



Public Service Announcement

June 27, 2017

Contact: Lynn Taylor Rick

Contact Number: Dial 211 or (605) 274-1429

For Immediate Release

**Helpline Center & Black Hills Urgent Care name
July Volunteer of the Month**

RAPID CITY - The Helpline Center and Black Hills Urgent Care are pleased to announce that Robyn Opstedahl has been named the July 2017 Volunteer of the Month.

The Volunteer of the Month program is sponsored by the Helpline Center and Black Hills Urgent Care, a division of Black Hills Surgical Hospital. Volunteer of the Month recognizes outstanding individuals who make the community stronger through volunteerism.

Opstedahl was nominated by the Hope Center, where she goes above and beyond to support the mission of the organization while mentoring those living in poverty.

At the Hope Center, Opstedahl helps the staff with handing out hygiene kits and household items, but she also writes grants and actively spreads the word in the community about the work of the Hope Center. She also mentors those being served by the Hope Center, building relationships and helping to guide people to a better life.

"Robyn has been a blessing to the Hope Center and to those she mentors," wrote Roxanne Andre, from Hope Center. "Robyn gives 100 percent to our program."

Helpline Center and Black Hills Urgent Care presented Opstedahl with a framed certificate and Helpline Center T-shirt, gifts from Black Hills Urgent Care and a letter of appreciation from Rapid City Mayor Steve Allender. The Helpline Center will also recognize Opstedahl at the Spirit of Volunteerism Awards banquet on Tuesday, May 15, 2018, at the Best Western Ramkota/Minervas.

For information on volunteer opportunities, please call the Helpline Center at 211 or visit www.helplinecenter.org



Pictured are Roxanna Andre of the Hope Center; Robyn Opstedahl, July Volunteer of the Month; Opstedahl's grandson, Brayden Estrup-Konst; Jon Michaels of Black Hills Surgical Hospital; and Lynn Taylor Rick of the Helpline Center. Brayden volunteers with his grandmother at the Hope Center every Tuesday.