

## Basic Needs Resource Guide

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### Employment

#### **Veteran Outreach Center offered at Volunteers of America, Northern Rockies**

111 New York Street, Rapid City, SD 57701

**Website:** <https://www.voanr.org/services/veteran-outreach-center/>

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-341-8336

**Eligibility:** Veterans

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Offers case management, laundry facility, showers and bathrooms, computer access for job searches and resume preparation, phone message and mail center, and snacks. Cooking and non-cooking food boxes available.

#### **Support Services for Living Independently offered at Western Resources for Independent Living**

909 E. Saint Patrick Street, Suite 4, Rapid City, SD 57701

**Website:** [www.wrill.org](http://www.wrill.org) **Email:** [info@wrill.org](mailto:info@wrill.org)

**Hours:** 8:00am - 4:30pm (MT), Monday - Friday

**Phone:** 888-434-4943

**Eligibility:** Open to all individuals of all ages with a significant disability.

**Coverage Area:** Counties of Butte, Custer, Fall River, Haakon, Harding, Hughes, Jackson, Jones, Lawrence, Lyman, Meade, Mellette, Pennington, Perkins, Stanley, Sully, and Tripp

Provides support services to people with disabilities and elderly individuals to assist with living independently.

#### **Life INC offered at Love INC of the Black Hills**

414 E. Omaha Street, Rapid City, SD 57701

**Website:** [www.loveinonline.com](http://www.loveinonline.com) **Email:** [mail@love-inc.us](mailto:mail@love-inc.us)

**Hours:** Office hours: 8:30am - 4:30pm (MT), Monday - Thursday 8:30am - 12:00noon (MT), Friday

**Phone:** 605-718-5683

**Eligibility:** Classes held in Rapid City, Hill City, and Sturgis; anyone welcome to attend regardless of residency.

**Coverage Area:** Black Hills region

A 8-week program (held in Rapid City, Hill City, or Sturgis) with classes on money management, parenting, relationships, nutrition, and Christianity. Ability to earn groceries, haircuts, and other incentives through attendance and homework. Meal, childcare, and transportation provided. Application required.

#### **Stronger Family Program offered at Youth & Family Services**

120 E. Adams Street, Suite 100, Rapid City, SD 57701

**Website:** [www.strongerfamily.org](http://www.strongerfamily.org) **Email:** [wehelpkids@youthandfamilyservices.org](mailto:wehelpkids@youthandfamilyservices.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-791-5025

**Eligibility:** Open to all adults

**Coverage Area:** Rapid City area

Focuses on strengthening families as a whole by providing curriculum, strategies, and activities that will support healthy marriages, relationships, and families. Participants will develop the skills necessary to build strong relationships and increase their trajectory toward economic stability, mobility, and employability.

#### **Day Center offered at Pejuta Waste O'Tipi**

522 Anamosa Street, Rapid City, SD 57709

**Website:** [www.pejuta.org](http://www.pejuta.org)      **Email:** [pejutawasteotipi@gmail.com](mailto:pejutawasteotipi@gmail.com)

**Hours:** 9:00am - 4:00pm (MT), Monday - Friday

**Phone:** 605-205-5092

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Providing mail distribution services, clothing and personal hygiene items when available and a resource center with computer and phone access.

### **National Farmworker Jobs Program offered at Black Hills Special Services Cooperative**

730 E. Watertown Street, Rapid City, SD 57701

**Hours:** 7:30am - 4:00pm (MT), Monday - Friday

**Phone:** 605-394-5120

**Eligibility:** Individuals and families who have done any farm or ranch work in the last 2 years

**Coverage Area:** South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

### **Job Center offered at Goodwill of the Great Plains**

611 Lindbergh Avenue, Rapid City, SD 57701

**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday 9:00am - 12:00noon (MT), Friday

**Phone:** 605-341-3581

**Eligibility:** Adults searching for employment

**Coverage Area:** Areas of Rapid City and Sioux Falls

Assists individuals with barriers to employment by providing assistance with job search, applications, interview, computer access, and faxing.

### **Youth and Young Adult Drop-In and Transitional Housing Center offered at Family Connections Center**

706 E. Monroe Street, Rapid City, SD 57701

**Hours:** 1:00pm - 8:00pm (MT), Monday - Saturday

**Phone:** 605-716-0422

**Eligibility:** Youth and Young Adults ages 16-24

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade, and Pennington Counties.

Providing a variety of services for youth to access educational, employment, and live independently.

### **South Dakota Army National Guard Education Service Specialist offered at South Dakota Department of the Military**

2823 W. Main Street, Rapid City, SD 57702

**Hours:** 9:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-737-6702

**Eligibility:** Visit a recruiter for specific requirements for enlistment and benefits

**Coverage Area:** South Dakota

Assists Guard members with higher education planning, preparation and funding.

### **Educational Counseling offered at SeekLearnGrow**

3011 Stockade Drive, Rapid City, SD 57702

**Website:** [www.seeklearngrow.org](http://www.seeklearngrow.org)      **Email:** [info@seeklearngrow.org](mailto:info@seeklearngrow.org)

**Hours:** Virtual office. Will meet by appointment or will communicate by phone or email.

**Eligibility:** Our services are open primarily to adult students, military families and former foster children.

**Coverage Area:** South Dakota

Free educational counseling to include document retrieval, career and school research, access to testing and tutoring, help with financial aid, mentors, and community resources.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

2330 N. Maple Avenue, Suite 1, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Wednesday, Friday 9:00am - 5:00pm (MT), Thursday Appointment Required

**Phone:** 605-394-2296

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Service to the Blind and Visually Impaired offered at South Dakota Department of Human Services**

2330 N. Maple Avenue, Suite 2, Rapid City, SD 57701

**Website:** <https://dhs.sd.gov/en/sbvi> **Email:** [InfoSBVI@state.sd.us](mailto:InfoSBVI@state.sd.us)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-394-2261

**Eligibility:** Must be blind, low vision, or visually impaired, plan to obtain or maintain employment, and would benefit from services.

**Coverage Area:** South Dakota

State agency that works with individuals who are blind and or visually impaired in the area of employment and independent living.

### **South Dakota Rehabilitation Center for the Blind offered at South Dakota Department of Human Services**

2330 N. Maple Avenue, Suite 2, Ste 101, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-394-2261

**Eligibility:** Individuals who have a vision loss creating difficulty for them at home or work. Individuals are referred by a rehabilitation counselor or teacher.

**Coverage Area:** South Dakota

The SD Rehabilitation Center for the Blind assist individuals to learn how low vision or non-sighted skills can enhance to improve independence.

### **Rehabilitation Services offered at South Dakota Department of Human Services**

2330 N. Maple Avenue, Suite 2, Rapid City, SD 57701

**Website:** <https://dhs.sd.gov/en/rehabilitation-services> **Email:** [InfoRS@state.sd.us](mailto:InfoRS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-394-2261

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** South Dakota

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **Support Services offered at South Dakota Deaf Resource & Outreach Programs**

2310 N. Maple Avenue, Rapid City, SD 57701

**Website:** [sddrop.org](http://sddrop.org) **Email:** [Programs@sddrop.org](mailto:Programs@sddrop.org)

**Hours:** 8:00am - 12:00noon (MT), Monday - Friday (afternoons by appointment)

**Phone:** 605-394-6864

**Eligibility:** Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

**Coverage Area:** South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

### **Counseling Services offered at Lutheran Family Service**

7308 Wedgewood Drive, Black Hawk, SD 57718

**Website:** <https://lutheranfamilyservice.org/> **Email:** [info@lutheranfamilyservice.org](mailto:info@lutheranfamilyservice.org)

**Hours:** Call for appointment.

**Phone:** 605-271-1081

**Eligibility:** Open to all

**Coverage Area:** Offices located in Sioux Falls and Deadwood and serves the state of South Dakota via telehealth.

Counseling services provided are marriage and family counseling, pregnancy counseling, grief counseling, domestic violence/spouse/intimate partner abuse counseling, child abuse survivor counseling, parent counseling, and telemental health.

### **Counseling Services offered at Lutheran Family Service**

825 Main Street, Deadwood, SD 57732

**Website:** <https://lutheranfamilyservice.org/> **Email:** [info@lutheranfamilyservice.org](mailto:info@lutheranfamilyservice.org)

**Hours:** Call for appointment.

**Phone:** 605-271-1081

**Eligibility:** Open to all

**Coverage Area:** Offices located in Sioux Falls and Deadwood and serves the state of South Dakota via telehealth.

Counseling services provided are marriage and family counseling, pregnancy counseling, grief counseling, domestic violence/spouse/intimate partner abuse counseling, child abuse survivor counseling, parent counseling, and telemental health.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

120 Industrial Drive, Suite 8, Spearfish, SD 57783

**Hours:** 8:00am - 5:00pm (MT), Monday - Wednesday, and Friday 9:00am - 5:00pm (MT), Thursday Appointment only, call or email to schedule.

**Phone:** 605-773-3372

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Rehabilitation Services offered at South Dakota Department of Human Services**

1300 North Avenue, Spearfish, SD 57783

**Website:** <https://dhs.sd.gov/en/rehabilitation-services> **Email:** [InfoRS@state.sd.us](mailto:InfoRS@state.sd.us)

**Hours:** Call for information.

**Phone:** 605-642-6817

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** South Dakota

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **Support Services for Living Independently offered at Western Resources for Independent Living**

622 State Street, Suite M2, Belle Fourche, SD 57717

**Website:** [www.wrli.org](http://www.wrli.org) **Email:** [info@wrli.org](mailto:info@wrli.org)

**Hours:** 8:00am - 4:30pm (MT), Monday - Friday

**Phone:** 888-434-4943

**Eligibility:** Open to all individuals of all ages with a significant disability.

**Coverage Area:** Counties of Butte, Custer, Fall River, Haakon, Harding, Hughes, Jackson, Jones, Lawrence, Lyman, Meade, Mellette, Pennington, Perkins, Stanley, Sully, and Tripp

Provides support services to people with disabilities and elderly individuals to assist with living independently.

### **Career Launch SD offered at South Dakota Department of Labor and Regulation**

123 W. Missouri Avenue, Pierre, SD 57501

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-773-3101

**Eligibility:** High school students and youth ages 14-24

**Coverage Area:** Statewide

Helps youth ages 14-24 explore education and career options.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

116 W. Missouri Avenue, Pierre, SD 57501

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule.

**Phone:** 605-773-3372

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **National Farmworker Jobs Program offered at Black Hills Special Services Cooperative**

221 S. Central Avenue, Suite 33, Pierre, SD 57501

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-494-3608

**Eligibility:** Individuals and families who have done any farm or ranch work in the last 2 years

**Coverage Area:** South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

### **Support Services for Living Independently offered at Western Resources for Independent Living**

120 N. Euclid Avenue, Suite B, Pierre, SD 57501

**Website:** [www.wrill.org](http://www.wrill.org)      **Email:** [info@wrill.org](mailto:info@wrill.org)

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 888-434-4943

**Eligibility:** Open to all individuals of all ages with a significant disability.

**Coverage Area:** Counties of Butte, Custer, Fall River, Haakon, Harding, Hughes, Jackson, Jones, Lawrence, Lyman, Meade, Mellette, Pennington, Perkins, Stanley, Sully, and Tripp

Provides support services to people with disabilities and elderly individuals to assist with living independently.

### **Service to the Blind and Visually Impaired offered at South Dakota Department of Human Services**

3800 E. Highway 34, Pierre, SD 57501

**Website:** <https://dhs.sd.gov/en/sbvi>      **Email:** [InfoSBVI@state.sd.us](mailto:InfoSBVI@state.sd.us)

**Hours:** Call for information.

**Phone:** 605-773-3318

**Eligibility:** Must be blind, low vision, or visually impaired, plan to obtain or maintain employment, and would benefit from services.

**Coverage Area:** South Dakota

State agency that works with individuals who are blind and or visually impaired in the area of employment and independent living.

### **South Dakota Rehabilitation Center for the Blind offered at South Dakota Department of Human Services**

3800 E. Highway 34, Ste 101, Pierre, SD 57501

**Hours:** Call for information.

**Phone:** 605-773-3318

**Eligibility:** Individuals who have a vision loss creating difficulty for them at home or work. Individuals are referred by a rehabilitation counselor or teacher.

**Coverage Area:** South Dakota

The SD Rehabilitation Center for the Blind assist individuals to learn how low vision or non-sighted skills can enhance to improve independence.

### **Rehabilitation Services offered at South Dakota Department of Human Services**

912 E. Sioux Avenue, Pierre, SD 57501

**Website:** <https://dhs.sd.gov/en/rehabilitation-services>

**Email:** [InfoRS@state.sd.us](mailto:InfoRS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-773-3318

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** South Dakota

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **Military OneSource offered at United States Department of Defense**

Pierre, SD

**Website:** [www.militaryonesource.mil](http://www.militaryonesource.mil)

**Email:** [MOSwebfeedback@militaryonesource.com](mailto:MOSwebfeedback@militaryonesource.com)

**Hours:** Website available: 24 hours a day / 7 days a week SECO Career Center: 7:00am - 10:00pm (ET), Monday - Friday; 10:00am - 5:00pm (ET), Saturday

**Phone:** 800-342-9647

**Eligibility:** Available to all Active Duty, Reserve, or Guard service members and their family and can continue to use for up to 365 days after separation.

**Coverage Area:** Worldwide

Provides support and information 24 hours a day, 7 days a week, via telephone and online. Services include family information and referral, situational assistance, and links to military and community resources.

### **Rehabilitation Services offered at South Dakota Department of Human Services**

320 Sorenson Drive, Suite 102, Chamberlain, SD 57325

**Website:** <https://dhs.sd.gov/en/rehabilitation-services>

**Email:** [InfoRS@state.sd.us](mailto:InfoRS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-734-4555

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** South Dakota

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

1000 18th Street S.W., Suite 5, Huron, SD 57350

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

**Phone:** 605-773-3372

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Rehabilitation Services offered at South Dakota Department of Human Services**

380 Illinois Ave S.W., Huron, SD 57350

**Website:** <https://dhs.sd.gov/en/rehabilitation-services>      **Email:** [InfoRS@state.sd.us](mailto:InfoRS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-353-7130

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** South Dakota

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **Counseling Services offered at Lutheran Family Service**

214 7th Avenue S.W., Aberdeen, SD 57401

**Website:** <https://lutheranfamilyservice.org/>      **Email:** [info@lutheranfamilyservice.org](mailto:info@lutheranfamilyservice.org)

**Hours:** Call for appointment.

**Phone:** 605-271-1081

**Eligibility:** Open to all

**Coverage Area:** Offices located in Sioux Falls and Deadwood and serves the state of South Dakota via telehealth.

Counseling services provided are marriage and family counseling, pregnancy counseling, grief counseling, domestic violence/spouse/intimate partner abuse counseling, child abuse survivor counseling, parent counseling, and telemental health.

### **Service to the Blind and Visually Impaired offered at South Dakota Department of Human Services**

1707 4th Avenue S.E., Suite A, Aberdeen, SD 57401

**Website:** <https://dhs.sd.gov/en/sbvi>      **Email:** [InfoSBVI@state.sd.us](mailto:InfoSBVI@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-626-2395

**Eligibility:** Must be blind, low vision, or visually impaired, plan to obtain or maintain employment, and would benefit from services.

**Coverage Area:** South Dakota

State agency that works with individuals who are blind and or visually impaired in the area of employment and independent living.

### **South Dakota Rehabilitation Center for the Blind offered at South Dakota Department of Human Services**

1707 4th Avenue S.E., Suite A, Ste 101, Aberdeen, SD 57401

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-626-2395

**Eligibility:** Individuals who have a vision loss creating difficulty for them at home or work. Individuals are referred by a rehabilitation counselor or teacher.

**Coverage Area:** South Dakota

The SD Rehabilitation Center for the Blind assist individuals to learn how low vision or non-sighted skills can enhance to improve independence.

### **Rehabilitation Services offered at South Dakota Department of Human Services**

1707 4th Avenue, S.E. Suite A, Aberdeen, SD 57401

**Website:** <https://dhs.sd.gov/en/rehabilitation-services>

**Email:** [InfoRS@state.sd.us](mailto:InfoRS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-626-2398

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** South Dakota

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **Support Services offered at South Dakota Deaf Resource & Outreach Programs**

14 S. Main Street, Suite 305, Aberdeen, SD 57401

**Website:** [sddrop.org](http://sddrop.org) **Email:** [Programs@sddrop.org](mailto:Programs@sddrop.org)

**Hours:** 10:00am - 3:00pm (CT), Monday - Thursday, other hours by appointment

**Phone:** 605-626-2668

**Eligibility:** Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

**Coverage Area:** South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

420 S. Roosevelt Street, Aberdeen, SD 57401

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only - call or email to schedule

**Phone:** 605-773-3372

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Rehabilitation Services offered at South Dakota Department of Human Services**

1321 N. Main Street, Mitchell, SD 57301

**Website:** <https://dhs.sd.gov/en/rehabilitation-services>

**Email:** [InfoRS@state.sd.us](mailto:InfoRS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-995-8072

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** South Dakota

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

1321 N. Main Street, Mitchell, SD 57301

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule

**Phone:** 605-773-3372

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

2001 9th Avenue S.W., Suite 200, Watertown, SD 57201

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

**Phone:** 605-773-3372

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Rehabilitation Services offered at South Dakota Department of Human Services**

2001 9th Avenue S.W., Suite 200, Watertown, SD 57201

**Website:** <https://dhs.sd.gov/en/rehabilitation-services>      **Email:** [InfoRS@state.sd.us](mailto:InfoRS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-882-5150

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** South Dakota

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

3113 Spruce Street, Suite 124, Yankton, SD 57078

**Hours:** 8:00am - 5:00pm (CT), Monday - Wednesday, and Friday 9:00am - 5:00pm (CT), Thursday Walk-ins welcome, appointment preferred.

**Phone:** 605-773-3372

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Rehabilitation Services offered at South Dakota Department of Human Services**

3113 Spruce Street, Suite 128, Yankton, SD 57078

**Website:** <https://dhs.sd.gov/en/rehabilitation-services>      **Email:** [InfoRS@state.sd.us](mailto:InfoRS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-668-3050

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** South Dakota

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **Rehabilitation Services offered at South Dakota Department of Human Services**

1310 Main Avenue, S., Suite 102, Brookings, SD 57006

**Website:** <https://dhs.sd.gov/en/rehabilitation-services>

**Email:** [InfoRS@state.sd.us](mailto:InfoRS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-688-4280

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** South Dakota

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **South Dakota Rehabilitation Center for the Blind offered at South Dakota Department of Human Services**

2900 W. 11th Street, Suite 101, Ste 101, Sioux Falls, SD 57104

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-367-5260

**Eligibility:** Individuals who have a vision loss creating difficulty for them at home or work. Individuals are referred by a rehabilitation counselor or teacher.

**Coverage Area:** South Dakota

The SD Rehabilitation Center for the Blind assist individuals to learn how low vision or non-sighted skills can enhance to improve independence.

### **Counseling Services offered at Lutheran Family Service**

3409 W. 47th Street, Suite 103, Sioux Falls, SD 57106

**Website:** <https://lutheranfamilyservice.org/>

**Email:** [info@lutheranfamilyservice.org](mailto:info@lutheranfamilyservice.org)

**Hours:** Call for appointment.

**Phone:** 605-271-1081

**Eligibility:** Open to all

**Coverage Area:** Offices located in Sioux Falls and Deadwood and serves the state of South Dakota via telehealth.

Counseling services provided are marriage and family counseling, pregnancy counseling, grief counseling, domestic violence/spouse/intimate partner abuse counseling, child abuse survivor counseling, parent counseling, and telemental health.

### **Sands Freedom Center offered at Glory House of Sioux Falls**

3930 S. West Avenue, Sioux Falls, SD 57105

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-332-3273

**Eligibility:** Women

**Coverage Area:** South Dakota

A substance abuse treatment facility for female clients of the Glory House. This is an accredited facility with the State of South Dakota.

### **Ex-Offender Transitional Housing offered at Kingdom Boundaries Prison Aftercare**

417 S. Summit Avenue, Sioux Falls, SD 57104

**Website:** <http://kingdomboundaries.org>

**Email:** [office@kingdomboundaries.org](mailto:office@kingdomboundaries.org)

**Hours:** 6:00am - 6:00pm (CT), Monday - Friday

**Phone:** 605-201-8493

**Eligibility:** Can only house male ex-offenders 18 years and older.

**Coverage Area:** South Dakota

Transitional housing for up to 20 males. Program also helps anyone re-entering society after incarceration including finding employment, clothes, furniture, etc. (based on what is currently available).

### **Education and Integration Services offered at Southeastern Behavioral Healthcare**

500 E. 54th Street N., Sioux Falls, SD 57104

**Hours:** Special Education and Adult Day services: 9:00am - 3:00pm (CT), Monday - Friday

**Phone:** 605-335-8956

**Eligibility:** Individuals must have a diagnosis of a developmental disability to access HCBS Funding. Children or adults who do not meet HCBS funding criteria can receive services if there is another funding source such as a local school district.

**Coverage Area:** South Dakota. Can serve individuals from other states if funding is available and the referring state is willing to accept South Dakota program standards.

Provides services and supports to children and adults with developmental disabilities.

### **Job Center offered at Goodwill of the Great Plains**

3401 S. Duluth Avenue, Sioux Falls, SD 57105

**Hours:** 9:00am - 5:00pm (CT), Monday - Thursday 9:00am - 12:00noon (CT), Friday

**Phone:** 605-357-6171

**Eligibility:** Adults searching for employment

**Coverage Area:** Areas of Rapid City and Sioux Falls

Assists individuals with barriers to employment by providing assistance with job search, applications, interview, computer access, and faxing.

### **Senior Community Service Employment Program offered at National Indian Council on Aging**

No Physical Address, Sioux Falls, SD 57101

**Hours:** No physical location. Call for information.

**Phone:** 605-220-7200

**Eligibility:** Low income people aged 55 and older

**Coverage Area:** Counties of: Aurora, Buffalo, Beadle, BonHomme, Brookings, Brown, Brule, Campbell, Charles Mix, Clark, Clay, Codington, Corson, Custer, Davison, Day, Dewey, Douglas, Deuel, Fall River, Faulk, Grant, Gregory, Haakon, Hamlin, Hughes, Hutchinson, Hyde, Jackson, Jerauld, Jones, Kingsbury Lake, Lawrence, Lincoln, Marshall, McCook, McPherson, Meade, Mellette, Miner, Minnehaha, Moody, Oglala, Pennington, Perkins, potter, Roberts, Sanborn, Stanley, Todd, Tuner, Union, Walworth, Yankton, Ziebach

Helps elders find work, develop new skills, new talents, and earn income by participating in a on-the-job training and employment program.

### **Post-High School and Therapy Services offered at Teachwell Solutions**

715 E. 14th Street, Sioux Falls, SD 57104

**Website:** <http://teachwell.org> **Email:** [info@teachwell.org](mailto:info@teachwell.org)

**Hours:** 7:30am - 4:00pm (CT), Monday - Friday

**Phone:** 605-367-7680

**Eligibility:** Referral required

**Coverage Area:** South Dakota

Provides employment and independent living skills to young adults, ages 18-21, with disabilities who require assistance and support while pursuing transition goals and objectives. Job and Career Development - offers a number of supports to career-bound high school students and adults seeking employment.

### **Rehabilitation Services offered at South Dakota Department of Human Services**

1501 S. Highline Avenue, Suite 1C, Sioux Falls, SD 57110

**Website:** <https://dhs.sd.gov/en/rehabilitation-services> **Email:** [InfoRS@state.sd.us](mailto:InfoRS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-367-5330

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** South Dakota

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **Service to the Blind and Visually Impaired offered at South Dakota Department of Human Services**

811 E. 10th Street, Department 21, Sioux Falls, SD 57103

**Website:** <https://dhs.sd.gov/en/sbvi> **Email:** [InfoSBVI@state.sd.us](mailto:InfoSBVI@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-367-5330

**Eligibility:** Must be blind, low vision, or visually impaired, plan to obtain or maintain employment, and would benefit from services.

**Coverage Area:** South Dakota

State agency that works with individuals who are blind and or visually impaired in the area of employment and independent living.

### **South Dakota Rehabilitation Center for the Blind offered at South Dakota Department of Human Services**

811 E. 10th Street, Department 21, Ste 101, Sioux Falls, SD 57103

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-367-5330

**Eligibility:** Individuals who have a vision loss creating difficulty for them at home or work. Individuals are referred by a rehabilitation counselor or teacher.

**Coverage Area:** South Dakota

The SD Rehabilitation Center for the Blind assist individuals to learn how low vision or non-sighted skills can enhance to improve independence.

### **Support Services offered at South Dakota Deaf Resource & Outreach Programs**

524 N. Sycamore Avenue, Suite 2, Sioux Falls, SD 57110

**Website:** [sddrop.org](http://sddrop.org) **Email:** [Programs@sddrop.org](mailto:Programs@sddrop.org)

**Hours:** 11:30am - 4:00pm (CT), Monday - Thursday, other hours by appointment

**Phone:** 605-362-2618

**Eligibility:** Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

**Coverage Area:** South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

### **National Farmworker Jobs Program offered at Black Hills Special Services Cooperative**

5301 S Sycamore Avenue, Sioux Falls, SD 57108

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-610-4981

**Eligibility:** Individuals and families who have done any farm or ranch work in the last 2 years

**Coverage Area:** South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

1501 S. Highline Avenue, Suite 1D, Sioux Falls, SD 57110

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

**Phone:** 605-367-5300

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

904 E. Cherry Street, Vermillion, SD 57069

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule

**Phone:** 605-773-3372

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Senior Community Service Employment Program offered at National Indian Council on Aging**

8500 Manual Boulevard N.E., Suite B-470, Albuquerque, NM 87112

**Hours:** Call for information.

**Phone:** 505-292-2001

**Eligibility:** Low income people aged 55 and older

**Coverage Area:** Counties of: Aurora, Buffalo, Beadle, BonHomme, Brookings, Brown, Brule, Campbell, Charles Mix, Clark, Clay, Codington, Corson, Custer, Davison, Day, Dewey, Douglas, Deuel, Fall River, Faulk, Grant, Gregory, Haakon, Hamlin, Hughes, Hutchinson, Hyde, Jackson, Jerauld, Jones, Kingsbury Lake, Lawrence, Lincoln, Marshall, McCook, McPherson, Meade, Mellette, Miner, Minnehaha, Moody, Oglala, Pennington, Perkins, potter, Roberts, Sanborn, Stanley, Todd, Tuner, Union, Walworth, Yankton, Ziebach

Helps elders find work, develop new skills, new talents, and earn income by participating in a on-the-job training and employment program.

## **Family/Parenting/Child Care**

### **Pregnancy Support Services - Rapid City offered at Birthright**

2002 5th Street, Rapid City, SD 57701

**Website:** [www.facebook.com/profile.php?id=100070412975938](http://www.facebook.com/profile.php?id=100070412975938)

**Email:** [rapidcity@birthright.org](mailto:rapidcity@birthright.org)

**Hours:** 1:00pm- 3:00pm (MT), Monday, Wednesday, Friday

**Phone:** 605-343-1732

**Eligibility:** Open to all

**Coverage Area:** Black Hills area

Provides women free and confidential pregnancy tests, emotional support, prenatal information, and referrals.

### **Community Outreach offered at Volunteers of America, Northern Rockies**

111 New York Street, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday (including weekday holidays)

**Phone:** 605-341-8336

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Offers access to crisis intervention, emergency resources, and case management support for those living in poverty. Some diapers, formula, and children's clothing available dependent on community donations.

### **Mommy's Closet offered at Volunteers of America, Northern Rockies**

111 New York Street, Rapid City, SD 57701

**Hours:** Walk in Hours: 11:00am - 4:00pm (MT), Monday, Tuesday, Thursday, Friday Case management by appointment

**Phone:** 605-341-8336

**Eligibility:** Anyone in need of baby diapering supplies or child/adult incontinence products

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Provides case management services to parents and guardians of children under 5 to problem-solve areas surrounding housing, education, employment and general finances. Provides diapers, wipes, child safety seats, clothing and formula.

### **Pregnancy Resources offered at Black Hills Pregnancy Center**

1774 Center Street, Suite 1, Rapid City, SD 57703

**Website:** [blackhillspregnancycenter.com](http://blackhillspregnancycenter.com) **Email:** [blackhillspregnancycenter@gmail.com](mailto:blackhillspregnancycenter@gmail.com)

**Hours:** 9:00am - 5:00pm (MT), Monday - Friday Helpline: 24 hours a day / 7 days a week

**Phone:** 605-341-4477

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Provides all services free: pregnancy testing, limited ultrasound, pre-natal vitamins, local support, community referrals, maternity and infant clothing, and parenting classes.

### **Preschool Scholarships offered at Starting Strong Rapid City**

3645 Sturgis Road, Suite 110, Rapid City, SD 57702

**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday

**Phone:** 605-342-6464

**Eligibility:** 3 and 4 year old children

**Coverage Area:** Rapid City Area School district boundaries

Provides preschool scholarships to children from economically disadvantaged families in Rapid City. Children that receive scholarships can choose from 5 different area preschools.

### **Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

3645 Sturgis Road, Suite 110, West Region Distributing Agency - Early Childhood Connections, Rapid City, SD 57702

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)

**Hours:** 8:00am - 4:30pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday Call to schedule an appointment to ensure seat availability.

**Phone:** 888-999-7759

**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

### **Great Plains Injury Prevention Program, The offered at Great Plains Tribal Leaders Health Board**

2611 Elderberry Boulevard, Rapid City, SD 57703

**Website:** <https://gptchb.org/> **Email:** [info@gptchb.org](mailto:info@gptchb.org)

**Hours:** Call for information

**Phone:** 605-721-1922

**Eligibility:** Children 0 - years old who are members of the following tribes: Cheyenne River Sioux Tribe Crow Creek Sioux Tribe Flandreau Santee Sioux Tribe Lower Brule Sioux Tribe Mandan, Hidatsa & Arikara Nation (Three Affiliated Tribes) Oglala Sioux Tribe Omaha Tribe of Nebraska Ponca Tribe of Nebraska Rosebud Sioux Tribe Sac & Fox Tribe Santee Sioux Tribe of Nebraska Sisseton-Wahpeton Oyate Spirit Lake Tribe Standing Rock Sioux Tribe Trenton Indian Service Area Turtle Mountain Band of Chippewa Indians Winnebago Tribe of Nebraska Yankton Sioux Tribe

**Coverage Area:** 18 tribes and tribal communities in the four-state region of South Dakota, North Dakota, Nebraska and Iowa Working to reduce motor vehicle crash injuries among children 0-8 years old in the Great Plains Tribal region.

### **Earn While You Learn offered at Bella Pregnancy Resource Center**

119 E. Grant Street, Suite 2, Spearfish, SD 57783

**Website:** [www.bellapregnancy.com](http://www.bellapregnancy.com) **Email:** [info@bellapregnancy.com](mailto:info@bellapregnancy.com)

**Hours:** 12:00noon - 5:00pm (MT), Monday, Wednesday 10:00am - 3:00pm (MT), Tuesday, Thursday

**Phone:** 605-642-4140

**Eligibility:** Any expectant parent or any parent who has an infant or toddler

**Coverage Area:** Counties of Butte, Harding, Lawrence, Meade, and Pennington

An educational program designed to help parents become the best parents they can be

### **Pregnancy Resources offered at Black Hills Pregnancy Center**

118 Chanku Waste Drive, Porcupine, SD 57772

**Website:** [blackhillspregnancycenter.com](http://blackhillspregnancycenter.com)      **Email:** [blackhillspregnancycenter@gmail.com](mailto:blackhillspregnancycenter@gmail.com)

**Hours:** 8:00am - 4:00pm (MT), Monday, Tuesday, Thursday

**Phone:** 605-223-0852

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Provides all services free: pregnancy testing, limited ultrasound, pre-natal vitamins, local support, community referrals, maternity and infant clothing, and parenting classes.

### **Child Care Assistance offered at South Dakota Department of Social Services**

700 Governors Drive, Pierre, SD 57501

**Website:** [www.dss.sd.gov/childcare](http://www.dss.sd.gov/childcare)      **Email:** [CCS@state.sd.us](mailto:CCS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-773-4766

**Eligibility:** Visit <https://dss.sd.gov/childcare/childcareassistance/eligible.aspx> or call for information

**Coverage Area:** South Dakota

Provides financial help for child care costs for families who are working and/or going to school.

### **Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

2905 3rd Avenue, S.E., Aberdeen, SD 57401

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/>      **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-226-5675

**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

### **Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

1057 8th Street, Pugsley Center, Room 201, Northeast Region Distributing Agency - Child & Family Resource Network, Brookings, SD 57007

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/>      **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-688-5730

**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

### **Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

5015 S. Western Avenue, Suite 120, Sioux Falls, SD 57108

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/>      **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Please make an appointment for installation and education.

**Phone:** 605-312-8390

**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

## **Vehicle Safety Hotline - National Highway Traffic Safety Administration offered at United States Department of Transportation**

1200 New Jersey Avenue, S.E., Washington, DC 20590

**Hours:** Office Hours: 8:00am - 8:00pm (ET), Monday - Friday (excludes Federal Holidays)

**Phone:** 888-327-4236

**Eligibility:** Open to all

**Coverage Area:** United States

A hotline set up for individuals to report problems regarding auto safety or child safety seats. Information can be obtained about auto safety and auto recalls in the United States.

## **Financial**

### **Human Services offered at Pennington County**

321 Kansas City Street, Suite 100, Care Campus, Rapid City, SD 57701

**Hours:** Office hours: 6:30am - 5:00pm (MT), Monday - Friday (excluding holidays)

**Phone:** 605-394-2156

**Eligibility:** Pennington County residents who meet the eligibility criteria established in state statute and county guidelines.

**Coverage Area:** Pennington County

Eligibility based assistance with rent, utilities, transportation for work or medical appointments, pre-approved medical expenses including most prescription medications, emergency hospitalization, and qualified burial or cremation expenses. Anyone who receives assistance will have a lien filed in their name for that amount and will be responsible for repayment of that lien to the County.

### **Counseling Services offered at Jetson Counseling**

1301 W. Omaha Street, Suite 220, Rapid City, SD 57701

**Website:** [www.jetsoncounseling.com](http://www.jetsoncounseling.com) **Email:** [jetsond@yahoo.com](mailto:jetsond@yahoo.com)

**Hours:** 9:00am - 6:00pm (MT), Monday - Wednesday Workshops, trainings, and paid speaking engagements are available Thursday - through Sunday

**Phone:** 605-718-5500

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City but serving South Dakota and Montana via telehealth.

Individual, couples, marriage, family, group counseling, and workshops focusing on areas such as co-dependency, sexuality, depression, anxiety, sexual abuse trauma, mild traumatic brain injury, relationship issues, boundaries, and financial therapy / coaching.

### **Personal Financial Resources and Counseling offered at Black Hills Community Loan Fund**

1764 Centre Street, Suite 1, Rapid City, SD 57703

**Website:** [www.bhclf.org](http://www.bhclf.org) **Email:** [info@bhclf.org](mailto:info@bhclf.org)

**Hours:** Call Tuesday, Wednesday, or Thursday for an appointment

**Phone:** 605-519-5124

**Eligibility:** Open to all who are 18 or older

**Coverage Area:** Five Counties: Butte, Custer, Fall River, Meade, and Pennington

BHCLF is a resource for Financial education and literacy. BHCLF hosts Financial Skills for Families classes as well as does financial counseling.

### **Financial and Housing Counseling offered at Consumer Credit Counseling Service of the Black Hills**

2310 N. Maple Avenue, Rapid City, SD 57701

**Website:** [www.cccsbh.com](http://www.cccsbh.com) **Email:** [info@cccsbh.com](mailto:info@cccsbh.com)

**Hours:** 8:00am - 5:00pm (MT), Monday, Tuesday, Thursday 8:00am - 8:30pm (MT), Wednesday 8:00am - 3:00pm (MT), Friday

**Phone:** 605-348-4550

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota, Pierre, Wyoming

Counseling services helps individuals develop a plan to address their financial situation by reviewing income, budget, and current creditors. Debt Management can lower debt payments and variety of education programs help consumers make informed financial decisions. Also has housing counseling and bankruptcy services.

### **Debt Management offered at Consumer Credit Counseling Service of the Black Hills**

2310 N. Maple Avenue, Rapid City, SD 57701

**Website:** [www.cccsbh.com](http://www.cccsbh.com)      **Email:** [info@cccsbh.com](mailto:info@cccsbh.com)

**Hours:** 8:00am - 5:00pm (MT), Monday, Tuesday, Thursday 8:00am - 8:30pm (MT), Wednesday 8:00am - 3:00pm (MT), Friday

**Phone:** 605-348-4550

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Provides lower debt payments and many creditors reduce interest rates and eliminate late fees.

### **Financial Education offered at Consumer Credit Counseling Service of the Black Hills**

2310 N. Maple Avenue, Rapid City, SD 57701

**Website:** [www.cccsbh.com](http://www.cccsbh.com)      **Email:** [info@cccsbh.com](mailto:info@cccsbh.com)

**Hours:** 8:00am - 5:00pm (MT), Monday, Tuesday, Thursday 8:00am - 8:30pm (MT), Wednesday 8:00am - 3:00pm (MT), Friday

**Phone:** 605-348-4550

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota, Pierre

CCCS offers a variety of education programs and information to help you make informed financial decisions and live better.

### **Debt Management offered at Pioneer Credit Counseling**

3620 Homestead Street, Suite 1, Rapid City, SD 57703

**Website:** [www.pioneercredit.com](http://www.pioneercredit.com)      **Email:** [service@pioneercredit.com](mailto:service@pioneercredit.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-348-1608

**Eligibility:** Open to all

**Coverage Area:** Pennington County

Offers debt management programs, financial counseling, bankruptcy counseling, and housing counseling.

### **Home Repair Assistance offered at NeighborWorks Dakota Home Resources**

795 Main Street, Deadwood, SD 57732

**Website:** [www.neighborworksdhr.org](http://www.neighborworksdhr.org)      **Email:** [info@nwdhr.org](mailto:info@nwdhr.org)

**Hours:** 8:00am - 12:00noon;1:00pm - 5:00pm (MT), Monday - Friday Summer hours (Memorial Day - Labor Day): 8:00am - 5:00pm (MT), Monday - Thursday;8:00am - 12:00noon (MT), Friday

**Phone:** 605-578-1401

**Eligibility:** Low to moderate income residents of western South Dakota

**Coverage Area:** Western SD including Butte, Custer, Fall River, Lawrence, Meade, and Pennington Counties.

Helping families, buy, fix, and keep their homes through credit counseling, home-buyer education, foreclosure prevention, down payment and closing cost assistance.

### **Housing Authority offered at Oglala Sioux Tribe Partnership for Housing, Inc.**

4 Fraggie Rock Street, Pine Ridge, SD 57770

**Email:** [ostph@yahoo.com](mailto:ostph@yahoo.com)

**Hours:** 8:00am - 4:30pm (MT), Monday - Friday

**Phone:** 605-867-1555

**Eligibility:** Open to all

**Coverage Area:** Counties of Bennett, Custer, Fall River, Jackson, Oglala Lakota, and Pennington.

Provides the following services - Housing counseling, Credit counseling, Support services and referrals, Veterans' assistance, Homebuyer programs, Rehab assistance, Food security assistance, and Small business counseling.

### **Small Business Assistance offered at Four Bands Community Fund, Inc.**

412 S. Main Street, Eagle Butte, SD 57625

**Website:** [www.fourbands.org](http://www.fourbands.org) **Email:** [info@fourbands.org](mailto:info@fourbands.org)

**Hours:** 9:00am - 4:00pm (MT), Monday - Friday

**Phone:** 605-964-3687

**Eligibility:** Open to all potential and existing Native American owned businesses in South Dakota

**Coverage Area:** Counties of Dewey and Ziebach, and all potential and existing Native American owned businesses in South Dakota

Providing business training/coaching, financial empowerment coaching, and lending to potential and existing Native American owned businesses in South Dakota.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

33 Third Street S.E., Suite 202, Cornerstones Career Learning Center, Huron, SD 57350

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

110 6th Avenue S.E., Suite 200, Aberdeen, SD 57401

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

403 N. Lawler Street, Suite 206, 2nd Floor, Mitchell, SD 57301

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** By appointment

**Phone:** 605-330-2700

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

1424 9th Avenue S.E., Suite 7, Watertown, SD 57201

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

920 Broadway Avenue, Suite 1, Yankton, SD 57078

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** 8:00am - 8:00pm (CT), Monday - Thursday 8:00am - 5:00pm (CT), Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

### **Homeownership Education and Housing Counseling offered at GROW South Dakota**

104 Ash Street E., Sisseton, SD 57262

**Website:** [www.growsd.org](http://www.growsd.org) **Email:** [info@growsd.org](mailto:info@growsd.org)

**Hours:** 8:00am - 4:30pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday

**Phone:** 605-698-7654

**Eligibility:** Open to anybody

**Coverage Area:** South Dakota

GROW South Dakota is a HUD approved Housing Counseling agency and Housing Education Resource Organization (HERO) offering individual and online education for home ownership. Also offers one on one pre-purchase, rental counseling, and financial management for homeowners.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

752 22nd Avenue S., Brookings, SD 57006

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

### **Housing Opportunities for People with AIDS offered at Sioux Falls Housing and Redevelopment Commission**

630 S. Minnesota Avenue, Sioux Falls, SD 57104

**Website:** [www.siouxfallshousing.org](http://www.siouxfallshousing.org) **Email:** [sfhrc@siouxfallshousing.org](mailto:sfhrc@siouxfallshousing.org)

**Hours:** Office Hours: 7:30am - 5:00pm (CT), Monday - Thursday. Walk-in hours are available from 11:00am - 12:00noon (CT);2:00pm - 3:00pm (CT) Monday - Thursday for anyone to talk with a caseworker. Office will be closed to the public from 1:00pm - 2:00pm (CT), daily.

**Phone:** 605-332-0704

**Eligibility:** Serves persons who are diagnosed with HIV/AIDS and meet income limitations.

**Coverage Area:** South Dakota

Provides short or long term rental assistance and mortgage payment assistance to persons who are diagnosed with HIV/AIDS and meet income limitations.

### **Housing Education Programs offered at Sioux Empire Housing Partnership, Inc.**

200 N. Phillips Avenue, Suite 200, Suite 200, Sioux Falls, SD 57104

**Website:** [www.siouxempirehousing.org](http://www.siouxempirehousing.org) **Email:** [sehp@siouxfalls.com](mailto:sehp@siouxfalls.com)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Evening sessions and Saturday classes available once a month

**Phone:** 605-339-0942

**Eligibility:** Individuals interested in homeownership or rental education, financial literacy and establishing or rebuilding credit. Youth seeking financial literacy and establishing credit.

**Coverage Area:** South Dakota

Sioux Empire Housing Partnership (SEHP) offers housing education programs, such as Homebuyer & Rental Education, Financial Literacy and Debt Management, and Credit Review Services.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

705 E. 41st Street, Suite 100, Sioux Falls, SD 57105

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/>

**Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

### **Foreclosure and Prevention Services offered at Foreclosure International Group**

3900 Crown Road, Suite 16533, Atlanta, GA 30321

**Website:** <https://figww.com/>

**Email:** [info@figww.com](mailto:info@figww.com)

**Hours:** Website available 24 hours a day / 7 days a week. Call Center staff is also available 24 hours a day / 7 days a week. 9:00am - 8:00pm (CT), Monday - Friday 9:00am - 3:00pm (CT), Saturdays

**Phone:** 770-256-7881

**Eligibility:** Open to all. Must have income coming in.

**Coverage Area:** United States

Helps prevent foreclosures on homes and rental evictions. Services include restructuring loan with the lender, mortgage renewals, refinancing, home sales, and shore sales.

### **Debt Counseling Helpline offered at CareConnect USA**

2019 Sandy Pond Lane, Waxhaw, NC 28173

**Website:** <https://careconnectusa.org/debt-relief-help-line/>

**Email:** [info@careconnectusa.org](mailto:info@careconnectusa.org)

**Hours:** 9:00am - 6:00pm (ET), Monday - Saturday

**Phone:** 800-453-1738

**Eligibility:** Must have unsecured (credit card) debt and a willingness to receive counseling.

**Coverage Area:** United States

A state compliant and authorized agency to contact creditors for those struggling with credit card debt. This program may be able to arrange for reductions in interest rates, waive late fees, back interest, and in some cases reduce principal balances.

### **Bankruptcy Advice Helpline offered at CareConnect USA**

2019 Sandy Pond Lane, Waxhaw, NC 28173

**Website:** <http://careconnectusa.org/free-bankruptcy-advice/>

**Email:** [info@careconnectusa.org](mailto:info@careconnectusa.org)

**Hours:** 9:00am - 8:00pm (ET), Monday - Saturday

**Phone:** 800-379-0985

**Eligibility:** Must have burdensome debt without ability to pay it back in a timely manner.

**Coverage Area:** United States

Free Bankruptcy Advice Hotline 800-379-0985.

### **Private Student Loan Relief Helpline offered at CareConnect USA**

2019 Sandy Pond Lane, Waxhaw, NC 28173

**Website:** [careconnectusa.org/private-student-loan-relief](http://careconnectusa.org/private-student-loan-relief)

**Email:** [info@careconnectusa.org](mailto:info@careconnectusa.org)

**Hours:** 8:00am - 5:00pm (ET), Monday - Friday

**Phone:** 888-669-1064

**Eligibility:** Open to student loan borrowers who have private loans through a bank or credit union.

**Coverage Area:** Nationwide

A helpline for student loan borrowers who have a private loan from a bank or credit union.

## **Financial Assistance for Military Families offered at American Red Cross - Minnesota and Dakota Regions**

No Physical Address

**Website:** <https://www.redcross.org/get-help/military-families/financial-assistance.html>

**Hours:** 24 hours a day / 7 days a week

**Phone:** 877-272-7337

**Eligibility:** Active duty service members and their immediate family, members of the activated National Guard or Reserve Unit and their immediate family members, and military retiree or spouse/widow(er) of a retiree.

**Coverage Area:** State of South Dakota

The American Red Cross works in partnership with Military Aid Societies to provide financial assistance to eligible applicants.

## **Food**

### **Food Program offered at Fork Real Community Cafe, Inc.**

507 Main Street, Suite 101, Rapid City, SD 57701

**Hours:** Breakfast: 8:30am - 1:30pm (MT), Monday - Friday Lunch: 11:00am - 1:30pm (MT), Monday - Friday Closed on weekends Office hours: 9:00am - 3:00pm (MT), Monday - Friday

**Phone:** 605-718-5020

**Eligibility:** 14 years of age or older

**Coverage Area:** Rapid City area

A non-profit, pay-what-you-can cafe. People may donate for the meals by cash, credit or volunteer an hour for their meal.

### **Emergency Services offered at Church Response**

30 Main Street, Same building as Cornerstone Rescue Mission, Rapid City, SD 57701

**Website:** <https://www.facebook.com/ChurchResponse/> **Email:** [churchresponsepantry@gmail.com](mailto:churchresponsepantry@gmail.com)

**Hours:** 9:00am - 4:00pm (MT), Monday - Friday

**Phone:** 605-342-5360

**Eligibility:** Open to all people with low income

**Coverage Area:** Pennington County and surrounding area if there is no food source closer.

Assists with groceries and food pantry, and funds for birth certificates and picture ID's for the purpose of obtaining employment, housing, or school.

### **Meal Service offered at Cornerstone Rescue Mission**

30 Main Street, Rapid City, SD 57701

**Hours:** Lunch served beginning at 12:00noon (MT), Monday - Friday Dinner served beginning at 6:00pm (MT), Monday - Friday

**Phone:** 605-341-2844

**Eligibility:** Lunch and dinner open to public

**Coverage Area:** Rapid City area

Lunch and dinner open to the public.

### **Free Little Pantry offered at Open Heart United Methodist Church**

202 E. Indiana Street, Open Heart United Methodist Church, Rapid City, SD 57701

**Website:** [www.openheartumc.org](http://www.openheartumc.org) **Email:** [openheartumc@gmail.com](mailto:openheartumc@gmail.com)

**Hours:** Free little pantry: Accessible 24 hours a day, 7 days a week

**Phone:** 605-343-1813

**Eligibility:** Open to all

**Coverage Area:** Pennington County

Free Little Pantry is located in front of the church, on the lawn. Accessible 24 hours a day / 7 days a week.

**Meals on Wheels offered at Minneluzahan Senior Citizen Center**

315 N. 4th Street, Rapid City, SD 57701

**Website:** <https://theminne.org/> **Email:** [minneluzahandirector@gmail.com](mailto:minneluzahandirector@gmail.com)

**Hours:** Office Hours: 8:00am - 3:00pm (MT), Monday - Friday Meals on Wheels: 11:00am - 12:00pm (MT), Monday - Friday

**Phone:** 605-394-6002

**Eligibility:** All ages of adults are welcome to join, members 50 years of age or older have voting rights.

**Coverage Area:** Black Hills area

Offers a weekly community meal for all members and non-members.

**Congregate Meals and Delivery Locations offered at Meals on Wheels Western South Dakota**

1621 Sheridan Lake Road, Suite C, Meals on Wheels Main Office, Rapid City, SD 57702

**Website:** [www.mealsprogram.com](http://www.mealsprogram.com) **Email:** [info@mealsprogram.com](mailto:info@mealsprogram.com)

**Hours:** Office hours: 8:00am - 4:30pm (MT), Monday - Friday

**Phone:** 605-394-6002

**Eligibility:** Seniors, 60 years and older

**Coverage Area:** Belle Fourche, Bison, Custer, Dupree, Edgemont, Faith, Hill City, Hot Springs, Isabel, Kadoka, Lemmon, Martin, Murdo, Philip, Newell, Nisland, Rapid City, Timber Lake, Wall

Weekday lunches to seniors (60+) in congregate settings, and delivered to homes in many towns.

**Daily Meal and Food Pantry offered at Pejuta Waste O'Tipi**

522 Anamosa Street, Rapid City, SD 57709

**Website:** [www.pejuta.org/](http://www.pejuta.org/) **Email:** [pejutawasteotipi@gmail.com](mailto:pejutawasteotipi@gmail.com)

**Hours:** Lunch: 12:00pm - 1:00pm (MT), Monday - Friday Food Pantry: 1:30pm - 4:00pm (MT), Monday - Friday Office Hours: 9:00am - 4:00pm (MT), Monday - Friday

**Phone:** 605-205-5092

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Serves lunch to the most vulnerable relatives with compassion and safety. Also provides a food pantry during the week.

**Nutritional Support offered at Wambli Ska Society**

522 Anamosa Street, Rapid City, SD 57701

**Website:** [www.wambliaska.org](http://www.wambliaska.org) **Email:** [pejutawasteotipi@gmail.com](mailto:pejutawasteotipi@gmail.com)

**Hours:** Lunch: 12:00pm - 1:00pm (MT), Monday - Friday Food Pantry: 1:30pm - 4:00pm (MT), Monday - Friday

**Phone:** 605-348-0247

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Providing lunch and access to a food pantry.

**Sunday Breakfast offered at Salvation Army of the Black Hills**

405 N. Cherry Avenue, 405 N. Cherry Ave., Rapid City, SD 57701

**Hours:** 9:30am (MT), Sundays

**Phone:** 605-342-0982

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

A free breakfast meal is served on Sunday mornings before Bible class and Worship.

**Emergency Services offered at Salvation Army of the Black Hills**

405 N. Cherry Avenue, 405 N. Cherry Ave., Rapid City, SD 57701

**Hours:** Emergency Food: 1:00pm - 4:00pm (MT), Monday - Friday Clothing & Household Vouchers: 1:00pm - 4:00pm (MT), Monday - Friday Utility Assistance: By appointment only. Call to make an appointment.

**Phone:** 605-342-0982

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Serving Western South Dakota through various services, including food programs, worship and spiritual development, material and seasonal assistance, Pathway of Hope, and more.

### **Food Pantry offered at Mother Butler Center Food Pantry**

221 Knollwood, Mother Butler Center, Rapid City, SD 57701

**Website:** [www.rapidcitydiocese.org](http://www.rapidcitydiocese.org)      **Email:** [stisaac@rushmore.com](mailto:stisaac@rushmore.com)

**Hours:** 11:00am - 2:00pm (MT) Monday, Wednesday, and Friday.

**Phone:** 605-343-2165

**Eligibility:** Open to all

**Coverage Area:** Pennington County

A food pantry that consists of non-perishable food items and personal hygiene items.

### **Rapid City Food Calendar offered at Helpline Center - Resource Guides**

No Physical Location, Rapid City, SD 57702

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-339-4357

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

The Rapid City Food Calendar contains information about reoccurring meals, food pantries and food giveaways.

### **Food Pantry offered at Lamb Chop Ministries**

4813 S. Canyon Road, Freedom Motorcycle Church, Rapid City, SD 57702

**Hours:** By appointment only.

**Phone:** 520-300-1093

**Eligibility:** Open to all families who are currently working.

**Coverage Area:** Black Hawk, Piedmont, Summerset, Rapid City

Provides the following to help supplement income: meats, fresh vegetables, fruit, milk, eggs, and canned goods.

### **Food Pantry offered at City of New Underwood**

423 S. A Avenue, New Underwood, SD 57761

**Hours:** 8:00am - 2:00pm (MT), Monday - Thursday Other times as necessary

**Phone:** 605-754-6777

**Eligibility:** Open to all

**Coverage Area:** New Underwood area

Dry food goods are donated to the Food Pantry located at City Hall. Anyone needing food can take what they need/want.

### **Youth Center offered at Boys & Girls Clubs of the Black Hills**

297 Walnut Avenue, Hill City, SD 57745

**Website:** [www.BGCBlackHills.org](http://www.BGCBlackHills.org)      **Email:** [bgcbh@bgcblackhills.org](mailto:bgcbh@bgcblackhills.org)

**Hours:** School year hours: 2:00pm - 7:00pm (MT), Monday - Friday Summer hours: 7:30am - 5:30pm (MT), Monday - Friday

**Phone:** 605-574-2010

**Eligibility:** Club Membership grades K-12; Teen Center open to Middle & High School age Club Prep Pre-K program ages 3 - 6

**Coverage Area:** Custer, Deadwood, Edgemont, Hill City, Hot Springs, Keystone, Lead, Oelrichs, Rapid City, Rochford, Spearfish, and Sturgis.

A youth organization that provides a safe place for kids to go after school and during the summer on week days.

### **Food Pantry offered at Hill City Community Food Pantry, The**

525 Main Street, Little White Church, Hill City, SD 57745

**Email:** [office@thelittlewhitechurch.net](mailto:office@thelittlewhitechurch.net)

**Hours:** 9:00am - 11:00am (MT), Monday and Friday

**Phone:** 605-574-2426

**Eligibility:** Open to those in need

**Coverage Area:** Cities of Hill City, Keystone, and Custer  
Food pantry serving Hill City, Keystone, and Custer. Available 9:00am - 11:00am (MT), Monday and Friday

### **Youth Center offered at Boys & Girls Clubs of the Black Hills**

32 Baltimore Street, Lead, SD 57754

**Website:** [www.BGCBlackHills.org](http://www.BGCBlackHills.org) **Email:** [bgcbh@bgcblackhills.org](mailto:bgcbh@bgcblackhills.org)

**Hours:** School year hours: 2:30pm - 6:30pm (MT), Monday - Friday Summer hours: 7:30am - 5:30pm (MT), Monday - Friday

**Phone:** 605-340-0389

**Eligibility:** Club Membership grades K-12; Teen Center open to Middle & High School age Club Prep Pre-K program ages 3 - 6

**Coverage Area:** Custer, Deadwood, Edgemont, Hill City, Hot Springs, Keystone, Lead, Oelrichs, Rapid City, Rochford, Spearfish, and Sturgis.

A youth organization that provides a safe place for kids to go after school and during the summer on week days.

### **Youth Center offered at Boys & Girls Clubs of the Black Hills**

105 N. River Street, Hot Springs, SD 57747

**Website:** [www.BGCBlackHills.org](http://www.BGCBlackHills.org) **Email:** [bgcbh@bgcblackhills.org](mailto:bgcbh@bgcblackhills.org)

**Hours:** School year hours: 2:30pm - 6:30pm (MT), Monday - Thursday 7:30am - 5:30pm (MT), Friday Summer hours: 7:30am - 5:30pm (MT), Monday - Friday

**Phone:** 605-745-8000

**Eligibility:** Club Membership grades K-12; Teen Center open to Middle & High School age Club Prep Pre-K program ages 3 - 6

**Coverage Area:** Custer, Deadwood, Edgemont, Hill City, Hot Springs, Keystone, Lead, Oelrichs, Rapid City, Rochford, Spearfish, and Sturgis.

A youth organization that provides a safe place for kids to go after school and during the summer on week days.

### **Food Pantry offered at Country Cupboard/Food Pantry**

505 Glenn Street, Wall, SD 57790

**Hours:** Winter Hours (September - May): 1:00pm - 4:00pm (MT), 1st, 2nd, and 3rd Wednesdays of the month 9:00am - 11:00am (MT), 3rd Saturday of the month Summer Hours (May - August): Call for information

**Phone:** 605-279-1045

**Eligibility:** Anyone in Wall and Philip areas.

**Coverage Area:** Wall and Philip areas

The Country Cupboard is a food pantry for those in Wall and Philip areas. The pantry has no income guidelines.

### **HOPE Waiver offered at South Dakota Department of Human Services**

3800 E. Highway 34, Division of Long Term Services and Supports, Hillview Plaza, Pierre, SD 57501

**Website:** <https://dhs.sd.gov/en/ltss/hope-waiver> **Email:** [DakotaAtHome@state.sd.us](mailto:DakotaAtHome@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 833-663-9673

**Eligibility:** Open to those 65 and older or age 18 and older with a qualifying disability

**Coverage Area:** South Dakota

Provides home and community-based services to people who need nursing facility level of care. The waiver allows people age 65 and older, and people age 18 and older who have a qualifying disability, to live at home or in the setting that is most independent for them.

### **Statewide Mobile Food Distribution Program offered at Feeding South Dakota**

Sioux Falls, SD 57107

**Website:** [www.feedingsouthdakota.org/mobile](http://www.feedingsouthdakota.org/mobile) **Email:** [info@feedingsouthdakota.org](mailto:info@feedingsouthdakota.org)

**Hours:** Find locations and schedules on website.

**Eligibility:** When picking up food, guests will be asked to register their household and self-declare their income.

**Coverage Area:** South Dakota

Distributes free food to individuals and families. Visit website to see list of location dates/times in your area.

### **Home Delivered Meals offered at Magic Kitchen**

11310 W. 80th Street, Lenexa, KS 66214

**Website:** [www.magickitchen.com](http://www.magickitchen.com) **Email:** [customer-service@magickitchen.com](mailto:customer-service@magickitchen.com)

**Hours:** Customer Service Hours: 8:00am - 5:00pm (CT), Monday - Friday 9:00am - 2:00pm (CT), Saturdays (with limited answering)

**Phone:** 877-516-2442

**Eligibility:** Open to all.

**Coverage Area:** South Dakota.

Provides home delivered meals via FedEx.

### **Programs and Services offered at Dysphagia Outreach Project, The**

300 W. Carolina Avenue, Suite 9, Ruston, LA 71270

**Website:** [www.dysphagiaoutreach.org](http://www.dysphagiaoutreach.org) **Email:** [team@dysphagiaoutreach.org](mailto:team@dysphagiaoutreach.org)

**Hours:** Online database;monitored daily

**Phone:** 44-321

**Eligibility:** For individuals diagnosed with dysphagia and their caregivers.

**Coverage Area:** United States

Collects and distributes dysphagia supplies to individuals in need, establish a dysphagia awareness advocacy program, provide education services relating to appropriate prescription and use of dysphagia supplies, and assist in establishing a network of interconnected dysphagia support groups across the country.

### **Home-Cooked Meals offered at Lasagna Love**

Williamstown, MA 1267

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides 1 cooked meal per month for families in need;also delivers the meal. Currently, serving South Dakota.

## **Clothing**

### **Thrift Store offered at Cornerstone Rescue Mission**

401 11th Street, Rapid City, SD 57701

**Website:** [www.cornerstonemission.org](http://www.cornerstonemission.org) **Email:** [tsadmin@cornerstonemission.org](mailto:tsadmin@cornerstonemission.org)

**Hours:** 11:00am - 5:00pm (MT), Tuesday - Friday 9:00am - 5:00pm (MT), Saturday

**Phone:** 605-716-2768

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Offers clothing, furniture, household goods, and more available for purchase.

### **Thrift Store offered at Salvation Army of the Black Hills**

621 E. St. Patrick Street, Rapid City, SD 57701

**Hours:** 9:00am - 5:00pm (MT), Tuesday - Saturday

**Phone:** 605-342-8849

**Eligibility:** Open to all

**Coverage Area:** Pennington County and Northern, Southern Hills area

Offers gently used items for sale at bargain prices. Vouchers available at the Salvation Army Social Services Center.

### **Thrift Store offered at We Care Rapid City, Inc.**

401 E. Boulevard North, Rapid City, SD 57701

**Website:** [www.facebook.com/WeCareThriftRapidCity](http://www.facebook.com/WeCareThriftRapidCity) **Email:** [wecarerapidcity@gmail.com](mailto:wecarerapidcity@gmail.com)

**Hours:** 9:00am - 5:00pm (MT), Tuesday - Saturday 11:00am - 5:00pm (MT), Sunday  
**Phone:** 605-716-0256  
**Eligibility:** Open to all  
**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington  
Offers clothing for sale. Vouchers provided as available (identification required).

### **Clearinghouse offered at Love INC of the Black Hills**

414 E. Omaha Street, Rapid City, SD 57701  
**Website:** [www.loveinonline.com](http://www.loveinonline.com)      **Email:** [mail@love-inc.us](mailto:mail@love-inc.us)  
**Hours:** 8:30am - 4:30pm (MT), Monday - Thursday 8:30am - 12:00noon (MT), Friday  
**Phone:** 605-718-5683  
**Eligibility:** Vary by program; see description  
**Coverage Area:** Cities of Rapid City, Box Elder, Black Hawk, Piedmont, and Sommerset  
Earn household items (pots, pans, plates, silverware, linens, or furniture) by volunteering.

### **Rapid City Clothe-a-Kid offered at Love INC of the Black Hills**

414 E. Omaha Street, Rapid City, SD 57701  
**Website:** <https://loveinonline.com/clothe-a-kid/>      **Email:** [mail@love-inc.us](mailto:mail@love-inc.us)  
**Hours:** 8:30am - 4:30pm (MT), Monday - Thursday 8:30am - 12:00noon (MT), Friday  
**Phone:** 605-718-5683  
**Eligibility:** Participants must graduate from a Life INC class to receive Clothe-A-Kid award (cannot miss more than 1 night of class). Participants must also be willing to go shopping with a Love INC volunteer who can assist with kids and shopping during the experience.  
**Coverage Area:** Rapid City School District, Douglas School District & New Underwood School District  
Clothe-A-Kid assists families in need or struggling financially to obtain school clothing.

### **Thrift Store offered at Goodwill of the Great Plains**

611 Lindbergh Avenue, Rapid City, SD 57701  
**Hours:** 9:00am - 9:00pm (MT), Monday - Saturday 10:00am - 6:00pm (MT), Sunday  
**Phone:** 605-737-3955  
**Eligibility:** Open to all  
**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.  
Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Employment Support offered at Western South Dakota Community Action**

1844 Lombardy Drive, Rapid City, SD 57703  
**Website:** [www.wsdca.org](http://www.wsdca.org)      **Email:** [wsdcap@rapidcity.com](mailto:wsdcap@rapidcity.com)  
**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday Direct services hours: 8:30am - 4:30pm (MT), Monday - Friday  
**Phone:** 605-348-1460  
**Eligibility:** Call for information  
**Coverage Area:** Counties of Bennett, Butte, Custer, Fall River, Harding, Jackson, Lawrence, Meade, Pennington, Corson, Dewey, Haakon, Perkins, and Ziebach  
Program offers grants up to \$250.00 which enables clients to accept work that requires tools, uniforms, licenses, etc.

### **Household Items offered at Western South Dakota Community Action**

1844 Lombardy Drive, Rapid City, SD 57703  
**Website:** [www.wsdca.org](http://www.wsdca.org)      **Email:** [info@wsdca.org](mailto:info@wsdca.org)  
**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday Direct services hours: 8:30am - 4:30pm (MT), Monday - Friday  
**Phone:** 605-348-1460  
**Eligibility:** Call for information. Personal care items are available for income eligible clients who are currently signed up.  
**Coverage Area:** Counties of Bennett, Butte, Corson, Custer, Dewey, Fall River, Haakon, Harding, Jackson, Lawrence, Meade, Pennington, Perkins, and Ziebach  
Offers a thrift store, medical equipment lending, and air conditioners to those who are income eligible.

**Thrift Store offered at Club for Boys, The**

960 Cambell Street, Rapid City, SD 57701

**Website:** [www.theclubforboys.org](http://www.theclubforboys.org)      **Email:** [contact@theclubforboys.org](mailto:contact@theclubforboys.org)

**Hours:** Store Hours: 9:00am - 6:00pm (MT), Monday - Friday 9:00am - 5:00pm (MT), Saturday Donation Drop Off: 9:00am - 1:00pm (MT), Monday - Saturday

**Phone:** 605-341-8878

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Offers low cost household goods, clothing, furniture, and more.

**Thrift Store offered at Goodwill of the Great Plains**

611 Timmons Boulevard, Rapid City, SD 57703

**Hours:** 9:00am - 9:00pm (MT), Monday - Saturday 10:00am - 6:00pm (MT), Sunday

**Phone:** 605-731-1930

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

**Free Thrift Store and Donations offered at Twin City Clothing Center**

306 W. Main Street, Lead, SD 57754

**Hours:** 10:00am - 4:00pm (MT), Monday, Friday 12:00noon - 6:00pm (MT), Wednesday

**Phone:** 605-717-0739

**Eligibility:** Open to all

**Coverage Area:** West River South Dakota

A volunteer based organization that collects and processes clothing and household goods for placement in a free-cycling setting resembling a retail store.

**Employment Support offered at Western South Dakota Community Action**

41 5th Avenue, Belle Fourche, SD 57717

**Website:** [www.wsdca.org](http://www.wsdca.org)      **Email:** [wsdcap@rapidcity.com](mailto:wsdcap@rapidcity.com)

**Hours:** Call for information.

**Phone:** 605-348-1460

**Eligibility:** Call for information

**Coverage Area:** Counties of Bennett, Butte, Custer, Fall River, Harding, Jackson, Lawrence, Meade, Pennington, Corson, Dewey, Haakon, Perkins, and Ziebach

Program offers grants up to \$250.00 which enables clients to accept work that requires tools, uniforms, licenses, etc.

**Employment Support offered at Western South Dakota Community Action**

212 Bennett Avenue, Martin, SD 57551

**Website:** [www.wsdca.org](http://www.wsdca.org)      **Email:** [wsdcap@rapidcity.com](mailto:wsdcap@rapidcity.com)

**Hours:** 9:00am - 3:00pm (MT), Tuesday, Thursday

**Phone:** 605-515-7885

**Eligibility:** Call for information

**Coverage Area:** Counties of Bennett, Butte, Custer, Fall River, Harding, Jackson, Lawrence, Meade, Pennington, Corson, Dewey, Haakon, Perkins, and Ziebach

Program offers grants up to \$250.00 which enables clients to accept work that requires tools, uniforms, licenses, etc.

**Thrift Store offered at Goodwill of the Great Plains**

1902 Eastgate Avenue, Pierre, SD 57501

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-494-3033

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

424 S. Brown County Highway 19, Aberdeen, SD 57401

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-225-0822

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

1415 W. Haven, Unit 6, Mitchell, SD 57301

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-996-3640

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

2508 Fox Run Parkway, Yankton, SD 57078

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-665-8847

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

2318 9th Avenue S.E., Watertown, SD 57201

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-886-6379

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

625 Main Avenue, Brookings, SD 57006

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-692-2085

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

120 N. Kiwanis Avenue, Sioux Falls, SD 57104

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-334-2028

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Gender-Diverse Clothing Closet offered at Transformation Project, The**

500 N. Western Avenue, Suite 300, Sioux Falls, SD 57104

**Website:** [www.transformationprojectsd.org](http://www.transformationprojectsd.org)

**Email:** [info@transformationprojectsd.org](mailto:info@transformationprojectsd.org)

**Hours:** Check website for appointment availability.

**Phone:** 605-836-3105

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Providing Transgender & Gender Diverse individuals in need of clothing a meeting with a personal stylist to choose clothing, shoes and accessories and take home a week's worth at no cost to them.

### **Stand Down Events offered at United States Department of Veterans Affairs**

2501 W. 22nd Street, Sioux Falls, SD 57105

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-336-3230

**Eligibility:** Open to veterans.

**Coverage Area:** South Dakota

Provides food, clothing, and health screenings to homeless and at-risk veterans. Also offers referrals for health care, housing solutions, employment, substance use treatment, mental health counseling, and other essential services. Stand Downs are typically 1 to 3 day events.

### **Thrift Store offered at Goodwill of the Great Plains**

3400 S. Norton Avenue, Sioux Falls, SD 57105

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-731-1930

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

4701 E. 41st Street, Sioux Falls, SD 57110

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-338-2431

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

700 Bower Street, Vermillion, SD 57069

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-658-3131

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

**Survivor Outreach Services offered at Working Against Violence, Inc.**

527 Quincy Street, Rapid City, SD 57701

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday Shelter/Crisis Line: 24 hours a day / 7 days a week

**Phone:** 605-341-3292

**Eligibility:** Victim of domestic violence, sexual assault, IPV stalking, human trafficking

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Emergency shelter for victims of intimate personal domestic violence, sexual assault, IPV stalking, or human trafficking.

**Men's Shelter offered at Cornerstone Rescue Mission**

30 Main Street, Rapid City, SD 57701

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-341-2844

**Eligibility:** Open to males; anyone under the age of 18 must be accompanied by an adult.

**Coverage Area:** Western South Dakota and Eastern Wyoming

Provides a bed, 3 daily meals, case management, and shower facilities.

**South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

111 New York Street, Volunteers of America, Northern Rockies, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-341-8336

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

**Outreach Advocacy and Support Services offered at Where all Women are Honored - Winyan Wicayuoniahn Oyanke**

2218 Jackson Boulevard, Suite 6, Rapid City, SD 57701

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-391-2609

**Eligibility:** Open to all; serving victims of intimate partner violence (IPV), Sexual Assault, Human Trafficking and Teen Dating Violence.

**Coverage Area:** Counties of Butte, Custer, Dewey, Fall River, Lawrence, Meade, Oglala Lakota, Pennington, Todd, and Ziebach

Services provided are Outreach Advocacy, 24-Hour Crisis Line, Women's Support Group, Women's Re-education, Men's Re-education, Emergency items, Respond to emergency 911 calls with public safety or at the hospital, and Protection Orders.

**South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

506 E. 3rd Street, Pathways Shelter for the Homeless, Rapid City, SD 57078

**Hours:** 9:00am - 5:00pm (CT) Monday - Friday

**Phone:** 605-665-8994

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

**South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

534 Anamosa Street, Wambli Ska, Rapid City, SD 57701

**Hours:** 12:00noon - 8:00pm (MT) Monday - Friday

**Phone:** 605-716-2402

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

706 E. Monroe, Family Connections Center, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-716-0422

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **Arise Youth Center West offered at Lutheran Social Services - Western Region**

3505 Cambell Street, Rapid City, SD 57701

**Website:** <https://lsssd.org/what-we-do/detention-alternatives/>

**Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** Call for information

**Phone:** 605-716-1837

**Eligibility:** Youth ages 10-17

**Coverage Area:** Currently set only to serve Pennington County For Reception Center. Shelter Care in South Dakota upon approval, South Dakota referrals accepted but transportation to the center outside of local area is not typically provided);contact for assistance. Evening Report Center available to local court system referrals.

Provides shelter (up to 21 days) and case management services that attempt to find long term and stable living options for runaway and homeless youth.

### **Transitional Shelter offered at Maggie's House**

15 Wasuya Avenue, Kyle, SD 57752

**Email:** [maggieshousetp@gmail.com](mailto:maggieshousetp@gmail.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-455-1214

**Eligibility:** Ages 17 - 21

**Coverage Area:** South Dakota

Provides a safe and stable environment enriched with culturally appropriate and evidence based services to youth aging out of foster care, trafficked, homeless, parenting teens, and young adults ages 17-21.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

300 S. Courtland Avenue, Rural Office of Community Services, Chamberlain, SD 57325

**Hours:** 9:00am - 3:30pm (CT), Thursday

**Phone:** 605-234-6474

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

58 N. 3rd Avenue, ROCS Lake Andes Office, Lake Andes, SD 57356

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-487-7634

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

107 2nd Street S.W., Rural Office of Community Services, Wagner, SD 57380

**Hours:** 9:00am - 3:00pm (CT), Friday

**Phone:** 605-487-7634

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

201 E. 2nd Avenue, Rural Office of Community Services, Mitchell, SD 57301

**Hours:** 11:00am - 4:30pm (CT), Tuesday - Thursday

**Phone:** 605-996-9626

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

7 W. Kemp, Codington County Community Services, Watertown, SD 57201

**Hours:** 9:00am - 4:00pm (CT), Monday - Friday

**Phone:** 605-882-6286

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

920 Broadway Avenue, Suite 1, Rural Office of Community Services, Yankton, SD 57078

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-665-4559

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

619 5th Avenue, Suite B, Salvation Army, Brookings, SD 57007

**Hours:** 1:00pm - 5:00pm (CT), Monday - Thursday

**Phone:** 605-219-8970

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **Axis180 offered at Volunteers of America, Dakotas**

3201 S. Theodore Avenue, Sioux Falls, SD 57106

**Website:** <https://www.voa-dakotas.org/locations/axis180/>

**Email:** [axis180@voa-dakotas.org](mailto:axis180@voa-dakotas.org)

**Hours:** Office hours: 9:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-366-7803

**Eligibility:** Homeless youth ages 16 - 21

**Coverage Area:** South Dakota

Provides shelter, case management, life skills, and education services to young people ages 16 - 21, who are preparing for independent living. The program provides young people with a safe, supportive environment while they learn the skills necessary to succeed on their own.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

505 N. Western Avenue, Inter-Lakes Community Action Partnership, Sioux Falls, SD 57104

**Hours:** 8:00am - 12:00noon;1:00pm - 4:30pm (CT), Monday - Friday

**Phone:** 605-334-2808

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

630 S. Minnesota Avenue, Sioux Falls, SD 57104

**Hours:** 9:00am - 12:00noon (CT), 2:00pm - 4:00pm (CT), Monday - Thursday

**Phone:** 605-332-0704

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **24/7 Hotline Number offered at Domestic Violence Hotline for South Dakota**

No Physical Address, Sioux Falls, SD 57105

**Hours:** 24 hours a day / 7 days a week

**Phone:** 800-430-7233

**Eligibility:** Open to anyone in a domestic violence situation, friends, or concerned loved ones

**Coverage Area:** South Dakota

Provides support and crisis intervention 24 hours a day / 7 days a week.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

9 Court Street, Rural Office of Community Services, Vermillion, SD 57069

**Hours:** 8:00am - 3:00pm (CT), Monday - Thursday 8:00am - 11:00am (CT), Friday

**Phone:** 605-658-0118

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide assessment and referral system to housing resources for those who are experiencing homelessness or at risk of homelessness. Please fill out the Pre-Assessment questionnaire by clicking on the website link, then clicking on Pre-Assessment which then will bring you to the questionnaire.

### **24/7 Crisis Intervention Safeline offered at National Runaway Safeline**

3141 B N. Lincoln Avenue, Chicago, IL 60657

**Website:** [www.1800RUNAWAY.org](http://www.1800RUNAWAY.org)      **Email:** [info@1800runaway.org](mailto:info@1800runaway.org)

**Hours:** Office hours: 9:00am - 5:00pm (CT), Monday - Friday Hotline hours: 24 hours a day / 7 days a week / 365 days a year

**Phone:** 800-786-2929

**Eligibility:** Youth 21 years of age and under, their families, and concerned adults.

**Coverage Area:** United States

Confidential, 24/7 crisis intervention for runaway and homeless youth and their families.

## **Housing**

### **Transitional Housing offered at OneHeart**

217 Kansas City Street, Suite 100, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-718-9153

**Eligibility:** Minimum requirements include Referral by a Partner Agency, at least 18 years old and 90 days sobriety prior to applying. For a complete list of all requirements visit the How to Enroll page of the website or call.

**Coverage Area:** Rapid City area

The campus offers person-centered, trauma-informed, recovery-oriented care. In return each resident will be expected to create a self-directed income plan and housing plan and agree to live clean and sober.

### **Housing offered at Cornerstone Rescue Mission**

1220 East Boulevard, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-721-9497

**Eligibility:** Homeless and disabled individuals and families

**Coverage Area:** Pennington County

Offers permanent supportive housing for homeless and disabled individuals and families. Case management and referrals/partnerships with area agencies are provided to assist residents to strive for self-sufficiency.

### **Low Income Housing Assistance offered at Pennington County Housing and Redevelopment Commission**

1805 W. Fulton Street, Suite 101, Suite 101, Rapid City, SD 57702

**Website:** [www.pchrc.com](http://www.pchrc.com)      **Email:** [info@pchrc.com](mailto:info@pchrc.com)

**Hours:** 7:30am - 4:30pm (MT), Monday - Friday

**Phone:** 605-394-5350

**Eligibility:** Must meet income guidelines.

**Coverage Area:** Pennington County

Administers various housing assistance programs that promote the development of safe and affordable housing opportunities and encourages self-sufficiency.

### **Full Circle offered at West River Mental Health**

350 Elk Street, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday

**Phone:** 605-343-7262

**Eligibility:** Pregnant and parenting women

**Coverage Area:** Located in Rapid City, but serving residents of South Dakota

A residential substance abuse treatment and prevention program for pregnant and parenting women. Intensive inpatient treatment is offered along with prenatal care, parenting information, case management, and continued care in a residential facility for those who have completed treatment. Also, offers MAT (Medication Assisted Treatment).

### **New Alternatives offered at Lutheran Social Services - Western Region**

120 Philadelphia Street, Rapid City, SD 57701

**Website:** <https://lsssd.org/what-we-do/independent-living-services/>

**Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-791-2405

**Eligibility:** Young adults, ages 18 - 22

**Coverage Area:** South Dakota

An independent living program located in Rapid City that provides housing and a variety of supportive services to young adults ages 18-21 who are living with severe mental illness.

### **Transitional Living offered at Passages Women's Transitional Living**

Rapid City, SD 57701

**Website:** [www.passagesliving.com](http://www.passagesliving.com)

**Email:** [passagesliving@gmail.com](mailto:passagesliving@gmail.com)

**Hours:** Office Hours: 9:00am - 4:00pm (MT), Monday - Friday Program: 24 hours a day / 7 days a week

**Phone:** 605-791-0273

**Eligibility:** Women, age 18+ struggling with drug/alcohol addictions

**Coverage Area:** Rapid City area

Program that works to help women in the following areas: life skills;employment;physical health;relationships and spiritual growth. Each woman who chooses to go through the Passages Transformation Program must pay a program fee;comply with the house rules and attend various classes/trainings.

### **Women and Children's Home offered at Cornerstone Rescue Mission**

301 Fox Run Drive, Rapid City, SD 57701

**Hours:** Intake: 8:00am - 7:00pm (MT), Monday - Sunday

**Phone:** 605-721-7860

**Eligibility:** Women 18 years and older, children with an adult woman (boys older than 12 years of age are not eligible to stay at this facility)

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade, and Pennington

Provides a bed, 3 daily meals, case management, transportation (on a limited basis), laundry, and shower facilities for women and children.

### **Residential Treatment Program offered at New Dawn Center**

19271 SD Highway 79, Vale, SD 57788

**Hours:** Facility is open and staffed 24 hours a day / 7 days a week.

**Phone:** 605-309-5105

**Eligibility:** Men who have completed prior treatment programs, or awaiting admittance to treatment facility

**Coverage Area:** Located in Vale, but serving residents of South Dakota.

Provides transitional, clinically-managed, low-intensity, open-ended residential treatment program. Residents are encouraged to take part in the outdoor operation of the facilities and participate in any of the recreational therapy programs. ASAM level 3.1 transitional substance abuse treatment.

### **Treatment Program offered at Rosebud Sioux Tribe**

719 West BIA, Alcohol Treatment Center, Rosebud, SD 57570

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-747-2342

**Eligibility:** Enrolled member of federally recognized tribe

**Coverage Area:** Located in Rosebud, but serving South Dakota

Culturally sensitive adult and youth outpatient treatment programs and residential alcohol treatment facility. After care programs, youth alcohol and drug assessments, and youth treatment placement.

### **SD Housing Search offered at South Dakota Housing Development Authority**

Pierre, SD 57501

**Website:** <https://www.sdhousing.org/ready-to-rent/housing-locators>      **Email:** [info@sdhda.org](mailto:info@sdhda.org)

**Hours:** Website: 24 hours a day / 7 days a week

**Eligibility:** Open to all

**Coverage Area:** South Dakota

A free housing locator providing information on Section 8 and income based rental units.

### **Housing Assistance offered at South Dakota Housing Development Authority**

3060 E. Elizabeth Street, Pierre, SD 57501

**Website:** [www.sdhousing.org](http://www.sdhousing.org)      **Email:** [info@sdhda.org](mailto:info@sdhda.org)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-773-3181

**Eligibility:** Program guidelines apply

**Coverage Area:** South Dakota

Provides mortgage and down payment assistance, housing construction and rehabilitation, homelessness prevention, and rental assistance.

### **Sober Living Services offered at Reflections Recovery Home**

110 E. 7th Avenue, Redfield, SD 57469

**Website:** [www.reflectionsrecoverysd.com](http://www.reflectionsrecoverysd.com)      **Email:** [reflectionsrecoverysd@gmail.com](mailto:reflectionsrecoverysd@gmail.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-460-2444

**Eligibility:** Men 18 years and older.

**Coverage Area:** United States

A structured sober living home for men centered on residents and providing a healthy environment with shared values of accountability, reflection, growth, and empowerment. With the help of staff, residents encourage each other in long-term sobriety to enable a successful recovery.

### **Stepping Stones Rehabilitation Services offered at Dakota Counseling Institute**

901 S. Miller, Mitchell, SD 57301

**Website:** [www.dakotacounseling.net](http://www.dakotacounseling.net)      **Email:** [info@dakotacounseling.net](mailto:info@dakotacounseling.net)

**Hours:** 8:00am - 5:00pm (CT), Monday - Thursday 8:00am - 2:00pm (CT), Friday to schedule appointment Treatment center is open 24 hours a day / 7 days a week / 365 days a year

**Phone:** 605-995-8180

**Eligibility:** Open to all

**Coverage Area:** Located in Mitchell, but serving residents of South Dakota

Provides professional prevention services, education, assessment, intervention, counseling, referral, group and individual therapy, social detoxification, transitional living and continued care for those affected directly or indirectly by mood-altering chemical use or dependency.

### **Halfway House and Detox Center offered at Human Service Agency**

119 19th Street N.E., Watertown, SD 57201

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-884-0650

**Eligibility:** Halfway House: Males, 18 and over, diagnosed with substance use disorder and mental illness. Detox: Available for males and females, 18 and over. Admission criteria is either currently experiencing intoxication or withdrawal symptoms with the desire for recovery. Crisis Intervention: Available for 18 and over experiencing severe Mental Health crisis or suicidal thought.

**Coverage Area:** Located in Watertown, but serving residents of South Dakota

A therapeutic place of residence for persons suffering from mental illness and chemical dependency. Offering dignity and serenity for chemically dependent and or mentally ill persons to continue the journey of recovery, healing, and wholeness.

### **Governor's House Program offered at GROW South Dakota**

104 Ash Street E., Sisseton, SD 57262

**Website:** [www.growsd.org](http://www.growsd.org)      **Email:** [info@growsd.org](mailto:info@growsd.org)

**Hours:** 8:00am - 4:30pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday

**Phone:** 605-698-7654

**Eligibility:** All programs have varying income guidelines, service areas and eligibility restrictions. Availability and sources of funds may vary.

**Coverage Area:** South Dakota

Home ownership preparation services and Home Buyer Education classes. For eligible individuals/families, down payment/closing cost assistance or low-cost loans for purchasing a home or home improvements may be available.

### **Teen Challenge of the Dakotas**

600 W. 16th Avenue S., Brookings, SD 57006

**Hours:** Office hours: 8:30am - 5:00pm (CT), Monday - Friday

**Phone:** 605-693-9753

**Eligibility:** Men, 18 years and older with life controlling problems such as addictions

**Coverage Area:** Located in Brookings, but serving residents of South Dakota

A residential, Christian discipleship program utilizing biblical principles including faith and genuine repentance to help men (18 years and older) overcome life-controlling problems such as addictions.

### **HUD South Dakota offered at United States Department of Housing and Urban Development**

4301 W. 57th Street, Suite 101, Sioux Falls Field Office, Sioux Falls, SD 57108

**Website:** [www.hud.gov/states/south-dakota](http://www.hud.gov/states/south-dakota)      **Email:** [sd\\_webmanager@hud.gov](mailto:sd_webmanager@hud.gov)

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday. Office is open for visitors 8:30am - 3:30pm (CT), Monday, Wednesday and Thursday. Advisable to call for an appointment as some days staff are working in the field.

**Phone:** 605-330-4223

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides information on low income (subsidized) rental units and public housing authorities.

### **Pregnancy Case Management Services offered at All About U Adoptions**

2101 W. 41st Street, Suite 44, Sioux Falls, SD 57109

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-770-2357

**Eligibility:** Open to all pregnant women choosing adoption

**Coverage Area:** South Dakota, North Dakota, Nebraska

Case management service provided include, scheduling appointments, transportation to/from appointments, health system navigation and resource coordination, health coaching, and housing search assistance.

### **Adoption and Support Services offered at All About U Adoptions**

2101 W. 41st Street, Suite 44, Sioux Falls, SD 57109

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-770-2357

**Eligibility:** Open to all

**Coverage Area:** South Dakota, North Dakota, Nebraska

All About U provides crisis pregnancy counseling, help finding emotional support, help finding necessary resources, emotional support throughout adoption and beyond, and general case management for resources.

### **Residential Program offered at Glory House of Sioux Falls**

4000 S. West Avenue, Sioux Falls, SD 57105

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-332-3273

**Eligibility:** Adult, employable, eligible according to referral agency criteria, willing to comply with rules and programming  
**Coverage Area:** Located in Sioux Falls, but serving residents of South Dakota  
Transitional program provides assistance with employment, money management, recovery from substances, as well as co-occurring conditions assisting the individual in establishing and the continuation of applying these life skills.

### **Marissa's House offered at Call to Freedom**

Sioux Falls, SD 57104

**Website:** [www.calltofreedom.org](http://www.calltofreedom.org)      **Email:** [info@calltofreedom.org](mailto:info@calltofreedom.org)

**Hours:** Call for information

**Phone:** 605-759-3565

**Eligibility:** Women 18+ and their children (call for age specific information) (Victims/Survivors of Human Trafficking and sexual exploitation)

**Coverage Area:** South Dakota

Call to Freedom provides victim-centered responsive services to those who have experienced sexual exploitation and human trafficking. Our Vision is to create a cohesive community model of care and support for victims, bringing communities together while educating and advocating to stop human trafficking.

### **Inmate and Ex-Offender Support Services offered at Hope Prison Ministry**

No Physical Address, Sioux Falls, SD 57104

**Email:** [hopeprisonministry@gmail.com](mailto:hopeprisonministry@gmail.com)

**Hours:** Office hours: 9:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-338-7526

**Eligibility:** State and Federal inmate within 6 months of release that have not been incarcerated prior and have not received assistance previously are eligible for assistance

**Coverage Area:** South Dakota

Helps men and women after release from incarceration by providing them with clothes and resources needed to find food, housing resource information and other items on a one-time basis.

### **House of Grace offered at Kingdom Boundaries Prison Aftercare**

600 W. 12th Street, Sioux Falls, SD 57104

**Website:** [www.kingdomboundaries.org/women1.html#](http://www.kingdomboundaries.org/women1.html#)      **Email:** [office@kingdomboundaries.org](mailto:office@kingdomboundaries.org)

**Hours:** 8:00am - 6:00pm (CT), Monday - Friday

**Phone:** 605-585-4310

**Eligibility:** Can only house women ex-offenders 18 years and older

**Coverage Area:** South Dakota

Transitional housing for up to 20 women. Helps those re-entering society after incarceration with finding employment, clothes, furniture, etc. (based on what is currently available).

### **Inpatient Treatment for Women offered at Volunteers of America, Dakotas**

1310 W. 51st Street, Sioux Falls, SD 57105

**Website:** [www.voa-dakotas.org](http://www.voa-dakotas.org)      **Email:** [info@voa-dakotas.org](mailto:info@voa-dakotas.org)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-334-1414

**Eligibility:** Pregnant and parenting women aged 18 and older are eligible for the New Start for Women program.

**Coverage Area:** Located in Sioux Falls, but serving residents of South Dakota

Offers substance use evaluations for adolescents and adults. The evaluation is the first step in determining if the individual needs further assistance with their substance use.

### **Sober Living Home offered at Oxford House**

No Physical Address, Sioux Falls, SD 57103

**Hours:** Residential services are 24 hours a day / 7 days a week

**Phone:** 605-270-2373

**Eligibility:** Houses for men, women, women and children; no co-ed houses or individuals who are convicted of a sex offence or arson.

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Rapid City, Sioux Falls, Sturgis, and Yankton.

Sober living homes for men, women, and women with children.

### **Rural Development Multi-Family Housing Rentals offered at United States Department of Agriculture**

No Physical Address, , SD

**Hours:** Available online 24 hours a day / 7 days a week

**Phone:** 202-720-1494

**Eligibility:** Website is open to all

**Coverage Area:** South Dakota

Through the website, people who are looking for low-cost rentals, can find units for rent in rural South Dakota. Search based on county or town. Then, contact the property company regarding how to apply. To find apartments in rural areas: 1. Go to [www.rd.usda.gov](http://www.rd.usda.gov) 2. Scroll down on left hand side, it says, Find Rural Rentals 3. Then click on South Dakota in the map 4. Then, select your County.

## **Immigration/Refugee Resources**

### **Community Interpreter Service offered at Lutheran Social Services - Southeast Region**

300 E. 6th Street, Center for New Americans, Sioux Falls, SD 57104

**Website:** <https://lsssd.org/what-we-do/center-for-new-americans/>

**Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** 24 hours a day / 7 days per week

**Phone:** 605-731-2010

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides interpretation and written translation to the major languages and other minor, regional, or tribal dialects. Able to facilitate on-site interpretation, message relay, conference call, written translation, and video interpretation.

### **Language Translation Services offered at LanguageLine Solutions**

1 Lower Ragsdale Drive, Building 2, Monterey, CA 93940

**Website:** [www.language.com](http://www.language.com) **Email:** [customercare@language.com](mailto:customercare@language.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 800-752-6096

**Eligibility:** Open to all

**Coverage Area:** United States, UK, Costa Rica

Provides 24-hour interpreting service as well as translation/localization and video interpreting to over 240 languages.

### **United States Department of Homeland Security**

245 Murray Lane S.W., Washington, DC 20528

**Hours:** Call for information

**Phone:** 202-282-8000

**Eligibility:** Open to all

**Coverage Area:** United States

The Department of Homeland Security Missions include preventing terrorism and enhancing security, managing borders, administering immigration laws, securing cyberspace, and ensuring disaster resilience.

## **Mental Health/Substance Abuse**

### **Counseling Services offered at Esthers Rising**

Rapid City, SD 57701

**Website:** <https://esthersrisingministry.com/free23/>

**Email:** [referrals.esthersrising@protonmail.com](mailto:referrals.esthersrising@protonmail.com)

**Hours:** 8:00am - 6:00pm (MT), Monday - Friday

**Phone:** 605-519-8870

**Eligibility:** Adolescents who are at risk for or have experienced sexual exploitation and/or sex trafficking

**Coverage Area:** South Dakota

Providing trauma-based counseling for adolescents 12 - 17 who have experience or are at risk for sexual exploitation or sex trafficking.

### **Counseling Services offered at Finding Peace Counseling, LLC**

660 Flormann Street, Suite 16, Aspen Centre West, Rapid City, SD 57701

**Hours:** Call for information.

**Phone:** 605-608-1517

**Eligibility:** Adults 18 and over

**Coverage Area:** Located in Rapid City but serving statewide via telehealth.

A mental health service provider for individual therapy. Services include psychological assessments, substance abuse counseling, trauma informed therapy, and cognitive behavioral therapy.

### **Counseling Services offered at Project Recovery**

625 Flormann Street, Rapid City, SD 57701

**Website:** [www.project-recovery.org](http://www.project-recovery.org)

**Email:** [info@project-recovery.org](mailto:info@project-recovery.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday Walk-in assessment hours: 8:00am (MT), Monday, Tuesday, and Thursday

**Phone:** 605-340-1234

**Eligibility:** Call for information.

**Coverage Area:** Located in Rapid City but serving South Dakota via telehealth.

Provides state-accredited addiction treatment services including treatment needs assessments as well as outpatient individual and group treatment options.

### **Counseling Services offered at Crossroads Counseling Services**

809 S. Street, Suite 306, Suite 306, Rapid City, SD 57701

**Hours:** 12:00noon - 6:00pm (MT), Tuesday - Thursday Wednesday are telehealth sessions only.

**Phone:** 605-430-9521

**Eligibility:** Open to all ages 8 - 62.

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington.

Provides counseling services.

### **Mediation and Counseling Services offered at Torno Mediation and Mental Health Services**

730 South Street, Rapid City, SD 57701

**Hours:** By appointment: 8:30am - 5:00pm (MT), Monday - Wednesday 8:30am - 11:30am (MT), Thursday

**Phone:** 605-718-3613

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City, serving South Dakota via telehealth

Court approved divorce and custody mediator, parent coordinator, and custody evaluator. Individual, couples, and family counseling with expertise in blended families, marriage, family counseling, play therapy, trauma, child abuse, post traumatic stress (PTSD), and sexual assault.

### **Counseling Services offered at Healing Trauma Therapy Services**

821 Columbus Street, Suite 5, Rapid City, SD 57701

**Email:** [Bryansatterwhite@healingtraumacare.com](mailto:Bryansatterwhite@healingtraumacare.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-315-7156

**Eligibility:** Ages 2 and up

**Coverage Area:** Rapid City and surrounding area

Specializes in autism, FASD, individual/family therapy, and functional development. Offers mail recipient services for those in-need, as well as an on-site food pantry and hygiene closet for clients only.

### **Counseling Services offered at Psychological Associates of the Black Hills, LLC**

#1, Rapid City, SD 57701

**Website:** [www.pabh.org](http://www.pabh.org)      **Email:** [officemanager@rushmore.com](mailto:officemanager@rushmore.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-348-6500

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City but serving South Dakota via telehealth.

Counseling for individuals, couples, groups, and families for all ages. Other services include play therapy, psychotherapy, relationship counseling and limited neuropsychological assessments.

### **Counseling Services offered at Bosworth Therapy & Consultation Services, Inc.**

420 Quincy Street, Rapid City, SD 57701

**Email:** [galvin63@yahoo.com](mailto:galvin63@yahoo.com)

**Hours:** 10:00am - 7:00pm (MT), Monday - Thursday 10:00am - 6:00pm (MT), Friday 9:00am - 12:00noon (MT), Saturday

Appointments are scheduled hourly

**Phone:** 605-343-7755

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Provides individual, couples, family, and play therapy in person or via telehealth services.

### **Counseling Services offered at Greg Swenson**

529 Kansas City Street, Suite 205, Rapid City, SD 57701

**Email:** [gregswensonphd@gmail.com](mailto:gregswensonphd@gmail.com)

**Hours:** 9:00am - 5:00pm (MT), Monday - Wednesday by appointment

**Phone:** 605-341-5436

**Eligibility:** Open to adults

**Coverage Area:** Located in Rapid City and Black Hills area.

Providing individual and marriage counseling from a Christian perspective, and psychological evaluations. Internet counseling available depending on insurance/third party payment or private pay.

### **Counseling Services - Rapid City offered at Catholic Social Services**

529 Kansas City Street, Suite 100, Rapid City, SD 57701

**Website:** [www.cssrapidcity.com](http://www.cssrapidcity.com)      **Email:** [css@cssrapidcity.com](mailto:css@cssrapidcity.com)

**Hours:** 8:00am - 7:00pm (MT), Monday 8:00am - 5:00pm (MT), Tuesday - Thursday 8:00am - 12:00noon (MT), Friday

**Phone:** 605-348-6086

**Eligibility:** Open to all

**Coverage Area:** All 22 counties of western South Dakota served by telehealth and satellite offices in Spearfish and Pine Ridge.

Licensed professional counselors offer compassionate outpatient therapy for individuals, couples and families to assist people on their journey to health. Services available by telehealth or in-person.

### **Pivot Point offered at West River Mental Health**

308 Quincy Street, Pivot Point, Rapid City, SD 57701

**Hours:** 24 hours a day / 7 days a week mental health crisis care

**Phone:** 605-391-4863

**Eligibility:** Adults 18 years or older

**Coverage Area:** Counties of Bennett, Butte, Custer, Fall River, Harding, Jackson, Meade, Lawrence, Pennington, Perkins, and Oglala Lakota

24/7 access to crisis stabilization for individuals 18+ experiencing a mental health and/or substance abuse crisis. Aftercare services include transitional counseling and case management.

### **Counseling Services offered at Black Hills Mental Health LLC**

521 Kansas City Street, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday. Other appointments available if needed.

**Phone:** 605-791-2500

**Eligibility:** Open to all

**Coverage Area:** Black Hills area

Provide medication management and supportive therapy to children (ages 10 and up), adolescents, and adults.

### **Mental Health and Substance Use Counseling offered at Young Counseling, LLC**

522 7th Street, Suite 202, Buell Building, Rapid City, SD 57701

**Website:** <https://youngcounseling.clientsecure.me/> **Email:** [youngcounselingllc@gmail.com](mailto:youngcounselingllc@gmail.com)

**Hours:** Varies; Please call to schedule an appointment.

**Phone:** 605-416-9904

**Eligibility:** Ages 10 and above

**Coverage Area:** In-person appointments for those living in the Rapid City and surrounding areas. Telehealth options are available for all South Dakota residents.

Provides clinical mental health and addiction counseling for individuals seeking support with emotional, behavioral, and substance-related challenges.

### **Counseling Services offered at Rapid City Counselors**

909 Saint Joseph Street, Suite 201, Ste 05, Rapid City, SD 57701

**Website:** [www.rapidcitycounselor.com](http://www.rapidcitycounselor.com) **Email:** [info@rapidcitycounselors.com](mailto:info@rapidcitycounselors.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-299-9100

**Eligibility:** Open to all 3 years of age and up.

**Coverage Area:** Located in Rapid City and serving South Dakota via Telehealth.

Empowering and inspiring individuals, children, adolescents, families and couples to identify concerns and issues within self and in relationships that impede a healthy, productive life. Research shows that healthy communication in relationships, as well as balancing body, mind, and soul substantiate and enhance one's ability to live a longer, fulfilling life.

### **Counseling Services offered at Cornell Counseling, LLC**

628 1/2 6th Street, Rapid City, SD 57701

**Website:** [www.beckycornellcounseling.com](http://www.beckycornellcounseling.com) **Email:** [beckycornellcounseling@gmail.com](mailto:beckycornellcounseling@gmail.com)

**Hours:** Call for information.

**Phone:** 605-549-5433

**Eligibility:** Open to all ages 16 and up

**Coverage Area:** Rapid City area, but serving South Dakota via telehealth.

Mental health therapy for anxiety, depression, stress, life changes, and relationship issues.

### **Counseling Services offered at Kelly Marker**

No Physical Location, Rapid City, SD 57701

**Website:** <https://choosewellnesscounseling.com/> **Email:** [Kelly@ChooseWellnessCounseling.com](mailto:Kelly@ChooseWellnessCounseling.com)

**Hours:** 1:00pm - 5:00pm (MT), Monday, Tuesday 9:00am - 1:00pm (MT), Wednesday

**Phone:** 605-545-0941

**Eligibility:** Ages 18 - adulthood

**Coverage Area:** Telehealth only for state of South Dakota

Specializes in helping adults reclaim their lives from stress, burnout, compassion fatigue, anxiety, situational depression, and challenges with life transitions.

### **Counseling Services offered at Forward Flow Counseling, LLC**

No Physical Address, Rapid City, SD 57701

**Hours:** Call or email to schedule an appointment.

**Phone:** 605-223-0813

**Eligibility:** Open to all adults 18 and over

**Coverage Area:** South Dakota

Telehealth Counseling Services include Individual Counseling, Parent Counseling, Grief/Bereavement Counseling, Family Counseling, Hoarding Counseling, Dialectical Behavioral Therapy, Cognitive Behavioral Therapy, and Trauma Informed Therapy.

### **Residential Treatment Services offered at Abbott House**

No Physical Location, Rapid City, SD 57701

**Website:** <https://www.abbotthouse.org/residential-treatment/>

**Email:** [info@abbotthouse.org](mailto:info@abbotthouse.org)

**Hours:** Residential services: 24 hours a day / 7 days a week

**Phone:** 605-996-2486

**Eligibility:** Young Women ages 7 to 17

**Coverage Area:** South Dakota

Provides two Psychiatric Residential Treatment Facilities (PRTF) for young women in nurturing, trauma-informed settings. The program offers an array of therapeutic services such as evidence-based trauma informed programming, special education schooling, individual therapy, group therapy, alcohol and drug treatment, and independent living skills.

### **Homeless Outreach Clinic offered at Complete Health**

30 Main Street, Corner Stone Rescue Mission, Rapid City, SD 57701

**Website:** <https://www.completehealthsd.care/outreach/healthcare-for-everyone/>

**Hours:** Vary, call for information.

**Phone:** 605-721-8939

**Eligibility:** Serves people who lack stable housing.

**Coverage Area:** Rapid City area

Provides primary health services free of charge for the homeless.

### **Counseling Services offered at Thorn Counseling**

1301 W. Omaha Street, Suite 220, Rapid City, SD 57701

**Email:** [jetsonea@yahoo.com](mailto:jetsonea@yahoo.com)

**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday

**Phone:** 605-716-9944

**Eligibility:** Open to all ages

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Provides individual, marital, family, and group counseling for depression, anxiety, marital issues, and trauma.

### **Counseling Services offered at Rising Hope Counseling, LLC**

1301 W. Omaha Street, Suite 225, Rapid City, SD 57701

**Website:** <https://risinghope.com/>

**Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Christian Counseling & Ministries of the Black Hills**

1719 W. Main, Suite 109, Rapid City, SD 57702

**Hours:** Monday;Wednesday - Friday By appointment.

**Phone:** 605-342-9333

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City but serves South Dakota via telehealth.

Individual, couples, and family counseling for all ages.

### **Counseling Services offered at Understood Therapy**

1719 W. Main Street, Suite 208, Rapid City, SD 57702

**Website:** [www.understoodtherapy.org](http://www.understoodtherapy.org)

**Email:** [understoodtherapy@yahoo.com](mailto:understoodtherapy@yahoo.com)

**Hours:** 4:30pm - 7:00pm (MT), Monday - Friday 8:00am - 5:00pm (MT), Saturday By appointment only

**Phone:** 605-939-3771

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Provides mental health services to a wide range of people using a variety of therapy specializations including: play therapy, family and couples therapy, solution-focused therapy, and client-centered therapy.

### **Student Support offered at South Dakota Mines**

501 E. Saint Joseph Street, Rapid City, SD 57701

**Hours:** 7:30am - 4:30pm (MT), Monday - Friday

**Phone:** 605-394-2511

**Eligibility:** Open to enrolled students

**Coverage Area:** Campus of South Dakota School of Mines, and surrounding area

Provides public safety services, counseling and ADA services, health and safety services, residential life services, and academic support to South Dakota Mines students.

### **Outpatient Treatment offered at ROADS Outpatient Treatment Program**

103 E. Omaha Street, Rapid City, SD 57701

**Email:** [roadsoutpatient@gmail.com](mailto:roadsoutpatient@gmail.com)

**Hours:** 9:00am - 4:00pm (MT), Monday - Thursday

**Phone:** 605-348-8026

**Eligibility:** Open to adults (18+)

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Outpatient counseling (for Chemical Dependency and Co-Occurring Disorders) for adults 18 years and older including intensive outpatient treatment, continued care, Moral Reconciliation Therapy (MRT), and assessments.

### **Counseling Services offered at Rising Hope Counseling, LLC**

219 Founders Park Drive, Suite 1, Rapid City, SD 57701

**Website:** <https://risinghope.com/>

**Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Behavioral Health Center offered at Monument Health**

915 Mountain View Road, Rapid City, SD 57702

**Hours:** Call for information

**Phone:** 605-755-7200

**Eligibility:** There are criteria for inpatient admission (danger to self or others). Age range 5 - adult patients.

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

A psychiatric hospital offering a wide range of services for geriatric, adult, adolescent, and child patients. This center approaches patient care with a special emphasis on trauma-informed care as well as biological, psychological, and social concerns. Specifically, offering inpatient treatment, and outpatient clinic with individual and family counseling services, as well as psychiatric diagnostic interviewing and medication management for patients of all ages.

### **Counseling Services offered at Bach Counseling Services, LLC**

2218 Jackson Boulevard, Suite 13, Rapid City, SD 57702

**Hours:** 8:00am - 3:00pm (MT), Monday 8:00am - 6:00pm (MT), Tuesday, Wednesday 10:00am - 6:00pm (MT), Thursday 10:00am - 3:00pm (MT), Friday

**Phone:** 605-431-4106

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Mental health clinic providing diagnostic, treatment, and prescriptive services related to mental and behavioral disorders.

### **Counseling Services offered at Lecy Therapy**

2218 Jackson Boulevard, Suite 13, Rapid City, SD 57702

**Hours:** Call for information

**Phone:** 605-864-4151

**Eligibility:** Adults 18 and over

**Coverage Area:** Rapid City area

Counseling center using a mindfulness-based approach serving the Rapid City area. Services included are individual counseling, LGBTQ+ Counseling, family counseling, couples therapy, and trauma informed therapy.

### **Counseling Services offered at Gossamer Threads Counseling**

811 E. Saint Andrew Street, Suite 12, Suite 12, Rapid City, SD 57701

**Website:** [gossamerthreadscounseling.com](http://gossamerthreadscounseling.com)      **Email:** [gossamerthreadscounseling@gmail.com](mailto:gossamerthreadscounseling@gmail.com)

**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday

**Phone:** 605-209-5513

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City but serving South Dakota via telehealth.

Areas of special emphasis include identity transformation and development, recovery from trauma, mood and anxiety concerns, relationship difficulties, family dynamics, and LGBTQIA+.

### **Counseling Services offered at LifeStages Counseling, LLC**

811 E. Saint Andrew Street, Suite 3, Rapid City, SD 57701

**Hours:** 9:00am - 5:30pm (MT), Monday - Friday

**Phone:** 605-388-2163

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Provides counseling to children, adolescents, and their families in the Black Hills area.

### **Counseling Services offered at Jean Hoem**

550 N. 5th Street, Rapid City, SD 57701

**Hours:** 10:00am - 5:00pm (MT), Monday - Thursday 10:00am - 3:00pm (MT), Friday

**Phone:** 605-858-4134

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Offering individual, family, and couples psychotherapy.

### **Substance Abuse Treatment offered at Buffalo Plains Recovery**

405 E. Fairlane Drive, Rapid City, SD 57701

**Website:** [www.buffaloplainsrecovery.com](http://www.buffaloplainsrecovery.com)      **Email:** [info@buffaloplainsrecovery.com](mailto:info@buffaloplainsrecovery.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-600-6985

**Eligibility:** Adults 18 and over

**Coverage Area:** Western South Dakota

Provides detox, inpatient, and outpatient treatment for substance abuse.

### **Counseling Services offered at Family First Therapy**

2040 W. Main Street, Suite 214, Rapid City, SD 57702

**Hours:** 8:00am - 6:00pm (MT), Monday - Friday

**Phone:** 605-786-7797

**Eligibility:** Ages 3 - 100

**Coverage Area:** Rapid City area

Counseling services range from individual counseling, adult/adolescent psychiatry, cognitive behavioral therapy, and parent child interaction therapy.

### **Adolescent Crisis Care Center offered at Wellfully**

22 Waterloo Street, Rapid City, SD 57701

**Website:** [www.wellfully.org](http://www.wellfully.org) **Email:** [info@wellfully.org](mailto:info@wellfully.org)

**Hours:** Residential services: 24 hours a day / 7 days a week Front desk hours: 9:00am - 5:00pm (MT), Monday - Friday  
10:00am - 4:00pm (MT), Saturday

**Phone:** 605-277-3750

**Eligibility:** Middle and high school students

**Coverage Area:** Primarily Pennington County, although open to anyone in the Black Hills

Outpatient, voluntary walk-in center for youth in middle and high school who are in crisis or considering suicide

### **Residential Addiction Recovery Center offered at Wellfully**

22 Waterloo Street, Rapid City, SD 57701

**Website:** [www.wellfully.org](http://www.wellfully.org) **Email:** [info@wellfully.org](mailto:info@wellfully.org)

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday Residential services: 24 hours a day / 7 days a week

**Phone:** 605-718-4870

**Eligibility:** Youth ages 10 - 17 years old with an addiction assessment recommending level 111.7 Medically Monitored High Intensity Residential Substance Abuse Treatment.

**Coverage Area:** Located in Rapid City, but serving residents of South Dakota

Residential program offering 24-hour supervision, intensive 45-60 day program offering addiction recovery therapy.

### **Adolescent Crisis Care Center and Adolescent Addiction Recovery Unit offered at Abbott House**

22 Waterloo Street, Rapid City, SD 57701

**Website:** [www.abbotthouse.org/abbott-crisis-care](http://www.abbotthouse.org/abbott-crisis-care) **Email:** [info@abbotthouse.org](mailto:info@abbotthouse.org)

**Hours:** Office Hours: 8:00am - 5:00pm (MT), Monday - Friday Residential services: 24 hours a day / 7 days a week

**Phone:** 605-277-3750

**Eligibility:** Open to children and youth ages 7 to 17.

**Coverage Area:** South Dakota

The Adolescent Crisis Care Center provides immediate, short-term care for middle and high school youth who are experiencing a crisis or may be considering suicide. The Adolescent Addiction Recovery Unit provide inpatient and outpatient addiction recovery care for youth ages 7 to 17. Services include 24-Hour Supervision, Residential Treatment, Intensive Counseling, and Educational Support.

### **Counseling Services offered at Haven Counseling LLC**

Rapid City, SD 57702

**Hours:** 9:00am - 5:00pm (MT), Monday, Wednesday, Thursday 9:00am - 12:00noon (MT), Friday

**Phone:** 605-863-2498

**Eligibility:** Open to adults 18 and older

**Coverage Area:** Located in Black Hills, serving South Dakota via telehealth.

Individual counseling for those 18 and older.

### **Counseling Services offered at Chrysalis Association, LLC**

2640 Jackson Boulevard, Suite 6, Rapid City, SD 57702

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-341-8647

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington as well as surrounding area  
Provides counseling and assessment services.

### **Counseling Services offered at Caylor Counseling**

2640 Jackson Boulevard, Rapid City, SD 57702

**Hours:** 9:00am - 5:00pm (MT), Monday - Friday  
**Phone:** 605-517-0136  
**Eligibility:** Open to all.  
**Coverage Area:** Rapid City Area.  
Provides mental health counseling.

### **Counseling Services offered at Midwest Wellness Institute, PLLC**

2620 Jackson Boulevard, Suite G, Rapid City, SD 57702

**Website:** [www.mwihealth.org/](http://www.mwihealth.org/) **Email:** [office@mwihealth.org](mailto:office@mwihealth.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-600-7880

**Eligibility:** Open to all

**Coverage Area:** South Dakota

MWI Health finds innovative ways to improve lives with team of mental health providers, offering psychiatric evaluations, medication management, and individual psychotherapy in Sioux Falls, SD, with telehealth options available.

### **Counseling Services offered at Family Solutions Center**

2650 Jackson Boulevard, Creekside Plaza, Rapid City, SD 57702

**Hours:** 8:00am - 6:00pm (MT), Tuesday 9:00am - 5:00pm (MT), Wednesday, Thursday 9:00am - 12:00pm (MT), Saturday by appointment only

**Phone:** 605-359-9491

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington  
Specializing in individual (including adolescents), couples, and family therapy.

### **Counseling Services offered at Heynen Health & Wellness Services**

2650 Jackson Boulevard, Suite 2, Rapid City, SD 57702

**Website:** [www.heatherheyne.com](http://www.heatherheyne.com) **Email:** [info@breakthroughsfc.org](mailto:info@breakthroughsfc.org)

**Hours:** By appointment.

**Phone:** 605-390-8332

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City but serving South Dakota via telehealth.

In-office or telehealth mental health counseling and therapy to help navigate through mental and emotional stresses, alleviate anxiety and depression, and reach daily and life goals.

### **Counseling Services offered at Knuppe Counseling**

2650 Jackson Boulevard, 11, Rapid City, SD 57702

**Email:** [knuppecounseling@gmail.com](mailto:knuppecounseling@gmail.com)

**Hours:** 9:00am - 5:00pm (MT), Tuesday - Friday

**Phone:** 605-390-7055

**Eligibility:** Teens through adulthood

**Coverage Area:** Black Hills area

Working with individuals ages 12 to adult, couples and families with a variety of challenges.

### **Trauma Therapy offered at Isaacs Behavioral Health, LLC**

2650 Jackson Boulevard, Suite 18, Rapid City, SD 57702

**Hours:** 10:00am - 5:00pm (MT), Monday - Thursday

**Phone:** 605-877-2010

**Eligibility:** Open to all 18 years of age and up.

**Coverage Area:** Rapid City area

Services offered include individual psychotherapy for PTSD, childhood and adult trauma, depression, anxiety, marriage issues, loss-grief, addictions, communications, self-esteem, and behavioral issues.

### **Native Healing Program offered at Oglala Sioux Tribe**

1205 E. St. James Street, Rapid City, SD 57701

**Hours:** 8:00am - 4:30pm (MT), Monday - Friday

**Phone:** 605-342-8925

**Eligibility:** Open to all

**Coverage Area:** Black Hills area; anyone who is enrolled in any federally recognized tribe can receive services.

Provides alcohol and substance treatment to the Rapid City Native American Community and other affiliated tribes in the region.

### **Counseling Services offered at Journey Counseling Services, LLC**

2525 W. Main Street, Suite 214, Rapid City, SD 57702

**Website:** [www.journeycounselingservices.com](http://www.journeycounselingservices.com) **Email:** [info@journeycounselingservices.com](mailto:info@journeycounselingservices.com)

**Hours:** 10:00am - 8:00pm (MT), Tuesday and Thursday 10:00am - 6:00pm (MT), Friday Available by appointment only.

Evening appointments available.

**Phone:** 605-988-8131

**Eligibility:** Open to adults

**Coverage Area:** Rapid City or Custer for in office services and the State of South Dakota by telehealth.

Individual, couple, and family therapy for a wide range of mental and behavioral health concerns.

### **Counseling Services offered at Black Hills Center for Healing and the Advancement of Psychotherapy**

2525 W. Main Street, Suite 303A6, 303A6, Rapid City, SD 57702

**Hours:** By appointment only.

**Phone:** 605-440-2287

**Eligibility:** Open to all adults, 18+.

**Coverage Area:** Located in Rapid City

Individual therapy for adults, specializing in trauma, including dissociative functioning and complex trauma.

### **Counseling Center offered at Youth & Family Services**

202 E. Adams Street, Rapid City, SD 57701

**Website:** [www.youthandfamilyservices.org](http://www.youthandfamilyservices.org) **Email:** [ccgeneral@youthandfamilyservices.org](mailto:ccgeneral@youthandfamilyservices.org)

**Hours:** Call for information.

**Phone:** 605-342-4789

**Eligibility:** Open to all

**Coverage Area:** Rapid City and the Black Hills area

YFS Counseling Center offers crisis intervention, assessments, counseling, and case management services that help young people and their families overcome challenges and pave the way for an improved quality of life.

### **Youth Trauma Center offered at Youth & Family Services**

202 E. Adams Street, Rapid City, SD 57701

**Website:** [www.youthandfamilyservices.org](http://www.youthandfamilyservices.org) **Email:** [ccgeneral@youthandfamilyservices.org](mailto:ccgeneral@youthandfamilyservices.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-342-4789

**Eligibility:** Open to youth ages 0-21, and caregivers for those under 18.

**Coverage Area:** Located in Rapid City, serving South Dakota via telehealth.

Youth & Family Services' Youth Trauma Center works to increase identification of youth and families who have been exposed to traumatic stress and shorten the time it takes to get them into effective treatment programs.

### **Community Clinic offered at Complete Health**

350 Pine Street, Rapid City, SD 57701

**Hours:** Medical Clinic Hours: 8:00am - 6:00pm (MT), Monday - Friday Dental Clinic: 8:00am - 5:00pm (MT), Monday - Thursday

**Phone:** 605-721-8939

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington  
Primary care and several specialized fields including: well child checkups, physicals, immunizations, preventative medicine, chronic disease management, counseling, and emergency and preventive oral health care.

### **Iris (LGBTQ+) Clinic offered at Complete Health**

350 Pine Street, Rapid City, SD 57701

**Website:** <https://www.completehealthsd.care/services/lgbtq-iris-clinic/> **Email:** [iris@chsd.care](mailto:iris@chsd.care)

**Hours:** Clinic Hours: 8:00am - 5:00pm (MT), Monday - Friday Iris Clinic hours may vary.

**Phone:** 605-721-8939

**Eligibility:** People up to age 21

**Coverage Area:** Black Hills area

Provides primary LGBTQ+ health care for people up to the age of 21.

### **Counseling Services offered at Scovel Psychological and Counseling Services, LTD**

2902 W. Main Street, Rapid City, SD 57702

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-721-8822

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington, serving South Dakota via telehealth.

Provides individual, couple and family psychotherapy. Offers psychological and forensic assessments.

### **Counseling Services offered at Suzette Wasvick Counseling Services**

2640 Jackson Boulevard, Suite 5, Rapid City, SD 57701

**Website:** [wasvickcounseling.com](http://wasvickcounseling.com) **Email:** [sw.counselingservices@yahoo.com](mailto:sw.counselingservices@yahoo.com)

**Hours:** 9:00am - 5:00pm (MT), Tuesday, Wednesday

**Phone:** 605-390-8791

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington Offices in Hill City and Rapid City. Counseling open to individuals, couples, and family counseling for children, adolescent, and adults.

### **Oyate Health Center - Behavioral Health Program offered at Great Plains Tribal Leaders Health Board**

3200 Canyon Lake Drive, Rapid City, SD 57702

**Hours:** Outpatient Clinic Hours: 8:00am - 4:30pm (MT), Monday - Friday Urgent care: 7:00am - 7:00pm (MT), Monday - Sunday Pediatric after hours urgent care appointments available

**Phone:** 605-718-5095

**Eligibility:** American Indian enrollees

**Coverage Area:** Located in Rapid City

Oyate Behavioral Health is a component of Integrated Health Care. Individual Behavioral health services are offered through Clinic Appointment and Telehealth scheduled appointments. Walk-ins may be available.

### **Connecting With Our Youth offered at Great Plains Tribal Leaders Health Board**

3200 Canyon Lake Drive, Rapid City, SD 57701

**Website:** [www.greatplainstribalhealth.org](http://www.greatplainstribalhealth.org) **Email:** [cwoy@gptchb.org](mailto:cwoy@gptchb.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday Flexible to meet the needs of participants

**Phone:** 605-355-2387

**Eligibility:** American Indians of all ages living in the He Sapa (Pennington County) area who are experiencing suicidal thoughts, emotional distress, grief, loss, or other challenges that may increase their risk for suicide are welcome to enroll.

**Coverage Area:** Pennington County area

The CWOY Support Navigator program is designed to provide support for American Indian youth, adults, and their families in the He Sapa area who struggle with suicidal thoughts or behaviors. CWOY Support Navigators act as mentors, advocates, and resource guides for American Indian youth, adults, and families needing support for their healing and personal growth.

### **South Dakota National Guard Psychological Health Program offered at South Dakota Department of the Military**

2823 W. Main Street, Rapid City, SD 57702

**Website:** [www.militaryonesource.mil/resources/millife-guides/psychological-health-program/](http://www.militaryonesource.mil/resources/millife-guides/psychological-health-program/)

**Hours:** 7:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-737-6582

**Eligibility:** Service members 17+

**Coverage Area:** South Dakota

Provides mental health, substance abuse, suicide prevention and resiliency information to members of the South Dakota Army National Guard and families.

### **Substance Abuse Treatment offered at Buffalo Plains Recovery**

330 Knollwood Drive, Suite 2, Rapid City, SD 57701

**Website:** [www.buffaloplainsrecovery.com](http://www.buffaloplainsrecovery.com)      **Email:** [info@buffaloplainsrecovery.com](mailto:info@buffaloplainsrecovery.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-600-6985

**Eligibility:** Adults 18 and over

**Coverage Area:** Western South Dakota

Provides detox, inpatient, and outpatient treatment for substance abuse.

### **Counseling Services offered at Lisa Porisch Counseling**

3421 W. Main Street, Rapid City, SD 57702

**Website:** [lisaporischcounseling.com](http://lisaporischcounseling.com)      **Email:** [hello@lisaporischcounseling.sprucecare.com](mailto:hello@lisaporischcounseling.sprucecare.com)

**Hours:** 8:00am - 2:30pm (MT), Monday - Friday

**Phone:** 605-468-1865

**Eligibility:** Ages 3 - 100

**Coverage Area:** Western South Dakota but serving South Dakota via telehealth

Offers the following services - Individual counseling, Divorce counseling, Grief/bereavement counseling, Terminal illness counseling, and child abuse survivor counseling for adults.

### **Counseling Services offered at Visionary Mental Health Services, LLC**

Rapid City, SD 57702

**Website:** [www.visionarymentalhealth.com](http://www.visionarymentalhealth.com)      **Email:** [visionarymentalhealth@gmail.com](mailto:visionarymentalhealth@gmail.com)

**Hours:** 8:00am - 6:00pm (MT), Monday - Friday 10:00am - 4:00pm (MT), Saturday

**Phone:** 605-280-9778

**Eligibility:** Ages 10 and over

**Coverage Area:** Pierre and Rapid City areas.

Works with teens and adults to process through the hurts of the past and focus on the possibilities in the future.

### **Counseling Services offered at Bridgewater Behavioral Health, LLC**

1770 Rand Road, Rapid City, SD 57702

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-791-1514

**Eligibility:** Open to all 13 years of age and above.

**Coverage Area:** Black Hills area

Providing individual and family therapy for those who are struggling with behavioral, emotional, social, developmental, and situational difficulties including post traumatic stress (PTSD), depression, anxiety, trauma, personality disorders, bipolar disorder, and relationship difficulty.

### **Medication Management for Mental Health offered at Rapid City Mental Health Professionals, LLC**

3939 Canyon Lake Drive, Suite A, Rapid City, SD 57702

**Website:** [www.rapidcitymentalhealth.com](http://www.rapidcitymentalhealth.com)      **Email:** [office@rapidcitymentalhealth.com](mailto:office@rapidcitymentalhealth.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-716-3555

**Eligibility:** Open to ages 10 and up  
**Coverage Area:** South Dakota and Wyoming  
Culturally sensitive mental health care for adults and adolescents.

### **Clinical Outpatient Therapy Services offered at Children's Home Society of South Dakota**

5301 U.S. Highway 16, Rapid City, SD 57701  
**Hours:** 8:00am - 5:00pm (MT), Monday - Friday  
**Phone:** 605-343-2811  
**Eligibility:** Children, Youth, Adolescents, Teens, Families  
**Coverage Area:** South Dakota  
Offering outpatient individual, group and family counseling with many specialties in therapeutic methods.

### **Counseling Services offered at Mindfulness Matters Behavioral Health, LLC**

No Physical Address, Rapid City, SD 57702  
**Hours:** 9:00am - 4:00pm (MT), Monday - Thursday  
**Phone:** 605-718-0488  
**Eligibility:** Open to all.  
**Coverage Area:** Western South Dakota  
Provides individual and family therapy to children, adolescents, and adults.

### **Equine Therapy offered at Red Horse Healing**

3315 S. Valley Drive, Rapid City, SD 57701  
**Hours:** 9:00am - 5:00pm (MT), Monday - Friday Saturdays by appointment.  
**Phone:** 605-441-2038  
**Eligibility:** Open to all  
**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade, Pennington, and Western South Dakota  
Equine-assisted psychotherapy for individuals, families, and groups. Specialize in trauma focused cognitive behavioral therapy, solution focused therapy, and youth with problematic sexual behaviors.

### **Counseling Services offered at Living Graciously Therapy**

2101 City Springs Road, Rapid City, SD 57702  
**Hours:** 9:00am - 6:00pm (MT), Monday - Friday  
**Phone:** 605-209-5540  
**Eligibility:** Open to all  
**Coverage Area:** Rapid City area  
Effective therapy, evaluations, educational resources offered.

### **Therapy offered at Lifescape**

7110 Jordan Drive, Rapid City, SD 57702  
**Website:** [www.lifescapesd.org/outpatient-therapy-behavioral-health](http://www.lifescapesd.org/outpatient-therapy-behavioral-health)  
**Hours:** 7:30am - 5:30pm (MT), Monday - Friday  
**Phone:** 605-791-7400  
**Eligibility:** Open to all who could benefit from therapy services.  
**Coverage Area:** Located in Sioux Falls and Rapid City.  
Specialized therapy and psychology services for individuals of all ages. Screenings and evaluations for Autism (for children 4 and under), and visual challenges (for children of all ages). Services may vary by location.

### **Counseling Services offered at Practical Christian Counseling, Inc.**

1351 Jolly Lane, Word of Hope Wesleyan Church, Rapid City, SD 57703  
**Hours:** 8:00am - 8:30pm (MT), Tuesday, Wednesday 8:00am - 6:00pm (MT), Thursday 8:00am - 5:30pm (MT), Friday  
**Phone:** 605-484-7089  
**Eligibility:** Open to all  
**Coverage Area:** Located in Rapid City, serving South Dakota via telehealth.

Counseling from a biblically Christian worldview. Services include counseling for couples, marriage, marriage preparation, parenting, family, adolescents, depression, anxiety, grief, anger, crisis management, decision making, male sex addiction, gambling addiction, self-esteem, adjustment, life/professional coaching.

### **Post-Secondary Education offered at Black Hills State University**

4300 Cheyenne Boulevard, Box Elder, SD 57719

**Website:** [www.BHSU.edu](http://www.BHSU.edu)      **Email:** [admissions@bhsu.edu](mailto:admissions@bhsu.edu)

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-718-4112

**Eligibility:** BHSU Student

**Coverage Area:** Campuses of BHSU in Spearfish and Rapid City, and serving students from the region

Provides undergraduate and graduate programs. Offers a variety of support services to its students including student health & counseling services.

### **Counseling Services offered at Abourezk Counseling**

7501 Captain Soelzer Street, Unit 956, Black Hawk, SD 57718

**Hours:** 10:00am - 6:00pm (MT), Monday, Wednesday

**Phone:** 605-863-2881

**Eligibility:** Open to all ages 14 and up

**Coverage Area:** Located in Rapid City, but serving South Dakota via telehealth.

Individual therapy for ages 14 and up. Topics discussed include: anxiety, depression, trauma, PTSD, chronic pain, stress management, employment issues, abuse, grief and loss, LGBTQ+ counseling, and women's issues. Telehealth sessions available.

### **Residential Treatment offered at Children's Home Society of South Dakota**

24100 S. Rockerville Road, Owen School, Rapid City, SD 57702

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday Residential 24 hours a day / 7 days a week

**Phone:** 605-343-5422

**Eligibility:** Children ages 4 - 14 with emotional or behavioral problems

**Coverage Area:** South Dakota

Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

### **Counseling Services offered at Suzette Wasvick Counseling Services**

280 Main Street, Suite 15, Hill City, SD 57745

**Website:** [wasvickcounseling.com](http://wasvickcounseling.com)      **Email:** [sw.counselingservices@yahoo.com](mailto:sw.counselingservices@yahoo.com)

**Hours:** 9:00am - 4:00pm (MT), Monday 9:00am - 6:00pm (MT), Thursday

**Phone:** 605-390-8791

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington Offices in Hill City and Rapid City.

Counseling open to individuals, couples, and family counseling for children, adolescent, and adults.

### **Counseling Services offered at Black Hills Counseling LLC**

1238 Main Street, Suite 4, Sturgis, SD 57785

**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday; by appointment only

**Phone:** 605-720-8090

**Eligibility:** Open to all ages 12 and up.

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Individual, couples, and family counseling (ages 12 and up) in the Sturgis area.

### **Counseling Services offered at Make It Happen Counseling, LLC**

824 1st Street, Sturgis Chiropractic, Sturgis, SD 57785

**Hours:** 9:00am - 6:00pm (MT), Monday - Friday (By appointment)

**Phone:** 605-490-7911

**Eligibility:** Children ages 12-18, adults, and older adults.

**Coverage Area:** Western South Dakota

Provides individual counseling for children ages 12-18, adults and older adults.

### **Counseling Services offered at Journey Counseling Services, LLC**

41 N. 6th Street, Custer, SD 57730

**Website:** [www.journeycounselingservices.com](http://www.journeycounselingservices.com)      **Email:** [info@journeycounselingservices.com](mailto:info@journeycounselingservices.com)

**Hours:** 1:00pm - 7:00pm (MT), Monday 11:00am - 8:00pm (MT), Wednesday

**Phone:** 605-988-8131

**Eligibility:** Open to adults

**Coverage Area:** Rapid City or Custer for in office services and the State of South Dakota by telehealth.

Individual, couple, and family therapy for a wide range of mental and behavioral health concerns.

### **Retreat Ministry offered at New Trails Ministry, Inc.**

Custer, SD 57730

**Website:** <https://newtrailsministries.org>      **Email:** [info@newtrailsministry.org](mailto:info@newtrailsministry.org)

**Hours:** 11:00am - 5:00pm (MT), Monday 10:00am - 4:00pm (MT), Tuesday, Thursday Wednesday by appointment only.

**Phone:** 605-299-1984

**Eligibility:** Open to all

**Coverage Area:** Located in Custer but serving South Dakota via telehealth.

New Trails works to sort through the challenges and issues in a person's life in an effort to help find a new trail of vitality. Providing a place where helping professionals can find support to deal with the challenges of caring. Also faith based professional counseling services on a limited schedule.

### **Outpatient Services offered at Compass Point, The**

1807 Williams Street, Sturgis, SD 57785

**Hours:** Outpatient Service and Walk-In Assessment Hours: 8:00am - 5:00pm (MT), Monday - Friday Group Hours: 5:00pm - 7:00pm (MT), Monday - Thursday

**Phone:** 605-347-3003

**Eligibility:** Over 18 years of age

**Coverage Area:** Located in Sturgis, but serving residents of western South Dakota

Screening, assessments, crisis intervention, and individual and group counseling for substance abuse and co-occurring disorders.

### **Psychiatric & Counseling Services offered at Black Hills Psychology**

115 N. 7th Street, Suite 6, STE 6, Spearfish, SD 57783

**Website:** [www.blackhillspychology.com](http://www.blackhillspychology.com)      **Email:** [info@bhpsych.com](mailto:info@bhpsych.com)

**Hours:** 8:30am - 5:30pm (MT), Monday - Thursday 8:30am - 4:00pm (MT), Friday

**Phone:** 605-645-0100

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington.

Services include psychiatric evaluations, prescription medication management, psychological testing, and comprehensive therapy services including Eye Movement Desensitization and Reprocessing (EMDR).

### **Counseling Services offered at Northern Hills Counseling Associates**

725 N. 12th Street, Spearfish, SD 57783

**Hours:** 7:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-559-2006

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Outpatient mental health counseling services for individuals and families.

**Counseling Services offered at Life Counseling and Coaching, The**

1930 N. Avenue, Suite 3, Spearfish, SD 57783

**Website:** [www.thelifecounseling.com](http://www.thelifecounseling.com)      **Email:** [tracythelifecounseling@gmail.com](mailto:tracythelifecounseling@gmail.com)

**Hours:** 8:00am - 6:00pm (MT), Monday - Friday

**Phone:** 605-639-5641

**Eligibility:** 10 and up

**Coverage Area:** Located in Spearfish but serving South Dakota via telehealth.

Provides individual and couples counseling for adults struggling with symptoms of anxiety, depression, grief and trauma as well as difficulties with parenting, relationships and professional burn-out.

**Post-Secondary Education offered at Black Hills State University**

1200 University Street, Spearfish, SD 57799

**Website:** [www.BHSU.edu](http://www.BHSU.edu)      **Email:** [admissions@bhsu.edu](mailto:admissions@bhsu.edu)

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-642-6131

**Eligibility:** BHSU Student

**Coverage Area:** Campuses of BHSU in Spearfish and Rapid City, and serving students from the region

Provides undergraduate and graduate programs. Offers a variety of support services to its students including student health & counseling services.

**Counseling Services offered at Rising Hope Counseling, LLC**

3105 W. Fairground Loop, Spearfish, SD 57783

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

**Counseling Services offered at Sharon K. Hansen**

Hot Springs, SD 57747

**Hours:** 8:00am - 12:00noon (MT), Monday, Tuesday Telehealth only

**Phone:** 605-890-0580

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade, and Pennington

Evaluation, individual psychotherapy, family therapy, and anger management.

**Counseling Services offered at Belle Fourche Counseling, LLC**

515 National Street, Suite 103, Belle Fourche, SD 57717

**Website:** [www.bellefourchecounseling.com](http://www.bellefourchecounseling.com)      **Email:** [info@bellefourchecounseling.com](mailto:info@bellefourchecounseling.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday

**Phone:** 605-722-8090

**Eligibility:** Open to all

**Coverage Area:** Located in Belle Fourche, serving South Dakota via telehealth.

Provides individual and family mental health counseling services.

**Substance Use Disorder Services offered at Anpetu Luta Otipi**

112 Terryl M Blue Street, Kyle, SD 57752

**Hours:** 8:00am - 4:30pm (MT), Monday - Friday

**Phone:** 605-455-2331

**Eligibility:** Enrolled Tribal Members 12 years of age and older; degree of Indian blood or Tribal Enrollment number required.

**Coverage Area:** Pine Ridge Reservation

A comprehensive substance abuse program offering addiction prevention, treatment, and recovery support services for adolescents and adults experiencing problems with alcohol and drugs.

### **Recovery Support Services offered at Anpetu Luta Otipi**

112 Terryl M Blue Street, Kyle, SD 57752

**Hours:** 8:00am - 4:00pm (MT), Monday - Friday

**Phone:** 605-455-2331

**Eligibility:** Enrolled Tribal Members 12 years of age and older; degree of Indian blood or Tribal Enrollment number required.

**Coverage Area:** Pine Ridge Reservation

Aims to assist clients in recovery maintenance. Recovery Support services includes formal aftercare programs, wellbriety, traditional pathways, and talking circles.

### **Counseling Services offered at Project Recovery**

113 W. Main Street, Anpetu Luta Otipi, Pine Ridge, SD 5770

**Website:** [www.project-recovery.org](http://www.project-recovery.org)      **Email:** [info@project-recovery.org](mailto:info@project-recovery.org)

**Hours:** 9:00am - 2:30pm (MT), Mondays (excluding standard and tribal holidays)

**Phone:** 605-867-5595

**Eligibility:** Call for information.

**Coverage Area:** Located in Rapid City but serving South Dakota via telehealth.

Provides state-accredited addiction treatment services including treatment needs assessments as well as outpatient individual and group treatment options.

### **Counseling Services offered at Rising Hope Counseling, LLC**

420 S. Henry Street, Pierre, SD 57501

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** Pierre area

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Educational Directory (Elementary, Intermediate, Middle and High Schools) offered at South Dakota Department of Education**

No Physical Address, Pierre, SD 57501

**Website:** <https://doe.sd.gov/ofm/edudir.aspx>      **Email:** [doe@state.sd.us](mailto:doe@state.sd.us)

**Hours:** See website for details.

**Phone:** 605-773-3134

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Visit the South Dakota Educational Directory to get details about any elementary, intermediate, middle, high school or alternative program within South Dakota.

### **Counseling Services offered at Visionary Mental Health Services, LLC**

1709 N. Lincoln Avenue, Suite 102, Pierre, SD 57501

**Website:** [www.visionarymentalhealth.com](http://www.visionarymentalhealth.com)      **Email:** [visionarymentalhealth@gmail.com](mailto:visionarymentalhealth@gmail.com)

**Hours:** 8:00am - 6:00pm (CT), Monday - Friday 10:00am - 4:00pm (CT), Saturday

**Phone:** 605-280-9778

**Eligibility:** Ages 10 and over

**Coverage Area:** Pierre and Rapid City areas.

Works with teens and adults to process through the hurts of the past and focus on the possibilities in the future.

### **Counseling Services offered at Rising Hope Counseling, LLC**

503 1/2 W. Grand Crossing, Mobridge, SD 57601

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** 8:00am- 5:00pm (CT), Monday - Friday

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Mental Health Services offered at Support Circle, The**

No Physical Address, Mobridge, SD 57601

**Website:** [www.thesupportcircle.com](http://www.thesupportcircle.com) **Email:** [hello@thesupportcircle.com](mailto:hello@thesupportcircle.com)

**Hours:** Email to schedule an appointment via telehealth.

**Eligibility:** Open to Adults 18 and over.

**Coverage Area:** Telehealth is available across South Dakota.

Providing mental health services across South Dakota in a virtual setting.

### **Counseling Services offered at Rising Hope Counseling, LLC**

110 S. Main Street, Chamberlain, SD 57325

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Pathfinder Center a Refuge for Victims of Human Trafficking offered at Wiconi Wawokiya, Inc.**

Chamberlain, SD 57325

**Website:** [www.pathfindercenter.org](http://www.pathfindercenter.org) **Email:** [thepathfindercenter@gmail.com](mailto:thepathfindercenter@gmail.com)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-245-2471

**Eligibility:** Victims of labor or sex trafficking only. 18 and over unless emancipated. Will take children of trafficking victims.

**Coverage Area:** South Dakota and referrals from other states.

A long-term shelter for victims of human trafficking.

### **Counseling Services offered at Rising Hope Counseling, LLC**

841 Jackson Street, Suite C, Burke, SD 57523

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Rising Hope Counseling, LLC**

79 2nd Street S.W., Suite 202, Huron, SD 57350

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for more information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

**Counseling Services offered at Rising Hope Counseling, LLC**

1206 S. Main Street, Suites 1-5, Aberdeen, SD 57401

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for more information.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

**Counseling Services offered at Inspire Counseling, LLC**

405 8th Avenue N.W., Suite 321, Aberdeen, SD 57401

**Hours:** 8:30am - 5:00pm (CT), Monday - Thursday 8:30am - 2:30pm (CT), Friday

**Phone:** 605-262-0513

**Eligibility:** Ages 5 and up

**Coverage Area:** South Dakota

Specific training in trauma therapy including child trauma certified. Works with all ages, diagnosis, and families.

**Mental Health and Substance Abuse Counseling offered at Inner Peace Counseling**

2211 8th Avenue N.E., Suite 2201, Aberdeen, SD 57401

**Website:** [www.innerpeacecounselingsd.com](http://www.innerpeacecounselingsd.com) **Email:** [info@innerpeacecounselingsd.com](mailto:info@innerpeacecounselingsd.com)

**Hours:** 9:00am - 5:00pm (CT), Monday - Thursday 9:00am - 12:00noon (CT), Friday

**Phone:** 605-982-8857

**Eligibility:** Ages 12 and up

**Coverage Area:** Based in Aberdeen; offers statewide service via telehealth

Offering in-person and telehealth mental health and substance abuse counseling

**Counseling Services offered at Rising Hope Counseling, LLC**

1401 N. Main Street, Suite 108 and 109, Mitchell, SD 57301

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** 9:00am - 5:00pm (CT), Monday and Wednesday 10:00am - 6:00pm (CT), Tuesday

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

**Residential Treatment Services offered at Abbott House**

909 Court Merrill, Mitchell, SD 57301

**Website:** <https://www.abbotthouse.org/residential-treatment/> **Email:** [info@abbotthouse.org](mailto:info@abbotthouse.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday Residential services: 24 hours a day / 7 days a week

**Phone:** 605-996-2486

**Eligibility:** Young Women ages 7 to 17

**Coverage Area:** South Dakota

Provides two Psychiatric Residential Treatment Facilities (PRTF) for young women in nurturing, trauma-informed settings. The program offers an array of therapeutic services such as evidence-based trauma informed programming, special education schooling, individual therapy, group therapy, alcohol and drug treatment, and independent living skills.

**Therapy Services offered at Embracing Change Counseling Services, LLC**

221 E. 3rd Avenue, Mitchell, SD 57301

**Hours:** 9:00am - 5:00pm (CT), Monday - Thursday

**Phone:** 605-306-0359

**Eligibility:** Open to all ages 10 and over

**Coverage Area:** In-person sessions available for residents of Davison County. Telemental Health is available for all South Dakota residents.

Services provided are individual counseling, divorce counseling, faith based counseling, youth counseling, parent counseling, family counseling, grief/bereavement counseling, terminal illness counseling, child abuse counseling, geriatric psychiatry, Cognitive Behavioral Therapy (CBT), and Trauma Informed Therapy.

### **Counseling Services offered at Rising Hope Counseling, LLC**

104 W. Main Street, Parkston, SD 57366

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Rising Hope Counseling, LLC**

120 S. Main Street, The Minor County Pioneer, Howard, SD 57349

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Rising Hope Counseling, LLC**

451 Main Street, Scotland, SD 57059

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Rising Hope Counseling, LLC**

1119 Main Street, Webster, SD 57274

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** By appointment only.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Rising Hope Counseling, LLC**

121 S. Egan Avenue, Madison, SD 57042

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Rising Hope Counseling, LLC**

818 S. Broadway Street, Suite 113, Watertown, SD 57201

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Mental Health Services offered at Momentum Counseling and Consulting**

1103 Jensen Avenue, Watertown, SD 57201

**Website:** <https://momentumcac.com/>      **Email:** [info@momentumcac.com](mailto:info@momentumcac.com)

**Hours:** Varies, Contact for more information

**Phone:** 970-829-8780

**Eligibility:** Open to all ages 12 and up

**Coverage Area:** Located in Watertown but serving all of South Dakota

Outpatient therapy for ages 12 and up. Topics covered include: anxiety, mood disorders, depressive disorders trauma related disorders, adjustment disorders, personality disorders, crisis intervention, and/or marital/family distress.

### **Counseling Services offered at Better Me Counseling and Consulting**

1105 Jensen Avenue, S.E., Watertown, SD 57201

**Hours:** 8:30am - 5:30pm (CT), Tuesday, Wednesday, Thursday 9:00am - 7:00pm (CT), Monday

**Phone:** 605-880-0100

**Eligibility:** Open to all ages 4 and over.

**Coverage Area:** Counties of Codington, Hamlin, Clark, and South Dakota via telehealth

Provides mental health counseling services.

### **Counseling Services offered at Stronghold Counseling Services, Inc.**

610 W. 23rd Street, Suite 8, Yankton, SD 57078

**Website:** [www.strongholdcounseling.com](http://www.strongholdcounseling.com)      **Email:** [info@strongholdcounseling.com](mailto:info@strongholdcounseling.com)

**Hours:** 9:00am - 8:00pm (CT), Monday - Thursday 9:00am - 3:00pm (CT), Friday

**Phone:** 605-334-7713

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides assessments and therapy for individuals, groups, families, of all ages.

### **Counseling Services offered at Rising Hope Counseling, LLC**

610 W. 23rd Street, Suite 5, Yankton, SD 57078

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Rising Hope Counseling, LLC**

410 W. 16th Avenue, Yankton, SD 57078

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** 8:00am - 5:00pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling and Psychiatric Medication Management offered at Elevate Minds Psychiatry**

1101 Broadway Avenue, Suite 108-2, Yankton, SD 57078

**Hours:** 9:00am - 5:00pm (CT), Monday

**Phone:** 605-702-4409

**Eligibility:** Open to all

**Coverage Area:** In-person services in Sioux Falls and Yankton area; services statewide via telehealth.

Specializing in comprehensive psychiatric medication management, ADHD treatment, adult, child and adolescent psychiatry and counseling.

### **Mental Health Counseling offered at M & M Counseling and Consulting, LLC**

115 Broadway Avenue, Suite 3, Yankton, SD 57078

**Website:** <https://mmcounselingyankton.clientsecure.me/> **Email:** [mmcounselingyankton@gmail.com](mailto:mmcounselingyankton@gmail.com)

**Hours:** 8:30am - 5:00pm (CT), Monday - Thursday 8:30am - 1:00pm (CT), Friday

**Phone:** 605-660-2949

**Eligibility:** Open to adolescents and adults

**Coverage Area:** Located in Yankton, providing statewide service via telehealth.

Providing mental health counseling to adolescents and adults.

### **Counseling Services offered at Rising Hope Counseling, LLC**

45474 288th Street, Viborg, SD 57070

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Rising Hope Counseling, LLC**

304 W. SD Highway 38, Suite 126, Hartford, SD 57033

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Project Recovery**

205 Orchard Drive, Coteau des Prairies Health Care System, Sisseton, SD 57262

**Website:** [www.project-recovery.org](http://www.project-recovery.org) **Email:** [info@project-recovery.org](mailto:info@project-recovery.org)

**Hours:** 9:00am - 5:00pm (CT), Tuesday and Wednesday 12:00pm - 5:00pm (CT), Friday

**Phone:** 605-419-1021

**Eligibility:** Call for information.

**Coverage Area:** Located in Rapid City but serving South Dakota via telehealth.

Provides state-accredited addiction treatment services including treatment needs assessments as well as outpatient individual and group treatment options.

**Counseling Services offered at Rising Hope Counseling, LLC**

601 4th Street, Suites 101, 102, 104, Brookings, SD 57006

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** 8:30am - 4:30pm (CT), Monday - Thursday 8:30am - 12:00noon (CT), Friday

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

**Counseling Services offered at Growth Collective, The**

601 4th Street, Suite 111, Brookings, SD 57006

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-620-1745

**Eligibility:** Age 3 - adult

**Coverage Area:** Located in Brookings but serving statewide via telemental health.

A group mental health counseling practice serving children and their families age 3 - adult. Provides school-based counseling as well as in-office appointments and telemental health.

**Therapy offered at Lifescape**

7220 W. 41st Street, Sioux Falls, SD 57106

**Website:** [www.lifescapesd.org/outpatient-therapy-behavioral-health](http://www.lifescapesd.org/outpatient-therapy-behavioral-health)

**Hours:** 7:30am - 6:00pm (CT), Monday - Friday

**Phone:** 605-444-9700

**Eligibility:** Open to all who could benefit from therapy services.

**Coverage Area:** Located in Sioux Falls and Rapid City.

Specialized therapy and psychology services for individuals of all ages. Screenings and evaluations for Autism (for children 4 and under), and visual challenges (for children of all ages). Services may vary by location.

**Counseling Services offered at Rising Hope Counseling, LLC**

317 N. Heritage Parkway, Tea, SD 57064

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

**Counseling and Psychiatric Medication Management offered at Elevate Minds Psychiatry**

3803 W. Technology Circle, Sioux Falls, SD 57106

**Hours:** 9:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-702-4409

**Eligibility:** Open to all

**Coverage Area:** In-person services in Sioux Falls and Yankton area; services statewide via telehealth.

Specializing in comprehensive psychiatric medication management, ADHD treatment, adult, child and adolescent psychiatry and counseling.

**Counseling Services offered at Stronghold Counseling Services, Inc.**

4300 S. Louise Avenue, Suite 201, Sioux Falls, SD 57106

**Website:** [www.strongholdcounseling.com](http://www.strongholdcounseling.com) **Email:** [info@strongholdcounseling.com](mailto:info@strongholdcounseling.com)

**Hours:** 8:00am - 8:00pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday

**Phone:** 605-334-7713

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides assessments and therapy for individuals, groups, families, of all ages.

### **Counseling Services offered at Midwest Wellness Institute, PLLC**

4308 S. Arway Drive, Sioux Falls, SD 57106

**Website:** [www.mwihealth.org/](http://www.mwihealth.org/) **Email:** [office@mwihealth.org](mailto:office@mwihealth.org)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-573-2000

**Eligibility:** Open to all

**Coverage Area:** South Dakota

MWI Health finds innovative ways to improve lives with team of mental health providers, offering psychiatric evaluations, medication management, and individual psychotherapy in Sioux Falls, SD, with telehealth options available.

### **Physician Well-Being Program offered at South Dakota State Medical Association**

4109 Carnegie Circle, Sioux Falls, SD 57105

**Website:** <https://sdpwbp.org/> **Email:** [membership@sdsma.org](mailto:membership@sdsma.org)

**Hours:** Call for an appointment

**Phone:** 605-275-4711

**Eligibility:** Open to all MDs and DOs licensed in the state of South Dakota

**Coverage Area:** All MDs and DOs licensed in the state of South Dakota

Offers confidential and individualized support for physicians and residents to connect them with services and resources to help with wellness and reduce burnout.

### **Cognitive Behavioral Group Therapy offered at Transformation Project, The**

500 N. Western Avenue, Sioux Falls, SD 57104

**Website:** [www.transformationprojectsd.org](http://www.transformationprojectsd.org) **Email:** [admin@transformationprojectsd.org](mailto:admin@transformationprojectsd.org)

**Hours:** Hours vary. Please call or email

**Phone:** 605-610-8579

**Eligibility:** Gender non-conforming adults ages 18-40.

**Coverage Area:** South Dakota and a 40-mile radius

Provides a supportive and affirming environment to address LGBTQ-related stress, depression, and anxiety.

### **Counseling Services offered at Robin Rossow LLC**

3220 W. 57th Street, Suite 111, Sioux Falls, SD 57108

**Hours:** 8:00am - 3:00pm (CT), Monday, Tuesday, Thursday 8:00am - 2:00pm (CT), Wednesday

**Phone:** 605-250-1226

**Eligibility:** Open to all

**Coverage Area:** In-person services in the counties of Lincoln, Mccook, Minnehaha and Turner; services statewide via telehealth.

Individual counseling for those experiencing anxiousness, overwhelm, feelings of being stuck, relationship challenges, perinatal & postpartum challenges, fertility challenges, work/career challenges, sadness, grief, and past or present trauma.

### **Therapy offered at Lifescape**

1020 W. 18th Street, Sioux Falls, SD 57104

**Website:** [www.lifescapesd.org/outpatient-therapy-behavioral-health](http://www.lifescapesd.org/outpatient-therapy-behavioral-health)

**Hours:** 7:30am - 6:00pm (CT), Monday - Friday

**Phone:** 605-444-9700

**Eligibility:** Open to all who could benefit from therapy services.

**Coverage Area:** Located in Sioux Falls and Rapid City.

Specialized therapy and psychology services for individuals of all ages. Screenings and evaluations for Autism (for children 4 and under), and visual challenges (for children of all ages). Services may vary by location.

### **Counseling Services offered at Parts of You Therapy**

505 W. 9th Street, Suite 203, Sioux Falls, SD 57104

**Hours:** 9:00am - 6:00pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday

**Phone:** 605-550-2655

**Eligibility:** Open to teens and adults ages 12 and older.

**Coverage Area:** Individual and group therapy sessions for Sioux Falls area residents. Telehealth services throughout South Dakota.

Counseling Services include individual counseling, youth counseling, parent counseling, LGBTQ+ counseling, gender identity counseling, grief/bereavement counseling, and cognitive behavioral therapy.

### **Counseling Services offered at Rising Hope Counseling, LLC**

5120 S. Western Avenue, Suite 102, Sioux Falls, SD 57108

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** 8:00am - 4:00pm (CT), Monday - Thursday 9:00am - 2:00pm (CT), Friday

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Mental Health Counseling and Parenting Classes offered at Recourse Solutions Sioux Empire LLC**

100 S. Spring Avenue, Sioux Falls, SD 57104

**Hours:** 11:00am - 5:00pm (CT), Monday, Tuesday, Thursday, Friday 11:00am - 7:00pm (CT), Wednesday

**Phone:** 605-271-6979

**Eligibility:** Open to those 10 and up.

**Coverage Area:** South Dakota and Iowa via telehealth. Social Early Neutral Evaluation (SENE) is available in Minnesota via telehealth.

Providing mental health services, Positive Indian Parenting (parenting education for Native American parents), and court approved parent education classes for parents who are separated or divorced.

### **Counseling Services offered at Rising Hope Counseling, LLC**

6320 S. Western Avenue, Suite 150, Sioux Falls, SD 57108

**Website:** <https://risinghope.com/> **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Mental Health Counseling and Parenting Classes offered at Recourse Solutions Sioux Empire LLC**

629 S. Minnesota Avenue, Suite 203, Sioux Falls, SD 57104

**Hours:** 11:00am - 5:00pm (CT), Monday, Tuesday, Thursday, Friday 11:00am - 7:00pm (CT), Wednesday

**Phone:** 605-271-6979

**Eligibility:** Open to those 10 and up.

**Coverage Area:** South Dakota and Iowa via telehealth. Social Early Neutral Evaluation (SENE) is available in Minnesota via telehealth.

Providing mental health services, Positive Indian Parenting (parenting education for Native American parents), and court approved parent education classes for parents who are separated or divorced.

### **Counseling Services offered at Midwest Wellness Institute, PLLC**

317 N. Main Avenue, Suite 100, Sioux Falls, SD 57104

**Website:** [www.mwihealth.org/](http://www.mwihealth.org/)      **Email:** [office@mwihealth.org](mailto:office@mwihealth.org)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-800-7477

**Eligibility:** Open to all

**Coverage Area:** South Dakota

MWI Health finds innovative ways to improve lives with team of mental health providers, offering psychiatric evaluations, medication management, and individual psychotherapy in Sioux Falls, SD, with telehealth options available.

### **Counseling Services offered at Aspire Counseling, LLC**

6340 S. Western Avenue, Sioux Falls, SD 57108

**Website:** [www.aspirecounselingsd.com](http://www.aspirecounselingsd.com)      **Email:** [info@aspirecounselingsd.com](mailto:info@aspirecounselingsd.com)

**Hours:** 8:00am - 5:00pm (CT), Monday - Thursday 8:00am - 1:00pm (CT), Friday

**Phone:** 605-277-1422

**Eligibility:** Ages 10 and up

**Coverage Area:** Located in Sioux Falls, serving South Dakota via telehealth

Provides therapy services for those with mental health needs.

### **Counseling Services offered at Stay and Talk**

No Physical Address, Sioux Falls, SD 57101

**Hours:** By appointment only. 6:00pm - 11:00pm (CT), Monday - Friday 24 hours a day, Saturday and Sunday

**Phone:** 605-929-4900

**Eligibility:** People of all ages are eligible. Anyone under 18 is required to have a signed consent from a parent or guardian.

**Coverage Area:** Services offered nationally, across the U.S. Telehealth is available for people who live outside of the Sioux Falls area. In-person appointments are available for individuals that live within the Sioux Falls area.

Services offered include talk therapy, addiction support, comprehensive assessments, and one-on-one Moral Reconciliation Therapy (MRT).

### **Counseling Services offered at Counseling Cafe, The**

4804 S. Minnesota Avenue, Suite 108, Suite 108, Sioux Falls, SD 57108

**Website:** [thecounselingcafesf.com](http://thecounselingcafesf.com)      **Email:** [info@thecounselingcafesf.com](mailto:info@thecounselingcafesf.com)

**Hours:** 9:00am - 7:00pm (CT), Monday 9:00am - 5:00pm (CT), Tuesday - Thursday 9:00am - 12:00noon (CT), Friday

**Phone:** 605-271-8008

**Eligibility:** Adults and children ages 9 years and above

**Coverage Area:** South Dakota, Northwest Iowa and Minnesota

Providing a safe place for people to explore, discover and accept the individual as they are. Services offered include evaluations and assessments and professional therapy and counseling.

### **Outpatient Mental Health Services offered at Alyssa Petersen Mental Health Counseling**

3500 S. Philips Avenue, Suite 100, Sioux Falls, SD 57105

**Website:** [www.alyssapetersencounseling.com](http://www.alyssapetersencounseling.com)      **Email:** [office@alyssapetersencounseling.com](mailto:office@alyssapetersencounseling.com)

**Hours:** 9:00am - 8:00pm (CT), Monday - Friday

**Phone:** 605-321-9762

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides comprehensive outpatient mental health and chemical dependency services for individuals of all ages. Offers therapy for a wide range of emotional, behavioral, and psychological concerns, including anxiety, depression, trauma, addiction, relationship issues, and life transitions.

### **Counseling Services offered at Guiding Light Counseling, LLC**

5000 S. Minnesota Avenue, Suite 318, Sioux Falls, SD 57108

**Website:**

<https://sarah-scherr.clientsecure.me/?mld=18341d8b6e8569-0e1e8db0ccd33d-26021c51-15f900-18341d8b6e93cc#home>

**Email:** [guidinglightcounselingsf@gmail.com](mailto:guidinglightcounselingsf@gmail.com)

**Hours:** 9:00am - 5:00pm (CT), Monday, Tuesday, Thursday, Friday 12:00noon - 6:00pm (CT), Wednesday

**Phone:** 605-413-6835

**Eligibility:** Ages 13 and up.

**Coverage Area:** South Dakota. Telehealth visits are available for people living outside of the Sioux Falls area.

A for-profit counseling center serving teens and adults in the Sioux Falls area. Also trained in Accelerated Resolution Therapy - a type of therapy that helps alleviate trauma symptoms.

### **Counseling Services offered at Evergreen Counseling and Consulting Services, LLC**

6809 S. Minnesota Avenue, Suite 102, Sioux Falls, SD 57108

**Hours:** Varies; call for appointment times.

**Phone:** 605-423-7880

**Eligibility:** Open to all ages

**Coverage Area:** Located in Sioux Falls but serving the state of South Dakota via telemental health.

Focuses on supporting people through grief/loss, life transitions, mental health challenges, and family conflict.

### **Counseling Service offered at Dakota Hope Counseling**

100 N. Krohn Place, Suite 309, Sioux Falls, SD 57103

**Hours:** 9:00am - 8:00pm (CT), Monday - Friday

**Phone:** 605-223-5155

**Eligibility:** Youth (ages 10 - 18) and adults

**Coverage Area:** In person: Sioux Falls area; Telehealth: South Dakota

Counseling services for ages 10 - adult. In-person and telehealth appointments available.

### **Counseling Services offered at Alexander Therapy & Consulting, PLLC**

No Physical Address, Sioux Falls, SD 57103

**Hours:** 9:00am - 9:00pm (CT), Monday and Tuesday 9:00am - 3:00pm (CT), Wednesday

**Phone:** 605-206-9301

**Eligibility:** Adults ages 18 and up

**Coverage Area:** South Dakota via telehealth

Provide a safe and compassionate space for people from all walks of life to work through various mental health struggles so they can live a more vibrant and healthy life.

### **Residential Treatment offered at Children's Home Society of South Dakota**

801 N. Sycamore Avenue, Loving School, Sioux Falls, SD 57110

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday Residential 24 hours a day / 7 days a week

**Phone:** 605-334-6004

**Eligibility:** Children ages 4 - 14 with emotional or behavioral problems

**Coverage Area:** South Dakota

Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

### **Clinical Outpatient Therapy Services offered at Children's Home Society of South Dakota**

4402 E. 3rd Street, Sioux Falls, SD 57103

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-965-3159

**Eligibility:** Children, Youth, Adolescents, Teens, Families

**Coverage Area:** South Dakota

Offering outpatient individual, group and family counseling with many specialties in therapeutic methods.

### **Telehealth Counseling Services offered at Therapy Lawgic**

No Physical Location, Harrisburg, SD 57032

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-900-6345

**Eligibility:** Open to all ages 10 and up.

**Coverage Area:** South Dakota

Provides mental health therapy via telehealth services for individuals, couples, and adolescents.

### **Counseling Services offered at Rising Hope Counseling, LLC**

1108 W. Cedar Street, Suite 5B, Beresford, SD 57004

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Rising Hope Counseling, LLC**

717 E. Main Street, Vermillion, SD 57069

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling Services offered at Rising Hope Counseling, LLC**

904 E. 5th Street, Canton, SD 57013

**Website:** <https://risinghope.com/>      **Email:** [admin@risinghope.com](mailto:admin@risinghope.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management.

### **Counseling and Support Groups offered at CancerCare**

485 Madison Avenue, New York, NY 10022

**Website:** [www.cancercare.org](http://www.cancercare.org)      **Email:** [info@cancercare.org](mailto:info@cancercare.org)

**Hours:** Hopeline: 10:00am - 6:00pm (ET), Monday - Thursday 10:00am - 5:00pm (ET), Friday

**Phone:** 212-712-8400

**Eligibility:** Anyone who is touched by cancer including: the person diagnosed, family, friends, co-workers, and the bereaved

**Coverage Area:** United States, Puerto Rico and U.S. Territories

Comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All services are provided by oncology social workers and world-leading cancer experts.

## **Transportation**

### **Home Care Services Rapid City offered at Home Instead**

710 Mount Rushmore Road, Rapid City, SD 57701

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-716-9300

**Eligibility:** School age to elderly individuals

**Coverage Area:** Black Hills area

Offers both skilled and non-skilled nursing services from school age to elderly individuals.

### **RapidRide offered at City of Rapid City**

333 6th Street, Rapid City, SD 57701

**Hours:** Office hours: 7:00am - 5:30pm (MT), Monday - Friday Hours of operation: 6:20am - 5:50pm (MT), Monday - Friday  
9:50am - 4:40pm (MT), Saturday

**Phone:** 605-394-6631

**Eligibility:** Open to all

**Coverage Area:** Rapid City

Provides 6 routes operating within the city limits of Rapid City. Service frequency is every 35 minutes. Service is available: 6:20am - 5:50pm, Monday - Friday and 9:50am - 4:40pm, Saturday.

### **Vision Bikes offered at Love INC of the Black Hills**

414 E. Omaha Street, Rapid City, SD 57701

**Hours:** Office hours: 8:30am - 4:30pm (MT), Monday - Thursday 8:30am - 12:00noon (MT), Friday

**Phone:** 605-718-5683

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Offers participants an opportunity to volunteer with Love Inc. and in return, earn a bike for transportation.

### **Home Health Care offered at Westhills Village Home Health Agency**

255 Texas Street, Rapid City, SD 57701

**Hours:** 7:30am - 4:30pm (MT), Monday - Friday Home Health Services are available 24 hours a day, 7 days a week.

**Phone:** 605-342-3594

**Eligibility:** Call for information.

**Coverage Area:** Counties of Lawrence, Meade, and Pennington

Provides individualized in-home care and in home-rehab.

### **Transportation Service offered at Care-a-Ride**

Rapid City, SD 57702

**Website:** [www.carearide.com](http://www.carearide.com)      **Email:** [carearide@gmail.com](mailto:carearide@gmail.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday Hours outside of 8:00 - 5:00 are available depending on situation. Sunday only on emergent basis, with additional charges.

**Phone:** 605-381-7825

**Eligibility:** Open to all

**Coverage Area:** Surrounding area

Offers transportation, both by car or wheelchair van, to medical appointments, grocery stores, or other appointments. Offers the option to shop for groceries for individuals.

### **Public Transit offered at Prairie Hills Transit**

2015 Tumble Weed Trail, Spearfish, SD 57783

**Website:** [www.prairiehillstransit.com](http://www.prairiehillstransit.com)      **Email:** [dispatch@prairiehillstransit.com](mailto:dispatch@prairiehillstransit.com)

**Hours:** Office hours: 7:00am - 5:00pm (MT), Monday - Friday Service hours vary in each community so please call or visit website for more information.

**Phone:** 605-642-6668

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Harding, Fall River, Lawrence, Meade, Perkins and portions of Pennington Operating public transit in Butte, Lawrence, and Meade Counties with service from these counties into Rapid City and Southern Hills. Door to door service provided with one business days' notice.

### **East Pennington/Haakon County Prairie offered at River Cities Public Transit**

No Physical Address, Garage, Eagle Butte, SD 57625

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-441-1495

**Eligibility:** Open to all

**Coverage Area:** East Pennington County (a 20 mile radius of Wall including the communities of Quinn, Wasta and Cottonwood) and Haakon County (Philip and Midland)

Please call 48 hours in advance. Primarily for medical trips; however, shoppers may ride along when medical trips are scheduled.

**Statewide Services offered at River Cities Public Transit**

1600 E. Dakota Avenue, Garage, Pierre, SD 57501

**Hours:** 24 hours a day / 7 days a week / 365 days a year

**Phone:** 605-945-2360

**Eligibility:** Open to all

**Coverage Area:** South Dakota

RCPT coordinates with all other transit agencies in South Dakota and can facilitate a ride statewide for medical appointments.