

Patient Care Kit

Put together a bag or box of goodies to help bring a smile to those who are sick or injured while in the hospital, health facility or recently back at home.



Do It Yourself Projects

WHAT TO DO:

- 1) Collect all your materials
- 2) Find a box or cheerful gift bag to put them in
- 3) Fill with goodies
- 4) Add a Get Well or Cheerful note

Delivery

Once completed, the projects can be dropped off or mailed to area nonprofits. If you need information on what agencies will accept the projects, please contact the Helpline Center by calling 211 or email vol@helplinecenter.org.

More information can be found at www.helplinecenter.org/diy.

Share your Experience!

Post your photos of your completed projects via our social media pages!
#DIYVOLSD @HelplineCenter



Supply Ideas

- ◆ A warm cozy blanket
- ◆ Activity book or puzzle to stimulate the mind and pass the time with
- ◆ A pen, crayons, or markers
- ◆ Toothbrush & toothpaste
- ◆ Hand sanitizer
- ◆ Tissues
- ◆ Reusable water bottle
- ◆ Hand lotion
- ◆ Snacks/Candy/Goodies

