

# Chemo/Dialysis Care Kit

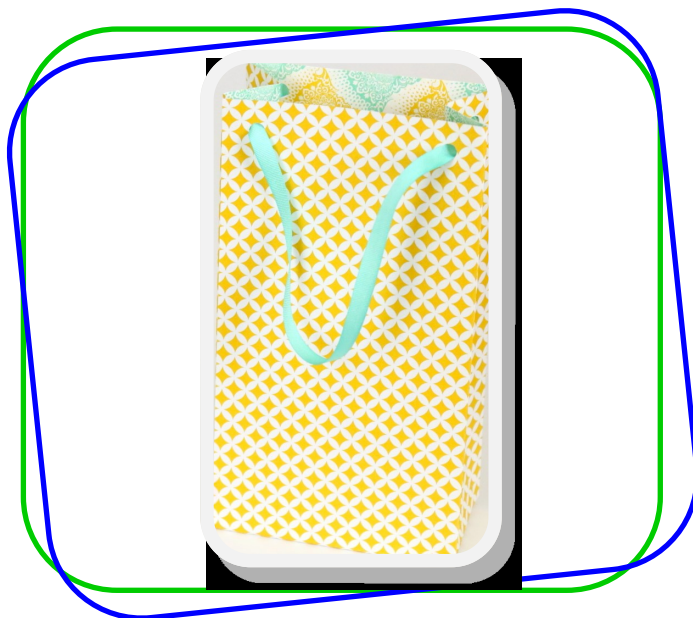


## Do It Yourself Projects

Chemotherapy and Dialysis is a long, difficult treatment for individuals. Let others know you are thinking about them. Simple care packages can offer encouragement and make patients feel supported in their treatment journey.

### WHAT TO DO:

- 1) Purchase items listed above (try the Dollar Store)
- 2) Pack items into bag
- 3) Write a note of encouragement and add to care kit



### Delivery

Once completed, the projects can be dropped off or mailed to area nonprofits. If you need information on what agencies will accept the projects, please contact the Helpline Center by calling 211 or email [vol@helplinecenter.org](mailto:vol@helplinecenter.org).

More information can be found at [www.helplinecenter.org/diy](http://www.helplinecenter.org/diy).

### Share your Experience!

Post your photos of your completed projects via our social media pages!  
#DIYVOLSD @HelplineCenter



### Supplies & Ideas

- ◆ Bag, reusable or disposable
- ◆ Lip balm
- ◆ Hand sanitizer
- ◆ Hard candy—ginger, citrus, or peppermint
- ◆ Puzzle book (crossword, Sudoku)
- ◆ Scarf, hat, or a pair of socks
- ◆ A note of encouragement

