This resource guide lists community programs, which are part of the 211 resource database, that provide direct basic needs and services such as clothing and household items, employment services, family and parenting, financial support, food, health care, housing, mental health, shelter, and transportation.

For more information: • Visit www.helplinecenter.org • Dial 2-1-1 • Text your zip code to 898211

Helpline Center - 2-1-1
Dial 2-1-1 or Text your zip code to 898211
A 24-hour information, referral, and crisis helpline that provides resource information covering topics such as food, clothing, financial, medical, mental health, employment, shelter, volunteer opportunities, and much more.

Helpline Center – Suicide and Crisis Support
(800) 273-8255 National Suicide Prevention Lifeline (NSPL) – Answered by the Helpline Center
An accredited suicide prevention, intervention and after-care organization, delivering the hope and understanding you need. Also provides the following services: a crisis texting program for teens at over 40 high schools in South Dakota and some colleges; grief support for individuals who have lost a loved one to suicide; professional suicide awareness and prevention trainings.

Helpline Center – Volunteer Connections
Dial 2-1-1 or text BKVol to 89811 to receive weekly volunteer opportunities by text. Connecting you to local volunteer activities that match you interest and the time you have to give.

CLOTHING / HOUSEHOLD ITEMS

Center of Hope
225 E. 11th Street, Suite 101, Sioux Falls, SD  (605) 334-9789   www.centerofhopesf.org
Provides winter clothing (new and gently used) at minimal cost.

Educated Mommy - Mommy’s Maternity Closet
2122 S. Spring Avenue, Sioux Falls, SD  (605) 496-1417  www.educatedmommy.org
Open the last Wednesday of each month allowing women in need to select needed maternity clothing, cloth diapers, breastfeeding and newborn accessories free of charge.

First Christian Church - Kids Kloset
524 W. 13th Street, West Door, Sioux Falls, SD  (605) 338-9474  www.firstchristiansf.com
A clothing giveaway for children ages infant to size 12. Hours: 10:00am - 12:00pm, 1st and 3rd Wednesday each month.

Furniture Mission
209 N. Nesmith Avenue, Sioux Falls, SD  (605) 977-6800  www.furnituremission.org
Provides recycled furniture, including mattresses. Must have a referral from a community agency.

Goodwill of the Great Plains Sioux Falls  www.goodwillgreatplains.org
Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Proceeds benefit the community by offering individuals with barriers work training and employment opportunities. Goodwill has a clothing voucher program. Must be referred from a social service agency. Every South Dakota store has GoodShred, which provides secure document destruction with proceeds used to support Goodwill's Mission. Domestic/personal shredding - is free.

• 3400 S. Norton Avenue  (605) 731-1930
• 4701 E. 41st Street  (605) 338-2431
• 120 N. Kiwanis Avenue  (605) 334-2028
Help at your Fingertips…

**Habitat for Humanity of Greater Sioux Falls - ReStore**
721 E. Amidon Street, Sioux Falls, SD (605) 330-1950 www.siouxfallshabitat.org
Sells home building materials and home improvement goods to the general public at a fraction of retail prices.

**King of Glory Church - Kings Kloset**
1001 E. 17th Street, Sioux Falls, SD (605) 271-3456
Offers assistance with household items such as toilet paper, soap, shampoo, baby wipes, and laundry detergent.
9:30am - 11:30am, 3rd Saturday of every month

**Necessities for Neighbors**
A monthly distribution of household products including diapers, laundry soap, toilet paper, and feminine hygiene products. 1st Sunday of each month at Peace Lutheran Church from 3:00pm - 4:00pm; 3rd Tuesday of each month First Lutheran Church from 6:00pm – 7:00pm.

**Society of St. Vincent de Paul Sioux Falls - Thrift Store**
431 N. Cliff Avenue, Suite 101, Sioux Falls, SD (605) 338-4111 www.svdpusa.org
Provides good, clean, affordable clothing, furniture, and household items.

**Union Gospel Mission Thrift Store**
705 E. 8th Street, Sioux Falls, SD (605) 334-6732 www.ugmsf.org
Offers reasonably priced clothing and household items to the public and free assistance to those in need.

**EMPLOYMENT**

**Active Generations - BRIDGES Employment Resource Center**
2300 W. 46th Street, Sioux Falls, SD (605) 333-3318 activegenerations.org
Assists adults in seeking employment (specializing in those 40+). Services include individual job coaching, interviewing techniques, employment workshops, computer access, basic computer classes and an annual job fair.

**Dress for Success Sioux Falls**
620 W. 18th Street, Sioux Falls, SD (605) 610-0665 www.embe.org
Provides professional attire, a network of support, and career development tools to help women thrive in life and work.

**EmBe - Women’s Programs**
620 W. 18th Street, Sioux Falls, SD (605) 610-0665 www.embe.org
Women to the Workforce is a 9-week career development program designed to help prepare participants to obtain employment. Participants will be assigned a mentor who will encourage and support her and will hear speakers on a variety of topics. Also, offers Women Leadership Program to help develop emerging female leaders.

**Experience Works, Inc. - Sioux Falls Office**
1500 E. 71st Street N, Sioux Falls, SD (605) 332-7991 www.experienceworks.org
Federally funded program that offers paid training to low income, unemployed individuals, age 55 and older. Paid training provides the opportunity to obtain or increase job skills needed to find employment in today's workforce.

**Goodwill Job Center - Sioux Falls**
3400 S. Norton Avenue, Sioux Falls, SD (605) 357-6171 www.goodwillgreatplains.org
Assists individuals with barriers to employment by providing assistance with job search, applications, interview, computer access, and faxing.

**Multi-Cultural Center of Sioux Falls - Career Closet**
515 N. Main Avenue, Sioux Falls, SD (605) 367-7401 www.sfmcc.org
Providing career clothing for women and men at no cost for individuals needing clothing for interviews and employment.

**National Farmworker Jobs Program**
Offices in Sioux Falls, Rapid City and Pierre (605) 394-5120 bhssc.org
Have you done any farm or ranch work in the last 2 years? If so, you could be eligible for the following (depending upon availability of funds): assistance with financial aid for vocational schools and colleges; subsidized on-site training programs; employment counseling; job placement, testing and evaluation; financial assistance in relocating for education training and job placement; emergency financial services such as, but not limited to: emergency food, shelter, rental assistance, transportation costs.
Help at your Fingertips…

**Salvation Army Sioux Falls, The - Work Enablement**
900 N. Cliff Avenue, Sioux Falls, SD (605) 332-2331 sasiouxfalls.org
Assistance is for new employment only. Work uniforms, boots, and other clothing are available with verification of employment. Some tools are also available to start a new job. Clients must have a letter from their employer stating what clothing/tools are required.

**Sioux Falls Job Service Office**
811 E. 10th Street, Dept. 41, Sioux Falls, SD (605) 367-5300 www.sdjobs.org
Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

**United Sioux Tribes of South Dakota Development Corporation**
1000 N. West Avenue, Suite 260 Sioux Falls, SD (605) 271-7117 www.unitedsiouxtribes.org
Serves all Native Americans within South Dakota on and off the reservations. Destination offices operating for the placement of Indian personnel into jobs of substance. Services include: job development; screening; orientation; placement; certifications; follow-up; employer/employee relations; and community adjustment services.

**Vocational Rehabilitation – Division of Rehabilitation Services**
811 E. 10th Street, Department 21 Sioux Falls, SD (605) 367-5330 dhs.sd.gov/rehabservices/
Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

**FAMILY / PARENTING / CHILD CARE**

**Bright Start – Children’s Home Society**
4402 E. 3rd Street, Sioux Falls, SD (605) 274-0233
a community-based, voluntary family resource and support program that offers nurse home visitation services to families during pregnancy, after delivery and may continue until the child's third birthday.

**Catholic Diocese of Sioux Falls**
523 N. Duluth Avenue, Sioux Falls, SD (605) 988-3755 www.sfcatholic.org
Offers baby layettes for newborns (up to 12 months). Layette includes a few diapers, wipes, clothing, etc.

**Center for Disabilities**
1400 W. 22nd Street (605) 357-1439 www.usd.edu/cd/
Birth to 3 Program provides early intervention services, at no cost, for families who have children from birth to age three that have difficulty learning, growing, or behaving like other children in their age group or have a medical condition. Variety of other programs available including Autism program and support group, FAS disorders clinic, deaf-blind program, developmental clinic and specific services for Native Americans.

**City of Sioux Falls Fire Rescue – Car Seat Inspections**
2820 S. Minnesota Avenue, Sioux Falls, SD (605) 367-8092 www.siouxfalls.org
Offers car seat safety checks and distribution (with proof of state aide) from 9:00am - 11:00am, Saturdays

**DSS Child Care Assistance**
910 E. Sioux Avenue, Pierre, SD (800) 227-3020 www.dss.sd.gov/childcare
Provides financial help for child care costs for families who are working and/or going to school.

**Donnie’s Closet**
Sioux Falls, SD Email for more info. donniesclosetproject@gmail.com
Closet created to help kids get sports shoes and equipment so that they can play sports no matter what their family's situation. Collects used sports equipment and give it to any kids that ask for it. If the Closet has it, they will give it away. If the Closet doesn’t have it available, they will put out a request for it (but cannot guarantee they will get it in).

**Family Visitation Center**
311 E. 14th Street, Sioux Falls, SD (605) 275-2071 www.fvcenter.org
Provides a safe and supportive environment for children to visit with non-custodial adults when there has been domestic abuse, child abuse, conflict with visitation, or when there has been a long-term difficulty between parent and child.
Helpline Center - Child Care Resources
1000 N. West Avenue, Suite 310, Sioux Falls, SD   Dial 2-1-1   www.helplinecenter.org/childcare
Assists parents in their search for quality child care through referrals.

ICAP Minnehaha County - Children and Family Services
505 N. Western Avenue, Sioux Falls, SD   (605) 334-2808   www.interlakescap.com
Early head start and head start services for low income families ages 0-5 years old.

Oak Hills Baptist Church - Cherub’s Closet
6201 S. Lyncrest Avenue, Sioux Falls, SD   (605) 332-2648   www.oakhills.net
Provides diapers, wipes, and clothing for families in need. Hours: 1:30pm - 3:30pm, 3rd Saturday of each month.

Sanford CHILD Services
1115 W. 41st Street, Sioux Falls, SD   (605) 312-8370
A distribution site for the South Dakota Child Safety Seat Distribution Program. Programming also includes Bright Start Responsive Parenting classes and Child Development Enrichment Program.

Sioux Empire United Way, Inc. - Connecting Kids
1000 N. West Avenue, Suite 120, Sioux Falls, SD   (605) 336-2095   www.seuw.org/ConnectingKids
Information and financial resources for families who may need assistance in getting their kids involved in extracurricular activities. Please contact agencies directly (listed on website) to start the process of assistance with their programming.

Sioux Falls School District - Instructional Planning Center
201 E. 38th Street, Sioux Falls, SD   (605) 367-7900   www.sf.k12.sd.us
The main offices of Sioux Falls School District 49-5. For a current district calendar visit: www.sf.k12.sd.us

Society of St. Vincent de Paul Sioux Falls - Holy Innocents Ministry
431 N. Cliff Avenue, Sioux Falls, SD   (605) 338-4111   www.svdpusa.org
Offers diapers at no charge to eligible individuals. 9:00am - 11:30am, Wednesday and Saturday on the 1st, 2nd and 3rd week of each month (no distribution the last week of the month).

Supportive Services for Veterans Families
Statewide   (605) 484-9209 or (605) 939-8312   www.cornerstonemission.org
Provides homelessness prevention and rapid re-housing services to help veteran families keep, or rapidly transition to permanent housing.

Teddy Bear Den
500 S. Main Avenue, Sioux Falls, SD   (605) 335-2730   teddybearden.org
An incentive and education based program for parents to earn teddy credits which can be exchanged for new baby items such as clothing, diapers, blankets, bottles, highchairs, and strollers.

FINANCIAL
Community Outreach, The
225 E. 11th Street, Suite 200, Sioux Falls, SD   (605) 331-3935   thecommunityoutreach.org
Offers financial assistance for rent or deposit, prevention of eviction and/or utility shut off, and has limited transportation and car repair assistance. Must seek assistance from Minnehaha County Human Services first for financial help.

DSS Low Income Energy Assistance Program (LIEAP)
Statewide   (605) 773-3766   dss.sd.gov
Assists with heating costs: propane and fuel oil July 1 to April 30; electric heat and natural gas October 1 to May 15.

Farm Rescue
Statewide   (701) 252-2017   farmrescue.org
Farm Rescue provides planting, hay hauling, haying, harvesting and livestock feeding assistance to farm and ranch families that have experienced a major injury, illness or natural disaster.
GROW South Dakota - Housing Programs
Statewide (605) 698-7654 www.growsd.org
Provides home ownership preparation services and Home Buyer Education classes. For those who meet eligibility requirements, down payment/closing cost assistance may be available. Also, low-cost loans to utilize when purchasing a home or home improvements.

ICAP (Interlakes Community Action Partnership) Minnehaha County
505 N. Western Avenue, Sioux Falls, SD (605) 334-2808 www.interlakescap.com
Assists with weatherization, heat bills (when available), and security deposit for permanent housing.

LSS State Center - Center for Financial Resources
705 E. 41st Street, Suite 100, Sioux Falls, SD (605) 330-2700 www.lsssd.org
Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and Sharpen Your Financial Focus program.

Minnehaha County Human Services
521 N. Main Avenue, Suite 201, Sioux Falls, SD (605) 367-4217 www.minnehahacounty.org
Provides eligibility-based financial assistance with shelter, rent and deposits, utility bills, IDs, food and non-food items, dental and medical care, prescriptions, and burials.

Salvation Army Sioux Falls, The
900 N. Cliff Avenue, Sioux Falls, SD (605) 332-2331 sasiouxfalls.org
Emergency assistance with rent or mortgage (to prevent eviction), utility assistance, food, and work tools/special shoes with employment verification. Must seek assistance from Minnehaha County Human Services first.

Sioux Empire Housing Partnership, Inc.
200 N. Phillips Avenue, Suite 200, Sioux Falls, SD (605) 339-0942 siouxempirehousing.org
Offers various financial education programs including homeowner education, rental education, debt counseling, budgeting, improving credit scores, and financial goal setting. *SEHP does not provide any kind of financial assistance for rent or rent deposit.

Sioux Falls Hope Coalition
Sioux Falls, SD (605) 610-9167 sfhopecoalition.org
Working to ensure that every child gets a chance to attend preschool. Supported by United Way, business leaders and non-profits, the coalition is seeking to place children (currently on a waiting list for subsidized preschool through the Sioux Falls School District, or families who cannot afford private preschool), into existing faith-based programs.

South Dakota Public Utilities Commission - Lifeline
500 E. Capitol Avenue, Pierre, SD (800) 332-1782 www.puc.sd.gov
Reduces the cost of landlines in all areas and cell phones in certain areas.

FOOD
Active Generations - Meals-On-Wheels
2300 W. 46th Street, Sioux Falls, SD (605) 333-3305 actgen.org
Congregate and home delivered meals, call for information on locations and times. Suggested donation $4.00 - $6.75.

Banquet, The
900 E. 8th Street, Sioux Falls, SD (605) 335-7066 www.thebanquetsf.org
Provides a prepared meal for persons who are homeless, traveling through, or in need of long-term supplemental food help. Meal served: Breakfast: 7:00am - 8:00am, Monday - Friday; Lunch: 11:30am - 12:30pm, Saturday; Dinner: 6:00pm - 7:30pm, Monday - Friday.

Banquet West, The
Nordstrom-Johnson Building, 100 N. Lyon Boulevard
Dinner served: 6:00pm – 7:30pm, Tuesday and Wednesday

Bishop Dudley Hospitality House
101 N. Indiana Avenue, Sioux Falls, SD (605) 809-8424
Lunch served: 11:30am, Monday – Friday

DSS Sioux Falls – Economic Assistance
811 E. 10th Street, Sioux Falls, SD (605) 367-5444 Ext. 1
Provides SNAP (Food Stamps), TANF, and Medicaid programs for children and low income families.
Faith In Action Food Pantry
821 S. Clouds Avenue, Sioux Falls, SD (605) 338-7596
Provides a food and hygiene pantry that may be utilized once a month, photo ID required. Hours: 4:30pm - 6:30pm, 1st and 3rd Thursday of each month

Faith Temple Church's Food Giveaway
100 N. Lyon Boulevard, Nordstrom-Johnson Building, Sioux Empire Fairgrounds, Sioux Falls, SD (605) 332-2303 faithtemplefood.com
Offers free food to anyone 18 years of age or older with no restriction on who or how many times, bring bags or boxes. Most Fridays, doors open at 3:00pm, giveaway starts at 4:00pm.

Feeding South Dakota - Sioux Falls Food Pantry
4701 N. Westport Avenue, Sioux Falls, SD (605) 335-0364 www.feedingsouthdakota.org
Provides individuals and families with a 3 - 5 day supply of food once every 90 days. The Pantry is open Monday - Friday (except holidays), 10:00am - 4:00pm.

Food to You Mobile Food Pantry
Sioux Falls, SD (605) 271-2163 www.mobilefoodpantry.org
Mobile food pantry that may be utilized once a month, no referral needed. Sites rotate each week; call for information.

Messiah New Hope Lutheran Church - Food Pantry
5001 E. Madison Street, Sioux Falls, SD (605) 333-0971 www.messiahnewhope.com
Food Pantry - can be utilized 1/month. Hours: 9:00am - 2:00pm, Monday - Friday

Salvation Army Sioux Falls, The
900 N. Cliff Avenue, Sioux Falls, SD (605) 332-2331 sasiouxfalls.org
Emergency Food Pantry provides food assistance one time in a 30-day period. When available, personal hygiene supplies are offered. Sallie's Table serves an evening meal 6:00pm, Saturday, Sunday. Senior box program improves the health of low-income people at least 60 years of age by supplementing their diets with nutritious USDA commodity foods. Senior Neighbor Luncheon provides seniors gather together for a time of fun, food and fellowship.

Union Gospel Mission
220 N. Weber Avenue Sioux Falls, SD (605) 334-6732
Meal Served: Breakfast: 6:15am; Lunch: 12:00noon; and 8:00pm Chapel with evening meal served immediately after. Meals are served every day and open to all.

HEALTH / MEDICAL

Alpha Center
3405 S. Kiwanis Avenue, Sioux Falls, SD (605) 361-3500 www.alphacenter.org
Provides free pregnancy tests, Earn While You Learn incentive program, life skills classes, limited ultrasounds, STD testing, pregnancy options counseling, post-abortion support, and medical and community referrals.

Birthright of Sioux Falls
101 N. Indiana Avenue, Sioux Falls, SD (605) 809-8409 www.birthright.org
Provides free pregnancy testing, community resource referrals and a 24-hour confidential helpline service.

Avera Health – Sioux Falls
Avera Medical Call Center
- A 24-hour health information line. (800) 658-3535 www.aver.org
- Call for clinic information including hours, phone numbers and specialties.
Coyote Clinic - 300 N. Dakota, Suite 117 (605) 322-6800
- Provides care 5:30pm - 7:00pm, 2nd and 4th Tuesday of each month to uninsured patients over the age of 18 for any acute medical problem, STD testing, psychiatric care, and flu shots.

Birthright
Bishop Dudley Hospitality House, 101 N. Indiana Avenue (605) 809-8409 www.birthright.org
Provides free pregnancy testing, crisis pregnancy lay counseling and a 24-hour hotline service at (800) 550-4900.
Center for Family Medicine
1115 E. 20th Street, Sioux Falls, SD (605) 339-1783 www.centerforfamilymed.org
Specializes in meeting the healthcare needs of the entire family, from maternity care to senior care. Also has mental health services including individual, marital, and family therapy.

Destiny Outreach After Hours Acute Care Medical Clinic
225 E. 11th Street, 2nd Floor, Sioux Falls, SD (605) 951-8158 www.destinyclinic.com
Provides walk-in acute care for uninsured individuals of all ages. 6:00pm - 8:30pm, Thursday.

Falls Community Health (Medical and Dental Clinic)
521 N. Main Avenue, Suite 100, Sioux Falls, SD (605) 367-8793 (Medical) (605) 367-8022 (Dental) www.siouxfalls.org
A sliding fee scale family practice medical clinic with four locations and a dental clinic with emphasis on health promotion and disease prevention, mental health counseling, psychiatry services, and pharmacy assistance to clinic clients.

Health Connect of South Dakota
2011 W. 26th Street, Suite 203, Sioux Falls, SD (605) 371-1000 www.healthconnectsd.org
A consumer public health library, empowers all people to make health decisions by providing current understandable information.

Heartland Health Resource Center - Ryan White Part B and HIV Prevention Services
2500 W. 49th Street, Suite 103, Sioux Falls, SD (605) 271-4813 www.heartlandhealthsd.org
Program provides services to HIV positive individuals who reside in the State of South Dakota including Aids Drug Assistance Program (ADAP), assistance with health care costs, and insurance enrollment and premium payments as well as one on one case management/counseling services.

LifeScape Children's Specialty Hospital
2501 W. 26th Street, Sioux Falls, SD (605) 444-9556 www.LifeScapeSD.org
South Dakota’s only pediatric inpatient rehabilitation hospital.

Lions Sight Conservation Project - Sioux Falls Downtown Lions Club
521 N. Main Avenue, Falls Community Health, Sioux Falls, SD (605) 367-8793 www.sfdowntownlions.com
Program helps provide eyeglasses and eye exams to those eligible. Many organizations help donate products and time. Falls Community Health is the entrance point for filling out paperwork and determining patient eligibility.

Minnehaha County - Office of Child and Family Services
1200 N. West Avenue, Sioux Falls, SD (605) 367-5228 www.state.sd.us
Baby Care: Works with pregnant women to offer health advice and teaching regarding their pregnancy and newborn. Bright Start: Promotes good health during pregnancy by providing counseling, education, arranging for prenatal visits, and offering referrals to other health and community resources. WIC: Works to improve the nutritional status of its participants through education and early intervention. Offers childhood immunizations and flu vaccinations to participants.

Planned Parenthood of MN/ND/SD
6511 W. 41st Street, Sioux Falls, SD (605) 361-5100 www.ppmns.org
Provides family planning, emergency contraception, pregnancy testing, gynecological services, abortion services, and sexually transmitted infection testing and treatment.

Planning Life
225 E. 11th Street, Suite 206, Sioux Falls, SD (605) 274-1558 www.planninglife.org
Offers pregnancy testing, STD information, limited ultrasound, peer counseling, information and referrals, post-abortion stress information, abstinence information, and adoption information.

Sanford Health
My Sanford Nurse (800) 445-5788
- A 24-hour phone service for individuals seeking information about a health-related issue or concern.
- Call for clinic information including hours, phone numbers and specialties.
Sanford Health Midtown Clinic
- 1205 S. Grange Avenue, MB2, Suite 301 (605) 312-8350
- Provides healthcare education and STI testing for men and women in their reproductive years. Fees based on income.
Sioux Falls VA Health Care System
2501 W. 22nd Street, Sioux Falls, SD (605) 336-3230 www.siouxfalls.va.gov
Variety of services for enrolled veterans including: Extended Care and Rehab Service Line; Primary Care and Specialty Medicine Service Line; Women’s Health Clinic; Mental Health Service Line and Surgery and Specialty Care.

South Dakota Department of Human Services - Family Support 360
3800 E. Highway 34, Pierre, SD (605) 773-3438 dhs.sd.gov
Services and supports for families of children and adults with intellectual and developmental disabilities. Services may include, but are not limited to the following: information and referral; incontinence supplies; medications; formulas/special foods; special clothing; recreational opportunities; adaptive equipment; service coordination; advocacy services; respite care; family counseling; parent/sibling education; travel expenses for medical care; transportation costs; vehicle modifications; housing modifications, etc.

South Dakota Lions Foundation
3920 S. Western Avenue, Suite 2, Sioux Falls, SD (605) 338-0551 www.sd lions.org
- KidSight South Dakota - Working to screen children for eye health. Mobile screening units are available to daycares, preschools and schools on request.
- Eyeglasses & Hearing Aid Collection - In Sioux Falls - drop locations for used hearing aids and eyeglasses are available at every Lewis store or the Foundation office.
- Specific Assistance Program - Partners with healthcare professionals to provide services at reduced rates to income-qualified individuals.

South Dakota Urban Indian Health
711 N. Lake Avenue, Sioux Falls, SD (605) 339-0420 www.sduih.org
Provides full integrated medical and primary medical health care services and is a designated PCP for Medicaid. Has behavioral health and substance use services available. Transportation available for appointments for clients only, prefer a 24-hour notice.

USD Dental Clinic
521 N. Main Avenue, Suite 202, Sioux Falls, SD (605) 367-8046 www.usd.edu/dh
Provides most dental care including exams, x-rays, cleanings, fillings, extractions, and night guards.

HOUSING AND RELATED ASSISTANCE

Fair Housing South Dakota
Statewide (877) 832-0161 www.sdhda.org
A resource for renters, potential homeowners, lenders, landlords, and other housing professionals to utilize to understand their rights and responsibilities.

HUD South Dakota
4301 W. 57th Street, Suite 101, Sioux Falls, SD (605) 330-4223 www.hud.gov
Provides information on low income (subsidized) rental units and public housing authorities via email, fax, or mail.

ICAP Minnehaha County - Housing Services
505 N. Western Avenue, Sioux Falls, SD (605) 334-2808 www.interlakescap.com
Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

Kingdom Boundaries Prison Aftercare
417 S. Summit Avenue, Sioux Falls, SD (605) 695-0048 kingdomboundaries.org
Transitional housing for up to 20 males. Program also helps anyone re-entering society after incarceration including finding employment, clothes, furniture, etc. (based on what is currently available).

LSS State Center - Housing Resource Center
705 E. 41st Street, Suite 100, Sioux Falls, SD (605) 330-9494 www.lsssd.org
Consumer Credit Counselors help individuals, couples, and families with budgeting, foreclosure prevention, and provides information for renters on rights and responsibilities, delinquent rent, tax credit referrals, and fair housing.

Marissa's Project - Call To Freedom
Sioux Falls, SD (605) 221-4857 www.calltofreedom.org
A transitional housing program serving adult women who have been impacted by sex trafficking or sexual exploitation.
SD Housing Search
Statewide  (800) 540-4241  www.sdhousingsearch.com
A free housing locator providing information on Section 8 and income based rental units.

Sioux Falls Fair Housing
224 W. 9th Street, Sioux Falls, SD  (605) 367-8745  siouxfalls.org
Provides education and awareness of fair housing issues to landlords, tenants, and general public; and to receive and investigate charges of discrimination due to race, color, national origin, religion, gender, familial status (families with children) and disability. Disability rights in housing information, including assistance animals.

Sioux Falls Housing & Redevelopment Commission - Housing Assistance Programs
630 S. Minnesota Avenue, Sioux Falls, SD  (605) 332-0704  www.siouxfallshousing.org
Does not provide one-time or immediate rental assistance. Offers various programs to assist eligible households with their rent. Assistance based on household income and size. Also, has list of low income rental units in the area.

South Dakota Housing Development Authority
Statewide  (605) 773-3181  www.sdhda.org
Provides mortgage and down payment assistance, housing construction and rehabilitation, homelessness prevention, and rental assistance.

St. Francis House
1301 E. Austin Street, Sioux Falls, SD  (605) 334-3879  www.stfrancishouse.com
Provides transitional housing, clothes, bus passes, 3 meals a day, and case management for men, women, and families.

USDA link for Rural Development Multi-Family Housing Rentals
Through the website, people who are looking for low-cost rentals, can find units for rent in rural South Dakota. Search based on county or town. Then, contact the property company regarding how to apply. To find apartments in rural areas: 1. Go to: https://www.rd.usda.gov 2. Scroll down on left hand side, it says, find rural rentals 3. Then click on South Dakota 4. Then, select your County

VOA Veterans Per Diem
1113 E. 14th Street, Sioux Falls, SD  (605) 274-1540  www.voa-dakotas.org
Works to house eligible veterans (Homeless and at risk veterans and families) in community-based housing. Services provided include: assistance with rent; furniture; utilities; food and coordination with community resources.

IMMIGRATION / REFUGEE RESOURCES

African Community Center of Sioux Falls
301 South Garfield Avenue, Suite 6E, Sioux Falls, SD  (605) 214-5350
Helping ease the transition of African immigrants to their new environment with: advocacy; information regarding social services; educational support; application assistance and an afterschool program at Washington High.

Africans Communities United
201 N. Minnesota Avenue, Suite 101, Sioux Falls, SD  (605) 335-0023  africanscommunityunited.com
Primary goals center on assisting refugees and immigrants with self-sufficiency and cultural adjustment. Strives to bring together immigrant communities within the Sioux Falls area to help them obtain their basic needs.

LSS Sioux Falls Center for New Americans
300 E. 6th Street, Sioux Falls, SD  (605) 731-2000  www.lsssd.org
Services include case management, employment services, education services, English language training, community orientation, immigration counseling services, and information and referral.
  * Community Interpreter Service - Provides interpretation and written translation to the major languages and other minor, regional, or tribal dialects. Able to facilitate on-site interpretation, message relay, conference call, written translation, and video interpretation.

Multi-Cultural Center of Sioux Falls
515 N. Main Avenue, Sioux Falls, SD  (605) 367-7401  www.sfmcc.org
Provides experiences and service for all people to learn, celebrate, and share through our community’s cultural diversity. Programs include English classes, driver’s training for adults, job skills training, Interpretation and Translation Program, youth programs, and legal assistance.
Help at your Fingertips…

Presentation Sisters Hispanic Ministry - Caminando Juntos
617 E. 7th Street, Sioux Falls, SD (605) 274-3735
Responds to the needs of the Spanish speaking community by assisting with ESL classes, accessing health care, immigration and interpretation services, self-esteem, and parenting classes, etc. Leadership program for girls. Spanish speaking counselor on staff for assistance with family counseling, abuse situations, suicide threats, etc.

MENTAL HEALTH / SUBSTANCE USE ISSUES

Sioux Falls Mental Health Guide Dial 211 www.helplinecenter.org/SFMHG

Support groups Dial 211
12 step programs (AA, NA, GA, Al-Anon, etc); SMART Recovery; grief support groups; parenting support groups; domestic violence support groups, etc.

Avera McKennan Behavioral Health Center
4400 W. 69th Street, Suite 100, Sioux Falls, SD (605) 322-4065 www.averabeahavioralhealth.org
Program provides free assessments 24 hours a day for mental health problems to determine an appropriate level of care. Also, has triage program which offers crisis/sooner access mental health therapy sessions for patients experiencing increased mental health needs.

Carroll Institute
310 S. 1st Avenue, Sioux Falls, SD (605) 336-2556 www.carrollinstitute.org
Provides treatment services for substance abuse and co-occurring mental health symptoms including needs assessment, outpatient treatment, jail treatment, family support, halfway house, and prevention services.

Catholic Family Services
523 N. Duluth Avenue, Sioux Falls, SD (605) 988-3775 www.sfatholic.org
Provides counseling for any issue and strives to empower adults, children, couples and families to find solutions to issues in a Christian atmosphere. Also provides psychological testing and assessments, and bi-lingual counseling.

Children’s Home Society
801 N. Sycamore Avenue, Sioux Falls, SD (605) 334-6004 www.chssd.org
Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

Compass Center, The
1704 S. Cleveland Avenue, Suite 3, Sioux Falls, SD (605) 339-0116 thecompasscenter.org
Offers no cost counseling and play therapy to survivors of sexual and domestic violence. Services also include advocacy, safety planning, assistance with filing a protection order, and support group.

Glory House
4000 S. West Avenue, Sioux Falls, SD (605) 332-3273 www.glory-house.org
Transitional program provides assistance with employment, money management, recovery from substances, as well as co-occurring conditions assisting the individual in establishing and the continuation of applying these life skills.

Helpline Center - Opioid Prevention and Connection to Resources Program
1000 N. West Avenue, Suite 310, Sioux Falls, SD (800) 920-4343 www.helplinecenter.org/OCC
Hotline is part of South Dakota’s statewide targeted response to the opioid crisis. Provides a place where individuals are able to reach out for information on treatment resources and support.

Heuermann Counseling Clinic
2210 W. Brown Place, Sioux Falls, SD (605) 336-1974 www.sdfsio.org
A free counseling service that is staffed by volunteer, credentialed, licensed and experienced therapists who provide short-term counseling for uninsured people who are having temporary difficulties.

LifeScape - Therapy
1020 W. 18th Street, Sioux Falls, SD (605) 444-9700 www.lifescapecsd.org
Specialized therapy and psychology services for individuals of all ages. Free screenings for Autism (for children 4 and under), and visual challenges (for children of all ages).
LSS State Center - Counseling Services
705 E. 41st Street, Suite 100, Sioux Falls, SD (605) 444-7631 www.lsssd.org
Offers a variety of counseling services on a sliding fee scale for individuals, families, couples, or groups.

NAMI Sioux Falls
1000 N. West Avenue, Sioux Falls, SD (605) 610-7226 www.namisiouxfalls.org
Provides practical support groups, useful education, and understanding to people who are living and coping with neurobiologically-based brain diseases and to their family members. Call for information on times and locations.

Prairie View Prevention Services, Inc. - Student Assistance and Family Education
822 E. 41st Street, Suite 235, Sioux Falls, SD (605) 331-5724 www.prairieview.net
School-based alcohol and drug prevention and intervention counseling services for students and families.

Sanford Health Psychiatry and Psychology Clinic
2400 W. 49th Street, Sioux Falls, SD (605) 312-8700 www.sanfordhealth.org
Individualized treatment including psychiatric and psychological evaluations, individual, couple, and/or family therapy.

Sioux Falls VA Health Care System - Mental Health Service Line
22nd Street, Sioux Falls, SD (605) 336-3230 www.southernbd.va.gov
Services include outpatient mental health, psychiatry services, addiction treatment program, and Post Traumatic Stress (PTSD) services.

South Dakota QuitLine
Statewide (866) 737-8487 www.sdquitline.com
Provides tobacco users telephone coaching support and quit-tobacco products at no-cost. There is also an online enrollment in the Kickstart Kit, which has quit-tobacco products and a self-help quit guide.

South Dakota Urban Indian Health Sioux Falls - Behavioral Health and Substance Abuse Services
711 N. Lake Avenue, Sioux Falls, SD (605) 339-0420 www.sduih.org
Individual, couples, and family behavioral health counseling for all ages. Chemical dependency/substance abuse assessments and individual substance abuse counseling (Level 1.0) available for adults and youth.

Tallgrass Recovery and Sober Living Homes
27048 Tallgrass Avenue, Sioux Falls, SD (605) 368-5559 www.tallgrassrecovery.org
Residential campus and sober living homes utilizing an alcoholics anonymous approach.

Southeastern Behavioral HealthCare - Counseling and Children’s Services
2000 S. Summit Avenue, Sioux Falls, SD (605) 336-0510 southeasternbh.org
Incorporating counseling, case management, and family support services, with the goal of assisting in the development of a nurturing and stable family environment in which children may grow.

VOA Counseling, Addiction and Prevention Services
1310 W. 51st Street, Sioux Falls, SD (605) 334-1414 www.voa-dakotas.org
A full continuum of mental health and substance use services for youth (ages 12 - 18, including pregnant teens) and adults, includes assessments, individual and family counseling, intensive outpatient treatment, inpatient treatment, transitional care, and aftercare counseling for adults and adolescents.

PUBLIC SAFETY

911 Dispatch - Metro Communications Agency
500 N. Minnesota Avenue, Sioux Falls, SD (605) 367-7000 www.911metro.org
The Consolidated Public Safety Answering Point (PSAP) for Minnehaha County and the City of Sioux Falls providing 911 and public safety dispatch services. Assesses the emergency situation and then dispatches appropriate responding agencies including; police, sheriff, fire, ambulance services, and or highway patrol.

City of Sioux Falls Police Department - Information Desk
320 W. 4th Street, Sioux Falls, SD (605) 367-7212 www.siouxfalls.org
This office answers a wide variety of questions including questions about bike permits; peddler/mobile food licensing; Community Resource Officers; Citizen's Police Academy; New Immigrant Citizen Education and Neighborhood Watch.
**Help at your Fingertips…**

**Dial: 2-1-1**

---

**Need to report child abuse? DSS Child Protection Services**
To report abuse or neglect, during regular business hours dial (877) 244-0864. After business hours, contact local law enforcement.
Investigates child abuse and neglect cases by working with the State’s Attorney, law enforcement, and community resources to determine extent of alleged child abuse or neglect. Other services include adoptions, licensing of foster homes, assessment services, case management, and intensive family services.

**Highway Patrol - District 2**
5316 W. 60th Street N, Sioux Falls, SD  (605) 367-5700 [dps.sd.gov](http://dps.sd.gov)
Enables local/state agencies and non-profit organizations to develop and implement traffic safety programs designed to reduce the number of traffic crashes, injuries, and fatalities occurring on South Dakota roadways. Also works to minimize, as much as realistically possible, the economic and human loss that results from traffic crashes.

**Need to report elder abuse? Long Term Services and Supports - Sioux Falls**
811 E. 10th Street, Department 4, Sioux Falls, SD  (833) 663-9673 [dakotaathome.org](http://dakotaathome.org)
Elder abuse reporting # during regular business hours. After hours, contact local law enforcement. Provides information and referrals regarding services for those who are elderly and for adults with disabilities. Formerly known as Adult Services and Aging.

**Minnehaha County Sheriff**
320 W. 4th Street, Sioux Falls, SD  (605) 367-4300 [www.minnehahacounty.org](http://www.minnehahacounty.org)
Protects the rights of the citizens within its jurisdiction to be free from criminal attacks, to be secure in their possessions and to live in peace. Also provides jail service; work release; Sentence to Serve programs; finger printing; petitions for involuntary mental health holds and information regarding burning bans.

---

**SHELTERS**

**Bishop Dudley Hospitality House**
101 N. Indiana Avenue, Sioux Falls, SD  (605) 809-8424 [www.bdhh.org](http://www.bdhh.org)
Emergency shelter program with separate sleeping areas for men, women, and families. Drop-in center providing laundry, showers, phone usage, personal hygiene kits, and assistance with job and housing searches.

**Children’s Inn**
409 N. Western Avenue, Sioux Falls, SD  (605) 338-4880 [www.chssd.org](http://www.chssd.org)
Emergency shelter and crisis intervention program for victims of domestic abuse, sexual assault, stalking, and child abuse and neglect. Services include crisis intervention, counseling, case management, support groups, court advocacy, medical outreach, and parenting classes.

**LSS Sioux Falls Arise Youth Center East**
621 E. Presentation Street, Sioux Falls, SD  (605) 221-2346 [www.lsssd.org](http://www.lsssd.org)
Temporary care alternative for youth, services include identifying assistance programs and court system collaboration.

**Union Gospel Mission**
[www.ugmsf.org](http://www.ugmsf.org)

Men’s Center: 220 N. Weber Avenue  (605) 357-8271
Woman’s Center: 701 E. 8th Street  (605) 334-6732
Temporary shelter for homeless men, women, and children. Offers spiritual counseling, clothing, youth programs and 3 meals a day with Chapel after dinner.

**VOA Berakhah House**
400 N. Western Avenue, Sioux Falls, SD  (605) 332-4017 [www.voa-dakotas.org](http://www.voa-dakotas.org)
Provides short-term emergency housing and supportive services to homeless veterans in a safe, secure, and respectful environment designed to enhance individual growth, employment options, finance, and housing opportunities. Must be referred by a VA case manager who has determined eligibility.

**VOA Veterans Services Center**
1113 E. 14th Street  (605) 274-1540 [www.voa-dakotas.org](http://www.voa-dakotas.org)
Drop in facility for veterans and their families experience homelessness. Providing laundry facility, showers and bathrooms, computer access for job searches and resume preparation, VA referrals, and snacks. Hours: 9:00am - 4:30pm, Monday - Friday.
TRANSPORTATION

**Active Generations - Workers on Wheels (WOW)**
2300 W. 46th Street, Active Generations, Sioux Falls, SD  (605) 333-3317  activegenerations.org
Provides elderly individuals with planned medical and grocery shopping transportation (10-day notice needed).

**Calvary Cathedral**
500 S. Main Avenue  (605) 336-3486
Offers limited gas assistance once every 3 months at the most. Please call ahead to ensure eligibility and availability of assistance.

**Disabled American Veterans - VA Transportation Network, South Dakota**
2501 W. 22nd Street, Sioux Falls VA Medical Center, Sioux Falls, SD  (605) 336-3230, Ext. 96551  www.dav.org
Provides free transportation to the men and women who answered our country's call in time of war. Volunteers drive veterans to and from the VA Hospital, clinics, and the VA Regional Office.

**Center of Hope**
225 E. 11th Street, Suite 101, Sioux Falls, SD  (605) 334-9789  www.centerofhopesf.org
Bikes for work at minimal cost. The bike shop, with free bike repair assistance is open 9:00am - 4:30pm, Tuesday, Wednesday, Friday and 10:00am - 4:30pm, Thursdays.

**Pass-It-On**
(605) 367-4217
At various locations, local bus passes are provided. Sponsored by the City of Sioux Falls and administered by Minnehaha County Human Services.

**Project C.A.R.**
327 S. Dakota Avenue, Sioux Falls, SD  (605) 332-2777
Provides safe transportation for elderly riders going to specific sponsor activities with a referral from a partner agency.

**Sioux Area Metro (SAM)**
120 E. 11th Street  (605) 367-7151
Provides a fixed route transit service for the general public. Most routes are available from 5:40am – 8:45pm, Monday - Friday and 7:40am - 6:45pm, Saturday. Single ride fare: $1.50 adult; $.75 for children ages 6-10, seniors, and eligible disabled individuals. Veterans ride for free with identification.

Paratransit - SAM  (605) 367-7613
Scheduled curb-to-curb transportation within a defined service area for individuals who are unable to use the fixed-route system because of a disability.

**Sioux Empire Wheels to Work**
(605) 941-4318
Assists single parent families who are in the process of becoming independent wage earners and who have a transportation issue which cannot be address with public transportation.

Please contact the Helpline Center to inquire on listing your organization or make changes to your listing.