First Aid Kit

Everything your recipient needs in case of emergency. These kits would be great to hand out at homeless shelters, food pantries, schools, churches, etc.

WHAT TO DO:
1) Collect all your items
2) Get cute box, bag or jar to place items in
3) Decorate and label box/bag
4) Fill bag/box with items and seal

Delivery
Once completed, the projects can be dropped off or mailed to area non-profits. If you need information on what agencies will accept the projects, please contact the Helpline Center by calling 211 or email vol@helplinecenter.org.

More information can be found at www.helplinecenter.org/diy.

Supply Ideas
- Rubber Gloves
- Band-Aids
- Antibiotic Ointment
- Pain Reliever (aspirin, Tylenol)
- Gauze, cotton balls, q-tips
- Alcohol wipes
- Anti itch ointment
- Tweezers

Share your Experience!
Post your photos of your completed projects via our social media pages! #DIYVOLSD @HelplineCenter