Edible Playdough



Volunteers can purchase ingredients and create edible playdough kits for fun leisure activities for children with disabilities. Please do NOT mix and assemble.

Do It yourself Projects

DOUG

ITEMS NEEDED:

- 1. Ziploc bags sandwich size
- 2. 1/2 c. White Rice Flour
- 3. 1/2 c. Cornstarch
- 4. 1/2 c. Salt
- 5. 2 tsp Cream of Tartar
- 6. 1 c. Water (this can be left out)
- 7. 1 tsp Cooking Oil
- 8. Juice Mix Powder (Kool-Aid)
- 9. Small postcard or notecard for
- instructions.

Delivery

Once completed, the projects can be dropped off or mailed to area nonprofits. If you need information on what agencies will accept the projects, please contact the Helpline Center by calling 211 or email vol@helplinecenter.org.

More information can be found at www.helplinecenter.org/div.

<u>Share your Experience!</u>

Post your photos of your completed projects via our social media pages! **#DIYVOLSD** @HelplineCenter





- 1. Place Ingredients each in own Ziploc snack/sandwich baggie.
 - Label each bag with contents of • ingredients

2. Include a notecard with instructions on how to mix all items together & add 1 c. water, kneed all ingredients together until mixed well & becomes playdough!

> Keep playdough up to a week in • Ziploc bag or air tight container

3. Package all items together in a colorful container or decorated bag. Label EDIBLE PLAYDOUGH KIT.

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