Help is 3 Numbers Away

211 maintains a comprehensive database of community resources and provides information and referrals for essential needs like:
- Food
- Housing and Shelter
- Utility Assistance
- Healthcare Services
- Government Services

211 also can connect people with information and referrals for:
- Transportation
- Legal Services
- Support Groups
- Disaster Aftercare

988 provides crisis support for:
- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress

911 provides first responder dispatch for:
- Medical Emergency
- Fire
- Reporting a Crime
- Disaster Response
- Life Threatening Situation

211 SUICIDE & CRISIS LIFELINE
2.1.1