

# Foster Care Kit

Families who foster at-risk children face many challenges, so these kits provide much-needed items to help with a successful transition. This is a list of suggested items, but there are so many things that could be included to help a child in foster care!



## Do It Yourself Projects

### Suggested Ideas

- ◆ Start with a duffle bag or backpack. Most children in foster care transition from placement to placement with their belongings in a trash bag.
- ◆ Create kits and label them for specific age groups, such as infants, toddlers, young children, teens, etc. and include travel-sized toiletries and grooming items.
- ◆ Toys and comfort items to lessen anxiety such as fidget-spinners, squishy stress balls, puzzle books, stuffed animals, a small pkg. of candy, or an encouraging note, to name a few.
- ◆ A bright pillowcase and a blanket that can be theirs to keep and give them a sense of familiarity wherever they are.
- ◆ Season-appropriate items such as hats, gloves, a beach towel, etc.



### Delivery

Suggested recipients in your community include local county social service offices that are responsible for placing children in foster care. Family visitation centers where foster parents bring the children to visit family are also good choices.

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