Basic Needs Resource Guide

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Employment

South Dakota Army National Guard offered at SOUTH DAKOTA DEPARTMENT OF THE MILITARY
3740 Range Road, Rapid City Army National Guard Armory, Rapid City, SD 57702
Hours: 9:00am - 5:00pm (MT), Monday - Friday
Eligibility: Visit a recruiter for specific requirements for enlistment and benefits
Identification cards for service members, dependents, and retirees may be obtained by calling to make a reservation.

Black Hills Works, Inc.
3650 Range Road, Rapid City, SD 57702
Hours: Office hours: 7:45am - 4:15pm (MT), Monday - Friday Services provided 24 hours per day.
Phone: (605) 343-4550
Eligibility: 18 years and older with one or more of the following: developmental disabilities;behavior disorders;autism;hearing and visual impairments;traumatic brain injury;and physical disabilities.
Black Hills Works provides community living training and support in a variety of settings including: Group homes Support apartments Homes in the communityTheir employment specialists are committed to assisting people with disabilities to find employment both within the Black Hills Works and in the community. They provide training and support tailored to both the individual's and the employer's needs. Other services provided include: Health education and support Recreation and leisure activities Service coordination

SeekLearnGrow
3011 Stockade Drive, Rapid City, SD 57702
Website: www.seeklearngrow.org Email: Info@SeekLearnGrow.org
Hours: Virtual office. Will meet by appointment or will communicate by phone or email.
Phone: (605) 939-0396
Eligibility: Our services are open primarily to adult students, military families and former foster children.
Free educational counseling to include document retrieval, career and school research, access to testing and tutoring, help with financial aid, mentors, and community resources.

South Dakota Army National Guard offered at SOUTH DAKOTA DEPARTMENT OF THE MILITARY
2823 W. Main Street, Rapid City, SD 57702
Hours: 9:00am - 5:00pm (MT), Monday - Friday11:00am - 2:00pm (MT), Saturday
Eligibility: Visit a recruiter for specific requirements for enlistment and benefits
Identification cards for service members, dependents, and retirees may be obtained by calling to make a reservation.

Job Corps offered at HUMAN LEARNING SERVICES (HLS)
2040 W. Main Street, Suite 302, Rapid City, SD 57702
Hours: 8:00am - 5:00pm (MT), Monday - Friday
Phone: (800) 733-5627
Eligibility: Ages 16-24, cannot have any open court issues or dates, fines over $500.00, be on probation, and must meet low-income status.
A residential education and vocational training program that is available at no cost to qualified youth ages 16 - 24. Provides training toward a GED or high school diploma and a skilled trade.
Black Hills Works, Inc. - EchoWorks offered at Black Hills Works, Inc.
800 Mickelson Drive, Western Dakota Tech, Rapid City, SD 57703
**Hours:** 7:30am - 4:00pm (MT), Monday - Friday
**Phone:** (605) 718-3000

**Eligibility:** Open to all
Employs people with disabilities and provides electronic recycling services to Rapid City and the greater Black Hills region. Accepts electronic devices including but not limited to: computers/laptops keyboards and other components flat screen monitors cell phones tablets DVR's BluRay, DVD/CD players toner cartridges projection televisions Also accepts hard drives which can be shredded. To ensure privacy, hard drives are logged from the point of collection to the point of destruction. The customer can be provided with a certificate of destruction.

Independent Living Assistance offered at Western Resources for Independent Living
529 Kansas City Street, Suite 203, Rapid City, SD 57701
**Website:** www.wril.org  **Email:** info@wril.org
**Hours:** 8:00am - 4:30pm (MT), Monday - Friday
**Phone:** (888) 434-4943

**Eligibility:** Open to all individuals of all ages with a significant disability
Western Resources for Independent Living is a center for independent living for all individuals of all ages with disabilities. We are a private non-profit agency with offices in Rapid City, Spearfish & Pierre, serving the people of 17 counties in western and central South Dakota. Independent Living is the right of an individual to make decisions to increase control over one's own life and to be responsible for those choices. Listed below are the 5 Core Services and other services provided. Individual & Systems Advocacy program Information & Referral Services Peer Support Independent Living Skills Transitions Other Services Include: Home Modifications, Ramps and Adaptive Devices Housing: assist with locating affordable housing in the community Employment Services: increase knowledge in career research, completing applications, resumes and developing interview skills Recreational Services: assist an individual to identify opportunities in the community that provide meaningful leisure time activities and to learn socialization skills Technology Adaptive Services TAD: devices that assist an individual to independently communicate Commute (Transportation) Options: transportation training, to help understand options and referrals available for transportation Youth Transition Services: services for youth 12-24 years old that promote self-awareness, self-esteem, advocacy and self-empowerment skills. Security Deposit Assistance Program: low income persons with disabilities and/or the elderly. Other factors include need of security deposit and meeting HUD income eligibility. Social Security: assist individuals with applying for SSI/SSDI benefits

Goodwill Job Center - Rapid City offered at GOODWILL OF THE GREAT PLAINS
611 Lindbergh Avenue, Rapid City, SD 57701
**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday9:00am - 12:00noon (MT), Friday
**Phone:** (605) 341-3581
**Eligibility:** Open to all
Assistance with job search and preparation, resume building, and interviewing skills.

Volunteers of America, Northern Rockies - Veterans Services offered at VOLUNTEERS OF AMERICA, NORTHERN ROCKIES
111 New York Street, Rapid City, SD 57701
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday
**Phone:** (605) 341-8336 Ext. 8
**Eligibility:** Veteran
Offers case management, laundry facility, showers and bathrooms, computer access for job searches and resume preparation, phone message and mail center, and snacks. Cooking and Non-Cooking food boxes available.

Stronger Family Program offered at Youth & Family Services
120 E. Adams Street, Suite 100, Rapid City, SD 57701
**Website:** www.strongerfamily.org  **Email:** wehelpkids@youthandfamilyservices.org
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday
**Phone:** (605) 791-5025
**Eligibility:** Open to all adults
Focuses on strengthening families as a whole by providing curriculum, strategies, and activities that will support healthy marriages, relationships, and families. Participants will develop the skills necessary to build strong relationships and increase their trajectory toward economic stability, mobility, and employability.

**Love INC of the Black Hills - Life INC offered at LOVE INC OF THE BLACK HILLS**
414 E. Omaha, Rapid City, SD 57701
**Website:** [www.loveinconline.com](http://www.loveinconline.com)  **Email:** mail@love-inc.us
**Hours:** Office hours: 8:30am - 4:30pm (MT), Monday - Thursday 8:30am - 12:00noon (MT), Friday*COVID info below
**Phone:** (605) 718-5683
**Eligibility:** Classes held in these cities, but people can attend from anywhere/are open to anyone who is interested
A 9-week program (held in Sturgis or Rapid City) with classes on money management, parenting, relationships, nutrition, and Christianity. Ability to earn groceries, haircuts, and other incentives through attendance and homework. Meal, and childcare provided. Application required.

**Youth and Young Adult Drop-In and Transitional Housing Center offered at Family Connections Center**
706 E. Monroe Street, Rapid City, SD 57701
**Hours:** 1:00pm - 8:00pm (MT), Monday - Sunday
**Phone:** (605) 716-0422
**Eligibility:** Youth and Young Adults ages 16-24
Providing a variety of services for youth to access educational, employment, and live independently.

**National Farmworker Jobs Program offered at SOUTH DAKOTA DEPARTMENT OF LABOR AND REGULATION**
730 E. Watertown Street, Rapid City, SD 57701
**Hours:** 7:30am - 4:00pm (MT), Monday - Friday
**Phone:** (605) 394-5120
**Eligibility:** Individuals and families who have done any farm or ranch work in the last 2 years
Depending upon availability of funds, provides farm or ranch workers assistance with financial aid for Technical schools and colleges;subsidized on-site training programs;employment counseling;job placement, testing and evaluation;financial assistance in relocating for education training and job placement;emergency financial services such as, but not limited to: emergency food, shelter, rental assistance, and transportation costs).

**Black Hills Special Services Cooperative - Adult Education/GED/ESL Program offered at Black Hills Special Services Cooperative**
730 E. Watertown Street, Rapid City, SD 57701
**Hours:** 8:00am - 4:00pm (MT), Monday - Friday
**Phone:** (605) 394-5120
**Eligibility:** Open to all
The Career Learning Center of the Black Hills provides adult education to individuals 18 years and older to prepare for the GED and/or brush-up on their educational skills in order to pursue post-secondary education.

**Career Learning Center of the Black Hills offered at Black Hills Special Services Cooperative**
730 E. Watertown Street, Rapid City, SD 57701
**Hours:** 8:00am - 4:00pm (MT), Monday - Friday
**Phone:** (605) 394-5120
**Eligibility:** Open to all
Offers a variety of education, training, and employment services;including GED preparation and testing. Call for locations in Spearfish and Belle Fourche.

**Dress for Success Black Hills**
217 Kansas City Street, Suite 300, OneHeart Campus, Rapid City, SD 57701
**Website:** [https://blackhills.dressforsuccess.org/](https://blackhills.dressforsuccess.org/)  **Email:** blackhills@dressforsuccess.org
Hours: By appointment only
Phone: (605) 718-9149
Eligibility: Women
Assisting women with clothing, confidence, education and support to help them build their careers over time. All clients will need to be referred by community partners that have been established.

Vocational Rehabilitation - Rapid City Office offered at SOUTH DAKOTA DEPARTMENT OF HUMAN SERVICES
2330 N. Maple Avenue, Suite 2, Rapid City, SD 57701
Hours: 8:00am - 5:00pm (CT), Monday - Friday
Phone: (605) 394-2261
Eligibility: Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment, Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome; and, Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment. Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

Rapid City Job Service Office offered at SOUTH DAKOTA DEPARTMENT OF LABOR AND REGULATION
2330 N. Maple Avenue, Suite 1, Behind Rushmore Mall, Rapid City, SD 57701
Website: https://dlr.sd.gov/localoffices/rapidcity/default.aspx Email: dlr.rapidcity@state.sd.us
Hours: 8:00am - 5:00pm (MT), Monday - Wednesday, Friday 9:00am - 5:00pm (MT), Thursday
Phone: (605) 394-2296
Eligibility: Call for information
Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Communication Service for the Deaf, Inc.
2310 N. Maple Avenue, Rapid City, SD 57701
Website: http://csdsouthdakota.org/ Email: sdprograms@csd.org
Hours: 10:00am - 3:00pm (MT), Monday - Thursday (earlier/later by appointment) Friday by appointment
Phone: (605) 394-6864
Eligibility: Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons
Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

Service to the Blind and Visually Impaired - Rapid City offered at SOUTH DAKOTA DEPARTMENT OF HUMAN SERVICES
2330 N. Maple Avenue, Suite 2, Rapid City, SD 57701
Hours: 8:00am - 5:00pm (MT), Monday - Friday
Phone: (605) 394-2261
Eligibility: Must be blind, low vision, or visually impaired and want to obtain or retain employment.
State agency that works with individuals who are blind and or visually impaired in the area of employment and independent living. Services that are available if eligibility is met and or economic need include: Diabetic education Vocational counseling Job placement Training in specialized skills of blindness (cane, travel, braille, daily living) Job development On-the-job training Guidance and counseling Job follow-up Restoration Assistive technology services Job retention Funding for training Funding for eye surgery (If economic need is met) Low vision services (includes a visual examination conducted by a trained specialist in the field of low vision, assessment of visual functioning of individual needs and goals, prescriptions for specialized low vision devices, and individualized training). Free low vision support group meets the first Thursday of the month.
Ellsworth Air Force Base - Airman and Family Readiness Center offered at ELLSWORTH AIR FORCE BASE
1000 Ellsworth Street, Suite 1500, Ellsworth Afb, SD 57706
Website: www.ellsworthafrc.org  Email: ellafrc2@ellsworth.af.mil
Hours: 8:00am - 4:00pm (MT), Monday - Friday
Phone: (605) 385-4663
Eligibility: Military members and their dependents, military retirees, Department of Defense civilian employees, and members of the guard, reserve, and their dependents
Supports service members, veterans, and their families. Services include critical intervention and referral, legal resources, financial resources, Tricare resources, ID cards, and community information, referrals, and outreach.

Love INC of the Black Hills - Sturgis Life INC offered at LOVE INC OF THE BLACK HILLS
1039 1st Street, Sturgis, SD 57785
Hours: Office hours: 8:00am - 12:00noon (MT), Tuesday, Wednesday, and Friday*COVID info below
Phone: (605) 206-3515
Eligibility: Call for information
Partnering with local churches to help mobilize & expand our capacity to serve those in the greater Sturgis area through life skills classes, Clothe-a-Kid and community giveback programs. Build relationships, build yourself, build the community.

Spearfish Job Service Office offered at SOUTH DAKOTA DEPARTMENT OF LABOR AND REGULATION
1401 Lazelle Street, Sturgis Community Center - Meade Room, Sturgis, SD 57785
Website: https://dlr.sd.gov/localoffices/spearfish/default.aspx  Email: dlr.spearfish@state.sd.us
Hours: 9:00am - 12:00noon (MT), Tuesdays
Phone: (605) 641-0965
Eligibility: Call for information
Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Northern Hills Training Center
625 Harvard Street, Spearfish, SD 57783
Website: www.nhtc.org  Email: contact@nhtc.org
Hours: 8:00am - 4:00pm (MT), Monday - Friday
Phone: (605) 642-2785
Eligibility: Open to those with intellectual and developmental disabilities.
Provides training and employment services to individuals with intellectual and developmental disabilities.

Spearfish Job Service Office offered at SOUTH DAKOTA DEPARTMENT OF LABOR AND REGULATION
1300 North Avenue, Spearfish, SD 57783
Website: https://dlr.sd.gov/localoffices/spearfish/default.aspx  Email: dlr.spearfish@state.sd.us
Hours: 8:00am - 5:00pm (MT), Monday - Wednesday, and Friday9:00am - 5:00pm (MT), Thursdays
Phone: (605) 642-6900
Eligibility: Call for information
Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Independent Living Assistance offered at Western Resources for Independent Living
430 Oriole Drive, Suite C, Spearfish, SD 57783
Website: www.wril.org  Email: info@wrl.org
Hours: 8:00am - 4:30pm (MT), Monday - Friday
Phone: (888) 434-4943
Eligibility: Open to all individuals of all ages with a significant disability
Western Resources for Independent Living is a center for independent living for all individuals of all ages with disabilities. We are a private non-profit agency with offices in Rapid City, Spearfish & Pierre, serving the people of 17 counties in western and central South Dakota. Independent Living is the right of an individual to make decisions to increase control over one's own life and to be responsible for those choices. Listed below are the 5 Core Services and other services provided. Individual & Systems Advocacy program Information & Referral Services Peer Support Independent Living Skills Transitions Other Services Include: Home Modifications, Ramps and Adaptive Devices Housing: assist with locating affordable housing in the community Employment Services: increase knowledge in career research, completing applications, resumes and developing interview skills Recreational Services: assist an individual to identify opportunities in the community that provide meaningful leisure time activities and to learn socialization skills Technology Adaptive Services TAD: devices that assist an individual to independently communicate Commute (Transportation) Options: transportation training, to help understand options and referrals available for transportation Youth Transition Services: services for youth 12-24 years old that promote self-awareness, self-esteem, advocacy and self-empowerment skills. Security Deposit Assistance Program: low income persons with disabilities and/or the elderly. Other factors include need of security deposit and meeting HUD income eligibility. Social Security: assist individuals with applying for SSI/SSDI benefits

Vocational Rehabilitation - Spearfish Office offered at SOUTH DAKOTA DEPARTMENT OF HUMAN SERVICES
1300 North Avenue, Spearfish, SD 57783
Hours: 8:00am - 5:00pm (CT), Monday - Friday
Phone: (605) 642-6817
Eligibility: Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome; and. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment. Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

Career Launch SD offered at SOUTH DAKOTA DEPARTMENT OF LABOR AND REGULATION
123 W. Missouri Avenue, Pierre, SD 57501
Hours: 8:00am - 5:00pm (CT), Monday - Friday
Phone: (605) 773-3101
Eligibility: High school students and youth ages 14-24
Helps youth ages 14-24 explore education and career options. Specific services provided by Career Advisors include: resume/cover letter writing, applications, interviewing skills, soft skills, career exploration, job search assistance, work experience*, on-the-job training, funding for post-secondary training*, and financial awareness. (*Must meet eligibility requirements.)

National Farmworker Jobs Program offered at SOUTH DAKOTA DEPARTMENT OF LABOR AND REGULATION
123 W. Missouri Avenue, Pierre, SD 57501
Hours: 8:00am - 5:00pm (CT), Monday - Friday
Phone: (605) 494-3608
Eligibility: Individuals and families who have done any farm or ranch work in the last 2 years
Depending upon availability of funds, provides farm or ranch workers assistance with financial aid for Technical schools and colleges; subsidized on-site training programs; employment counseling; job placement, testing and evaluation; financial assistance in relocating for education training and job placement; emergency financial services such as, but not limited to: emergency food, shelter, rental assistance, and transportation costs.

Independent Living Assistance offered at Western Resources for Independent Living
633 E. Sioux Avenue, Suite 6, Pierre, SD 57501
Website: www.wril.org Email: info@wril.org
Hours: 8:00am - 4:30pm (CT), Monday - Friday
Phone: (888) 434-4943
Eligibility: Open to all individuals of all ages with a significant disability
Western Resources for Independent Living is a center for independent living for all individuals of all ages with disabilities. We are a private non-profit agency with offices in Rapid City, Spearfish & Pierre, serving the people of 17 counties in western and central South Dakota. Independent Living is the right of an individual to make decisions to increase control over one's own life and to be responsible for those choices. Listed below are the 5 Core Services and other services provided. Individual & Systems Advocacy program Information & Referral Services Peer Support Independent Living Skills Transitions Other Services Include: Home Modifications, Ramps and Adaptive Devices Housing: assist with locating affordable housing in the community Employment Services: increase knowledge in career research, completing applications, resumes and developing interview skills Recreational Services: assist an individual to identify opportunities in the community that provide meaningful leisure time activities and to learn socialization skills Technology Adaptive Services TAD: devices that assist an individual to independently communicate Commute (Transportation) Options: transportation training, to help understand options and referrals available for transportation Youth Transition Services: services for youth 12-24 years old that promote self-awareness, self-esteem, advocacy and self-empowerment skills. Security Deposit Assistance Program: low income persons with disabilities and/or the elderly. Other factors include need of security deposit and meeting HUD income eligibility. Social Security: assist individuals with applying for SSI/SSDI benefits

Military OneSource offered at UNITED STATES DEPARTMENT OF DEFENSE
No Physical Address, Pierre, SD
Website: www.militaryonesource.mil Email: MOSwebfeedback@militaryonesource.com
Hours: Website available: 24 hours a day / 7 days a weekSECO Career Center: 7:00am - 10:00pm (ET), Monday - Friday;10:00am - 5:00pm (ET), Saturday
Phone: (800) 342-9647
Eligibility: Available to all Active Duty, Reserve, or Guard service members and their family for up to 365 days after separation.
Provides support and information 24 hours a day, 7 days a week, via telephone and online. Services include family information and referral, situational assistance, and links to military and community resources.

South Dakota Rehabilitation Center for the Blind offered at SOUTH DAKOTA DEPARTMENT OF HUMAN SERVICES
2900 W. 11th Street, Suite 101, Sioux Falls, SD 57104
Hours: 8:00am - 4:30pm (CT), Monday - Friday*COVID info below
Phone: (605) 367-5260
Eligibility: Individuals who have a vision loss creating difficulty for them at home or work. Individuals are referred by a rehabilitation counselor or teacher.
The SD Rehabilitation Center for the Blind assist individuals to learn how low vision or non-sighted skills can enhance to improve independence. Staff are trained to teach those skills that help lead people to a full productive life. Services available include: Computer training with assistive technology (including speech and Braille output) Travel with the use of a white cane Communication methods including Braille Home management (essential tasks of daily independent living that include cooking, cleaning, washing clothes, etc.) Manual Arts (use of hand and power tools to build confidence in using the skills of blindness) Low vision services (adaptive devices and exams)

South Dakota Army National Guard offered at SOUTH DAKOTA DEPARTMENT OF THE MILITARY
801 W. National Guard Drive, Sioux Falls, SD 57104
Hours: 6:30am - 5:00pm (CT), Tuesday - Friday
Phone: (605) 357-2900
Eligibility: Visit a recruiter for specific requirements for enlistment and benefits
Identification cards for service members, dependents, and retirees may be obtained by calling to make a reservation.

Education and Integration Services offered at Southeastern Behavioral Healthcare
500 E. 54th Street N., Sioux Falls, SD 57104
Hours: Special Education and Adult Day services: 9:00am - 3:00pm (CT), Monday - Friday
Phone: (605) 335-8956
Eligibility: Individuals must have a diagnosis of a developmental disability to access HCBS Funding. Children or adults who do not meet HCBS funding criteria can receive services if there is another funding source such as a local school district.
Provides services and supports to children and adults with developmental disabilities by providing support, skills and encouragement needed to achieve hopeful and successful futures. Services provided to program participants include: Special education Adult day programs Vocational programs Home-based instruction Residential living facilities Consultations Psychiatric services Medication management Counseling Transition Program

**Teachwell Solutions**  
715 E. 14th Street, Sioux Falls, SD 57104  
Website: [http://teachwell.org](http://teachwell.org)  
Email: info@teachwellsolutions.org  
Hours: 7:30am - 4:00pm (CT), Monday - Friday  
Phone: (605) 367-7680  
Eligibility: Referral required  
Provides employment and independent living skills to young adults, ages 18-21, with special needs who require assistance and support while pursuing transition goals and objectives. Job and Career Development - offers a number of supports to career-bound high school students and adults seeking employment.

**National Farmworker Jobs Program offered at SOUTH DAKOTA DEPARTMENT OF LABOR AND REGULATION**  
811 E. 10th Street, Dept. 41, Sioux Falls, SD 57103  
Hours: 8:00am - 5:00pm (CT), Monday - Friday  
Phone: (605) 367-5300 ext. 1801260  
Eligibility: Individuals and families who have done any farm or ranch work in the last 2 years  
Depending upon availability of funds, provides farm or ranch workers assistance with financial aid for Technical schools and colleges; subsidized on-site training programs; employment counseling; job placement, testing and evaluation; financial assistance in relocating for education training and job placement; emergency financial services such as, but not limited to: emergency food, shelter, rental assistance, and transportation costs.

**Senior Community Service Employment Program offered at National Indian Council on Aging**  
8500 Manuel Blvd. NE, Albuquerque, NM 87112  
Hours: Call for information.  
Phone: (505) 292-2001  
Eligibility: Low income people aged 55 and older  
The Senior Community Service Employment Program (SCSEP) at NICOA (National Indian Council on Aging) serves elderly, low-income people by building their job skills, work experience, confidence, financial security, and wellbeing. Helps elders find work, develop new skills, new talents, and earn income by participating in our on-the-job training and employment program.

**Family/Parenting/Child Care**

**Starting Strong Rapid City**  
3645 Sturgis Road, Suite 110, Rapid City, SD 57702  
Hours: 8:00am - 5:00pm (MT), Monday - Thursday  
8:00am - 4:00pm (MT), Friday  
Phone: (605) 342-6464  
Eligibility: 3 and 4 year old children  
Provides preschool scholarships to children from economically disadvantaged families in Rapid City. Children that receive scholarships can choose from 5 different area preschools.

**Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**  
3645 Sturgis Road, Suite 110, West Region Distributing Agency - Early Childhood Connections, Rapid City, SD 57702  
Website: [https://dss.sd.gov/childcare/childsafetyseat/](https://dss.sd.gov/childcare/childsafetyseat/)  
Email: ecconn@rushmore.com  
Hours: 8:00am - 5:00pm (MT), Monday - Thursday  
8:00am - 4:00pm (MT), Friday  
Call to schedule an appointment to ensure seat availability.  
Phone: (888) 999-7759
**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4’9. At 4’9, most children can safely wear a seat belt.

### Early Childhood Connections

3645 Sturgis Road, Suite 110, Rapid City, SD 57702  
**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday*COVID info below  
**Phone:** (605) 342-6464  
**Eligibility:** Parents, educators, and caregivers of children  
Offers South Dakota Child Safety Seat Program, Bright Start Responsive Parenting class, education on early childhood education, and referrals to licensed and registered child care providers.

### LifeScape - Therapy offered at Lifescape

7110 Jordan Drive, Rapid City, SD 57702  
**Hours:** 8:00am - 5:30pm (MT), Monday - Friday  
**Phone:** (605) 791-7400  
**Eligibility:** Open to all who could benefit from therapy services.  
Specialized therapy and psychology services for individuals of all ages. Free screenings for Autism (for children 4 and under), and visual challenges (for children of all ages). Services may vary by location.

### Rapid City Head Start offered at Youth & Family Services

1920 N. Plaza Boulevard, Rapid City, SD 57702  
**Website:** [www.youthandfamilyservices.org](http://www.youthandfamilyservices.org)  
**Email:** wehelpkids@youthandfamilyservices.org  
**Hours:** 8:00am - 4:00pm (MT), Monday - Friday*COVID info below  
**Phone:** (605) 342-4195  
**Eligibility:** Open to children, ages 4 weeks - 5 years, and their families.  
Youth & Family Services (YFS) Rapid City Head Start is a no-cost, parent-focused preschool program that serves children, ages 4 weeks - 5 years, from low-income homes and their families.

### Black Hills Pregnancy Center

1774 Center Street, Suite 1, Rapid City, SD 57703  
**Website:** [blackhillspregnancycenter.com](http://blackhillspregnancycenter.com)  
**Email:** blackhillspregnancycenter@gmail.com  
**Hours:** 9:00am - 5:00pm (MT), Monday - Friday*Helpline: 24 hours a day / 7 days a week  
**Phone:** (605) 341-4477  
**Eligibility:** Open to all  
Provides all services free: pregnancy testing, limited ultrasound, pre-natal vitamins, local support, community referrals, maternity and infant clothing, and parenting classes.

### Volunteers of America, Northern Rockies - Community Outreach offered at VOLUNTEERS OF AMERICA, NORTHERN ROCKIES

111 New York Street, Rapid City, SD 57701  
**Hours:** 11:00am - 4:00pm (MT), Monday, Tuesday, Thursday, Friday  
**Phone:** (605) 341-8336  
**Eligibility:** Parents and guardians of children under age 5 who are in an emergency need of basic baby items. Provides case management services to parents and guardians of children under 5 to problem-solve areas surrounding housing, education, employment and general finances. Some diapers, wipes, and formula available dependent on community donations.

### Rapid City Head Start offered at Youth & Family Services

120 E. Adams Street, Rapid City, SD 57701  
**Website:** [www.youthandfamilyservices.org](http://www.youthandfamilyservices.org)  
**Email:** wehelpkids@youthandfamilyservices.org
Hours: 8:00am - 4:00pm (MT), Monday - Friday*COVID info below
Phone: (605) 342-4233
Eligibility: Open to children, ages 4 weeks - 5 years, and their families.
Youth & Family Services (YFS) Rapid City Head Start is a no-cost, parent-focused preschool program that serves children, ages 4 weeks - 5 years, from low-income homes and their families.

Rapid City Head Start offered at Youth & Family Services
410 E. Monroe Street, Rapid City, SD 57701
Website: www.youthandfamilyservices.org Email: wehelpkids@youthandfamilyservices.org
Hours: 8:00am - 4:00pm (MT), Monday - Friday*COVID info below
Phone: (605) 341-6448
Eligibility: Open to children, ages 4 weeks - 5 years, and their families.
Youth & Family Services (YFS) Rapid City Head Start is a no-cost, parent-focused preschool program that serves children, ages 4 weeks - 5 years, from low-income homes and their families.

Car Seat Safety offered at SUE JARVIS, CPST
No Physical Location, Hill City, SD 57745
Hours: Flexible. Text message to schedule.
Phone: (605) 430-2704
Eligibility: Open to all
Assists with car seat installation and inspections.

Black Hills Special Services Cooperative - Birth to 3 offered at Black Hills Special Services Cooperative
730 E. Watertown Street, Rapid City, SD 57701
Hours: 8:00am - 4:00pm (MT), Monday - Friday
Phone: (605) 347-4467 Ext. 1719
Eligibility: Open to all
Provides parents and families support through information and education.

Western South Dakota Community Action - CARES Act Programs offered at WESTERN SOUTH DAKOTA COMMUNITY ACTION
1844 Lombardy Drive, Rapid City, SD 57703
Hours: Office hours: 8:00am - 4:30pm (MT), Monday - Friday
Direct services hours: 9:00am - 12:00noon; 12:30pm - 4:00pm (MT), Monday - Thursday 9:00am - 12:00noon; 12:30pm - 3:00pm (MT), Friday
Phone: (605) 348-1460
Eligibility: MUST be affected by COVID-19.
The following programs are available for those who have been affected by COVID-19:
- Expanded Youth Services - Funds for extracurricular activities and educational/recreational activities are available.
- Healthy Homes - Eligible applicants can receive cleaning supplies for the home. Cleaning supplies include but are not limited to disinfectants, bathroom cleaners, vacuum cleaner, kitchen cleaners, laundry supplies and sanitizers. Laundry stipends also available (ask for details).
- Expanded Health Program - Medical or Mental Health Services associated with COVID-19 including but not limited to Co-pay lab work, fees for treatment services, and transportation assistance.
- Food Assistance - Food assistance can be provided through multiple streams including farmer's markets, grocery stores, and WSDCA food distribution. Proof of income MUST be provided.
- Childcare - Childcare applicants MUST submit documentation related to school closures, layoffs and tax returns for indicating the household size.
- Expanded Employment Services - Provides assistance to potential and newly hired employees to obtain items for employment. Job search documents will be required along with employers contact information which should include starting date and salary. Program will provide vouchers to vendors or pay vendors directly for work related items/tools. Transportation assistance will be given with supporting documents. Temporary shelter placement (30 days) will be included if the applicant is working and needing housing.
- Collaborative Partnership - Linkage - Provides emergency services on a referral basis to organizations needing support to assist those with shelter and treatment from local providers or the Homelessness Coalition of Rapid City.
- Automobile program - One-time allocation for an automobile purchase - 2 to 1 matching program. Hotel accommodations and treatment services will be provided to those individuals referred. Vehicle repairs are also a one-time allocation and require proof of income, repair notice, Driver's License and proof of income. Must provide bank statements with savings, Driver's license and proof of insurance.
Rural America Initiatives - Prenatal to Five Head Start offered at RURAL AMERICA INITIATIVES
2112 S. Valley Drive, Rapid City, SD 57703
Hours: 8:00am - 4:30pm (MT), Monday-Friday
Phone: (605) 343-4741
Eligibility: Prenatal moms and infants ages 0-5; families with income below the poverty line (or receiving TANF), foster children (regardless of family income), children with disabilities
A national program that promotes school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and their families. Services include: Head start and early head start part and full day, school year, and full year options. Breakfast, lunch and snack provided. Transportation is available for those with need. Cultural and language curriculum for the Lakota/Dakota Language Services for prenatal mothers. Developmental screenings.

DSS Rapid City offered at South Dakota Department of Social Services
221 Mall Drive, Suite 101, Rapid City, SD 57701
Website: [https://dss.sd.gov/](https://dss.sd.gov/)
Email: RCCustomersupport@state.sd.us
Hours: 8:00am - 5:00pm (MT), Monday - Friday*COVID info below
Phone: (605) 394-2525
Eligibility: Call for information
Provides financial help for child care costs for families who are working, seeking employment, and/or going to school. TANF, Medicaid, CHIP, SNAP, Child Support, and Child Protection Services.

Birthright of Rapid City offered at BIRTHRIGHT
2002 5th Street, Rapid City, SD 57701
Website: [www.facebook.com/profile.php?id=100070412975938](https://www.facebook.com/profile.php?id=100070412975938)
Email: rapidcity@birthright.org
Hours: 12:00noon - 4:00pm (MT), Monday, Wednesday, Friday
Phone: (605) 343-1732
Eligibility: Open to all
Provides women free and confidential pregnancy tests, emotional support, prenatal information, and referrals.

Rapid City Area Schools - Jefferson Building offered at RAPID CITY AREA SCHOOLS
21 St. Joseph Street, Rapid City, SD 57701
Website: [www.rcas.org](https://www.rcas.org)
Email: RapidCityEducationalServices@k12.sd.us
Hours: 7:30am - 4:30pm (MT), Monday - Friday
Phone: (605) 394-1813
Eligibility: Open to all
Special education staff, psychologists, and early intervention staff are housed here for the Rapid City School District.

Rapid City Head Start offered at Youth & Family Services
Box Elder, SD 57719
Website: [www.youthandfamilyservices.org](https://www.youthandfamilyservices.org)
Email: wehelpkids@youthandfamilyservices.org
Hours: Please call for information.
Phone: (605) 923-2894
Eligibility: Open to children, ages 4 weeks - 5 years, and their families.
Youth & Family Services (YFS) Rapid City Head Start is a no-cost, parent-focused preschool program that serves children, ages 4 weeks - 5 years, from low-income homes and their families.

Black Hills Special Services Cooperative - Birth to 3 offered at Black Hills Special Services Cooperative
2885 Dickson Drive, Sturgis, SD 57785
Hours: 8:00am - 4:00pm (MT), Monday - Friday
Phone: (605) 347-4467 Ext. 1719
Eligibility: Open to all
Provides parents and families support through information and education.
Love INC of the Black Hills - Sturgis Diaper Ministry offered at LOVE INC OF THE BLACK HILLS
1039 1st Street, Sturgis, SD 57785
Hours: Please call for information.
Phone: (605) 206-3515
Eligibility: Call for information
A diaper ministry in partnership with area churches that provides diapers, pull-ups and wipes to those in need of the basics to keep their young ones dry, happy and healthy.

Bella Pregnancy Resource Center - Earn While You Learn offered at BELLA PREGNANCY RESOURCE CENTER
119 E. Grant Street, Suite 2, Spearfish, SD 57783
Website: www.bellapregnancy.com  Email: info@bellapregnancy.com
Hours: 12:00noon - 5:00pm (MT), Monday, Wednesday 10:00am - 3:00pm (MT), Tuesday, Thursday
Phone: (605) 642-4140
Eligibility: Any expectant parent or any parent who has an infant or toddler
Earn While You Learn is an educational program designed to help parents become the best parents they can be, while at the same time giving them the opportunity to earn some of the items necessary to meet the physical needs of their babies. As parents learn valuable information on pregnancy care and parenting skills, they earn Mommy Money and Man Bucks to use in the Baby Boutique for items such as clothing, furniture, and baby items.

Head Start Program offered at Badlands Head Start: Prenatal to 5
1847 5th Avenue, Belle Fourche, SD 57717
Hours: Centers operating: 8:00am - 2:00pm (MT), Monday - Thursday  Home-based visits are arranged Monday - Friday
Phone: (605) 723-8837
Eligibility: Children ages birth - 5 years old and expectant families
Early Head Start prenatal and children age birth to five, promotes healthy prenatal outcomes for pregnant women; helps enhance the development of very young children and promotes healthy family functioning; and provides early childhood education, health, nutrition, and mental health services. All services are provided in the home. Head Start offers a comprehensive, no cost early learning and support program for children 3 - 5. The following services are offered in each county: Butte County: Belle Fourche Head Start Center (605) 892-3303, Newell Office (605) 456-1370, Butte County also offers home based services for Early Head Start and Head Start Harding County: Buffalo Office, (605) 375-3179, Early Head Start and Head Start home based services Perkins County: Bison Head Start Center (605) 244-5500, Lemmon Head Start Center (605) 374-3134 and home based services for Early Head Start. Corson County: Lemmon Head Start Center (605) 374-3134

Head Start Program offered at Badlands Head Start: Prenatal to 5
101 5th Avenue, Administration Office, Belle Fourche, SD 57717
Hours: Main office hours: 8:00am - 4:00pm (MT), Monday - Friday Call for center location's hour information.
Phone: (605) 723-8837
Eligibility: Children ages birth - 5 years old and expectant families
Early Head Start prenatal and children age birth to five, promotes healthy prenatal outcomes for pregnant women; helps enhance the development of very young children and promotes healthy family functioning; and provides early childhood education, health, nutrition, and mental health services. All services are provided in the home. Head Start offers a comprehensive, no cost early learning and support program for children 3 - 5. The following services are offered in each county: Butte County: Belle Fourche Head Start Center (605) 892-3303, Newell Office (605) 456-1370, Butte County also offers home based services for Early Head Start and Head Start Harding County: Buffalo Office, (605) 375-3179, Early Head Start and Head Start home based services Perkins County: Bison Head Start Center (605) 244-5500, Lemmon Head Start Center (605) 374-3134 and home based services for Early Head Start. Corson County: Lemmon Head Start Center (605) 374-3134

Head Start Program offered at Badlands Head Start: Prenatal to 5
208 Ramsland Street, Buffalo, SD 57720
Hours: Centers operating: 8:00am - 2:00pm (MT), Monday - Thursday  Home-based visits are arranged Monday - Friday
Phone: (605) 723-8837
Eligibility: Children ages birth - 5 years old and expectant families
Early Head Start prenatal and children age birth to five, promotes healthy prenatal outcomes for pregnant women; helps enhance the development of very young children and promotes healthy family functioning; and provides early childhood education, health, nutrition, and mental health services. All services are provided in the home. Head Start offers a comprehensive, no cost early learning and support program for children 3 - 5. The following services are offered in each county: Butte County: Belle Fourche Head Start Center (605) 892-3303, Newell Office (605) 456-1370, Butte County also offers home based services for Early Head Start and Head Start Harding County: Buffalo Office, (605) 375-3179, Early Head Start and Head Start home based services Perkins County: Bison Head Start Center (605) 244-5500, Lemmon Head Start Center (605) 374-3134 and home based services for Early Head Start. Corson County: Lemmon Head Start Center (605) 374-3134

Head Start Program offered at Badlands Head Start: Prenatal to 5
507 1st Avenue W., Bison, SD 57620
Hours: Centers operating: 8:00am - 2:00pm (MT), Monday - Thursday Home-based visits are arranged Monday - Friday
Phone: (605) 723-8837
Eligibility: Children ages birth - 5 years old and expectant families
Early Head Start prenatal and children age birth to five, promotes healthy prenatal outcomes for pregnant women; helps enhance the development of very young children and promotes healthy family functioning; and provides early childhood education, health, nutrition, and mental health services. All services are provided in the home. Head Start offers a comprehensive, no cost early learning and support program for children 3 - 5. The following services are offered in each county: Butte County: Belle Fourche Head Start Center (605) 892-3303, Newell Office (605) 456-1370, Butte County also offers home based services for Early Head Start and Head Start Harding County: Buffalo Office, (605) 375-3179, Early Head Start and Head Start home based services Perkins County: Bison Head Start Center (605) 244-5500, Lemmon Head Start Center (605) 374-3134 and home based services for Early Head Start. Corson County: Lemmon Head Start Center (605) 374-3134

South Dakota Department of Education - Birth to Three offered at SOUTH DAKOTA DEPARTMENT OF EDUCATION
800 Governors Drive, Pierre, SD 57501
Hours: Office hours: 8:00am - 5:00pm (CT), Monday - Friday Appointments available
Phone: (605) 773-3678
Eligibility: Infants and Toddlers with disabilities from birth until third birthday.
South Dakota Birth to Three contributes to the success of children with developmental delays and their families by providing dynamic, individualized early intervention services and supports by building on family strengths through every day routines and learning experiences.

DSS Child Care Assistance offered at SOUTH DAKOTA DEPARTMENT OF SOCIAL SERVICES - STATE OFFICE
910 E. Sioux Avenue, Pierre, SD 57501
Website: https://dss.sd.gov/childcare/  Email: CCS@state.sd.us
Hours: 8:00am - 5:00pm (CT), Monday - Friday
Phone: (605) 773-4766
Eligibility: Call for information
Provides financial help for child care costs for families who are working and/or going to school.

Head Start Program offered at Badlands Head Start: Prenatal to 5
902 1/2 W. 5th Avenue, Lemmon, SD 57638
Hours: Centers operating: 8:00am - 2:00pm (MT), Monday - Thursday Home-based visits are arranged Monday - Friday
Phone: (605) 723-8837
Eligibility: Children ages birth - 5 years old and expectant families
Early Head Start prenatal and children age birth to five, promotes healthy prenatal outcomes for pregnant women; helps enhance the development of very young children and promotes healthy family functioning; and provides early childhood education, health, nutrition, and mental health services. All services are provided in the home. Head Start offers a comprehensive, no cost early learning and support program for children 3 - 5. The following services are offered in each county: Butte County: Belle Fourche Head Start Center (605) 892-3303, Newell Office (605) 456-1370, Butte County also offers home based services for Early Head Start and Head Start. Harding County: Buffalo Office, (605) 375-3179, Early Head Start and Head Start home based services. Perkins County: Bison Head Start Center (605) 244-5500, Lemmon Head Start Center (605) 374-3134 and home based services for Early Head Start. Corson County: Lemmon Head Start Center (605) 374-3134.

**Center for Disabilities - LEND Developmental Clinic offered at Center for Disabilities - University of South Dakota**
1400 W. 22nd Street, Sioux Falls, SD 57105  
**Website:** [www.usd.edu/cd](http://www.usd.edu/cd)  
**Email:** cd@usd.edu  
**Hours:** 8:00am - 5:00pm (CT), Monday - Friday  
**Phone:** (605) 357-1439  
**Eligibility:** Open to families with children 6 months - 6 years old  
A free interdisciplinary evaluation to children who are between six months and six years old who may have a developmental concern. The evaluation is offered once a month at the USD Sanford School of Medicine Health Science Center in Sioux Falls, South Dakota.

**LifeScape - Therapy offered at Lifescape**
1020 W. 18th Street, Sioux Falls, SD 57105  
**Hours:** 8:00am - 5:30pm (CT), Monday - Friday  
**Phone:** (605) 444-9700  
**Eligibility:** Open to all who could benefit from therapy services.  
Specialized therapy and psychology services for individuals of all ages. Free screenings for Autism (for children 4 and under), and visual challenges (for children of all ages). Services may vary by location.

**Shriners Childrens**
215 Radio Drive, Suite 100, Saint Paul, MN 55125  
**Website:** [shrinerswincities.org](http://shrinerswincities.org)  
**Email:** intaketc@shrinernet.org  
**Hours:** 8:00am - 4:30pm (CT), Monday - Friday Closed on weekends and holidays.*COVID info below  
**Phone:** (888) 293-2832  
**Eligibility:** Must be 18 or under and have a treatable orthopedic condition. For over 98 years, Shriners Children's has served their mission specializing in one thing: pediatric orthopedics. The board-certified surgeons and staff provide high-quality medical care to all children, regardless of a family's ability to pay. The clinic specializes in treating children with orthopedic conditions in an environment designed to put children at ease. They provide an intimate, family-centered environment where all clinic services including physician visits, radiology, rehabilitation, orthotics and prosthetics are provided under one roof. Not only will a child's medical needs be met by a team of specialists, they also offer camps and activities through our child life department, to meet their social and emotional needs. The staff at Shriners Children's proudly serves children in Minnesota, Iowa, Nebraska, North Dakota, South Dakota, western Wisconsin and into the Canadian provinces of Manitoba, Ontario and Saskatchewan.

**United States Department of Transportation - Vehicle Safety Hotline - National Highway Traffic Safety Administration offered at UNITED STATES DEPARTMENT OF TRANSPORTATION**
1200 New Jersey Avenue, S.E., Washington, DC 20590  
**Hours:** 8:30am - 5:30pm (ET), Monday - Friday (excludes Federal Holidays)  
**Phone:** (888) 327-4236  
**Eligibility:** Open to all  
A hotline set up for individuals to report problems regarding auto safety or child safety seats. Information can be obtained about auto safety and auto recalls in the United States.

**LifeScape - Therapy offered at Lifescape**
7220 W. 41st Street, SD 57106
Hours: 8:00am - 5:30pm (CT), Monday - Friday  
Phone: (605) 444-9700  
Eligibility: Open to all who could benefit from therapy services. Specialized therapy and psychology services for individuals of all ages. Free screenings for Autism (for children 4 and under), and visual challenges (for children of all ages). Services may vary by location.

Financial

Counseling Services offered at Jetson Counseling  
1301 W. Omaha Street, Suite 220, Rapid City, SD 57701  
Website: www.jetsoncounseling.com  
Email: jetsond@yahoo.com  
Hours: 10:00am - 6:00pm (MT), Monday, Wednesday  
8:00am - 5:00pm (MT), Tuesday  
8:00am - 6:00pm (MT), Thursday  
Phone: (605) 718-5500  
Eligibility: Open to all  
Individual, couples, marriage, family, group counseling, and workshops focusing on areas such as co-dependency, trauma, sexuality, depression, anxiety, sexual abuse trauma, mild traumatic brain injury, relationship issues, boundaries, and financial therapy / coaching. Corporate and business consulting for team building, time management, strategic planning, and more. Face-to-face and internet options available. Internet counseling/tele-therapy is offered via Zoom and other modalities the client wishes to use.

Sergeant Colton Levi Derr Foundation  
518 6th Street, Suite 2, Rapid City, SD 57701  
Website: www.sergeantderrfoundation.org  
Email: support@sergeantderrfoundation.org  
Hours: On call 24 hours a day / 7 days a week  
Phone: (605) 545-2505  
Eligibility: Veterans who suffer from Post Traumatic Stress Disorder or Traumatic Brain Injury and their families  
Support for veterans who suffer from post-traumatic stress or traumatic brain injury and promotes awareness about the difficult transition soldiers face as they come home.

Consumer Credit Counseling Service of the Black Hills - Counseling offered at CONSUMER CREDIT COUNSELING SERVICE OF THE BLACK HILLS  
2310 N. Maple Avenue, Rapid City, SD 57701  
Website: www.cccsbh.com  
Email: info@cccsh.com  
Hours: 8:00am - 5:00pm (MT), Monday, Tuesday, Thursday  
8:00am - 3:00pm (MT), Wednesday  
8:00am - 3:00pm (MT), Friday  
Phone: (605) 348-4550  
Eligibility: Open to all  
Counseling services helps individuals develop a plan to address their financial situation by reviewing income, budget, and current creditors. Debt Management can lower debt payments and variety of education programs help consumers make informed financial decisions. Also has housing counseling and bankruptcy services.

Consumer Credit Counseling Service of the Black Hills - Debt Management offered at CONSUMER CREDIT COUNSELING SERVICE OF THE BLACK HILLS  
2310 N. Maple Avenue, Rapid City, SD 57701  
Website: www.cccsbh.com  
Email: info@cccsh.com  
Hours: 8:00am - 5:00pm (MT), Monday, Tuesday, Thursday  
8:00am - 3:00pm (MT), Wednesday  
8:00am - 3:00pm (MT), Friday  
Phone: (605) 348-4550  
Eligibility: Open to all  
Provides lower debt payments and many creditors reduce interest rates and eliminate late fees. Through the Debt Management Program, make one payment which is then disbursed to all creditors on the program.
**Consumer Credit Counseling Service of the Black Hills - Education offered at CONSUMER CREDIT COUNSELING SERVICE OF THE BLACK HILLS**

2310 N. Maple Avenue, Rapid City, SD 57701  
Website: [www.cccsbh.com](http://www.cccsbh.com)  
Email: info@cccsbh.com  
Hours: 8:00am - 5:00pm (MT), Monday, Tuesday, Thursday  
8:00am - 8:30pm (MT), Wednesday  
8:00am - 3:00pm (MT), Friday  
Phone: (605) 348-4550  
Eligibility: Open to all  

CCCS offers a variety of education programs and information to help you make informed financial decisions and live better. Available classes include:

- **Credit When Credit Is Due**: A 6 hour financial education course that covers all aspects of credit and borrowing. The course teaches people how to better manage their money and steps to take to improve their credit score. Graduates of the course receive information to send to the credit bureaus to add a positive statement on their credit reports.
- **Make Your Move**: An educational program for anyone looking to purchase a home or refinance a home. Make Your Move takes a complicated subject and makes it simple. This course meets HUD guidelines. You will learn all about the home buying process.
- **The Ins and Outs of Renting**: A 2 hour rental education course for anyone already renting or looking to rent. Learn the rights and responsibilities of being a renter, what questions you should ask before renting, and tips to get the right rental for you.

**Black Hills Community Loan Fund - Building Native Communities and Youth Indianpreneurship offered at BLACK HILLS COMMUNITY LOAN FUND**

1764 Centre Street, Suite 101, Rapid City, SD 57703  
Website: [www.bhclf.org](http://www.bhclf.org)  
Email: info@bhclf.org  
Hours: Office hours: 8:00am - 5:00pm (MT), Monday - Friday  
Phone: (605) 519-5124  
Eligibility: Open to Native families and Native youth  

During the free Building Native Communities: Financial Skills for Families participants will learn the necessary skills of financial planning, and creating budgets for their expenses. Choose a session. Saturday classes complete the program in one day. Week-night classes are two shorter sessions - both sessions must be attended to complete. Online Zoom classroom. Learn how to meet financial goals including: read a credit report, create a household budget, how to obtain a BHCLF loan product. The Youth Indianpreneurship Program has been brought to Rapid City as part of BHCLF youth engagement and outreach programming. Indianpreneurship is a Native American-based entrepreneurship program developed by Onaben. This curricula is designed for Native American, Alaskan Native, and Native Hawaiian entrepreneurs whom are at various stages of their business development.

**Black Hills Community Loan Fund, Inc. offered at BLACK HILLS COMMUNITY LOAN FUND**

1764 Centre Street, Suite 101, Rapid City, SD 57703  
Website: [www.bhclf.org](http://www.bhclf.org)  
Email: info@bhclf.org  
Hours: Office hours: 8:00am - 5:00pm (MT), Monday - Friday  
Phone: (605) 519-5124  
Eligibility: Must be 18 or older, gainfully employed at least 6 months and a resident in either Butte, Custer, Fall River, Meade or Pennington Counties  

BHCLF is a resource for Financial education and literacy. BHCLF hosts Financial Skills for Families classes, Pathways to Homeownership and Indianpreneurship a program designed to guide one through the business plan writing process.

**Pennington County Health and Human Services offered at Pennington County**

321 Kansas City Street, Suite 100, Care Campus, Rapid City, SD 57701  
Hours: Office hours: 6:30am - 5:00pm (MT), Monday - Friday  
Phone: (605) 394-2156  
Eligibility: Pennington County residents who meet the eligibility criteria established in state statute and county guidelines. Eligibility based emergency assistance with rent, utilities, transportation for work and medical appointments, pre-approved medical expenses including most prescription medications, emergency hospitalization, and qualified burial expenses.
Pioneer Credit Counseling is a bonded, non-profit credit counseling agency offering debt management programs, financial counseling, bankruptcy counseling and housing counseling.

**Society of St. Vincent de Paul Piedmont / Black Hawk (Foothills area) offered at SOCIETY OF ST. VINCENT DE PAUL**
No Physical Address, Piedmont, SD 57769  
**Hours:** For assistance, call for a phone intake.  
**Phone:** (605) 389-6739  
**Eligibility:** Open to all  
Food pantry services available.

**St. Vincent de Paul St. Patrick / St. Ambrose Conference - Sturgis / Newell offered at SOCIETY OF ST. VINCENT DE PAUL**
No Physical Address, Piedmont, SD 57769  
**Hours:** For assistance, call for a phone intake.  
**Phone:** (605) 519-8583  
**Eligibility:** 18 years and older  
Purpose is to help residents of Lead/Deadwood who call in to request assistance, or need referrals to deal with life’s challenges. The phones are not manned 24/7.

**Lawrence County Assistance Program offered at Lawrence County**
90 Sherman Street, Deadwood, SD 57732  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday  
**Phone:** (605) 578-1941  
**Eligibility:** Lawrence County residents 18 years of age and older  
The county may be able to assist with medical bills, rent, utilities, and burials.

**Neighborworks Dakota Home Resources**
795 Main Street, Deadwood, SD 57732  
**Website:** www.neighborworksdhr.org  
**Email:** info@nwdhr.org  
**Hours:** 8:00am - 12:00noon; 1:00pm - 5:00pm (MT), Monday - Thursday*COVID info below  
**Phone:** (605) 578-1401  
**Eligibility:** Low to moderate income residents of western South Dakota  
Helping families, buy, fix, and keep their homes through credit counseling, home-buyer education, foreclosure prevention, down payment and closing cost assistance.

**Meade County Auditor offered at Meade County**
1300 Sherman Street, Suite 126, Sturgis, SD 57785  
**Website:** www.meadecounty.org  
**Email:** auditor@meadecounty.org  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday  
**Phone:** (605) 347-2360  
**Eligibility:** Open to all  
As a last resort (meaning citizens have exhausted all other options), the Auditor's office might be able to provide assistance with emergency rental payment situations.

**St. Vincent de Paul St. Patrick / St. Ambrose Conference - Lead / Deadwood offered at SOCIETY OF ST. VINCENT DE PAUL**
141 Siever Street, Lead, SD 57754  
**Hours:** 8:00am - 8:00pm (MT), Monday - Saturday  
**Phone:** (605) 717-6860
Eligibility: 18 years and older
Purpose is to help residents of Lead/Deadwood who call in to request assistance, or need referrals to deal with life's challenges. The phones are not manned 24/7. For immediate assistance, dial 911 (emergencies) or 211 (for information and referral).

**Society of St. Vincent de Paul Spearfish / Belle Fourche offered at SOCIETY OF ST. VINCENT DE PAUL**
137 E. Illinois Street, Spearfish, SD 57783
Website: [www.ssvdprapidcity.org](http://www.ssvdprapidcity.org)  Email: stvincentspearfish@gmail.com
Hours: Office hours: 10:00am - 2:00pm (MT), Monday - Tuesday;Thursday - Friday Closed Wednesday *COVID info below
Phone: (605) 269-0676
Eligibility: Open to all
Food pantry services available.

**Fall River County Auditor offered at Fall River County**
906 N. River Street, Hot Springs, SD 57747
Website: [www.fallriver.sdcounties.org](http://www.fallriver.sdcounties.org)  Email: auditor@frcounty.org
Hours: 8:00am - 5:00pm (MT), Monday - Friday
Phone: (605) 745-5130
Eligibility: Open to all
As a last resort (meaning citizens have exhausted all other options), the Auditor's office might be able to provide assistance for emergency medical, utility, or rental payment situations.

**Emergency Services offered at Hot Springs Ministerial Association**
Hot Springs, SD 57747
Website: [www.hsministerial.org](http://www.hsministerial.org)  Email: hsmfp@gmail.com
Hours: Varies depending on the church. Consult the website directory for further information. [www.hsministerial.org](http://www.hsministerial.org)
Phone: (605) 745-4034
Eligibility: Open to all in need
Helps with electricity, gas, water, medicine, rent, and other basic needs. Please email hsmfp@gmail.com or go to the Directory to contact any church in Hot Springs as any pastor is authorized to help with those needs.

**Butte County Auditor offered at Butte County**
117 5th Avenue, Butte County Government Office, Belle Fourche, SD 57717
Website: [www.buttesd.org/auditors-office](http://www.buttesd.org/auditors-office)  Email: auditor@buttesd.org
Hours: 8:00am - 5:00pm (MT), Monday - Friday
Phone: (605) 892-4485
Eligibility: Open to all
As a last resort (meaning citizens have exhausted all other options), the Auditor's office might be able to provide assistance for emergency medical, utility, or rental payment situations.

**Oglala Sioux Tribe Partnership for Housing, Inc.**
4 Fraggle Rock Street, Pine Ridge, SD 57770
Website: [ostpartnershipforhousing.info](http://ostpartnershipforhousing.info)  Email: ostph@yahoo.com
Hours: 8:00am - 4:30pm (MT), Monday - Friday*COVID info below
Phone: (605) 867-1555
Eligibility: Open to all
Provides the following services: Housing counseling Credit counseling Support services and referrals Veterans’ assistance Homebuyer programs Rehab assistance Food security assistance Small business counseling Financial literacy and homebuyer education After school nutrition program Construction trades and skills training Coordinating homebuying experience from intake to closing COVID-19 community food and essentials relief Homeless outreach services and relief

**Supportive Services for Veterans Families offered at CORNERSTONE RESCUE MISSION**
No Physical Address, Pierre, SD
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday
**Phone:** (605) 484-9209 or (605) 939-8312
**Eligibility:** Veterans (with discharge status other than dishonorable), with income less than 50% of the area average income for the county they live in; currently residing in permanent housing, at imminent risk of losing housing and becoming literally homeless but for SSVF assistance; or currently homeless, scheduled to become a resident of permanent housing within 90 days pending the location of house; or has exited permanent housing within the previous 90 days in order to seek housing that better fits their needs
Provides homelessness prevention and rapid re-housing services to help veteran families keep, or rapidly transition to permanent housing.

**Small Business Assistance offered at Four Bands Community Fund, Inc.**
412 S. Main Street, Eagle Butte, SD 57625
**Website:** [www.fourbands.org](http://www.fourbands.org)  **Email:** info@fourbands.org
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday
**Phone:** (605) 964-3687
**Eligibility:** Open to all potential and existing Native American owned businesses in South Dakota
Provides the following services to all potential and existing Native American owned businesses in South Dakota: Business training/coaching - to help clients enhance business skills and become business owners Financial empowerment coaching - to help clients improve financial skills and become better stewards of money Lending - up to $400,000 for businesses, including agriculture

**Housing Programs offered at GROW South Dakota**
104 Ash Street E., Sisseton, SD 57262
**Website:** [www.growsd.org](http://www.growsd.org)  **Email:** info@growsd.org
**Hours:** 8:00am - 4:30pm (CT), Monday - Friday (summer hours may vary)
**Phone:** (605) 698-7654
**Eligibility:** All programs have varying income guidelines, service areas and eligibility restrictions. Availability and sources of funds may vary.
Home ownership preparation services and Home Buyer Education classes. For eligible individuals/families, down payment/closing cost assistance or low-cost loans for purchasing a home or home improvements may be available.

**Sioux Falls Housing & Redevelopment Commission - Tri-State HELP offered at SIOUX FALLS HOUSING & REDEVELOPMENT COMMISSION**
630 S. Minnesota Avenue, Sioux Falls, SD 57104
**Website:** [www.siouxfallshousing.org](http://www.siouxfallshousing.org)  **Email:** sfhrc@siouxfallshousing.org
**Hours:** 8:00am - 5:00pm (CT), Monday - Friday
**Phone:** (605) 332-0704
**Eligibility:** Serves persons who are diagnosed with HIV/AIDS and meet income limitations.
Provides short or long term rental assistance and mortgage payment assistance to persons who are diagnosed with HIV/AIDS and meet income limitations.

**SD Cares Rental Assistance Program offered at South Dakota Housing Development Authority**
No Physical Address, Sioux Falls, SD 57105
**Hours:** Applications currently being accepted.
**Eligibility:** Must be a renter; Have income at or below 80% of AMI for respective county; Owe past due rent or utilities or unable to pay current expenses.
Provides rental and utility assistance for South Dakota residents. Assistance provided is not a loan and does not have to be paid back. Payment is made directly to the landlord or utility provider on the applicant's behalf. Funding amount is based on need. Must meet the following criteria: Income qualifications (vary by county) One or more individuals in the household has qualified for unemployment benefits, experienced a reduction in household income, incurred significant costs or experienced other financial hardship due to, or during the coronavirus outbreak (March 2020 to present). One or more individuals in the household have a past due utility bill, rent notice, or are able to prove that they are at risk of experiencing homelessness or housing instability.

Link to Application To receive additional funding after their original assistance period has passed applicants should not complete a new application. The opportunity to apply for additional funding will appear on the applicant's dashboard when they become eligible to reapply. Applicants are also free to reach out to their caseworker directly with questions about additional funding. For questions about SD Cares, please fill out the Follow Up Form.

Sioux Empire Housing Partnership, Inc.
200 N. Phillips Avenue, Suite 200, Suite 200, Sioux Falls, SD 57104
Website: http://siouxempirehousing.org Email: sehp@sioxfalls.com
Hours: 8:00am - 5:00pm (CT), Monday - Friday
Evening sessions and Saturday classes available once a month
Phone: (605) 339-0942

Eligibility: Individuals interested in homeownership or rental education, financial literacy and establishing or rebuilding credit. Youth seeking financial literacy.

Sioux Empire Housing Partnership (SEHP) offers housing education programs, such as Homebuyer & Rental Education, Financial Literacy and Debt Management, and Credit Review Services.

LSS Statewide - Center for Financial Resources offered at LUTHERAN SOCIAL SERVICES - STATEWIDE
705 E. 41st Street, Suite 100, Sioux Falls, SD 57105
Website: https://lsssd.org/what-we-do/center-for-financial-resources/ Email: info@lsssd.org
Hours: 8:00am - 7:00pm (CT), Monday, Tuesday, Thursday 8:00am - 5:00pm (CT), Wednesday, Friday Occasionally Saturday - Call for information*COVID info below
Phone: (605) 330-2700

Eligibility: Open to anyone seeking help with personal finance issues, including debt management. Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and the Sharpen Your Financial Focus program.

Bankruptcy Advice Helpline offered at CareConnect USA
2019 Sandy Pond Lane, Waxhaw, NC 28173
Website: http://careconnectusa.org/free-bankruptcy-advice/ Email: info@careconnectusa.org
Hours: 9:00am - 8:00pm (ET), Monday - Friday
Phone: (800) 379-0985

Eligibility: Must have burdensome debt without ability to pay it back in a timely manner.
Free Bankruptcy Advice Hotline (800) 379-0985.

Debt Counseling Helpline offered at CareConnect USA
2019 Sandy Pond Lane, Waxhaw, NC 28173
Website: https://careconnectusa.org/debt-relief-help-line/ Email: info@careconnectusa.org
Hours: 9:00am - 6:00pm (ET), Monday - Friday
Phone: (800) 453-1738

Eligibility: Must have unsecured (credit card) debt and a willingness to receive counseling.
Debt Relief Helpline (800) 453-1738.

Private Student Loan Relief Helpline offered at CareConnect USA
2019 Sandy Pond Lane, Waxhaw, NC 28173
Website: careconnectusa.org/private-student-loan-relief Email: info@careconnectusa.org
Hours: 8:00am - 5:00pm (ET), Monday - Friday
Phone: (888) 669-1064
Eligibility: Open to student loan borrowers who have private loans through a bank or credit union.
Helpline for student loan borrowers who have a private loan from a bank or credit union. This helpline discusses options for payment reductions and catching up missed loan payments. Options include settling previous debts and issuing a new loan with low interest rate.

Food

**Lamb Chop Ministries - Food Pantry offered at LAMB CHOP MINISTRIES**
4813 South Canyon Road, Freedom Motorcycle Church, Rapid City, SD 57702  
**Hours:** 4:00pm - 6:00pm (MT), Thursday*COVID info below  
**Phone:** (520) 300-1093  
**Eligibility:** Open to all who are currently working.  
Provides the following to help supplement income: meats fresh vegetables fruit milk eggs canned goods

**Meals on Wheels Western South Dakota**  
1621 Sheridan Lake Road, Suite C, Meals on Wheels Main Office, Rapid City, SD 57702  
**Hours:** Call (605) 394-6002 for hours Meals are not served on the following holidays: New Years Day, Martin Luther King Day, President's Day, Memorial Day, 4th of July, Labor Day, Veteran's Day, Thanksgiving Day and the Friday following Thanksgiving Day, and Christmas Day.  
**Phone:** See Description for Specific Site Numbers  
**Eligibility:** Seniors, 60 years and older  
Weekday lunches to seniors (60+) in congregate settings, and delivered to homes in many towns.

**Street Outreach Program offered at JOURNEY ON**  
No Physical Address, Rapid City, SD 57709  
**Website:** journeyon-rapidcity.org  
**Email:** journeyon2022@gmail.com  
**Hours:** 8:30am - 10:30pm (MT), Monday - Friday 12:00noon - 9:00pm (MT), Saturday  
**Phone:** (605) 519-1066  
**Eligibility:** Houseless/unsheltered or at risk of becoming unsheltered.  
Delivers daily outreach for the distribution of basic necessities of: food and water clothing blankets hygiene products personal protective equipment assessments and access to appropriate health care crisis intervention service referrals transportationServes individuals who are houseless/unsheltered or at risk of becoming houseless, who could benefit from supportive interactions with credible messengers who understand their challenges.

**Home-Based Head Start offered at Youth & Family Services**  
1920 N. Plaza Boulevard, Rapid City, SD 57702  
**Website:** www.youthandfamilyservices.org  
**Email:** wehelpkids@youthandfamilyservices.org  
**Hours:** 8:00am - 4:00pm (MT), Monday - Friday  
**Phone:** (605) 342-4195  
**Eligibility:** Expectant parents and children (birth to age 5) and their family members who meet income guidelines.  
YFS Home-Based Head Start is a no-cost, parent-focused educational program that serves income-eligible families with children, birth to age 5, and expectant parents.

**Outreach Ministry offered at RV Ministry, The**  
715 Kansas City Street, Faith Temple Church, Rapid City, SD 57701  
**Email:** thervministry@gmail.com  
**Hours:** 7:00am - 8:00am (MT), Sunday  
**Eligibility:** Open to all  
Providing a hot meal and warm safe place to gather with the homeless and less fortunate in the community. Connecting people with resources to improve their lives and helping them get to the next step. 7:00am, Sundays: biscuits and gravy, oatmeal with all the toppings, assorted packaged snacks, coffee, tea, and hot cocoa.
Food Program offered at Fork Real Community Cafe, Inc.
324 St. Joseph Street, Rapid City, SD 57701
**Hours:** Breakfast: 8:30am - 1:30pm (MT), Tuesday - Friday; 8:30am - 11:30am (MT), Saturday; Lunch: 11:00am - 1:30pm (MT), Tuesday - Friday; Office hours: 9:00am - 3:00pm (MT), Tuesday - Friday
**Phone:** (605) 718-5020
**Eligibility:** 14 years of age or older
A non-profit, pay-what-you-can cafe. People may donate for the meals by cash, credit or volunteer an hour for their meal.

Minneluzahan Senior Citizen Center - Happy Paks offered at MINNELUZAHAN SENIOR CITIZEN CENTER
315 N. 4th Street, Rapid City, SD 57701
**Website:** www.minneluzahan.org  **Email:** msccrcadm@gmail.com
**Hours:** 8:00am - 3:00pm (MT), Monday - Friday; Lunch: 11:00am - 1:00pm (MT), Monday - Friday
**Phone:** (605) 394-1887
**Eligibility:** 50 years and older
Happy Pak offers two prepared meals for pick-up to those 50 years old or older. A fun activity is included. Call to get signed up!

Open Heart United Methodist Church offered at METHODIST CHURCHES IN SOUTH DAKOTA
202 E. Indiana Street, Rapid City, SD 57701
**Website:** www.openheartumc.org  **Email:** openheartumc@gmail.com
**Hours:** 9:30am - 12:30pm (MT), Monday - Friday
**Phone:** (605) 343-1813
**Eligibility:** Open to all
Free Little Pantry - Free curbside pantry for people to donate food and toiletry items for anyone in need to pick up at their convenience. Pantry is not climate controlled. Offers Youth Sunday School Programs. During the school year, there is a children's Sunday School for pre-K through 5th grade, 11:00am, and Youth and Adult Bible Study on Tuesday nights at 6:30pm. Monthly meal on the 2nd Tuesday of each month at 6:00pm, free and open to the public.

Meal Service offered at CORNERSTONE RESCUE MISSION
30 Main Street, Rapid City, SD 57701
**Hours:** Breakfast: 7:30am - 8:00am (MT), Monday - Friday; 8:30am - 9:00am (MT), Saturday - Sunday (and holidays); Lunch: 12:30pm - 1:00pm (MT), Monday - Saturday; 1:30pm - 2:00pm (MT), Sunday (and holidays); Dinner: 6:00pm - 6:30pm (MT), Monday - Sunday*COVID info below
**Phone:** (605) 341-2844
**Eligibility:** Open to all
Serves 3 free meals a day: Breakfast - only serving shelter guests (not open to the public); Lunch - Only serving guests (not open to the public); Dinner - Open to the public

Church Response
30 Main Street, Same building as Cornerstone Rescue Mission, Rapid City, SD 57701
**Email:** churchresponsepantry@gmail.com
**Hours:** 9:00am - 12:00noon; 1:00pm - 4:00pm (MT), Monday - Friday*COVID info below
**Phone:** (605) 342-5360
**Eligibility:** Open to all people with low income
Food Assistance: Groceries and food pantry.

Food Pantry offered at Mother Butler Center Food Pantry
221 Knollwood, Mother Butler Center, Rapid City, SD 57701
**Website:** www.rapidcitydiocese.org  **Email:** stisaac@rushmore.com
**Hours:** 11:00am - 2:00pm (MT) Monday - Friday
**Phone:** (605) 343-2165
**Eligibility:** Open to all
Food pantry for Pennington County.

**Piedmont Valley Food Pantry**
12365 Sturgis Road, Piedmont, SD 57769  
Website: olbh.org  
Email: olbh@olbh.org  
**Hours:** 9:00am - 12:00noon (MT), Wednesday and Saturday  
For easy access, park on the lower level of the parking lot near the back entrance.  
**Phone:** (605) 787-5168  
**Eligibility:** Open to all  
Bags of food and toiletries if the are on hand are provided every other week to families with proof of ID and address (two pieces of mail) living in Black Hawk, Summerset, or Piedmont.

**Boys & Girls Clubs of the Black Hills**
297 Walnut Avenue, Hill City, SD 57745  
Website: www.BGCBlackHills.org  
Email: bgcbh@bgcblackhills.org  
**Hours:** School year hours: 3:00pm - 6:00pm (MT), Monday - Friday  
Summer hours: 7:15am - 5:30pm (MT), Monday - Friday  
**Phone:** (605) 574-2010  
**Eligibility:** Club Membership grades K-12; Teen Center open to Middle & High School age  
Club Prep Pre-K program ages 3 - 6  
A youth organization that provides a safe place for kids to go after school. Youth are provided with: A snack Power Hour: homework help and tutoring Guided activities about: character and leadership, education and career skills, and health and life skills, arts and crafts, and fitness and recreation. Organized sports programs Project Learn: high-yield learning activities Triple play / Healthy Habits: healthy living and active living Youth For Unity: education program to combat prejudice and discrimination Teen centerThe Club is open year round with a summer program that provides a safe, fun place for children. Benefits include swimming lessons, outdoor activities, and hands-on reading, math, science activities (STEM) to keep young minds engaged out of school and lessen the summer learning gap.

**Food Pantry offered at Family Connections Center**
706 E. Monroe Street, Rapid City, SD 57701  
**Hours:** 1:00pm - 8:00pm (MT), Monday - Sunday  
**Phone:** (605) 716-0422  
**Eligibility:** Youth and Young Adults ages 16 - 24.  
Provides food to youth who are identified as homeless or at risk of houseless.

**Emergency Services offered at Salvation Army Rapid City, The**
405 N. Cherry Avenue, 405 N. Cherry Ave., Rapid City, SD 57701  
**Hours:**  
Emergency Food Box: 1:00pm - 4:00pm (MT), Monday - Friday  
Clothing & Household Vouchers: 1:00pm - 4:00pm (MT), Monday - Friday  
Utility Assistance: By appointment only. Call to make an appointment.  
**Phone:** (605) 342-0982  
**Eligibility:** Open to all  
Serving the Rapid City area through various services, including food programs, worship and spiritual development, material and seasonal assistance, Pathway of Hope, and more.

**Hill City Community Food Pantry, The offered at NON-DENOMINATIONAL CHURCHES IN SOUTH DAKOTA**
525 Main Street, Little White Church, Hill City, SD 57745  
Email: office@thelittlewhitechurch.net  
**Hours:** 9:00am - 11:00am (MT), Monday and Friday  
*COVID info below*  
**Phone:** (605) 574-2426  
**Eligibility:** Open to those in need  
Food pantry serving Hill City, Keystone, and Custer. Available 9:00am - 11:00am (MT), Monday and Friday

**Adventist Food Pantry offered at SEVENTH DAY ADVENTIST CHURCHES IN SOUTH DAKOTA**
1636 Concourse Court, Rapid City, SD 57703  
**Website:** https://rapidcitysd.adventistchurch.org  
**Phone:** (605) 389-6225  
**Hours:** 9:00am - 12:00noon (MT), Monday; 2:30pm - 5:30pm (MT), Tuesday; 9:00am - 12:00noon (MT), Wednesday By appointment only. Walk-ins welcome. Emergency food box giveaways located at second door on Mondays and Thursdays.  
**Eligibility:** Open to all  
Adventist Food Pantry provides 3-day emergency food to those in need. At times have emergency personal care items and cleaning items.

**Storehouse, The (in Custer) - Backpack Program offered at Storehouse, The**  
1415 Wildcat Lane, Custer Elementary School, Custer, SD 57730  
**Hours:** 7:00am - 4:30pm (MT), Monday - Thursday during school year. District office: 8:00am - 1:00pm (MT), Friday  
**Phone:** (605) 673-3565  
**Eligibility:** Children grades K - 12 in need of assistance  
Backpack Program Assists families in need with a bag of easy to prepare food and snacks to aid children over the three day weekend breaks from school. Distribution site: Custer Elementary School, 1415 Wildcat Lane

**Storehouse, The (in Custer) - Summer Sack Lunches offered at Storehouse, The**  
644 Crook Street, Custer YMCA, Custer, SD 57730  
**Hours:** Summer Sack Lunches: 11 weeks during the summer through August 19, 2022, Monday - Friday. Breakfast: 7:00am - 8:30am (MT) Lunch: 11:00am - 1:00pm (MT)  
**Phone:** (605) 673-3565  
**Eligibility:** Children grades K - 12 in need of assistance  
Summer Sack Lunches Area teams work to provide free, nutritious, sack lunches to school children. These lunches are places in a refrigerator at the Custer YMCA. Children do not need to sign in. They are allowed in to receive one lunch per child - YMCA staff supervise. Donations made to the Storehouse marked Summer Lunches will be used to provide these lunches. Distribution site: Custer YMCA, 644 Crook Street

**Storehouse, The (in Custer) - Food Pantry offered at Storehouse, The**  
66 Centennial Drive, Custer, SD 57730  
**Hours:** 10:00am - 1:00pm (MT), first 3 Wednesdays and first 3 Saturdays*COVID info below  
**Phone:** (605) 673-3565  
**Eligibility:** Open to anyone in Custer County. No income statements required.  
Food items are distributed during open hours 10:00am - 1:00pm, the first three Wednesdays and first three Saturdays, and may be accessed up to 2 times per month. Also offers a backpack program and summer sack lunches.

**Sturgis Alliance of Churches - Food Assistance offered at STURGIS ALLIANCE OF CHURCHES**  
1220 Cedar Street, Sturgis, SD 57785  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday  
**Phone:** (605) 347-3384  
**Eligibility:** Open to all in Meade County  
Provides emergency food assistance for those demonstrating need. Assistance is determined on a case-by-case basis.

**Kiwanis Food Pantry offered at KIWANIS INTERNATIONAL**  
801 6th Street, Sturgis, SD 57785  
**Hours:** 9:00am - 11:45am (MT), Wednesday and Friday  
**Phone:** (605) 347-3384  
**Eligibility:** Resident of Meade County. Must meet income guidelines.  
Provides limited amount of food to qualified needy individuals that are residents of Sturgis and the immediate area. Hours: 9:00am - 11:45am, Monday, Wednesday, and Friday.

**Lead-Deadwood Hospital - Meal Delivery Service offered at Monument Health - South Dakota**  
61 Charles Street, Deadwood, SD 57732
Website: https://monument.health/  
Email: info@monument.health

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday
Meals delivered during lunch hours, 365 days a year. *COVID info below

**Phone:** (605) 717-6035
**Eligibility:** Open to all (not restricted to elderly/disabled)
Meal Delivery Service provides a delivered lunch for individuals who may be homebound or those that require meal preparation assistance.

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**Lead-Deadwood Summer Feeding Program offered at LEAD-DEADWOOD SCHOOL DISTRICT**
320 S. Main Street, Lead, SD 57754

**Hours:** Breakfast: 8:00am - 8:30am. Lunch: 11:30am - 12:30pm. June 1 - August 20
Closed July 5

**Phone:** (605) 717-3890

**Eligibility:** Ages 0 - 18
Breakfast and lunch served at the High School cafeteria June 1 - August 20 (Closed July 5)
Breakfast: 8:00am - 8:30am
Lunch: 11:30am - 12:30pm
Meals will be served at the High School from 10:00am - 11:00am, Monday - Friday.

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**Lord's Cupboard, Inc. The**
111 S. Main Street, Lead, SD 57754

**Hours:** 9:00am - 11:30am (MT), Monday
3:00pm - 5:30pm (MT), Thursday *COVID info below

**Phone:** (605) 584-3263

**Eligibility:** Free food pantry without income verification; commodities does require income qualification. Call for information if necessary.
Food pantry and government commodities distributor for Central City, Deadwood, and Lead area. Hours: 9:00am - 11:30am, Monday / 3:00pm - 5:30pm, Thursday

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**Boys & Girls Clubs of the Black Hills**
845 Miners Avenue, Handley Recreation Center, Lead, SD 57754

**Website:** www.BGCBlackHills.org  
**Email:** bgcbh@bgcblackhills.org

**Hours:** School year hours: 3:00pm - 7:00pm (MT), Monday - Friday

**Phone:** (605) 584-1113

**Eligibility:** Club Membership grades K-12; Teen Center open to Middle & High School age Club Prep Pre-K program ages 3 - 6

A youth organization that provides a safe place for kids to go after school. Youth are provided with: A snack Power Hour; homework help and tutoring Guided activities about: character and leadership, education and career skills, and health and life skills, arts and crafts, and fitness and recreation. Organized sports programs Project Learn: high-yield learning activities Triple play / Healthy Habits: healthy living and active living Youth For Unity: education program to combat prejudice and discrimination Teen center
The Club is open year round with a summer program that provides a safe, fun place for children. Benefits include swimming lessons, outdoor activities, and hands-on reading, math, science activities (STEM) to keep young minds engaged out of school and lessen the summer learning gap.

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**City of New Underwood Food Pantry offered at City of New Underwood**
423 S. A Avenue, New Underwood, SD 57761

**Hours:** 8:00am - 2:00pm (MT), Monday - Thursday
Other times as necessary

**Phone:** (605) 754-6777

**Eligibility:** Open to all
Dry food goods are donated to the Food Pantry located at City Hall. Anyone needing food can take what they need/want.

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**Black Hills Baptist Church - Lord's Kitchen offered at BAPTIST CHURCHES IN SOUTH DAKOTA**
12205 SD Highway 34, Whitewood, SD 57793

**Website:** https://bhbaptist.church/  
**Email:** blackhillsbaptist@gmail.com

**Hours:** Distribution: 9:00am - 12:00noon (MT), 1st and 3rd Monday of each month

**Phone:** (605) 645-6836

**Eligibility:** Open to all
Food pantry for area of Whitewood and St. Onge. Hours: 9:00am - 12:00noon, 1st and 3rd Monday of each month.
Churches Care for Whitewood Area Residents offered at BAPTIST CHURCHES IN SOUTH DAKOTA  
12205 SD Highway 34, Whitewood, SD 57793  
Email: churchcareforwhitewood@outlook.com  
Hours: 8:00am - 5:00pm (MT), Monday - Friday  
Phone: (605) 206-3515  
Eligibility: Open to all residents of the Whitewood area only  
Churches Care for Whitewood provides assistance with food, utility, clothing, gas, and other items.

Spearfish Nutrition Site and Meals on Wheels  
430 Oriole Drive, Spearfish, SD 57783  
Hours: Meal served: 11:00am - 1:00pm (MT), Monday - Friday  
Meals on Wheels delivered Monday - Friday  
Phone: (605) 642-1277  
Eligibility: Seniors; under 60 can come eat for a fee  
Meals on Wheels lunches are delivered to participants in the Spearfish Area. Congregate dining site. Offering meals for weekends and will be provided to participants who request in advance.

Emergency Services offered at Salvation Army Northern Hills, The  
320 Ryan Road, Spearfish, SD 57783  
Hours: Office hours: 10:00am - 3:00pm (MT), Tuesday  
Utility Assistance Appointments: 9:00am - 12:00noon (MT), Monday - Friday  
Phone: (605) 722-4321  
Eligibility: Open to all  
Pathway of Hope - has eligibility requirements, call for information  
Offers financial assistance with clothing and utilities on a case by case basis. Food pantry available for those needing assistance with food.

Food Pantry offered at Spearfish Food Pantry  
131 Yankee Street, Spearfish, SD 57783  
Hours: 9:00am - 12:00noon (MT), Monday, Wednesday, Friday  
Phone: (605) 642-0940  
Eligibility: Residents of the Spearfish and St. Onge communities  
Food pantry with some hygiene supplies available, serving the communities of Spearfish and St. Onge. Hours: 5:00pm - 7:00pm, 1st Monday of each month.

United Churches of Hot Springs - Spaghetti Suppers offered at PRESBYTERIAN CHURCHES IN SOUTH DAKOTA  
342 N. Garden Street, Hot Springs, SD 57747  
Website: www.unitedchurcheshotsprings.org  
Email: uc@gwtc.net  
Hours: Spaghetti Supper: 5:00pm - 6:30pm (MT), every Thursday, except Holidays, mid-October to mid-April  
Office Hours: 8:30am - 12:30pm (MT), Monday - Friday. Answering service after hours  
Phone: (605) 745-5640  
Eligibility: Open to all  
Provides a meal of spaghetti with meat sauce, tossed salad, green beans, garlic toast, ice cream, coffee, and juice. 4:30pm - 6:00pm, every Thursday (except Holidays) mid-October through mid-April.

Food Pantry offered at Hot Springs Ministerial Association  
107 N. Chicago, Hot Springs, SD 57747  
Website: www.hsministerial.org  
Email: hsmaf@gmail.com  
Hours: 1:00pm - 3:00pm (MT), Tuesday - Thursday 10:00am - 12:00noon (MT), Saturday  
Other times as needed for emergency please call (605) 891-5030  
Phone: (605) 745-4034  
Eligibility: Open to all in need
Food pantry for Hot Springs area. Available 1:00pm - 3:00pm, Tuesday, Wednesday, and Thursday, Saturday 10:00am - 12noon Other times as needed for emergency.

**Boys & Girls Clubs of the Black Hills**  
105 N. River Street, Hot Springs, SD 57747  
Website: [www.BGCBlackHills.org](http://www.BGCBlackHills.org)  
Email: bgcbh@bgcblackhills.org  
**Hours:** School year hours: 3:00pm - 6:30pm (MT), Monday - Friday  
Summer hours: 7:30am - 5:30pm (MT), Monday - Friday  
**Phone:** (605) 745-8000  
**Eligibility:** Club Membership grades K-12; Teen Center open to Middle & High School age Club Prep Pre-K program ages 3 - 6  
A youth organization that provides a safe place for kids to go after school. Youth are provided with: A snack Power Hour; homework help and tutoring Guided activities about: character and leadership, education and career skills, and health and life skills, arts and crafts, and fitness and recreation. Organized sports programs Project Learn: high-yield learning activities Triple play / Healthy Habits: healthy living and active living Youth For Unity: education program to combat prejudice and discrimination Teen center The Club is open year round with a summer program that provides a safe, fun place for children. Benefits include swimming lessons, outdoor activities, and hands-on reading, math, science activities (STEM) to keep young minds engaged out of school and lessen the summer learning gap.

**Helping Hands - Hot Springs**  
838 Houston Avenue, Hot Springs, SD 57747  
**Hours:** 10:00am - 10:00pm (MT), Monday - Sunday*COVID info below  
**Phone:** (605) 891-4226  
**Eligibility:** Open to all  
An alternative place to ensure that no one is left behind, and everyone can get items such as perishable food items.

**Newell Food Pantry**  
120 3rd Street, Newell, SD 57760  
**Hours:** Food Pantry: 1:00pm - 2:00pm (MT), 1st Tuesday of each month.*COVID info below  
**Phone:** (605) 456-3426  
**Eligibility:** Open to all  
Food pantry - open to the public. 1:00pm - 2:00pm, 1st Tuesday of each month

**Belle Fourche 9-1 Schools - Food Service Program offered at BELLE FOURCHE SCHOOL DISTRICT**  
2305 13th Avenue, Belle Fourche Middle School, Belle Fourche, SD 57717  
**Hours:** See description.  
**Phone:** (605) 723-3355  
**Eligibility:** All school age children.  
The Belle Fourche School District is back to pre-COVID status and each family must pay for any foods that children eat in school. The free and reduced meal application is available at www.bellefourche.k12.sd.us/page/food-service.

**Belle Silver Lining Senior Citizens Center**  
828 Kingsbury Street, Belle Fourche, SD 57717  
Website: [www.bellesilverlining.com](http://www.bellesilverlining.com)  
Email: bfscc@midconetwork.com  
**Hours:** Office Hours: 9:00am - 4:00pm (MT), Monday - Friday  
10:30am - 1:30pm (MT), Saturday and Sunday  
Center Hours: 6:00am - 5:00pm (MT), Sunday - Saturday  
Nurse Hours: 2:00pm - 4:00pm (MT), Monday  
**Phone:** (605) 892-6285  
**Eligibility:** Call for information  
The Belle Silver Lining Senior Citizens Center is a place for senior citizens to meet and engage in a wide variety of activities, educational programs, exercise and dance, various clubs, community involvement, and much more. BSLSCC provides and coordinates phone outreach and support for isolated or homebound residents at no charge. Thanks to the American Legion, BSLSCC has a medical equipment such as walkers, hospital beds, wheelchairs, etc... free of charge to those in need. The Senior Meal Program provides a congregate meal, Monday - Friday, as well as meals for the home bound. BSLSCC has a nurse on site every Monday (2:00pm - 4:00pm) to do toenails, blood pressures, as well as answer any medical questions or questions about home health.
Belle Fourche Ministerial Association - Compassion Cupboard offered at Belle Fourche Ministerial Association
522 5th Avenue, Belle Fourche, SD 57717
**Hours:** 9:00am - 12:00noon, (MT) Tuesday 2:00pm - 6:00pm, (MT) Thursday*COVID info below
**Phone:** (605) 569-1256
**Eligibility:** Open to anyone in need
Emergency food and a limited number of self-care items for Belle Fourche, Nisland, Vale, and Fruitdale.Hours: 9:00am - 12:00pm, Tuesday; 2:00pm - 6:00pm, Thursday.

Country Cupboard/Food Pantry offered at LUTHERAN CHURCHES IN SOUTH DAKOTA
505 Glenn Street, Wall, SD 57790
**Hours:** Summer Hours (May-August): 9:00am -11:00am and 5:00pm - 7:00pm (MT), 3rd Wednesday of the Month 9:00am -11:00am, 3rd Saturday of the Month Winter Hours (September-May): 1:00pm - 4:00pm (MT), 1st, 2nd, and 3rd Wednesdays of the month 9:00am - 11:00am, 2nd and 3rd Saturday of the Month
**Phone:** (605) 279-2453
**Eligibility:** Anyone in Wall and Philip service areas.
The Country Cupboard is a food pantry for those in Wall and Philip service areas. The pantry has no income guidelines.

Rapid City Food Calendar offered at HELPLINE CENTER - RESOURCE GUIDES
No Physical Address, Rapid City, SD 57701
**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday
**Eligibility:** Open to all
The Rapid City Food Calendar contains information about reoccurring meals, food pantries and food giveaways.

Lasagna Love
23 Cole Avenue, Williamstown, MA 1267
**Hours:** Hours depend on delivery date/time.
**Phone:** (312) 217-2050
**Eligibility:** Open to all
Provides 1 cooked meal per month for families in need; also delivers the meal. Currently, serving South Dakota. Please note: there may be a 1 - 4 week wait for the meal delivery. Practices contactless delivery; it may be possible to cater to families with dietary restrictions and meals are not limited to just lasagnas; other dishes may be available. To request a meal delivery: sign up here. (www.lasagnalove.org/request)

Clothing

Cornerstone Thrift Store offered at CORNERSTONE RESCUE MISSION
401 11th Street, Rapid City, SD 57701
**Website:** www.cornerstonemission.org **Email:** tsadmin@cornerstonemission.org
**Hours:** 9:00am - 5:00pm (MT), Monday - Saturday
**Phone:** (605) 716-2768
**Eligibility:** Open to all
Offers clothing, furniture, household goods, and more available for purchase.

Black Hills Regional Homeless Coalition - Community Connect & Regifting Event offered at Black Hills Regional Homeless Coalition
855 Omaha Street, Spartan Nash building, Rapid City, SD 57701
**Hours:** 9:00am - 4:00pm (MT), Thursday, June 23, 2022
Phone: (801) 231-3998
Eligibility: Open to all
FREE gently used clothing, household items, and much more! Everyone is invited to shop. No income requirements. There will be other social service agencies present to assist with other resources for participants as well.

Event Details
Event Date: Thursday, June 23, 2022
Time: 9:00am - 4:00pm (MT)
Location: Spartan Nash Building (855 Omaha Street)
Donations are accepted 9:00am - 1:00pm, Wednesday, June 22, 2022
Masks will be required and provided.

Goodwill of the Great Plains Rapid City offered at GOODWILL OF THE GREAT PLAINS
611 Lindbergh Avenue, Rapid City, SD 57701
Website: www.goodwillgreatplains.org   Email: rcm@goodwillgreatplains.org
Hours: 9:00am - 9:00pm (MT), Monday - Saturday
10:00am - 6:00pm (MT), Sunday
Phone: (605) 737-3955
Eligibility: Open to all
Offers clothing, furniture, and household items; work clothing vouchers available with referral from a social service agency.

We Care Rapid City Thrift Store offered at WE CARE RAPID CITY, INC.
401 E. Boulevard North, Rapid City, SD 57701
Website: www.facebook.com/WeCareThriftRapidCity   Email: wecarerapidcity@gmail.com
Hours: 9:30am - 5:30pm (MT), Tuesday - Saturday
11:00am - 5:00pm (MT), Sunday
Phone: (605) 716-0256
Eligibility: Open to all
Offers clothing for sale. Vouchers provided as available (identification required).

Thrift Store offered at Salvation Army Rapid City, The
621 E. St. Patrick Street, Rapid City, SD 57701
Hours: 9:00am - 5:00pm (MT), Monday - Saturday
Phone: (605) 342-8849
Eligibility: Open to all
Offers gently used items for sale at bargain prices. Vouchers available at the Salvation Army Social Services Center.

Love INC of the Black Hills - Clearinghouse offered at LOVE INC OF THE BLACK HILLS
414 E. Omaha, Rapid City, SD 57701
Website: www.loveinconline.com   Email: mail@love-inc.us
Hours: 9:00am - 12:00noon (MT), Tuesday - Friday
Phone: (605) 718-5683
Eligibility: Vary by program; see description
Earn household items (pots, pans, plates, silverware, linens, or furniture) by volunteering.

Love INC of the Black Hills - Rapid City Clothe-a-Kid offered at LOVE INC OF THE BLACK HILLS
414 E. Omaha, Rapid City, SD 57701
Website: https://loveinconline.com/clothe-a-kid/   Email: mail@love-inc.us
Hours: Assistance calls accepted: 9:00am - 12:00noon (MT), Tuesday - Friday
See description for sign up information.
Phone: (605) 718-5683
Eligibility: Children must be born between 8/31/2008 and 9/1/2017. Participants will be asked to attend 4 out of 8 topical discussions through Life INC program. Topics included will be finances, parenting, computer safety and a multitude of other choices. Volunteers will take the families shopping either August 13 or August 20. Clothe-A-Kid assists families in need or struggling financially to obtain school clothing. Participants either attend 4 of the 9 topical discussions held through the Life INC program or volunteer 8 hours in one of many programs. There will not be the option of paying to participate this year. Rapid City Sign Up: Held at Bethel Church (1202 N. Maple Avenue) Wednesday, June 1, 11:00am - 1:00pm Thursday, June 2, 4:00pm - 7:00pm Friday, June 3, 14:00pm - 7:00pm Shopping dates will be at Kohl's from 6:15am - 11:00am on Saturday, August 13 and August 20, 2022
Western South Dakota Community Action - Basic Needs/Household Items offered at WESTERN SOUTH DAKOTA COMMUNITY ACTION
1844 Lombardy Drive, Rapid City, SD 57703
Website: [www.wsdca.org](http://www.wsdca.org)  Email: wsdcap@rapidcity.com
Hours: Office hours: 8:00am - 4:30pm (MT), Monday - Friday
Direct services hours: 9:00am - 12:00noon; 12:30pm - 4:00pm (MT), Monday - Thursday; 9:00am - 12:00noon; 12:30pm - 3:00pm (MT), Friday
Phone: (605) 348-1460
Eligibility: Call for information
A private, non-profit, anti-poverty corporation whose purpose is to make a positive impact upon the causes and effects of poverty. This agency operates the following programs: Air Conditioners - Must be income eligible (125%), be signed up at the agency and have a medical statement stating they need an AC. Also cannot have received one in the last 3 years. Distribution is primarily in June of each year. Eligibility to sign up is not available on the day of distribution. Clothing Center - Free clothing, 9:00am - 12:00noon; 1:00pm - 4:00pm, Monday - Thursday, 9:00am - 12:00noon; 1:00pm - 3:00pm, Friday
Free Donation Area - people are welcome to come in and take what they need. Items all depend on what donations we receive.
Hours are 9:00am - 12:00noon; 1:00pm - 4:00pm, Monday - Thursday, 9:00am - 12:00noon; 1:00pm - 3:00pm, Friday
Medical Equipment Lending - Available for those in need of bathtub seats, shower and tub rails. Personal Care Items - Laundry soap, dish soap, hand soap, toilet tissue, shampoo, and toothpaste available once a month when supplies are available.
School Supplies - For children (ages 5 (born on or before September 1, 2013) - 18 and low-income) who are in school or home school. Please call in early August for distribution times. Must be currently certified (meaning signed up at WSDCAP office, with updated income and household information) and income eligible. Thrift Store - Low cost items with proceeds going to fund free food and special projects. 8:00am - 4:30pm, Monday - Friday.

Western South Dakota Community Action - Employment Support offered at WESTERN SOUTH DAKOTA COMMUNITY ACTION
1844 Lombardy Drive, Rapid City, SD 57703
Website: [www.wsdca.org](http://www.wsdca.org)  Email: wsdcap@rapidcity.com
Hours: Office hours: 8:00am - 4:30pm (MT), Monday - Friday
Direct services hours: 9:00am - 12:00noon; 12:30pm - 4:00pm (MT), Monday - Thursday; 9:00am - 12:00noon; 12:30pm - 3:00pm (MT), Friday
Phone: (605) 348-1460
Eligibility: Call for information
This program offers grants up to $150.00 which enables clients to accept work that requires tools, uniforms, licensees, etc.

Club for Boys, The - Thrift Store offered at CLUB FOR BOYS, THE
960 Cambell Street, Rapid City, SD 57701
Website: [www.theclubforboys.org](http://www.theclubforboys.org)  Email: contact@theclubforboys.org
Hours: 9:00am - 6:00pm (MT), Monday - Friday
Phone: (605) 341-8878
Eligibility: Open to all
Offers low cost household goods, clothing, furniture, and more.

Storehouse, The (in Custer) - Exchange offered at Storehouse, The
66 Centennial Drive, Custer, SD 57730
Hours: 10:00am - 1:00pm (MT), first 3 Wednesdays and first 3 Saturdays*
Phone: (605) 673-3565
Eligibility: No statement of income required. Signature for release of liability is only requirement.
Household and clothing items available dependent on donation. Hours: 10:00am - 1:00pm, Wednesday and Saturday.

Love INC of the Black Hills - Sturgis Clothe-a-Kid offered at LOVE INC OF THE BLACK HILLS
No Physical Site, Sturgis, SD 57785
Hours: Assistance calls accepted: 8:30am - 11:30 (MT), Tuesday, Wednesday, Friday
Phone: (605) 206-3515
Eligibility: K - 8th grade
Clothe-a-Kid can help stretch a family's dollars even further when it's time for back-to-school shopping. Who can participate? Anyone struggling financially or who has a situation that has put them in a place of needing assistance. Families with children grades K-8 will register during one of the sign-up days in June to participate. What to bring: Birth certificate or other proof of age. Children must be born between 8/31/07 - 9/1/16. What's next? Families will choose 2 project sessions that gives back to the community in some fashion. By participating and 'paying it forward' they will earn $100.00 towards new school clothes and/or supplies per child (grades k-8) in the household. 2022 Sign-up: Has ended. There will also be a registration sign up in Whitewood (time and date TBD). Email amanda@love-inc.us for more details.

Love INC of the Black Hills - Sturgis Connection Center offered at LOVE INC OF THE BLACK HILLS
1039 1st Street, Sturgis, SD 57785
Hours: 8:30am - 11:30am (MT), Tuesday, Wednesday, Friday
Phone: (605) 206-3515
Eligibility: Call for information
The Connection Center is a place for low-income or physically disabled people in the community to call in and feel heard. Once their need is verified and understood more fully, participants work side-by-side with church volunteers. The end goal is that once their resource or need is met, they have a relationship built and they feel like they have strength to step out of their situation. The Connection Center coordinates the following programs within Love INC and ministries from partner churches. Furniture: Couches, mattresses, bed frames, dressers etc. Furniture Ministry Team helps with pick-ups and deliveries. Some volunteer service required to receive furniture. Household items provided as available. Linens: items provided as available. Includes bedding sheets and blankets. Low-income, elderly, disabled

Love INC of the Black Hills - Sturgis Connection Center Donations offered at LOVE INC OF THE BLACK HILLS
1039 1st Street, Sturgis, SD 57785
Hours: 8:30am - 11:30am (MT), Tuesday, Wednesday, Friday
Phone: (605) 206-3515
Eligibility: Call for information
The Connection Center accepts the following donations: Furniture Linens Kitchen items Mattresses (Twin and Full sized)

Meade County Senior Center Thrift Store offered at Meade County Senior Center
1008 Main Street, Sturgis, SD 57785
Hours: 9:00am - 3:00pm (MT), Monday - Friday
Phone: (605) 720-0898
Eligibility: Open to all
Thrift store selling clothing and household items.

Twin City Clothing Center
306 W. Main, Lead, SD 57754
Hours: 10:00am - 4:00pm (MT), Monday, Friday 12:00noon - 6:00pm (MT), Wednesday
Phone: (605) 717-0739
Eligibility: Open to all
A volunteer based organization that collects and processes clothing and household goods for placement in a free-cycling setting resembling a retail store. All items are free; if someone can make a monetary donation, there is a box for that, but it is not required. There are no restrictions as to who may acquire goods from the store as its primary goal is to relieve the stigma of poverty and conserve the earth through recycling. Donations for the thrift store are accepted, except for mattresses or large furniture items such as; appliances and large tables.

Society of St. Vincent de Paul Spearfish - Thrift Store offered at SOCIETY OF ST. VINCENT DE PAUL
137 E. Illinois Street, Spearfish, SD 57783
Website: http://ssvdprapidcity.org Email: svdptsSpearfish@gmail.com
Hours: 9:00am - 5:00pm (MT), Monday - Saturday
Phone: (605) 717-2499
Eligibility: Open to all
Offers clothing, furniture, household goods, and more available for purchase. Vouchers available with referral.

Treasures Thrift Store offered at NORTHERN HILLS TRAINING CENTER
714 N. 5th Street, Spearfish, SD 57783
Hours: 9:00am - 5:00pm (MT), Monday - Friday 9:30am - 3:00pm (MT), Saturday
Phone: (605) 722-1046
Eligibility: Open to all
Offers clothing, furniture, household goods, and more available for purchase supporting Northern Hills Training Center.

Thrift Store offered at Salvation Army Northern Hills, The
320 Ryan Road, Spearfish, SD 57783
Hours: 9:00am - 5:00pm (MT), Monday - Saturday
Phone: (605) 722-4321
Eligibility: Open to all
Offers gently used items for sale at bargain prices. Vouchers available at the Salvation Army Social Services Center.

United Churches of Hot Springs - Basic Needs Boutique offered at PRESBYTERIAN CHURCHES IN SOUTH DAKOTA
342 N. Garden Street, Hot Springs, SD 57747
Website: www.unitedchurcheshotsprings.org Email: uc@gwtc.net
Hours: Boutique open 10:00am - 12:00noon (MT), every 2nd Saturday of each month.
Phone: (605) 745-5640
Eligibility: Open to all
Designed to help the most vulnerable in the community and provide emergency/crisis support (fire, natural disaster)
Household cleaning supplies Personal care products Paper goods Bedding, blankets, and towels Dishes, pots, and pans Laundry and dish soap

United Churches of Hot Springs - Bearly Used Boutique offered at PRESBYTERIAN CHURCHES IN SOUTH DAKOTA
342 N. Garden Street, Hot Springs, SD 57747
Website: www.unitedchurcheshotsprings.org Email: uc@gwtc.net
Hours: Boutique Hours: 4:30pm - 6:00pm (MT), every Thursday mid-October to mid-April, except on holidays.Office Hours: 8:30am - 12:30pm (MT), Monday - Friday. Answering service available after hours.
Phone: (605) 745-5640
Eligibility: Open to all
Features new and used clothing for children to adults available for a free-will offering.

Goodwill of the Great Plains - Boots to Suits offered at GOODWILL OF THE GREAT PLAINS
No Physical Address, , SD
Website: www.goodwillgreatplains.org Email: sfnm@goodwillgreatplains.org
Hours: Boots to Suits: Every year, November 1 - 14 Goodwill regular store hours.
Phone: (605) 731-1930
Eligibility: All job seeking veterans
Boots to Suits offers a $40.00 voucher for job seeking veterans to be redeemed at any Goodwill of the Great Plains Retail Stores between November 1 - 14 each year.

Shelters
Cornerstone Women & Children's Home offered at CORNERSTONE RESCUE MISSION
301 Fox Run Drive, Rapid City, SD 57701
**Hours:** Intake: 8:00am - 7:00pm (MT), Monday - Sunday
**Phone:** (605) 721-7860
**Eligibility:** Women 18 years and older, children with an adult woman
Provides a bed, 3 daily meals, case management, transportation (on a limited basis), laundry, and shower facilities for women and children.

Working Against Violence, Inc.
527 Quincy Street, Rapid City, SD 57701
**Hours:** Office hours: 9:00am - 4:00pm (MT), Monday - Friday
**Shelter/Crisis Line:** 24 hours a day / 7 days a week
**Phone:** (888) 716-9284
**Eligibility:** Victim of intimate personal domestic violence, sexual assault, IPV stalking, human trafficking
Emergency shelter for victims of intimate personal domestic violence, sexual assault, IPV stalking, or human trafficking.

Shelter Services offered at CORNERSTONE RESCUE MISSION
30 Main Street, Rapid City, SD 57701
**Hours:** 24 hours a day / 7 days a week
**Phone:** (605) 341-2844
**Eligibility:** Must be 18 years or older unless accompanied by a verifiable guardian
Provides a bed, 3 daily meals, case management, and shower facilities.

Veteran's Wing offered at CORNERSTONE RESCUE MISSION
30 Main Street, Rapid City, SD 57701
**Hours:** 24 hours a day / 7 days a week
**Phone:** (605) 341-2844
**Eligibility:** Must be 18 years or older unless accompanied by a verifiable guardian
Veteran wing provides shelter, 3 meals a day, and case management for homeless veterans.

Where All Women Are Honored - Winyan Wicayuonihan Oyanke offered at WHERE ALL WOMEN ARE HONORED - WINYAN WICAYUONIAHN OYANKE
No Physical Address, Rapid City, SD 57701
**Hours:** 24 hours a day / 7 days a week
**Phone:** (605) 391-2609
**Eligibility:** Open to all; serving victims of intimate partner violence (IPV), Sexual Assault, Human Trafficking and Teen Dating Violence.
Services provided: Outreach Advocacy 24-Hour Crisis Line Women's Support Group Women's Re-education Men's Re-education Emergency items Respond to emergency 911 calls with public safety or at the hospital Protection Orders

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority
111 New York Street, Volunteers of America, Northern Rockies, Rapid City, SD 57701
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday
**Phone:** (605) 341-8336
**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources
A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

LSS Rapid City Arise Youth Center West offered at LUTHERAN SOCIAL SERVICES - WESTERN REGION
3505 Cambell Street, Rapid City, SD 57701
**Website:** [https://lsssd.org/what-we-do/detention-alternatives/](https://lsssd.org/what-we-do/detention-alternatives/)
**Email:** info@lsssd.org
Women Escaping A Violent Environment
No Physical Location, Custer, SD
Hours: 24 hours a day / 7 days a week
Phone: (605) 673-4357
Eligibility: Victims of domestic violence, sexual assault, sex trafficking, and other crimes
Offers crisis line, advocacy, shelter, counseling, and support groups for victims of domestic violence, sexual assault, stalking, sex trafficking, and elder abuse.

Crisis Intervention Shelter Service, Inc.
No Physical Address, Sturgis, SD 57785
Hours: 24 hours a day / 7 days a week
Phone: (605) 347-0050
Eligibility: Victims of domestic violence or sexual assault
Emergency shelter and advocacy to battered women and their children as well as victims of sexual assault and human trafficking. Off-site advocacy available for male victims.

City of Deadwood Police Department offered at City of Deadwood
100 Sherman Street, Deadwood, SD 57732
Website: www.cityofdeadwood.com Email: police@cityofdeadwood.com
Hours: Dispatch: 24 hours a day / 7 days a week Office hours: 8:00am - 5:00pm (MT), Monday - Friday*COVID info below
Phone: (605) 578-2623
Eligibility: Open to all
Responsible for protecting and serving the citizens of Deadwood. Gasoline assistance vouchers available through funding from local churches. Please call for eligibility requirements and application information. Also, provides food and emergency housing vouchers. Community Service Officers are responsible for enforcement of various issues such as snow/ice removal.

Victims of Violence Intervention Program, Inc.
No Physical Address, Spearfish, SD 57783
Website: www.artemishouse.org Email: director@artemishouse.org
Hours: Office hours: 8:00am - 4:30pm (MT), Monday - Friday*Hotline is available 24 hours a day / 7 days a week
Phone: (800) 999-2348
Eligibility: People experiencing domestic or sexual violence. Shelter is available to people escaping or made homeless due to recent domestic violence.
Provides emergency shelter, advocacy, and support for to those affected by domestic violence, dating violence, stalking, and sexual assault.

Maggie's House
300 Courthouse Drive, Kyle, SD 57752
Email: maggieshousetlp@gmail.com
Hours: 24 hours a day / 7 days a week
Phone: (605) 455-1214
Eligibility: Ages 17 - 21
Provides a safe and stable environment enriched with culturally appropriate and evidence based services to youth aging out of foster care, trafficked, homeless, parenting teens, and young adults ages 17-21.

Communities Against Violence & Abuse, Inc. offered at COMMUNITIES AGAINST VIOLENCE AND ABUSE, INC.
Wiconi Wawokiya, Inc. - Project Safe Shelter offered at WICONI WAWOKIYA, INC.
125 Red Horse Road, Fort Thompson, SD 57339
Website: www.wiconiways.org     Email: wiconi@midstatesd.net
Hours: 24 hours a day / 7 days a week
Phone: (800) 723-3039
Eligibility: Victims of domestic violence, sexual assault, elder abuse, and victims of sex trafficking.
24-hour emergency shelter for women and children that provides crisis services for rape victims, child abuse victims and their non-offending family members, family members of homicide victims, adults molested as children, and victims of elder abuse.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority
17 Park Avenue, ROCS Lake Andes Office, Lake Andes, SD 57356
Hours: 8:00am - 4:30pm (CT), Monday - Friday
Phone: (605) 487-7634
Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources
A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority
420 S. Washington Street, The Journey Home, Aberdeen, SD 57401
Hours: 9:00am - 2:00pm (CT), Monday - Friday
Phone: (605) 725-7031
Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources
A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority
106 West S.W., Rural Office of Community Services, Wagner, SD 57380
Hours: 8:00am - 4:30pm (CT), Monday - Friday
Phone: (605) 384-3883
Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources
A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority
1307 N. Main, Rural Office of Community Services, Mitchell, SD 57301
Hours: 8:00am - 4:30pm (CT), Monday - Friday
Phone: (605) 996-9626
Eligibility: Individual or families who are experiencing or at risk of being homeless and searching for housing resources
A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.
**South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

920 Broadway Avenue, Suite 1, Rural Office of Community Services, Yankton, SD 57078  
**Hours:** Regular office hours held in Union, Clay, Yankton and Bon Homme counties. Please call for schedules and appointments. Your message will be returned promptly.  
**Phone:** (605) 665-4559  
**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources  
A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

**South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

505 N. Western Avenue, Inter-Lakes Community Action Partnership, Sioux Falls, SD 57104  
**Hours:** 8:00am - 4:30pm (CT), Monday - Friday  
**Phone:** (605) 334-2808  
**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources  
A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

**VOA Berakhah House offered at VOLUNTEERS OF AMERICA, DAKOTAS**

400 N. Western Avenue, Sioux Falls, SD 57104  
**Website:** [www.voa-dakotas.org](http://www.voa-dakotas.org)  
**Email:** info@voa-dakotas.org  
**Hours:** Call for information*COVID info below  
**Phone:** (605) 332-4017  
**Eligibility:** Veterans must be referred by a VA case manager, who has determined eligibility. This facility is open only to individuals, and not families.  
Provides short-term emergency housing and supportive services to homeless veterans in a safe, secure, and respectful environment designed to enhance individual growth, employment options, finance, and housing opportunities.

**Domestic Violence Hotline for South Dakota**

No Physical Address, Sioux Falls, SD 57105  
**Hours:** 24 hours a day / 7 days a week  
**Phone:** (800) 786-2929  
**Eligibility:** Open to anyone in a domestic violence situation, friends, or concerned loved ones  
Provides support and crisis intervention 24 hours a day / 7 days a week.

**National Runaway Safeline**

3141 B N. Lincoln Avenue, Chicago, IL 60657  
**Website:** [www.1800RUNAWAY.org](http://www.1800RUNAWAY.org)  
**Email:** info@1800runaway.org  
**Hours:** 24 hours a day / 7 days a week / 365 days a year  
**Phone:** (800) 786-2929  
**Eligibility:** Youth 21 years of age and under and families  
Provides: 24 hour a day / 7 day a week hotline Information and referral from a database of over 10,000 agencies by city and state Toll free conference calls to family members Toll free conference calls to service agencies Message delivery to parents or guardians Home Free program that provides Greyhound bus tickets for runaway youth ages 12-21 Real time online chat service for youth and families via www.1800runaway.org.

**Housing**
Pennington County Housing and Redevelopment Commission
1805 W. Fulton Street, Suite 101, Rapid City, SD 57702
Website: www.pchrc.com   Email: info@pchrc.com
Hours: 7:30am - 4:30pm (MT), Monday - Friday
Phone: (605) 394-5350
Eligibility: Must meet income guidelines.
Administers various housing assistance programs that promote the development of safe and affordable housing opportunities and encourages self-sufficiency.

Full Circle offered at Behavior Management Systems
350 Elk Street, Rapid City, SD 57701
Hours: Full Circle: 24 hours a day / 7 days a week
Phone: (605) 343-7262
Eligibility: Pregnant and parenting women
A residential substance abuse treatment and prevention program for pregnant and parenting women. Intensive inpatient treatment is offered along with prenatal care, parenting information, case management, and continued care in a residential facility for those who have completed treatment. Also, offers MAT (Medication Assisted Treatment).

OneHeart
217 Kansas City Street, Suite 100, Rapid City, SD 57701
Hours: 8:00am - 5:00pm (MT), Monday - Friday
Phone: (605) 718-9153
Eligibility: Open to all
The campus offers person-centered, trauma-informed, recovery-oriented care. In return each resident will be expected to create a self-directed income plan and housing plan and agree to live clean and sober. Individuals must be referred by one of the partner providers: Addiction Recovery Center of Black Hills Artemis House Behavior Management Systems Bethany Christian Services Black Hills Dress for Success Black Hills Pregnancy Center Black Hills Pediatric Therapy Care Campus Career Learning Center of the BH CASA - 7th Circuit Catholic Social Services Community Health Center of Black Hills Consumer Credit Counseling Love Inc. Lutheran Social Services NAMI Oglala Sioux Lakota Housing Pennington County Public Defender's Office Pennington County SAO-Victim's Advocate Project Recovery Rapid City Area Schools Rural American Initiatives South Dakota School of Mines South Dakota State University NANEC Treasured Lives VocRehab Volunteers of America WAVI Western Dakota Tech Where All Women Are Honored Wild Horse Butte & Sacred Shawl Shelter YMCA Youth and Family Services

Black Hills Oxford House offered at Oxford House
3602 Arizona Street, Rapid City, SD 57701
Hours: 9:00am - 9:00pm (MT), Monday - Sunday
Phone: (605) 569-2111
Eligibility: Women
Non-tolerance sober living house for women. To see if there are openings at a home, visit www.oxfordvacancies.com

Cornerstone Apartments offered at CORNERSTONE RESCUE MISSION
1220 East Boulevard, Rapid City, SD 57701
Hours: 8:00am - 5:00pm (MT), Monday - Friday*COVID info below
Phone: (605) 721-9497
Eligibility: Homeless and disabled individuals and families
Offers permanent supportive housing for homeless and disabled individuals and families. Case management and referrals/partnerships with area agencies are provided to assist residents to strive for self-sufficiency.

Passages Women's Transitional Living
19 E. Quincy Street, Rapid City, SD 57709
Website: www.passagesliving.com   Email: passagesliving@gmail.com
Hours: Office Hours: 9:00am - 4:00pm (MT), Monday - Friday Program: 24 hours a day / 7 days a week
Phone: (605) 791-0273
Eligibility: Women, age 18+ struggling with drug/alcohol addictions
Program that works to help women in the following areas: life skills; employment; physical health; relationships and spiritual growth. Each woman who chooses to go through the Passages Transformation Program must pay a program fee; comply with the house rules and attend various classes/trainings.

Volunteers of America, Northern Rockies - Housing Assistance offered at VOLUNTEERS OF AMERICA, NORTHERN ROCKIES
111 New York Street, Rapid City, SD 57701
Hours: 8:00am - 5:00pm (MT), Monday - Friday
Phone: (605) 341-8336
Eligibility: A coordinated entry appointment is often required before application. Income and situational conditions apply. Screening is conducted upon inquiry to determine appropriateness or to redirect to a more appropriate source of support. Housing assistance services through VOA are intended for placement purposes and are available to those residing in the 15 counties of west-river. This program is not appropriate for those who are housed and need immediate rent or utility assistance. Instead it is intended for those who are homeless and in need of permanent housing stability. As a comprehensive program, case management participation is required for minimum of 3 months. Security deposits can be provided as a separate service to those with qualifying income. Additional eligibility criteria applies.

LSS Rapid City New Alternatives offered at LUTHERAN SOCIAL SERVICES - WESTERN REGION
120 Philadelphia Street, Rapid City, SD 57701
Website: https://lsssd.org/what-we-do/independent-living-services/ Email: info@lsssd.org
Hours: 8:00am - 5:00pm (MT), Monday - Friday
Phone: (605) 791-2405
Eligibility: Young adults, ages 18 - 22
An independent living program located in Rapid City that provides housing and a variety of supportive services to young adults ages 18-21 who are living with severe mental illness.

Black Hills Area Community Foundation - Collective Impact Strategic Housing Initiative offered at BLACK HILLS AREA COMMUNITY FOUNDATION
803 Saint Joseph Street, Rapid City, SD 57701
Website: bhacf.org Email: info@bhacf.org
Hours: Call for information
Phone: (605) 718-0112
Eligibility: Call for information
The Collective Impact Strategic Housing Initiative brings together leaders in philanthropy, government, business, and the housing industry to work on new and unique approaches to address the local housing shortage. The Black Hills Area Community Foundation serves as both a financial supporter and community collaborator for this initiative.

Pennington County Sheriff’s Office - Addiction Treatment Services offered at Pennington County
321 Kansas City Street, Suite 110, Care Campus, Rapid City, SD 57701
Website: www.pennco.org/sheriff/ Email: ccadp@pennco.org
Hours: Administrative hours: 8:00am - 5:00pm (MT) Monday - Friday Detox open: 24 hours a day / 7 days a week. **Please note - Substance use assessments are not scheduled. However, clients can come at 8:00am and assessments are first come, first serve with 2-4 walk-in appointments daily.
Phone: (605) 394-6128
Eligibility: Open to adults with substance abuse issues
Providing alcohol and drug assessments, group outpatient treatment, detoxification, involuntary and emergency commitments, safe solutions/safe bed program and crisis care intervention and screening.

Meade County Housing & Redevelopment
1220 Cedar Street, Suite 113, Sturgis, SD 57785
Hours: 8:00am - 4:00pm (MT), Monday - Friday
Phone: (605) 347-3384
Eligibility: Open to all eligible applicants (18 years and older)
Administer for the counties of Meade, Butte, and Lawrence, of the Housing Choice Vouchers, Section 8, (waiting list, does not have emergency assistance), an income based assistance program for disabled, elderly, and working poor. Listing of subsidized and rental properties available.

**New Dawn Center offered at Residential Treatment Program**
19271 SD Highway 79, Vale, SD 57788  
**Hours:** Facility is open and staffed 24 hours a day / 7 days a week. *COVID info below*  
**Phone:** (605) 309-5105  
**Eligibility:** Men who have completed prior treatment programs, or awaiting admittance to treatment facility  
Provides transitional, clinically-managed, low-intensity, open-ended residential treatment program. Residents are encouraged to take part in the outdoor operation of the facilities and participate in any of the recreational therapy programs. ASAM level 3.1 transitional substance abuse treatment.

**VA Black Hills Health Care System, Hot Springs offered at UNITED STATES DEPARTMENT OF VETERANS AFFAIRS**
500 N. 5th Street, Hot Springs, SD 57747  
**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday  
Urgent Care: 7:00am - 7:00pm (MT), Monday - Friday  
Nurse Advice Line: evenings, weekends, and holidays  
Residential care: 24 hours a day / 7 days a week  
**Phone:** (605) 745-2000  
**Eligibility:** Eligible and enrolled Veterans  
General medical and surgical, primary, nursing home and rehabilitative care. Behavioral Health Services include: Addictive Disorder Services (ADS) - outpatient and short and long-term residential treatment; transitional residence / halfway house  
Compensated work therapy  
Residential Post Traumatic Stress (PTSD) program  
Mental health intensive case management  
Outpatient psychiatric services  
The Suicide Prevention Coordinator has gun locks available.

**Hot Springs Housing Authority**
201 S. River Street, Hot Springs, SD 57747  
**Hours:** 8:00am - 4:00pm (MT), Monday - Thursday  
8:00am - 1:00pm (MT), Friday  
**Phone:** (605) 745-4067  
**Eligibility:** Low income elderly/disabled persons  
Provides studio and 1-bedroom apartments in Hot Springs for elderly, disabled persons, and Veterans on a fixed income.

**Clinical Services offered at Aneptu Luta Otipi**
North Route, Kyle, SD 57752  
**Hours:** 9:00am - 4:00pm (MT), Monday - Friday  
**Phone:** (605) 455-2331  
**Eligibility:** Enrolled Tribal Members 12 years of age and older; degree of Indian blood or Tribal Enrollment number required.
A comprehensive substance abuse program offering addiction prevention, treatment, and recovery support services for adolescents and adults experiencing problems with alcohol and drugs. Traditional concepts of health among many American Indian families within the Pine Ridge Tribal Lands involve the intersection of physical, mental, and spiritual wellbeing, which are all seen as inextricably linked. Therefore, ALO uses a comprehensive approach for behavioral health programming, which is guided by traditional Lakota values (ie. wacatognaka (generosity), woohitika (courage), wowacitaka (perseverance), waoholaka (respect), wausila (compassion), and woksape (wisdom)). Alcohol and Substance Abuse Services include:

1. Alcohol and Drug Evaluation/Assessments (Phone assessments by appointment): Provides alcohol and substance abuse diagnostic services to determine the presence of alcohol and substance abuse disorders. Results from client assessment are used to arrange treatment, recovery support, and other social services that are administered within the Tribe and external agencies. Call to set up an appointment.

2. Outpatient Treatment: Provides intervention for individuals and families burdened with alcohol and substance abuse disorders. Provides group and individual counseling as well as education on a wide variety of topics. When implemented in a group setting, Outpatient Treatment works toward creating an environment of positive peer culture where clients learn from each other’s experiences and work together to develop solutions to common problems. Outpatient Treatment is tied to each client’s individual treatment/success plan, which facilitates the development of new life skills necessary to eliminate alcoholism, substance abuse, and other destructive behavior. Outpatient Treatment Groups (more than 3 groups active online) Youth Group (2 active groups at 5:00pm on Thursdays)

3. Day Treatment: Provides intensive alcohol and drug treatment for 5 - 7 hours per day for several days a week. Day treatment programming that serves inmates in the Adult Offender Facility (AOF) in Pine Ridge, SD. The duration of client participation is dependent upon the specific evidence based curriculum being used to guide day treatment programming. Primary Residential Treatment: Facilitates the rehabilitation of an alcohol/substance abuse user by placing the client in a highly structured therapeutic environment that is short-term ranging from 30 to 60 days. Provides diagnostic services, group and individual counseling, alcohol and drug abuse education. Assists the client cultivate psychological self-awareness and positive self-esteem, healthy decision making skills, coping strategies, and attitudes of civic/community responsibility. Medication Assisted Treatment (MAT) In office visits every Monday from 9:00am - 1:00pm at Pine Ridge Counseling Center. Telehealth appointments available Monday - Friday by appointment. DUI/DWI Classes (Online) Call to register. Pre-registration, attendance in both sessions and successful test required.

### SD Housing Search offered at South Dakota Housing Development Authority
3060 E. Elizabeth Street, Pierre, SD 57501
**Website:** [www.sdhousingsearch.com](http://www.sdhousingsearch.com)  **Email:** info@sdhda.org
**Hours:** Website: 24 hours a day / 7 days a week  
**Phone:** (800) 540-4241
**Eligibility:** Open to all
A free housing locator providing information on Section 8 and income based rental units.

### Housing Assistance offered at South Dakota Housing Development Authority
3060 E. Elizabeth Street, Pierre, SD 57501
**Website:** [www.sdhda.org](http://www.sdhda.org)  **Email:** info@sdhda.org
**Hours:** 8:00am - 5:00pm (CT), Monday - Friday
**Phone:** (605) 773-3181
**Eligibility:** Program guidelines apply
Provides mortgage and down payment assistance, housing construction and rehabilitation, homelessness prevention, and rental assistance.

### Paint South Dakota offered at South Dakota Housing Development Authority
3060 E. Elizabeth Street, Pierre, SD 57501
**Hours:** 8:00am - 5:00pm (CT), Monday - Friday
**Phone:** (605) 773-7603
**Eligibility:** The nominee must own and currently live in the home to be painted. It cannot be a business, rental house, units or property used for other purposes besides a primary residence. The nominee must need their home repainted and would otherwise not be able to paint the house due to their financial or physical difficulty. Bringing people together, providing a new coat of paint to a household in need, and helping beautify the community. A volunteer group nominates the home of someone in the community. Paint and primer are purchased by the organization and reimbursed by SDHDA. The volunteer group is responsible for supplies such as caulk, scrapers, ladders, brushes, and buckets. If an applicant would like to nominate themselves, they are responsible for finding the volunteers to do the painting.
Stepping Stones Rehabilitation Services offered at DAKOTA COUNSELING INSTITUTE
901 S. Miller, Mitchell, SD 57301
Website: www.dakotacounseling.net   Email: info@dakotacounseling.net
Hours: 8:00am - 5:00pm (CT), Monday - Thursday8:00am - 2:00pm (CT), FridayOpen 24 hours a day / 7 days a week
Phone: (605) 995-8180
Eligibility: Open to all
Strives to respond to the needs of individuals in the Mitchell area affected directly or indirectly by mood-altering chemical use or dependency through professional prevention services, education, assessment, intervention, counseling, referral, group and individual therapy, social detoxification, transitional living and continued care.

Human Service Agency - Serenity Hills offered at HUMAN SERVICE AGENCY
1526 Highway 20 N.W., Watertown, SD 57201
Hours: 24 hours a day / 7 days a week
Phone: (605) 884-0650
Eligibility: Diagnosed with chemical dependency and mental illness (Must have dual-diagnosis)Detox is available for both genders and no other admission criteria other than needing detox
A therapeutic place of residence for persons suffering from mental illness and chemical dependency. Offering dignity and serenity for chemically dependent and or mentally ill persons to continue the journey of recovery, healing, and wholeness.Serenity Hills offers two distinct programs: social setting detoxification halfway houseEmphasizes the restoration of dignity and self-worth while teaching individual responsibility, including the development of independent living skills, relapse prevention, coping skills, social skills training, and offering opportunities for spiritual growth.Combines a strong AA 12-step philosophy with a multi-disciplinary team approach, including professional psychiatric and psychological care.

Teen Challenge of the Dakotas
600 W. 16th Avenue S., Brookings, SD 57006
Hours: Office hours: 8:30am - 5:00pm (CT), Monday - Friday
Phone: (605) 693-9753
Eligibility: Men, 18 years and older with life controlling problems such as addictions
A residential, Christian discipleship program utilizing biblical principles including faith and genuine repentance to help men (18 years and older) overcome life-controlling problems such as addictions.

VOA Axis 180 offered at VOLUNTEERS OF AMERICA, DAKOTAS
3201 S. Theodore Avenue, Sioux Falls, SD 57106
Website: www.voa-dakotas.org   Email: ilpp@voa-dakotas.org
Hours: Office hours: 9:00am - 5:00pm (CT), Monday - Friday
Phone: (605) 215-8527
Eligibility: Homeless youth ages 16 - 21
Provides shelter, case management, life skills, and education services to young people ages 16 to 21, who are preparing for independent living. The program provides young people with a safe, supportive environment while they learn the skills necessary to succeed on their own.

HUD South Dakota offered at UNITED STATES DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT
4301 W. 57th Street, Suite 101, Sioux Falls Field Office, Sioux Falls, SD 57108
Website: www.hud.gov   Email: sd_webmanager@hud.gov
Hours: 8:00am - 4:30pm (CT), Monday - Friday
Phone: (605) 330-4223
Eligibility: Open to all
Provides information on low income (subsidized) rental units and public housing authorities.

Glory House of Sioux Falls - Residential Program offered at Glory House of Sioux Falls
4000 S. West Avenue, Sioux Falls, SD 57105
Hours: 24 hours a day / 7 days a week
Phone: (605) 332-3273
Eligibility: Adult, employable, eligible according to referral agency criteria, willing to comply with rules and programming
Transitional program provides assistance with employment, money management, recovery from substances, as well as co-occurring conditions assisting the individual in establishing and the continuation of applying these life skills.

Hope Prison Ministry
PO Box 284, Sioux Falls, SD 57104
Website: [www.hopeprisonministry.com](http://www.hopeprisonministry.com)  Email: hopeprisonministry@gmail.com
Hours: Office hours: 9:00am - 5:00pm (CT), Monday - Friday
Phone: (605) 338-7526
Eligibility: All prison inmates released within the last 6 months and have not been assisted by Hope Prison Ministry previously.
Helps men and women after release from incarceration by providing them with clothes and resources needed to find food, housing resource information and other items on a one-time basis.

Kingdom Boundaries Prison Aftercare
417 S. Summit Avenue, Sioux Falls, SD 57104
Hours: 6:00am - 6:00pm (CT), Monday - Friday
Phone: (605) 695-0048
Eligibility: Can only house male ex-offenders.
Transitional housing for up to 20 males. Program also helps anyone re-entering society after incarceration including finding employment, clothes, furniture, etc. (based on what is currently available).

Call To Freedom - Marissa’s Project offered at CALL TO FREEDOM
No Physical Address, Sioux Falls, SD 57104
Website: [www.calltofreedom.org](http://www.calltofreedom.org)  Email: info@calltofreedom.org
Hours: Call for information.
Phone: (605) 261-1880
Eligibility: Women 18+ and their children (call for age specific information) (Victims/Survivors of Human Trafficking and sexual exploitation)
Call to Freedom provides victim-centered responsive services to those who have experienced sexual exploitation and human trafficking. Our Vision is to create a cohesive community model of care and support for victims, bringing communities together while educating and advocating to stop human trafficking.

VOA New Start for Women offered at VOLUNTEERS OF AMERICA, DAKOTAS
1401 W. 51st Street, Sioux Falls, SD 57105
Website: [www.voa-dakotas.org](http://www.voa-dakotas.org)  Email: info@voa-dakotas.org
Hours: 24 hours a day / 7 days per week
Phone: (605) 357-0982
Eligibility: Pregnant and parenting women aged 18 and older are eligible for the New Start for Women program.
Offers substance use evaluations for adolescents and adults. The evaluation is the first step in determining if the individual needs further assistance with their substance use.

Objective Zero Foundation
2008 S. Abbeystone Court, Sioux Falls, SD 57110
Website: [www.objectivezero.org](http://www.objectivezero.org)  Email: contactus@objectivezero.org
Hours: 24 hours day / 7 days week
Phone: (202) 573-9660
Eligibility: Service members (active duty, guard, and reserve), veterans and families and caregivers of service members and veterans.
The Objective Zero App connects service members, veterans, their families, and caregivers to peer and civilian support through voice, video and text and to mental health and wellness tools and resources. The app is free to download and free to use.
VFW National Home for Children - Family Program offered at VFW NATIONAL HOME FOR CHILDREN
3573 S. Waverly Road, Eaton Rapids, MI 48827
Website: http://vfwnationalhome.org  Email: helpline@vfwnationalhome.org
Hours: 8:00am - 4:30pm (ET), Monday - Friday Voice message system available after hours
Phone: (800) 313-4200
Eligibility: The married or single parent or legal guardian applying for admission must have legal custody of at least one child under the age of 18. Eligibility to apply for admission stems from the child(ren) in the family. The child(ren) must either have: A parent or grandparent that is a VFW or Auxiliary member or is eligible for membership. A parent that is a veteran, honorably discharged, or still serving in the National Guard or Reserves. Qualified families who are accepted into this program have access to: Housing at the National Home in a single family home for up to four years A case worker to set goals and make plans for the future Educational, recreational, and enrichment opportunities Community resources and counseling referrals are provided as needed State-certified daycare services are provided free of charge for children five and under

USDA - Rural Development Multi-Family Housing Rentals offered at UNITED STATES DEPARTMENT OF AGRICULTURE
No Physical Address, , SD
Hours: Vary by site Available online 24 hours a day / 7 days a week
Eligibility: Website is open to all Through the website, people who are looking for low-cost rentals, can find units for rent in rural South Dakota. Search based on county or town. Then, contact the property company regarding how to apply. To find apartments in rural areas: 1. Go to www.rd.usda.gov 2. Scroll down on left hand side, it says, Find Rural Rentals 3. Then click on South Dakota in the map 4. Then, select your County.

Immigration/refugee resources

Multi-Cultural Center of Sioux Falls offered at LUTHERAN SOCIAL SERVICES - SOUTHEAST REGION
515 N. Main Avenue, Sioux Falls, SD 57104
Website: www.sfmcc.org  Email: info@lsssd.org
Hours: 9:00am - 5:00pm (CT), Monday - Friday (excluding holidays)
Phone: (605) 367-7401
Eligibility: Open to all Provides experiences and service for all people to learn, celebrate, and share through our community's cultural diversity. Programs include English classes, driver's training for adults, job skills training, Interpretation and Translation Program, youth programs, and legal assistance.

LSS Sioux Falls Center for New Americans - Community Interpreter Service offered at LUTHERAN SOCIAL SERVICES - SOUTHEAST REGION
300 E. 6th Street, Sioux Falls, SD 57104
Website: https://lsssd.org/what-we-do/center-for-new-americans/  Email: info@lsssd.org
Hours: 24 hours a day / 7 days per week
Phone: (605) 731-2010
Eligibility: Open to all Provides interpretation and written translation to the major languages and other minor, regional, or tribal dialects. Able to facilitate on-site interpretation, message relay, conference call, written translation, and video interpretation.

Language Translation Services offered at LanguageLine Solutions
1 Lower Ragsdale Drive, Building #2, Monterey, CA 93940
Website: www.languageline.com  Email: customercare@languageline.com
**Mental Health / Substance Abuse**

**Counseling Services offered at Rapid City Mental Health Professionals, LLC**

3939 Canyon Lake Drive, Suite A, Rapid City, SD 57702  
**Website:** [www.rapidcitymentalhealth.com](http://www.rapidcitymentalhealth.com)  
**Email:** office@rapidcitymentalhealth.com  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday *Some hours of availability on Saturdays*  
**Phone:** (605) 716-3555  
**Eligibility:** Open to all ages  
Provides medication management of mental health disorders: depression, anxiety, PTSD, OCD, ADHD, bipolar disorder, schizophrenia and other psychotic illnesses. Services provided by psychiatric mental health nurse practitioners who have been employed in the inpatient settings, correctional facilities, and outpatient mental health. Other services provided: Adolescent psychiatry Medication management Mental health screening Adult psychiatry Geriatric psychiatry Spravato treatment Culturally sensitive Photobiomodulation Therapy (light therapy)

**Counseling Services offered at A Center For Training And Restoration**

2101 City Springs Road, Rapid City, SD 57702  
**Website:** [www.ACenterForTrainingAndRestoration.com](http://www.ACenterForTrainingAndRestoration.com)  
**Email:** eleite101@gmail.com  
**Hours:** 9:00am - 7:00pm (MT), By appointment only  
**Phone:** (605) 484-0576  
**Eligibility:** Ages 12 - 100  
Provides addiction and mental health counseling and educations for culturally diverse groups of people. Offers a series of video workshops on addiction and grief as well as a workshop on Post Traumatic Stress Disorder (PTSD). Counseling services include: individual, substance use, faith based, Eye Movement Desensitization and Reprocessing (EMDR), Family Systems therapy, grief, terminal illness, spouse/intimate partner abuse, and child abuse survivor counseling for adults. Offers a sliding fee scale as well as telehealth.

**Brain Injury Rehabilitation Center, The**

803 Sioux San Drive, Rapid City, SD 57702  
**Website:** [www.blackhillworks.org/programs-services/enterprises/the-brain-rehabilitation-center](http://www.blackhillworks.org/programs-services/enterprises/the-brain-rehabilitation-center)  
**Hours:** 8:00am - 4:00pm (MT), Monday - Friday  
**Phone:** (605) 343-7297  
**Eligibility:** Open to all  
Services offered: Neuropsychological Evaluation Autism Spectrum Evaluation Various other evaluations Occupational Therapy Counseling (individual, family, and group formats) Cognitive Retraining Speech Therapy The Aging Brain Workshop Driving Simulator
Behavioral Health Center offered at Monument Health - Rapid City
915 Mountain View Road, Rapid City, SD 57702
Website: www.monument.health Email: ksullivan1@monument.health
Hours: Outpatient clinic: 8:30am - 5:00pm (MT), Monday - Friday Inpatient treatment: 24 hours a day / 7 days a week Visiting hours child and adolescent unit: 5:00pm - 7:00pm (MT), Monday - Friday; 3:00pm - 7:00pm (MT), Sunday Visiting hours adult unit: 6:00pm - 8:00pm (MT), Monday - Friday; 3:00pm - 8:00pm (MT), Saturday - Sunday
Phone: (605) 755-7200
Eligibility: There are criteria for inpatient admission (danger to self or others). Age range 5 - adult patients.
A psychiatric hospital located on the west side of Rapid City. Offering a wide range of services for geriatric, adult, adolescent, and child patients. This center approaches patient care with a special emphasis on trauma-informed care as well as biological, psychological, and social concerns. Specifically, offering inpatient treatment, and outpatient clinic with individual and family counseling services, as well as psychiatric diagnostic interviewing and medication management for patients of all ages.

Counseling Services offered at Mindfulness Matters Behavioral Health, LLC
3421 W. Main Street, Suite 101, Rapid City, SD 57702
Hours: 9:00am - 4:00pm (MT), Monday - Thursday
Phone: (605) 718-0488
Eligibility: Open to all
Provides individual and family therapy to children, adolescents, and adults with experience in anxiety, mood, ADHD, depression, trauma, grief, sexual abuse, domestic violence, low self-esteem, self-harm behaviors, anger management, assisting children affected by divorce, behavior management, attachment issues, personality disorders, and autism spectrum disorders. Specialties include trauma work utilizing Trauma Focused Cognitive Behavioral therapies, Play Therapy, and Dialectical Behavioral Therapy (DBT). Offering services via telehealth.

Counseling Services offered at Lisa Porisch Counseling
3421 W. Main Street, Rapid City, SD 57702
Website: lisaporischcounseling.com Email: hello@lisaporischcounseling.sprucecare.com
Hours: 8:00am - 2:30pm (MT), Monday - Friday
Phone: (605) 468-1865
Eligibility: Ages 3 - 100
Helps clients transform personal challenges and create a more balanced life. Offers the following services: Individual counseling Divorce counseling Grief/bereavement counseling Terminal illness counseling Child abuse survivor counseling for adults Family counseling Play therapy Cognitive behavioral therapy Parent counseling Internet (telehealth) counseling

South Dakota National Guard Psychological Health Program offered at SOUTH DAKOTA DEPARTMENT OF THE MILITARY
2823 W. Main Street, Rapid City, SD 57702
Hours: 9:00am - 5:00pm (MT), Monday - Friday
Phone: (605) 737-6582
Eligibility: Service members 17+
Provides mental health, substance abuse, suicide prevention and resiliency information to members of the South Dakota Army National Guard and families.

Counseling Services offered at Scovel Psychological and Counseling Services, LTD
2902 W. Main Street, Rapid City, SD 57702
Hours: 8:00am - 5:00pm (MT), Monday - Friday 8:00am - 1:00pm (MT), Saturday*COVID info below
Phone: (605) 721-8822
Eligibility: Open to all
Provides individual, couple and family psychotherapy. Offers psychological and forensic assessments.
LSS Rapid City - Behavioral Health Services offered at LUTHERAN SOCIAL SERVICES - WESTERN REGION
2920 Sheridan Lake Road, Rapid City, SD 57702
Website: https://lsssd.org/what-we-do/behavioral-health-services/ Email: info@lsssd.org
Hours: 8:00am - 7:00pm (MT), Monday - Tuesday 8:00am - 6:00pm (MT), Wednesday - Thursday 8:00am - 5:00pm (MT), Friday Or by appointment
Phone: (855) 334-2953
Eligibility: Open to all
Provides individual, group, family and couples counseling. Accepts private insurance, Medicaid, Medicare and offers a sliding fee based on household income.

Counseling Services offered at Suzette Wasvick Counseling Services
403 National Street, Suite 1, Rapid City, SD 57701
Website: wasvickcounseling.com Email: sw.counselingservices@yahoo.com
Hours: 9:00am - 5:00pm (MT), Tuesday, Wednesday
Phone: (605) 390-8791
Eligibility: Open to all
Individuals, couples, and family counseling for children, adolescent, and adults. Counseling to help those who suffer from depression, anxiety, self-harm, post traumatic stress (PTSD), trauma, suicidal thoughts, grief and loss, Internal Family Systems (IFS), and other issues. Provides assisted animal therapy, play therapy, Cognitive Behavior Therapy (CBT), and Dialectical Behavior Therapy (DBT). Works closely with the LGBTQI population. Also offering services via telehealth.

Counseling Services offered at Chrysalis Association, LLC
403 National Street, Suite 1, Rapid City, SD 57702
Hours: 8:00am - 5:00pm (MT), Monday - Saturday
Phone: (605) 341-8647
Eligibility: Open to all
Psychological assessments for attention deficit / hyperactive disorder (ADD/ADHD), learning disorders, and all other psychiatric conditions. Individual treatment for anxiety, depression, post traumatic stress (PTSD), trauma, personality disorders, and marital issues. Custody, competency, and forensic evaluations available. Therapeutic approaches include cognitive behavioral (CBT) and reprocessing therapy. Specialized services for sex offenders and non-adjudicated individuals with psychosexual issues.

Counseling Services offered at Knuppe Counseling
2650 Jackson Boulevard, 11, Rapid City, SD 57702
Website: www.facebook.com/people/Knuppe-Counseling-LLC/100057537065261 Email: knuppecounseling@gmail.com
Hours: 8:00am - 6:00pm (MT), Monday - Friday
Phone: (605) 390-7055
Eligibility: Open to all
Working with individuals, couples and families of all ages with a variety of challenges. Specialty training in family therapy, helping families dealing with challenging behaviors, and communication problems. Offers group therapy for parenting and eye movement desensitization and reprocessing (EMDR). Trauma focused cognitive behavioral therapy (CBT) trained.

Counseling Services offered at Isaacs Behavioral Health, LLC
2650 Jackson Boulevard, Suite 18, Rapid City, SD 57702
Hours: 9:00am - 5:00pm (MT), Monday - Thursday
Phone: (605) 877-2010
Eligibility: Open to all
Services Offered: Individual Psychotherapy for: PTSD, trauma, depression, anxiety, loss-grief, addictions, communications, self-esteem, and behavioral issues. Group Therapy: Survivor Strong Groups for female survivors of sexual, physical and psychological abuse. Modalities: Eye movement desensitization and reprocessing (EMDR), motivational interviewing (MI), cognitive behavior therapy (CBT), rational emotive behavioral therapy (REBT), and dialectical behavior therapy (DBT).
Counseling Services offered at Family Solutions Center
2650 Jackson Boulevard, Creekside Plaza, Rapid City, SD 57702
**Hours:** 8:00am - 6:00pm (MT), Monday - Friday by appointment only
**Phone:** (605) 359-9491
**Eligibility:** Open to all
Specializing in individual (including adolescents), couples, and family therapy. Works with issues of depression, anxiety, fertility, eating disorders, abuse and victimization, anger management, conflict resolution, dependency and codependency, parent/child conflict, woman's issues, grief and loss, and business conflicts. Trained in systems therapy.

Counseling Services offered at Heynen Health & Wellness Services
2650 Jackson Boulevard, Suite 2, Rapid City, SD 57702
**Website:** www.heatherheynen.com  
**Email:** info@heatherheynen.com
**Hours:** By appointment.
**Phone:** (605) 390-8332
**Eligibility:** Open to all
In-office or telehealth Mental Health Counseling and Therapy to help navigate through mental and emotional stresses, alleviate anxiety and depression, and reach daily and life goals. Assessment and goal-setting. On-line or in-office Life Coaching, Counseling, Consulting. Helps facilitate processes for individuals to reach goals in life through practical direct direction, emotion management, habit change, and skill building.

Counseling Services offered at Black Hills Center for Healing and the Advancement of Psychotherapy
2525 W. Main Street, Suite 303A6, Rapid City, SD 57702
**Hours:** By appointment only
**Phone:** (605) 440-2287
**Eligibility:** Open to all adults, 18+.
Individual therapy for adults, specializing in trauma, including dissociative functioning and complex trauma. Integrative treatments for trauma, as well as depression/anxiety that has not been responsive to traditional modalities. Mindfulness and self compassion focused approaches improve one’s relationship with oneself and others. Seasonal experiential workshops, including equine assisted therapy, are held periodically. Contact for more information. Telehealth available on a limited basis. Inquire for additional information.

Counseling Services offered at Journey Counseling Services, LLC
2525 W. Main Street, Suite 214, Rapid City, SD 57702
**Website:** www.journeycounselingservices.com  
**Email:** info@journeycounselingservices.com
**Hours:** 9:00am - 8:00pm (MT), Tuesday - Thursday9:00am - 5:00pm (MT), FridayAvailable by appointment only. Evening appointments available.
**Phone:** (605) 988-8131
**Eligibility:** Open to adults
Individual, couple, and family therapy for a wide range of mental and behavioral health concerns including anxiety, depression, marital distress, divorce, blended families, parenting challenges, and grief. Sensitive to indigenous culture through training and direct experience. Telehealth sessions available.

Counseling Services offered at Bach Counseling Services, LLC
2218 Jackson Boulevard, Suite 13, Rapid City, SD 57702
**Hours:** 10:00am - 6:00pm (MT), Tuesday - Thursday10:00am - 5:00pm (MT), Friday
**Phone:** (605) 431-4106
**Eligibility:** Open to all
Specializing in anxiety, depression, mood disorders, bipolar disorder, attention deficit / hyperactivity disorder (ADD/ADHD), trauma, post traumatic stress (PTSD), chronic pain, life-altering health issues, communication and relationship concerns, stress management, grief and loss, abuse issues and identity development / LGBTQ counseling.

Counseling Services offered at Gammeter & Associates LLC
810 Mountain View Road, Rapid City, SD 57702
Feel free to share this information, we ask that you credit the Helpline Center as your source.
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Counseling Services offered at Thorn Counseling**
1301 W. Omaha Street, Suite 220, Rapid City, SD 57701
**Email:** jetsonea@yahoo.com  
**Hours:** 9:00am - 6:00pm (MT), Monday - Friday  
**Phone:** (605) 716-9944  
**Eligibility:** Open to all ages  
Individual, marital, family, and group counseling for depression, anxiety, marital issues, and trauma.

**Counseling Services offered at Visionary Mental Health Services, LLC**
628 1/2 Sixth Street, Suite #201A, Rapid City, SD 57701  
**Website:** [www.visionarymentalhealth.com](http://www.visionarymentalhealth.com)  
**Email:** visionarymentalhealth@gmail.com  
**Hours:** Office Hours are Available by Request  
**Phone:** (605) 280-9778  
**Eligibility:** Ages 10 and over  
Works with teens and adults to process through the hurts of the past and focus on the possibilities in the future. Offers counseling for individuals, family, marriage, couples, adolescent/youth, parents, LGBTQ, grief, substance use, hoarding, spouse/intimate partner abuse, and child abuse survivor for adults. Cognitive behavioral therapy (CBT), custody evaluations, and telemental health counseling are available.

**Counseling Services offered at Greg Swenson**
929 Kansas City Street, Suite 201, Rapid City, SD 57701  
**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday  
**Phone:** (605) 341-5436  
**Eligibility:** Open to adults  
Providing individual and marriage counseling from a Christian perspective, and psychological evaluations. Internet counseling available depending on insurance/third party payment or private pay. All therapy sessions are online.

**Counseling Services offered at Crossroads Counseling Services**
809 S. Street, Suite 306, Suite 306, Rapid City, SD 57701  
**Hours:** 11:00am - 6:00pm (MT), Tuesday - Thursday  
**Phone:** (605) 430-9521  
**Eligibility:** Open to all  
Individual counseling for ages 8 through 62. Therapeutic approaches include client centered, existential, and cognitive-behavioral. Christian counseling is also offered. Therapy techniques include EMDR, play therapy, art therapy, behavior modification, and short-term solution-focused therapy. Telehealth is available through Doxy.me, a HIPAA compliant platform. Some phone sessions are also available.

**Counseling Services offered at Choices Counseling**
809 S. Street, Suite 210, Rapid City, SD 57701  
**Hours:** 10:00am - 4:00pm (MT), Tuesday - Thursday  
**Phone:** (605) 209-3688  
**Eligibility:** Open to all  
Adolescent and adult counseling for crisis, trauma, depression, anxiety, marital issues, adoption, stress management, and grief and loss.

**Living Graciously Therapy**
824 Columbus Street, Suite 403, Rapid City, SD 57701  
**Hours:** 9:00am - 6:00pm (MT), Monday - Friday*COVID info below  
**Phone:** (605) 209-5540  
**Eligibility:** Open to all  
*COVID info below*
Effective therapy, evaluations, educational resources offered.

Counseling Services offered at Satterwhite Therapy Services
660 Flormann Street, Suite 20, Rapid City, SD 57701
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday
**Phone:** (605) 315-7159
**Eligibility:** Ages 2 - 100
Provides the following: individual/family therapy TF-CBT, trauma recovery functional development cd assessments general assessments Emphasis and experience with fetal alcohol spectrum disorder (FASD), autism, attachment issues, and suicidality.

Counseling Services offered at Torno Mediation and Mental Health Services
730 South Street, Rapid City, SD 57701
**Hours:** By appointment: 8:30am - 5:00pm (MT), Monday - Wednesday 8:30am - 11:30am (MT), Thursday
**Phone:** (605) 718-3613
**Eligibility:** Open to all
Court approved divorce and custody mediator, parent coordinator, and custody evaluator. Individual, couples, and family counseling with expertise in blended families, marriage, family counseling, play therapy, trauma, child abuse, post traumatic stress (PTSD), and sexual assault.

Counseling Services offered at Kelly Marker
623 Quincy Street, Suite 102, Rapid City, SD 57701
**Hours:** Tuesday - Friday. Hours may vary.
**Phone:** (605) 381-4608
**Eligibility:** Ages 18 through adulthood
Provides counseling for adults who are struggling with anxiety, depression, trauma, life transitions, grief and loss. Specialties includes helping professionals with stress management, burn out and compassion fatigue. Dedicated to honoring and supporting individuals to meet the challenges of life with grace, dignity, and long term results. Strives to empower clients to find their own unique answers so they may feel stronger to respond to the adversities of life.

Counseling Services offered at Spirals Counseling, LLC
623 Quincy Street, Suite 102, Rapid City, SD 57701
**Hours:** 10:00am - 5:00pm, Monday - Thursday
**Phone:** (605) 381-5277
**Eligibility:** Open to all ages 18 and older.
Counseling and psychotherapy for individuals, couples, families and adolescents 18 years and older. Areas of focus include premarital and marriage counseling, perinatal and postpartum, grief and loss, anxiety, depression, trauma and post-traumatic stress (PTSD), mind-body connection, mindfulness, stress management, and assertiveness skills. Therapeutic techniques offered include eye movement desensitization and reprocessing (EMDR), systemic family therapy, progressive counting (PC) exposure therapy. Telemental Health/Video appointments are available for individuals and couples living in South Dakota (as long as the client has access to high-speed Internet and connect without interruption). A confidential environment is critical for individuals seeking Telemental health services.

Counseling Services offered at Behavior Management Systems
350 Elk Street, Rapid City, SD 57701
**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday Evenings by appointment
**Phone:** (605) 343-7262
**Eligibility:** Open to all
Outpatient counseling for children, adolescents, adults, and families. Covering topics such as abuse and/or sexual abuse, anxiety, attention deficit hyperactivity disorder (ADD/ADHD), depression, emotion and behavior regulation for children, grief and loss, life transition and adjustment issues, marriage and family issues, post traumatic stress (PTSD), relational violence/abuse, self-esteem, stress management, suicide intervention/crisis stabilization, teen problems, wellness counseling, and women's issues. Offers telehealth services. Family Pathways (Family Outreach Services) counselors provide intensive counseling and support services for children in community locations such as home or school. Psychiatric Services provides assessments and medication management.
Groups and Workshops offered at Behavior Management Systems

350 Elk Street, Rapid Cit, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday

*Group times and start dates vary, please call for information.*

*COVID info below

**Phone:** (605) 343-7262

**Eligibility:** Some may have qualifiers to participate, call for information

Group sessions are available at different times throughout the year. Some of the group sessions offered include:

- **Corrective Thinking:** For youth ages 13 - 18 to help members identify:
  - The five basic thinking errors and deterrents to thinking errors
  - The four characteristics that are essential for change
  - The impact of behaviors on family, friends, and the community

- **Couples workshops:** For couples who wish to enhance their relationship, whether or not they are having difficulties. Workshops offer:
  - Skill and idea description and demonstration
  - Opportunity for couples to practice skills privately
  - Participants have the opportunity to ask questions and discuss their experiences if they would like

- **Introduction to Mindfulness:** What happens in your life depends on your mind

- **Keepin It Cool:** For youth ages 9 - 12 years of age, who find managing their anger a challenge.

- **Social Skills Group:** For 10-15 year olds struggling with social skills or fitting in.

- **Understanding Fetal Alcohol Spectrum Disorder:** For children ages 5 - 11 and their birth, foster, or adoptive parents. While the parents or parenting team is involved in education, supportive discussion and training, the children will gather in a separate group to work on developmental and behavioral issues.

- **Mental Health First Aid Trainings:** Offered periodically.
  - Participants are taught to assess for risk of suicide or harm;
  - listen non-judgmentally;
  - give reassurance and information;
  - encourage appropriate professional help;
  - and encourage self-help and other support strategies.

Counseling Services offered at Catholic Social Services

529 Kansas City Street, Suite 100, Rapid City, SD 57701

**Website:** www.cssrapidcity.com  
**Email:** css@cssrapidcity.com

**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 12:00noon (MT), Friday

**Phone:** (605) 348-6086

**Eligibility:** Open to all

Licensed professional counselors offer compassionate outpatient therapy for individuals, couples and families to assist people on their journey to health. Services available by telehealth or in-person.

Counseling Services offered at Christian Counseling & Ministries of the Black Hills

624 6th Street, Suite 207, Rapid City, SD 57701

**Hours:** By appointment.

**Phone:** (605) 342-9333

**Eligibility:** Open to all

Individual, couples, and family counseling for all ages regarding issues of depression, anxiety, grief and loss, recovery, stress, crisis, relationship issues, anger, forgiveness, communication, self-concept, learning disabilities, attention deficit / hyperactive disorder (ADD/ADHD), parenting, and spiritual direction. Also, provides tele-counseling (via phone). Preferred that inquiring clients attend the intake appointment in person.

Counseling Services offered at Rapid City Counselors

528 Kansas City Street, Suite 5, Rapid City, SD 57701

**Website:** rapidcitycounselors.com  
**Email:** admin@rapidcitycounselors.com

**Hours:** 8:00am - 6:00pm (MT), Monday - Friday 10:00am - 4:00pm (MT), Saturday

**Phone:** (605) 299-9100

**Eligibility:** Open to all

Empowers individuals and couples to identify concerns and issues within themselves and their relationships that impede a healthy, productive relationship and lifestyle. Works with individuals, children, adolescents, couples, and families. Research shows that healthy communication in relationships, as well as balancing body, mind, and spirit substantiate and enhance one's ability to live a longer, more fulfilling life.

Autism Support Services offered at Autism Society of the Black Hills
Feel free to share this information, we ask that you credit the Helpline Center as your source.

Eligibility: Anyone of any age diagnosed with autism spectrum disorder.
An all volunteer organization designed for families and individuals with autism to gain access to support groups, meetings, and additional information and resources. An affiliate of the Autism Society of America.

Counseling Services offered at Black Hills Mental Health LLC
521 Kansas City Street, Rapid City, SD 57701
Hours: 8:00am - 5:00pm (MT), Monday - Friday
Phone: (605) 791-2500
Eligibility: Open to all
Provides counseling in person or on the phone for individuals struggling with depression, anxiety, trauma, crisis, and general wellness. Offers the following specific services: individual counseling, adolescent psychiatry, medication management, LGBTQ counseling, mental health screening, adult psychiatry, adolescent/youth counseling, gender identity counseling, parent counseling, telemental health counseling.

Counseling Services offered at Bosworth Therapy & Consultation Services, Inc.
420 Quincy Street, Rapid City, SD 57701
Hours: 8:00am - 5:00pm (MT), Monday - Friday
Phone: (605) 343-7755
Eligibility: Open to all
Individuals, couples, and family therapy. Play therapy, mediation, and custody evaluations. Also offering telehealth services.

Pivot Point offered at Behavior Management Systems
308 Quincy St, Pivot Point, Rapid City, SD 57701
Hours: 24 hours a day / 7 days a week / 365 days a year, no appointment needed.
Phone: (605) 391-4863
Eligibility: Adults 18 years or older
24/7 access to crisis stabilization for individuals 18+ experiencing a mental health and/or substance abuse crisis. Aftercare services include transitional counseling and case management.

Children's Home Society - Residential Treatment offered at Children's Home Society of South Dakota
24100 S. Rockerville Road, Rapid City, SD 57702
Hours: Office hours: 8:00am - 5:00pm (MT), Monday - Friday Residential 24 hours a day / 7 days a week
Phone: (605) 343-5422
Eligibility: Children ages 4 - 13 with emotional or behavioral problems
Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

Counseling Services offered at Jean Hoem
550 N. 5th Street, Rapid City, SD 57701
Hours: 8:00am - 5:00pm (MT), Monday - Thursday 10:00am - 3:00pm (MT), Friday
Phone: (605) 858-4134
Eligibility: Open to all
Offering individual, family, and couples psychotherapy.

Homeless Outreach Clinic offered at Community Health Center of the Black Hills, Inc.
30 Main Street, Rapid City, SD 57701
Hours: Vary, call for information.
Phone: (605) 721-8939
Eligibility: Serves people who lack stable housing.
Provides primary health services free of charge for the homeless.

**NAMI offered at Nami South Dakota**
No Physical Address, Rapid City, SD 57701  
**Website:** [www.namisouthdakota.org](http://www.namisouthdakota.org)  
**Email:** namisd@midconetwork.com  
**Hours:** Check website for more information  
**Phone:** (605) 718-9109  
Eligibility: Serves people with mental illness, their families (adult or child), mental health professionals, and the general public
NAMI SD offers practical support, useful education, and understanding to people who are living and coping with mental illness, including a Family-to-Family Education Program; Family support group; a weekly support group for adults who have a mental illness; an education program for parents and caregivers and other community presentations, including mental health education for students, parents and staff.

**Counseling Services offered at Harbor House Counseling**
No Physical Address, Rapid City, SD 57701  
**Email:** harborhouse3@gmail.com  
**Hours:** Flexible hours available by appointment.*COVID info below  
**Phone:** (605) 645-9898  
Eligibility: Open to all
Providing individual and group counseling, aftercare and relapse prevention and smoking cessation. Life management workshops, creative arts therapy, emotional freedom therapy (tapping), vision board workshops. Dedicated to treating the whole person with traditional and alternative therapies.

**Recovery and Counseling Services offered at Addiction Recovery Centers of the Black Hills**
1520 Haines Avenue, Suite 6, Rapid City, SD 57701  
**Hours:** 8:00am - 8:00pm (MT), Monday - Thursday; 8:00am - 2:00pm (MT), Friday; 24 hours a day / 7 days a week on-call staff available  
**Phone:** (605) 716-7841  
Eligibility: Open to individuals with substance abuse and gambling issues.
Provides adults with behavioral health services focusing on addiction and co-occurring disorders. Services include needs assessments (regarding mental health, substance abuse, and gambling); Intensive Outpatient Treatment; After Care; MRT (Moral Reorganization Therapy); CBISA (Cognitive Behavioral Intervention Substance Abuse); individual and group counseling; and 12-hour DUI classes. Telehealth services available.

**Counseling Services offered at Vet Center**
21 E. Omaha Street, Rapid City, SD 57701  
**Hours:** 8:00am - 4:30pm (MT), Monday, Tuesday, Thursday, Friday; 8:00am - 6:00pm (MT), Wednesday  
**Phone:** (605) 348-0077  
Eligibility: Veterans, Active Duty Service Members and family members who meet certain criteria.
Provides a broad range of counseling, outreach, and referral services to veterans and their families in order to help veterans make a satisfying post-war readjustment to civilian life. Alternate hours available upon request.

**Outpatient Treatment offered at ROADS Outpatient Treatment Program**
103 E. Omaha Street, Rapid City, SD 57701  
**Email:** roadsoutpatient@gmail.com  
**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday; 9:00am - 12:00noon (MT), Friday  
**Phone:** (605) 348-8026  
Eligibility: Open to adults (18+)
Outpatient counseling (for Chemical Dependency and Co-Occurring Disorders) for adults 18 years and older including intensive outpatient treatment, continued care, Moral Reorganization Therapy (MRT), and assessments.

**South Dakota Mines - Student Support offered at SOUTH DAKOTA MINES**
501 E. Saint Joseph Street, Rapid City, SD 57701

**Hours:** Vary, call for information.
**Phone:** (605) 394-2511

**Eligibility:** Open to enrolled students

Public Safety: All emergencies should be reported to 911 (9-911 from a campus phone). The Public Safety phone line 6100 from a campus phone or (605) 394-6100 is monitored 24 hours a day and is available to report criminal concerns, safety issues, suspect activity, or to request a safety escort.

Counseling and ADA Services: The SD Mines Counseling Center offers support to students and assists with a variety of personal, academic, and relationship concerns at no cost to enrolled students. The ADA Services office provides accommodation for individuals with documented disabilities. To schedule an appointment call (605) 394-2416.

Health and Safety: Provides Clinic Services, Immunizations, and Alcohol Education to enrolled students who pay the health fee at registration each semester. Call (605) 755-2273 for summer clinics and (605) 394-2354 during the school year.

Residential Life: Provides a safe environment that encourages learning and personal growth in an inclusive community that empowers and challenges our residents. Call (605) 394-2348 to speak with Residential Life.

Testing, Tutoring, and Academic Support: For information or to schedule an appointment call (605) 394-2428. Testing scheduling for placement testing, common exams, proctoring services, and more available. Tutoring services are provided for those who need assistance or coaching in coursework in all core subjects, all other courses dependent on tutor's area of expertise. Chemistry tutoring is provided by Alpha Chi Sigma, call the chemistry department at (605) 394-1238 for current schedule.

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**Counseling Center offered at Youth & Family Services**
202 E. Adams Street, Rapid City, SD 57701

**Website:** www.youthandfamilyservices.org  
**Email:** ccgeneral@youthandfamilyservices.org

**Hours:** Call for information.
**Phone:** (605) 342-4789

**Eligibility:** Open to all

YFS Counseling Center offers crisis intervention, assessments, counseling, and case management services that help young people and their families overcome challenges and pave the way for an improved quality of life.

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**Youth Trauma Center offered at Youth & Family Services**
202 E. Adams Street, Rapid City, SD 57701

**Website:** www.youthandfamilyservices.org  
**Email:** ccgeneral@youthandfamilyservices.org

**Hours:** Call for information.
**Phone:** (605) 342-4789

**Eligibility:** Open to youth ages 0-21, and caregivers for those under 18.

Youth & Family Services' Youth Trauma Center works to increase identification of youth and families who have been exposed to traumatic stress and shorten the time it takes to get them into effective treatment programs.

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**Counseling Services offered at Barse Counseling, LLC**
811 E. St. Andrew Street, Suite 6, Rapid City, SD 57701

**Website:** barsecounseling.com  
**Email:** barsecounseling@gmail.com

**Hours:** 8:00am - 5:00pm (MT), Tuesday - Thursday 8:00am - 11:30am (MT), Friday
**Phone:** (605) 388-2258

**Eligibility:** Open to women, children, and teens

Helps provide navigation for children, teens, and adults through difficult life circumstances, emotional and behavioral problems, communication and relational conflicts, and social and self-esteem/self-confidence issues. Specializes in helping decrease/eliminate problems with depression, anxiety, women's issues, anger management, acting out behaviors, and life transitions, including separation and divorce, and grief and loss through: Individual Counseling Family Counseling Sand Tray Therapy Play Therapy Cognitive Behavioral Therapy Psycho-educational Therapy Bibliotherapy Telehealth services available and are provided through Simple Practice system. A secure, private link to this service will be emailed after scheduling an appointment. New clients are welcomed.

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**Counseling Services offered at LifeStages Counseling, LLC**
811 E. Saint Andrew Street, Suite 3, Rapid City, SD 57701

**Hours:** 9:00am - 5:30pm (MT), Monday - Friday
**Phone:** (605) 388-2163

**Eligibility:** Open to all
Provides counseling to children, adolescents, and their families in the Black Hills area. Issues that are addressed include: ADHD, adoption and foster care, adjustment to life situations, anxiety, anger management, behavioral concerns, coping skills, depression, family conflict, FASD, oppositional defiance, parenting, suicidal ideation, stress management, and trauma (including emotional, physical, and sexual abuse). Telehealth available and determined on a case by case basis.

Counseling Services offered at Gossamer Threads Counseling
811 E. Saint Andrew Street, Suite 12, Rapid City, SD 57701
Website: gossamerthreadsounseling.com    Email: gossamerthreads@gmail.com
Hours: 9:00am - 5:00pm (MT), Monday - Thursday
Phone: (605) 209-5513
Eligibility: Open to all
Providing narrative therapy for individual adults, couples or adolescents: a relational therapy that seeks to collaboratively resolve problems and create new possibilities. Areas of special emphasis: Identity transformation and development Mood and anxiety concerns Relationship difficulties Family dynamics Recovery from trauma (including religious trauma) Offering telehealth

Adolescent Crisis Care Center offered at Wellfully
22 Waterloo Street, Rapid City, SD 57701
Website: www.wellfully.org    Email: info@wellfully.org
Hours: Residential services: 24 hours a day / 7 days a week Front desk hours: 9:00am - 5:00pm (MT), Monday - Friday 10:00am - 4:00pm (MT), Saturday
Phone: (605) 277-3750
Eligibility: Middle and high school students
Outpatient, voluntary walk-in center for youth in middle and high school who are in crisis or considering suicide. It provides: Screenings / Assessments Observation De-escalation / Stabilization Referrals to appropriate services

Residential Addiction Recovery Center offered at Wellfully
22 Waterloo Street, Rapid City, SD 57701
Website: www.wellfully.org    Email: info@wellfully.org
Hours: Office hours: 8:00am - 5:00pm (MT), Monday - Friday Residential services: 24 hours a day / 7 days a week COVID info below
Phone: (605) 718-4870
Eligibility: Youth ages 10 - 17 years old with an addiction assessment recommending level 111.7 Medically Monitored High Intensity Residential Substance Abuse Treatment.
Residential program offering 24 hour supervision, intensive 45-60 day program offering addiction recovery therapy. Seeks to meet each youth's educational, emotional, health, and family needs. Services offered: Free assessment Treatment planning Mental health evaluation Group therapy Family involvement Individual therapy Aftercare planning Aftercare groups 12-step groups Advocacy Referrals

Oglala Sioux Tribe - Native Healing Program offered at OGLALA SIOUX TRIBE
1205 E. St. James Street, Rapid City, SD 57701
Hours: 8:00am - 4:30pm (MT), Monday - Friday
Phone: (605) 342-8925
Eligibility: Open to all
Provides alcohol and substance treatment to the Rapid City (Mni Luzahan) Native American Community and other affiliated tribes in the region, for adolescents and adults. The Native Healing Program utilizes the traditional Native American life ways as a method of Healing the Spirit. Specifically, offering the following: individual counseling; family counseling; substance use counseling; psychological assessments; outpatient substance use treatment; grief counseling. Also, providing Codependency Workshops, 12 hour DUI class, substance abuse treatment needs assessments, talking circle. Fully accredited with State of South Dakota for outpatient services. Open to all.

Community Clinic offered at Community Health Center of the Black Hills, Inc.
350 Pine Street, Rapid City, SD 57701
Hours: Medical Clinic Hours: 8:00am - 6:00pm (MT), Monday - Friday Dental Clinic: 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 3:00pm (MT) Friday
Phone: (605) 721-8939  
Eligibility: Open to all  
Primary care and several specialized fields including: well child checkups, physicals, immunizations, preventative medicine, chronic disease management, counseling, and emergency and preventive oral health care. o Dental Clinic (605) 721-8919  
Homeless Outreach Clinic, 30 Main Street, Rapid City, SD (605) 394-2230  
Pine Street, Rapid City, SD (605) 721-8939, Ext. 225  
Patient Medication Assistance Program, 350 Pine Street, Rapid City, SD (605) 721-8939, Ext. 225  
School Based Clinic at General Beadle Elementary, 10 Van Buren Street, Rapid City, SD (605) 721-8985

Iris (LGBTQ+) Clinic offered at Community Health Center of the Black Hills, Inc.  
350 Pine Street, Rapid City, SD 57701  
Website: www.chcbh.com  
Email: iris@chcbh.org  
Hours: Clinic Hours: 8:00am - 5:00pm (MT), Monday - Friday Iiris Clinic hours may vary.  
Phone: (605) 721-8939  
Eligibility: People up to age 21  
Provides primary LGBTQ+ health care for people up to the age of 21. This includes routine check-ups, sexually transmitted/HIV/pregnancy tests, and sexual health education. An in-house pharmacy is available as well as mental health counseling services. Dr. Amanda Diehl has more than 20 years of experience and trained on LGBTQ+ health care through the Fenway Institute's National LGBT Health Education Center. In addition, the entire staff has been trained to provide an affirming atmosphere for the LGBTQ+ population.

Counseling Services offered at Suzette Wasvick Counseling Services  
280 Main Street, Suite 9, Hill City, SD 57745  
Website: wasvickcounseling.com  
Email: sw.counselingservices@yahoo.com  
Hours: 9:00am - 5:00pm (MT), Monday, Thursday  
Phone: (605) 390-8791  
Eligibility: Open to all  
Individuals, couples, and family counseling for children, adolescent, and adults. Counseling to help those who suffer from depression, anxiety, self-harm, post traumatic stress (PTSD), trauma, suicidal thoughts, grief and loss, Internal Family Systems (IFS), and other issues. Provides assisted animal therapy, play therapy, Cognitive Behavior Therapy (CBT), and Dialectical Behavior Therapy (DBT). Works closely with the LGBTQI population. Also offering services via telehealth.

Equine Therapy offered at Red Horse Healing  
3315 S. Valley Drive, Rapid City, SD 57703  
Hours: 8:00am - 5:00pm (MT), Monday - Sunday  
Phone: (605) 441-2038  
Eligibility: Open to all  
Equine-assisted psychotherapy for individuals, families, and groups. Specialize in trauma focused cognitive behavioral therapy, solution focused therapy, and youth with problematic sexual behaviors.

Rapid City VA Community Based Outpatient Clinic offered at UNITED STATES DEPARTMENT OF VETERANS AFFAIRS  
3625 5th Street, Rapid City, SD 57701  
Hours: Office hours: 7:00am - 4:30pm (MT), Monday - Friday Laboratory services: 7:00am - 3:30pm (MT), Monday - Friday Nurse Advice Line: Evenings, weekends, and Holidays  
Phone: (605) 718-1095  
Eligibility: Veterans who are enrolled at VA BHHCS  
CBOC's provide primary care, mental health, home based primary care, and telehealth services.

Oyate Health Center - Behavioral Health Program offered at Great Plains Tribal Leaders Health Board  
725 N. LaCrosse Street, Rapid City, SD 57701  
Hours: 8:00am - 5:00pm (MT), Monday - Friday  
Phone: (605) 718-5095  
Eligibility: American Indian enrollees
Oyate Behavioral Health is a component of Integrated Health Care. Individual Behavioral health services are offered through Clinic Appointment and Telehealth scheduled appointments. Walk-ins may be available. Provides the following services: Comprehensive assessment Outpatient child/adult counseling and psychiatric services Medication management Group and family counseling Community support and education Telepsychiatry consultation Dual diagnosis treatmentTo schedule time for the Sweat Lodge contact: Jacqueline Arpan at (605) 719-5408 or Sheila Red Thunder at (605) 355-2376

**Great Plains Tribal Leaders Health Board - Connecting With Our Youth offered at Great Plains**

**Tribal Leaders Health Board**
725 North Lacrosse, Rapid City, SD 57701  
**Hours:** 8:00am - 5:00pm (MT), Monday - FridayFlexible to meet the needs of participants*COVID info below**  
**Phone:** (605) 858-3804  
**Eligibility:** American Indian youth ages 10-24 living in the He Sapa area (Pennington County) who have at least one of the following are invited to participate: at risk for suicide, experience with ongoing suicidal thoughts, self-harming behavior, severe substance misuse, isolationist behavior, or recent experience with high-level trauma.  
The CWOY Support Navigator program is designed to provide support for American Indian youth in the He Sapa area who struggle with suicidal thoughts or behaviors. CWOY Support Navigators act as mentors, advocates and resource guides for American Indian youth in need of support for their healing and personal growth. Services offered include: One on one mentorship Advocacy Individualized care planning Outings, activities and workshops Transportation to appointments Collaboration with behavioral health resources Coordination for success in academic programs Communication with family members Connecting participants to peer and community programs in support of healing goals Skill-building

**Counseling Services offered at Practical Christian Counseling, Inc.**
1351 Jolly Lane, Rapid City, SD 57703  
**Hours:** 8:00am - 8:30pm (MT), Tuesday, Wednesday8:00am - 6:00pm (MT), Thursday8:00am - 5:30pm (MT), Friday  
**Phone:** (605) 484-7089  
**Eligibility:** Open to all  
Counseling from a biblically Christian worldview. Services include counseling for couples, marriage, marriage preparation, parenting, family, adolescents, depression, anxiety, grief, anger, crisis management, decision making, male sex addiction, gambling addiction, self-esteem, adjustment, life/professional coaching. Therapies include CBT, solution-focused, emotionally-focused couples, person-centered, Biblical, and prayer. Offering telehealth sessions.

**New Trails Ministry offered at New Trails Ministry, Inc.**
12480 Highway 16 A, Custer, SD 57730  
**Website:** [https://newtrailsministries.org](https://newtrailsministries.org)  
**Email:** info@newtrailsministry.org  
**Hours:** 10:00am - 6:00pm (MT), Tuesdays and ThursdaysMonday, Wednesday and Friday by appointment only. The ministry site is only three seasons, offering services beginning late April - early November of each year.  
**Phone:** (605) 760-3633  
**Eligibility:** Open to all  
New Trails works to sort through the challenges and issues in a person's life in an effort to help find a new trail of vitality. Providing a place where helping professionals can find support to deal with the challenges of caring. Also faith based professional counseling services on a limited schedule.

**Recovery and Counseling Services offered at Addiction Recovery Centers of the Black Hills**
14 Mount Rushmore Road, Suite C, Custer, SD 57730  
**Hours:** Office House: 12:00noon - 8:00pm (MT), Tuesday, Thursday 4:30pm - 8:00pm (MT), Wednesday 24 hours a day / 7 days a week on-call staff available  
**Phone:** (605) 673-2844  
**Eligibility:** Open to individuals with substance abuse and gambling issues.  
Provides adults with behavioral health services focusing on addiction and co-occurring disorders. Services include intensive outpatient treatment, after care, individual and group counseling, and 12-hour DUI classes. Telehealth services available.
Phone: (605) 720-2600
Eligibility: Open to all
A primary care, family medicine clinic. Board certified physicians and physician assistants offer health care services sensitive to individual needs. Services include: Outpatient counseling for adults Family Medicine Audiology/Hearing Aids Bone Density Screening Childhood & Adult Immunizations General Surgery Laboratory OB/GYN Office-Based Surgery Sports & Pre-Employment Physicals X-ray

VA Black Hills Health Care System, Fort Meade offered at UNITED STATES DEPARTMENT OF VETERANS AFFAIRS
113 Comanche Road, Fort Meade, SD 57741
Hours: Hospital: 24 hours a day / 7 days a week Office hours: 7:30am - 5:00pm (MT), Monday - Friday
Phone: (605) 347-2511
Eligibility: Eligible and enrolled Veterans
General medical and surgical, primary, nursing home, and rehabilitative care. Behavioral health services including: Addictive disorder services Compensated work therapy Residential Post Traumatic Stress (PTSD) program Mental health intensive case management Inpatient psychiatric services Outpatient psychiatric services

Action for the Betterment of the Community
1426 Short Track Road, 1807 Williams Street, Sturgis, SD 57785
Hours: 8:00am - 7:00pm (MT), Monday 8:00am - 5:00pm (MT), Tuesday - Friday Meeting time: 11:30am - 1:00pm (MT), 2nd Thursday of each month*COVID info below
Phone: (605) 347-2991
Eligibility: Open to all youth
Provides the following services: Substance use/abuse services (for youth) Individuals Counseling Assessments Outpatient Counseling Intensive Outpatient Counseling Prevention programming in the middle schools and communities After school program for grades 1st-8th and a summer program Classes/ workshops Positive Action LifeSkills Safe Dates Prime for Life Prime Solutions TruThought/Corrective Thinking Tobacco Class Group of citizens from the greater Sturgis area who have united to: plan events (drug and alcohol free) and identify strengths to promote community cohesion, healthy lifestyles, and positive experiences for people of all ages.

Counseling Services offered at Black Hills Counseling LLC
1238 Main Street, Suite 4, Sturgis, SD 57785
Email: bhcounseling1@vastbb.net
Hours: 9:00am - 5:00pm (MT), Monday - Friday; by appointment only
Phone: (605) 720-8090
Eligibility: Open to all
Individual, couples, and family counseling (ages 10 and up). Specializing in family and/or co-parenting mediation, development of co-parenting plans, critical incident stress management, and training on various mental health issues including abuse, stress management and workplace issues.

Counseling Services offered at Make It Happen Counseling, LLC
1001 Lazelle Street, Suite 3, Sturgis, SD 57785
Hours: 9:00am - 6:00pm (MT), Monday - Friday (By appointment)
Phone: (605) 490-7911
Eligibility: Children ages 10-18, adults, and older adults.
Provides individual counseling for children ages 10-18, adults and older adults. Also provides couples counseling and EAP Counseling. Areas include: depression anxiety stress self-esteem grief trauma adjustment relationship issues Utilizes cognitive behavioral therapy (CBT), solution focused and strength based strategies in treatment. Face to face and telehealth options available.

Compass Point, The - Sturgis - Outpatient offered at COMPASS POINT, THE
1807 Williams Street, Sturgis, SD 57785
Hours: Outpatient Services: 8:00am - 5:00pm (MT), Monday - Friday Group: 5:00pm - 7:00pm (MT), Monday - Thursday
Phone: (605) 347-3003
Eligibility: Over 18 years of age
Screening, assessments, crisis intervention, and individual and group counseling for substance abuse and co-occurring disorders. Moral reconation therapy class, DUI Classes, Continuing Care and adolescent diversion classes. A Family Program is available to family members and friends affected by the substance use of another. Compass Point also offers CBISA (Cognitive Behavioral Interventions for Substance Abuse) and MRT treatment. Offering telehealth services.

**Compass Point, The - Spearfish offered at COMPASS POINT, THE**

710 E. Colorado Boulevard, Suite A, Spearfish, SD 57783  
**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 12:00noon (MT), Friday  
**Phone:** (605) 642-7093  
**Eligibility:** Open to individuals and families with substance abuse issues  
Offers screening, assessments, crisis intervention, and individual and group counseling for substance abuse and co-occurring disorders. Programs include moral reconation therapy class, continued care, and adolescent diversion classes. Also offers CBISA (Cognitive Behavioral Interventions for Substance Abuse) and MRT treatment. Offering telehealth services.

**Counseling Services offered at Behavior Management Systems**

623 Dahl Road, Spearfish, SD 57783  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday  
**Phone:** (605) 642-2777  
**Eligibility:** Open to all  
Outpatient counseling for children, adolescents, adults, and families. Covering topics such as abuse and/or sexual abuse, anxiety, attention deficit hyperactivity disorder (ADD/ADHD), depression, emotion and behavior regulation for children, grief and loss, life transition and adjustment issues, marriage and family issues, post traumatic stress (PTSD), relational violence/abuse, self-esteem, stress management, suicide intervention/crisis stabilization, teen problems, wellness counseling, and women's issues. Offers telehealth services. Family Pathways (Family Outreach Services) counselors providing intensive counseling and support services for children in community locations such as home or school. Psychiatric Services include assessments and medication management. CARE - Continuous Assistance, Rehabilitation, and Education services for adults with severe mental illness.

**Counseling Services offered at Black Hills Psychology**

115 N. 7th Street, Suite 6, Spearfish, SD 57783  
**Hours:** 9:00am - 5:00pm (MT), Monday - Friday  
**Phone:** (605) 645-0100  
**Eligibility:** Open to all  
Psychiatric evaluations, prescription medication management, psychological testing, and comprehensive therapy services including Eye Movement Desensitization and Reprocessing (EMDR) and biofeedback. Psychological testing and evaluation services available for issues including Autism spectrum, learning disorders, attention deficit / hyperactive disorder (ADD/ADHD), bipolar, anxiety, depression, ability and achievement, IQ, memory, bariatric surgery evaluations, and court-ordered evaluations. Specializing in therapeutic services for depression, life-transition, behavioral issues, divorce, premarital, families, relationship issues, parenting, work-life balance, LGBTQ, grief and loss, serious and chronic disease, postpartum depression, infertility, stress management, eating disorders, physical disability, abuse issues, and chronic pain. Also offering telehealth services.

**Counseling Services offered at Northern Hills Counseling Associates**

211 N. Main Street, Suite 203, Spearfish, SD 57783  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday  
**Phone:** (605) 559-2006  
**Eligibility:** Open to all  
Outpatient mental health counseling services for individuals and families. Services include: individual counseling marriage counseling divorce counseling substance abuse counseling grief/bereavement counseling dialectical behavioral therapy terminal illness counseling LGBTQ counseling child abuse counseling child abuse survivor counseling for adults family counseling couples (conjoint) counseling trauma informed therapy cognitive behavioral therapy adolescent/youth counseling gender identity counseling parent counseling spouse/intimate partner abuse counseling telemental health counseling
Hi there, we're a helpline center and we're here to help. Our service is open to all, and we provide individual counseling to children, adolescents, and adults. We specialize in cognitive behavioral therapy (CBT), experiential, and directive play therapy. We also offer trauma-based training for children. Telehealth sessions are available, and we prefer the first session in person.

Counseling Services offered at Enso Mental Health, LLC
717 5th Street, Spearfish, SD 57783
Hours: 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 12:00noon (MT), Friday by appointment only
Phone: (605) 519-5850
Eligibility: Open to all
Specializes in working with adults and teens on a variety of concerns including couples therapy, grief and loss, trauma, anxiety, depression, general wellness and health, and parenting. We provide individual therapy and marriage/couples therapy. We also provide faith-based counseling, bereavement counseling, cognitive behavioral therapy (CBT), terminal illness counseling, LGBTQ counseling, gender identity counseling, hoarding counseling, eye movement desensitization and reprocessing (EMDR), and domestic violence counseling. We can offer sessions via telehealth. We prefer the first session in person.

Spearfish - Counseling Services offered at Catholic Social Services
814 W. King Street, Black Hills State University Newman Center, Spearfish, SD 57783
Website: www.cssrapidcity.com  Email: css@cssrapidcity.com
Hours: Varies / call to make an appointment
Phone: (605) 348-6086
Eligibility: Open to all
Counseling Services provide individual, marital, and family counseling with a focus on addiction recovery (including evaluations), abuse, healthy relationships, unplanned pregnancy, adoption, and birth parents. Youth prevention program focuses on issues of addiction, violence, promiscuity, and suicide. Variety of educational workshops available. CSS is offering free counseling services to ranchers and producers facing stressful times. Stress comes out in different ways: family conflict, persistent worry, depression, irritability, relying on substance to manage. Adoption services offer domestic and international adoption services, including, but not limited to: support for individuals coping with the many emotions and decisions that come from choosing adoption; providing birth parents the opportunity to interview and select the adoptive family; working under the provisions of Baby Moses law; and providing home studies and training for potential foster parents/homes.
Pregnancy Counseling supports mothers as they experience the many emotions and decision that come with facing an unplanned pregnancy and help find the options that will work the best. Assistance with medical costs associated with pregnancy may be available. Some infant items are also available (layettes, infant clothing, etc.). Caring and licensed social workers are available to travel and meet mothers involved in a crisis situation. Crisis pregnancy meeting sites will be kept confidential and be convenient for the mother. Start Making It Livable for Everyone (SMILE) classes for separating and divorcing parents with children under the age of 18, designed to: inform parents how to better understand the effects of divorce; assist parents to understand the needs of their children; help parents learn what they can do to create a nurturing and safe environment so their children can recover and feel good about themselves; inform parents how to prevent destructive game playing that is common among divorce; help parents gain problem solving skills; and let parents know they are not alone. Other programs include: Lakota Circles of Hope, disaster relief, Prosperity Initiative, and Uplifting Parent.

Black Hills State University
1200 University Street, Spearfish, SD 57799
Website: www.BHSU.edu  Email: admissions@bhsu.edu
Hours: 8:00am - 5:00pm (MT), Monday - Friday
Phone: (605) 642-6131
Eligibility: BHSU Student
Offers a variety of support services to its students including Student Health & Counseling Services (605) 642-6520 or after hours (605) 641-6988.

Counseling Services offered at Life Counseling and Coaching, The
1930 N. Avenue, Suite 3, Spearfish, SD 57783
Hours: 8:00am - 6:00pm (MT), Monday - Friday
Phone: (605) 639-5641
Eligibility: Open to adults
Provides individual and couples counseling for adults struggling with symptoms of anxiety, depression, grief and trauma as well as difficulties with parenting, relationships and professional burn-out. Offers Life and Success Coaching. Telemental health services available.

Counseling Services offered at HOPE Counseling Center
1245 Sherman Street, Hot Springs, SD 57747
Hours: By appointment
Phone: (605) 745-5334
Eligibility: Open to all
Offering a supportive, collaborative relationship to develop and meet meaningful goals through: individual counseling family counseling marriage counseling play therapy mental health screening grief/bereavement counseling adolescent and youth counseling parent counseling spouse/intimate partner abuse counseling Lifespan Integration Therapy Telehealth services

Hours: 8:00am - 5:00pm (MT), Monday - Friday
Phone: (605) 745-6222
Eligibility: Open to all
Outpatient counseling for children, adolescents, adults, and families. Covering topics such as abuse and/or sexual abuse, anxiety, attention deficit hyperactivity disorder (ADD/ADHD), depression, emotion and behavior regulation for children, grief and loss, life transition and adjustment issues, marriage and family issues, post traumatic stress (PTSD), relational violence/abuse, self-esteem, stress management, suicide intervention/crisis stabilization, teen problems, wellness counseling, and women's issues. Offers telehealth services. Family Pathways (Family Outreach Services) counselors providing intensive counseling and support services for children in community locations such as home or school. Psychiatric Services include assessments and medication management. CARE - Continuous Assistance, Rehabilitation, and Education services for adults with severe mental illness.

Counseling Services offered at Sharon K. Hansen
27003 U.S. Highway 385, Hot Springs, SD 57747
Hours: 8:00am - 12:00noon (MT), Monday, Tuesday
Phone: (605) 890-0580
Eligibility: Open to all
Evaluation, individual psychotherapy, family therapy, play therapy, and anger management. Focus areas include depression, anxiety, stress, coping skills, relationship issues, abuse and domestic violence, and post traumatic stress (PTSD).

Recovery and Counseling Services offered at Addiction Recovery Centers of the Black Hills
646 Jennings Avenue, Suite 2, Hot Springs, SD 57747
Hours: 8:00am - 8:00pm (MT), Monday - Thursday 8:00am - 2:00pm (MT), Friday 24 hours a day / 7 day a week on-call staff available
Phone: (605) 745-6300
Eligibility: Open to individuals with substance abuse and gambling issues.
Provides adults and adolescents with behavioral health services focusing on addiction and co-occurring disorders. Services include walk-in needs assessments (regarding mental health, substance abuse, and gambling), intensive outpatient treatment, after care, individual and group counseling, and 12-hour DUI classes. Telehealth services available.

Fall River Behavioral Health Services offered at FALL RIVER HEALTH SERVICES
1201 Highway 71 South, Hot Springs, SD 57747
Website: www.frhssd.org Email: bh@frhssd.org
Hours: 8:00am - 5:00pm (CT), Monday - Friday
Phone: (605) 745-8910
Eligibility: Ages 4 - 100+
Provides comprehensive outpatient behavioral health services to help with a variety of mental health problems for all ages. Psychiatrists are Board Certified in adult, adolescent, and child psychiatry. The Clinical Social Workers provide counseling services.
**Action for the Betterment of the Community**  
1853 5th Avenue, Belle Fourche, SD 57717  
**Hours:** By appointment only.  
**Phone:** (605) 347-2991  
**Eligibility:** Open to all youth  
Substance use programming as well as chemical abuse assessments and groups and individual services are available by appointment.

**Counseling Services offered at Belle Fourche Counseling, LLC**  
515 National Street, Suite 103, Suite 103, Belle Fourche, SD 57717  
**Website:** [www.bellefourchecounseling.com](http://www.bellefourchecounseling.com)  
**Email:** info@bellefourchecounseling.com  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday  
**Phone:** (605) 722-8090  
**Eligibility:** Open to all  
Individual and family therapy services, specializing in eye movement desensitization and reprocessing (EMDR), trauma (including abuse) focused cognitive behavioral therapy (CBT), critical incident stress management, Thinking for a Change Group, and Love and Logic Parenting. Offers telehealth counseling. Does not require the person to attend an intake session in person. Can mail intake paperwork and this should be returned via mail or email prior to first session. Services are provided through a secure video connection. Strives to provide culturally relevant and sensitive care.

**Prevention Services offered at Aneptu Luta Otipi**  
North Route, Kyle, SD 57752  
**Hours:** 9:00am - 4:00pm (MT), Monday - Friday  
**Phone:** (605) 455-2331  
**Eligibility:** Enrolled Tribal Members 12 years of age and older; degree of Indian blood or Tribal Enrollment number required.  
A comprehensive substance abuse program offering addiction prevention, treatment, and recovery support services for adolescents and adults experiencing problems with alcohol and drugs. Traditional concepts of health among many American Indian families within the Pine Ridge Tribal Lands involve the intersection of physical, mental, and spiritual wellbeing, which are all seen as inextricably linked. Therefore, ALO uses a comprehensive approach for behavioral health programming, which is guided by traditional Lakota values (ie. waca'tognaka (generosity), woohitika (courage), wowaci'ta'ka (perseverance), waoholaka (respect), wau'sila (compassion), and woksape (wisdom)). Prevention services include: Prevention: Aims to delay the initiation and/or progression ATODs. Prevention initiatives can be implemented at the population level as well as within the small group setting. Anpetu Luta Otipi's strategy for prevention includes: 1. Developing the capacity of prevention stakeholders to plan and implement evidence based prevention practices; 2. Promote policies that promote the health of the public and restrict access to ATODs; 3. Health promotion/disease prevention through social Marking and health communication; and 4 facilitation of cultural-based alcohol and drug free events that communicate public health messages. Early Intervention: Aims to curb at risk behavior (I.E. binge drinking) that has not yet become a disorder (I.E. alcoholism). Early Intervention services are delivered in groups or one-on-one with clients. Early Intervention links the client with both internal and/or external resources that are the most appropriate for his/her situation. Offers 2 types of early interventions: South Dakota's DUI First Program, provides 12 hours of education to individuals who have been convicted of a first offense DUI/DWI. Provides youth diversion for infractions and/or misdemeanors related to alcohol and substance abuse. Parenting (Online) Online Meeting: Thursday at 2:00pm Join the meeting in 2 steps: Step 1: Go to www.zoom.us Step 2: Meeting ID (856-8255-7067) Passcode (227449)

**Support Groups offered at Aneptu Luta Otipi**  
North Route, Kyle, SD 57752  
**Hours:** 9:00am - 4:00pm (MT), Monday - Friday  
**Phone:** (605) 455-2331  
**Eligibility:** Enrolled Tribal Members 12 years of age and older; degree of Indian blood or Tribal Enrollment number required.
A comprehensive substance abuse program offering addiction prevention, treatment, and recovery support services for adolescents and adults experiencing problems with alcohol and drugs. Traditional concepts of health among many American Indian families within the Pine Ridge Tribal Lands involve the intersection of physical, mental, and spiritual wellbeing, which are all seen as inextricably linked. Therefore, ALO uses a comprehensive approach for behavioral health programming, which is guided by traditional Lakota values (ie. wacatognaka (generosity), woohitika (courage), wowacitaka (perseverance), waoholaka (respect), wauulaka (compassion), and woksape (wisdom)). Support Services include: Recovery Support Meeting (Online): Assists clients in recovery maintenance. Recovery Support services includes formal aftercare programs, wellbriety and traditional pathways, and talking circles. There are no requirements to participate. Online Meetings: 2:00pm, every Wednesday and Thursday Join the meeting in 2 steps: Step 1: go to www.zoom.us and Step 2: Meeting ID (883-9859-6211) No passcode Family Support Meeting (Online) Support for family members who struggle with a friend or relative with a substance use addiction. Online meeting every Monday at 2:00pm Recovery Support Meeting (Online) Individuals at all stages of recovery are welcome. There are no requirements to participate. Online meeting every Wednesday and Thursday at 2pm Parenting (Online) Online Meeting: Thursday at 2:00pm Join the meeting in 2 steps: Step 1: Go to www.zoom.us Step 2: Meeting ID (856-8255-7067) Passcode (227449)

**Faith Community Health Center and Dental Clinic offered at HORIZON HEALTH CARE, INC.**
112 N. 2nd Avenue W., PO Box 577, Faith, SD 57626  
**Website:** [www.horizonhealthcare.org/our-locations/faith-community-health-center](http://www.horizonhealthcare.org/our-locations/faith-community-health-center)  
**Email:** info@horizonhealthcare.org  
**Hours:** Medical Clinic: 7:00am - 5:30pm (MT), Monday - Thursday 8:00am - 5:00pm (MT), Friday  
Dental Clinic: 7:00am - 5:30pm (MT), Monday - Thursday 7:00am - 5:30pm (MT), Last Friday of the month  
**Phone:** (605) 967-2644  
**Eligibility:** Open to all  
Clinic providing family medicine, preventive care, and dental care.

**Three Rivers Mental Health & Chemical Dependency Center**
112 N. 2nd Avenue W., Horizons Clinic, Faith, SD 57626  
**Website:** [www.threeriverscounseling.com](http://www.threeriverscounseling.com)  
**Email:** threerivers@sdplains.com  
**Hours:** Call for information  
**Phone:** (605) 374-3862  
**Eligibility:** Open to individuals with substance abuse issues, and mental health needs for anyone over 5 years old. Prevention Resource Center is open to all  
A private, non-profit, community-based human services agency service. Therapists, counselors, and case managers provide: Individual and family counseling (e.g., marriage counseling, parenting skills, trauma informed services, depression, anxiety, PTSD, anger management, coping skill development, etc) Addiction and dependency services Evaluations and assessments Social learning programs Systems of Care Offering services via telehealth. All calls and scheduling of appointments will need to be done through the Lemmon office (605) 374-3862

**Rising Hope Counseling, LLC**
420 S. Henry Street, Pierre, SD 57501  
**Website:** [risinghope605.com](http://risinghope605.com)  
**Email:** admin@risinghope605.com  
**Hours:** Call for information.  
**Phone:** (605) 494-1500  
**Eligibility:** Open to all  
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**South Dakota Educational Directory (Elementary, Intermediate, Middle and High Schools) offered at SOUTH DAKOTA DEPARTMENT OF EDUCATION**
No Physical Address, Pierre, SD 57501  
**Hours:** See website for details.  
**Eligibility:** Open to all  
Visit the South Dakota Educational Directory to get details about any elementary, intermediate, middle, high school or alternative program within South Dakota.
Counseling Services offered at Visionary Mental Health Services, LLC
1709 N. Lincoln Avenue, Suite #102, Pierre, SD 57501
Website: www.visionarymentalhealth.com  Email: visionarymentalhealth@gmail.com
Hours: Office Hours are Available by Request
Phone: (605) 280-9778
Eligibility: Ages 10 and over
Works with teens and adults to process through the hurts of the past and focus on the possibilities in the future. Offers counseling for individuals, family, marriage, couples, adolescent/youth, parents, LGBTQ, grief, substance use, hoarding, spouse/intimate partner abuse, and child abuse survivor for adults. Cognitive behavioral therapy (CBT), custody evaluations, and telemental health counseling are available.

Counseling Services offered at Support Circle, The
1710 E. Grand Crossing, Mobridge, SD 57601
Website: https://www.thesupportcircle.com/  Email: hello@thesupportcircle.com
Hours: 8:00am - 10:00pm (CT)
Phone: (605) 845-2058
Eligibility: Open to individuals 5 years of age and older.
To provide individualized care for a variety of situations.

Rising Hope Counseling, LLC
118 S. Main Street, Suite 1, Chamberlain, SD 57325
Website: risinghope605.com  Email: admin@risinghope605.com
Hours: Call for information.
Phone: (605) 494-1500
Eligibility: Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Rising Hope Counseling, LLC
841 Jackson Street, Suite C, Burke, SD 57523
Website: risinghope605.com  Email: admin@risinghope605.com
Hours: Call for information
Phone: (605) 494-1500
Eligibility: Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Rising Hope Counseling, LLC
110 Third Street S.W., Suite 107, Huron, SD 57350
Website: risinghope605.com  Email: admin@risinghope605.com
Hours: Call for more information
Phone: (605) 494-1500
Eligibility: Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

Rising Hope Counseling, LLC
426 N. Highway 281, Suite 3, Aberdeen, SD 57401
Website: risinghope605.com  Email: admin@risinghope605.com
Hours: Call for more information.
Phone: (605) 494-1500
Eligibility: Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Counseling Services offered at Inspire Counseling, LLC**
405 8th Avenue N.W., Suite 321, Aberdeen, SD 57401
**Hours:** 8:30am - 5:00pm (CT), Monday - Thursday
8:30am - 2:30pm (CT), Friday
**Phone:** (605) 262-0513
**Eligibility:** Ages 5 and up
Specific training in trauma therapy including child trauma certified. Works with all ages, diagnosis, and families. Also provides a Spanish speaking translator at no cost if needed. Other services include: individual counseling divorce counseling grief/bereavement counseling Dialectical Behavioral Therapy (DBT) LGBTQ counseling child abuse counseling child abuse survivor counseling for adults family counseling play therapy trauma informed therapy Cognitive Behavioral Therapy (CBT) adolescent/youth counseling gender identity counseling parent counseling spouse/intimate partner abuse counseling internet (tele-health) counseling

**Rising Hope Counseling, LLC**
The Minor County Pioneer, 120 S. Main Street, Howard, SD 57349
**Website:** risinghope605.com
**Email:** admin@risinghope605.com
**Hours:** Call for information
**Phone:** (605) 494-1500
**Eligibility:** Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Rising Hope Counseling, LLC**
600 Billars Street, Scotland, SD 57059
**Website:** risinghope605.com
**Email:** admin@risinghope605.com
**Hours:** Call for information.
**Phone:** (605) 494-1500
**Eligibility:** Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Rising Hope Counseling, LLC**
700 S. Washington Avenue, Suite 100, Madison, SD 57042
**Website:** risinghope605.com
**Email:** admin@risinghope605.com
**Hours:** Call for information.
**Phone:** (605) 494-1500
**Eligibility:** Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Counseling Services offered at Better Me Counseling and Consulting**
818 S. Broadway, Suite 113, Watertown, SD 57201
**Hours:** 8:30am - 5:30pm (CT), Monday, Tuesday, Thursday
8:30am - 7:30pm (CT), Thursday
**Phone:** (605) 880-0100
**Eligibility:** Serving ages 4-65+
Provides mental health counseling for children, adults, families and couples. Including the following services: individual counseling, marriage counseling, divorce counseling, grief/bereavement counseling, LGBTQ counseling, child abuse counseling, child abuse survivor counseling for adults, family counseling couples (conjoint) counseling, trauma informed therapy, cognitive behavioral therapy, adolescent/youth counseling, parent counseling, spouse/intimate partner abuse counseling, internet (tele-health) counseling, farm crisis counseling, retirement and aging concerns.

**Rising Hope Counseling, LLC**
818 S. Broadway Street, Suites 109 & 110, Watertown, SD 57201
**Website:** risinghope605.com  
**Email:** admin@risinghope605.com
**Hours:** Call for information.
**Phone:** (605) 494-1500
**Eligibility:** Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Rising Hope Counseling, LLC**
610 W. 23rd Street, Suite #7, Yankton, SD 57078
**Website:** risinghope605.com  
**Email:** admin@risinghope605.com
**Hours:** Call for information.
**Phone:** (605) 494-1500
**Eligibility:** Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Rising Hope Counseling, LLC**
304 W. SD Highway 38, Suite 126, Hartford, SD 57033
**Website:** risinghope605.com  
**Email:** admin@risinghope605.com
**Hours:** Call for information
**Phone:** (605) 494-1500
**Eligibility:** Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Rising Hope Counseling, LLC**
601 4th Street, Suite 102, Brookings, SD 57006
**Website:** risinghope605.com  
**Email:** admin@risinghope605.com
**Hours:** Call for more information
**Phone:** (605) 494-1500
**Eligibility:** Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Counseling Services offered at Midwest Wellness Institute, PLLC**
4308 S. Arway Drive, Sioux Falls, SD 57106
**Website:** www.mwihealth.org/  
**Email:** office@mwihealth.org
**Hours:** 8:00am - 5:00pm (CT), Monday - FridayOffice staff works remotely some days; please call before stopping in.*COVID info below
**Phone:** (605) 573-2000
**Eligibility:** Open to all
MWI Health finds innovative ways to improve lives with a team of mental health providers, offering psychiatric evaluations, medication management, and individual psychotherapy in Sioux Falls, SD, with telehealth options available, as well as NeuroStar TMS Advanced Therapy, Suboxone Treatment, Veteran's Compensation & Pension Examinations and Forensic Psychiatry.

**Sioux Falls VA Health Care System - Women's Health Clinic offered at UNITED STATES DEPARTMENT OF VETERANS AFFAIRS**
2501 W. 22nd Street, Sioux Falls, SD 57105  
**Hours:** Office hours: 8:00am - 4:30pm (CT), Monday - Friday  
Nurse Advice Line: evenings, weekends, and holidays  
CLC's are staffed 24 hours day / 7 days a week  
**Phone:** (605) 336-3230, Ext. 7500  
**Eligibility:** Women Veterans who have enrolled and are eligible for VA health care  
Providing health care and services to eligible women Veterans. Services include: Primary care Gynecology services Infertility care Pregnancy care Contraceptive services Mammography Social work Mental health care Care for menopausal issues

**Counseling Program offered at Lourdes Center, The**
523 N. Duluth Avenue, Sioux Falls, SD 57104  
**Website:** [www.thelourdescenter.com](http://www.thelourdescenter.com)  
**Email:** tlcc@sfcatholic.org  
**Hours:** 8:30am - 5:00pm (CT), Monday - Friday  
Tuesday evening by appointment.  
**Phone:** (605) 988-3775  
**Eligibility:** Open to all  
Licensed, professional counseling for adults and children. All areas of counseling are available including individual, marriage, and family.

**Black Hills Behavioral Health Guide offered at HELPLINE CENTER - RESOURCE GUIDES**
No Physical Address, Rapid City, SD 57701  
**Website:** [www.helplinecenter.org/support-programs/mhguides](http://www.helplinecenter.org/support-programs/mhguides)  
**Email:** help@helplinecenter.org  
**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday  
**Phone:** 2-1-1  
**Eligibility:** Open to all  
A Guide of licensed and/or credentialed behavioral health professionals is available in pdf or online searchable formats or a hard copy can be obtained by visiting the Helpline Center at 529 Kansas City Street, Ste 200, Rapid City, SD 57701.

**Counseling Services offered at Aspire Counseling, LLC**
6340 S. Western Avenue, Sioux Falls, SD 57108  
**Website:** [www.aspirecounselingsd.com](http://www.aspirecounselingsd.com)  
**Email:** info@aspirecounselingsd.com  
**Hours:** 8:00am - 7:00pm (CT), Monday - Thursday  
8:00am - 5:00pm (CT), Friday  
Flexible per client needs  
**Phone:** (605) 277-1422  
**Eligibility:** Ages 5 and up  
Provides therapy services for those with mental health needs, striving to meet clients in their time of need, creating a secure location to explore, process and establish healthy coping skills. Services include: individual counseling marriage counseling divorce counseling grief/bereavement counseling dialectical behavioral therapy terminal illness counseling LGBTQ counseling child abuse counseling child abuse survivor counseling for adults family counseling couples (conjoint) counseling trauma informed therapy cognitive behavioral therapy adolescent/youth counseling gender identity counseling parent counseling spouse/intimate partner abuse counseling internet (tele-health) counseling

**Rising Hope Counseling, LLC**
6340 S. Western Avenue, Suite 120, Sioux Falls, SD 57108  
**Website:** [risinghope605.com](http://risinghope605.com)  
**Email:** admin@risinghope605.com  
**Hours:** Call for information  
**Phone:** (605) 494-1500  
**Eligibility:** Open to all  
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.
**Avera Medical Group Behavioral Health Clinic - Addiction Recovery Program offered at Avera - Sioux Falls**

2412 S. Cliff Avenue, Suite 100, Avera Professional Plaza, Sioux Falls, SD 57105  
**Hours:** 8:00am - 8:00pm (CT), Monday - Thursday 8:00am - 5:00pm (CT), Friday Various daytime and evening group programming available. *COVID info below*  
**Phone:** (605) 322-4079  
**Eligibility:** Open to individuals, couples, and families affected by addiction or co-occurring issues. Individuals, couples, or families can receive specialized treatment for co-occurring issues of substance abuse/addictive disorders in conjunction with mental health conditions such as clinical depression, mood disorders and/or anxiety-based difficulties. Adult group programming for intensive outpatient treatment, early intervention, relapse prevention. Day and evening tracks are available for intensive outpatient treatment. Court-approved provider for chemical dependency assessments, counseling and treatment services. Adolescents can be seen for chemical dependency evaluations and individual therapy. Specialized counseling services available (individual, couples, family and group therapy) for pain management-related difficulties. Dual-credentialed therapists licensed in mental health and addictions. Telemedicine counseling services including CD assessments and individual therapy. Anyone can participate in this service. Accredited by the State of South Dakota as well as by the Joint Commission (JCAHO).

**NAMI Homefront offered at Nami South Dakota**  
1601 E. 69th Street, Suite 210, Sioux Falls, SD 57104  
**Website:** [www.namisouthdakota.org](http://www.namisouthdakota.org)  
**Email:** namisd@midconetwork.com  
**Hours:** Office hours: 9:00am - 5:00pm (CT), Monday - Friday  
**Phone:** (605) 271-1871  
**Eligibility:** Adults  
A free, online 6-session class for family members of service members or veterans with mental health conditions.

**NAMI South Dakota - State Office offered at Nami South Dakota**  
1601 E. 69th Street, Suite 210, Sioux Falls, SD 57104  
**Website:** [www.namisouthdakota.org](http://www.namisouthdakota.org)  
**Email:** namisd@midconetwork.com  
**Hours:** Office hours: 9:00am - 5:00pm (CT), Monday - Friday  
**Phone:** (605) 271-1871  
**Eligibility:** Open to all  
Provides practical support group, useful education, and understanding to people who are living and coping with neurobiologically based brain diseases and to their family members.

**Counseling Services offered at Guiding Light Counseling, LLC**  
5000 S. MacArthur Lane, Suite 104, Sioux Falls, SD 57108  
**Website:** [https://sarah-scherr.clientsecure.me/?mld=18341d8b6e8569-0e1e8db0cc33d-26021c51-15f900-18341d8b6e93cc#home](https://sarah-scherr.clientsecure.me/?mld=18341d8b6e8569-0e1e8db0cc33d-26021c51-15f900-18341d8b6e93cc#home)  
**Hours:** Monday - Friday: Call for specific hours  
**Phone:** (605) 413-6835  
**Eligibility:** Ages 13 and up  
A for-profit counseling center serving teens and adults in the Sioux Falls area. Also trained in Accelerated Resolution Therapy - a type of therapy that helps alleviate trauma symptoms.

**Counseling Services offered at Alexander Therapy & Consulting, PLLC**  
No Physical Address, Sioux Falls, SD 57103  
**Hours:** 9:00am - 9:00pm (CT), Monday and Tuesday  
**Phone:** (605) 206-9301  
**Eligibility:** Adults 18 and up  
Provide a safe and compassionate space for people from all walks of life to work through various mental health struggles so they can live a more vibrant and healthy life. Specializes in LGBTQ+ topics and sex therapy, however, also addresses mental health concerns such depression, anxiety, trauma, parenting difficulties, and grief.
Children’s Home Society - Residential Treatment offered at Children’s Home Society of South Dakota
801 N. Sycamore Avenue, Sioux Falls, SD 57110
Hours: Office hours: 8:00am - 5:00pm (CT), Monday - Friday Residential 24 hours a day / 7 days a week
Phone: (605) 334-6004
Eligibility: Children ages 4 - 13 with emotional or behavioral problems
Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

Avera Behavioral Health - Adolescent Partial Program offered at Avera - Sioux Falls
4400 W. 69th Street, Sioux Falls, SD 57108
Hours: 8:00am - 5:00pm (CT), Monday - Friday
Phone: (605) 322-4056
Eligibility: Adolescents ages 12 - 18
Clients receive help with depression, anxiety, behavioral problems, adjustment issues, grief and loss, as well as other mental health issues. An adolescent outpatient, time-limited, intensive, and coordinated clinical treatment program with the goal of stabilization with the intention of averting inpatient hospitalization or reducing the length of a hospital stay. Partial Hospital Program (PHP) Serves as a positive alternative when individual counseling does not fully meet the needs of the individual and when inpatient care is not necessary. 5 days per week, 4 hours per day. Intensive Outpatient Program (IOP) The goal of program is to provide support while promoting independence, growth, individuality and self-reliance. Clients are assisted in learning new and more effective coping skills while remaining in their homes and their jobs. Generally 7 - 11 hours of structured programming per week consisting of counseling and education groups.

Avera Behavioral Health Urgent Care offered at Avera - Sioux Falls
4400 W. 69th Street, Sioux Falls, SD 57108
Hours: Open 24 hours a day / 7 days a week
Phone: (605) 322-4065
Eligibility: Open to all
Provides a level of care assessment and identifies referral options for patients in behavioral health crisis.

Avera McKennan Behavioral Health Center - Assessment and Referral offered at Avera - Sioux Falls
4400 W. 69th Street, Suite 100, Sioux Falls, SD 57108
Hours: 24 hours a day / 7 days a week. A message may be left if call is not able to be answered immediately. A staff will respond to messages as soon as possible.
Phone: (605) 322-4065
Eligibility: Open to all, including children
Program provides assessments 24 hours a day for mental health problems to determine an appropriate level of care.

Counseling Cafe, The
4804 S. Minnesota Avenue, Sioux Falls, SD 57108
Hours: 8:30am - 8:00pm (CT), Monday8:30am - 6:00pm (CT), Tuesday - Thursday7:30am - 12:00noon (CT), Friday
Phone: (605) 271-8008
Eligibility: Adults and children ages 9 years and above
Providing a safe place for people to explore, discover and accept the individual as they are. Services offered include: Evaluations and assessments Professional therapy and counseling Free coffee bar and baked goods for clients Licensed clinical professionals work with individuals, couples and families.

Rising Hope Counseling, LLC
1108 W. Cedar Street, Suite 5B, Beresford, SD 57004
Website: risinghope605.com Email: admin@risinghope605.com
Hours: Call for information
Phone: (605) 494-1500
Eligibility: Open to all
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Rising Hope Counseling, LLC**  
904 E. 5th Street, Canton, SD 57013  
**Website:** risinghope605.com  
**Email:** admin@risinghope605.com  
**Hours:** Call for information.  
**Phone:** (605) 494-1500  
**Eligibility:** Open to all  
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Emotions Anonymous International**  
No Physical Address, Saint Paul, MN 55104  
**Hours:** Vary by meeting, please see description for information.  
**Phone:** (651) 647-9712  
**Eligibility:** Open to adults  
12-step program for individuals who want to become emotionally well. Support group meetings lead by peers, following the 12-step model of recovery. There are many forms of virtual meetings available. Go to www.emotionsanonymous.org for meeting information.

**Rising Hope Counseling, LLC**  
317 N. Heritage Parkway, Tea, SD 57064  
**Website:** risinghope605.com  
**Email:** admin@risinghope605.com  
**Hours:** Call for information  
**Phone:** (605) 494-1500  
**Eligibility:** Open to all  
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

**Depression and Bipolar Support Alliance**  
55 E. Jackson Boulevard, Suite 490, National Headquarters (not location of services provided), Chicago, IL 60604  
**Website:** www.DBSAlliance.org  
**Email:** info@dbsalliance.org  
**Hours:** 7:00am - 6:00pm (CT), Monday - Friday  
**Phone:** (312) 642-0049  
**Eligibility:** Open to all  
Peer based services and resources include: Online resources at DBSAlliance.org Online support groups Audio and video casts Parent and caregiver support network Advocacy for quality mental health care treatment Peer Specialist trainings* Currently there are no in-person support groups in South Dakota, although online support groups are open to all.

**SAMHSA Behavioral Health Treatment Finder offered at SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION**  
5600 Fishers Lane, Substance Abuse and Mental Health Services Administration, Rockville, MD 20857  
**Hours:** Website available 24 hours a day / 7 days a week  
**Phone:** (800) 662-4357  
**Eligibility:** Open to all  
The Behavioral Health Treatment Services Locator, is a source of information related to substance abuse/addiction and/or mental health services for persons seeking treatment facilities (outside of South Dakota) in the United States or U.S. Territories.
CancerCare Counseling offered at CANCERCARE
275 7th Avenue, New York, NY 10001
**Hours:** 10:00am - 6:00pm (ET), Monday - Thursday 10:00am - 5:00pm (ET), Friday  
**Phone:** (212) 712-8400

**Eligibility:** Anyone who is touched by cancer including: the person diagnosed, family, friends, co-workers, and the bereaved
Comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All services are provided by oncology social workers and world-leading cancer experts. Offers individual counseling or support groups in three ways: face-to-face, on the telephone, and online. Connect with others in support groups for cancer patients, loved ones and people who have lost a loved one, led by master's-prepared oncology social workers. Online support groups are available, 24 hours a day, 7 days a week.

MindWise Innovations
270 Bridge Street, Suite 205, Dedham, MA 2026
**Website:** mindwise.org  
**Email:** info@mindwise.org
**Hours:** 24 hours a day / 7 days a week
**Phone:** (781) 239-0071

**Eligibility:** Open to all including College Students, Active-Duty Military, National Guard, Reserves, Veterans, and their families
A self-assessment questionnaire, regarding mental health and substance abuse, to assess if treatment or evaluation would be beneficial.

Counseling Services offered at Haven Counseling LLC
Rapid City, SD 57702
**Hours:** 9:00am - 5:00pm (MT), Monday, Wednesday, Thursday 9:00am - 12:00noon (MT), Friday
**Phone:** (605) 863-2498

**Eligibility:** Open to adults 18 and older
Individual counseling for those 18 and older. Areas of focus include: adjustment to living with a brain injury; caregiver concerns and fatigue; adjustment to change and life transitions; grief and loss; depression; anxiety; self-esteem; ADHD; wellness and self-care; women's issues; communication; and stress management. Telehealth sessions available.

Transportation

Care-A-Ride
710 Belmont Drive, Rapid City, SD 57702
**Website:** www.carearide.com  
**Email:** carearide@gmail.com
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday, but will do earlier for procedures, special conditions**COVID info below**
**Phone:** (605) 381-7825
**Eligibility:** Open to all
Offers transportation, both by car or wheelchair van, to medical appointments, grocery stores, or other appointments. Offers the option to shop for groceries for individuals.

Oglala Sioux Tribe - Rapid City Community Health Representatives/Community Health Worker
offered at OGLALA SIOUX TRIBE
3200 Canyon Lake, Building 19, Rapid City, SD 57702
**Hours:** 8:00am - 4:30pm (MT), Monday - Friday**COVID info below**
**Phone:** (605) 343-7832
**Eligibility:** Open to all Native Americans in the Pennington County area.
Community Health Education / promotion / wellness and disease / accident prevention. Provides transportation for medical purposes for individuals who qualify Provides transit tickets for medical appointments for able bodied individuals and Dial-A-Ride tickets Home health services for high risk clients Medication delivery for qualified individuals Rapid City Community Health Representatives accept donations of: Wheelchairs Walkers Bath chairs
**Taxi Service offered at Rapid Cab**
500 E. Boulevard, Rapid City, SD 57709  
Website: [https://rapidcab.taxi](https://rapidcab.taxi)  
Email: support@rapidcab.taxi  
**Hours:** 6:00am - 12:00midnight (MT), Monday - Thursday  
6:00am - 2:00am (MT), Friday - Saturday  
**Phone:** (605) 872-8787  
**Eligibility:** Open to all except motorized wheelchairs  
Rapid Cab provides taxi cab services, transportation, ridesharing, and delivery services to the Black Hills region of South Dakota and surrounding areas. Scheduled rides are available and recommended.

**Love INC of the Black Hills - Vision Bikes offered at LOVE INC OF THE BLACK HILLS**
414 E. Omaha, Rapid City, SD 57701  
**Hours:** 8:00am - 12:00noon (MT), Monday - Friday  
**Phone:** (605) 718-5683  
**Eligibility:** Open to all  
Offers participants an opportunity to volunteer with Love Inc. and in return, earn a bike for transportation.

**Rapid Transit System - RapidRide offered at City of Rapid City**
333 6th Street, Rapid City, SD 57701  
**Hours:** Office hours: 7:00am - 5:30pm (MT), Monday - Friday  
Hours of operation: 6:20am - 5:50pm (MT), Monday - Friday  
9:50am - 4:40pm (MT), Saturday  
**Phone:** (605) 394-6631  
**Eligibility:** Open to all  
Provides 6 routes operating within the city limits of Rapid City. Service frequency is every 35 minutes. Service is available: 6:20am - 5:50pm, Monday - Friday and 9:50am - 4:40pm, Saturday.

**Pennington County Veterans Service Office offered at Pennington County**
321 Kansas City Street, Suite 100, Care Campus, Rapid City, SD 57701  
**Hours:** 6:30am - 5:00pm (MT), Monday - Friday  
**Phone:** (605) 394-2266  
**Eligibility:** Veterans and dependents  
Assists veterans, dependents, and survivors by providing information, assistance, counseling, and referrals on a wide range of subject, benefits, and veteran programs.

**Lawrence County Veterans Service Office offered at Lawrence County**
80 Sherman Street, Deadwood, SD 57732  
**Hours:** 24 hours a day / 7 days a week  
**Phone:** (605) 578-9748  
**Eligibility:** Veterans and dependents  
The County Veterans Service Officer assists veterans, dependents, and survivors by providing information, assistance, counseling, and referrals on a wide range of subject, benefits, and veteran programs. CVSO’s are trained to provide information on the following topics: Transportation assistance to VA Appointments Offers complete claims service and explanation of VA procedures. Provides follow-up service once a decision has been made. GI loans Compensation and pension Survivors benefits Education benefits On-the-job and apprenticeship training State benefits Employment and unemployment Small business development information Corrections of military records Review of discharges Medical and dental treatment Hospitalization or outpatient treatment Nursing home care Residency at the State Veterans’ Home Rehabilitation Information and payment assistance for alcoholism and drug dependency treatment Burial benefits Obtaining flags Information on community programsVeterans are encouraged to register their discharge information (DD Form 214, Report of Separation) with the County Registrar of Deeds Office.

**Custer County Veterans Service Office offered at Custer County**
447 Crook Street, Suite 1, Custer, SD 57730  
**Hours:** 8:00am - 5:00pm (MT), Monday - Wednesday  
**Phone:** (605) 673-8123  
**Eligibility:** Veterans and dependents
Assists veterans, dependents, and survivors by providing information, assistance, counseling, and referrals on a wide range of subject, benefits, and veteran programs.

**My CISSter's Closet - Thrift Store offered at CRISIS INTERVENTION SHELTER SERVICE, INC.**
1324 Main Street, Sturgis, SD 57785  
**Hours:** 9:00am - 5:00pm (MT), Tuesday - Friday10:00am - 2:00pm (MT), Saturday  
**Phone:** (605) 347-0227  
**Eligibility:** Open to all  
Offers clothing, furniture, household goods, and more for purchase supports Crisis Intervention Shelter Services.

**DSS Sturgis offered at South Dakota Department of Social Services**
2200 W. Main Street, Sturgis, SD 57785  
**Website:** [www.dss.sd.gov](http://www.dss.sd.gov)  
**Email:** RCCustomerssupport@state.sd.us  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday  
**Phone:** (605) 347-2588  
**Eligibility:** Call for information  
TANF (employment and training), Medicaid, CHIP, SNAP (Food Stamps), Child Support, and Child Protection Services.

**Meade County Veterans Service Office offered at Meade County**
1425 Sherman Street, Meade County State's Attorney's Office, Sturgis, SD 57785  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday  
**Phone:** (605) 347-7623  
**Eligibility:** Veterans and dependents  
Meade County VSO assists Veterans and dependents with receiving a variety of benefits earned through military service.

**DSS offered at South Dakota Department of Social Services**
20 Cliff Street, Deadwood, SD 57732  
**Website:** [http://dss.sd.gov/childprotection/](http://dss.sd.gov/childprotection/)  
**Email:** RCCustomerssupport@state.sd.us  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday*COVID info below  
**Phone:** (605) 578-2402  
**Eligibility:** Call for information  
TANF (employment and training), Medicaid, CHIP, SNAP (Food Stamps), Child Support, and Child Protection Services.

**Prairie Hills Transit**
2015 Tumble Weed Trail, Spearfish, SD 57783  
**Website:** [www.prairiehillstransit.com](http://www.prairiehillstransit.com)  
**Email:** dispatch@prairiehillstransit.com  
**Hours:** Office hours: 7:00am - 5:00pm (MT), Monday - Friday Service hours vary in each community so please call or visit website for more information.  
**Phone:** (605) 642-6668  
**Eligibility:** Open to all  
Operating public transit in Butte, Lawrence, and Meade Counties with service from these counties into Rapid City and Southern Hills. Door to door service provided with one business days' notice.

**Fall River County Veterans Service Office offered at Fall River County**
906 N. River Street, Hot Springs, SD 57747  
**Website:** [www.fallriver.sdcounty.org/veterans-services/](http://www.fallriver.sdcounty.org/veterans-services/)  
**Email:** veterans@frcounty.org  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday  
**Phone:** (605) 745-5146  
**Eligibility:** Veterans and their dependents  
Assists veterans, dependents, and survivors by providing information, assistance, counseling, and referrals on a wide range of subject, benefits, and veteran programs.
DSS offered at South Dakota Department of Social Services
2500 Minnekahta Avenue, Building 1, Hot Springs, SD 57747
Website: http://dss.sd.gov/childprotection/  Email: DSSRegion2EA@state.sd.us
Hours: 8:00am - 5:00pm (MT), Monday - Friday*COVID info below
Phone: (605) 745-5100
Eligibility: Call for information
Administers TANF, Medicaid, CHIP, Child Support, and Child Protection Services, as well as, SNAP, or food stamps, which enables eligible households to obtain a more nutritious diet. TANF is an employment and training program designed to assist applicants to prepare for and secure full-time employment leading toward economic self-sufficiency.

Butte County Veterans Service Office offered at Butte County
849 5th Avenue, Butte County Extension Service Office, Belle Fourche, SD 57717
Hours: 8:00am - 5:00pm (MT), Monday and Tuesday
Phone: (605) 723-8387
Eligibility: Veterans and family members
The County Veterans Service Officer assists veterans, dependents, and survivors by providing information, assistance, counseling, and referrals on a wide range of subject, benefits, and veteran programs. CVSO's are trained to provide information on the following topics: Transportation to the Fort Meade VA Clinic is available on Tuesdays, call (605) 210-1402 at least 24 hours in advance to make a reservation Offers complete claims service and explanation of VA procedures Provides follow-up service once a decision has been made GI loans Compensation and pension Survivors benefits Education benefits On-the-job and apprenticeship training State benefits Social Security benefits Employment and unemployment Small business development information Corrections of military records Review of discharges Medical and dental treatment Hospitalization or outpatient treatment Nursing home care Residency at the State Veterans' Home Rehabilitation Information and payment assistance for drug dependency treatment Burial benefits Obtaining flags Information on community programs Veterans are encouraged to register their discharge information (DD Form 214, Report of Separation) with the County Registrar of Deeds Office.

DSS offered at South Dakota Department of Social Services
609 5th Avenue, Belle Fourche, SD 57717
Website: http://dss.sd.gov/economicassistance/  Email: RCCustomersupport@state.sd.us
Hours: 8:00am - 12:00noon;1:00pm - 5:00pm (MT), Monday - Friday*COVID info below
Phone: (605) 892-2731
Eligibility: Must meet income guidelines
Child Care Services: Child Care Assistance - Provides financial help for child care costs for families who are working and/or going to school. Website also has online listing of South Dakota's registered and licensed child care providers. SNAP (Supplemental Nutrition Assistance Program), a federal program that stretches budgets for healthy foods. TANF is an employment and training program designed to assist applicants to prepare for and secure full-time employment leading toward economic self-sufficiency.

River Cities Public Transit - East Pennington/Haakon County Prairie (Satellite Office) offered at RIVER CITIES PUBLIC TRANSIT
No Physical Address, Garage, Eagle Butte, SD 57625
Hours: Dispatchers available 24 hours a day / 7 days a week In town service hours: 7:30am - 4:30pm (MT), Monday - Friday
Phone: (605) 945-2360
Eligibility: Open to all
Service to Rapid City every Wednesday (pre-scheduled) round trip. Please call 48 hours in advance. Primarily for medical trips; however, shoppers may ride along when medical trips are scheduled. There are many transportation grant opportunities available through RCPT. Call for more information. RCPT coordinates with all other transit agencies in South Dakota and can facilitate a ride statewide. Also, is Jefferson Lines associated; the North/South connection.

DSS offered at South Dakota Department of Social Services
1302 N. Willow, PO Box 530, Eagle Butte, SD 57625
Website: http://dss.sd.gov/childprotection/  Email: DSSRegion3EA@state.sd.us
Hours: 8:00am - 5:00pm (MT), Monday - Friday*COVID info below
Phone: (866) 480-0201
Eligibility: Must meet income guidelines
Child Care Services: Child Care Assistance - Provides financial help for child care costs for families who are working and/or going to school. Website also has an online listing of South Dakota's registered and licensed child care providers. SNAP (Supplemental Nutrition Assistance Program), a federal program that stretches budgets for healthy foods. TANF is an employment and training program designed to assist applicants to prepare for and secure full-time employment leading toward economic self-sufficiency.

South Dakota Department of Human Services - Family Support 360 offered at SOUTH DAKOTA DEPARTMENT OF HUMAN SERVICES
3800 E. Highway 34, Pierre, SD 57501
Website: https://dhs.sd.gov/developmentaldisabilities/familysupport360.aspx
Hours: 8:00am - 5:00pm (CT), Monday - Friday
Phone: (605) 773-3438
Eligibility: Open to families with a child or adults with a diagnosed intellectual or developmental disability
The Family Support 360 Program (FS 360) provides people and their families with services and supports to meet their unique needs. Open to families with a child or adults with a diagnosed intellectual or developmental disability.

River Cities Public Transit - Statewide Services offered at RIVER CITIES PUBLIC TRANSIT
1600 E. Dakota Avenue, Pierre, SD 57501
Hours: 24 hours a day / 7 days a week / 365 days a year
Phone: (605) 945-2360
Eligibility: Open to all
RCPT coordinates with all other transit agencies in South Dakota and can facilitate a ride statewide for medical appointments. Additional rides for other purposes (grocery shopping, etc.) can be arranged during a medical appointment trip, but the main purpose must be for a medical appointment. Also, Jefferson Lines is associated; the North/South connection. Accepts Medicaid; there are many transportation grant opportunities available through RCPT.

Disabled American Veterans - VA Transportation Network, South Dakota offered at DISABLED AMERICAN VETERANS
2501 W. 22nd Street, Sioux Falls, SD 57105
Hours: 8:00am - 3:00pm (CT), Monday - Friday
Phone: (605) 336-3230, Ext. 6551
Eligibility: Veterans
Provides free transportation to the men and women who answered our country's call in time of war. Volunteers drive veterans to and from the VA Hospital, clinics, and the VA Regional Office.

Helpline Center Support Program - Health Navigation offered at HELPLINE CENTER
3817 S. Elmwood Avenue, Sioux Falls, SD 57105
Website: https://form.jotform.com/HelplineCenter/health-screening-intake-form-
Hours: 24 hours a day / 7 days a week Office hours: 8:00am - 5:00pm (CT), Monday - Friday
Phone: 2-1-1
Eligibility: All Women Count! program: Women 30-64 years of age who have not had a mammogram or pap smear. Colonoscopy rides: Must have appointment already scheduled (or working with Health Screening Specialist to schedule). Must be 18 years+
A 211 Health Screening Specialist will assist individuals with a variety of health-related issues and get them connected with health screening programs, including All Women Count! (AWC!). Also provides rides via Lyft to appointments to assist AWC! clients who face transportation barriers. Individuals wanting a follow up from the Health Screening Specialist can fill out the Health Navigation Intake Form. Healthcare Professionals seeking a Lyft ride to All Women Count Cancer Screenings for patients can provide a referral to the Health Screening Specialist. The Health Screening Program is a partnership between the Helpline Center and the South Dakota Department of Health.

Road to Recovery offered at American Cancer Society South Dakota
No Physical Address, Sioux Falls, SD 57101
Hours: 7:00am - 6:00pm (CT), Monday - Friday
Phone: (800) 227-2345
**Eligibility:** Open to all. Must be ambulatory and need will be screened upon call for service. Provides free rides to and from active cancer treatment appointments for cancer patients. The appointment can be anything related to cancer treatment (consult, diagnostics, chemo, radiation, etc). This is a curb to curb service for ambulatory, mobile cancer patients (can not transport patients in wheelchairs). This is a volunteer based program, so availability of rides depends on the volunteer schedule. All ride requests must be submitted at least 3 days before the ride is needed and must be coordinated by the American Cancer Society. The volunteer driver will contact the patient the day before the ride to confirm their information and introduce themselves. All volunteer drivers are trained and have passed background checks. Currently in South Dakota, there are volunteers near Sioux Falls, Rapid City, Spearfish, Sturgis and Aberdeen. Volunteers typically drive within one hour of where they are located, but patients can still call the number to schedule a ride because they will try to problem solve solutions.

**Med-Star Transit**  
916 E. Redwood Boulevard, Brandon, SD 57005  
**Website:** [www.med-starambulance.com](http://www.med-starambulance.com)  
**Email:** dispatch@med-starambulance.com  
**Hours:** 6:00am - 7:00pm (CT), Monday - Saturday  
**Phone:** (605) 582-6096  
**Eligibility:** Open to all wheelchair bound.  
Med-Star Transit is readily available to transport for the following: hospital discharges doctor appointments out-patient post-surgical transports dialysis appointments Transit vehicles offer both wheelchair and stretcher accessibility - secured via seat belts for safety during transport. All vehicles are GPS tracked by dispatch center.

**Angel Flight Central**  
500 Richards Road, Kansas City, MO 64116  
**Website:** [www.angelflightcentral.org](http://www.angelflightcentral.org)  
**Email:** wings@angelflightcentral.org  
**Hours:** Office hours: 8:30am - 4:30pm (CT), Monday - Friday Pager answered 24 hours a day / 7 days a week Flights take place daily*COVID info below  
**Phone:** (816) 421-2300  
**Eligibility:** Must meet the following criteria:- Have financial need for assistance- Be able to fly in a non-pressurized small aircraft. - Be ambulatory/Be responsible for their own medications- Not have a communicable disease- Provide Department of Transportation (DOT) approved supplemental oxygen and medical assistance (if required)- Provide and/or your own transportation to and from airport and treatment facility.- Children under 18 must be accompanied by a parent or guardian-Allow up to 7-10 working days for AFC to coordinate all aspects of the flight- Luggage is limited to a total of 50 pounds  
Angel Flight Central is a non-profit organization that serves people by arranging charitable flights for access to health care or other humanitarian purposes utilizing qualified volunteer pilots.

**CancerCare Financial Assistance Program offered at CANCERCARE**  
275 7th Avenue, New York, NY 10001  
**Hours:** 10:00am - 6:00pm (ET), Monday - Thursday 10:00am - 5:00pm (ET), Friday  
**Phone:** (212) 712-8400  
**Eligibility:** Must have a diagnosis of cancer confirmed by an oncology health care provider, be in active treatment for cancer, live in the U.S. or Puerto Rico, and meet eligibility guidelines based on the Federal Poverty Limit. Social workers trained in financial issues can help you find whatever assistance is available to ease your financial concerns. Limited assistance is available to eligible individuals for treatment-related costs such as transportation, home care and child care. The CancerCare Co-Payment Assistance Foundation also provides help with co-pays for chemotherapy and targeted drugs. Check website for current covered diagnoses.

**Corporate Angel Network, Inc.**  
1 Loop Road, Westchester County Airport, West Harrison, NY 10604  
**Website:** [www.corpangelnetwork.org](http://www.corpangelnetwork.org)  
**Email:** info@corpangelnetwork.org  
**Hours:** 9:00am - 5:00pm (ET), Monday - Thursday 9:00am - 4:00pm (ET), Friday  
**Phone:** (914) 328-1313  
**Eligibility:** #NAME?  
Arranges no-cost plane transportation within the continental United States for cancer patients going to and or from recognized cancer hospitals by using empty seats aboard business aircraft operating on business flights.
Leukemia & Lymphoma Society
3 International Drive, Port Chester, NY 10573
Website: www.lls.org     Email: infocenter@lls.org
Hours: 9:00am - 9:00pm (ET), Monday - Friday Voicemail: 24 hours a day / 7 days a week*COVID info below
Phone: (800) 955-4572
Eligibility: Open to all

*See below for COVID specific aid program. First Connection: For those who have recently diagnosed with cancer, the Leukemia and Lymphoma Society has provided the opportunity to speak with someone who's been through treatment and learned how to manage the same disease. The Patti Robinson Kaufmann First Connection Program is a peer-to-peer program that matches newly diagnosed patients and their families with trained volunteers who have been touched firsthand by a blood cancer and shared similar experiences.

Online Chats: Live, weekly online chats provide a friendly forum to share experiences and chat with others about anything from the initial phase of diagnosis to treatment and survivorship. Each chat is moderated by an oncology social worker and is password-protected. The online chats are not a replacement for psychotherapy or support groups.

Patient Financial Assistance Programs (visit www.lls.org/support/financial-support for more information)
- Patient Aid Program - provides financial assistance to blood cancer patients in active treatment. Eligible patients will receive a $100.00 stipend.
- Susan Lang Pay-It-Forward Patient Travel Assistance Program - A one-time grant of $500.00 is available for qualified patients.
- Urgent Need Program - helps pediatric and young adult blood cancer patients, or adult blood cancer patients who are in acute financial need.
- Other Financial Aid - includes a Co-Pay Assistance Program: LLS’s Co-pay assistance program offers financial support toward the cost of insurance co-payments and/or insurance premium costs for prescription drugs. Patients must qualify both medically and financially for this program, as well as have a diagnosis that is currently covered under an open fund.

Patient Advocate Foundation - Heart Valve Careline offered at PATIENT ADVOCATE FOUNDATION
421 Butler Farm Road, Hampton, VA 23666
Website: https://heartvalve.pafcareline.org/     Email: help@patientadvocate.org
Hours: 8:30am - 5:00pm (ET), Monday - Thursday8:30am - 4:00pm (ET), Friday
Phone: (866) 318-7892

Eligibility: Heart Valve CareLine: Any individual diagnosed with a heart valve condition.
Heart Valve Financial Aid Fund: anyone with qualifying heart valve condition or disorder and who are currently receiving treatment, have been in treatment within the last 6 months or are starting treatment within 60 days that meets household income guidelines.
Heart Valve CareLine: The Heart Valve CareLine is a free patient hotline providing one-on-one professional assistance and eliminating healthcare access barriers. Now, patients have a partner on their side to guide them through the complex insurance and reimbursement system.
Heart Valve Financial Aid Fund: The fund supports patients who have been diagnosed with a qualifying heart valve condition or disorder and who are currently receiving treatment, have been in treatment within the last 6 months or are starting treatment within 60 days. Once approved, the financial fund provides a one-time $600.00 grant to help offset the out-of-pocket expenses associated with transportation, lodging, housing, utilities, and food needs related to heart valve treatments. Each patient must meet household income guidelines and provide diagnosis documentation in order to finalize the application. Review the program disclaimer for this fund. Apply on line here:
https://financialaid.patientadvocate.org/