



**Photo (L to R): Kerry Thomas, MetaBank; Barb Ebeling, Helpline Center; Jeff Goff, January Volunteer of the Month; Jami Gates, Big Brothers Big Sisters of the Sioux Empire; Leanne Williams, Big Brothers Big Sisters of the Sioux Empire; Jessica Wulf, Big Brothers Big Sisters of the Sioux Empire**

### **January Volunteer of the Month Celebrated**

The Helpline Center congratulates Jeff Goff on being named the January 2017 Volunteer of the Month, an area-wide award program sponsored by the Helpline Center and MetaBank.

Jeff Goff is a Big Brother through Big Brothers Big Sisters of the Sioux Empire. He volunteers not only his time but his guidance, love and support to a young man in the Sioux Empire. During Jeff's time with his Little Brother Tristen, they participate in various activities in the community as well as spend one-to-one time discussing life, school and goals.

Jeff has been a Big Brother with Big Brothers Big Sisters of the Sioux Empire since 2009. He has successfully been matched with his Little Brother Tristen, for over 7 years. Big Brother Jeff diligently keeps up with the requirements from Big Brothers Big Sisters of the Sioux Empire and meets with his Little Brother at least twice a month, spending at least 4 hours a month together and maintains contact weekly.

Big Brother Jeff has dedicated many years to being a positive adult role-model for Little Brother Tristen and throughout those years substantial progress has been made in his life. Little Brother Tristen had a rocky start to life and after being matched with Big Brother Jeff,

they worked together to build confidence and improve in school. With this new found confidence Little Brother Tristen has been involved in band, choir, and Native American connections over the years. He is now an avid reader and writer and excels in the subjects. Big Brother Jeff encourages this and is hoping to see Little Brother Tristen go to college to become a writer in the future.

For information on volunteer opportunities please call the Helpline Center at 211 or visit [www.helplinecenter.org](http://www.helplinecenter.org).