Chemotherapy and Dialysis care kits are given to patients going through long, difficult treatment. Simple care packages can offer encouragement and support during their treatment journey.

**WHAT TO DO:**
1) Purchase items listed above (try the Dollar Store)
2) Pack items into bag
3) Write a note of encouragement and add to care kit

**Delivery**
Once completed, the projects can be dropped off or mailed to area nonprofits. If you need information on what agencies will accept the projects, please contact the Helpline Center by calling 211 or email vol@helplinecenter.org.

More information can be found at www.helplinecenter.org/diy.

**Share your Experience!**
Post your photos of your completed projects via our social media pages!
#DIYVOLSD @HelplineCenter

**Supplies & Ideas**
- Bag, reusable or disposable
- Lip balm
- Hand sanitizer
- Hard candy—ginger, citrus, or peppermint
- Puzzle book (crossword, Sudoku)
- Scarf, hat, or a pair of socks
- A note of encouragement

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Chemo/Dialysis Care Kit