

First Aid Kit

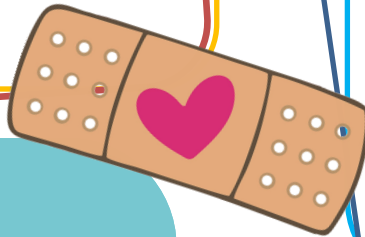
Everything your recipient needs in case of emergency. These kits would be great to hand out at homeless shelters, food pantries, schools, churches, etc.



Do It Yourself Projects

WHAT TO DO:

- 1) Collect all your items
- 2) Get cute box, bag or jar to place items in
- 3) Decorate and label box/bag
- 4) Fill bag/box with items and seal



Delivery

Once completed, the projects can be dropped off or mailed to area non-profits. If you need information on what agencies will accept the projects, please contact the Helpline Center by calling 211 or email vol@helplinecenter.org.

More information can be found at www.helplinecenter.org/diy.

Share your Experience!

Post your photos of your completed projects via our social media pages! #DIYVOLSD @HelplineCenter



Supply Ideas

- ♦ Rubber Gloves
- ♦ Band-Aids
- ♦ Antibiotic Ointment
- ♦ Pain Reliever (aspirin, Tylenol)
- ♦ Gauze, cotton balls, q-tips
- ♦ Alcohol wipes
- ♦ Anti itch ointment
- ♦ Tweezers



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