

Basic Needs Resource Guide

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Employment

Counseling Services offered at Breakthrough Psychological Services

125 Railroad Avenue S.E., Suite 1, Aberdeen, SD 57401

Website: www.breakthroughpsychservices.com **Email:** info@breakthroughpsychservices.com

Hours: 8:00am - 5:00pm (CT), Monday - Friday Other times by appointment

Phone: 605-725-5505

Eligibility: Open to all

Coverage Area: Aberdeen area

Services that are offered are Professional Counseling, Psychological Assessment, and Parenting Coordination.

Services and Support offered at South Dakota Deaf Resource & Outreach Programs

14 S. Main Street, Suite 305, Aberdeen, SD 57401

Website: sddrop.org **Email:** Programs@sddrop.org

Hours: 10:00am - 3:00pm (CT), Monday - Thursday, other hours by appointment

Phone: 605-626-2668

Eligibility: Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

Coverage Area: South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

Mental Health Services offered at Northeastern Mental Health Center

14 S. Main Street, Suite 1E, Aberdeen, SD 57401

Website: www.nemhc.org **Email:** info@nemhc.org

Hours: 8:00am - 5:00pm (CT), Monday - Friday Evening appointments available and evening groups

Phone: 605-225-1010

Eligibility: Open to all/no age range

Coverage Area: Counties of Brown, Campbell, Day, Edmunds, Faulk, McPherson, Marshall, Spink, and Walworth

Provides individual, couple, family and group therapy. Substance use disorder evaluation and treatment. Psychiatric services for individuals 18 years and older including assessments and medication management. Psychological assessments, EAP (Employee Assistance Program) services.

Service to the Blind and Visually Impaired - Aberdeen offered at South Dakota Department of Human Services

1707 4th Avenue S.E., Suite A, Aberdeen, SD 57401

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-626-2395

Eligibility: Must be blind, low vision, or visually impaired and plan to obtain or retain employment.

Coverage Area: Counties of Beadle, Brown, Campbell, Clark, Codington, Corson, Day, Deuel, Edmunds, Faulk, Grant, Hamlin, Hand, Hyde, Marshall, McPherson, Potter, Roberts, Spink and Walworth

State agency that works with individuals who are blind and or visually impaired in the area of employment and independent living.

Rehabilitation Services - Aberdeen Office offered at South Dakota Department of Human Services

1707 4th Avenue, S.E. Suite A, Aberdeen, SD 57401

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-626-2398

Eligibility: Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

Coverage Area: Counties of Brown, Campbell, Corson, Day, Edmunds, Faulk, Marshall, McPherson, Potter, Roberts, Spink, and Walworth

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

Education and Employment Training offered at Cornerstones Career Learning Center, Inc

640 9th Avenue S.W., Suite 100, Aberdeen, SD 57401

Website: www.cornerstonescareer.com **Email:** admin@cornerstonescareer.com

Hours: 8:00am - 5:00pm (CT), Monday - Thursday. Online programming available 24 hours a day / 7 days a week

Phone: 605-622-0010

Eligibility: Individuals 18 and older

Coverage Area: Counties of Beadle, Brown, Clay, Davison, and Yankton.

Provides English Language classes and GED preparation courses.

Disability Support Services offered at Aspire, Inc.

607 N. 4th Street, Aberdeen, SD 57401

Hours: 8:00am - 4:30pm (CT), Monday - Friday

Phone: 605-229-0263

Eligibility: Adults with intellectual disabilities

Coverage Area: Counties of Brown, Day, Marshall, Edmunds, Walworth, Potter, Campbell, McPherson, and Spink

Provides comprehensive supports (i.e. supported employment, residential, community engagement, adult day services, representative payee services, etc.) for adults with intellectual/developmental disabilities.

Job Service Office offered at South Dakota Department of Labor and Regulation

420 S. Roosevelt Street, Aberdeen, SD 57401

Hours: 8:00am - 5:00pm (CT), Monday - Friday Appointment only - call or email to schedule

Phone: 605-626-2340

Eligibility: Call for information

Coverage Area: Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Mental Health Services offered at Northeastern Mental Health Center

1005 1st Street, Redfield, SD 57469

Website: www.nemhc.org **Email:** info@nemhc.org

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-472-3282

Eligibility: Open to all/no age range

Coverage Area: Counties of Brown, Campbell, Day, Edmunds, Faulk, McPherson, Marshall, Spink, and Walworth

Provides individual, couple, family and group therapy. Substance use disorder evaluation and treatment. Psychiatric services for individuals 18 years and older including assessments and medication management. Psychological assessments, EAP (Employee Assistance Program) services.

Mental Health Services offered at Northeastern Mental Health Center

101 W. 11th Avenue, Webster, SD 57274

Website: www.nemhc.org **Email:** info@nemhc.org

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-345-3146

Eligibility: Open to all/no age range

Coverage Area: Counties of Brown, Campbell, Day, Edmunds, Faulk, McPherson, Marshall, Spink, and Walworth
Provides individual, couple, family and group therapy. Substance use disorder evaluation and treatment. Psychiatric services for individuals 18 years and older including assessments and medication management. Psychological assessments, EAP (Employee Assistance Program) services.

Job Service Office offered at South Dakota Department of Labor and Regulation

2001 9th Avenue S.W., Suite 200, Watertown, SD 57201

Hours: 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

Phone: 605-882-5131

Eligibility: Call for information

Coverage Area: Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Education and Employment Training offered at Cornerstones Career Learning Center, Inc

33 3rd Street S.E., Suite 301, Huron, SD 57350

Website: www.cornerstonescareer.com **Email:** admin@cornerstonescareer.com

Hours: Office hours: 8:00am - 5:00pm (CT), Monday - Thursday By appointment after 5:00 and on Fridays. Online GED prep classes available 24 hours a day / 7 days a week

Phone: 605-353-7175

Eligibility: Individuals 18 and older

Coverage Area: Counties of Beadle, Brown, Clay, Davison, and Yankton.

Provides English Language classes and GED preparation courses.

Job Service Office offered at South Dakota Department of Labor and Regulation

1000 18th Street S.W., Suite 5, Huron, SD 57350

Hours: 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

Phone: 605-353-7155

Eligibility: Call for information

Coverage Area: Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

National Farmworker Jobs Program offered at Black Hills Special Services Cooperative

221 S. Central Avenue, Suite 33, Pierre, SD 57501

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-494-3608

Eligibility: Individuals and families who have done any farm or ranch work in the last 2 years

Coverage Area: South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

Job Service Office offered at South Dakota Department of Labor and Regulation

116 W. Missouri Avenue, Pierre, SD 57501

Hours: 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule.

Phone: 605-773-3372

Eligibility: Call for information

Coverage Area: Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Job Service Office offered at South Dakota Department of Labor and Regulation

1321 N. Main Street, Mitchell, SD 57301

Hours: 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule

Phone: 605-995-8060

Eligibility: Call for information

Coverage Area: Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Education and Employment Training offered at Cornerstones Career Learning Center, Inc

1315 N. Main, Suite 102, Mitchell, SD 57301

Website: www.cornerstonescareer.com **Email:** admin@cornerstonescareer.com

Hours: Office hours: 8:00am - 5:00pm (CT), Monday - Thursday By appointment after 5:00 and on Fridays. Online GED prep classes available 24 hours a day / 7 days a week

Phone: 605-995-8927

Eligibility: Individuals 18 and older

Coverage Area: Counties of Beadle, Brown, Clay, Davison, and Yankton.

Provides English Language classes and GED preparation courses.

Education and Integration Services offered at Southeastern Behavioral Healthcare

500 E. 54th Street N., Sioux Falls, SD 57104

Hours: Special Education and Adult Day services: 9:00am - 3:00pm (CT), Monday - Friday

Phone: 605-335-8956

Eligibility: Individuals must have a diagnosis of a developmental disability to access HCBS Funding. Children or adults who do not meet HCBS funding criteria can receive services if there is another funding source such as a local school district.

Coverage Area: South Dakota. Can serve individuals from other states if funding is available and the referring state is willing to accept South Dakota program standards.

Provides services and supports to children and adults with developmental disabilities by providing support, skills and encouragement needed to achieve hopeful and successful futures.

Services provided to program participants include:

- Special education
- Adult day programs
- Vocational programs
- Home-based instruction
- Residential living facilities
- Consultations
- Psychiatric services
- Medication management
- Counseling
- Transition Program

South Dakota Rehabilitation Center for the Blind offered at South Dakota Department of Human Services

2900 W. 11th Street, Suite 101, Ste 101, Sioux Falls, SD 57104

Hours: 8:00am - 4:30pm (CT), Monday - Friday

Phone: 605-367-5260

Eligibility: Individuals who have a vision loss creating difficulty for them at home or work. Individuals are referred by a rehabilitation counselor or teacher.

Coverage Area: South Dakota

The SD Rehabilitation Center for the Blind assist individuals to learn how low vision or non-sighted skills can enhance to improve independence.

Sioux Council Youth Programs offered at Boy Scouts of America

800 N. West Avenue, Sioux Falls, SD 57104

Website: www.siouxcouncil.org **Email:** sioux.council@scouting.org

Hours: 10:00am - 5:30pm (CT), Monday - Friday 10:00am - 2:00pm (CT), Saturday **Closed daily from 1:30pm - 2:00pm (CT)

Phone: 605-361-2697

Eligibility: Vary by program, call for information or visit website.

Coverage Area: East River South Dakota

Visit www.beascout.org for local membership information.

Job Service Office offered at South Dakota Department of Labor and Regulation

811 E. 10th Street, Sioux Falls, SD 57103

Hours: 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

Phone: 605-367-5300

Eligibility: Call for information

Coverage Area: Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Post-High School and Therapy Services offered at Teachwell Solutions

715 E. 14th Street, Sioux Falls, SD 57104

Website: <http://teachwell.org> **Email:** info@teachwell.org

Hours: 7:30am - 4:00pm (CT), Monday - Friday

Phone: 605-367-7680

Eligibility: Referral required

Coverage Area: South Dakota

Provides employment and independent living skills to young adults, ages 18-21, with disabilities who require assistance and support while pursuing transition goals and objectives. Job and Career Development - offers a number of supports to career-bound high school students and adults seeking employment.

Services and Support offered at South Dakota Deaf Resource & Outreach Programs

524 N. Sycamore Avenue, Suite 2, Sioux Falls, SD 57110

Website: sddrop.org **Email:** Programs@sddrop.org

Hours: 11:30am - 4:00pm (CT), Monday - Thursday, other hours by appointment

Phone: 605-362-2618

Eligibility: Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

Coverage Area: South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

Liaison Services offered at South Dakota Network Against Family Violence and Sexual Assault

2520 E. River Ridge Place, Suite 200, Sioux Falls, SD 57103

Hours: Call for information

Phone: 800-670-3989

Eligibility: Individuals with a disability, who have been sexually assaulted

Coverage Area: South Dakota

Types of services provided:

- Case management
- Civil legal advocacy (protection orders, accompanying to court hearings)
- Civil legal assistance (provided by attorney or paralegal)
- Criminal justice advocacy/ court accompanying
- Crisis intervention
- Employment assistance (job training, coaching, supported or sheltered employment)
- Forensic exam assistance (provided by nurse or forensic examiner)
- Hospital/clinic accompanying
- Language services (interpreters and translators)
- Long term Care (assist with connecting to services for daily needs)
- Peer Support connections
- Personal Planning (assist victim/ survivor with goal-setting and develop plans to accomplish)
- Respite (connect to short term care to victim/survivor to relieve primary caregiver)
- Transportation
- Victim/Survivor advocacy (actions designed to assist victim/survivor in obtaining support, resources or services, including housing, employment shelter services, health care, victim's compensation, etc.)

National Farmworker Jobs Program offered at Black Hills Special Services Cooperative

5301 S Sycamore Avenue, Sioux Falls, SD 57108

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-610-4981

Eligibility: Individuals and families who have done any farm or ranch work in the last 2 years

Coverage Area: South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

Job Service Office offered at South Dakota Department of Labor and Regulation

3113 Spruce Street, Suite 124, Yankton, SD 57078

Hours: 8:00am - 5:00pm (CT), Monday - Wednesday, and Friday 9:00am - 5:00pm (CT), Thursday Walk-ins welcome, appointment preferred.

Phone: 605-668-2900

Eligibility: Call for information

Coverage Area: Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Education and Employment Training offered at Cornerstones Career Learning Center, Inc

610 W. 23rd Street, Suite 1, Yankton, SD 57078

Website: www.cornerstonescareer.com **Email:** admin@cornerstonescareer.com

Hours: Hours vary based on class schedules. Please call, text, or email to schedule an appointment. Online programming available 24 hours a day / 7 days a week

Phone: 605-668-2920

Eligibility: Individuals 18 and older

Coverage Area: Counties of Beadle, Brown, Clay, Davison, and Yankton.

Provides English Language classes and GED preparation courses.

Job Service Office offered at South Dakota Department of Labor and Regulation

904 E. Cherry Street, Vermillion, SD 57069

Hours: 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule

Phone: 605-677-6900

Eligibility: Call for information

Coverage Area: Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Education and Employment Training offered at Cornerstones Career Learning Center, Inc

9 Court Street, Vermillion, SD 57069

Website: www.cornerstonescareer.com **Email:** admin@cornerstonescareer.com

Hours: Call for information. Online programming available 24 hours a day / 7 days a week.

Phone: 605-677-6912

Eligibility: Individuals 18 and older

Coverage Area: Counties of Beadle, Brown, Clay, Davison, and Yankton.

Provides English Language classes and GED preparation courses.

Services and Support offered at South Dakota Deaf Resource & Outreach Programs

2310 N. Maple Avenue, Rapid City, SD 57701

Website: sddrop.org **Email:** Programs@sddrop.org

Hours: 8:00am - 12:00noon (MT), Monday - Friday (afternoons by appointment)

Phone: 605-394-6864

Eligibility: Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

Coverage Area: South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

Job Service Office offered at South Dakota Department of Labor and Regulation

2330 N. Maple Avenue, Suite 1, Rapid City, SD 57701

Hours: 8:00am - 5:00pm (MT), Monday - Wednesday, Friday 9:00am - 5:00pm (MT), Thursday Walk-ins welcome, appointment preferred.

Phone: 605-394-2296

Eligibility: Call for information

Coverage Area: Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

National Farmworker Jobs Program offered at Black Hills Special Services Cooperative

730 E. Watertown Street, Rapid City, SD 57701

Hours: 7:30am - 4:00pm (MT), Monday - Friday

Phone: 605-394-5120

Eligibility: Individuals and families who have done any farm or ranch work in the last 2 years

Coverage Area: South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

Liaison Services offered at South Dakota Network Against Family Violence and Sexual Assault

816 6th Street, Suite 100, Rapid City, SD 57701

Hours: Call for information.

Phone: 800-670-3989

Eligibility: Individuals with a disability, who have been sexually assaulted

Coverage Area: South Dakota

Types of services provided:

- Case management
- Civil legal advocacy (protection orders, accompanying to court hearings)
- Civil legal assistance (provided by attorney or paralegal)
- Criminal justice advocacy/ court accompanying
- Crisis intervention
- Employment assistance (job training, coaching, supported or sheltered employment)
- Forensic exam assistance (provided by nurse or forensic examiner)
- Hospital/clinic accompanying
- Language services (interpreters and translators)
- Long term Care (assist with connecting to services for daily needs)
- Peer Support connections
- Personal Planning (assist victim/ survivor with goal-setting and develop plans to accomplish)
- Respite (connect to short term care to victim/survivor to relieve primary caregiver)
- Transportation
- Victim/Survivor advocacy (actions designed to assist victim/survivor in obtaining support, resources or services, including housing, employment shelter services, health care, victim's compensation, etc.)

South Dakota Army National Guard Education Service Specialist offered at South Dakota Department of the Military

2823 W. Main Street, Rapid City, SD 57702

Hours: 9:00am - 5:00pm (MT), Monday - Friday

Phone: 605-737-6702

Eligibility: Visit a recruiter for specific requirements for enlistment and benefits

Coverage Area: South Dakota

Assists Guard members with higher education planning, preparation and funding.

Educational Counseling offered at SeekLearnGrow

3011 Stockade Drive, Rapid City, SD 57702

Website: www.seeklearngrow.org **Email:** Info@SeekLearnGrow.org

Hours: Virtual office. Will meet by appointment or will communicate by phone or email.

Phone: 605-939-0396

Eligibility: Our services are open primarily to adult students, military families and former foster children.

Coverage Area: South Dakota

Free educational counseling to include document retrieval, career and school research, access to testing and tutoring, help with financial aid, mentors, and community resources.

Job Service Office offered at South Dakota Department of Labor and Regulation

120 Industrial Drive, Suite 8, Spearfish, SD 57783

Hours: 8:00am - 5:00pm (MT), Monday - Wednesday, and Friday 9:00am - 5:00pm (MT), Thursday Appointment only, call or email to schedule.

Phone: 605-642-6900

Eligibility: Call for information

Coverage Area: Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Senior Community Service Employment Program offered at National Indian Council on Aging

8500 Manual Boulevard N.E., Suite B-470, Albuquerque, NM 87112

Hours: Call for information.

Phone: 505-292-2001

Eligibility: Low income people aged 55 and older

Coverage Area: Counties of: Aurora, Buffalo, Beadle, BonHomme, Brookings, Brown, Brule, Campbell, Charles Mix, Clark, Clay, Codington, Corson, Custer, Davison, Day, Dewey, Douglas, Deuel, Fall River, Faulk, Grant, Gregory, Haakon, Hamlin, Hughes, Hutchinson, Hyde, Jackson, Jerauld, Jones, Kingsbury Lake, Lawrence, Lincoln, Marshall, McCook, McPherson, Meade, Mellette, Miner, Minnehaha, Moody, Oglala, Pennington, Perkins, potter, Roberts, Sanborn, Stanley, Todd, Tuner, Union, Walworth, Yankton, Ziebach

Helps elders find work, develop new skills, new talents, and earn income by participating in a on-the-job training and employment program.

Family/Parenting/Child Care

Emergency Services offered at Salvation Army Aberdeen, The

1003 6th Avenue S.W., Aberdeen, SD 57401

Website: <https://centralusa.salvationarmy.org/aberndeenSD/> **Email:** aberndeen.caseworker@usc.salvationarmy.org

Hours: 8:30am - 4:00pm (CT) Monday, Wednesday, Friday for material assistance Case workers available for walk-ins: 9:00am - 12:00noon;2:00pm - 4:00pm (CT), Monday, Wednesday, Friday Call for information

Phone: 605-225-7410

Eligibility: Open to all

Coverage Area: Counties of Brown, Day, Edmunds, Marshall, Mcpherson and Spink

Provides assistance with food, utilities, prescriptions, rent, and other needs;as well as maintaining a thrift store featuring clothes, furniture, household items, dvds, books, small electronics, mattresses, linens, etc. For home goods vouchers, access to the food pantry and assistance applications please call for appointment.

Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program

2905 3rd Avenue, S.E., Aberdeen, SD 57401

Website: <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** sdsu.frn@sdstate.edu

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-226-5675

Eligibility: Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

Coverage Area: Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program

1057 8th Street, Pugsley Center, Room 201, Northeast Region Distributing Agency - Child & Family Resource Network, Brookings, SD 57007

Website: <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** sdsu.frn@sdstate.edu

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-688-5730

Eligibility: Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

Coverage Area: Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

Child Care Assistance offered at South Dakota Department of Social Services

700 Governors Drive, Pierre, SD 57501

Website: www.dss.sd.gov/childcare **Email:** CCS@state.sd.us

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-773-4766

Eligibility: Visit <https://dss.sd.gov/childcare/childcareassistance/eligible.aspx> or call for information

Coverage Area: South Dakota

Provides financial help for child care costs for families who are working and/or going to school.

Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program

5015 S. Western Avenue, Suite 120, Sioux Falls, SD 57108

Website: <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** sdsu.frn@sdstate.edu

Hours: 8:00am - 5:00pm (CT), Monday - Friday Please make an appointment for installation and education.

Phone: 605-312-8390

Eligibility: Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

Coverage Area: Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program

3645 Sturgis Road, Suite 110, West Region Distributing Agency - Early Childhood Connections, Rapid City, SD 57702

Website: <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** sdsu.frn@sdstate.edu

Hours: 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday Call to schedule an appointment to ensure seat availability.

Phone: 888-999-7759

Eligibility: Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

Coverage Area: Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

Vehicle Safety Hotline - National Highway Traffic Safety Administration offered at United States Department of Transportation

1200 New Jersey Avenue, S.E., Washington, DC 20590

Hours: Office Hours: 8:30am - 5:30pm (ET), Monday - Friday (excludes Federal Holidays)

Phone: 888-327-4236

Eligibility: Open to all

Coverage Area: United States

A hotline set up for individuals to report problems regarding auto safety or child safety seats. Information can be obtained about auto safety and auto recalls in the United States.

Financial

Basic Needs Services offered at Journey Home, The

420 S. Washington Street, Aberdeen, SD 57401

Website: www.journeyhomesd.org **Email:** journeyhomesd@gmail.com

Hours: 9:00am - 2:00pm (CT), Monday - Friday

Phone: 605-725-7031

Eligibility: Open to all

Coverage Area: Brown County

Provides emergency housing for adults by appointment. Provides clothing closet for adult and children, as well as financial assistance, for rent and utilities, to households who are willing to attend financial education programs. Call for an appointment. Provides a food box to those in need.

Center for Financial Resources offered at Lutheran Social Services - Southeast Region

110 6th Avenue S.E., Suite 200, Aberdeen, SD 57401

Website: <https://lsssd.org/what-we-do/center-for-financial-resources/>

Email: cccs@lsssd.org

Hours: Office hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 888-258-2227

Eligibility: Open to anyone seeking help with personal finance issues

Coverage Area: Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education; homeownership counseling and education; debt management plans; bankruptcy counseling; and Sharpen Your Financial Focus.

Financial and Homebuying Counseling offered at Lutheran Social Services - Northeast Region

110 6th Avenue S.E., Suite 200, Aberdeen, SD 57401

Website: <https://lsssd.org/what-we-do/center-for-financial-resources/>

Email: cccs@lsssd.org

Hours: 8:00am - 5:00pm (CT), Monday - Friday, or by appointment

Phone: 888-258-2227

Eligibility: Open to anyone seeking help with personal finance issues.

Coverage Area: Counties of Beadle, Brookings, Brown, and Codington.

Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and the Sharpen Your Financial Focus program.

Flex Fund Program for Emergent Needs offered at CASSP

Aberdeen, SD 57401

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-622-5986

Eligibility: Families with child under the age of 21 (children must reside in the family home). Also, people must have exhausted all other available funds.

Coverage Area: Counties of Brown, Day, Edmunds, Marshall, McPherson, and Spink

Provides money to purchase basic, non-traditional, or community services that may not be available due to cost or other factors. This program directly meets the needs of families who find themselves facing unpredicted financial hardship.

Welfare offered at Brown County

25 Market Street, Aberdeen, SD 57401

Website: <https://brown.sd.us>

Email: WelfareOffice@browncounty.sd.gov

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-626-7125

Eligibility: 18 years and older, must meet income guidelines and a resident of Brown County

Coverage Area: Brown County

As a last resort (meaning citizens have exhausted all other options), the welfare office might be able to provide assistance as relief creates a lien and is due back to the County to be used for rent, prevention of utility shut off, emergency hospitalizations, or burial. Appointments are required.

Housing Authority offered at Aberdeen Housing Authority

310 S. Roosevelt Street, Aberdeen, SD 57401

Website: www.aberdeenhousing.com

Email: acope@aberdeenhousing.com

Hours: 10:00am - 5:00pm (CT), Monday - Thursday 10:00am - 2:30pm (CT), Friday

Phone: 605-226-2321

Eligibility: Open to all

Coverage Area: Counties of Brown, Day, Roberts, McPherson, and Marshall

Provides housing rental assistance to low-income families, seniors and disabled individuals as well as security deposit assistance.

Homeownership Education and Housing Counseling offered at GROW South Dakota

104 Ash Street E., Sisseton, SD 57262

Website: www.growsd.org **Email:** info@growsd.org
Hours: 8:00am - 4:30pm (CT), Monday - Thursday 8:00am - 12:00pm (CT), Fridays
Phone: 605-698-7654

Eligibility: Open to all prospective homeowners

Coverage Area: South Dakota

GROW South Dakota is a HUD approved Housing Counseling agency and Housing Education Resource Organization (HERO) offering individual and online education for home ownership. Also offers one on one pre-purchase, rental counseling, and financial management for homeowners.

Emergency Assistance offered at GROW South Dakota

104 Ash Street E., Sisseton, SD 57262

Website: www.growsd.org **Email:** info@growsd.org
Hours: 8:00am - 4:30pm (CT), Monday - Thursday 8:00am - 12:00pm (CT), Fridays
Phone: 605-698-7654

Eligibility: Open to income eligible individuals and families

Coverage Area: Counties of Beadle, Brown, Campbell, Day, Edmunds, Faulk, Hand, Hughes, Hyde, Marshall, McPherson, Potter, Roberts, Spink, Stanley, Sully, and Walworth.

Provides one-time emergency assistance grants to help pay for rent, utilities, or other emergency needs. Dependent on funding availability.

Center for Financial Resources offered at Lutheran Social Services - Southeast Region

33 Third Street S.E., Suite 202, Cornerstones Career Learning Center, Huron, SD 57350

Website: <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** cccs@lsssd.org
Hours: Office hours: 8:00am - 5:00pm (CT), Monday - Friday
Phone: 888-258-2227

Eligibility: Open to anyone seeking help with personal finance issues

Coverage Area: Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

Financial and Homebuying Counseling offered at Lutheran Social Services - Northeast Region

33 3rd Street S.E., Suite 202, Huron, SD 57350

Website: <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** cccs@lsssd.org
Hours: Services available by appointment.
Phone: 888-258-2227

Eligibility: Open to anyone seeking help with personal finance issues.

Coverage Area: Counties of Beadle, Brookings, Brown, and Codington.

Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and the Sharpen Your Financial Focus program.

Center for Financial Resources offered at Lutheran Social Services - Southeast Region

1424 9th Avenue S.E., Suite 7, Watertown, SD 57201

Website: <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** cccs@lsssd.org
Hours: Office hours: 8:00am - 5:00pm (CT), Monday - Friday
Phone: 888-258-2227

Eligibility: Open to anyone seeking help with personal finance issues

Coverage Area: Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

Financial and Homebuying Counseling offered at Lutheran Social Services - Northeast Region

1424 9th Avenue S.E., Watertown, SD 57201

Website: <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** cccs@lsssd.org

Hours: 8:00am - 9:00pm (CT), Monday, Wednesday 8:00am - 5:00pm (CT), Tuesday, Thursday 8:00am - 12:00noon (CT), Friday

Phone: 888-258-2227

Eligibility: Open to anyone seeking help with personal finance issues.

Coverage Area: Counties of Beadle, Brookings, Brown, and Codington.

Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and the Sharpen Your Financial Focus program.

Financial and Homebuying Counseling offered at Lutheran Social Services - Northeast Region

752 22nd Avenue, Brookings, SD 57006

Website: <https://lsssd.org/what-we-do/center-for-financial-resources/>

Email: cccs@lsssd.org

Hours: 8:00am - 5:00pm (CT), Monday - Friday, or by appointment

Phone: 888-258-2227

Eligibility: Open to anyone seeking help with personal finance issues.

Coverage Area: Counties of Beadle, Brookings, Brown, and Codington.

Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and the Sharpen Your Financial Focus program.

Center for Financial Resources offered at Lutheran Social Services - Southeast Region

752 22nd Avenue S., Brookings, SD 57006

Website: <https://lsssd.org/what-we-do/center-for-financial-resources/>

Email: cccs@lsssd.org

Hours: Office hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 888-258-2227

Eligibility: Open to anyone seeking help with personal finance issues

Coverage Area: Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

Center for Financial Resources offered at Lutheran Social Services - Southeast Region

403 N. Lawler Street, Suite 206, 2nd Floor, Mitchell, SD 57301

Website: <https://lsssd.org/what-we-do/center-for-financial-resources/>

Email: cccs@lsssd.org

Hours: By appointment

Phone: 605-330-2700

Eligibility: Open to anyone seeking help with personal finance issues

Coverage Area: Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

Small Business Assistance offered at Four Bands Community Fund, Inc.

412 S. Main Street, Eagle Butte, SD 57625

Website: www.fourbands.org **Email:** info@fourbands.org

Hours: 8:00am - 5:00pm (MT), Monday - Friday

Phone: 605-964-3687

Eligibility: Open to all potential and existing Native American owned businesses in South Dakota

Coverage Area: Counties of Dewey and Ziebach, and all potential and existing Native American owned businesses in South Dakota

Providing business training/coaching, financial empowerment coaching, and lending to potential and existing Native American owned businesses in South Dakota.

Housing Education Programs offered at Sioux Empire Housing Partnership, Inc.

200 N. Phillips Avenue, Suite 200, Sioux Falls, SD 57104

Website: www.siouxempirehousing.org **Email:** seh@siouxfalls.com

Hours: 8:00am - 5:00pm (CT), Monday - Friday Evening sessions and Saturday classes available once a month

Phone: 605-339-0942

Eligibility: Individuals interested in homeownership or rental education, financial literacy and establishing or rebuilding credit. Youth seeking financial literacy.

Coverage Area: South Dakota

Sioux Empire Housing Partnership (SEHP) offers housing education programs, such as Homebuyer & Rental Education, Financial Literacy and Debt Management, and Credit Review Services.

Housing Opportunities for People with AIDS offered at Sioux Falls Housing and Redevelopment Commission

630 S. Minnesota Avenue, Sioux Falls, SD 57104

Website: www.siouxfallshousing.org **Email:** sfhrc@siouxfallshousing.org

Hours: Main door is open from 8:00am to 5:00pm (CT) Monday - Thursday. Walk-in hours are available from 11:00am - 12:00noon (CT) Monday - Thursday for anyone to talk with a caseworker. Main door is closed on Fridays with no walk-in hours. May be available by appointment.

Phone: 605-332-0704

Eligibility: Serves persons who are diagnosed with HIV/AIDS and meet income limitations.

Coverage Area: South Dakota

Provides short or long term rental assistance and mortgage payment assistance to persons who are diagnosed with HIV/AIDS and meet income limitations.

SD Cares Rental Assistance Program offered at South Dakota Housing Development Authority

No Physical Address, Sioux Falls, SD 57105

Hours: Applications currently being accepted.

Phone: 605-339-4357

Eligibility: Must be a renter; Have income at or below 80% of AMI for respective county; Owe past due rent or utilities or unable to pay current expenses.

Coverage Area: South Dakota

Provides rental and utility assistance. Assistance provided is not a loan and does not have to be paid back. Online only application - fill this out first.

Center for Financial Resources offered at Lutheran Social Services - Southeast Region

705 E. 41st Street, Suite 100, Sioux Falls, SD 57105

Website: <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** cccs@lsssd.org

Hours: Office hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 888-258-2227

Eligibility: Open to anyone seeking help with personal finance issues

Coverage Area: Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education; homeownership counseling and education; debt management plans; bankruptcy counseling; and Sharpen Your Financial Focus.

Center for Financial Resources offered at Lutheran Social Services - Southeast Region

920 Broadway Avenue, Suite 1, Yankton, SD 57078

Website: <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** cccs@lsssd.org

Hours: 8:00am - 8:00pm (CT), Monday - Thursday 8:00am - 5:00pm (CT), Friday

Phone: 888-258-2227

Eligibility: Open to anyone seeking help with personal finance issues

Coverage Area: Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education; homeownership counseling and education; debt management plans; bankruptcy counseling; and Sharpen Your Financial Focus.

Never Give Up Hope offered at FoY Foundation, Inc.

429 Kansas City Street, Suite 2 & 16, Rapid City, SD 57701

Website: www.FoYFoundationInc.org **Email:** FoYFoundationInc@gmail.com

Hours: Website available 24 hours a day / 7 days a week Office Hours: 9:00am - 3:00pm (MT), by appointment
Phone: 605-721-7775
Eligibility: Adults 18 - 65 years old undergoing invasive major surgery to remove cancer.
Coverage Area: South Dakota
Helps adult cancer patients who need surgery with rent/mortgage payments.

Elder Angel Funds offered at Sequel Inc.

318 Mount Rushmore Road, Suite C, Rapid City, SD 57701

Website: www.sequelincorporated.org **Email:** info@sequelincorporated.org

Hours: 8:00am - 4:00pm (MT), Monday - Friday

Phone: 605-721-4383

Eligibility: Low-income elderly 65 and over

Coverage Area: South Dakota

Elder Angel Funds are available through a short application process to help low-income senior citizens with everyday expenses.

Bankruptcy Advice Helpline offered at CareConnect USA

2019 Sandy Pond Lane, Waxhaw, NC 28173

Website: <http://careconnectusa.org/free-bankruptcy-advice/> **Email:** info@careconnectusa.org

Hours: 9:00am - 8:00pm (ET), Monday - Friday

Phone: 800-379-0985

Eligibility: Must have burdensome debt without ability to pay it back in a timely manner.

Coverage Area: United States

Free Bankruptcy Advice Hotline 800-379-0985.

Debt Counseling Helpline offered at CareConnect USA

2019 Sandy Pond Lane, Waxhaw, NC 28173

Website: <https://careconnectusa.org/debt-relief-help-line/> **Email:** info@careconnectusa.org

Hours: 9:00am - 6:00pm (ET), Monday - Friday

Phone: 800-453-1738

Eligibility: Must have unsecured (credit card) debt and a willingness to receive counseling.

Coverage Area: United States

Debt Relief Helpline 800-453-1738.

Private Student Loan Relief Helpline offered at CareConnect USA

2019 Sandy Pond Lane, Waxhaw, NC 28173

Website: careconnectusa.org/private-student-loan-relief **Email:** info@careconnectusa.org

Hours: 8:00am - 5:00pm (ET), Monday - Friday

Phone: 888-669-1064

Eligibility: Open to student loan borrowers who have private loans through a bank or credit union.

Coverage Area: Nationwide

A helpline for student loan borrowers who have a private loan from a bank or credit union.

Financial Assistance for Military Families offered at American Red Cross

No Physical Address

Website: <https://www.redcross.org/get-help/military-families/financial-assistance.html>

Hours: 24 hours a day / 7 days a week

Phone: 877-272-7337

Eligibility: Active duty service members and their immediate family, members of the activated National Guard or Reserve Unit and their immediate family members, and military retiree or spouse/widow(er) of a retiree.

Coverage Area: State of South Dakota

The American Red Cross works in partnership with Military Aid Societies to provide financial assistance to eligible applicants.

Food

Area Senior Center - Meals on Wheels offered at City of Aberdeen

1303 7th Avenue S.E., Aberdeen, SD 57401

Website: www.aberdeen.sd.us **Email:** seniorcenter@aberdeen.sd.us

Hours: Office Hours: 8:00am - 4:30pm (CT), Monday - Friday Meals Delivered between 8:00am - 4:00pm (CT) Monday - Friday Donations: 11:00am - 1:00pm (CT), Monday - Friday

Phone: 605-626-3330

Eligibility: Open to all

Coverage Area: Aberdeen, within city limits

Delivers special dietary lunch meals to seniors or disabled individuals in need.

Senior Nutrition Program offered at Area IV Senior Nutrition

1303 7th Avenue S.E., Aberdeen, SD 57401

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-225-0182

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot
A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.

Suggested donation of \$5.00 per meal.

Community Meal offered at Bethlehem Lutheran Church

1620 Milwaukee Avenue N.E., Aberdeen, SD 57401

Website: www.bethlehemaberdeen.org **Email:** office@bethlehemaberdeen.org

Hours: 5:00pm - 6:15pm (CT), Wednesdays (excluding holidays)

Phone: 605-225-9740

Eligibility: Open to all

Coverage Area: Aberdeen area

A community hot meal is served every Wednesday in the Fellowship Hall.

Table of Plenty offered at Zion Lutheran Church of Aberdeen

1732 S. Main Street, Aberdeen, SD 57401

Website: www.zionlutheranaberdeen.org **Email:** zion@nvc.net

Hours: 5:30pm - 7:00pm (CT), 4th Monday of the month

Phone: 605-225-6755

Eligibility: Open to all

Coverage Area: City of Aberdeen

Free monthly community meal, sponsored and hosted by various churches and organizations in Aberdeen.

Food Programs offered at Salvation Army Aberdeen, The

1003 6th Avenue S.W., Aberdeen, SD 57401

Hours: 8:30am - 5:00pm (CT), Monday - Friday

Phone: 605-225-7410

Eligibility: Open to all

Coverage Area: Counties of Brown, Day, Edmunds, Marshall, McPherson and Spink

Providing food assistance to people in the Aberdeen area through its food pantry, lunch/meal share, farmers market, student support, and mobile market.

Food Pantry and Community Meal offered at Good Shepherd Lutheran Church of Aberdeen

1429 N. Dakota Street, Aberdeen, SD 57401

Website: <https://goodshepherdaberdeen.org/>

Email: welcome@goodshepherdaberdeen.org

Hours: Food Giveaway: 4:00pm - 6:00pm (CT), 2nd Monday of each month Meal: 5:00pm (CT), 2nd Monday of each month

Phone: 605-229-0846

Eligibility: Open to all (individuals or families)

Coverage Area: Brown County

Food giveaway, 1/month on the 2nd Monday of each month. Also, gives out commodities for which income guidelines apply. Community meal also served on the day of the food giveaway.

Senior Nutrition Program offered at Area IV Senior Nutrition

231 E. 11th Avenue, Groton, SD 57445

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-397-5656

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot

A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.

Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

405 Main Street, Vonnie's Restaurant, Cresbard, SD 57435

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-324-3255

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot

A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.

Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

206 W. Main Street, Hecla Senior Center, Hecla, SD 57446

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-994-2729

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot

A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.

Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

728 Main Street S., Golden Days Senior Center, Redfield, SD 57469

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-472-2069

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot

A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.

Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

909 S. Main, Britton Community Center, Britton, SD 57430

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-448-2343

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot

A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal. Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

117 8th Avenue S., Faulkton Autumn Leave Club, Faulkton, SD 57438

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-598-4297

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot

A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.

Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

508 Main Street, Webster, SD 57274

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-345-3464

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot

A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.

Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

3037 Main Street, Bowdle Senior Center, Bowdle, SD 57428

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-285-6300

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot

A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.

Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

718 G. Avenue, Eureka, SD 57437

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Thursday

Phone: 605-284-2000

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot

A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.

Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

218 Main Street, Hoven, SD 57450

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-948-2343

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot

A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.

Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

3419 Main Street, Selby Senior Center, Selby, SD 57472

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-649-7955

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot
A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.
Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

107 W. Logan Avenue, Gettysburg Senior Center, Gettysburg, SD 57442

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-765-9222

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot
A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.
Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

706 Main Street, The Cafe, Wilmot, SD 57279

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-938-4350

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot
A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.
Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

217 Main Street, Mikey's, New Effington, SD 57255

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-637-5291

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot
A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.
Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

111 Main Street, Herreid, SD 57632

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-437-2993

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot
A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.
Suggested donation of \$5.00 per meal.

Senior Nutrition Program offered at Area IV Senior Nutrition

616 6th Avenue W., Mobridge Senior Center, Mobridge, SD 57601

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-845-7402

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot
A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.
Suggested donation of \$5.00 per meal.

HOPE Waiver offered at South Dakota Department of Human Services

3800 E. Highway 34, Division of Long Term Services and Supports, Hillsvie Plaza, Pierre, SD 57501

Website: <https://dhs.sd.gov/en/ltss/hope-waiver>

Email: DakotaAtHome@state.sd.us

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 833-663-9673

Eligibility: Open to those 65 and older or age 18 and older with a qualifying disability

Coverage Area: South Dakota

Provides home and community-based services to people who need nursing facility level of care. The waiver allows people age 65 and older, and people age 18 and older who have a qualifying disability, to live at home or in the setting that is most independent for them.

Senior Nutrition Program offered at Area IV Senior Nutrition

19 E. Main Avenue, Pat Duffy Senior Center, Fort Pierre, SD 57532

Hours: 11:00am - 1:00pm (CT), Monday - Friday Call to reserve lunch before 9:00am (CT), Monday - Friday

Phone: 605-223-2701

Eligibility: 60 years of age or older

Coverage Area: Communities Served: Aberdeen, Bowdle, Britton, Cresbard, Eureka, Faulkton, Gettysburg, Groton, Hecla, Herreid, Hoven, Mobridge, New Effington, Redfield, Selby, Webster, Hosmer, Mellette, Conde, Rosholt and Wilmot

A senior meal program providing hot, nutritional, lunch meal Monday - Friday. Call before 9:00am to reserve a meal.

Suggested donation of \$5.00 per meal.

Statewide Mobile Food Distribution Program offered at Feeding South Dakota

Sioux Falls, SD 57105

Website: www.feedingsouthdakota.org/mobile

Email: info@feedingsouthdakota.org

Hours: Find locations and schedules on website.

Eligibility: When picking up food, guests will be asked to register their household and self-declare their income.

Coverage Area: South Dakota

Distributes free food to individuals and families. Visit website to see list of location dates/times in your area.

Home Delivered Meals offered at Magic Kitchen

11310 W. 80th Street, Overland Park, KS 66214

Website: www.magickitchen.com

Email: info@magickitchen.com

Hours: 8:00am - 5:00pm (CT), Monday - Friday 9:00am - 2:00pm (CT), Saturdays (with limited answering)

Phone: 816-492-3220

Eligibility: Open to all.

Coverage Area: South Dakota.

Provides home delivered meals via FedEx.

Programs and Services offered at Dysphagia Outreach Project, The

300 W. Carolina Avenue, Suite 9, Ruston, LA 71270

Website: www.dysphagiaoutreach.org

Email: team@dysphagiaoutreach.org

Hours: Online database;monitored daily

Eligibility: For individuals diagnosed with dysphagia and their caregivers.

Coverage Area: United States

Collects and distributes dysphagia supplies to individuals in need, establish a dysphagia awareness advocacy program, provide education services relating to appropriate prescription and use of dysphagia supplies, and assist in establishing a network of interconnected dysphagia support groups across the country.

Cooked Meals offered at Lasagna Love

Williamstown, MA 1267

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Eligibility: Open to all

Coverage Area: South Dakota

Provides 1 cooked meal per month for families in need;also delivers the meal. Currently, serving South Dakota.

Clothing

Thrift Store offered at Salvation Army Aberdeen, The

1025 6th Avenue S.W., Aberdeen, SD 57401

Hours: 10:00am - 5:00pm (CT), Monday - Saturday

Phone: 605-225-1223

Eligibility: Open to all

Coverage Area: Counties of Brown, McPherson, Edmunds, Campbell, Marshall, Roberts, Walworth, Potter, Faulk, Spink

Thrift store - clothes, furniture, household items, dvds, books, small electronics, linens, etc.

Roncalli Nearly New offered at Aberdeen Catholic School System

220 1/2 N. Main Street, Aberdeen, SD 57401

Hours: 12:00noon - 4:00pm (CT) Tuesday - Thursday, Saturday

Phone: 605-225-7121

Eligibility: Open to all

Coverage Area: Aberdeen area

Secondhand store featuring clothing for all ages, household items, and toys.

Thrift Store offered at Goodwill of the Great Plains

424 S. Brown County Highway 19, Aberdeen, SD 57401

Hours: 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

Phone: 605-225-0822

Eligibility: Open to all

Coverage Area: Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Thrift Store offered at Goodwill of the Great Plains Aberdeen

424 S. Brown County Highway 19, Aberdeen, SD 57401

Hours: 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

Phone: 605-225-0822

Eligibility: Open to all

Coverage Area: Aberdeen area.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Thrift Store offered at Goodwill of the Great Plains

2318 9th Avenue S.E., Watertown, SD 57201

Hours: 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

Phone: 605-886-6379

Eligibility: Open to all

Coverage Area: Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Thrift Store offered at Goodwill of the Great Plains

625 Main Avenue, Brookings, SD 57006

Hours: 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

Phone: 605-692-2085

Eligibility: Open to all

Coverage Area: Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Thrift Store offered at Goodwill of the Great Plains

1902 Eastgate Avenue, Pierre, SD 57501

Hours: 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

Phone: 605-494-3033

Eligibility: Open to all

Coverage Area: Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Thrift Store offered at Goodwill of the Great Plains

1415 W. Haven, Unit 6, Mitchell, SD 57301

Hours: 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

Phone: 605-996-3640

Eligibility: Open to all

Coverage Area: Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Gender-Diverse Clothing Closet offered at Transformation Project, The

500 N. Western Avenue, Suite 300, Sioux Falls, SD 57104

Website: www.transformationprojectsd.org **Email:** info@transformationprojectsd.org

Hours: Check website for appointment availability.

Phone: 605-836-3105

Eligibility: Open to all

Coverage Area: South Dakota

Providing Transgender & Gender Diverse individuals in need of clothing a meeting with a personal stylist to choose clothing, shoes and accessories and take home a week's worth at no cost to them.

Thrift Store offered at Goodwill of the Great Plains

120 N. Kiwanis Avenue, Sioux Falls, SD 57104

Hours: 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

Phone: 605-334-2028

Eligibility: Open to all

Coverage Area: Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Pregnancy Support Services - Sioux Falls offered at Birthright

300 N Dakota Avenue, Suite 501, Sioux Falls, SD 57104

Website: www.birthright.org/siouxfalls **Email:** SiouxFalls@birthright.org

Hours: 12:00noon - 2:00pm (CT), Monday 10:30am - 2:00pm (CT), Tuesday and Friday Takes last client at 1:45pm (CT) Thursday open by appointment

Phone: 605-809-8409

Eligibility: Open to all

Coverage Area: Eastern South Dakota

Provides free pregnancy testing, community resource referrals and a 24-hour confidential helpline service.

Thrift Store offered at Goodwill of the Great Plains

3400 S. Norton Avenue, Sioux Falls, SD 57105

Hours: 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

Phone: 605-731-1930

Eligibility: Open to all

Coverage Area: Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Thrift Store offered at Goodwill of the Great Plains

4701 E. 41st Street, Sioux Falls, SD 57110

Hours: 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

Phone: 605-338-2431

Eligibility: Open to all

Coverage Area: Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Thrift Store offered at Goodwill of the Great Plains

2508 Fox Run Parkway, Yankton, SD 57078

Hours: 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

Phone: 605-665-8847

Eligibility: Open to all

Coverage Area: Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Thrift Store offered at Goodwill of the Great Plains

611 Timmons Boulevard, Rapid City, SD 57703

Hours: 9:00am - 9:00pm (MT), Monday - Saturday 10:00am - 6:00pm (MT), Sunday

Phone: 605-731-1930

Eligibility: Open to all

Coverage Area: Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Thrift Store offered at Goodwill of the Great Plains

611 Lindbergh Avenue, Rapid City, SD 57701

Hours: 9:00am - 9:00pm (MT), Monday - Saturday 10:00am - 6:00pm (MT), Sunday

Phone: 605-737-3955

Eligibility: Open to all

Coverage Area: Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

Shelters

Victim Support Services offered at Safe Harbor

2005 Merton Street S., Aberdeen, SD 57402

Website: www.safeharborsd.org **Email:** safeharbor@safeharborsd.org

Hours: 8:00am - 5:00pm (CT), Monday - Friday Crisis line available 24 hours a day / 7 days a week

Phone: 605-226-3180

Eligibility: Victims of violence, domestic violence, sexual assault, elder abuse, and stalking. All services are open to the public regardless of whether they have previously stayed at the shelter.

Coverage Area: Counties of Brown, Campbell, Day, Edmunds, Marshall, McPherson, and Potter

Provides shelter services for victims of violence, domestic violence, stalking, sexual assault, elder abuse, and human trafficking.

Domestic Violence Shelter offered at Wac'ang'a, Inc.

205 E. Oak Street, Suite 205, Suite 121, Sisseton, SD 57262

Website: wacanga.org **Email:** wacanga.sweetgrass@gmail.com

Hours: Office hours: 8:30am - 5:00pm (CT), Monday - Friday Crisis line: 24 hours a day / 7 days a week Shelter: 24 hours a day / 7 days a week

Phone: 605-698-4129

Eligibility: Victims of domestic violence or sexual assault

Coverage Area: Sisseton and surrounding communities in Brown, Roberts, Day, Marshall, and Traverse (MN), Richland (ND) Counties

Provides confidential service to all individuals who have experienced domestic violence and sexual assault.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority

7 W. Kemp, Codington County Community Services, Watertown, SD 57201

Hours: 9:00am - 4:00pm (CT), Monday - Friday

Phone: 605-882-6286

Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources

Coverage Area: South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority

201 E. 2nd Avenue, Rural Office of Community Services, Mitchell, SD 57301

Hours: 8:00am - 4:30pm (CT), Monday - Friday

Phone: 605-996-9626

Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources

Coverage Area: South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

Arise Youth Center East offered at Lutheran Social Services - Southeast Region

621 E. Presentation Street, Sioux Falls, SD 57104

Website: <https://lsssd.org/what-we-do/detention-alternatives/> **Email:** info@lsssd.org

Hours: 24 hours a day / 7 days a week

Phone: 605-221-2346

Eligibility: Children aged 10-17

Coverage Area: Currently set only to serve Minnehaha County for Reception Center. Shelter Care in South Dakota upon approval (Safe Place walk in services available). Evening Report Center available to local court system referrals and taking referrals for youth who have successfully completed court-mandated Evening Report Center services who want to continue in the voluntary ERC program.

Temporary care alternative for youth, services include identifying assistance programs and court system collaboration.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority

505 N. Western Avenue, Inter-Lakes Community Action Partnership, Sioux Falls, SD 57104

Hours: 8:00am - 12:00noon;1:00pm - 4:30pm (CT), Monday - Friday

Phone: 605-334-2808

Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources

Coverage Area: South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

Axis180 offered at Volunteers of America, Dakotas

3201 S. Theodore Avenue, Sioux Falls, SD 57106

Website: www.voa-dakotas.org **Email:** axis180@voa-dakotas.org

Hours: Office hours: 9:00am - 5:00pm (CT), Monday - Friday

Phone: 605-366-7803

Eligibility: Homeless youth ages 16 - 21

Coverage Area: South Dakota

Provides shelter, case management, life skills, and education services to young people ages 16 to 21, who are preparing for independent living. The program provides young people with a safe, supportive environment while they learn the skills necessary to succeed on their own.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority

58 N. 3rd Avenue, ROCS Lake Andes Office, Lake Andes, SD 57356

Hours: 8:00am - 4:30pm (CT), Monday - Friday

Phone: 605-487-7634

Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources

Coverage Area: South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

24/7 Hotline Number offered at Domestic Violence Hotline for South Dakota

No Physical Address, Sioux Falls, SD 57105

Hours: 24 hours a day / 7 days a week

Phone: 800-430-7233

Eligibility: Open to anyone in a domestic violence situation, friends, or concerned loved ones

Coverage Area: South Dakota

Provides support and crisis intervention 24 hours a day / 7 days a week.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority

107 2nd Street S.W., Rural Office of Community Services, Wagner, SD 57380

Hours: 8:00am - 4:30pm (CT), Monday - Friday

Phone: 605-384-3883

Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources

Coverage Area: South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority

920 Broadway Avenue, Suite 1, Rural Office of Community Services, Yankton, SD 57078

Hours: 8:00am - 4:30pm (CT), Monday - Friday

Phone: 605-665-4559

Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources

Coverage Area: South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

Transitional Shelter offered at Maggie's House

15 Wasuya Avenue, Kyle, SD 57752

Email: maggieshousetlp@gmail.com

Hours: 24 hours a day / 7 days a week

Phone: 605-455-1214

Eligibility: Ages 17 - 21

Coverage Area: South Dakota

Provides a safe and stable environment enriched with culturally appropriate and evidence based services to youth aging out of foster care, trafficked, homeless, parenting teens, and young adults ages 17-21.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority

706 E. Monroe, Family Connections Center, Rapid City, SD 57701

Hours: 8:00am - 5:00pm (MT), Monday - Sunday

Phone: 605-716-0422

Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources

Coverage Area: South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority

111 New York Street, Volunteers of America, Northern Rockies, Rapid City, SD 57701

Hours: 8:00am - 5:00pm (MT), Monday - Friday

Phone: 605-341-8336

Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources

Coverage Area: South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

24/7 Crisis Intervention Safeline offered at National Runaway Safeline

3141 B N. Lincoln Avenue, Chicago, IL 60657

Website: www.1800RUNAWAY.org **Email:** info@1800runaway.org

Hours: Office hours: 9:00am - 5:00pm (CT), Monday - Friday Hotline hours: 24 hours a day / 7 days a week / 365 days a year

Phone: 800-786-2929

Eligibility: Youth 21 years of age and under, their families, and concerned adults.

Coverage Area: United States

Confidential, 24/7 crisis intervention for runaway and homeless youth and their families.

Housing

Sober Living Home offered at Oxford House

2 Oxford Houses in Aberdeen, Aberdeen, SD 57401

Hours: Residential services are 24 hours a day / 7 days a week

Phone: 605-270-2373

Eligibility: Houses for men, women, women and children;no co-ed houses

Coverage Area: Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

Sober Living Services offered at Reflections Recovery Home

110 E. 7th Avenue, Redfield, SD 57469

Website: www.reflectionsrecoverysd.com

Email: reflectionsrecoverysd@gmail.com

Hours: 24 hours a day / 7 days a week

Phone: 605-460-2444

Eligibility: Men 18 years and older.

Coverage Area: United States

A structured sober living home for men centered on residents and providing a healthy environment with shared values of accountability, reflection, growth, and empowerment. With the help of staff, residents encourage each other in long-term sobriety to enable a successful recovery.

Governor's House Program offered at GROW South Dakota

104 Ash Street E., Sisseton, SD 57262

Website: <https://www.growsd.org/>

Email: info@growsd.org

Hours: 8:00am - 4:30pm (CT), Monday - Thursday 8:00am - 12:00pm (CT), Fridays

Phone: 605-698-7654

Eligibility: All programs have varying income guidelines, service areas and eligibility restrictions. Availability and sources of funds may vary.

Coverage Area: South Dakota

Home ownership preparation services and Home Buyer Education classes. For eligible individuals/families, down payment/closing cost assistance or low-cost loans for purchasing a home or home improvements may be available.

Halfway House and Detox Center offered at Human Service Agency

119 19th Street N.E., Watertown, SD 57201

Hours: 24 hours a day / 7 days a week

Phone: 605-884-0650

Eligibility: Halfway House: Males, 18 and over, diagnosed with substance use disorder and mental illness. Detox: Available for males and females, 18 and over. Admission criteria is either currently experiencing intoxication or withdrawal symptoms with the desire for recovery. Crisis Intervention: Available for 18 and over experiencing severe Mental Health crisis or suicidal thought.

Coverage Area: Located in Watertown, but serving residents of South Dakota

A therapeutic place of residence for persons suffering from mental illness and chemical dependency. Offering dignity and serenity for chemically dependent and or mentally ill persons to continue the journey of recovery, healing, and wholeness.

Sober Living Home offered at Oxford House

2 Oxford Houses in Brookings, Brookings, SD 57006

Hours: Residential services are 24 hours a day / 7 days a week

Phone: 605-270-2373

Eligibility: Houses for men, women, women and children;no co-ed houses

Coverage Area: Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

Teen Challenge of the Dakotas

600 W. 16th Avenue S., Brookings, SD 57006

Hours: Office hours: 8:30am - 5:00pm (CT), Monday - Friday

Phone: 605-693-9753

Eligibility: Men, 18 years and older with life controlling problems such as addictions

Coverage Area: Located in Brookings, but serving residents of South Dakota

A residential, Christian discipleship program utilizing biblical principles including faith and genuine repentance to help men (18 years and older) overcome life-controlling problems such as addictions.

Housing Assistance offered at South Dakota Housing Development Authority

3060 E. Elizabeth Street, Pierre, SD 57501

Website: www.sdhousing.org **Email:** info@sdhda.org

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-773-3181

Eligibility: Program guidelines apply

Coverage Area: South Dakota

Provides mortgage and down payment assistance, housing construction and rehabilitation, homelessness prevention, and rental assistance.

SD Housing Search offered at South Dakota Housing Development Authority

Pierre, SD 57501

Website: www.sdhousingsearch.com **Email:** info@sdhda.org

Hours: Website: 24 hours a day / 7 days a week

Eligibility: Open to all

Coverage Area: South Dakota

A free housing locator providing information on Section 8 and income based rental units.

Stepping Stones Rehabilitation Services offered at Dakota Counseling Institute

901 S. Miller, Mitchell, SD 57301

Website: www.dakotacounseling.net **Email:** info@dakotacounseling.net

Hours: 8:00am - 5:00pm (CT), Monday - Thursday 8:00am - 2:00pm (CT), Friday to schedule appointment Treatment center is open 24 hours a day / 7 days a week / 365 days a year

Phone: 605-995-8180

Eligibility: Open to all

Coverage Area: Located in Mitchell, but serving residents of South Dakota

Provides professional prevention services, education, assessment, intervention, counseling, referral, group and individual therapy, social detoxification, transitional living and continued care for those affected directly or indirectly by mood-altering chemical use or dependency.

Inmate and Ex-Offender Support Services offered at Hope Prison Ministry

PO Box 284, Sioux Falls, SD 57104

Website: www.hopeprisonministry.com **Email:** hopeprisonministry@gmail.com

Hours: Office hours: 9:00am - 5:00pm (CT), Monday - Friday

Phone: 605-338-7526

Eligibility: All prison inmates released within the last 6 months and have not been assisted by Hope Prison Ministry previously.

Coverage Area: South Dakota

Helps men and women after release from incarceration by providing them with clothes and resources needed to find food, housing resource information and other items on a one-time basis.

Marissa's House offered at Call to Freedom

Sioux Falls, SD 57104

Website: www.calltofreedom.org **Email:** info@calltofreedom.org

Hours: Call for information

Phone: 605-759-3565

Eligibility: Women 18+ and their children (call for age specific information) (Victims/Survivors of Human Trafficking and sexual exploitation)

Coverage Area: South Dakota

Call to Freedom provides victim-centered responsive services to those who have experienced sexual exploitation and human trafficking. Our Vision is to create a cohesive community model of care and support for victims, bringing communities together while educating and advocating to stop human trafficking.

Sober Living Home offered at Oxford House

13 Oxford Houses in Sioux Falls, Sioux Falls, SD 57104

Hours: Residential services are 24 hours a day / 7 days a week

Phone: 605-569-2111

Eligibility: Houses for men, women, women and children; no co-ed houses

Coverage Area: Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

Ex-Offender Transitional Housing offered at Kingdom Boundaries Prison Aftercare

417 S. Summit Avenue, Sioux Falls, SD 57104

Hours: 6:00am - 6:00pm (CT), Monday - Friday

Phone: 605-695-0048

Eligibility: Can only house male ex-offenders.

Coverage Area: South Dakota

Transitional housing for up to 20 males. Program also helps anyone re-entering society after incarceration including finding employment, clothes, furniture, etc. (based on what is currently available).

Pregnancy Case Management Services offered at All About U Adoptions

No Physical Location, Sioux Falls, SD 57109

Hours: 24 hours a day / 7 days a week

Phone: 605-770-2357

Eligibility: Open to all pregnant women choosing adoption

Coverage Area: South Dakota, North Dakota, Nebraska

Case management service provided include, scheduling appointments, transportation to/from appointments, health system navigation and resource coordination, health coaching, and housing search assistance.

Adoption and Support Services offered at All About U Adoptions

No Physical Location, Sioux Falls, SD 57109

Hours: 24 hours a day / 7 days a week

Phone: 605-770-2357

Eligibility: Open to all

Coverage Area: South Dakota, North Dakota, Nebraska

All About U provides crisis pregnancy counseling, help finding emotional support, help finding necessary resources, emotional support throughout adoption and beyond, and general case management for resources.

HUD South Dakota offered at United States Department of Housing and Urban Development

4301 W. 57th Street, Suite 101, Sioux Falls Field Office, Sioux Falls, SD 57108

Website: www.hud.gov/southdakota **Email:** sd_webmanager@hud.gov

Hours: 8:00am - 4:30pm (CT), Monday - Friday. Office is open for visitors 8:30am - 3:30pm (CT), Monday, Wednesday and Thursday. Advisable to call for an appointment as some days staff are working in the field.

Phone: 605-330-4223

Eligibility: Open to all

Coverage Area: South Dakota

Provides information on low income (subsidized) rental units and public housing authorities.

Residential Program offered at Glory House of Sioux Falls

4000 S. West Avenue, Sioux Falls, SD 57105

Hours: 24 hours a day / 7 days a week

Phone: 605-332-3273

Eligibility: Adult, employable, eligible according to referral agency criteria, willing to comply with rules and programming

Coverage Area: Located in Sioux Falls, but serving residents of South Dakota

Transitional program provides assistance with employment, money management, recovery from substances, as well as co-occurring conditions assisting the individual in establishing and the continuation of applying these life skills.

Inpatient Treatment for Women offered at Volunteers of America, Dakotas

1401 W. 51st Street, Sioux Falls, SD 57105

Website: www.voa-dakotas.org **Email:** info@voa-dakotas.org

Hours: 24 hours a day / 7 days per week

Phone: 605-334-1414

Eligibility: Pregnant and parenting women aged 18 and older are eligible for the New Start for Women program.

Coverage Area: Located in Sioux Falls, but serving residents of South Dakota

Offers substance use evaluations for adolescents and adults. The evaluation is the first step in determining if the individual needs further assistance with their substance use.

Sober Living Home offered at Oxford House

2 Oxford Houses in Yankton, Yankton, SD 57078

Hours: Residential services are 24 hours a day / 7 days a week

Phone: 605-270-2373

Eligibility: Houses for men, women, women and children;no co-ed houses

Coverage Area: Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

Treatment Program offered at Rosebud Sioux Tribe

#7 Hospital Lane, Alcohol Treatment Center, Rosebud, SD 57570

Hours: 24 hours a day / 7 days a week

Phone: 605-747-2342

Eligibility: Enrolled member of federally recognized tribe

Coverage Area: Located in Rosebud, but serving South Dakota

Culturally sensitive adult and youth outpatient treatment programs and residential alcohol treatment facility. After care programs, youth alcohol and drug assessments, and youth treatment placement.

Residential Treatment Program offered at New Dawn Center

19271 SD Highway 79, Vale, SD 57788

Hours: Facility is open and staffed 24 hours a day / 7 days a week.

Phone: 605-309-5105

Eligibility: Men who have completed prior treatment programs, or awaiting admittance to treatment facility

Coverage Area: Located in Vale, but serving residents of South Dakota.

Provides transitional, clinically-managed, low-intensity, open-ended residential treatment program. Residents are encouraged to take part in the outdoor operation of the facilities and participate in any of the recreational therapy programs. ASAM level 3.1 transitional substance abuse treatment.

Sober Living Home offered at Oxford House

4 Houses in Rapid City, Rapid City, SD 57701

Hours: Residential services are 24 hours a day / 7 days a week.

Phone: 605-569-2111

Eligibility: Houses for men, women, women and children;no co-ed houses

Coverage Area: Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

Full Circle offered at West River Mental Health

350 Elk Street, Rapid City, SD 57701

Hours: 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday

Phone: 605-343-7262

Eligibility: Pregnant and parenting women

Coverage Area: Located in Rapid City, but serving residents of South Dakota

A residential substance abuse treatment and prevention program for pregnant and parenting women. Intensive inpatient treatment is offered along with prenatal care, parenting information, case management, and continued care in a residential facility for those who have completed treatment. Also, offers MAT (Medication Assisted Treatment).

Sober Living Home offered at Oxford House

1 House in Sturgis, Sturgis, SD 57785

Hours: Residential services are 24 hours a day / 7 days a week.

Phone: 605-569-2111

Eligibility: Houses for men, women, women and children;no co-ed houses

Coverage Area: Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

Rural Development Multi-Family Housing Rentals offered at United States Department of Agriculture

No Physical Address, , SD

Hours: Available online 24 hours a day / 7 days a week

Phone: 202-720-1494

Eligibility: Website is open to all

Coverage Area: South Dakota

Through the website, people who are looking for low-cost rentals, can find units for rent in rural South Dakota. Search based on county or town. Then, contact the property company regarding how to apply. To find apartments in rural areas: 1. Go to www.rd.usda.gov 2. Scroll down on left hand side, it says, Find Rural Rentals 3. Then click on South Dakota in the map 4. Then, select your County.

Immigration/refugee resources

Glacial Lakes Multicultural Center, Inc.

653 W. Kemp, Watertown, SD 57201

Hours: 10:00am - 6:00pm (CT), Monday - Friday

Phone: 605-878-2021

Eligibility: Open to all immigrants

Coverage Area: South Dakota

Offers services such as translation and interpretation, workforce placement, immigration services, language education, advocacy needs, and household needs.

Community Interpreter Service offered at Lutheran Social Services - Southeast Region

300 E. 6th Street, Center for New Americans, Sioux Falls, SD 57104

Website: <https://lsssd.org/what-we-do/center-for-new-americans/>

Email: info@lsssd.org

Hours: 24 hours a day / 7 days per week

Phone: 605-731-2010

Eligibility: Open to all

Coverage Area: South Dakota

Provides interpretation and written translation to the major languages and other minor, regional, or tribal dialects. Able to facilitate on-site interpretation, message relay, conference call, written translation, and video interpretation.

United States Department of Homeland Security

245 Murray Lane S.W., Washington, DC 20528

Hours: Call for information

Phone: 202-282-8000

Eligibility: Open to all

Coverage Area: United States

The Department of Homeland Security Missions include Preventing terrorism and enhancing security, Managing borders, Administering immigration laws, Securing cyberspace, and Ensuring disaster resilience.

Language Translation Services offered at LanguageLine Solutions

1 Lower Ragsdale Drive, Building 2, Monterey, CA 93940

Website: www.languageline.com **Email:** customercare@languageline.com

Hours: 24 hours a day / 7 days a week

Phone: 800-752-6096

Eligibility: Open to all

Coverage Area: United States, UK, Costa Rica

Provides 24-hour interpreting service as well as translation/localization and video interpreting to over 240 languages.

Mental Health / Substance Abuse

Avera St. Luke's Behavioral Health Aberdeen offered at Avera Behavioral Health

305 S. State Street, Aberdeen, SD 57401

Hours: 24 hours a day / 7 days a week

Phone: 605-622-5552

Eligibility: Open to anyone experiencing psychiatric distress

Coverage Area: Aberdeen area, northeastern portion of South Dakota

Provides inpatient mental health care to individuals (primary care of adults) who are experiencing acute psychiatric distress and require assessment and short term inpatient intervention.

Behavioral Health Services offered at Lutheran Social Services - Northeast Region

110 6th Avenue S.E., Suite 200, Aberdeen, SD 57401

Website: <https://lsssd.org/what-we-do/behavioral-health-services/> **Email:** info@lsssd.org

Hours: 8:00am - 6:00pm (CT), Monday - Thursday 8:00am - 5:00pm (CT), Friday

Phone: 605-262-6300

Eligibility: Open to all

Coverage Area: Counties of Brookings, Brown, Codington, Grant, and Marshall.

Offers individual, couples, family therapy, education groups, and mental health assessment and evaluations.

Psychiatry Services offered at Silver Lining Integrative Psychiatry

224 1st Avenue S.E., Aberdeen, SD 57401

Website: <https://silverliningintegrativepsychiatry.com/> **Email:** Intake@Silverliningintegrativepsychiatry.com

Hours: Call to schedule an appointment via telehealth (in person availability coming soon).

Phone: 605-558-0107

Eligibility: Ages 5 - 100

Coverage Area: Aberdeen, Sioux Falls, and Yankton for face-to-face services, but serving South Dakota via telehealth.

Provides counseling services to adolescents and adults struggling with anxiety, ADD/ADHD, depression, panic, bipolar disorders, and post-traumatic stress disorder (PTSD) in order to bridge the gap while patients are finding long-term counselors.

Counseling Services offered at Shelterbelt Counseling, LLC

416 S. Dakota Street, Suite 1, Suite 1, Aberdeen, SD 57401

Hours: 11:00am - 6:00pm (CT), Monday 8:00am - 6:00pm (CT), Tuesday, Wednesday 10:00am - 7:00pm (CT), Thursday

Phone: 605-824-4288

Eligibility: 18 years and older

Coverage Area: Located in Aberdeen, but serving South Dakota through telemental health.

Provides both individual and group counseling for adults using Cognitive Behavioral Therapy (CBT) and Radically Open Dialectical Behavior Therapy (RO DBT) with Level 3 trained practitioners using in-person and telemedicine services.

Counseling Services offered at Empowerment Counseling, LLC

416 S. Dakota Street, Suite 1, Aberdeen, SD 57401

Website: empowermentcounselingsd.com **Email:** empowermentcounselingsd@gmail.com

Hours: 8:00am - 5:00pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday

Phone: 605-846-0464

Eligibility: Ages 14 and up

Coverage Area: Northeastern South Dakota

Services provided are individual counseling, marriage counseling, dialectical behavioral therapy, family counseling, and family functional therapy.

Counseling Services offered at Footsteps Counseling, LLC

121 4th Avenue, S.W., Suite 1, Aberdeen, SD 57401

Website: www.footstepscounselingaberdeensd.com **Email:** Info@footstepscounselingaberdeensd.com

Hours: 10:00am - 6:00pm (CT), Monday - Friday Evenings and weekend by appointment only

Phone: 605-725-2155

Eligibility: Open to all

Coverage Area: Aberdeen and surrounding areas, telehealth offered within South Dakota

Assessments and therapy offered for individual, family, group counseling and children ages 9 and up with specialties of:

- Mental health screening
- Divorce
- Grief
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Adolescent/youth
- Terminal illness
- LGBTQ/gender identity
- Parent
- Hoarding
- Spouse/intimate partner abuse
- Adult survivors of child abuse

Also offering services via telehealth.

Student Counseling Services offered at Northern State University

1200 S. Jay Street, Aberdeen, SD 57401

Hours: 8:00am - 5:00pm (CT), Monday - Friday 7:30am - 4:30pm (CT), Monday - Friday (summer hours)

Phone: 605-626-3007

Eligibility: NSU Students

Coverage Area: Campus of Northern State University

Provides individual and group counseling, early intervention, and crisis intervention.

Counseling Services offered at Lourdes Center, The

10 Railroad Avenue S.W., Suite 211, Aberdeen, SD 57401

Website: www.thelourdescenter.com **Email:** tlc@sfcatholic.org

Hours: 9:00am - 4:00pm (CT), Monday - Wednesday

Phone: 605-988-3775

Eligibility: Open to all

Coverage Area: Cities of Aberdeen, Sioux Falls, Watertown, and Yankton

Licensed, professional counseling for adults and children. All areas of counseling are available including individual, marriage, and family.

Counseling Services offered at Northern Plains Psychological Associates, LLC

1409 6th Avenue S.E., Suite 5, Aberdeen, SD 57401

Website: nppasd.com **Email:** admin@nppasd.com

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-225-3622

Eligibility: Open to adults

Mental health services and counseling for individuals of all ages, families, and couples. Issues such as depression, anxiety, panic, life transition and adjustment (such as career, mid-life, relationship changes, aging, etc.), coping with chronic illness, grief and loss, trauma, PTSD, job stress, issues relating to confidence, self esteem, and empowerment, ADHD, behavioral issues, anger, and parenting. Sessions can also be offered via telehealth.

Horizon Health - Aberdeen offered at Horizon Health Care, Inc.

506 S. Wilson Street, Aberdeen, SD 57401

Website: www.horizonhealthcare.org/location/aberdeen-community-health-center **Email:** info@horizonhealthcare.org

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-725-3900

Eligibility: Open to all

Coverage Area: Aberdeen area

Provides family medicine, preventive care, and mental health care with a sliding fee scale option.

Mental Health Services offered at Support Circle, The

2211 8th Avenue N.E. Suite 2201, Aberdeen, SD 57401

Website: www.thesupportcircle.com **Email:** hello@thesupportcircle.com

Hours: Call for information.

Phone: 605-845-2058

Eligibility: Open to Adolescents and Adults. Minimum age may vary depending on location.

Coverage Area: Telehealth is available across South Dakota including the Mobridge and Aberdeen offices.

Provides individualized care for a variety of situations. Offers both in-person and virtual counseling options.

Counseling Services offered at Rising Hope Counseling, LLC

426 N. Highway 281, Suite 3, Aberdeen, SD 57401

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for more information.

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Inspire Counseling, LLC

405 8th Avenue N.W., Suite 321, Aberdeen, SD 57401

Hours: 8:30am - 5:00pm (CT), Monday - Thursday 8:30am - 2:30pm (CT), Friday

Phone: 605-262-0513

Eligibility: Ages 5 and up

Coverage Area: South Dakota

Specific training in trauma therapy including child trauma certified. Works with all ages, diagnosis, and families. Also provides a Spanish speaking translator at no cost if needed. Other services include:

- individual counseling
- divorce counseling
- grief/bereavement counseling
- Dialectical Behavioral Therapy (DBT)
- LGBTQ counseling
- child abuse counseling
- child abuse survivor counseling for adults
- family counseling
- play therapy
- trauma informed therapy
- Cognitive Behavioral Therapy (CBT)
- adolescent/youth counseling
- gender identity counseling
- parent counseling
- spouse/intimate partner abuse counseling
- internet (tele-health) counseling

Counseling Services offered at Dakota Group

405 8th Avenue N.W., Suite 205, Aberdeen, SD 57401

Website: www.dakpsych.com **Email:** hello@dakpsych.com

Hours: 8:00am - 5:00pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday

Phone: 605-725-9565

Eligibility: Open to all

Coverage Area: Aberdeen

Private practice mental health counseling agency that assists individuals by providing assessment, consultation, therapy, and more.

Counseling Services offered at Destinations Counseling, LLC

405 8th Avenue N.W., Suite 321, Aberdeen, SD 57401

Hours: 1:00pm - 7:00pm (CT), Monday - Friday Saturdays possible by request

Phone: 605-262-0513

Eligibility: Open to all

Coverage Area: Located in Aberdeen but serving South Dakota via telehealth.

Mental health services/ therapy in a private practice setting. Also provides telemental health.

Counseling Services offered at Anchored Mind Counseling

708 S. Roosevelt Street, Suite 2, Aberdeen, SD 57401

Hours: By appointment only.

Phone: 605-290-4742

Eligibility: Open to all ages 18 and up.

Coverage Area: Located in Aberdeen, but serving South Dakota via telehealth.

Individual therapy for ages 18 - 100.

Counseling Services offered at Chasing Dandelions Play Therapy & Counseling Services

708 S. Roosevelt Street, Suite 2, Aberdeen, SD 57401

Hours: 9:00am - 5:00pm (CT), Monday - Thursday

Phone: 605-626-1899

Eligibility: Children, Teens, and Young Adults

Coverage Area: Northeast South Dakota;Aberdeen and surrounding communities.

Offering counseling services for individual, youth, parent, LGBTQ+, play therapy, and trauma informed therapy.

Counseling Services offered at Lost and Found, LLC

Aberdeen, SD 57401

Hours: Call for information

Phone: 605-377-8696

Eligibility: Ages 5 - 100

Coverage Area: Aberdeen area

Counseling services include individual counseling, marriage counseling, family counseling, and mental health screenings. Works will all ages in their home, school, or neutral/arranged sites.

Counseling Services offered at Prairie View Counseling, LLC

2301 8th Avenue N.E., Aberdeen, SD 57401

Hours: 9:00am - 5:00pm (CT), Monday - Friday Other appointment times are available, please call to schedule a time.

Phone: 605-725-2230

Eligibility: Ages 14 and up

Coverage Area: Brown County

Provides individual counseling services working with clients ages 14 and up with depression, anxiety, relationship issues, grief and loss.

Behavioral Health Services offered at Lutheran Social Services - Northeast Region

421 3rd Avenue E., Sisseton, SD 57262

Website: <https://lsssd.org/what-we-do/behavioral-health-services/>

Email: info@lsssd.org

Hours: Call for information

Phone: 605-882-2740

Eligibility: Open to all

Coverage Area: Counties of Brookings, Brown, Codington, Grant, and Marshall.

Offers individual, couples, family therapy, education groups, and mental health assessment and evaluations.

Counseling Services offered at Rising Hope Counseling, LLC

110 3rd Street S.W., Suite 107, Huron, SD 57350

Website: risinghope605.com

Email: admin@risinghope605.com

Hours: Call for more information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Rising Hope Counseling, LLC

818 S. Broadway Street, Suites 109 & 110, Watertown, SD 57201

Website: risinghope605.com

Email: admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Lourdes Center, The

309 2nd Ave. S.E., Watertown, SD 57201

Website: www.thelourdescenter.com

Email: tlc@sfcatholic.org

Hours: 10:00am - 4:00pm (CT), Tuesday

Phone: 605-988-3775

Eligibility: Open to all

Coverage Area: Cities of Aberdeen, Sioux Falls, Watertown, and Yankton

Licensed, professional counseling for adults and children. All areas of counseling are available including individual, marriage, and family.

Counseling Services offered at Better Me Counseling and Consulting

1105 Jensen Avenue, S.E., Watertown, SD 57201

Hours: 8:30am - 5:30pm (CT), Tuesday, Wednesday, Thursday 9:00am - 7:00pm (CT), Monday

Phone: 605-880-0100

Eligibility: Serving ages 4-65+

Coverage Area: Counties of Codington, Hamlin, Clark, and South Dakota via telehealth

Provides mental health counseling for children, adults, families and couples. Including the following services:

- individual counseling
- marriage counseling
- divorce counseling
- grief/bereavement counseling
- LGBTQ counseling
- child abuse counseling
- child abuse survivor counseling for adults
- family counseling
- couples (conjoint) counseling
- trauma informed therapy
- cognitive behavioral therapy
- adolescent/youth counseling
- parent counseling
- spouse/intimate partner abuse counseling
- internet (tele-health) counseling
- farm crisis counseling
- retirement and aging concerns

Behavioral Health Services offered at Lutheran Social Services - Northeast Region

1424 9th Avenue S.E., Watertown, SD 57201

Website: <https://lsssd.org/what-we-do/behavioral-health-services/>

Email: info@lsssd.org

Hours: 8:00am - 9:00pm (CT), Monday, Wednesday 8:00am - 5:00pm (CT), Tuesday, Thursday 8:00am - 12:00noon (CT), Friday

Phone: 605-882-2740

Eligibility: Open to all

Coverage Area: Counties of Brookings, Brown, Codington, Grant, and Marshall.

Offers individual, couples, family therapy, education groups, and mental health assessment and evaluations.

Behavioral Health Services offered at Lutheran Social Services - Northeast Region

401 S. Flynn Drive, Milbank, SD 57252

Website: <https://lsssd.org/what-we-do/behavioral-health-services/>

Email: info@lsssd.org

Hours: 10:00am - 6:00pm (CT), Monday, Tuesday, 10:00am - 2:00pm (CT), Wednesday, Thursday

Phone: 605-882-2740

Eligibility: Open to all

Coverage Area: Counties of Brookings, Brown, Codington, Grant, and Marshall.

Offers individual, couples, family therapy, education groups, and mental health assessment and evaluations.

Mental Health Services offered at Support Circle, The

1710 E. Grand Crossing, Mobridge, SD 57601

Website: www.thesupportcircle.com

Email: hello@thesupportcircle.com

Hours: Call for information.

Phone: 605-845-2058

Eligibility: Open to Adolescents and Adults. Minimum age may vary depending on location.

Coverage Area: Telehealth is available across South Dakota including the Mobridge and Aberdeen offices.

Provides individualized care for a variety of situations. Offers both in-person and virtual counseling options.

Counseling Services offered at Rising Hope Counseling, LLC

120 S. Main Street, The Minor County Pioneer, Howard, SD 57349

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Yellow Brick Road Counseling and Therapy

601 4th Street, Brookings, SD 57006

Hours: 8:00am - 6:00pm (CT), Monday - Thursday

Phone: 605-214-6855

Eligibility: Open to all

Coverage Area: Eastern South Dakota

Mental health clinic addressing trauma in a safe and healthy way. Services offered include: Individual counseling, Marriage counseling, Divorce counseling, Dialectical Behavioral Therapy (DBT), and Cognitive Behavioral Therapy (CBT).

Counseling Services offered at Rising Hope Counseling, LLC

601 4th Street, Suite 102, Brookings, SD 57006

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: 8:30am - 4:30pm (CT), Monday - Thursday 8:30am - 12:00pm (MT), Friday

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Growth Collective, The

601 4th Street, Suite 111, Brookings, SD 57006

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-620-1745

Eligibility: Age 3 - adult

Coverage Area: Located in Brookings but serving statewide via telemental health.

A group mental health counseling practice serving children and their families age 3 - adult. Provides school-based counseling as well as in-office appointments and telemental health.

Behavioral Health Services offered at Lutheran Social Services - Northeast Region

752 22nd Avenue S., Brookings, SD 57006

Website: <https://lsssd.org/what-we-do/behavioral-health-services/> **Email:** info@lsssd.org

Hours: 8:00am - 5:00pm (CT), Monday - Friday, and by appointment

Phone: 605-444-7500

Eligibility: Open to all

Coverage Area: Counties of Brookings, Brown, Codington, Grant, and Marshall.

Offers individual, couples, family therapy, education groups, and mental health assessment and evaluations.

Educational Directory (Elementary, Intermediate, Middle and High Schools) offered at South Dakota Department of Education

No Physical Address, Pierre, SD 57501

Website: <https://doe.sd.gov/ofm/edudir.aspx> **Email:** doe@state.sd.us

Hours: See website for details.

Phone: 605-773-3134

Eligibility: Open to all

Coverage Area: South Dakota

Visit the South Dakota Educational Directory to get details about any elementary, intermediate, middle, high school or alternative program within South Dakota.

Counseling Services offered at Rising Hope Counseling, LLC

420 S. Henry Street, Pierre, SD 57501

Website: risinghope605.com

Email: admin@risinghope605.com

Hours: Call for information.

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: Pierre area

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Rising Hope Counseling, LLC

118 S. Main Street, Suite 1, Chamberlain, SD 57325

Website: risinghope605.com

Email: admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Rising Hope Counseling, LLC

700 S. Washington Avenue, Suite 100, Madison, SD 57042

Website: risinghope605.com

Email: admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Rising Hope Counseling, LLC

1401 N. Main Street, Suite 108, Mitchell, SD 57301

Website: risinghope605.com

Email: admin@risinghope605.com

Hours: 9:00am - 5:00pm (CT), Monday and Wednesday 10:00am - 6:00pm (CT), Tuesday

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Rising Hope Counseling, LLC

230 6th Street, Hanson Middle School, Alexandria, SD 57311

Website: risinghope605.com

Email: admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Rising Hope Counseling, LLC

230 6th Street, Hanson Elementary, Alexandria, SD 57311

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Rising Hope Counseling, LLC

104 W. Main Street, Parkston, SD 57366

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Rising Hope Counseling, LLC

304 W. SD Highway 38, Suite 126, Hartford, SD 57033

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Psychiatry Services offered at Silver Lining Integrative Psychiatry

510 S. Valley View Road, Suite 2, Sioux Falls, SD 57106

Website: <https://silverliningintegrativepsychiatry.com/> **Email:** Intake@Silverliningintegrativepsychiatry.com

Hours: 9:00am - 5:00pm (CT), Monday - Friday

Phone: 605-558-0107

Eligibility: Ages 5 - 100

Coverage Area: Aberdeen, Sioux Falls, and Yankton for face-to-face services, but serving South Dakota via telehealth.

Provides counseling services to adolescents and adults struggling with anxiety, ADD/ADHD, depression, panic, bipolar disorders, and post-traumatic stress disorder (PTSD) in order to bridge the gap while patients are finding long-term counselors.

Cognitive Behavioral Group Therapy offered at Transformation Project, The

500 N. Western Avenue, Sioux Falls, SD 57104

Website: www.transformationprojectsd.org **Email:** admin@transformationprojectsd.org

Hours: Hours vary. Please call or email

Phone: 605-610-8579

Eligibility: Gender non-conforming adults ages 18-40.

Coverage Area: South Dakota and a 40-mile radius

Provides a supportive and affirming environment to address LGBTQ-related stress, depression, and anxiety.

Counseling Services offered at Lourdes Center, The

523 N. Duluth Avenue, Sioux Falls, SD 57104

Website: www.thelourdescenter.com **Email:** tlc@sfcatholic.org

Hours: 8:30am - 5:00pm (CT), Monday - Thursday 8:30am - 12:00noon (CT) Friday

Phone: 605-988-3775

Eligibility: Open to all

Coverage Area: Cities of Aberdeen, Sioux Falls, Watertown, and Yankton

Licensed, professional counseling for adults and children. All areas of counseling are available including individual, marriage, and family.

Counseling Services offered at Parts of You Therapy

505 W. 9th Street, Suite 203, Sioux Falls, SD 57104

Hours: 9:00am - 6:00pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday

Phone: 605-550-2655

Eligibility: Open to teens and adults ages 12 and older.

Coverage Area: Individual and group therapy sessions for Sioux Falls area residents. Telehealth services throughout South Dakota.

Counseling Services include individual counseling, youth counseling, parent counseling, LGBTQ+ counseling, gender identity counseling, grief/bereavement counseling, and cognitive behavioral therapy.

Mental Health Counseling and Parenting Classes offered at Recourse Solutions Sioux Empire LLC

100 S. Spring Avenue, Sioux Falls, SD 57104

Hours: By appointment only.

Phone: 605-271-6979

Eligibility: Open to those 10 and up.

Coverage Area: South Dakota and Iowa via telehealth. Social Early Neutral Evaluation (SENE) is available in Minnesota via telehealth.

Providing mental health services, Positive Indian Parenting (parenting education for Native American parents), and court approved parent education classes for parents who are separated or divorced.

Mental Health Counseling and Parenting Classes offered at Recourse Solutions Sioux Empire LLC

629 S. Minnesota Avenue, Suite 203, Sioux Falls, SD 57104

Hours: 9:00am - 5:00pm (CT), Monday - Thursday

Phone: 605-271-6979

Eligibility: Open to those 10 and up.

Coverage Area: South Dakota and Iowa via telehealth. Social Early Neutral Evaluation (SENE) is available in Minnesota via telehealth.

Providing mental health services, Positive Indian Parenting (parenting education for Native American parents), and court approved parent education classes for parents who are separated or divorced.

Residential Treatment offered at Children's Home Society of South Dakota

801 N. Sycamore Avenue, Loving School, Sioux Falls, SD 57110

Hours: Office hours: 8:00am - 5:00pm (CT), Monday - Friday Residential 24 hours a day / 7 days a week

Phone: 605-334-6004

Eligibility: Children ages 4 - 14 with emotional or behavioral problems

Coverage Area: South Dakota

Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

Counseling Services offered at Talking Pointe, The

3701 W. 49th Street, Suite 202C, Sioux Falls, SD 57106

Hours: 9:00am - 5:00pm (CT), Monday - Friday

Phone: 605-215-1309

Eligibility: Children, teens, and adults

Coverage Area: Sioux Falls and surrounding areas. Telehealth appointments are available for east river clients.

Counseling services offered are individual counseling, couples counseling, family counseling, youth counseling, and marriage counseling.

Counseling Services offered at Stronghold Counseling Services, Inc.

4300 S. Louise Avenue, Suite 201, Sioux Falls, SD 57106

Website: www.strongholdcounseling.com **Email:** info@strongholdcounseling.com

Hours: 8:00am - 8:00pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday

Phone: 605-334-7713

Eligibility: Open to all

Coverage Area: South Dakota

Assessments and therapy for individuals, groups, families, of all ages. Services address alcohol abuse and addiction, sexual abuse, spiritual abuse, marriage problems, family problems, adolescent and child adjustment, anxiety, grief, eating disorders, physical abuse, emotional abuse, delinquency problems, parent-child conflicts, stress, depression, spiritual needs, and mid-life issues.

Offers telehealth sessions only if it is covered by insurance and client is located in state at the time of the call. Preference is for the first appointment to be face-to-face. The website wecounsel is used for telehealth services.

Counseling Services offered at Counseling Resources

4109 S. Carnegie Circle, Sioux Falls, SD 57106

Hours: 9:00am - 5:00pm (CT), Monday - Thursday 9:00am - 2:00pm (CT), Friday

Phone: 605-331-2419

Eligibility: Ages 17 years and older

Coverage Area: Eastern South Dakota

Outpatient mental health, substance abuse and co-occurring disorders therapy. Caring, confidential and professional.

Counseling Services offered at Midwest Wellness Institute, PLLC

4308 S. Arway Drive, Sioux Falls, SD 57106

Website: www.mwihealth.org/ **Email:** office@mwihealth.org

Hours: 8:00am - 5:00pm (CT), Monday - Friday Office staff works remotely some days; please call before stopping in.

Phone: 605-573-2000

Eligibility: Open to all

Coverage Area: South Dakota

MWI Health finds innovative ways to improve lives with team of mental health providers, offering psychiatric evaluations, medication management, and individual psychotherapy in Sioux Falls, SD, with telehealth options available.

Counseling Services offered at Alexander Therapy & Consulting, PLLC

No Physical Address, Sioux Falls, SD 57103

Hours: 9:00am - 9:00pm (CT), Monday and Tuesday 9:00am - 3:00pm (CT), Wednesday

Phone: 605-206-9301

Eligibility: Adults ages 18 and up

Coverage Area: South Dakota via telehealth

Provide a safe and compassionate space for people from all walks of life to work through various mental health struggles so they can live a more vibrant and healthy life.

Counseling Services offered at Guiding Light Counseling, LLC

5024 S. Bur Oak Place, Suite 113B, Sioux Falls, SD 57108

Website:

<https://sarah-scherr.clientsecure.me/?mld=18341d8b6e8569-0e1e8db0ccd33d-26021c51-15f900-18341d8b6e93cc#home>

Email: guidinglightcounselingsf@gmail.com

Hours: 12:00noon - 6:00pm (CT), Monday, Wednesday 9:00am - 5:00pm (CT), Tuesday, Thursday, Friday

Phone: 605-413-6835

Eligibility: Ages 13 and up.

Coverage Area: South Dakota. Telehealth visits are available for people living outside of the Sioux Falls area.

A for-profit counseling center serving teens and adults in the Sioux Falls area. Also trained in Accelerated Resolution Therapy - a type of therapy that helps alleviate trauma symptoms.

Addiction Recovery Program offered at Avera Behavioral Health

2412 S. Cliff Avenue, Avera Professional Plaza, Sioux Falls, SD 57105

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-322-5700

Eligibility: Open to individuals, couples, and families affected by addiction or co-occurring issues.

Coverage Area: Eastern South Dakota

Individuals, couples, or families can get treatment for co-occurring issues of substance abuse/addictive disorders.

Behavioral Health Urgent Care offered at Avera Behavioral Health

4400 W. 69th Street, Suite 1500, Sioux Falls, SD 57108

Hours: Open 24 hours a day / 7 days a week

Phone: 605-322-4065

Eligibility: Open to all

Coverage Area: Eastern South Dakota

Provides a level of care assessment and identifies referral options for patients in behavioral health crisis.

Adolescent Partial Hospitalization Program offered at Avera Behavioral Health

4400 W. 69th Street, Suite 1500, Sioux Falls, SD 57108

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-322-4056

Eligibility: Adolescents ages 12 - 18

Coverage Area: Eastern South Dakota

Offering partial hospitalization and intensive outpatient treatment for adolescents.

Assessment and Referral offered at Avera Behavioral Health

4400 W. 69th Street, Suite 100, Sioux Falls, SD 57108

Hours: 24 hours a day / 7 days a week. A message may be left if call is not able to be answered immediately. A staff will respond to messages as soon as possible.

Phone: 605-322-4065

Eligibility: Open to all, including children

Coverage Area: Eastern South Dakota

Program provides assessments 24-hours a day for mental health problems to determine an appropriate level of care.

Counseling Services offered at Balance Point, LLC

3508 S. Minnesota Avenue, Suite 100, Sioux Falls, SD 57105

Hours: 8:00am - 5:00pm (CT), Monday - Thursday

Phone: 605-524-8910

Eligibility: Open to all

Coverage Area: Southeastern South Dakota

Provides individual, couple, and family therapy services. Collaborative space to challenge life's ups and downs.

Counseling Services offered at Rising Hope Counseling, LLC

317 N. Heritage Parkway, Tea, SD 57064

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Service offered at Dakota Hope Counseling

1500 S. Sycamore Avenue, Suite 102, Sioux Falls, SD 57110

Hours: 9:00am - 8:00pm (CT), Monday - Friday

Phone: 605-223-5155

Eligibility: Youth (ages 10 - 18) and adults

Coverage Area: In person: Sioux Falls area; Telehealth: South Dakota

Counseling services for ages 10 - adult. In-person and telehealth appointments available.

Counseling Services offered at Counseling Cafe, The

4804 S. Minnesota Avenue, Suite 108, Suite 108, Sioux Falls, SD 57108

Website: thecounselingcafesf.com **Email:** info@thecounselingcafesf.com

Hours: 8:30am - 8:00pm (CT), Monday 8:30am - 6:00pm (CT), Tuesday - Thursday 7:30am - 12:00noon (CT), Friday

Phone: 605-271-8008

Eligibility: Adults and children ages 9 years and above

Coverage Area: South Dakota, Northwest Iowa and Minnesota

Providing a safe place for people to explore, discover and accept the individual as they are. Services offered include evaluations and assessments and professional therapy and counseling.

Counseling Services offered at Rising Hope Counseling, LLC

6340 S. Western Avenue, Suite 120, Sioux Falls, SD 57108

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Aspire Counseling, LLC

6340 S. Western Avenue, Sioux Falls, SD 57108

Website: www.aspirecounselingsd.com **Email:** info@aspirecounselingsd.com

Hours: 8:00am - 6:00pm (CT), Monday - Thursday 8:00am - 4:00pm (CT), Friday

Phone: 605-277-1422

Eligibility: Ages 5 and up

Coverage Area: Located in Sioux Falls, serving South Dakota via telehealth

Provides therapy services for those with mental health needs.

Counseling Services offered at Yellow Brick Road Counseling and Therapy

6901 S. Lyncrest Place, Suite 104, Sioux Falls, SD 57105

Hours: 8:00am - 6:00pm (CT), Monday - Thursday

Phone: 605-214-6855

Eligibility: Open to all

Coverage Area: Eastern South Dakota

Mental health clinic addressing trauma in a safe and healthy way. Services offered include: Individual counseling, Marriage counseling, Divorce counseling, Dialectical Behavioral Therapy (DBT), and Cognitive Behavioral Therapy (CBT).

Counseling Services offered at Evergreen Counseling and Consulting Services, LLC

6809 S. Minnesota Avenue, Suite 102, Sioux Falls, SD 57108

Hours: Varies; call for appointment times.

Phone: 605-423-7880

Eligibility: Open to all ages

Coverage Area: Located in Sioux Falls but serving the state of South Dakota via telemental health.

Focuses on supporting people through grief/loss, life transitions, mental health challenges, and family conflict.

Counseling Services offered at Rising Hope Counseling, LLC

841 Jackson Street, Suite C, Burke, SD 57523

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Rising Hope Counseling, LLC

451 Main Street, Scotland, SD 57059

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Telehealth Counseling Services offered at Therapy Lawgic

No Physical Location, Harrisburg, SD 57032

Hours: 8:00am - 5:00pm (CT), Monday - Friday

Phone: 605-900-6345

Eligibility: Open to all ages 10 and up.

Coverage Area: South Dakota

Provides mental health therapy via telehealth services for individuals, couples, and adolescents. Areas of specialty include anxiety, depression, trauma, relationship challenges, and LGBTQ+ empowerment. Sessions are tailored to meet clients personal needs in a secure, confidential, and convenient virtual environment.

Counseling Services offered at Rising Hope Counseling, LLC

904 E. 5th Street, Canton, SD 57013

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Rising Hope Counseling, LLC

1108 W. Cedar Street, Suite 5B, Beresford, SD 57004

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Counseling Services offered at Lourdes Center, The

610 W. 23rd, Suite 6D, Yankton, SD 57078

Website: www.thelourdescenter.com **Email:** tlc@sfcatholic.org

Hours: 9:00am - 1:00pm (CT), Monday, Tuesday, & Thursday

Phone: 605-988-3775

Eligibility: Open to all

Coverage Area: Cities of Aberdeen, Sioux Falls, Watertown, and Yankton

Licensed, professional counseling for adults and children. All areas of counseling are available including individual, marriage, and family.

Counseling Services offered at Stronghold Counseling Services, Inc.

610 W. 23rd Street, Suite 8, Yankton, SD 57078

Website: www.strongholdcounseling.com **Email:** info@strongholdcounseling.com

Hours: 9:00am - 8:00pm (CT), Monday - Thursday 9:00am - 3:00pm (CT), Friday

Phone: 605-334-7713

Eligibility: Open to all

Coverage Area: South Dakota

Assessments and therapy for individuals, groups, families, of all ages. Services address alcohol abuse and addiction, sexual abuse, spiritual abuse, marriage problems, family problems, adolescent and child adjustment, anxiety, grief, eating disorders, physical abuse, emotional abuse, delinquency problems, parent-child conflicts, stress, depression, spiritual needs, and mid-life issues.

Offers telehealth sessions only if it is covered by insurance and client is located in state at the time of the call. Preference is for the first appointment to be face-to-face. The website wecounsel is used for telehealth services.

Psychiatry Services offered at Silver Lining Integrative Psychiatry

100 Douglas Avenue, Yankton, SD 57078

Website: <https://silverliningintegrativepsychiatry.com/> **Email:** Intake@Silverliningintegrativepsychiatry.com

Hours: Mondays by appointment only

Phone: 605-558-0107

Eligibility: Ages 5 - 100

Coverage Area: Aberdeen, Sioux Falls, and Yankton for face-to-face services, but serving South Dakota via telehealth.

Provides counseling services to adolescents and adults struggling with anxiety, ADD/ADHD, depression, panic, bipolar disorders, and post-traumatic stress disorder (PTSD) in order to bridge the gap while patients are finding long-term counselors.

Counseling Services offered at Rising Hope Counseling, LLC

717 E. Main Street, Vermillion, SD 57069

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Recovery Support Services offered at Aneptu Luta Otipi

North Route, Kyle, SD 57752

Hours: 9:00am - 4:00pm (MT), Monday - Friday

Phone: 605-455-2331

Eligibility: Enrolled Tribal Members 12 years of age and older; degree of Indian blood or Tribal Enrollment number required.

Coverage Area: Pine Ridge Reservation

Aims to assist clients in recovery maintenance. Recovery Support services includes formal aftercare programs, wellbriety, traditional pathways, and talking circles.

Clinical Outpatient Therapy Services offered at Children's Home Society of South Dakota

1330 Jolly Lane, Rapid City, SD 57703

Hours: 8:00am - 4:00pm (MT), Monday - Friday

Phone: 605-343-2811

Eligibility: Children, Youth, Adolescents, Teens, Families

Coverage Area: South Dakota

Offering outpatient individual, group and family counseling with many specialties in therapeutic methods.

Residential Addiction Recovery Center offered at Wellfully

22 Waterloo Street, Rapid City, SD 57701

Website: www.wellfully.org **Email:** info@wellfully.org

Hours: Office hours: 8:00am - 5:00pm (MT), Monday - Friday Residential services: 24 hours a day / 7 days a week

Phone: 605-718-4870

Eligibility: Youth ages 10 - 17 years old with an addiction assessment recommending level 111.7 Medically Monitored High Intensity Residential Substance Abuse Treatment.

Coverage Area: Located in Rapid City, but serving residents of South Dakota

Residential program offering 24 hour supervision, intensive 45-60 day program offering addiction recovery therapy.

Counseling Services offered at Esthers Rising

Rapid City, SD 57701

Website: <https://esthersrisingministry.com/free23/>

Email: referrals.esthersrising@protonmail.com

Hours: 8:00am - 6:00pm (MT), Monday - Friday

Phone: 605-519-8870

Eligibility: Adolescents who are at risk for or have experienced sexual exploitation and/or sex trafficking

Coverage Area: South Dakota

Providing trauma-based counseling for adolescents 12 - 17 who have experience or are at risk for sexual exploitation or sex trafficking.

Counseling Services offered at Rising Hope Counseling, LLC

1301 W. Omaha Street, Suite 225, Rapid City, SD 57701

Website: risinghope605.com

Email: admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Mental Health Services offered at Support Circle, The

No Physical Address, Rapid City, SD 57709

Website: www.thesupportcircle.com

Email: hello@thesupportcircle.com

Hours: Call for information.

Phone: 605-845-2058

Eligibility: Open to Adolescents and Adults. Minimum age may vary depending on location.

Coverage Area: Telehealth is available across South Dakota including the Mobridge and Aberdeen offices. Provides individualized care for a variety of situations. Offers both in-person and virtual counseling options.

Oyate Health Center - Behavioral Health Program offered at Great Plains Tribal Leaders Health Board

3200 Canyon Lake Drive, Rapid City, SD 57702

Hours: Outpatient Clinic Hours: 8:00am - 4:30pm (MT), Monday - Friday Urgent care: 7:00am - 7:00pm (MT), Monday - Sunday Pediatric after hours urgent care appointments available

Phone: 605-718-5095

Eligibility: American Indian enrollees

Coverage Area: Located in Rapid City

Oyate Behavioral Health is a component of Integrated Health Care. Individual Behavioral health services are offered through Clinic Appointment and Telehealth scheduled appointments. Walk-ins may be available.

Clinical Outpatient Therapy Services offered at Children's Home Society of South Dakota

5301 U.S. Highway 16, Rapid City, SD 57701

Hours: 8:00am - 5:00pm (MT), Monday - Friday

Phone: 605-343-2811

Eligibility: Children, Youth, Adolescents, Teens, Families

Coverage Area: South Dakota

Offering outpatient individual, group and family counseling with many specialties in therapeutic methods.

Medication Management for Mental Health offered at Rapid City Mental Health Professionals, LLC

3939 Canyon Lake Drive, Suite A, Rapid City, SD 57702

Website: www.rapidcitymentalhealth.com

Email: office@rapidcitymentalhealth.com

Hours: 8:00am - 5:00pm (MT), Monday - Friday

Phone: 605-716-3555

Eligibility: Open to ages 10 and up

Coverage Area: South Dakota and Wyoming

Culturally sensitive mental health care for adults and adolescents.

Residential Treatment offered at Children's Home Society of South Dakota

24100 S. Rockerville Road, Owen School, Rapid City, SD 57702

Hours: Office hours: 8:00am - 5:00pm (MT), Monday - Friday Residential 24 hours a day / 7 days a week

Phone: 605-343-5422

Eligibility: Children ages 4 - 14 with emotional or behavioral problems

Coverage Area: South Dakota

Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

Counseling Services offered at Belle Fourche Counseling, LLC

515 National Street, Suite 103, Belle Fourche, SD 57717

Website: www.bellefourhecounseling.com

Email: info@bellefourhecounseling.com

Hours: 8:00am - 5:00pm (MT), Monday - Friday

Phone: 605-722-8090

Eligibility: Open to all

Coverage Area: Located in Belle Fourche, serving South Dakota via telehealth.

Individual and family therapy services, specializing in eye movement desensitization and reprocessing (EMDR), trauma (including abuse) focused cognitive behavioral therapy (CBT), critical incident stress management, Thinking for a Change Group, and Love and Logic Parenting.

Offers telehealth counseling. Does not require the person to attend an intake session in person. Can mail intake paperwork and this should be returned via mail or email prior to first session. Services are provided through a secure video connection.

Strives to provide culturally relevant and sensitive care.

Counseling Services offered at Rising Hope Counseling, LLC

3105 W. Fairground Loop, Spearfish, SD 57783

Website: risinghope605.com **Email:** admin@risinghope605.com

Hours: Call for information

Phone: 605-494-1500

Eligibility: Open to all

Coverage Area: South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

SAMHSA Behavioral Health Treatment Finder offered at Substance Abuse and Mental Health Services Administration

5600 Fishers Lane, Substance Abuse and Mental Health Services Administration, Rockville, MD 20857

Hours: Website available 24 hours a day / 7 days a week

Phone: 800-662-4357

Eligibility: Open to all

Coverage Area: United States (other than South Dakota)

The Behavioral Health Treatment Services Locator, is a source of information related to substance abuse/addiction and/or mental health services for persons seeking treatment facilities (outside of South Dakota) in the United States or U.S. Territories.

Counseling and Support Groups offered at CancerCare

275 7th Avenue, New York, NY 10001

Website: www.cancercare.org **Email:** info@cancercare.org

Hours: 10:00am - 6:00pm (ET), Monday - Thursday 10:00am - 5:00pm (ET), Friday

Phone: 212-712-8400

Eligibility: Anyone who is touched by cancer including: the person diagnosed, family, friends, co-workers, and the bereaved

Coverage Area: United States, Puerto Rico and U.S. Territories

Comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All services are provided by oncology social workers and world-leading cancer experts.

MindWise Innovations

270 Bridge Street, Suite 205, Dedham, MA 2026

Website: mindwise.org **Email:** info@mindwise.org

Hours: 24 hours a day / 7 days a week

Phone: 781-239-0071

Eligibility: Open to all including College Students, Active-Duty Military, National Guard, Reserves, Veterans, and their families

Coverage Area: United States

A self-assessment questionnaire, regarding mental health and substance abuse, to assess if treatment or evaluation would be beneficial.

Transportation Services offered at City of Aberdeen

205 N. 4th Street, Aberdeen, SD 57401

Hours: 7:00am - 7:00pm (CT), Monday - Friday No weekend hours.

Phone: 605-626-3333

Eligibility: Open to all

Coverage Area: City of Aberdeen and surrounding 2.5 mile radius

Provides public transportation to the elderly, disabled, youth, and the general public. Rides must be scheduled at least one day in advance of your appointment. Reservations are accepted from 7:00am - 4:00pm, Monday - Friday.

Public Transportation offered at Community Transit of Watertown/Sisseton, Inc.

811 4th Avenue E., Sisseton, SD 57262

Hours: Call for information

Phone: 605-698-7511

Eligibility: Open to all

Coverage Area: Counties of Brown, Campbell, Clark, Codington, Day, Deuel, Edmunds, Faulk, Grant, Hamlin, Marshall, McPherson, Roberts, and Spink. Cities of Groton and Lennox (parts of Brown and Lincoln Counties).

A non-profit demand response public transit system. All locations provide accessible transportation to the elderly, persons with disabilities, children and general public.

Public Transportation offered at Community Transit of Watertown/Sisseton, Inc.

205 1st Avenue N.E., Watertown, SD 57201

Hours: 6:00am - 6:00pm (CT), Monday - Friday 6:00am - 4:00pm (CT), Saturday

Phone: 605-882-5287

Eligibility: Open to all

Coverage Area: Counties of Brown, Campbell, Clark, Codington, Day, Deuel, Edmunds, Faulk, Grant, Hamlin, Marshall, McPherson, Roberts, and Spink. Cities of Groton and Lennox (parts of Brown and Lincoln Counties).

A non-profit demand response public transit system. All locations provide accessible transportation to the elderly, persons with disabilities, children and general public.

In-Home Nursing Services offered at Home Instead

810 S. Maple Street, Watertown, SD 57201

Hours: 24 hours a day / 7 days a week

Phone: 605-878-3330

Eligibility: School age to elderly individuals

Coverage Area: East River South Dakota and Black Hills area.

Offers both skilled and non-skilled nursing services from school age to elderly individuals.

Statewide Services offered at River Cities Public Transit

1600 E. Dakota Avenue, Pierre, SD 57501

Hours: 24 hours a day / 7 days a week / 365 days a year

Phone: 605-945-2360

Eligibility: Open to all

Coverage Area: South Dakota

RCPT coordinates with all other transit agencies in South Dakota and can facilitate a ride statewide for medical appointments.

In-Home Nursing Services offered at Home Instead

211 E. Havens Avenue, Mitchell, SD 57301

Hours: Office Hours: 9:00am - 5:00pm (CT), Monday - Friday Services available 24 hours a day / 7 days a week

Phone: 605-996-0503

Eligibility: School age to elderly individuals

Coverage Area: East River South Dakota and Black Hills area.

Offers both skilled and non-skilled nursing services from school age to elderly individuals.

In-Home Nursing Services offered at Home Instead

5421 W. 41st Street, Suite 208, Sioux Falls, SD 57106

Hours: 24 hours a day / 7 days a week

Phone: 605-274-2273

Eligibility: School age to elderly individuals

Coverage Area: East River South Dakota and Black Hills area.

Offers both skilled and non-skilled nursing services from school age to elderly individuals.

In-Home Nursing Services offered at Home Instead

710 Mount Rushmore Road, Rapid City, SD 57701

Hours: 24 hours a day / 7 days a week

Phone: 605-716-9300

Eligibility: School age to elderly individuals

Coverage Area: East River South Dakota and Black Hills area.

Offers both skilled and non-skilled nursing services from school age to elderly individuals.