
1351 Jolly Lane Rapid City, SD 57703
Phone: (605) 484-7089 Website: www.practicalcc.com
E-mail: scott@practicalcc.com
Hours: Weekday afternoons and some evenings
Fees: $80.00 / hour
Services Offered: Counseling from a biblically Christian worldview. Services include counseling for couples, marriage, marriage preparation, parenting, family, adolescents, depression, anxiety, grief, anger, crisis management,
Practical Christian Counseling, Inc. - Cont’d
decision making, male sex addiction, gambling addiction, self-esteem, adjustment, life/professional coaching. Therapies include CBT, solution-focused, emotionally-focused couples, person-centered, Biblical, and prayer.
Behavioral Health Professional: Scott Wiley, MS, LPC, NBCC

Psychological Associates of the Black Hills, LLC
1818 W. Fulton, Suite 201 Rapid City, SD 57702
Phone: (605) 348-6500  Website: www.pabh.org
Fax: (605) 341-7409  E-mail: officemanager@rushmore.com
Hours: 8:00am - early evening, Monday - Friday
Fees: Vary; accepts most insurance
Services Offered: Counseling for individuals, couples, groups, and families for all ages. Other services include play therapy, psychological assessments, child custody evaluations, parenting coordination, mediation and limited neuropsychological assessments. This office is able to provide telehealth to anyone in the state of South Dakota. There is paperwork that must be signed and completed prior to the first appointment.
Behavioral Health Professionals:
  Jennifer Kozel, PhD, Psychologist
  Lynette Quast, PhD, Psychologist
  Marvin Bouska, MS, Psychologist
  Robert Arnio, PhD, Psychologist
  Stacy L. Keyser, MS, LPC-MH

Rapid City Vet Center
621 6th Street, Suite 101 Rapid City, SD 57701
Phone: (605) 348-0077  Website: www.vetcenter.va.gov
Fax: (605) 348-0878
Hours: 7:00am - 4:30pm, Monday, Thursday and Friday / 8:00am - 4:30pm, Tuesday / 10:30am - 7:00pm, Wednesday
Fees: None
Services Offered: Outpatient mental health counseling center providing 100% free services to eligible Veterans, Active Duty Service Members, and their families. Part of the US Department of Veterans Affairs but separate from the VA Medical Centers, with separate and confidential medical records. Offering individual, group, and couples counseling both in Rapid City and at a number of Community Access Points in the Black Hills. Also, a referral service and can point Veterans in the right direction for any information they may need in terms of accessing benefits, enrolling in VA health care, etc. Specialty is helping Veterans readjust successfully into civilian life, and provides counseling for a wide range of problems, from mental health issues like PTSD, depression, and anxiety to life stressor issues such as work-related or relationship difficulties. Also provides free bereavement counseling for loved ones of service members who died while on Active Duty or Veterans who died by suicide.
Behavioral Health Professionals:
  Adriane Cox, CSW-PIP
  Mike Kohler, CSW-PIP

Red Horse Healing
11424 Chimney Canyon Road Piedmont, SD 57769
Phone: (605) 441-2038  Website: www.redhorsehealing.net
E-mail: bridget@redhorsehealing.net
Hours: 9:00am - 5:00pm, Monday - Friday / Saturdays as needed
Fees: $90.00 - $120.00
Services Offered: Equine-assisted psychotherapy for individuals, families, and groups. Specialize in trauma focused cognitive behavioral therapy, solution focused therapy, and youth with problematic sexual behaviors.
Behavioral Health Professional: Bridget Williams, MS, LPC-MH, QMHP

Regional Health Behavioral Health Center
915 Mountain View Road Rapid City, SD 57702
Phone: (605) 755-7200  Website: www.regionalhealth.org
E-mail: info@regionalhealth.org
Outpatient clinic: 8:00am - 5:00pm, Monday - Friday
Inpatient treatment: 24 hours a day / 7 days a week
Fees: Vary; call for information
Services Offered: A psychiatric hospital located on the west side of Rapid City. Offering a wide range of services for geriatric, adult, adolescent, and child patients. This center approaches patient care with a special emphasis on a biological, psychological, and social model.
Regional Health Behavioral Health Center - Cont’d

- **Inpatient Treatment**: Available for patients ages 5 and older. All patients will be psychiatrically assessed and treated by a licensed and board-certified psychiatrist. Additionally, experienced nurses and patient care technicians provide individual specialized attention 24 hours a day, 7 days a week.

- **Inpatient Services**: Specialized services include group and individual therapy, diagnostic testing, psychological evaluations, and family therapy. Recreational therapists provide a healing and therapeutic environment. Chemical Dependency Specialists perform detailed evaluations and treatment planning for patients struggling with addiction. Intensive case management is available to coordinate external services for the hospitalized patient. The hospital's clergy is available upon patient request or a patient's own spiritual leader is welcome to provide comfort.

- **Hospitalization Process**: If hospitalization is required, patients are provided a full physical examination and medical evaluation at the Rapid City Regional Hospital Emergency Department prior to hospitalization. Please proceed to the Emergency Department first or if emergent treatment is needed, call local law enforcement or 911.

- **Outpatient Clinic**: Offers individual and family counseling services for patients of all ages as well as psychiatric diagnostic interviewing and medication management for patients of all ages.

**Behavioral Health Professionals**:

- Dr. Harry Hamlyn, MD
- Dr. Susan Howard, MD
- Stacy Danielson, PA
- Mary Kurniawan, CSW-PIP

**Regional Health Medical Clinic - Sturgis**

2140 Junction Avenue
Sturgis, SD 57785

**Phone**: (605) 720-2600  
**Website**: [www.regionalhealth.org](http://www.regionalhealth.org)

**E-mail**: info@regionalhealth.org

**Hours**: 8:00am - 5:00pm, Monday - Friday

**Fees**: Call for information

**Services Offered**: Regional Health Medical Clinic - Sturgis is a primary care, family medicine clinic. Board certified physicians and physician assistants offer health care services sensitive to individual needs. Services include outpatient counseling for adults.

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**Rex Briggs, MSW**

811 Columbus Street Rapid City, SD 57701

**Phone**: (605) 343-4172  
**Website**: [www.rexbriggs.com](http://www.rexbriggs.com)

**Fax**: (605) 388-3819  
**E-mail**: rexbriggs@rap.midco.net

**Hours**: 8:00am - 7:00pm, Monday - Wednesday

**Fees**: $120.00 an hour

**Services Offered**: Practice is devoted to the effective treatment of anxiety and stress related conditions. Care is provided by clinician who has struggled with and recovered from anxiety. Works with teenagers and adults.

**Behavioral Health Professional**: Rex Briggs, MSW

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**ROADS Outpatient Treatment Program**

103 E. Omaha Street Rapid City, SD 57701

**Phone**: (605) 348-8026

**Fax**: (605) 388-8902  
**E-mail**: roadsoutpatient@gmail.com

**Hours**: 9:00am - 5:00pm, Monday - Thursday / 9:00am - 1:00pm, Friday

**Fees**: Self-pay; state funding; and Title XIX

**Services Offered**: Outpatient counseling for adults 18 years and older including intensive outpatient treatment, cognitive behavioral interventions for substance abuse and assessments.

**Behavioral Health Professionals**:

- Peter M. Sweitzer, M.Ed., LPC, LAC
- Roger Schriver, LAC
- Danielle Colicheski, CAC
- Barbara Samson, CAC

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**Scovel Psychological and Counseling Services, LTD**

2902 W. Main Street Rapid City, SD 57702

**Phone**: (605) 721-8822  
**Website**: [http://www.scovelpsychological.com](http://www.scovelpsychological.com)

**E-mail**: karis@scovelpsychrc.com

**Hours**: 8:00am - 5:00pm, Monday - Friday

**Fees**: $175.00 psychotherapy; $220.00 psychological assessment intake; psychological testing $150.00 per hour; various insurances accepted

**Services Offered**: Individual, couples and family counseling/psychotherapy, forensic testing, and psychological...
testing (personality, intelligence, achievement, and neuropsychological). Groups include pain management, wellness, and a cognitive therapy group for brain injured patients. Now offering an Autism clinic.

**Behavioral Health Professionals:**
- James C. Gardiner, PhD, ABN, Neuropsychologist
- Kari A. Scovel, PhD, LP, LPC-MH, QMHP
- Caitlin Nissen, LPC-MH, QMHP
- Kay Ermish, LCSW-PIP
- Mike Huxford, PsyD, LP
- Michael E. Forgy, LCSW-PIP
- Sandra Jensen, PhD, LP
- Scott Sternhagen, PhD, LP
- Tamara Ulmer, LCSW-PIP, LPC-MH, QMHP
- Sharon K. Hansen

27003 U.S. Hwy 385 Hot Springs, SD 57747
Phone: (605) 890-0580
E-mail: jshansen@goldenwest.net
Hours: 8:00am - 5:00pm, Monday - Thursday
Fees: $100.00 per hour

(**Services Offered:** Evaluation, individual psychotherapy, family therapy, play therapy, and anger management. Focus areas include depression, anxiety, stress, coping skills, relationship issues, abuse and domestic violence, and post traumatic stress (PTSD).

**Behavioral Health Professional:** Sharon K. Hansen, MA, CNS, LMFT

**Sioux San I.H.S. (Indian Health Services) Hospital - Behavioral Health Program**
3200 Canyon Lake Drive Rapid City, SD 57702
Phone: (605) 355-2274
Fax: (605) 355-2510
Outpatient Clinic Hours: 8:00am - 4:30pm, Monday - Friday
Fees: No fees (for services or prescriptions) for federally recognized tribal members only

**Services Offered:** Treatment philosophy is to blend state of the art medication and therapeutic modalities with an emphasis on Native American culture. Provides the following services: Comprehensive assessment; Outpatient child/adult counseling and psychiatric services; medication management; group counseling; substance abuse services; community support and education; field consultation; tele-psychiatry consultation; and dual diagnosis treatment.

**Behavioral Health Professionals:**
- Amber Janis, PMHNP-BC
- Evalina Murphy, RN, FNP-C
- Jolene Black Lance, CSW-PIP
- Josephine Chase, PhD, LCSW-PIP
- Larry Prairie Chicken, LAC
- Michael Williams, PhD, LP
- Renne McKinley, PhD, LP

**Spirals Counseling, LLC**
623 Quincy Street, Suite 102 Rapid City, SD 57701
Phone: (605) 381-5277
Fax: (605) 716-9491
Hours: 10:00am - 5:00pm, Monday - Thursday
Fees: Accepts many insurance companies; initial intake - $171.00; following sessions - $167.00

**Services Offered:** Counseling and psychotherapy for individuals, couples, families, and adolescents. Areas of focus include premarital and marriage counseling, grief and loss, anxiety, depression, trauma and post traumatic stress (PTSD), mind-body connection, mindfulness, stress management, and assertiveness skills. Therapeutic techniques offered include eye movement desensitization and reprocessing (EMDR), systemic family therapy, and Trauma Focused Cognitive Behavioral Therapy (TF-CBT). Telehealth/Video appointments are available for individuals and couples living in SD (as long as the client has access to high speed internet and can connect with out interruption) utilizing Zoom, which is a HIPPAA complaint application. Intake in person preferred and not required. A confidential environment is critical for individuals seeking Telehealth services. Sessions will be billed as cash pay or possibly through insurance if specific company covers Telehealth counseling services.

**Behavioral Health Professional:** Lynell Rice Brinkworth, MA, LMFT, QMHP

**Stronghold Counseling Services, Inc.**
1320 North Avenue Spearfish, SD 57783
Phone: (605) 334-7713
Fax: (605) 334-5348
Hours: 8:00am - 5:00pm, Monday, Friday / 8:00am - 6:00pm, Tuesday, Wednesday and Thursday
Fees: Accepts Medicaid, Medicare, most insurances and EAPs; sliding fee scale is available.
Stronghold Counseling Services, Inc. - Cont’d

**Services Offered:** Assessments and therapy for individuals of all ages, groups, and families for both mental health and substance abuse issues. Providing counseling for issues related to anger management, depression, anxiety, eating disorders, post traumatic stress (PTSD), physical and emotional abuse, parent-child conflicts, adolescent and child adjustment, marriage and divorce, grief and loss, and spiritual. Therapeutic specialties include spiritually based, therapeutic play, parenting with love and logic, cognitive behavioral (CBT), and eye movement desensitization and reprocessing (EMDR). Offers telehealth sessions only if it is covered by insurance and client is located in state at the time of the call. Preference is for the first appointment to be face-to-face. The website wecounsel is used for telehealth services.

**Behavioral Health Professionals:**
Carolyn Short, MSW, CSW-PIP, QMHP  
Susan Terveen, LPC-MH, QMHP, LAC  
Linnea Grosz, LPC

**Suzette Wasvick Counseling Services**
280 Main Street, Suite 9  
Hill City, SD 57745

**Second location:** 2218 Jackson Blvd #13, Rapid City, SD 57701

**Phone:** (605) 390-8791  
**Fax:** (605) 791-0122  
**E-mail:** sw.counselingservices@yahoo.com

**Hours:** By appointment  
**Fees:** Accepts most insurance and Medicaid  

**Services Offered:** Individuals, couples, and family counseling for children, adolescent, and adults. Counseling to help those who suffer from depression, anxiety, self-harm, post traumatic stress (PTSD), trauma, suicidal thoughts, grief and loss, and other issues. Provides play therapy, Cognitive Behavior Therapy (CBT), and Dialectical Behavior Therapy (DBT). Works closely with the LGBTQI population.

**Behavioral Health Professional:** Suzette Wasvick, MS, LPC-MH, QMHP

**Thomas L. Collins, LCSW**
2326 Canyon Lake Drive, Suite 1  
Rapid City, SD 57702

**Phone:** (605) 342-0300  
**Fax:** (605) 342-0300  
**E-mail:** tlcsw@aol.com

**Hours:** 8:00am - 5:00pm, Monday - Friday  
**Fees:** $110.00 an hour

**Services Offered:** Child custody evaluations, parent coordinator services, and child advocacy services.

**Behavioral Health Professional:** Thomas L. Collins, LCSW

**Thorn Counseling**
1301 W. Omaha Street, Suite 220  
Rapid City, SD 57701

**Phone:** (605) 716-9944  
**Fax:** (605) 718-0413  
**E-mail:** jetsonea@yahoo.com

**Hours:** 9:00am - 6:00pm, Monday - Friday  
**Fees:** $120.00 per hour

**Services Offered:** Individual, marital, family, and group counseling for depression, anxiety, marital issues, and trauma.

**Behavioral Health Professional:** Liz Thorn, LPC-MH, LMFT, QMHP

**Torno Mediation and Mental Health Services**
324 Saint Joseph Street, Suite 202  
Rapid City, SD 57701

**Website:** www.tornommhs.com

**E-mail:** melanie.torno@tornommhs.com

**Hours:** By appointment  
**Fees:** Accepts most insurance and Medicaid; cash discount

**Services Offered:** Court approved divorce and custody mediator, parent coordinator, and custody evaluator. Individual, couples, and family counseling with expertise in blended families, marriage, family counseling, play therapy, trauma, child abuse, post traumatic stress (PTSD), and sexual assault.

**Behavioral Health Professional:** Melanie Torno, MS, LPC-MH, QMHP
VA Black Hills Health Care System, Fort Meade
113 Comanche Road Fort Meade, SD 57741
Phone: (605) 347-2511 Website: www.blackhills.va.gov
Fax: (800) 743-1070
Hours: Office hours: 8:00am - 5:00pm, Monday - Friday / Nurse Advice Line: Evenings, weekends, and Holidays / Residential care: 24 hours a day / 7 days a week
Fees: Sliding fee scale for eligible Veterans only
Services Offered: Behavioral health services including:
- Addictive disorder services
- Compensated work therapy
- Residential Post Traumatic Stress (PTSD) program
- Mental health intensive case management
- Inpatient psychiatric services
- Outpatient psychiatric services
Behavioral Health Professional: Lisa Foodim, LCSW, CCM, MAC

VA Black Hills Health Care System, Fort Meade - Polytrauma/TBI Clinic
113 Comanche Road Fort Meade, SD 57741
Phone: (605) 347-2511, Ext. 7991 Website: www.blackhills.va.gov
Fax: (844) 698-2311
Hours: 7:30am - 4:00pm, Monday - Friday / Nurse Advice Line: Evenings, weekends, and Holidays
Fees: Vary; call for information
Behavioral Health Professional: Kay Ermish, CSW-PIP

VA Black Hills Health Care System, Hot Springs
500 N. 5th Street Hot Springs, SD 57747
Phone: (605) 745-2000 Website: www.blackhills.va.gov
Fax: (800) 764-5370
Office hours: 8:00am - 5:00pm, Monday - Friday / Nurse Advice Line: Evenings, weekends, and Holidays Residential care: 24 hours a day / 7 days a week
Fees: Call for eligibility information
Services Offered: Behavioral health services including:
- Addictive Disorder Services (ADS) - outpatient and short and long-term residential treatment; transitional residence / halfway house
- Compensated work therapy
- Residential Post Traumatic Stress (PTSD) program
- Mental health intensive case management
- Inpatient and outpatient psychiatric services
- The Suicide Prevention Coordinator has gun locks available
Behavioral Health Professional: Lisa Foodim, LCSW, CCM, MAC

Wellfully - Residential Addiction Recovery Center
22 Waterloo Street Rapid City, SD 57701
Phone: (605) 718-4870 Website: www.wellfully.org
Fax: (605) 718-4878 E-mail: info@wellfully.org
Office hours: 8:00am - 5:00pm, Monday - Friday / Residential services: 24 hours a day / 7 days a week
Fees: Call for information; Medicaid can help cover some costs
Services Offered: Residential program with 24 hour supervision and intensive 45-60 day program for addiction recovery. Seeks to meet each youth's educational, emotional, health, and family needs. Services offered:
- Assessment and treatment planning
- Mental health evaluation
- Group therapy
- Family involvement
- Individual therapy
- Aftercare planning
- Aftercare groups
Wellfully - Residential Addiction Recovery Center - Cont’d

- 12-step groups
- Advocacy
- Referrals

Behavioral Health Professional: Dr. Mark T. Garry, MD

Wellfully - Residential Behavioral Health/Group Care Program
22 Waterloo Street Rapid City, SD 57701
Phone: (605) 718-4870  
Fax: (605) 718-4878  
Website: www.wellfully.org  
E-mail: info@wellfully.org

Office hours: 8:00am - 5:00pm, Monday - Friday / Residential services: 24 hours a day / 7 days a week

Services Offered: Residential behavioral/group care program for abused and neglected youth offers youth 24-hour supervision. Services offered:
- Individual therapy
- Treatment planning
- Mental health evaluation
- Group therapy
- Collaboration with parents/guardians/ foster parents, referral agency, schools or other provider
- Educational services provided in program

Behavioral Health Professional: Dr. Mark T. Garry, MD

Wellfully - Afterschool Addiction Recovery Program
1205 E. Saint James Street Rapid City, SD 57701
Phone: (605) 718-4870  
Fax: (605) 718-4878  
Website: www.wellfully.org  
E-mail: info@wellfully.org

Hours: After-school

Services Offered: After-school care for boys and girls ages 10 - 18 meeting intensive outpatient guidelines for addiction recovery treatment. Services offered include:
- Assessment and treatment planning
- Group therapy
- Individual therapy
- Family night

Youth & Family Services Counseling Center
202 E. Adams Street Rapid City, SD 57701
Phone: (605) 342-4789  
Fax: (605) 399-0833  
Website: www.youthandfamilyservices.org  
E-mail: wehelpkids@youthandfamilyservices.org

Hours: 8:00am - 6:00pm, Monday – Thursday / 8:00am - 5:00pm, Friday

Services Offered: Crisis intervention, assessments, counseling, and case management services that help young people and their families overcome challenges and pave the way for an improved quality of life. Provides support to individuals suffering from mental health issues, alcohol and drug abuse, child abuse and neglect, domestic violence, and crime victimization. Support is also provided to individuals struggling with personality development and relationship issues. Therapists specialize in:
- Individual, family, and group therapy
- Play, art, and sand therapy
- Marriage and relationship counseling
- Treatment for depression, anxiety, and behavior issues
- Stress and anger management
- Chemical dependency treatment and prevention
- Level 1 alcohol and drug evaluation and treatment
- Suicide crisis intervention
- Treatment for youth with problematic sexual behaviors

Additional services include: Parenting classes; Mind-Body workshops; Domestic violence program; Seeking Safety Women’s Group; State-accredited, 12-hour DUI classes; Mental health consultations and trainings; Intensive Family Support Program; and Child abuse survivor program.
Youth & Family Services Stronger Family Program
1309 W. Main Street Rapid City, SD 57701
Phone: (605) 791-5025
Fax: (605) 791-5027
Hours: 8:00am - 4:00pm, Monday - Friday
Fees: Free
Services Offered: A free, relationship enrichment program open to the public. It serves students, individuals, couples, and families. The goal of the program is for participating adults and children to develop the skills they need to experience healthy relationships and improve their path toward financial wellness and employability.

Youth & Family Services Western Prevention Resource Center
YFS Counseling Center 202 E. Adams Street Rapid City, SD 57701
Phone: (605) 342-1593
Fax: (605) 399-0833
E-mail: wehelpkids@youthandfamilyservices.org
Hours: 8:00am - 5:00pm, Monday - Friday
Fees: None
Services Offered: Assists students, parents, educators, community groups, social service and mental health agencies, chemical dependency service providers and law enforcement personnel in developing and implementing prevention programs in western South Dakota.

Youth & Family Services Youth Trauma Center
YFS Counseling Center 202 E. Adams Street Rapid City, SD 57701
Phone: (605) 342-4789
Fax: (605) 399-0833
E-mail: wehelpkids@youthandfamilyservices.org
Hours: 8:00am - 6:00pm, Monday – Thursday / 8:00am - 5:00pm, Friday
Fees: Call for information
Services Offered: Purpose is to increase identification of youth and families who have been exposed to traumatic stress and shorten the time it takes to get them into effective treatment programs. Offers free screenings to children who may be experiencing traumatic stress, and then, if information warrants, a full assessment will be scheduled. Youth and families who are identified as experiencing traumatic stress will be referred to appropriate treatment providers. Treatments available at YFS include Trauma-Focused Cognitive Behavioral Therapy, Child Parent Psychotherapy, Problematic Sexual Behavior-Cognitive Behavioral Therapy, Eye Movement Desensitization Reprocessing Therapy, Prolonged Exposure Therapy, and Dialectical Behavior Therapy.
Suicide Survivor Support Services

Black Hills Survivors of Suicide
Meeting location: First Congregational Church - 1200 Clark Street, Rapid City, SD 57701
Phone: (605) 721-7720  Website: http://www.frontporchcoalition.org/
Hours: Meeting time: 10:00am - 12:00noon, 4th Saturday of each month
Fees: None
Services Offered: A monthly support group for those who have lost a family member or friend to suicide. Goals are to help survivors better understand and cope with their situation, create an atmosphere of acceptance and support where survivors can share feelings with each other and learn from each other and to encourage survivors in the re-growth of self esteem and develop a better attitude toward life. Please call the meeting facilitator before attending to discuss the group’s guidelines and get answers to any questions. Group is facilitated by a peer who volunteers with the local outreach to suicide survivors (LOSS) team.

Front Porch Coalition
915 Mountain View Road, Rapid City, SD 57702
Phone: (605) 348-6692  Website: www.frontporchcoalition.org
E-mail: Inquiries@frontporchcoalition.org
Office Hours: 8:00am - 5:00pm, Monday – Friday / Call for support group times and more information / Suicide survivors support group 10:00am - 12:00noon, 4th Saturday of the month at First Congregational UCC Church at 1200 Clark Street in Rapid City.
Fees: No fees for the support group; call for information on trainings.
Services Offered: Neighbors working together to promote mental health and to prevent suicide while providing support to those who have lost someone to suicide. Provides a LOSS Support Group for survivors of a loss to suicide. The LOSS (Local Outreach to Suicide Survivors) Team responds with law enforcement to provide immediate help and support to families and friends immediately after discovering the loss of their loved one to suicide. Offers a variety of suicide prevention training, including Mental Health First Aid for both youth and adult, including those specific for first responder/law enforcement, veterans, military members, and their families, older adults, higher education populations, and rural populations. Provides suicide prevention, intervention, and postvention training to community members, parents, teachers, first responders, behavioral health providers.

Helpline Center - Suicide and Crisis Support
Phone: (800) 273-8255  Website: www.helplinecenter.org
Fax: (605) 332-1333  E-mail: help@helplinecenter.org
Hours: 24 hours a day / 7 days a week / 365 days a year
Fees: None
Services Offered: The Helpline Center is the leading organization in South Dakota for suicide prevention and response. If you or someone you know is having suicidal thoughts, please call (800) 273-8255 anytime, day or night, to find the caring support you need. Suicide and Crisis Support services include: a crisis texting program for teens at over 40 high schools in South Dakota; grief support for individuals who have lost a loved one to suicide; professional suicide awareness and prevention training. An accredited suicide prevention, intervention and after-care organization, delivering the hope and understanding you need.
Behavioral Health Professionals:
    Janet L. Kittams, MA, LPC  Sheri Nelson, MA, LAC
Additions after published date:

Abourezk Counseling
Phone: (605) 863-2881
Fax: (605) 342-5170
Hours: 10:00am - 6:00pm, Monday - Friday
Fees: Accepts most insurances, including Medicaid

Services Offered: Individual and family therapy for ages 10 and up. Topics discussed include; addictions, anxiety, depression, trauma, PTSD, chronic pain, stress management, employment issues, abuse, grief and loss, LGBTQ+ counseling, and women's issues.

Behavioral Health Professional: Lena Abourezk, MS, LPC-MH, QMHP, NCC, CAC
Making lives better by giving support, offering hope and creating connections all day every day.

211 Helpline Center
• Information, Referral, and Crisis Helpline • Free • 24-hours a day
• Social Services • Government Information • Community Information
  • Financial Assistance • Donation Information • Food • Shelter
• To receive community reminders every week text: 211BH to 898211

Suicide and Crisis Support
• 1-800-273-TALK (8255) • 24-hour Crisis Intervention
• Suicide Information • Suicide Prevention Trainings
• Support for family and friends who have lost a loved one to suicide

Helpline Center Directories
• Black Hills Behavioral Health Guide • Helping Hand Emergency Resource Guide
  • Rapid City Basic Needs Guide • Northern Hills Basic Needs Guide
• Southern Hills Basic Needs Guide • Online Database at helplinecenter.org/211database

Volunteer Connections
• Hundreds of Volunteer Opportunities in the community
  • Online Database • Search by your interests

For more information or to support the Helpline Center please contact us at:

Helpline Center • 529 Kansas City Street, Suite 201 • Rapid City, SD 57701
• Visit www.helplinecenter.org • Dial 211 • Text your zip code to 898211