

## Basic Needs Resource Guide

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### Employment

#### **Liaison Services offered at South Dakota Network Against Family Violence and Sexual Assault**

816 6th Street, Suite 100, Rapid City, SD 57701

**Hours:** Call for information.

**Phone:** 800-670-3989

**Eligibility:** Individuals with a disability, who have been sexually assaulted

**Coverage Area:** South Dakota

Types of services provided:

- Case management
- Civil legal advocacy (protection orders, accompanying to court hearings)
- Civil legal assistance (provided by attorney or paralegal)
- Criminal justice advocacy/ court accompanying
- Crisis intervention
- Employment assistance (job training, coaching, supported or sheltered employment)
- Forensic exam assistance (provided by nurse or forensic examiner)
- Hospital/clinic accompanying
- Language services (interpreters and translators)
- Long term Care (assist with connecting to services for daily needs)
- Peer Support connections
- Personal Planning (assist victim/ survivor with goal-setting and develop plans to accomplish)
- Respite (connect to short term care to victim/survivor to relieve primary caregiver)
- Transportation
- Victim/Survivor advocacy (actions designed to assist victim/survivor in obtaining support, resources or services, including housing, employment shelter services, health care, victim's compensation, etc.)

#### **Veteran Outreach Center offered at Volunteers of America, Northern Rockies**

111 New York Street, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-341-8336

**Eligibility:** Veterans

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Offers case management, laundry facility, showers and bathrooms, computer access for job searches and resume preparation, phone message and mail center, and snacks. Cooking and non-cooking food boxes available.

#### **Independent Living Assistance offered at Western Resources for Independent Living**

909 E. Saint Patrick Street, Suite 4, Rapid City, SD 57701

**Website:** [www.wrill.org](http://www.wrill.org) **Email:** [info@wrill.org](mailto:info@wrill.org)

**Hours:** 8:00am - 4:30pm (MT), Monday - Friday

**Phone:** 888-434-4943

**Eligibility:** Open to all individuals of all ages with a significant disability

**Coverage Area:** Counties of Butte, Custer, Fall River, Haakon, Harding, Hughes, Jackson, Jones, Lawrence, Lyman, Meade, Mellette, Pennington, Perkins, Stanley, Sully, and Tripp

Western Resources for Independent Living is a center for independent living for all individuals of all ages with disabilities. We are a private non-profit agency with offices in Rapid City, Spearfish & Pierre, serving the people of 17 counties in western and central South Dakota. Independent Living is the right of an individual to make decisions to increase control over one's own life and to be responsible for those choices. Listed below are the 5 Core Services and other services provided.

- Individual & Systems Advocacy program
- Information & Referral Services
- Peer Support
- Independent Living Skills
- Transitions

Other Services Include:

- Home Modifications, Ramps and Adaptive Devices
- Housing: assist with locating affordable housing in the community
- Employment Services: increase knowledge in career research, completing applications, resumes and developing interview skills
- Recreational Services: assist an individual to identify opportunities in the community that provide meaningful leisure time activities and to learn socialization skills
- Technology Adaptive Services TAD: devices that assist an individual to independently communicate
- Commute (Transportation) Options: transportation training, to help understand options and referrals available for transportation
- Youth Transition Services: services for youth 12-24 years old that promote self-awareness, self-esteem, advocacy and self-empowerment skills.
- Security Deposit Assistance Program: low income persons with disabilities and/or the elderly. Other factors include need of security deposit and meeting HUD income eligibility.
- Social Security: assist individuals with applying for SSI/SSDI benefits

### **Life INC offered at Love INC of the Black Hills**

414 E. Omaha Street, Rapid City, SD 57701

**Website:** [www.loveinonline.com](http://www.loveinonline.com) **Email:** [mail@love-inc.us](mailto:mail@love-inc.us)

**Hours:** Office hours: 8:30am - 4:30pm (MT), Monday - Thursday 8:30am - 12:00noon (MT), Friday

**Phone:** 605-718-5683

**Eligibility:** Classes held in Rapid City, Hill City, and Sturgis; anyone welcome to attend regardless of residency.

**Coverage Area:** Black Hills region

A 8-week program (held in Rapid City, Hill City, or Sturgis) with classes on money management, parenting, relationships, nutrition, and Christianity. Ability to earn groceries, haircuts, and other incentives through attendance and homework. Meal, childcare, and transportation provided. Application required.

### **Stronger Family Program offered at Youth & Family Services**

120 E. Adams Street, Suite 100, Rapid City, SD 57701

**Website:** [www.strongerfamily.org](http://www.strongerfamily.org) **Email:** [wehelpkids@youthandfamilyservices.org](mailto:wehelpkids@youthandfamilyservices.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-791-5025

**Eligibility:** Open to all adults

**Coverage Area:** Rapid City area

Focuses on strengthening families as a whole by providing curriculum, strategies, and activities that will support healthy marriages, relationships, and families. Participants will develop the skills necessary to build strong relationships and increase their trajectory toward economic stability, mobility, and employability.

### **Day Center Services offered at Wambli Ska Society**

522 Anamosa Street, Rapid City, SD 57701

**Website:** [www.pejutawaste.org](http://www.pejutawaste.org) **Email:** [pejutawasteotipi@gmail.com](mailto:pejutawasteotipi@gmail.com)

**Hours:** 9:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-348-0247

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Providing mail distribution services, clothing and personal hygiene items when available and a resource center with computer and phone access.

### **National Farmworker Jobs Program offered at Black Hills Special Services Cooperative**

730 E. Watertown Street, Rapid City, SD 57701

**Hours:** 7:30am - 4:00pm (MT), Monday - Friday

**Phone:** 605-394-5120

**Eligibility:** Individuals and families who have done any farm or ranch work in the last 2 years

**Coverage Area:** South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

### **Job Center offered at Goodwill of the Great Plains Rapid City**

611 Lindbergh Avenue, Rapid City, SD 57701

**Hours:** 9:00am - 9:00pm (MT), Monday - Saturday 10:00am - 6:00pm (MT), Sunday

**Phone:** 605-341-3581

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Assistance with job search and preparation, resume building, and interviewing skills.

### **Job Center offered at Goodwill of the Great Plains**

611 Lindbergh Avenue, Rapid City, SD 57701

**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday 9:00am - 12:00noon (MT), Friday

**Phone:** 605-341-3581

**Eligibility:** Adults searching for employment

**Coverage Area:** Areas of Rapid City and Sioux Falls

Assists individuals with barriers to employment by providing assistance with job search, applications, interview, computer access, and faxing.

### **Youth and Young Adult Drop-In and Transitional Housing Center offered at Family Connections Center**

706 E. Monroe Street, Rapid City, SD 57701

**Hours:** 1:00pm - 8:00pm (MT), Monday - Saturday

**Phone:** 605-716-0422

**Eligibility:** Youth and Young Adults ages 16-24

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade, and Pennington Counties.

Providing a variety of services for youth to access educational, employment, and live independently.

### **South Dakota Army National Guard Education Service Specialist offered at South Dakota Department of the Military**

2823 W. Main Street, Rapid City, SD 57702

**Hours:** 9:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-737-6702

**Eligibility:** Visit a recruiter for specific requirements for enlistment and benefits

**Coverage Area:** South Dakota

Assists Guard members with higher education planning, preparation and funding.

### **Educational Counseling offered at SeekLearnGrow**

3011 Stockade Drive, Rapid City, SD 57702

**Website:** [www.seeklearngrow.org](http://www.seeklearngrow.org) **Email:** [Info@SeekLearnGrow.org](mailto:Info@SeekLearnGrow.org)

**Hours:** Virtual office. Will meet by appointment or will communicate by phone or email.

**Phone:** 605-939-0396

**Eligibility:** Our services are open primarily to adult students, military families and former foster children.

**Coverage Area:** South Dakota

Free educational counseling to include document retrieval, career and school research, access to testing and tutoring, help with financial aid, mentors, and community resources.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

2330 N. Maple Avenue, Suite 1, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Wednesday, Friday 9:00am - 5:00pm (MT), Thursday Walk-ins welcome, appointment preferred.

**Phone:** 605-394-2296

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Rehabilitation Services - Rapid City Office offered at South Dakota Department of Human Services**

2330 N. Maple Avenue, Suite 2, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-394-2261

**Eligibility:** Individuals with a disability, i.e. a physical or mental impairment which constitutes or results in a substantial impediment to employment. Individuals that can benefit from vocational rehabilitation services in achieving an employment outcome. Require vocational rehabilitation services to prepare for, enter, engage in, or retain gainful employment.

**Coverage Area:** Counties of Bennett, Custer, Fall River, Jackson, Eastern Meade, Pennington, Perkins, and Oglala Lakota  
Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

### **Service to the Blind and Visually Impaired - Rapid City offered at South Dakota Department of Human Services**

2330 N. Maple, Suite 2, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-394-2261

**Eligibility:** Must be blind, low vision, or visually impaired and want to obtain or retain employment.

**Coverage Area:** Counties of Bennett, Butte, Custer, Fall River, Haakon, Harding, Jackson, Lawrence, Meade, Oglala Lakota, Pennington, Perkins, and Ziebach.

State agency that works with individuals who are blind and or visually impaired in the area of employment and independent living.

### **Services and Support offered at South Dakota Deaf Resource & Outreach Programs**

2310 N. Maple Avenue, Rapid City, SD 57701

**Website:** [sddrop.org](http://sddrop.org) **Email:** [Programs@sddrop.org](mailto:Programs@sddrop.org)

**Hours:** 8:00am - 12:00noon (MT), Monday - Friday (afternoons by appointment)

**Phone:** 605-394-6864

**Eligibility:** Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

**Coverage Area:** South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

120 Industrial Drive, Suite 8, Spearfish, SD 57783

**Hours:** 8:00am - 5:00pm (MT), Monday - Wednesday, and Friday 9:00am - 5:00pm (MT), Thursday Appointment only, call or email to schedule.

**Phone:** 605-642-6900

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Independent Living Assistance offered at Western Resources for Independent Living**

430 Oriole Drive, Suite C, Spearfish, SD 57783

**Website:** [www.wrill.org](http://www.wrill.org) **Email:** [info@wrill.org](mailto:info@wrill.org)

**Hours:** 8:00am - 4:30pm (MT), Monday - Friday

**Phone:** 888-434-4943

**Eligibility:** Open to all individuals of all ages with a significant disability

**Coverage Area:** Counties of Butte, Custer, Fall River, Haakon, Harding, Hughes, Jackson, Jones, Lawrence, Lyman, Meade, Mellette, Pennington, Perkins, Stanley, Sully, and Tripp

Western Resources for Independent Living is a center for independent living for all individuals of all ages with disabilities. We are a private non-profit agency with offices in Rapid City, Spearfish & Pierre, serving the people of 17 counties in western and central South Dakota. Independent Living is the right of an individual to make decisions to increase control over one's own life and to be responsible for those choices. Listed below are the 5 Core Services and other services provided.

- Individual & Systems Advocacy program
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- Peer Support
- Independent Living Skills
- Transitions

Other Services Include:

- Home Modifications, Ramps and Adaptive Devices
- Housing: assist with locating affordable housing in the community
- Employment Services: increase knowledge in career research, completing applications, resumes and developing interview skills
- Recreational Services: assist an individual to identify opportunities in the community that provide meaningful leisure time activities and to learn socialization skills
- Technology Adaptive Services TAD: devices that assist an individual to independently communicate
- Commute (Transportation) Options: transportation training, to help understand options and referrals available for transportation
- Youth Transition Services: services for youth 12-24 years old that promote self-awareness, self-esteem, advocacy and self-empowerment skills.
- Security Deposit Assistance Program: low income persons with disabilities and/or the elderly. Other factors include need of security deposit and meeting HUD income eligibility.
- Social Security: assist individuals with applying for SSI/SSDI benefits

### **Career Launch SD offered at South Dakota Department of Labor and Regulation**

123 W. Missouri Avenue, Pierre, SD 57501

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-773-3101

**Eligibility:** High school students and youth ages 14-24

**Coverage Area:** Cities of Belle Fourche, Box Elder, Brookings, Lead/Deadwood, New Underwood, Rapid City, Sioux Falls, Spearfish, Sturgis, Yankton

Helps youth ages 14-24 explore education and career options.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

116 W. Missouri Avenue, Pierre, SD 57501

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule.

**Phone:** 605-773-3372

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **National Farmworker Jobs Program offered at Black Hills Special Services Cooperative**

221 S. Central Avenue, Suite 33, Pierre, SD 57501

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-494-3608

**Eligibility:** Individuals and families who have done any farm or ranch work in the last 2 years

**Coverage Area:** South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

### **Independent Living Assistance offered at Western Resources for Independent Living**

633 E. Sioux Avenue, Suite 6, Pierre, SD 57501

**Website:** [www.wrill.org](http://www.wrill.org) **Email:** [info@wrill.org](mailto:info@wrill.org)

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 888-434-4943

**Eligibility:** Open to all individuals of all ages with a significant disability

**Coverage Area:** Counties of Butte, Custer, Fall River, Haakon, Harding, Hughes, Jackson, Jones, Lawrence, Lyman, Meade, Mellette, Pennington, Perkins, Stanley, Sully, and Tripp

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- Youth Transition Services: services for youth 12-24 years old that promote self-awareness, self-esteem, advocacy and self-empowerment skills.
- Security Deposit Assistance Program: low income persons with disabilities and/or the elderly. Other factors include need of security deposit and meeting HUD income eligibility.
- Social Security: assist individuals with applying for SSI/SSDI benefits

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

1000 18th Street S.W., Suite 5, Huron, SD 57350

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

**Phone:** 605-353-7155

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton



Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Services and Support offered at South Dakota Deaf Resource & Outreach Programs**

14 S. Main Street, Suite 305, Aberdeen, SD 57401

**Website:** [sddrop.org](http://sddrop.org) **Email:** [Programs@sddrop.org](mailto:Programs@sddrop.org)

**Hours:** 10:00am - 3:00pm (CT), Monday - Thursday, other hours by appointment

**Phone:** 605-626-2668

**Eligibility:** Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

**Coverage Area:** South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

420 S. Roosevelt Street, Aberdeen, SD 57401

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only - call or email to schedule

**Phone:** 605-626-2340

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

1321 N. Main Street, Mitchell, SD 57301

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule

**Phone:** 605-995-8060

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

2001 9th Avenue S.W., Suite 200, Watertown, SD 57201

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

**Phone:** 605-882-5131

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

3113 Spruce Street, Suite 124, Yankton, SD 57078

**Hours:** 8:00am - 5:00pm (CT), Monday - Wednesday, and Friday 9:00am - 5:00pm (CT), Thursday Walk-ins welcome, appointment preferred.

**Phone:** 605-668-2900

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **South Dakota Rehabilitation Center for the Blind offered at South Dakota Department of Human Services**

2900 W. 11th Street, Suite 101, Ste 101, Sioux Falls, SD 57104

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-367-5260

**Eligibility:** Individuals who have a vision loss creating difficulty for them at home or work. Individuals are referred by a rehabilitation counselor or teacher.

**Coverage Area:** South Dakota

The SD Rehabilitation Center for the Blind assist individuals to learn how low vision or non-sighted skills can enhance to improve independence.

### **Education and Integration Services offered at Southeastern Behavioral Healthcare**

500 E. 54th Street N., Sioux Falls, SD 57104

**Hours:** Special Education and Adult Day services: 9:00am - 3:00pm (CT), Monday - Friday

**Phone:** 605-335-8956

**Eligibility:** Individuals must have a diagnosis of a developmental disability to access HCBS Funding. Children or adults who do not meet HCBS funding criteria can receive services if there is another funding source such as a local school district.

**Coverage Area:** South Dakota. Can serve individuals from other states if funding is available and the referring state is willing to accept South Dakota program standards.

Provides services and supports to children and adults with developmental disabilities by providing support, skills and encouragement needed to achieve hopeful and successful futures.

Services provided to program participants include:

- Special education
- Adult day programs
- Vocational programs
- Home-based instruction
- Residential living facilities
- Consultations
- Psychiatric services
- Medication management
- Counseling
- Transition Program

### **Job Center offered at Goodwill of the Great Plains**

3401 S. Duluth Avenue, Sioux Falls, SD 57105

**Hours:** 9:00am - 5:00pm (CT), Monday - Thursday 9:00am - 12:00noon (CT), Friday

**Phone:** 605-357-6171

**Eligibility:** Adults searching for employment

**Coverage Area:** Areas of Rapid City and Sioux Falls

Assists individuals with barriers to employment by providing assistance with job search, applications, interview, computer access, and faxing.

### **Post-High School and Therapy Services offered at Teachwell Solutions**

715 E. 14th Street, Sioux Falls, SD 57104

**Website:** <http://teachwell.org> **Email:** [info@teachwell.org](mailto:info@teachwell.org)

**Hours:** 7:30am - 4:00pm (CT), Monday - Friday

**Phone:** 605-367-7680

**Eligibility:** Referral required

**Coverage Area:** South Dakota



Provides employment and independent living skills to young adults, ages 18-21, with disabilities who require assistance and support while pursuing transition goals and objectives. Job and Career Development - offers a number of supports to career-bound high school students and adults seeking employment.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

811 E. 10th Street, Sioux Falls, SD 57103

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Walk-ins welcome, appointment preferred.

**Phone:** 605-367-5300

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Liaison Services offered at South Dakota Network Against Family Violence and Sexual Assault**

2520 E. River Ridge Place, Suite 200, Sioux Falls, SD 57103

**Hours:** Call for information

**Phone:** 800-670-3989

**Eligibility:** Individuals with a disability, who have been sexually assaulted

**Coverage Area:** South Dakota

Types of services provided:

- Case management
- Civil legal advocacy (protection orders, accompanying to court hearings)
- Civil legal assistance (provided by attorney or paralegal)
- Criminal justice advocacy/ court accompanying
- Crisis intervention
- Employment assistance (job training, coaching, supported or sheltered employment)
- Forensic exam assistance (provided by nurse or forensic examiner)
- Hospital/clinic accompanying
- Language services (interpreters and translators)
- Long term Care (assist with connecting to services for daily needs)
- Peer Support connections
- Personal Planning (assist victim/ survivor with goal-setting and develop plans to accomplish)
- Respite (connect to short term care to victim/survivor to relieve primary caregiver)
- Transportation
- Victim/Survivor advocacy (actions designed to assist victim/survivor in obtaining support, resources or services, including housing, employment shelter services, health care, victim's compensation, etc.)

### **Services and Support offered at South Dakota Deaf Resource & Outreach Programs**

524 N. Sycamore Avenue, Suite 2, Sioux Falls, SD 57110

**Website:** [sddrop.org](http://sddrop.org) **Email:** [Programs@sddrop.org](mailto:Programs@sddrop.org)

**Hours:** 11:30am - 4:00pm (CT), Monday - Thursday, other hours by appointment

**Phone:** 605-362-2618

**Eligibility:** Open to individuals who are deaf or hard of hearing, family members, service providers, community members, and/or teachers of deaf or hard of hearing persons

**Coverage Area:** South Dakota

Support for deaf/hard of hearing individuals and families, including direct instruction and communication equipment.

### **National Farmworker Jobs Program offered at Black Hills Special Services Cooperative**

5301 S Sycamore Avenue, Sioux Falls, SD 57108

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-610-4981

**Eligibility:** Individuals and families who have done any farm or ranch work in the last 2 years

**Coverage Area:** South Dakota

Depending upon availability of funds, provides farm or ranch workers assistance with on the job training assistance, job search/placement assistance; financial support for education training and job placement; emergency financial services such as, but not limited to rental assistance and transportation costs, daycare expenses, tools, uniforms.

### **Job Service Office offered at South Dakota Department of Labor and Regulation**

904 E. Cherry Street, Vermillion, SD 57069

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Appointment only, call or email to schedule

**Phone:** 605-677-6900

**Eligibility:** Call for information

**Coverage Area:** Cities served: Aberdeen, Brookings, Huron, Mitchell, Pierre, Rapid City, Sioux Falls, Spearfish, Vermillion, Watertown, and Yankton

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

### **Senior Community Service Employment Program offered at National Indian Council on Aging**

8500 Manual Boulevard N.E., Suite B-470, Albuquerque, NM 87112

**Hours:** Call for information.

**Phone:** 505-292-2001

**Eligibility:** Low income people aged 55 and older

**Coverage Area:** Counties of: Aurora, Buffalo, Beadle, BonHomme, Brookings, Brown, Brule, Campbell, Charles Mix, Clark, Clay, Codington, Corson, Custer, Davison, Day, Dewey, Douglas, Deuel, Fall River, Faulk, Grant, Gregory, Haakon, Hamlin, Hughes, Hutchinson, Hyde, Jackson, Jerauld, Jones, Kingsbury Lake, Lawrence, Lincoln, Marshall, McCook, McPherson, Meade, Mellette, Miner, Minnehaha, Moody, Oglala, Pennington, Perkins, potter, Roberts, Sanborn, Stanley, Todd, Tuner, Union, Walworth, Yankton, Ziebach

Helps elders find work, develop new skills, new talents, and earn income by participating in a on-the-job training and employment program.

## **Family/Parenting/Child Care**

### **Pregnancy Support Services - Rapid City offered at Birthright**

2002 5th Street, Rapid City, SD 57701

**Website:** [www.facebook.com/profile.php?id=100070412975938](https://www.facebook.com/profile.php?id=100070412975938)

**Email:** [rapidcity@birthright.org](mailto:rapidcity@birthright.org)

**Hours:** 1:00pm- 3:00pm (MT), Monday, Wednesday, Friday

**Phone:** 605-343-1732

**Eligibility:** Open to all

**Coverage Area:** Black Hills area

Provides women free and confidential pregnancy tests, emotional support, prenatal information, and referrals.

### **Community Outreach offered at Volunteers of America, Northern Rockies**

111 New York Street, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday (including weekday holidays)

**Phone:** 605-341-8336

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Offers access to crisis intervention, emergency resources, and case management support for those living in poverty. Some diapers, formula, and children's clothing available dependent on community donations.

### **Mommy's Closet offered at Volunteers of America, Northern Rockies**

111 New York Street, Rapid City, SD 57701

**Hours:** Walk in Hours: 11:00am - 4:00pm (MT), Monday, Tuesday, Thursday, Friday Case management by appointment

**Phone:** 605-341-8336

**Eligibility:** Anyone in need of baby diapering supplies or child/adult incontinence products

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Provides case management services to parents and guardians of children under 5 to problem-solve areas surrounding housing, education, employment and general finances. Provides diapers, wipes, child safety seats, clothing and formula.

### **Pregnancy Resources offered at Black Hills Pregnancy Center**

1774 Center Street, Suite 1, Rapid City, SD 57703

**Website:** [blackhillspregnancycenter.com](http://blackhillspregnancycenter.com) **Email:** [blackhillspregnancycenter@gmail.com](mailto:blackhillspregnancycenter@gmail.com)

**Hours:** 9:00am - 5:00pm (MT), Monday - Friday Helpline: 24 hours a day / 7 days a week

**Phone:** 605-341-4477

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Provides all services free: pregnancy testing, limited ultrasound, pre-natal vitamins, local support, community referrals, maternity and infant clothing, and parenting classes.

### **Preschool Scholarships offered at Starting Strong Rapid City**

3645 Sturgis Road, Suite 110, Rapid City, SD 57702

**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday

**Phone:** 605-342-6464

**Eligibility:** 3 and 4 year old children

**Coverage Area:** Rapid City Area School district boundaries

Provides preschool scholarships to children from economically disadvantaged families in Rapid City. Children that receive scholarships can choose from 5 different area preschools.

### **Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

3645 Sturgis Road, Suite 110, West Region Distributing Agency - Early Childhood Connections, Rapid City, SD 57702

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)

**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday Call to schedule an appointment to ensure seat availability.

**Phone:** 888-999-7759

**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

### **Car Seat Safety offered at Sue Jarvis, CPST**

No Physical Location, Hill City, SD 57745

**Hours:** Flexible. Text message to schedule.

**Phone:** 605-430-2704

**Eligibility:** Open to all

**Coverage Area:** Rapid City and surrounding area

Assists with car seat installation and inspections.

### **Earn While You Learn offered at Bella Pregnancy Resource Center**

119 E. Grant Street, Suite 2, Spearfish, SD 57783

**Website:** [www.bellapregnancy.com](http://www.bellapregnancy.com) **Email:** [info@bellapregnancy.com](mailto:info@bellapregnancy.com)

**Hours:** 12:00noon - 5:00pm (MT), Monday, Wednesday 10:00am - 3:00pm (MT), Tuesday, Thursday

**Phone:** 605-642-4140

**Eligibility:** Any expectant parent or any parent who has an infant or toddler

**Coverage Area:** Counties of Butte, Harding, Lawrence, Meade, and Pennington

An educational program designed to help parents become the best parents they can be, while at the same time giving them the opportunity to earn some of the items necessary to meet the physical needs of their babies.

As parents learn valuable information on pregnancy care and parenting skills, they earn Mommy Money and Man Bucks to use in the Baby Boutique for items such as clothing, furniture, and baby items.

### **Pregnancy Resources offered at Black Hills Pregnancy Center**

118 Chanku Waste Drive, Porcupine, SD 57772

**Website:** [blackhillspregnancycenter.com](http://blackhillspregnancycenter.com) **Email:** [blackhillspregnancycenter@gmail.com](mailto:blackhillspregnancycenter@gmail.com)

**Hours:** 8:00am - 4:00pm (MT), Monday, Tuesday, Thursday

**Phone:** 605-223-0852

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Provides all services free: pregnancy testing, limited ultrasound, pre-natal vitamins, local support, community referrals, maternity and infant clothing, and parenting classes.

### **Child Care Assistance offered at South Dakota Department of Social Services**

700 Governors Drive, Pierre, SD 57501

**Website:** [www.dss.sd.gov/childcare](http://www.dss.sd.gov/childcare) **Email:** [CCS@state.sd.us](mailto:CCS@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-773-4766

**Eligibility:** Visit <https://dss.sd.gov/childcare/childcareassistance/eligible.aspx> or call for information

**Coverage Area:** South Dakota

Provides financial help for child care costs for families who are working and/or going to school.

### **Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

2905 3rd Avenue, S.E., Aberdeen, SD 57401

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-226-5675

**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

### **Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

1057 8th Street, Pugsley Center, Room 201, Northeast Region Distributing Agency - Child & Family Resource Network, Brookings, SD 57007

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-688-5730

**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

### **Child Seat Distribution Program offered at South Dakota Child Safety Seat Distribution Program**

5015 S. Western Avenue, Suite 120, Sioux Falls, SD 57108

**Website:** <https://dss.sd.gov/childcare/childsafetyseat/> **Email:** [sdsu.frn@sdstate.edu](mailto:sdsu.frn@sdstate.edu)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Please make an appointment for installation and education.

**Phone:** 605-312-8390

**Eligibility:** Family must participate in an income eligible program such as WIC, CHIP, Medicaid, SNAP, Head Start, or Child Care Assistance

**Coverage Area:** Counties of Brookings, Brown, Lincoln, Meade, Minnehaha, and Pennington.

Call for distribution agency locations and times. Keeping children safe by providing child safety seats at no cost to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight until they are at least 4'9. At 4'9, most children can safely wear a seat belt.

### **Vehicle Safety Hotline - National Highway Traffic Safety Administration offered at United States Department of Transportation**

1200 New Jersey Avenue, S.E., Washington, DC 20590

**Hours:** Office Hours: 8:30am - 5:30pm (ET), Monday - Friday (excludes Federal Holidays)

**Phone:** 888-327-4236

**Eligibility:** Open to all

**Coverage Area:** United States

A hotline set up for individuals to report problems regarding auto safety or child safety seats. Information can be obtained about auto safety and auto recalls in the United States.

## **Financial**

### **Never Give Up Hope offered at FoY Foundation, Inc.**

429 Kansas City Street, Suite 2-3, Rapid City, SD 57701

**Website:** [www.FoYFoundationInc.org](http://www.FoYFoundationInc.org) **Email:** [FoYFoundationInc@gmail.com](mailto:FoYFoundationInc@gmail.com)

**Hours:** 9:00am - 3:00pm (MT), by appointment

**Phone:** 605-721-7775

**Eligibility:** Adults 18 - 65 years old undergoing invasive major surgery to remove cancer.

**Coverage Area:** South Dakota

Helps adult cancer patients who need surgery with rent/mortgage payments.

### **Human Services offered at Pennington County**

321 Kansas City Street, Suite 100, Care Campus, Rapid City, SD 57701

**Hours:** Office hours: 6:30am - 5:00pm (MT), Monday - Friday (excluding holidays)

**Phone:** 605-394-2156

**Eligibility:** Pennington County residents who meet the eligibility criteria established in state statute and county guidelines.

**Coverage Area:** Pennington County

Eligibility based assistance with rent, utilities, transportation for work or medical appointments, pre-approved medical expenses including most prescription medications, emergency hospitalization, and qualified burial or cremation expenses. Anyone who receives assistance will have a lien filed in their name for that amount and will be responsible for repayment of that lien to the County.

### **Elder Angel Funds offered at Sequel Inc.**

318 Mount Rushmore Road, Suite C, Rapid City, SD 57701

**Website:** [www.sequelincorporated.org](http://www.sequelincorporated.org) **Email:** [info@sequelincorporated.org](mailto:info@sequelincorporated.org)

**Hours:** 8:00am - 4:00pm (MT), Monday - Friday

**Phone:** 605-721-4383

**Eligibility:** Low-income elderly 65 and over

**Coverage Area:** South Dakota

Elder Angel Funds are available through a short application process to help low-income senior citizens with everyday expenses.

### **Counseling Services offered at Jetson Counseling**

1301 W. Omaha Street, Suite 220, Rapid City, SD 57701

**Website:** [www.jetsoncounseling.com](http://www.jetsoncounseling.com) **Email:** [jetsond@yahoo.com](mailto:jetsond@yahoo.com)

**Hours:** 9:00am - 6:00pm (MT), Monday - Wednesday Workshops, trainings, and paid speaking engagements are available Thursday - through Sunday

**Phone:** 605-718-5500

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City but serving South Dakota and Montana via telehealth.

Individual, couples, marriage, family, group counseling, and workshops focusing on areas such as co-dependency, trauma, sexuality, depression, anxiety, sexual abuse trauma, mild traumatic brain injury, relationship issues, boundaries, and financial therapy / coaching.

### **Personal Financial Resources and Counseling offered at Black Hills Community Loan Fund**

1764 Centre Street, Suite 1, Rapid City, SD 57703

**Website:** [www.bhclf.org](http://www.bhclf.org) **Email:** [info@bhclf.org](mailto:info@bhclf.org)

**Hours:** Call for an appointment

**Phone:** 605-519-5124

**Eligibility:** Open to all who are 18 or older

**Coverage Area:** Five Counties: Butte, Custer, Fall River, Meade, and Pennington

BHCLF is a resource for Financial education and literacy. BHCLF hosts Financial Skills for Families classes as well as does financial counseling.

### **Financial and Housing Counseling offered at Consumer Credit Counseling Service of the Black Hills**

2310 N. Maple Avenue, Rapid City, SD 57701

**Website:** [www.cccsbh.com](http://www.cccsbh.com) **Email:** [info@cccsbh.com](mailto:info@cccsbh.com)

**Hours:** 8:00am - 5:00pm (MT), Monday, Tuesday, Thursday 8:00am - 8:30pm (MT), Wednesday 8:00am - 3:00pm (MT), Friday

**Phone:** 605-348-4550

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota, Pierre, Wyoming

Counseling services helps individuals develop a plan to address their financial situation by reviewing income, budget, and current creditors. Debt Management can lower debt payments and variety of education programs help consumers make informed financial decisions. Also has housing counseling and bankruptcy services.

### **Debt Management offered at Consumer Credit Counseling Service of the Black Hills**

2310 N. Maple Avenue, Rapid City, SD 57701

**Website:** [www.cccsbh.com](http://www.cccsbh.com) **Email:** [info@cccsbh.com](mailto:info@cccsbh.com)

**Hours:** 8:00am - 5:00pm (MT), Monday, Tuesday, Thursday 8:00am - 8:30pm (MT), Wednesday 8:00am - 3:00pm (MT), Friday

**Phone:** 605-348-4550

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Provides lower debt payments and many creditors reduce interest rates and eliminate late fees.

### **Financial Education offered at Consumer Credit Counseling Service of the Black Hills**

2310 N. Maple Avenue, Rapid City, SD 57701

**Website:** [www.cccsbh.com](http://www.cccsbh.com) **Email:** [info@cccsbh.com](mailto:info@cccsbh.com)

**Hours:** 8:00am - 5:00pm (MT), Monday, Tuesday, Thursday 8:00am - 8:30pm (MT), Wednesday 8:00am - 3:00pm (MT), Friday

**Phone:** 605-348-4550

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota, Pierre

CCCS offers a variety of education programs and information to help you make informed financial decisions and live better.

### **Debt Management offered at Pioneer Credit Counseling**

3620 Homestead Street, Suite 1, Rapid City, SD 57703



**Website:** [www.pioneercredit.com](http://www.pioneercredit.com) **Email:** [service@pioneercredit.com](mailto:service@pioneercredit.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-348-1608

**Eligibility:** Open to all

**Coverage Area:** Pennington County

A bonded, non-profit credit counseling agency offering debt management programs, financial counseling, bankruptcy counseling and housing counseling.

### **Home Repair Assistance offered at NeighborWorks Dakota Home Resources**

795 Main Street, Deadwood, SD 57732

**Website:** [www.neighborworksdhr.org](http://www.neighborworksdhr.org) **Email:** [info@nwdhr.org](mailto:info@nwdhr.org)

**Hours:** 8:00am - 12:00noon;1:00pm - 5:00pm (MT), Monday - Friday Summer hours (Memorial Day - Labor Day): 8:00am - 5:00pm (MT), Monday - Thursday;8:00am - 12:00noon (MT), Friday

**Phone:** 605-578-1401

**Eligibility:** Low to moderate income residents of western South Dakota

**Coverage Area:** Western SD including Butte, Custer, Fall River, Lawrence, Meade, and Pennington Counties.

Helping families, buy, fix, and keep their homes through credit counseling, home-buyer education, foreclosure prevention, down payment and closing cost assistance.

### **Housing Authority offered at Oglala Sioux Tribe Partnership for Housing, Inc.**

4 Fraggie Rock Street, Pine Ridge, SD 57770

**Website:** [www.facebook.com/TatankaWoihanble](https://www.facebook.com/TatankaWoihanble) **Email:** [ostph@yahoo.com](mailto:ostph@yahoo.com)

**Hours:** 8:00am - 4:30pm (MT), Monday - Friday

**Phone:** 605-867-1555

**Eligibility:** Open to all

**Coverage Area:** Counties of Bennett, Custer, Fall River, Jackson, Oglala Lakota, and Pennington.

Provides the following services - Housing counseling, Credit counseling, Support services and referrals, Veterans' assistance, Homebuyer programs, Rehab assistance, Food security assistance, and Small business counseling.

### **Small Business Assistance offered at Four Bands Community Fund, Inc.**

412 S. Main Street, Eagle Butte, SD 57625

**Website:** [www.fourbands.org](http://www.fourbands.org) **Email:** [info@fourbands.org](mailto:info@fourbands.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-964-3687

**Eligibility:** Open to all potential and existing Native American owned businesses in South Dakota

**Coverage Area:** Counties of Dewey and Ziebach, and all potential and existing Native American owned businesses in South Dakota

Providing business training/coaching, financial empowerment coaching, and lending to potential and existing Native American owned businesses in South Dakota.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

33 Third Street S.E., Suite 202, Cornerstones Career Learning Center, Huron, SD 57350

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education;homeownership counseling and education;debt management plans;bankruptcy counseling;and Sharpen Your Financial Focus.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

110 6th Avenue S.E., Suite 200, Aberdeen, SD 57401

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/> **Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education; homeownership counseling and education; debt management plans; bankruptcy counseling; and Sharpen Your Financial Focus.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

403 N. Lawler Street, Suite 206, 2nd Floor, Mitchell, SD 57301

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/>

**Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** By appointment

**Phone:** 605-330-2700

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education; homeownership counseling and education; debt management plans; bankruptcy counseling; and Sharpen Your Financial Focus.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

1424 9th Avenue S.E., Suite 7, Watertown, SD 57201

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/>

**Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education; homeownership counseling and education; debt management plans; bankruptcy counseling; and Sharpen Your Financial Focus.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

920 Broadway Avenue, Suite 1, Yankton, SD 57078

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/>

**Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** 8:00am - 8:00pm (CT), Monday - Thursday 8:00am - 5:00pm (CT), Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education; homeownership counseling and education; debt management plans; bankruptcy counseling; and Sharpen Your Financial Focus.

### **Homeownership Education and Housing Counseling offered at GROW South Dakota**

104 Ash Street E., Sisseton, SD 57262

**Website:** [www.growsd.org](http://www.growsd.org)

**Email:** [info@growsd.org](mailto:info@growsd.org)

**Hours:** 8:00am - 4:30pm (CT), Monday - Thursday 8:00am - 12:00pm (CT), Fridays

**Phone:** 605-698-7654

**Eligibility:** Open to all prospective homeowners

**Coverage Area:** South Dakota

GROW South Dakota is a HUD approved Housing Counseling agency and Housing Education Resource Organization (HERO) offering individual and online education for home ownership. Also offers one on one pre-purchase, rental counseling, and financial management for homeowners.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

752 22nd Avenue S., Brookings, SD 57006

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/>

**Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education; homeownership counseling and education; debt management plans; bankruptcy counseling; and Sharpen Your Financial Focus.

### **Housing Opportunities for People with AIDS offered at Sioux Falls Housing and Redevelopment Commission**

630 S. Minnesota Avenue, Sioux Falls, SD 57104

**Website:** [www.siouxfallshousing.org](http://www.siouxfallshousing.org) **Email:** [sfhrc@siouxfallshousing.org](mailto:sfhrc@siouxfallshousing.org)

**Hours:** Main door is open from 8:00am to 5:00pm (CT) Monday - Thursday. Walk-in hours are available from 11:00am - 12:00noon (CT) Monday - Thursday for anyone to talk with a caseworker. Main door is closed on Fridays with no walk-in hours. May be available by appointment.

**Phone:** 605-332-0704

**Eligibility:** Serves persons who are diagnosed with HIV/AIDS and meet income limitations.

**Coverage Area:** South Dakota

Provides short or long term rental assistance and mortgage payment assistance to persons who are diagnosed with HIV/AIDS and meet income limitations.

### **Housing Education Programs offered at Sioux Empire Housing Partnership, Inc.**

200 N. Phillips Avenue, Suite 200, Sioux Falls, SD 57104

**Website:** [www.siouxempirehousing.org](http://www.siouxempirehousing.org) **Email:** [sehp@siouxfalls.com](mailto:sehp@siouxfalls.com)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Evening sessions and Saturday classes available once a month

**Phone:** 605-339-0942

**Eligibility:** Individuals interested in homeownership or rental education, financial literacy and establishing or rebuilding credit. Youth seeking financial literacy.

**Coverage Area:** South Dakota

Sioux Empire Housing Partnership (SEHP) offers housing education programs, such as Homebuyer & Rental Education, Financial Literacy and Debt Management, and Credit Review Services.

### **SD Cares Rental Assistance Program offered at South Dakota Housing Development Authority**

No Physical Address, Sioux Falls, SD 57105

**Hours:** Applications currently being accepted.

**Phone:** 605-339-4357

**Eligibility:** Must be a renter; Have income at or below 80% of AMI for respective county; Owe past due rent or utilities or unable to pay current expenses.

**Coverage Area:** South Dakota

Provides rental and utility assistance. Assistance provided is not a loan and does not have to be paid back. Online only application - fill this out first.

### **Center for Financial Resources offered at Lutheran Social Services - Southeast Region**

705 E. 41st Street, Suite 100, Sioux Falls, SD 57105

**Website:** <https://lsssd.org/what-we-do/center-for-financial-resources/>

**Email:** [cccs@lsssd.org](mailto:cccs@lsssd.org)

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 888-258-2227

**Eligibility:** Open to anyone seeking help with personal finance issues

**Coverage Area:** Counties of Beadle, Brookings, Brown, Codington, Davison, Lincoln, McCook, Minnehaha, Turner, and Yankton.

Center for Financial Resources provides financial counseling and education; homeownership counseling and education; debt management plans; bankruptcy counseling; and Sharpen Your Financial Focus.

### **Bankruptcy Advice Helpline offered at CareConnect USA**

2019 Sandy Pond Lane, Waxhaw, NC 28173

**Website:** <http://careconnectusa.org/free-bankruptcy-advice/>

**Email:** [info@careconnectusa.org](mailto:info@careconnectusa.org)

**Hours:** 9:00am - 8:00pm (ET), Monday - Friday  
**Phone:** 800-379-0985  
**Eligibility:** Must have burdensome debt without ability to pay it back in a timely manner.  
**Coverage Area:** United States  
Free Bankruptcy Advice Hotline 800-379-0985.

### **Debt Counseling Helpline offered at CareConnect USA**

2019 Sandy Pond Lane, Waxhaw, NC 28173  
**Website:** <https://careconnectusa.org/debt-relief-help-line/> **Email:** [info@careconnectusa.org](mailto:info@careconnectusa.org)  
**Hours:** 9:00am - 6:00pm (ET), Monday - Friday  
**Phone:** 800-453-1738  
**Eligibility:** Must have unsecured (credit card) debt and a willingness to receive counseling.  
**Coverage Area:** United States  
Debt Relief Helpline 800-453-1738.

### **Private Student Loan Relief Helpline offered at CareConnect USA**

2019 Sandy Pond Lane, Waxhaw, NC 28173  
**Website:** [careconnectusa.org/private-student-loan-relief](http://careconnectusa.org/private-student-loan-relief) **Email:** [info@careconnectusa.org](mailto:info@careconnectusa.org)  
**Hours:** 8:00am - 5:00pm (ET), Monday - Friday  
**Phone:** 888-669-1064  
**Eligibility:** Open to student loan borrowers who have private loans through a bank or credit union.  
**Coverage Area:** Nationwide  
A helpline for student loan borrowers who have a private loan from a bank or credit union.

### **Financial Assistance for Military Families offered at American Red Cross**

No Physical Address  
**Website:** <https://www.redcross.org/get-help/military-families/financial-assistance.html>  
**Hours:** 24 hours a day / 7 days a week  
**Phone:** 877-272-7337  
**Eligibility:** Active duty service members and their immediate family, members of the activated National Guard or Reserve Unit and their immediate family members, and military retiree or spouse/widow(er) of a retiree.  
**Coverage Area:** State of South Dakota  
The American Red Cross works in partnership with Military Aid Societies to provide financial assistance to eligible applicants.

## **Food**

### **Food Program offered at Fork Real Community Cafe, Inc.**

507 Main Street, Rapid City, SD 57701  
**Hours:** Breakfast: 7:00am - 2:00pm (MT), Monday - Friday Lunch: 11:00am - 2:00pm (MT), Monday - Friday Office hours: 9:00am - 3:00pm (MT), Monday - Friday  
**Phone:** 605-718-5020  
**Eligibility:** 14 years of age or older  
**Coverage Area:** Rapid City area  
A non-profit, pay-what-you-can cafe. People may donate for the meals by cash, credit or volunteer an hour for their meal.

### **Meal Service offered at Cornerstone Rescue Mission**

30 Main Street, Rapid City, SD 57701  
**Hours:** Lunch served beginning at 12:00noon (MT), Monday - Friday Dinner served beginning at 6:00pm (MT), Monday - Friday  
**Phone:** 605-341-2844  
**Eligibility:** Lunch and dinner open to public

**Coverage Area:** Rapid City area  
Lunch and dinner open to the public.

### **Emergency Services offered at Church Response**

30 Main Street, Same building as Cornerstone Rescue Mission, Rapid City, SD 57701

**Email:** [churchresponsepantry@gmail.com](mailto:churchresponsepantry@gmail.com)

**Hours:** 9:00am - 4:00pm (MT), Monday - Friday

**Phone:** 605-342-5360

**Eligibility:** Open to all people with low income

**Coverage Area:** Pennington County and surrounding area if there is no food source closer.

Food Assistance: Groceries and past due utilities.

### **Free Little Pantry offered at Open Heart United Methodist Church**

202 E. Indiana Street, Open Heart United Methodist Church, Rapid City, SD 57701

**Website:** [www.openheartumc.org](http://www.openheartumc.org) **Email:** [openheartumc@gmail.com](mailto:openheartumc@gmail.com)

**Hours:** Free little pantry: Accessible 24 hours a day / 7 days a week Monthly meal: 6:00pm (MT), 2nd Tuesday of each month

**Phone:** 605-343-1813

**Eligibility:** Open to all

**Coverage Area:** Pennington County

Free Little Pantry is located in front of the church, on the lawn. Accessible 24 hours a day / 7 days a week.

### **Congregate Meals and Delivery Locations offered at Meals on Wheels Western South Dakota**

1621 Sheridan Lake Road, Suite C, Meals on Wheels Main Office, Rapid City, SD 57702

**Hours:** Office hours: 8:00am - 4:30pm (MT), Monday - Friday See description for details

**Phone:** 605-394-6002

**Eligibility:** Seniors, 60 years and older

**Coverage Area:** Belle Fourche, Bison, Custer, Dupree, Edgemont, Faith, Hill City, Hot Springs, Isabel, Kadoka, Lemmon, Martin, Murdo, Philip, Newell, Nisland, Rapid City, Timber Lake, Wall

Weekday lunches to seniors (60+) in congregate settings, and delivered to homes in many towns.

### **Nutritional Support offered at Wambli Ska Society**

522 Anamosa Street, Rapid City, SD 57701

**Website:** [www.pejutawaste.org](http://www.pejutawaste.org) **Email:** [pejutawasteotipi@gmail.com](mailto:pejutawasteotipi@gmail.com)

**Hours:** Lunch: 12:00noon - 1:00pm (MT), Monday - Friday Food Pantry: 1:30pm - 4:00pm (MT), Monday - Friday

**Phone:** 605-348-0247

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Providing lunch and access to a food pantry.

### **Emergency Services offered at Salvation Army of the Black Hills**

405 N. Cherry Avenue, 405 N. Cherry Ave., Rapid City, SD 57701

**Hours:** Emergency Food: 1:00pm - 4:00pm (MT), Monday - Friday Clothing & Household Vouchers: 1:00pm - 4:00pm (MT), Monday - Friday Utility Assistance: By appointment only. Call to make an appointment.

**Phone:** 605-342-0982

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Serving Western South Dakota through various services, including food programs, worship and spiritual development, material and seasonal assistance, Pathway of Hope, and more.

### **Food Pantry offered at Mother Butler Center Food Pantry**

221 Knollwood, Mother Butler Center, Rapid City, SD 57701

**Website:** [www.rapidcitydiocese.org](http://www.rapidcitydiocese.org) **Email:** [stisaac@rushmore.com](mailto:stisaac@rushmore.com)



**Hours:** 11:00am - 2:00pm (MT) Monday, Wednesday, and Friday.

**Phone:** 605-343-2165

**Eligibility:** Open to all

**Coverage Area:** Pennington County

A food pantry that consists of non-perishable food items and personal hygiene items.

### **Adventist Food Pantry offered at Rapid City Seventh-Day Adventist Church**

1636 Concourse Court, Rapid City, SD 57703

**Website:** <https://rapidcitysd.adventistchurch.org> **Email:** [rapidsda@gmail.com](mailto:rapidsda@gmail.com)

**Hours:** 10:00am - 2:00pm (MT), Monday - Thursday \*Open by appointment only

**Phone:** 605-503-1279

**Eligibility:** Open to all by appointment only

**Coverage Area:** City of Rapid City

Emergency food pantry.

### **Food Pantry offered at Lamb Chop Ministries**

4813 S. Canyon Road, Freedom Motorcycle Church, Rapid City, SD 57702

**Hours:** By appointment only.

**Phone:** 520-300-1093

**Eligibility:** Open to all families who are currently working.

**Coverage Area:** Black Hawk, Piedmont, Summerset, Rapid City

Provides the following to help supplement income: meats, fresh vegetables, fruit, milk, eggs, and canned goods.

### **Food Pantry offered at City of New Underwood**

423 S. A Avenue, New Underwood, SD 57761

**Hours:** 8:00am - 2:00pm (MT), Monday - Thursday Other times as necessary

**Phone:** 605-754-6777

**Eligibility:** Open to all

**Coverage Area:** New Underwood area

Dry food goods are donated to the Food Pantry located at City Hall. Anyone needing food can take what they need/want.

### **Youth Center offered at Boys & Girls Clubs of the Black Hills**

297 Walnut Avenue, Hill City, SD 57745

**Website:** [www.BGCBlackHills.org](http://www.BGCBlackHills.org) **Email:** [bgbh@bgcblackhills.org](mailto:bgbh@bgcblackhills.org)

**Hours:** School year hours: 3:00pm - 6:00pm (MT), Monday - Friday Summer hours: 7:15am - 5:30pm (MT), Monday - Friday

**Phone:** 605-574-2010

**Eligibility:** Club Membership grades K-12; Teen Center open to Middle & High School age Club Prep Pre-K program ages 3 - 6

**Coverage Area:** Custer, Deadwood, Edgemont, Hill City, Hot Springs, Keystone, Lead, Oelrichs, Rapid City, Rochford, Spearfish, and Sturgis.

A youth organization that provides a safe place for kids to go after school. Youth get to participate in a variety of activities such as homework help/tutoring, organized sports programs, Youth for Unity, Teen Center, and guided activities on character and leadership, education and career skills, and healthy living/active lifestyles. Snacks are provided to the youth.

The Club is open year round with a summer program that provides a safe, fun place for children. Benefits include swimming lessons, outdoor activities, and hands-on reading, math, science activities (STEM) to keep young minds engaged out of school and lessen the summer learning gap.

### **Food Pantry offered at Hill City Community Food Pantry, The**

525 Main Street, Little White Church, Hill City, SD 57745

**Email:** [office@thelittlewhitechurch.net](mailto:office@thelittlewhitechurch.net)

**Hours:** 9:00am - 11:00am (MT), Monday and Friday

**Phone:** 605-574-2426

**Eligibility:** Open to those in need

**Coverage Area:** Cities of Hill City, Keystone, and Custer



Food pantry serving Hill City, Keystone, and Custer. Available 9:00am - 11:00am (MT), Monday and Friday

### **Youth Center offered at Boys & Girls Clubs of the Black Hills**

32 Baltimore Street, Lead, SD 57754

**Website:** [www.BGCBlackHills.org](http://www.BGCBlackHills.org) **Email:** [bgcbh@bgcblackhills.org](mailto:bgcbh@bgcblackhills.org)

**Hours:** School year hours: 3:00pm - 7:00pm (MT), Monday - Friday

**Phone:** 605-340-0389

**Eligibility:** Club Membership grades K-12; Teen Center open to Middle & High School age Club Prep Pre-K program ages 3 - 6

**Coverage Area:** Custer, Deadwood, Edgemont, Hill City, Hot Springs, Keystone, Lead, Oelrichs, Rapid City, Rochford, Spearfish, and Sturgis.

A youth organization that provides a safe place for kids to go after school. Youth get to participate in a variety of activities such as homework help/tutoring, organized sports programs, Youth for Unity, Teen Center, and guided activities on character and leadership, education and career skills, and healthy living/active lifestyles. Snacks are provided to the youth.

The Club is open year round with a summer program that provides a safe, fun place for children. Benefits include swimming lessons, outdoor activities, and hands-on reading, math, science activities (STEM) to keep young minds engaged out of school and lessen the summer learning gap.

### **Youth Center offered at Boys & Girls Clubs of the Black Hills**

105 N. River Street, Hot Springs, SD 57747

**Website:** [www.BGCBlackHills.org](http://www.BGCBlackHills.org) **Email:** [bgcbh@bgcblackhills.org](mailto:bgcbh@bgcblackhills.org)

**Hours:** School year hours: 3:00pm - 6:30pm (MT), Monday - Thursday 7:30am - 5:30pm (MT), Friday Summer hours: 7:30am - 5:30pm (MT), Monday - Friday

**Phone:** 605-745-8000

**Eligibility:** Club Membership grades K-12; Teen Center open to Middle & High School age Club Prep Pre-K program ages 3 - 6

**Coverage Area:** Custer, Deadwood, Edgemont, Hill City, Hot Springs, Keystone, Lead, Oelrichs, Rapid City, Rochford, Spearfish, and Sturgis.

A youth organization that provides a safe place for kids to go after school. Youth get to participate in a variety of activities such as homework help/tutoring, organized sports programs, Youth for Unity, Teen Center, and guided activities on character and leadership, education and career skills, and healthy living/active lifestyles. Snacks are provided to the youth.

The Club is open year round with a summer program that provides a safe, fun place for children. Benefits include swimming lessons, outdoor activities, and hands-on reading, math, science activities (STEM) to keep young minds engaged out of school and lessen the summer learning gap.

### **Food Pantry offered at Country Cupboard/Food Pantry**

505 Glenn Street, Wall, SD 57790

**Hours:** Summer Hours (May - August): 9:00am - 11:00am and 5:00pm - 7:00pm (MT), 3rd Wednesday of the Month 9:00am - 11:00am, 3rd Saturday of the Month Winter Hours (September - May): 1:00pm - 4:00pm (MT), 1st, 2nd, and 3rd Wednesdays of the month 9:00am - 11:00am (MT), 3rd Saturday of the month

**Phone:** 605-279-2453

**Eligibility:** Anyone in Wall and Philip areas.

**Coverage Area:** Wall and Philip areas

The Country Cupboard is a food pantry for those in Wall and Philip areas. The pantry has no income guidelines.

### **HOPE Waiver offered at South Dakota Department of Human Services**

3800 E. Highway 34, Division of Long Term Services and Supports, Hillview Plaza, Pierre, SD 57501

**Website:** <https://dhs.sd.gov/en/ltss/hope-waiver> **Email:** [DakotaAtHome@state.sd.us](mailto:DakotaAtHome@state.sd.us)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 833-663-9673

**Eligibility:** Open to those 65 and older or age 18 and older with a qualifying disability

**Coverage Area:** South Dakota

Provides home and community-based services to people who need nursing facility level of care. The waiver allows people age 65 and older, and people age 18 and older who have a qualifying disability, to live at home or in the setting that is most independent for them.

### **Rapid City Food Calendar offered at Helpline Center - Resource Guides**

No Physical Address, Sioux Falls, SD 57104

**Hours:** Available online 24 hours a day / 7 days a week

**Phone:** 605-339-4357

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

The Rapid City Food Calendar contains information about reoccurring meals, food pantries and food giveaways.

### **Statewide Mobile Food Distribution Program offered at Feeding South Dakota**

Sioux Falls, SD 57105

**Website:** [www.feedingsouthdakota.org/mobile](http://www.feedingsouthdakota.org/mobile) **Email:** [info@feedingsouthdakota.org](mailto:info@feedingsouthdakota.org)

**Hours:** Find locations and schedules on website.

**Eligibility:** When picking up food, guests will be asked to register their household and self-declare their income.

**Coverage Area:** South Dakota

Distributes free food to individuals and families. Visit website to see list of location dates/times in your area.

### **Programs and Services offered at Dysphagia Outreach Project, The**

300 W. Carolina Avenue, Suite 9, Ruston, LA 71270

**Website:** [www.dysphagiaoutreach.org](http://www.dysphagiaoutreach.org) **Email:** [team@dysphagiaoutreach.org](mailto:team@dysphagiaoutreach.org)

**Hours:** Online database;monitored daily

**Eligibility:** For individuals diagnosed with dysphagia and their caregivers.

**Coverage Area:** United States

Collects and distributes dysphagia supplies to individuals in need, establish a dysphagia awareness advocacy program, provide education services relating to appropriate prescription and use of dysphagia supplies, and assist in establishing a network of interconnected dysphagia support groups across the country.

### **Cooked Meals offered at Lasagna Love**

Williamstown, MA 1267

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides 1 cooked meal per month for families in need;also delivers the meal. Currently, serving South Dakota.

## **Clothing**

### **Thrift Store offered at Cornerstone Rescue Mission**

401 11th Street, Rapid City, SD 57701

**Website:** [www.cornerstonemission.org](http://www.cornerstonemission.org) **Email:** [tsadmin@cornerstonemission.org](mailto:tsadmin@cornerstonemission.org)

**Hours:** 11:00am - 5:00pm (MT), Tuesday - Friday 9:00am - 5:00pm (MT), Saturday

**Phone:** 605-716-2768

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Offers clothing, furniture, household goods, and more available for purchase.

### **Thrift Store offered at Salvation Army of the Black Hills**

621 E. St. Patrick Street, Rapid City, SD 57701

**Hours:** 10:00am - 3:00pm (MT), Tuesday - Saturday

**Phone:** 605-342-8849

**Eligibility:** Open to all

**Coverage Area:** Pennington County and Northern, Southern Hills area

Offers gently used items for sale at bargain prices. Vouchers available at the Salvation Army Social Services Center.

### **Thrift Store offered at We Care Rapid City, Inc.**

401 E. Boulevard North, Rapid City, SD 57701

**Website:** [www.facebook.com/WeCareThriftRapidCity](https://www.facebook.com/WeCareThriftRapidCity)

**Email:** [wecarerapidcity@gmail.com](mailto:wecarerapidcity@gmail.com)

**Hours:** 9:30am - 5:30pm (MT), Tuesday - Saturday 11:00am - 5:00pm (MT), Sunday

**Phone:** 605-716-0256

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Offers clothing for sale. Vouchers provided as available (identification required).

### **Clearinghouse offered at Love INC of the Black Hills**

414 E. Omaha Street, Rapid City, SD 57701

**Website:** [www.loveinonline.com](http://www.loveinonline.com)

**Email:** [mail@love-inc.us](mailto:mail@love-inc.us)

**Hours:** 8:30am - 4:30pm (MT), Monday - Thursday 8:30am - 12:00pm (MT), Friday

**Phone:** 605-718-5683

**Eligibility:** Vary by program; see description

**Coverage Area:** Cities of Rapid City, Box Elder, Black Hawk, Piedmont, and Sommerset

Earn household items (pots, pans, plates, silverware, linens, or furniture) by volunteering.

### **Rapid City Clothe-a-Kid offered at Love INC of the Black Hills**

414 E. Omaha Street, Rapid City, SD 57701

**Website:** <https://loveinonline.com/clothe-a-kid/>

**Email:** [mail@love-inc.us](mailto:mail@love-inc.us)

**Hours:** 8:30am - 4:30pm (MT), Monday - Thursday 8:30am - 12:00pm (MT), Friday

**Phone:** 605-718-5683

**Eligibility:** Participants must graduate from a Life INC class to receive Clothe-A-Kid award (cannot miss more than 1 night of class). Participants must also be willing to go shopping with a Love INC volunteer who can assist with kids and shopping during the experience.

**Coverage Area:** Rapid City School District, Douglas School District & New Underwood School District

Clothe-A-Kid assists families in need or struggling financially to obtain school clothing.

### **Thrift Store offered at Goodwill of the Great Plains**

611 Lindbergh Avenue, Rapid City, SD 57701

**Hours:** 9:00am - 9:00pm (MT), Monday - Saturday 10:00am - 6:00pm (MT), Sunday

**Phone:** 605-737-3955

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store and Document Shredding Services offered at Goodwill of the Great Plains Rapid City**

611 Lindbergh Avenue, Rapid City, SD 57701

**Website:** [www.goodwillgreatplains.org](http://www.goodwillgreatplains.org)

**Email:** [rcm@goodwillgreatplains.org](mailto:rcm@goodwillgreatplains.org)

**Hours:** 9:00am - 9:00pm (MT), Monday - Saturday 10:00am - 6:00pm (MT), Sunday

**Phone:** 605-737-3955

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Offers clothing, furniture, and household items; work clothing vouchers available with referral from a social service agency.

### **Household Items offered at Western South Dakota Community Action**

1844 Lombardy Drive, Rapid City, SD 57703

**Website:** [www.wsdca.org](http://www.wsdca.org) **Email:** [info@wsdca.org](mailto:info@wsdca.org)

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday Direct services hours: 8:30am - 4:30pm (MT), Monday - Friday

**Phone:** 605-348-1460

**Eligibility:** Call for information. Personal care items are available for income eligible clients who are currently signed up.

**Coverage Area:** Counties of Bennett, Butte, Corson, Custer, Dewey, Fall River, Haakon, Harding, Jackson, Lawrence, Meade, Pennington, Perkins, and Ziebach

A private, non-profit, anti-poverty corporation whose purpose is to make a positive impact upon the causes and effects of poverty. This agency operates the following programs:

- Air Conditioners - Must be income eligible (125%), be signed up at the agency and have a medical statement stating they need an AC. Also cannot have received one in the last 3 years. Distribution is primarily in June of each year. Please call for an appointment.
- Medical Equipment Lending - Available for those in need of bathtub seats, shower and tub rails.
- Thrift Store - Low cost items with proceeds going to fund free food and special projects. 9:00am - 4:00pm, Monday - Friday.

### **Employment Support offered at Western South Dakota Community Action**

1844 Lombardy Drive, Rapid City, SD 57703

**Website:** [www.wsdca.org](http://www.wsdca.org) **Email:** [wsdcap@rapidcity.com](mailto:wsdcap@rapidcity.com)

**Hours:** Office hours: 8:00am - 4:30pm (MT), Monday - Friday Direct services hours: 9:00am - 12:00noon;12:30pm - 4:00pm (MT), Monday - Thursday 9:00am - 12:00noon;12:30pm - 3:00pm (MT), Friday

**Phone:** 605-348-1460

**Eligibility:** Call for information

**Coverage Area:** Counties of Bennett, Butte, Custer, Fall River, Harding, Jackson, Lawrence, Meade, Pennington, Corson, Dewey, Haakon, Perkins, and Ziebach

This program offers grants up to \$250.00 which enables clients to accept work that requires tools, uniforms, licensees, etc.

### **Thrift Store offered at Club for Boys, The**

960 Cambell Street, Rapid City, SD 57701

**Website:** [www.theclubforboys.org](http://www.theclubforboys.org) **Email:** [contact@theclubforboys.org](mailto:contact@theclubforboys.org)

**Hours:** Store Hours: 9:00am - 6:00pm (MT), Monday - Friday 9:00am - 5:00pm (MT), Saturday Donation Drop Off: 9:00am - 1:00pm (MT), Monday - Saturday

**Phone:** 605-341-8878

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Offers low cost household goods, clothing, furniture, and more.

### **Thrift Store offered at Goodwill of the Great Plains**

611 Timmons Boulevard, Rapid City, SD 57703

**Hours:** 9:00am - 9:00pm (MT), Monday - Saturday 10:00am - 6:00pm (MT), Sunday

**Phone:** 605-731-1930

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store and Document Shredding Services offered at Goodwill of the Great Plains Rapid City**

611 Timmons Boulevard, Rapid City, SD 57703

**Website:** [www.goodwillgreatplains.org](http://www.goodwillgreatplains.org) **Email:** [rcm@goodwillgreatplains.org](mailto:rcm@goodwillgreatplains.org)

**Hours:** 9:00am - 9:00pm (MT), Monday - Saturday 10:00am - 6:00pm (MT), Sunday

**Phone:** 605-737-3955

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Offers clothing, furniture, and household items;work clothing vouchers available with referral from a social service agency.

### **Free Thrift Store and Donations offered at Twin City Clothing Center**

306 W. Main Street, Lead, SD 57754

**Hours:** 10:00am - 4:00pm (MT), Monday, Friday 12:00noon - 6:00pm (MT), Wednesday

**Phone:** 605-717-0739

**Eligibility:** Open to all

**Coverage Area:** West River South Dakota

A volunteer based organization that collects and processes clothing and household goods for placement in a free-cycling setting resembling a retail store.

### **Thrift Store offered at Goodwill of the Great Plains**

1902 Eastgate Avenue, Pierre, SD 57501

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-494-3033

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

424 S. Brown County Highway 19, Aberdeen, SD 57401

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-225-0822

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

1415 W. Haven, Unit 6, Mitchell, SD 57301

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-996-3640

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

2508 Fox Run Parkway, Yankton, SD 57078

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-665-8847

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

### **Thrift Store offered at Goodwill of the Great Plains**

2318 9th Avenue S.E., Watertown, SD 57201

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-886-6379

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

**Thrift Store offered at Goodwill of the Great Plains**

625 Main Avenue, Brookings, SD 57006

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-692-2085

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

**Thrift Store offered at Goodwill of the Great Plains**

120 N. Kiwanis Avenue, Sioux Falls, SD 57104

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-334-2028

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

**Gender-Diverse Clothing Closet offered at Transformation Project, The**

500 N. Western Avenue, Suite 300, Sioux Falls, SD 57104

**Website:** [www.transformationprojectsd.org](http://www.transformationprojectsd.org)

**Email:** [info@transformationprojectsd.org](mailto:info@transformationprojectsd.org)

**Hours:** Check website for appointment availability.

**Phone:** 605-836-3105

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Providing Transgender & Gender Diverse individuals in need of clothing a meeting with a personal stylist to choose clothing, shoes and accessories and take home a week's worth at no cost to them.

**Thrift Store offered at Goodwill of the Great Plains**

3400 S. Norton Avenue, Sioux Falls, SD 57105

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-731-1930

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

**Thrift Store offered at Goodwill of the Great Plains**

4701 E. 41st Street, Sioux Falls, SD 57110

**Hours:** 9:00am - 9:00pm (CT), Monday - Saturday 10:00am - 6:00pm (CT), Sunday

**Phone:** 605-338-2431

**Eligibility:** Open to all

**Coverage Area:** Aberdeen, Brookings, Mitchell, Pierre, Rapid City, Watertown, and Yankton areas.

Recycles donated clothing, furniture, household goods, books, and other items by offering them for purchase. Clothing vouchers available with referral from social service agencies.

## Shelters

**Survivor Outreach Services offered at Working Against Violence, Inc.**



527 Quincy Street, Rapid City, SD 57701

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday Shelter/Crisis Line: 24 hours a day / 7 days a week

**Phone:** 605-341-3292

**Eligibility:** Victim of domestic violence, sexual assault, IPV stalking, human trafficking

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Emergency shelter for victims of intimate personal domestic violence, sexual assault, IPV stalking, or human trafficking.

### **Men's Shelter offered at Cornerstone Rescue Mission**

30 Main Street, Rapid City, SD 57701

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-341-2844

**Eligibility:** Open to males; anyone under the age of 18 must be accompanied by an adult.

**Coverage Area:** Western South Dakota and Eastern Wyoming

Provides a bed, 3 daily meals, case management, and shower facilities.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

111 New York Street, Volunteers of America, Northern Rockies, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-341-8336

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **Outreach Advocacy and Support Services offered at Where all Women are Honored - Winyan Wicayuoniahn Oyanke**

2218 Jackson Boulevard, Suite 6, Rapid City, SD 57701

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-391-2609

**Eligibility:** Open to all; serving victims of intimate partner violence (IPV), Sexual Assault, Human Trafficking and Teen Dating Violence.

**Coverage Area:** Counties of Butte, Custer, Dewey, Fall River, Lawrence, Meade, Oglala Lakota, Pennington, Todd, and Ziebach

Services provided are Outreach Advocacy, 24-Hour Crisis Line, Women's Support Group, Women's Re-education, Men's Re-education, Emergency items, Respond to emergency 911 calls with public safety or at the hospital, and Protection Orders.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

706 E. Monroe, Family Connections Center, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Sunday

**Phone:** 605-716-0422

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **Arise Youth Center West offered at Lutheran Social Services - Western Region**

3505 Cambell Street, Rapid City, SD 57701

**Website:** <https://lsssd.org/what-we-do/detention-alternatives/>

**Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** Call for information

**Phone:** 605-716-1837

**Eligibility:** Youth ages 10-17

**Coverage Area:** Currently set only to serve Pennington County For Reception Center. Shelter Care in South Dakota upon approval (runaway/homeless services and shelter located in Rapid City, South Dakota referrals accepted but transportation to the center outside of local area is not typically provided);contact for assistance. Evening Report Center available to local court system referrals.

Provides shelter (up to 21 days) and case management services that attempt to find long term and stable living options for runaway and homeless youth.

### **Transitional Shelter offered at Maggie's House**

15 Wasuya Avenue, Kyle, SD 57752

Email: [maggieshousetlp@gmail.com](mailto:maggieshousetlp@gmail.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-455-1214

**Eligibility:** Ages 17 - 21

**Coverage Area:** South Dakota

Provides a safe and stable environment enriched with culturally appropriate and evidence based services to youth aging out of foster care, trafficked, homeless, parenting teens, and young adults ages 17-21.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

58 N. 3rd Avenue, ROCS Lake Andes Office, Lake Andes, SD 57356

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-487-7634

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

107 2nd Street S.W., Rural Office of Community Services, Wagner, SD 57380

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-384-3883

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

201 E. 2nd Avenue, Rural Office of Community Services, Mitchell, SD 57301

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-996-9626

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

7 W. Kemp, Codington County Community Services, Watertown, SD 57201

**Hours:** 9:00am - 4:00pm (CT), Monday - Friday

**Phone:** 605-882-6286

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

920 Broadway Avenue, Suite 1, Rural Office of Community Services, Yankton, SD 57078

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday

**Phone:** 605-665-4559

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **Axis180 offered at Volunteers of America, Dakotas**

3201 S. Theodore Avenue, Sioux Falls, SD 57106

**Website:** [www.voa-dakotas.org](http://www.voa-dakotas.org) **Email:** [axis180@voa-dakotas.org](mailto:axis180@voa-dakotas.org)

**Hours:** Office hours: 9:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-366-7803

**Eligibility:** Homeless youth ages 16 - 21

**Coverage Area:** South Dakota

Provides shelter, case management, life skills, and education services to young people ages 16 to 21, who are preparing for independent living. The program provides young people with a safe, supportive environment while they learn the skills necessary to succeed on their own.

### **South Dakota Housing for Homeless Consortium Coordinated Entry System offered at South Dakota Housing Development Authority**

505 N. Western Avenue, Inter-Lakes Community Action Partnership, Sioux Falls, SD 57104

**Hours:** 8:00am - 12:00noon; 1:00pm - 4:30pm (CT), Monday - Friday

**Phone:** 605-334-2808

**Eligibility:** Individual or families who are experiencing or at risk of being homeless and searching for housing resources

**Coverage Area:** South Dakota

A state-wide toll-free telephone number, where a staff member will administer an assessment for services for persons who are homeless or at imminent risk of homelessness.

### **24/7 Hotline Number offered at Domestic Violence Hotline for South Dakota**

No Physical Address, Sioux Falls, SD 57105

**Hours:** 24 hours a day / 7 days a week

**Phone:** 800-430-7233

**Eligibility:** Open to anyone in a domestic violence situation, friends, or concerned loved ones

**Coverage Area:** South Dakota

Provides support and crisis intervention 24 hours a day / 7 days a week.

### **24/7 Crisis Intervention Safeline offered at National Runaway Safeline**

3141 B N. Lincoln Avenue, Chicago, IL 60657

**Website:** [www.1800RUNAWAY.org](http://www.1800RUNAWAY.org) **Email:** [info@1800runaway.org](mailto:info@1800runaway.org)

**Hours:** Office hours: 9:00am - 5:00pm (CT), Monday - Friday Hotline hours: 24 hours a day / 7 days a week / 365 days a year

**Phone:** 800-786-2929

**Eligibility:** Youth 21 years of age and under, their families, and concerned adults.

**Coverage Area:** United States

Confidential, 24/7 crisis intervention for runaway and homeless youth and their families.

## Housing

### **Transitional Housing offered at OneHeart**

217 Kansas City Street, Suite 100, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-718-9153

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

The campus offers person-centered, trauma-informed, recovery-oriented care. In return each resident will be expected to create a self-directed income plan and housing plan and agree to live clean and sober.

### **Housing offered at Cornerstone Rescue Mission**

1220 East Boulevard, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-721-9497

**Eligibility:** Homeless and disabled individuals and families

**Coverage Area:** Pennington County

Offers permanent supportive housing for homeless and disabled individuals and families. Case management and referrals/partnerships with area agencies are provided to assist residents to strive for self-sufficiency.

### **Low Income Housing Assistance offered at Pennington County Housing and Redevelopment Commission**

1805 W. Fulton Street, Suite 101, Suite 101, Rapid City, SD 57702

**Website:** [www.pchrc.com](http://www.pchrc.com) **Email:** [info@pchrc.com](mailto:info@pchrc.com)

**Hours:** 7:30am - 4:30pm (MT), Monday - Friday

**Phone:** 605-394-5350

**Eligibility:** Must meet income guidelines.

**Coverage Area:** Pennington County

Administers various housing assistance programs that promote the development of safe and affordable housing opportunities and encourages self-sufficiency.

### **Full Circle offered at West River Mental Health**

350 Elk Street, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday

**Phone:** 605-343-7262

**Eligibility:** Pregnant and parenting women

**Coverage Area:** Located in Rapid City, but serving residents of South Dakota

A residential substance abuse treatment and prevention program for pregnant and parenting women. Intensive inpatient treatment is offered along with prenatal care, parenting information, case management, and continued care in a residential facility for those who have completed treatment. Also, offers MAT (Medication Assisted Treatment).

### **New Alternatives offered at Lutheran Social Services - Western Region**

120 Philadelphia Street, Rapid City, SD 57701

**Website:** <https://lsssd.org/what-we-do/independent-living-services/> **Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-791-2405

**Eligibility:** Young adults, ages 18 - 22

**Coverage Area:** South Dakota

An independent living program located in Rapid City that provides housing and a variety of supportive services to young adults ages 18-21 who are living with severe mental illness .

**Transitional Housing offered at Passages Women's Transitional Living**

Rapid City, SD 57701

**Website:** [www.passagesliving.com](http://www.passagesliving.com)

**Email:** [passagesliving@gmail.com](mailto:passagesliving@gmail.com)

**Hours:** Office Hours: 9:00am - 4:00pm (MT), Monday - Friday Program: 24 hours a day / 7 days a week

**Phone:** 605-791-0273

**Eligibility:** Women, age 18+ struggling with drug/alcohol addictions

**Coverage Area:** Rapid City area

Program that works to help women in the following areas: life skills;employment;physical health;relationships and spiritual growth. Each woman who chooses to go through the Passages Transformation Program must pay a program fee;comply with the house rules and attend various classes/trainings.

**Women and Children's Shelter offered at Cornerstone Rescue Mission**

301 Fox Run Drive, Rapid City, SD 57701

**Hours:** Intake: 8:00am - 7:00pm (MT), Monday - Sunday

**Phone:** 605-721-7860

**Eligibility:** Women 18 years and older, children with an adult woman (boys older than 12 years of age are not eligible to stay at this facility)

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade, and Pennington

Provides a bed, 3 daily meals, case management, transportation (on a limited basis), laundry, and shower facilities for women and children.

**Sober Living Home offered at Oxford House**

4 Houses in Rapid City, Rapid City, SD 57701

**Hours:** Residential services are 24 hours a day / 7 days a week.

**Phone:** 605-569-2111

**Eligibility:** Houses for men, women, women and children;no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

**Sober Living Home offered at Oxford House**

1 House in Sturgis, Sturgis, SD 57785

**Hours:** Residential services are 24 hours a day / 7 days a week.

**Phone:** 605-569-2111

**Eligibility:** Houses for men, women, women and children;no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

**Residential Treatment Program offered at New Dawn Center**

19271 SD Highway 79, Vale, SD 57788

**Hours:** Facility is open and staffed 24 hours a day / 7 days a week.

**Phone:** 605-309-5105

**Eligibility:** Men who have completed prior treatment programs, or awaiting admittance to treatment facility

**Coverage Area:** Located in Vale, but serving residents of South Dakota.

Provides transitional, clinically-managed, low-intensity, open-ended residential treatment program. Residents are encouraged to take part in the outdoor operation of the facilities and participate in any of the recreational therapy programs. ASAM level 3.1 transitional substance abuse treatment.

**Treatment Program offered at Rosebud Sioux Tribe**

#7 Hospital Lane, Alcohol Treatment Center, Rosebud, SD 57570

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-747-2342

**Eligibility:** Enrolled member of federally recognized tribe

**Coverage Area:** Located in Rosebud, but serving South Dakota

Culturally sensitive adult and youth outpatient treatment programs and residential alcohol treatment facility. After care programs, youth alcohol and drug assessments, and youth treatment placement.

### **Housing Assistance offered at South Dakota Housing Development Authority**

3060 E. Elizabeth Street, Pierre, SD 57501

**Website:** [www.sdhousing.org](http://www.sdhousing.org) **Email:** [info@sdhda.org](mailto:info@sdhda.org)

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-773-3181

**Eligibility:** Program guidelines apply

**Coverage Area:** South Dakota

Provides mortgage and down payment assistance, housing construction and rehabilitation, homelessness prevention, and rental assistance.

### **SD Housing Search offered at South Dakota Housing Development Authority**

Pierre, SD 57501

**Website:** [www.sdhousingsearch.com](http://www.sdhousingsearch.com) **Email:** [info@sdhda.org](mailto:info@sdhda.org)

**Hours:** Website: 24 hours a day / 7 days a week

**Eligibility:** Open to all

**Coverage Area:** South Dakota

A free housing locator providing information on Section 8 and income based rental units.

### **Sober Living Services offered at Reflections Recovery Home**

110 E. 7th Avenue, Redfield, SD 57469

**Website:** [www.reflectionsrecovery.sd.com](http://www.reflectionsrecovery.sd.com) **Email:** [reflectionsrecovery.sd@gmail.com](mailto:reflectionsrecovery.sd@gmail.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-460-2444

**Eligibility:** Men 18 years and older.

**Coverage Area:** United States

A structured sober living home for men centered on residents and providing a healthy environment with shared values of accountability, reflection, growth, and empowerment. With the help of staff, residents encourage each other in long-term sobriety to enable a successful recovery.

### **Sober Living Home offered at Oxford House**

2 Oxford Houses in Aberdeen, Aberdeen, SD 57401

**Hours:** Residential services are 24 hours a day / 7 days a week

**Phone:** 605-270-2373

**Eligibility:** Houses for men, women, women and children; no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

### **Stepping Stones Rehabilitation Services offered at Dakota Counseling Institute**

901 S. Miller, Mitchell, SD 57301

**Website:** [www.dakotacounseling.net](http://www.dakotacounseling.net) **Email:** [info@dakotacounseling.net](mailto:info@dakotacounseling.net)

**Hours:** 8:00am - 5:00pm (CT), Monday - Thursday 8:00am - 2:00pm (CT), Friday to schedule appointment Treatment center is open 24 hours a day / 7 days a week / 365 days a year

**Phone:** 605-995-8180

**Eligibility:** Open to all

**Coverage Area:** Located in Mitchell, but serving residents of South Dakota

Provides professional prevention services, education, assessment, intervention, counseling, referral, group and individual therapy, social detoxification, transitional living and continued care for those affected directly or indirectly by mood-altering chemical use or dependency.

### **Halfway House and Detox Center offered at Human Service Agency**



119 19th Street N.E., Watertown, SD 57201

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-884-0650

**Eligibility:** Halfway House: Males, 18 and over, diagnosed with substance use disorder and mental illness. Detox: Available for males and females, 18 and over. Admission criteria is either currently experiencing intoxication or withdrawal symptoms with the desire for recovery. Crisis Intervention: Available for 18 and over experiencing severe Mental Health crisis or suicidal thought.

**Coverage Area:** Located in Watertown, but serving residents of South Dakota

A therapeutic place of residence for persons suffering from mental illness and chemical dependency. Offering dignity and serenity for chemically dependent and or mentally ill persons to continue the journey of recovery, healing, and wholeness.

### **Sober Living Home offered at Oxford House**

2 Oxford Houses in Yankton, Yankton, SD 57078

**Hours:** Residential services are 24 hours a day / 7 days a week

**Phone:** 605-270-2373

**Eligibility:** Houses for men, women, women and children;no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

### **Governor's House Program offered at GROW South Dakota**

104 Ash Street E., Sisseton, SD 57262

**Website:** <https://www.growsd.org/> **Email:** [info@growsd.org](mailto:info@growsd.org)

**Hours:** 8:00am - 4:30pm (CT), Monday - Thursday 8:00am - 12:00pm (CT), Fridays

**Phone:** 605-698-7654

**Eligibility:** All programs have varying income guidelines, service areas and eligibility restrictions. Availability and sources of funds may vary.

**Coverage Area:** South Dakota

Home ownership preparation services and Home Buyer Education classes. For eligible individuals/families, down payment/closing cost assistance or low-cost loans for purchasing a home or home improvements may be available.

### **Sober Living Home offered at Oxford House**

2 Oxford Houses in Brookings, Brookings, SD 57006

**Hours:** Residential services are 24 hours a day / 7 days a week

**Phone:** 605-270-2373

**Eligibility:** Houses for men, women, women and children;no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

### **Teen Challenge of the Dakotas**

600 W. 16th Avenue S., Brookings, SD 57006

**Hours:** Office hours: 8:30am - 5:00pm (CT), Monday - Friday

**Phone:** 605-693-9753

**Eligibility:** Men, 18 years and older with life controlling problems such as addictions

**Coverage Area:** Located in Brookings, but serving residents of South Dakota

A residential, Christian discipleship program utilizing biblical principles including faith and genuine repentance to help men (18 years and older) overcome life-controlling problems such as addictions.

### **Adoption and Support Services offered at All About U Adoptions**

No Physical Location, Sioux Falls, SD 57109

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-770-2357

**Eligibility:** Open to all

**Coverage Area:** South Dakota, North Dakota, Nebraska

For anyone facing an unplanned pregnancy, All About U provides:

- Crisis pregnancy counseling
- Help finding emotional support
- Help finding necessary resources
- Emotion support throughout adoption and beyond, if adoption is chosen
- Emergency transitional housing available
- General case management for resources: connection to prenatal care, housing, food, clothing, addiction, and more

For adoptive families, All About U provides:

- Training to help them through the adoption process and prepare them to be an adoptive family
- Home studies
- On-going support for adoptive families

### **Pregnancy Case Management Services offered at All About U Adoptions**

No Physical Location, Sioux Falls, SD 57109

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-770-2357

**Eligibility:** Open to all pregnant women choosing adoption

**Coverage Area:** South Dakota, North Dakota, Nebraska

Case management service provided include, scheduling appointments, transportation to/from appointments, health system navigation and resource coordination, health coaching, and housing search assistance.

### **HUD South Dakota offered at United States Department of Housing and Urban Development**

4301 W. 57th Street, Suite 101, Sioux Falls Field Office, Sioux Falls, SD 57108

**Website:** [www.hud.gov/southdakota](http://www.hud.gov/southdakota) **Email:** [sd\\_webmanager@hud.gov](mailto:sd_webmanager@hud.gov)

**Hours:** 8:00am - 4:30pm (CT), Monday - Friday. Office is open for visitors 8:30am - 3:30pm (CT), Monday, Wednesday and Thursday. Advisable to call for an appointment as some days staff are working in the field.

**Phone:** 605-330-4223

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides information on low income (subsidized) rental units and public housing authorities.

### **Residential Program offered at Glory House of Sioux Falls**

4000 S. West Avenue, Sioux Falls, SD 57105

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-332-3273

**Eligibility:** Adult, employable, eligible according to referral agency criteria, willing to comply with rules and programming

**Coverage Area:** Located in Sioux Falls, but serving residents of South Dakota

Transitional program provides assistance with employment, money management, recovery from substances, as well as co-occurring conditions assisting the individual in establishing and the continuation of applying these life skills.

### **Ex-Offender Transitional Housing offered at Kingdom Boundaries Prison Aftercare**

417 S. Summit Avenue, Sioux Falls, SD 57104

**Hours:** 6:00am - 6:00pm (CT), Monday - Friday

**Phone:** 605-695-0048

**Eligibility:** Can only house male ex-offenders.

**Coverage Area:** South Dakota

Transitional housing for up to 20 males. Program also helps anyone re-entering society after incarceration including finding employment, clothes, furniture, etc. (based on what is currently available).

### **Marissa's House offered at Call to Freedom**

Sioux Falls, SD 57104

**Website:** [www.calltofreedom.org](http://www.calltofreedom.org) **Email:** [info@calltofreedom.org](mailto:info@calltofreedom.org)

**Hours:** Call for information

**Phone:** 605-759-3565

**Eligibility:** Women 18+ and their children (call for age specific information) (Victims/Survivors of Human Trafficking and sexual exploitation)

**Coverage Area:** South Dakota

Call to Freedom provides victim-centered responsive services to those who have experienced sexual exploitation and human trafficking. Our Vision is to create a cohesive community model of care and support for victims, bringing communities together while educating and advocating to stop human trafficking.

### **Inmate and Ex-Offender Support Services offered at Hope Prison Ministry**

PO Box 284, Sioux Falls, SD 57104

**Website:** [www.hopeprisonministry.com](http://www.hopeprisonministry.com) **Email:** [hopeprisonministry@gmail.com](mailto:hopeprisonministry@gmail.com)

**Hours:** Office hours: 9:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-338-7526

**Eligibility:** All prison inmates released within the last 6 months and have not been assisted by Hope Prison Ministry previously.

**Coverage Area:** South Dakota

Helps men and women after release from incarceration by providing them with clothes and resources needed to find food, housing resource information and other items on a one-time basis.

### **Inpatient Treatment for Women offered at Volunteers of America, Dakotas**

1401 W. 51st Street, Sioux Falls, SD 57105

**Website:** [www.voa-dakotas.org](http://www.voa-dakotas.org) **Email:** [info@voa-dakotas.org](mailto:info@voa-dakotas.org)

**Hours:** 24 hours a day / 7 days per week

**Phone:** 605-334-1414

**Eligibility:** Pregnant and parenting women aged 18 and older are eligible for the New Start for Women program.

**Coverage Area:** Located in Sioux Falls, but serving residents of South Dakota

Offers substance use evaluations for adolescents and adults. The evaluation is the first step in determining if the individual needs further assistance with their substance use.

### **Sober Living Home offered at Oxford House**

13 Oxford Houses in Sioux Falls, Sioux Falls, SD 57104

**Hours:** Residential services are 24 hours a day / 7 days a week

**Phone:** 605-569-2111

**Eligibility:** Houses for men, women, women and children; no co-ed houses

**Coverage Area:** Cities served: Aberdeen, Brookings, Rapid City, Sturgis, Sioux Falls, and Yankton.

Established to provide a safe, supportive and structured environment where men, women and women with children can live while learning to live without drugs and alcohol.

### **Rural Development Multi-Family Housing Rentals offered at United States Department of Agriculture**

No Physical Address, , SD

**Hours:** Available online 24 hours a day / 7 days a week

**Phone:** 202-720-1494

**Eligibility:** Website is open to all

**Coverage Area:** South Dakota

Through the website, people who are looking for low-cost rentals, can find units for rent in rural South Dakota. Search based on county or town. Then, contact the property company regarding how to apply. To find apartments in rural areas: 1. Go to [www.rd.usda.gov](http://www.rd.usda.gov) 2. Scroll down on left hand side, it says, Find Rural Rentals 3. Then click on South Dakota in the map 4. Then, select your County.

## **Immigration/refugee resources**

**Community Interpreter Service offered at Lutheran Social Services - Southeast Region**

300 E. 6th Street, Center for New Americans, Sioux Falls, SD 57104

**Website:** <https://lsssd.org/what-we-do/center-for-new-americans/>

**Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** 24 hours a day / 7 days per week

**Phone:** 605-731-2010

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides interpretation and written translation to the major languages and other minor, regional, or tribal dialects. Able to facilitate on-site interpretation, message relay, conference call, written translation, and video interpretation.

**Language Translation Services offered at LanguageLine Solutions**

1 Lower Ragsdale Drive, Building 2, Monterey, CA 93940

**Website:** [www.language.com](http://www.language.com)

**Email:** [customercare@language.com](mailto:customercare@language.com)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 800-752-6096

**Eligibility:** Open to all

**Coverage Area:** United States, UK, Costa Rica

Provides 24-hour interpreting service as well as translation/localization and video interpreting to over 240 languages.

**United States Department of Homeland Security**

245 Murray Lane S.W., Washington, DC 20528

**Hours:** Call for information

**Phone:** 202-282-8000

**Eligibility:** Open to all

**Coverage Area:** United States

The Department of Homeland Security Missions include Preventing terrorism and enhancing security, Managing borders, Administering immigration laws, Securing cyberspace, and Ensuring disaster resilience.

## Mental Health / Substance Abuse

**Counseling Services offered at Esthers Rising**

Rapid City, SD 57701

**Website:** <https://esthersrisingministry.com/free23/>

**Email:** [referrals.esthersrising@protonmail.com](mailto:referrals.esthersrising@protonmail.com)

**Hours:** 8:00am - 6:00pm (MT), Monday - Friday

**Phone:** 605-519-8870

**Eligibility:** Adolescents who are at risk for or have experienced sexual exploitation and/or sex trafficking

**Coverage Area:** South Dakota

Providing trauma-based counseling for adolescents 12 - 17 who have experience or are at risk for sexual exploitation or sex trafficking.

**Counseling Services offered at Project Recovery**

625 Flormann Street, Rapid City, SD 57701

**Website:** [www.project-recovery.org](http://www.project-recovery.org)

**Email:** [info@project-recovery.org](mailto:info@project-recovery.org)

**Hours:** 8:00am - 4:00pm (MT), Monday - Friday Walk-in assessment hours: 8:00am - 11:00am (MT), Monday - Friday

**Phone:** 605-340-1234

**Eligibility:** Call for information.

**Coverage Area:** Located in Rapid City but serving South Dakota via telehealth.

Provides a comprehensive range of state-accredited addiction counseling and mental health services. Services include: Treatment Needs Assessments (also known as drug and alcohol evaluations), individual counseling, couples counseling, and group counseling.

**Counseling Services offered at Crossroads Counseling Services**

809 S. Street, Suite 306, Suite 306, Rapid City, SD 57701

**Hours:** 12:00noon - 6:00pm (MT), Tuesday - Thursday Wednesday are telehealth sessions only.

**Phone:** 605-430-9521

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington.

Individual counseling for ages 8 - 62. Therapeutic approaches include client centered, existential, and cognitive-behavioral. Christian counseling is also offered. Therapy techniques include EMDR, play therapy, art therapy, behavior modification, and short-term solution-focused therapy.

Telehealth is available through Doxy.me, a HIPAA compliant platform. Some phone sessions are also available.

**Mediation and Counseling Services offered at Torno Mediation and Mental Health Services**

730 South Street, Rapid City, SD 57701

**Hours:** By appointment: 8:30am - 5:00pm (MT), Monday - Wednesday 8:30am - 11:30am (MT), Thursday

**Phone:** 605-718-3613

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City, serving South Dakota via telehealth

Court approved divorce and custody mediator, parent coordinator, and custody evaluator. Individual, couples, and family counseling with expertise in blended families, marriage, family counseling, play therapy, trauma, child abuse, post traumatic stress (PTSD), and sexual assault.

**Counseling Services offered at Healing Trauma Therapy Services**

821 Columbus Street, Suite 5, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-210-5956

**Eligibility:** Ages 2 and up

**Coverage Area:** Rapid City and surrounding area

Specializes in Autism, FASD, Individual/Family Therapy, and Functional Development. Offers mail recipient services for those in-need, as well as an on-site food pantry and hygiene closet for clients only.

**Counseling Services offered at Psychological Associates of the Black Hills, LLC**

#1, Rapid City, SD 57701

**Website:** [www.pabh.org](http://www.pabh.org) **Email:** [officemanager@rushmore.com](mailto:officemanager@rushmore.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-348-6500

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City but serving South Dakota via telehealth.

Counseling for individuals, couples, groups, and families for all ages. Other services include play therapy, psychological assessments, psychotherapy, relationship counseling and limited neuropsychological assessments.

**Counseling Services offered at Bosworth Therapy & Consultation Services, Inc.**

420 Quincy Street, Rapid City, SD 57701

**Hours:** 10:00am - 7:00pm (MT), Monday - Friday 10:00am - 1:00pm (MT), Saturday

**Phone:** 605-343-7755

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Individuals, couples, and family therapy. Play therapy, mediation, and custody evaluations. Also offering telehealth services.

**Counseling Services offered at Greg Swenson**

529 Kansas City Street, Suite 205, Rapid City, SD 57701

**Email:** [gregswensonphd@gmail.com](mailto:gregswensonphd@gmail.com)

**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday

**Phone:** 605-341-5436

**Eligibility:** Open to adults

**Coverage Area:** Located in Rapid City and Black Hills area.

Providing individual and marriage counseling from a Christian perspective, and psychological evaluations. Internet counseling available depending on insurance/third party payment or private pay.

### **Counseling Services - Rapid City offered at Catholic Social Services**

529 Kansas City Street, Suite 100, Rapid City, SD 57701

**Website:** [www.cssrapidcity.com](http://www.cssrapidcity.com) **Email:** [css@cssrapidcity.com](mailto:css@cssrapidcity.com)

**Hours:** 8:00am - 7:00pm (MT), Monday 8:00am - 5:00pm (MT), Tuesday - Thursday 8:00am - 12:00noon (MT), Friday

**Phone:** 605-348-6086

**Eligibility:** Open to all

**Coverage Area:** All 22 counties of western South Dakota served by telehealth and satellite offices in Spearfish and Pine Ridge.

Licensed professional counselors offer compassionate outpatient therapy for individuals, couples and families to assist people on their journey to health. Services available by telehealth or in-person.

### **Pivot Point offered at West River Mental Health**

308 Quincy City Street, Pivot Point, Rapid City, SD 57701

**Hours:** 8:00am - 4:00pm (MT), Monday - Sunday Counselors available 7:00am - 7:00pm (MT), Monday - Sunday

**Phone:** 605-391-4863

**Eligibility:** Adults 18 years or older

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

24/7 access to crisis stabilization for individuals 18+ experiencing a mental health and/or substance abuse crisis. Aftercare services include transitional counseling and case management.

### **Counseling Services offered at Black Hills Mental Health LLC**

521 Kansas City Street, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday. Other appointments available if needed.

**Phone:** 605-791-2500

**Eligibility:** Open to all

**Coverage Area:** Black Hills area

Provide medication management and supportive therapy to children (ages 10 and up), adolescents, and adults.

### **Counseling Services offered at Rapid City Counselors**

909 Saint Joseph Street, Suite 201, Ste 05, Rapid City, SD 57701

**Website:** [www.rapidcitycounselor.com](http://www.rapidcitycounselor.com) **Email:** [info@rapidcitycounselors.com](mailto:info@rapidcitycounselors.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-299-9100

**Eligibility:** Open to all 3 years of age and up.

**Coverage Area:** Located in Rapid City and serving South Dakota via Telehealth.

Empowering and inspiring individuals, children, adolescents, families and couples to identify concerns and issues within self and in relationships that impede a healthy, productive life. Research shows that healthy communication in relationships, as well as balancing body, mind, and soul substantiate and enhance one's ability to live a longer, fulfilling life.

### **Counseling Services offered at Cornell Counseling, LLC**

628 1/2 6th Street, Rapid City, SD 57701

**Website:** [www.beckycornellcounseling.com](http://www.beckycornellcounseling.com) **Email:** [beckycornellcounseling@gmail.com](mailto:beckycornellcounseling@gmail.com)

**Hours:** Call for information.

**Phone:** 605-549-5433

**Eligibility:** Open to all ages 16 and up

**Coverage Area:** Rapid City area, but serving South Dakota via telehealth.

Mental health therapy for anxiety, depression, stress, life changes, and relationship issues.

### **Homeless Outreach Clinic offered at Complete Health**



30 Main Street, Rapid City, SD 57701

**Hours:** Vary, call for information.

**Phone:** 605-721-8939

**Eligibility:** Serves people who lack stable housing.

**Coverage Area:** Rapid City area

Provides primary health services free of charge for the homeless.

### **Counseling Services offered at Kelly Marker**

No Physical Location, Rapid City, SD 57701

**Website:** [www.psychologytoday.com/us/therapists/kelly-j-marker-rapid-city-sd/251966](http://www.psychologytoday.com/us/therapists/kelly-j-marker-rapid-city-sd/251966)  
[kelly@choosewellnesscounseling.com](mailto:kelly@choosewellnesscounseling.com)

**Email:**

**Hours:** 1:00pm - 5:00pm (MT), Monday, Tuesday 9:00am - 1:00pm (MT), Wednesday

**Phone:** 605-545-0941

**Eligibility:** Ages 18 through adulthood

**Coverage Area:** Telehealth only for state of South Dakota

Specializes in helping adults reclaim their lives from stress, burnout, compassion fatigue, anxiety, situational depression, and challenges with life transitions.

### **Counseling Services offered at Thorn Counseling**

1301 W. Omaha Street, Suite 220, Rapid City, SD 57701

**Email:** [jetsonea@yahoo.com](mailto:jetsonea@yahoo.com)

**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday

**Phone:** 605-716-9944

**Eligibility:** Open to all ages

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Individual, marital, family, and group counseling for depression, anxiety, marital issues, and trauma.

### **Counseling Services offered at Rising Hope Counseling, LLC**

1301 W. Omaha Street, Suite 225, Rapid City, SD 57701

**Website:** [risinghope605.com](http://risinghope605.com)

**Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Christian Counseling & Ministries of the Black Hills**

1719 W. Main, Suite 109, Rapid City, SD 57702

**Hours:** By appointment.

**Phone:** 605-342-9333

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City but serves South Dakota via telehealth.

Individual, couples, and family counseling for all ages regarding issues of depression, anxiety, grief and loss, recovery, stress, crisis, relationship issues, anger, forgiveness, communication, self-concept, learning disabilities, attention deficit / hyperactive disorder (ADD/ADHD), parenting, and spiritual direction.

Also, provides tele-counseling (via phone). Preferred that inquiring clients attend the intake appointment in person.

### **Counseling Services offered at Understood Therapy**

1719 W. Main Street, Suite 208, Rapid City, SD 57702

**Website:** [www.understoodtherapy.org](http://www.understoodtherapy.org)

**Email:** [understoodtherapy@yahoo.com](mailto:understoodtherapy@yahoo.com)

**Hours:** 4:30pm - 7:00pm (MT), Monday - Friday 8:00am - 5:00pm (MT), Saturday By appointment only

**Phone:** 605-939-3771

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Understood Therapy provides mental health services to a wide range of people using a variety of therapy specializations including: play therapy, family and couples therapy, solution-focused therapy, and client-centered therapy. Understood Therapy also addresses anxiety, depression, behavioral problems, grief and loss, parenting, communication, and more.

### **Student Support offered at South Dakota Mines**

501 E. Saint Joseph Street, Rapid City, SD 57701

**Hours:** 7:30am - 4:30pm (MT), Monday - Friday

**Phone:** 605-394-2511

**Eligibility:** Open to enrolled students

**Coverage Area:** Campus of South Dakota School of Mines, and surrounding area

**Public Safety:**

- All emergencies should be reported to 911 (9-911 from a campus phone). The Public Safety phone line 6100 from a campus phone or 605-394-6100 is monitored 24 hours a day and is available to report criminal concerns, safety issues, suspect activity, or to request a safety escort.

**Counseling and ADA Services:**

- The SD Mines Counseling Center offers support to students and assists with a variety of personal, academic, and relationship concerns at no cost to enrolled students. The ADA Services office provides accommodation for individuals with documented disabilities. To schedule an appointment call 605-394-2416.

**Health and Safety:**

- Provides Clinic Services, Immunizations, and Alcohol Education to enrolled students who pay the health fee at registration each semester. Call 605-755-2273 for summer clinics and 605-394-2354 during the school year.

**Residential Life:**

- Provides a safe environment that encourages learning and personal growth in an inclusive community that empowers and challenges our residents. Call 605-394-2348 to speak with Residential Life.

**Testing, Tutoring, and Academic Support:**

- For information or to schedule an appointment call 605-394-2428. Testing scheduling for placement testing, common exams, proctoring services, and more available. Tutoring services are provided for those who need assistance or coaching in coursework in all core subjects, all other courses dependent on tutor's area of expertise. Chemistry tutoring is provided by Alpha Chi Sigma, call the chemistry department at 605-394-1238 for current schedule.

### **Outpatient Treatment offered at ROADS Outpatient Treatment Program**

103 E. Omaha Street, Rapid City, SD 57701

**Email:** [roadsoutpatient@gmail.com](mailto:roadsoutpatient@gmail.com)

**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday

**Phone:** 605-348-8026

**Eligibility:** Open to adults (18+)

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Outpatient counseling (for Chemical Dependency and Co-Occurring Disorders) for adults 18 years and older including intensive outpatient treatment, continued care, Moral Reconation Therapy (MRT), and assessments.

### **Counseling Services offered at Gammeter & Associates LLC**

8008 Pathfinder Place, Rapid City, SD 57702

**Hours:** 1:00pm - 6:00pm (MT), Tuesday - Thursday Phone monitored 24 hours a day

**Phone:** 605-431-8876

**Eligibility:** Open to all

**Coverage Area:** Black Hills area

National certified mental health counselor, with national certifications in Trauma Focused Cognitive Behavior Therapy and Eye Movement Desensitization and Reprocessing trauma focused therapy from pediatrics to geriatrics.

### **Mental Health Services offered at Support Circle, The**

No Physical Address, Rapid City, SD 57709

**Website:** [www.thesupportcircle.com](http://www.thesupportcircle.com)

**Email:** [hello@thesupportcircle.com](mailto:hello@thesupportcircle.com)

**Hours:** Call for information.

**Phone:** 605-845-2058

**Eligibility:** Open to Adolescents and Adults. Minimum age may vary depending on location.

**Coverage Area:** Telehealth is available across South Dakota including the Mobridge and Aberdeen offices.

Provides individualized care for a variety of situations. Offers both in-person and virtual counseling options.

### **Counseling Services offered at Bach Counseling Services, LLC**

2218 Jackson Boulevard, Suite 13, Rapid City, SD 57702

**Hours:** 8:00am - 1:00pm (MT), Monday 8:00am - 5:00pm (MT), Tuesday - Thursday 10:00am - 4:00pm (MT), Friday

**Phone:** 605-431-4106

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Specializing in anxiety, depression, mood disorders, bipolar disorder, attention deficit / hyperactivity disorder (ADD/ADHD), trauma, post traumatic stress (PTSD), chronic pain, life-altering health issues, communication and relationship concerns, stress management, grief and loss, abuse issues and identity development / LGBTQ counseling.

### **Counseling Services offered at Lecy Therapy**

2218 Jackson Boulevard, Suite 13, Rapid City, SD 57702

**Hours:** Call for information

**Phone:** 605-864-4151

**Eligibility:** Adults 18 and over

**Coverage Area:** Rapid City area

A for-profit counseling center using a mindfulness-based approach serving the Rapid City area. Counseling services included are individual counseling, LGBTQ+ Counseling, family counseling, couples therapy, and trauma informed therapy.

### **Counseling Services offered at Gossamer Threads Counseling**

811 E. Saint Andrew Street, Suite 12, Suite 12, Rapid City, SD 57701

**Website:** [gossamerthreadscounseling.com](http://gossamerthreadscounseling.com)

**Email:** [gossamerthreadscounseling@gmail.com](mailto:gossamerthreadscounseling@gmail.com)

**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday

**Phone:** 605-209-5513

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City but serving South Dakota via telehealth.

Areas of special emphasis include identity transformation and development, recovery from trauma, mood and anxiety concerns, relationship difficulties, family dynamics, and LGBTQIA+.

### **Counseling Services offered at Barse Counseling, LLC**

811 E. St. Andrew Street, Suite 6, Rapid City, SD 57701

**Website:** [barsecounseling.com](http://barsecounseling.com)

**Email:** [barsecounseling@gmail.com](mailto:barsecounseling@gmail.com)

**Hours:** 8:00am - 5:00pm (MT), Tuesday - Thursday 8:00am - 11:30am (MT), Friday

**Phone:** 605-388-2258

**Eligibility:** Open to women, children, and teens

**Coverage Area:** Located in Rapid City but serving South Dakota via telehealth.

Helps provide navigation for children, teens, and adults through difficult life circumstances, emotional and behavioral problems, communication and relational conflicts, and social and self-esteem/self-confidence issues. Specializes in helping decrease/eliminate problems with depression, anxiety, women's issues, anger management, acting out behaviors, and life transitions, including separation and divorce, and grief and loss through:

- Individual Counseling
- Family Counseling
- Sand Tray Therapy
- Play Therapy
- Cognitive Behavioral Therapy
- Psycho-educational Therapy
- Bibliotherapy

Telehealth services available and are provided through Simple Practice system. A secure, private link to this service will be emailed after scheduling an appointment. New clients are welcomed.

### **Counseling Services offered at LifeStages Counseling, LLC**

811 E. Saint Andrew Street, Suite 3, Rapid City, SD 57701

**Hours:** 9:00am - 5:30pm (MT), Monday - Friday

**Phone:** 605-388-2163

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Provides counseling to children, adolescents, and their families in the Black Hills area. Issues that are addressed include: ADHD, adoption and foster care, adjustment to life situations, anxiety, anger management, behavioral concerns, coping skills, depression, family conflict, FASD, oppositional defiance, parenting, suicidal ideation, stress management, and trauma (including emotional, physical, and sexual abuse). Telehealth available and determined on a case by case basis.

### **Counseling Services offered at Jean Hoem**

550 N. 5th Street, Rapid City, SD 57701

**Hours:** 10:00am - 5:00pm (MT), Monday - Thursday 10:00am - 3:00pm (MT), Friday

**Phone:** 605-858-4134

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Offering individual, family, and couples psychotherapy.

### **Counseling Services offered at Family First Therapy**

2040 W. Main Street, Suite 214, Rapid City, SD 57702

**Website:** <https://family-first-therapy-services-llc.business.site/?fbclid=IwAR0zbLgDU7FjcmE9YN50GPGs5UVKoXcNzQpXyiWiklo4C>

**Hours:** 8:00am - 6:00pm (MT), Monday - Friday

**Phone:** 605-786-7797

**Eligibility:** Ages 3 - 100

**Coverage Area:** Rapid City area

Counseling services range from individual counseling, adult/adolescent psychiatry, cognitive behavioral therapy, and parent child interaction therapy.

### **Adolescent Crisis Care Center offered at Wellfully**

22 Waterloo Street, Rapid City, SD 57701

**Website:** [www.wellfully.org](http://www.wellfully.org) **Email:** [info@wellfully.org](mailto:info@wellfully.org)

**Hours:** Residential services: 24 hours a day / 7 days a week Front desk hours: 9:00am - 5:00pm (MT), Monday - Friday 10:00am - 4:00pm (MT), Saturday

**Phone:** 605-277-3750

**Eligibility:** Middle and high school students

**Coverage Area:** Primarily Pennington County, although open to anyone in the Black Hills

Outpatient, voluntary walk-in center for youth in middle and high school who are in crisis or considering suicide

### **Residential Addiction Recovery Center offered at Wellfully**

22 Waterloo Street, Rapid City, SD 57701

**Website:** [www.wellfully.org](http://www.wellfully.org) **Email:** [info@wellfully.org](mailto:info@wellfully.org)

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday Residential services: 24 hours a day / 7 days a week

**Phone:** 605-718-4870

**Eligibility:** Youth ages 10 - 17 years old with an addiction assessment recommending level 111.7 Medically Monitored High Intensity Residential Substance Abuse Treatment.

**Coverage Area:** Located in Rapid City, but serving residents of South Dakota

Residential program offering 24 hour supervision, intensive 45-60 day program offering addiction recovery therapy.

### **Counseling Services offered at Family Solutions Center**

2650 Jackson Boulevard, Creekside Plaza, Rapid City, SD 57702

**Hours:** 8:00am - 6:00pm (MT), Tuesday - Friday by appointment only

**Phone:** 605-359-9491

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington  
Specializing in individual (including adolescents), couples, and family therapy.

### **Counseling Services offered at Heynen Health & Wellness Services**

2650 Jackson Boulevard, Suite 2, Rapid City, SD 57702

**Website:** [www.heatherheynen.com](http://www.heatherheynen.com) **Email:** [info@heatherheynen.com](mailto:info@heatherheynen.com)

**Hours:** By appointment.

**Phone:** 605-390-8332

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City but serving South Dakota via telehealth.

- In-office or telehealth Mental Health Counseling and Therapy to help navigate through mental and emotional stresses, alleviate anxiety and depression, and reach daily and life goals.
- Assessment and goal-setting.
- On-line or in-office Life Coaching, Counseling, Consulting.
- Helps facilitate processes for individuals to reach goals in life through practical direct direction, emotion management, habit change, and skill building.

### **Counseling Services offered at Haven Counseling LLC**

Rapid City, SD 57702

**Hours:** 9:00am - 5:00pm (MT), Monday, Wednesday, Thursday 9:00am - 12:00noon (MT), Friday

**Phone:** 605-863-2498

**Eligibility:** Open to adults 18 and older

**Coverage Area:** Located in Black Hills, serving South Dakota via telehealth.  
Individual counseling for those 18 and older.

### **Counseling Services offered at Knuppe Counseling**

2650 Jackson Boulevard, 11, Rapid City, SD 57702

**Email:** [knuppecounseling@gmail.com](mailto:knuppecounseling@gmail.com)

**Hours:** 9:00am - 5:00pm (MT), Tuesday - Friday

**Phone:** 605-390-7055

**Eligibility:** Open to all

**Coverage Area:** Black Hills area

Working with individuals ages 12 to adult, couples and families with a variety of challenges.

### **Trauma Therapy offered at Isaacs Behavioral Health, LLC**

2650 Jackson Boulevard, Suite 18, Rapid City, SD 57702

**Hours:** 9:00am - 5:00pm (MT), Monday - Thursday

**Phone:** 605-877-2010

**Eligibility:** Open to all 18 years of age and up.

**Coverage Area:** Rapid City area

Services Offered include individual psychotherapy for PTSD, trauma, depression, anxiety, loss-grief, addictions, communications, self-esteem, behavioral issues, and group therapy.

### **Native Healing Program offered at Oglala Sioux Tribe**

1205 E. St. James Street, Rapid City, SD 57701

**Hours:** 8:00am - 4:30pm (MT), Monday - Friday

**Phone:** 605-342-8925

**Eligibility:** Open to all

**Coverage Area:** Black Hills area; anyone who is enrolled in any federally recognized tribe can receive services.

Provides alcohol and substance treatment to the Rapid City (Mni Luzahan) Native American Community and other affiliated tribes in the region, for adolescents and adults. The Native Healing Program utilizes the traditional Native American life ways as a method of Healing the Spirit. Specifically, offering the following: individual counseling; family counseling; substance use counseling; psychological assessments; outpatient substance use treatment; grief counseling. Also, providing Codependency Workshops, 12 hour DUI class, substance abuse treatment needs assessments, talking circle.

Fully accredited with State of South Dakota for outpatient services. Open to all.

### **Counseling Services offered at Journey Counseling Services, LLC**

2525 W. Main Street, Suite 214, Rapid City, SD 57702

**Website:** [www.journeycounselingservices.com](http://www.journeycounselingservices.com) **Email:** [info@journeycounselingservices.com](mailto:info@journeycounselingservices.com)

**Hours:** 10:00am - 7:00pm (MT), Tuesday - Thursday 9:00am - 6:00pm (MT), Friday Available by appointment only. Evening appointments available.

**Phone:** 605-988-8131

**Eligibility:** Open to adults

**Coverage Area:** Rapid City area for in office services and the State of South Dakota by telehealth.

Individual, couple, and family therapy for a wide range of mental and behavioral health concerns.

### **Counseling Services offered at Black Hills Center for Healing and the Advancement of Psychotherapy**

2525 W. Main Street, Suite 303A6, 303A6, Rapid City, SD 57702

**Hours:** By appointment only.

**Phone:** 605-440-2287

**Eligibility:** Open to all adults, 18+.

**Coverage Area:** Located in Rapid City

Individual therapy for adults, specializing in trauma, including dissociative functioning and complex trauma. Integrative treatments for trauma, as well as depression/anxiety that has not been responsive to traditional modalities. Mindfulness and self compassion focused approaches improve one's relationship with oneself and others. Seasonal experiential workshops, including equine assisted therapy, are held periodically. Contact for more information.

Telehealth available on a limited basis. Inquire for additional information.

### **Behavioral Health Services offered at Lutheran Social Services - Western Region**

2920 Sheridan Lake Road, Rapid City, SD 57702

**Website:** <https://lsssd.org/what-we-do/behavioral-health-services/> **Email:** [info@lsssd.org](mailto:info@lsssd.org)

**Hours:** 9:00am - 6:00pm (MT), Monday - Thursday Staff are available after hours

**Phone:** 855-334-2953

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Provides individual, group, family and couples counseling. Accepts private insurance, Medicaid, Medicare and offers a sliding fee based on household income.

### **Counseling Center offered at Youth & Family Services**

202 E. Adams Street, Rapid City, SD 57701

**Website:** [www.youthandfamilyservices.org](http://www.youthandfamilyservices.org)

**Email:** [ccgeneral@youthandfamilyservices.org](mailto:ccgeneral@youthandfamilyservices.org)

**Hours:** Call for information.



**Phone:** 605-342-4789

**Eligibility:** Open to all

**Coverage Area:** Rapid City and the Black Hills area

YFS Counseling Center offers crisis intervention, assessments, counseling, and case management services that help young people and their families overcome challenges and pave the way for an improved quality of life.

### **Youth Trauma Center offered at Youth & Family Services**

202 E. Adams Street, Rapid City, SD 57701

**Website:** [www.youthandfamilyservices.org](http://www.youthandfamilyservices.org) **Email:** [ccgeneral@youthandfamilyservices.org](mailto:ccgeneral@youthandfamilyservices.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-342-4789

**Eligibility:** Open to youth ages 0-21, and caregivers for those under 18.

**Coverage Area:** Located in Rapid City, serving South Dakota via telehealth.

Youth & Family Services' Youth Trauma Center works to increase identification of youth and families who have been exposed to traumatic stress and shorten the time it takes to get them into effective treatment programs.

### **Community Clinic offered at Complete Health**

350 Pine Street, Rapid City, SD 57701

**Hours:** Medical Clinic Hours: 8:00am - 6:00pm (MT), Monday - Friday Dental Clinic: 8:00am - 5:00pm (MT), Monday - Thursday

**Phone:** 605-721-8939

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Primary care and several specialized fields including: well child checkups, physicals, immunizations, preventative medicine, chronic disease management, counseling, and emergency and preventive oral health care.

### **Iris (LGBTQ+) Clinic offered at Complete Health**

350 Pine Street, Rapid City, SD 57701

**Website:** [www.completehealthsd.care](http://www.completehealthsd.care) **Email:** [iris@chsd.care](mailto:iris@chsd.care)

**Hours:** Clinic Hours: 8:00am - 5:00pm (MT), Monday - Friday Iris Clinic hours may vary.

**Phone:** 605-721-8939

**Eligibility:** People up to age 21

**Coverage Area:** Black Hills area

Provides primary LGBTQ+ health care for people up to the age of 21.

### **Counseling Services offered at Scovel Psychological and Counseling Services, LTD**

2902 W. Main Street, Rapid City, SD 57702

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-721-8822

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington, serving South Dakota via telehealth.

Provides individual, couple and family psychotherapy. Offers psychological and forensic assessments.

### **Counseling Services offered at Chrysalis Association, LLC**

403 National Street, Suite 1, Rapid City, SD 57702

**Hours:** 8:00am - 5:00pm (MT), Monday - Saturday

**Phone:** 605-341-8647

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington as well as surrounding area

Psychological assessments for attention deficit / hyperactive disorder (ADD/ADHD), learning disorders, and all other psychiatric conditions. Individual treatment for anxiety, depression, post traumatic stress (PTSD), trauma, personality disorders, and marital issues. Custody, competency, and forensic evaluations available. Therapeutic approaches include cognitive behavioral (CBT) and reprocessing therapy. Specialized services for sex offenders and non-adjudicated individuals with psychosexual issues.

**Counseling Services offered at Suzette Wasvick Counseling Services**

403 National Street, Suite 1, Rapid City, SD 57701

**Website:** [wasvickcounseling.com](http://wasvickcounseling.com) **Email:** [sw.counselingservices@yahoo.com](mailto:sw.counselingservices@yahoo.com)

**Hours:** 9:00am - 5:00pm (MT), Tuesday, Wednesday

**Phone:** 605-390-8791

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington Offices in Hill City and Rapid City. Individuals, couples, and family counseling for children, adolescent, and adults. Counseling to help those who suffer from depression, anxiety, self-harm, post traumatic stress (PTSD), trauma, suicidal thoughts, grief and loss, Internal Family Systems (IFS), and other issues. Provides assisted animal therapy, play therapy, Cognitive Behavior Therapy (CBT), and Dialectical Behavior Therapy (DBT). Works closely with the LGBTQI population. Also offering services via telehealth.

**Oyate Health Center - Behavioral Health Program offered at Great Plains Tribal Leaders Health Board**

3200 Canyon Lake Drive, Rapid City, SD 57702

**Hours:** Outpatient Clinic Hours: 8:00am - 4:30pm (MT), Monday - Friday Urgent care: 7:00am - 7:00pm (MT), Monday - Sunday Pediatric after hours urgent care appointments available

**Phone:** 605-718-5095

**Eligibility:** American Indian enrollees

**Coverage Area:** Located in Rapid City

Oyate Behavioral Health is a component of Integrated Health Care. Individual Behavioral health services are offered through Clinic Appointment and Telehealth scheduled appointments. Walk-ins may be available.

**Counseling Services offered at Lisa Porisch Counseling**

3421 W. Main Street, Rapid City, SD 57702

**Website:** [lisaporischcounseling.com](http://lisaporischcounseling.com) **Email:** [hello@lisaporischcounseling.sprucecare.com](mailto:hello@lisaporischcounseling.sprucecare.com)

**Hours:** 8:00am - 2:30pm (MT), Monday - Friday

**Phone:** 605-468-1865

**Eligibility:** Ages 3 - 100

**Coverage Area:** Western South Dakota but serving South Dakota via telehealth

Offers the following services - Individual counseling, Divorce counseling, Grief/bereavement counseling, Terminal illness counseling, and child abuse survivor counseling for adults.

**Counseling Services offered at Mindfulness Matters Behavioral Health, LLC**

No Physical Address, Rapid City, SD 57702

**Hours:** 9:00am - 4:00pm (MT), Monday - Thursday

**Phone:** 605-718-0488

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Provides individual and family therapy to children, adolescents, and adults with experience in anxiety, mood, ADHD, depression, trauma, grief, sexual abuse, domestic violence, low self-esteem, self-harm behaviors, anger management, assisting children affected by divorce, behavior management, attachment issues, personality disorders, and autism spectrum disorders. Specialties include trauma work utilizing Trauma Focused Cognitive Behavioral therapies, Play Therapy, Eye Movement Desensitization and Reprocessing (EMDR), and Dialectical Behavioral Therapy (DBT). Only offering services via telehealth.

**Behavioral Health Center offered at Monument Health**

915 Mountain View Road, Rapid City, SD 57702

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-755-7200

**Eligibility:** There are criteria for inpatient admission (danger to self or others). Age range 5 - adult patients.

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

A psychiatric hospital offering a wide range of services for geriatric, adult, adolescent, and child patients. This center approaches patient care with a special emphasis on trauma-informed care as well as biological, psychological, and social concerns. Specifically, offering inpatient treatment, and outpatient clinic with individual and family counseling services, as well as psychiatric diagnostic interviewing and medication management for patients of all ages.

### **Counseling Services offered at Visionary Mental Health Services, LLC**

Rapid City, SD 57702

**Website:** [www.visionarymentalhealth.com](http://www.visionarymentalhealth.com) **Email:** [visionarymentalhealth@gmail.com](mailto:visionarymentalhealth@gmail.com)

**Hours:** 8:00am - 6:00pm (MT), Monday - Friday 10:00am - 4:00pm (MT), Saturday

**Phone:** 605-280-9778

**Eligibility:** Ages 10 and over

**Coverage Area:** Pierre and Rapid City areas.

Works with teens and adults to process through the hurts of the past and focus on the possibilities in the future. Offers counseling for individuals, family, marriage, couples, adolescent/youth, parents, LGBTQ, grief, substance use, hoarding, spouse/intimate partner abuse, and child abuse survivor for adults. Cognitive behavioral therapy (CBT), custody evaluations, and telemental health counseling are available.

### **Counseling Services offered at Bridgewater Behavioral Health, LLC**

1770 Rand Road, Rapid City, SD 57702

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-791-1514

**Eligibility:** Open to all 13 years of age and above.

**Coverage Area:** Black Hills area

Providing individual and family therapy for those who are struggling with behavioral, emotional, social, developmental, and situational difficulties including post traumatic stress (PTSD), depression, anxiety, trauma, personality disorders, bipolar disorder, and relationship difficulty.

### **Counseling Services offered at Rapid City Mental Health Professionals, LLC**

3939 Canyon Lake Drive, Suite A, Rapid City, SD 57702

**Website:** [www.rapidcitymentalhealth.com](http://www.rapidcitymentalhealth.com) **Email:** [office@rapidcitymentalhealth.com](mailto:office@rapidcitymentalhealth.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-716-3555

**Eligibility:** Open to all ages

**Coverage Area:** South Dakota

Provides medication management of mental health disorders: depression, anxiety, PTSD, OCD, ADHD, bipolar disorder, schizophrenia and other psychotic illnesses. Services provided by psychiatric mental health nurse practitioners who have been employed in the inpatient settings, correctional facilities, and outpatient mental health.

Other services provided:

- Adolescent psychiatry
- Medication management
- Mental health screening
- Adult psychiatry
- Geriatric psychiatry
- Spravato treatment
- Culturally sensitive
- Photobiomodulation Therapy (light therapy)

### **Clinical Outpatient Therapy Services offered at Children's Home Society of South Dakota**

5301 U.S. Highway 16, Rapid City, SD 57701

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-343-2811

**Eligibility:** Children, Youth, Adolescents, Teens, Families

**Coverage Area:** South Dakota

Offering outpatient individual, group and family counseling with many specialties in therapeutic methods.

**Connecting With Our Youth offered at Great Plains Tribal Leaders Health Board**

725 N. LaCrosse Street, Rapid City, SD 57701

**Website:** [www.greatplainstribalhealth.org](http://www.greatplainstribalhealth.org) **Email:** [cwoy@gptchb.org](mailto:cwoy@gptchb.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday Flexible to meet the needs of participants

**Phone:** 605-718-5095

**Eligibility:** American Indian youth and adults of all ages living in the He Sapa area (Pennington County) who have at least one of the following are invited to participate: at risk for suicide, experience with ongoing suicidal thoughts, self-harming behavior, severe substance misuse, isolationist behavior, or recent experience with high-level trauma. Families are welcome to enroll.

**Coverage Area:** Pennington County area

The CWOY Support Navigator program is designed to provide support for American Indian youth, adults, and their families in the He Sapa area who struggle with suicidal thoughts or behaviors. CWOY Support Navigators act as mentors, advocates, and resource guides for American Indian youth, adults, and families needing support for their healing and personal growth.

**Equine Therapy offered at Red Horse Healing**

3315 S. Valley Drive, Rapid City, SD 57701

**Hours:** 9:00am - 5:00pm (MT), Monday - Friday Saturdays by appointment.

**Phone:** 605-441-2038

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade, Pennington, and Western South Dakota

Equine-assisted psychotherapy for individuals, families, and groups. Specialize in trauma focused cognitive behavioral therapy, solution focused therapy, and youth with problematic sexual behaviors.

**Therapy offered at Lifescope**

7110 Jordan Drive, Rapid City, SD 57702

**Website:** <https://www.lifescope.org/outpatient-therapy-behavioral-health/>

**Hours:** 7:30am - 5:30pm (MT), Monday - Friday

**Phone:** 605-791-7400

**Eligibility:** Open to all who could benefit from therapy services.

**Coverage Area:** Located in Sioux Falls and Rapid City.

Specialized therapy and psychology services for individuals of all ages. Screenings and evaluations for Autism (for children 4 and under), and visual challenges (for children of all ages). Services may vary by location.

**Counseling Services offered at Practical Christian Counseling, Inc.**

1351 Jolly Lane, Rapid City, SD 57703

**Hours:** 8:00am - 8:30pm (MT), Tuesday, Wednesday 8:00am - 6:00pm (MT), Thursday 8:00am - 5:30pm (MT), Friday

**Phone:** 605-484-7089

**Eligibility:** Open to all

**Coverage Area:** Located in Rapid City, serving South Dakota via telehealth.

Counseling from a biblically Christian worldview. Services include counseling for couples, marriage, marriage preparation, parenting, family, adolescents, depression, anxiety, grief, anger, crisis management, decision making, male sex addiction, gambling addiction, self-esteem, adjustment, life/professional coaching.

**Clinical Outpatient Therapy Services offered at Children's Home Society of South Dakota**

1330 Jolly Lane, Rapid City, SD 57703

**Hours:** 8:00am - 4:00pm (MT), Monday - Friday

**Phone:** 605-343-2811

**Eligibility:** Children, Youth, Adolescents, Teens, Families

**Coverage Area:** South Dakota

Offering outpatient individual, group and family counseling with many specialties in therapeutic methods.

**Counseling Services offered at Living Graciously Therapy**

2101 City Springs Road, Rapid City, SD 57702

**Hours:** 9:00am - 6:00pm (MT), Monday - Friday

**Phone:** 605-209-5540  
**Eligibility:** Open to all  
**Coverage Area:** Rapid City area  
Effective therapy, evaluations, educational resources offered.

### **Post-Secondary Education offered at Black Hills State University**

4300 Cheyenne Boulevard, Box Elder, SD 57719

**Website:** [www.BHSU.edu](http://www.BHSU.edu)      **Email:** [admissions@bhsu.edu](mailto:admissions@bhsu.edu)

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-718-4112

**Eligibility:** BHSU Student

**Coverage Area:** Campuses of BHSU in Spearfish and Rapid City, and serving students from the region

Provides undergraduate and graduate programs. Offers a variety of support services to its students including student health & counseling services.

### **Counseling Services offered at Abourezk Counseling**

7501 Captain Soelzer Street, Unit 956, Black Hawk, SD 57718

**Hours:** 10:00am - 6:00pm (MT), Monday, Wednesday

**Phone:** 605-863-2881

**Eligibility:** Open to all ages 14 and up

**Coverage Area:** Located in Rapid City, but serving South Dakota via telehealth.

Individual therapy for ages 14 and up. Topics discussed include: anxiety, depression, trauma, PTSD, chronic pain, stress management, employment issues, abuse, grief and loss, LGBTQ+ counseling, and women's issues. Telehealth sessions available.

### **Residential Treatment offered at Children's Home Society of South Dakota**

24100 S. Rockerville Road, Owen School, Rapid City, SD 57702

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday Residential 24 hours a day / 7 days a week

**Phone:** 605-343-5422

**Eligibility:** Children ages 4 - 14 with emotional or behavioral problems

**Coverage Area:** South Dakota

Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

### **Counseling Services offered at Suzette Wasvick Counseling Services**

280 Main Street, Suite 14, Hill City, SD 57745

**Website:** [wasvickcounseling.com](http://wasvickcounseling.com)      **Email:** [sw.counselingservices@yahoo.com](mailto:sw.counselingservices@yahoo.com)

**Hours:** 9:00am - 4:00pm (MT), Monday 9:00am - 6:00pm (MT), Thursday

**Phone:** 605-390-8791

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington Offices in Hill City and Rapid City.

Individuals, couples, and family counseling for children, adolescent, and adults. Counseling to help those who suffer from depression, anxiety, self-harm, post traumatic stress (PTSD), trauma, suicidal thoughts, grief and loss, Internal Family Systems (IFS), and other issues. Provides assisted animal therapy, play therapy, Cognitive Behavior Therapy (CBT), and Dialectical Behavior Therapy (DBT). Works closely with the LGBTQI population. Also offering services via telehealth.

### **Behavioral Health Center offered at Monument Health**

2140 Junction Avenue, Sturgis, SD 57785

**Hours:** Call for information.

**Phone:** 605-720-2600

**Eligibility:** There are criteria for inpatient admission (danger to self or others). Age range 5 - adult patients.

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

A psychiatric hospital offering a wide range of services for geriatric, adult, adolescent, and child patients. This center approaches patient care with a special emphasis on trauma-informed care as well as biological, psychological, and social concerns. Specifically, offering inpatient treatment, and outpatient clinic with individual and family counseling services, as well as psychiatric diagnostic interviewing and medication management for patients of all ages.

### **Counseling Services offered at Black Hills Counseling LLC**

1238 Main Street, Suite 4, Sturgis, SD 57785

**Hours:** 9:00am - 5:00pm (MT), Monday - Friday;by appointment only

**Phone:** 605-720-8090

**Eligibility:** Open to all ages 12 and up.

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

Individual, couples, and family counseling (ages 12 and up). Specializing in family and/or co-parenting mediation, development of co-parenting plans, anger management and domestic violence training/therapy, critical incident stress management, and all mental health conditions and addictions.

### **Counseling Services offered at Make It Happen Counseling, LLC**

824 1st Street, Sturgis Chiropractic, Sturgis, SD 57785

**Hours:** 9:00am - 6:00pm (MT), Monday - Friday (By appointment)

**Phone:** 605-490-7911

**Eligibility:** Children ages 12-18, adults, and older adults.

**Coverage Area:** Western South Dakota

Provides individual counseling for children ages 12-18, adults and older adults. Areas include depression, anxiety, stress, self-esteem, grief, trauma adjustment, and relationship issues.

Utilizes cognitive behavioral therapy (CBT), solution focused and strength based strategies in treatment. Face to face and telehealth options available.

### **Retreat Ministry offered at New Trails Ministry, Inc.**

Custer, SD 57730

**Website:** <https://newtrailsministries.org>      **Email:** [info@newtrailsministry.org](mailto:info@newtrailsministry.org)

**Hours:** 10:00am - 4:00pm (MT), Tuesday, Thursday Monday and Wednesday by appointment only.

**Eligibility:** Open to all

**Coverage Area:** Located in Custer but serving South Dakota via telehealth.

New Trails works to sort through the challenges and issues in a person's life in an effort to help find a new trail of vitality.

Providing a place where helping professionals can find support to deal with the challenges of caring. Also faith based professional counseling services on a limited schedule.

### **Outpatient Services offered at Compass Point, The**

1807 Williams Street, Sturgis, SD 57785

**Hours:** Outpatient Services: 8:00am - 5:00pm (MT), Monday - Friday Group: 5:00pm - 7:00pm (MT), Monday - Thursday

**Phone:** 605-347-3003

**Eligibility:** Over 18 years of age

**Coverage Area:** Located in Sturgis, but serving residents of western South Dakota

Screening, assessments, crisis intervention, and individual and group counseling for substance abuse and co-occurring disorders.

### **Psychiatric & Counseling Services offered at Black Hills Psychology**

115 N. 7th Street, Suite 6, STE 6, Spearfish, SD 57783

**Hours:** 8:00am - 5:00pm (MT), Monday - Thursday 8:00am - 4:00pm (MT), Friday

**Phone:** 605-645-0100

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington.



Psychiatric evaluations, prescription medication management, psychological testing, and comprehensive therapy services including Eye Movement Desensitization and Reprocessing (EMDR). Psychological testing and evaluation services available for issues including Autism spectrum, learning disorders, attention deficit / hyperactive disorder (ADD/ADHD), bipolar, anxiety, depression, ability and achievement, IQ, memory, bariatric surgery evaluations, and court-ordered evaluations. Specializing in therapeutic services for depression, life-transition, behavioral issues, divorce, premarital, families, relationship issues, parenting, work-life balance, LGBTQ, grief and loss, serious and chronic disease, postpartum depression, infertility, stress management, eating disorders, physical disability, abuse issues, and chronic pain. Also offering telehealth services.

### **Counseling Services offered at Northern Hills Counseling Associates**

211 N. Main Street, Suite 203, Spearfish, SD 57783

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-559-2006

**Eligibility:** Open to all

**Coverage Area:** Western South Dakota

Outpatient mental health counseling services for individuals and families.

### **Behavioral Health Center offered at Monument Health**

1440 N. Main Street, Spearfish, SD 57783

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-644-4000

**Eligibility:** There are criteria for inpatient admission (danger to self or others). Age range 5 - adult patients.

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

A psychiatric hospital offering a wide range of services for geriatric, adult, adolescent, and child patients. This center approaches patient care with a special emphasis on trauma-informed care as well as biological, psychological, and social concerns. Specifically, offering inpatient treatment, and outpatient clinic with individual and family counseling services, as well as psychiatric diagnostic interviewing and medication management for patients of all ages.

### **Counseling Services offered at Life Counseling and Coaching, The**

1930 N. Avenue, Suite 3, Spearfish, SD 57783

**Hours:** 8:00am - 6:00pm (MT), Monday - Friday

**Phone:** 605-639-5641

**Eligibility:** 16 and up

**Coverage Area:** Located in Spearfish but serving South Dakota via telehealth.

Provides individual and couples counseling for adults struggling with symptoms of anxiety, depression, grief and trauma as well as difficulties with parenting, relationships and professional burn-out. Telemental health services available.

### **Post-Secondary Education offered at Black Hills State University**

1200 University Street, Spearfish, SD 57799

**Website:** [www.BHSU.edu](http://www.BHSU.edu) **Email:** [admissions@bhsu.edu](mailto:admissions@bhsu.edu)

**Hours:** Office hours: 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-642-6131

**Eligibility:** BHSU Student

**Coverage Area:** Campuses of BHSU in Spearfish and Rapid City, and serving students from the region

Provides undergraduate and graduate programs. Offers a variety of support services to its students including student health & counseling services.

### **Counseling Services offered at Rising Hope Counseling, LLC**

3105 W. Fairground Loop, Spearfish, SD 57783

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Sharon K. Hansen**

Hot Springs, SD 57747

**Hours:** 8:00am - 12:00noon (MT), Monday, Tuesday Telehealth only

**Phone:** 605-890-0580

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade, and Pennington  
Evaluation, individual psychotherapy, family therapy, and anger management.

### **Behavioral Health Services offered at Fall River Health Services**

1201 Highway 71 South, Hot Springs, SD 57747

**Website:** [www.frhssd.org](http://www.frhssd.org) **Email:** [bh@frhssd.org](mailto:bh@frhssd.org)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-745-8910

**Eligibility:** Ages 4 - 100+

**Coverage Area:** West River South Dakota

Provides comprehensive outpatient behavioral health services to help with a variety of mental health problems for all ages.

### **Counseling Services offered at Belle Fourche Counseling, LLC**

515 National Street, Suite 103, Belle Fourche, SD 57717

**Website:** [www.bellefourchecounseling.com](http://www.bellefourchecounseling.com) **Email:** [info@bellefourchecounseling.com](mailto:info@bellefourchecounseling.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-722-8090

**Eligibility:** Open to all

**Coverage Area:** Located in Belle Fourche, serving South Dakota via telehealth.

Individual and family therapy services, specializing in eye movement desensitization and reprocessing (EMDR), trauma (including abuse) focused cognitive behavioral therapy (CBT), critical incident stress management, Thinking for a Change Group, and Love and Logic Parenting.

Offers telehealth counseling. Does not require the person to attend an intake session in person. Can mail intake paperwork and this should be returned via mail or email prior to first session. Services are provided through a secure video connection.

Strives to provide culturally relevant and sensitive care.

### **Recovery Support Services offered at Aneptu Luta Otipi**

North Route, Kyle, SD 57752

**Hours:** 9:00am - 4:00pm (MT), Monday - Friday

**Phone:** 605-455-2331

**Eligibility:** Enrolled Tribal Members 12 years of age and older; degree of Indian blood or Tribal Enrollment number required.

**Coverage Area:** Pine Ridge Reservation

Aims to assist clients in recovery maintenance. Recovery Support services includes formal aftercare programs, wellbriety, traditional pathways, and talking circles.

### **Counseling Services offered at Rising Hope Counseling, LLC**

420 S. Henry Street, Pierre, SD 57501

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** Pierre area

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Educational Directory (Elementary, Intermediate, Middle and High Schools) offered at South Dakota Department of Education**

No Physical Address, Pierre, SD 57501

**Website:** <https://doe.sd.gov/ofm/edudir.aspx>

**Email:** [doe@state.sd.us](mailto:doe@state.sd.us)

**Hours:** See website for details.

**Phone:** 605-773-3134

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Visit the South Dakota Educational Directory to get details about any elementary, intermediate, middle, high school or alternative program within South Dakota.

### **Counseling Services offered at Visionary Mental Health Services, LLC**

1709 N. Lincoln Avenue, Suite 102, Pierre, SD 57501

**Website:** [www.visionarymentalhealth.com](http://www.visionarymentalhealth.com)

**Email:** [visionarymentalhealth@gmail.com](mailto:visionarymentalhealth@gmail.com)

**Hours:** 8:00am - 6:00pm (CT), Monday - Friday 10:00am - 4:00pm (CT), Saturday

**Phone:** 605-280-9778

**Eligibility:** Ages 10 and over

**Coverage Area:** Pierre and Rapid City areas.

Works with teens and adults to process through the hurts of the past and focus on the possibilities in the future. Offers counseling for individuals, family, marriage, couples, adolescent/youth, parents, LGBTQ, grief, substance use, hoarding, spouse/intimate partner abuse, and child abuse survivor for adults. Cognitive behavioral therapy (CBT), custody evaluations, and telemental health counseling are available.

### **Mental Health Services offered at Support Circle, The**

1710 E. Grand Crossing, Mobridge, SD 57601

**Website:** [www.thesupportcircle.com](http://www.thesupportcircle.com)

**Email:** [hello@thesupportcircle.com](mailto:hello@thesupportcircle.com)

**Hours:** Call for information.

**Phone:** 605-845-2058

**Eligibility:** Open to Adolescents and Adults. Minimum age may vary depending on location.

**Coverage Area:** Telehealth is available across South Dakota including the Mobridge and Aberdeen offices.

Provides individualized care for a variety of situations. Offers both in-person and virtual counseling options.

### **Counseling Services offered at Rising Hope Counseling, LLC**

118 S. Main Street, Suite 1, Chamberlain, SD 57325

**Website:** [risinghope605.com](http://risinghope605.com)

**Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

841 Jackson Street, Suite C, Burke, SD 57523

**Website:** [risinghope605.com](http://risinghope605.com)

**Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

110 3rd Street S.W., Suite 107, Huron, SD 57350

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for more information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

426 N. Highway 281, Suite 3, Aberdeen, SD 57401

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for more information.

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Inspire Counseling, LLC**

405 8th Avenue N.W., Suite 321, Aberdeen, SD 57401

**Hours:** 8:30am - 5:00pm (CT), Monday - Thursday 8:30am - 2:30pm (CT), Friday

**Phone:** 605-262-0513

**Eligibility:** Ages 5 and up

**Coverage Area:** South Dakota

Specific training in trauma therapy including child trauma certified. Works with all ages, diagnosis, and families. Also provides a Spanish speaking translator at no cost if needed. Other services include:

- individual counseling
- divorce counseling
- grief/bereavement counseling
- Dialectical Behavioral Therapy (DBT)
- LGBTQ counseling
- child abuse counseling
- child abuse survivor counseling for adults
- family counseling
- play therapy
- trauma informed therapy
- Cognitive Behavioral Therapy (CBT)
- adolescent/youth counseling
- gender identity counseling
- parent counseling
- spouse/intimate partner abuse counseling
- internet (tele-health) counseling

### **Mental Health Services offered at Support Circle, The**

2211 8th Avenue N.E. Suite 2201, Aberdeen, SD 57401

**Website:** [www.thesupportcircle.com](http://www.thesupportcircle.com) **Email:** [hello@thesupportcircle.com](mailto:hello@thesupportcircle.com)

**Hours:** Call for information.

**Phone:** 605-845-2058

**Eligibility:** Open to Adolescents and Adults. Minimum age may vary depending on location.

**Coverage Area:** Telehealth is available across South Dakota including the Mobridge and Aberdeen offices. Provides individualized care for a variety of situations. Offers both in-person and virtual counseling options.

### **Counseling Services offered at Rising Hope Counseling, LLC**

1401 N. Main Street, Suite 108, Mitchell, SD 57301

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** 9:00am - 5:00pm (CT), Monday and Wednesday 10:00am - 6:00pm (CT), Tuesday

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

104 W. Main Street, Parkston, SD 57366

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

230 6th Street, Hanson Elementary, Alexandria, SD 57311

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

230 6th Street, Hanson Middle School, Alexandria, SD 57311

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

120 S. Main Street, The Minor County Pioneer, Howard, SD 57349

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

451 Main Street, Scotland, SD 57059

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

700 S. Washington Avenue, Suite 100, Madison, SD 57042

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

818 S. Broadway Street, Suites 109 & 110, Watertown, SD 57201

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Better Me Counseling and Consulting**

1105 Jensen Avenue, S.E., Watertown, SD 57201

**Hours:** 8:30am - 5:30pm (CT), Tuesday, Wednesday, Thursday 9:00am - 7:00pm (CT), Monday

**Phone:** 605-880-0100

**Eligibility:** Serving ages 4-65+

**Coverage Area:** Counties of Codington, Hamlin, Clark, and South Dakota via telehealth



Provides mental health counseling for children, adults, families and couples. Including the following services:

- individual counseling
- marriage counseling
- divorce counseling
- grief/bereavement counseling
- LGBTQ counseling
- child abuse counseling
- child abuse survivor counseling for adults
- family counseling
- couples (conjoint) counseling
- trauma informed therapy
- cognitive behavioral therapy
- adolescent/youth counseling
- parent counseling
- spouse/intimate partner abuse counseling
- internet (tele-health) counseling
- farm crisis counseling
- retirement and aging concerns

### **Counseling Services offered at Stronghold Counseling Services, Inc.**

610 W. 23rd Street, Suite 8, Yankton, SD 57078

**Website:** [www.strongholdcounseling.com](http://www.strongholdcounseling.com) **Email:** [info@strongholdcounseling.com](mailto:info@strongholdcounseling.com)

**Hours:** 10:00am - 8:00pm (CT), Monday - Thursday

**Phone:** 605-334-7713

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Assessments and therapy for individuals, groups, families, of all ages. Services address alcohol abuse and addiction, sexual abuse, spiritual abuse, marriage problems, family problems, adolescent and child adjustment, anxiety, grief, eating disorders, physical abuse, emotional abuse, delinquency problems, parent-child conflicts, stress, depression, spiritual needs, and mid-life issues.

Offers telehealth sessions only if it is covered by insurance and client is located in state at the time of the call. Preference is for the first appointment to be face-to-face. The website wecounsel is used for telehealth services.

### **Counseling Services offered at Rising Hope Counseling, LLC**

304 W. SD Highway 38, Suite 126, Hartford, SD 57033

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Growth Collective, The**

601 4th Street, Suite 111, Brookings, SD 57006

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-620-1745

**Eligibility:** Age 3 - adult

**Coverage Area:** Located in Brookings but serving statewide via telemental health.

A group mental health counseling practice serving children and their families age 3 - adult. Provides school-based counseling as well as in-office appointments and telemental health.

### **Counseling Services offered at Rising Hope Counseling, LLC**

601 4th Street, Suite 102, Brookings, SD 57006

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)  
**Hours:** 8:30am - 4:30pm (CT), Monday - Thursday 8:30am - 12:00pm (MT), Friday  
**Phone:** 605-494-1500  
**Eligibility:** Open to all  
**Coverage Area:** South Dakota  
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

317 N. Heritage Parkway, Tea, SD 57064

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)  
**Hours:** Call for information  
**Phone:** 605-494-1500  
**Eligibility:** Open to all  
**Coverage Area:** South Dakota  
Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Therapy offered at Lifescope**

7220 W. 41st Street, Sioux Falls, SD 57106

**Website:** <https://www.lifescopesd.org/outpatient-therapy-behavioral-health/>  
**Hours:** 7:30am - 6:00pm (CT), Monday - Friday  
**Phone:** 605-444-9700  
**Eligibility:** Open to all who could benefit from therapy services.  
**Coverage Area:** Located in Sioux Falls and Rapid City.  
Specialized therapy and psychology services for individuals of all ages. Screenings and evaluations for Autism (for children 4 and under), and visual challenges (for children of all ages). Services may vary by location.

### **Counseling Services offered at Stronghold Counseling Services, Inc.**

4300 S. Louise Avenue, Suite 201, Sioux Falls, SD 57106

**Website:** [www.strongholdcounseling.com](http://www.strongholdcounseling.com)      **Email:** [info@strongholdcounseling.com](mailto:info@strongholdcounseling.com)  
**Hours:** 8:00am - 8:00pm (CT), Monday - Thursday 8:00am - 12:00noon (CT), Friday  
**Phone:** 605-334-7713  
**Eligibility:** Open to all  
**Coverage Area:** South Dakota  
Assessments and therapy for individuals, groups, families, of all ages. Services address alcohol abuse and addiction, sexual abuse, spiritual abuse, marriage problems, family problems, adolescent and child adjustment, anxiety, grief, eating disorders, physical abuse, emotional abuse, delinquency problems, parent-child conflicts, stress, depression, spiritual needs, and mid-life issues.

Offers telehealth sessions only if it is covered by insurance and client is located in state at the time of the call. Preference is for the first appointment to be face-to-face. The website wecounsel is used for telehealth services.

### **Counseling Services offered at Midwest Wellness Institute, PLLC**

4308 S. Arway Drive, Sioux Falls, SD 57106

**Website:** [www.mwihealth.org/](http://www.mwihealth.org/)      **Email:** [office@mwihealth.org](mailto:office@mwihealth.org)  
**Hours:** 8:00am - 5:00pm (CT), Monday - Friday Office staff works remotely some days; please call before stopping in.  
**Phone:** 605-573-2000  
**Eligibility:** Open to all  
**Coverage Area:** South Dakota  
MWI Health finds innovative ways to improve lives with team of mental health providers, offering psychiatric evaluations, medication management, and individual psychotherapy in Sioux Falls, SD, with telehealth options available.

**Cognitive Behavioral Group Therapy offered at Transformation Project, The**

500 N. Western Avenue, Sioux Falls, SD 57104

**Website:** [www.transformationprojectsd.org](http://www.transformationprojectsd.org)**Email:** [admin@transformationprojectsd.org](mailto:admin@transformationprojectsd.org)**Hours:** Hours vary. Please call or email**Phone:** 605-610-8579**Eligibility:** Gender non-conforming adults ages 18-40.**Coverage Area:** South Dakota and a 40-mile radius

Provides a supportive and affirming environment to address LGBTQ-related stress, depression, and anxiety.

**Therapy offered at Lifescape**

1020 W. 18th Street, Sioux Falls, SD 57104

**Website:** <https://www.lifescapesd.org/outpatient-therapy-behavioral-health/>**Hours:** 7:30am - 6:00pm (CT), Monday - Friday**Phone:** 605-444-9700**Eligibility:** Open to all who could benefit from therapy services.**Coverage Area:** Located in Sioux Falls and Rapid City.

Specialized therapy and psychology services for individuals of all ages. Screenings and evaluations for Autism (for children 4 and under), and visual challenges (for children of all ages). Services may vary by location.

**Black Hills Behavioral Health Guide offered at Helpline Center - Resource Guides**

No Physical Address, Sioux Falls, SD 57104

**Website:** [www.helplinecenter.org/wp-content/uploads/HLCRD-Black-Hills-Behavioral-Health-Guide.pdf](http://www.helplinecenter.org/wp-content/uploads/HLCRD-Black-Hills-Behavioral-Health-Guide.pdf)**Email:**[help@helplinecenter.org](mailto:help@helplinecenter.org)**Hours:** Available online 24 hours a day / 7 days a week**Phone:** 605-339-4357**Eligibility:** Open to all**Coverage Area:** Counties of Butte, Custer, Fall River, Lawrence, Meade and Pennington

A Guide of licensed and/or credentialed behavioral health professionals is available in pdf or online searchable formats or a hard copy can be obtained by visiting the Helpline Center at 402 St. Joseph Street, Suite 10, Rapid City, SD 57701

**Counseling Services offered at Parts of You Therapy**

505 W. 9th Street, Suite 203, Sioux Falls, SD 57104

**Website:** <https://www.partsofyou.org/>**Email:** [crosby@partsofyou.org](mailto:crosby@partsofyou.org)**Hours:** 9:00am - 6:00pm (CT), Monday - Thursday 8:00am - 12:00pm (CT), Friday**Phone:** 605-550-2655**Eligibility:** Open to teens and adults ages 12 and older.**Coverage Area:** Individual and group therapy sessions for Sioux Falls area residents. Telehealth services throughout South Dakota.

Counseling Services include individual counseling, youth counseling, parent counseling, LGBTQ+ counseling, gender identity counseling, grief/bereavement counseling, and cognitive behavioral therapy.

**Mental Health Counseling and Parenting Classes offered at Recourse Solutions Sioux Empire LLC**

100 S. Spring Avenue, Sioux Falls, SD 57104

**Hours:** By appointment only.**Phone:** 605-271-6979**Eligibility:** Open to those 10 and up.**Coverage Area:** South Dakota and Iowa via telehealth. Social Early Neutral Evaluation (SENE) is available in Minnesota via telehealth.

Providing mental health services, Positive Indian Parenting (parenting education for Native American parents), and court approved parent education classes for parents who are separated or divorced.

**Counseling Services offered at Rising Hope Counseling, LLC**

6340 S. Western Avenue, Suite 120, Sioux Falls, SD 57108

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Mental Health Counseling and Parenting Classes offered at Recourse Solutions Sioux Empire LLC**

629 S. Minnesota Avenue, Suite 203, Sioux Falls, SD 57104

**Hours:** 9:00am - 5:00pm (CT), Monday - Thursday

**Phone:** 605-271-6979

**Eligibility:** Open to those 10 and up.

**Coverage Area:** South Dakota and Iowa via telehealth. Social Early Neutral Evaluation (SENE) is available in Minnesota via telehealth.

Providing mental health services, Positive Indian Parenting (parenting education for Native American parents), and court approved parent education classes for parents who are separated or divorced.

### **Counseling Services offered at Aspire Counseling, LLC**

6340 S. Western Avenue, Sioux Falls, SD 57108

**Website:** [www.aspirecounselingsd.com](http://www.aspirecounselingsd.com)      **Email:** [info@aspirecounselingsd.com](mailto:info@aspirecounselingsd.com)

**Hours:** 8:00am - 6:00pm (CT), Monday - Thursday 8:00am - 4:00pm (CT), Friday

**Phone:** 605-277-1422

**Eligibility:** Ages 5 and up

**Coverage Area:** Located in Sioux Falls, serving South Dakota via telehealth

Provides therapy services for those with mental health needs.

### **Counseling Services offered at Counseling Cafe, The**

4804 S. Minnesota Avenue, Suite 108, Sioux Falls, SD 57108

**Website:** [thecounselingcafesf.com](http://thecounselingcafesf.com)      **Email:** [info@thecounselingcafesf.com](mailto:info@thecounselingcafesf.com)

**Hours:** 8:30am - 8:00pm (CT), Monday 8:30am - 6:00pm (CT), Tuesday - Thursday 7:30am - 12:00noon (CT), Friday

**Phone:** 605-271-8008

**Eligibility:** Adults and children ages 9 years and above

**Coverage Area:** South Dakota, Northwest Iowa and Minnesota

Providing a safe place for people to explore, discover and accept the individual as they are. Services offered include evaluations and assessments and professional therapy and counseling.

### **Counseling Services offered at Evergreen Counseling and Consulting Services, LLC**

6809 S. Minnesota Avenue, Suite 102, Sioux Falls, SD 57108

**Hours:** Varies;call for appointment times.

**Phone:** 605-423-7880

**Eligibility:** Open to all ages

**Coverage Area:** Located in Sioux Falls but serving the state of South Dakota via telemental health.

Focuses on supporting people through grief/loss, life transitions, mental health challenges, and family conflict.

### **Counseling Services offered at Guiding Light Counseling, LLC**

5000 S. MacArthur Lane, Suite 104, Sioux Falls, SD 57108

**Website:**

<https://sarah-scherr.clientsecure.me/?mld=18341d8b6e8569-0e1e8db0ccd33d-26021c51-15f900-18341d8b6e93cc#home>

**Email:** [guidinglightcounselingsf@gmail.com](mailto:guidinglightcounselingsf@gmail.com)

**Hours:** Monday - Friday;call for specific hours

**Phone:** 605-413-6835

**Eligibility:** Ages 13 and up.

**Coverage Area:** South Dakota. Telehealth visits are available for people living outside of the Sioux Falls area. A for-profit counseling center serving teens and adults in the Sioux Falls area. Also trained in Accelerated Resolution Therapy - a type of therapy that helps alleviate trauma symptoms.

### **Counseling Services offered at Alexander Therapy & Consulting, PLLC**

No Physical Address, Sioux Falls, SD 57103

**Hours:** 9:00am - 9:00pm (CT), Monday and Tuesday 9:00am - 3:00pm (CT), Wednesday

**Phone:** 605-206-9301

**Eligibility:** Adults ages 18 and up

**Coverage Area:** South Dakota via telehealth

Provide a safe and compassionate space for people from all walks of life to work through various mental health struggles so they can live a more vibrant and healthy life. Specializes in LGBTQ+ topics and sex therapy, however, also addresses mental health concerns such as depression, anxiety, trauma, parenting difficulties, and grief.

### **Telehealth Counseling Services offered at Therapy Lawgic**

No Physical Location, Harrisburg, SD 57032

**Hours:** 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-900-6345

**Eligibility:** Open to all ages 10 and up.

**Coverage Area:** South Dakota

Provides mental health therapy via telehealth services for individuals, couples, and adolescents. Areas of specialty include anxiety, depression, trauma, relationship challenges, and LGBTQ+ empowerment. Sessions are tailored to meet clients' personal needs in a secure, confidential, and convenient virtual environment.

### **Residential Treatment offered at Children's Home Society of South Dakota**

801 N. Sycamore Avenue, Loving School, Sioux Falls, SD 57110

**Hours:** Office hours: 8:00am - 5:00pm (CT), Monday - Friday Residential 24 hours a day / 7 days a week

**Phone:** 605-334-6004

**Eligibility:** Children ages 4 - 14 with emotional or behavioral problems

**Coverage Area:** South Dakota

Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

### **Counseling Service offered at Dakota Hope Counseling**

1500 S. Sycamore Avenue, Suite 102, Sioux Falls, SD 57110

**Hours:** 9:00am - 8:00pm (CT), Monday - Friday

**Phone:** 605-223-5155

**Eligibility:** Youth (ages 10 - 18) and adults

**Coverage Area:** In person: Sioux Falls area; Telehealth: South Dakota

Counseling services for ages 10 - adult. In-person and telehealth appointments available.

### **Counseling Services offered at Rising Hope Counseling, LLC**

1108 W. Cedar Street, Suite 5B, Beresford, SD 57004

**Website:** [risinghope605.com](http://risinghope605.com) **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

717 E. Main Street, Vermillion, SD 57069

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **Counseling Services offered at Rising Hope Counseling, LLC**

904 E. 5th Street, Canton, SD 57013

**Website:** [risinghope605.com](http://risinghope605.com)      **Email:** [admin@risinghope605.com](mailto:admin@risinghope605.com)

**Hours:** Call for information

**Phone:** 605-494-1500

**Eligibility:** Open to all

**Coverage Area:** South Dakota

Provides services for individual, couples, children, and family counseling as well as anger evaluations, and anger management. Committed to helping people who are experiencing emotional, psychological, personal, or family problems to increase hope and fulfill their treatment goals for a better life.

### **SAMHSA Behavioral Health Treatment Finder offered at Substance Abuse and Mental Health Services Administration**

5600 Fishers Lane, Substance Abuse and Mental Health Services Administration, Rockville, MD 20857

**Hours:** Website available 24 hours a day / 7 days a week

**Phone:** 800-662-4357

**Eligibility:** Open to all

**Coverage Area:** United States (other than South Dakota)

The Behavioral Health Treatment Services Locator, is a source of information related to substance abuse/addiction and/or mental health services for persons seeking treatment facilities (outside of South Dakota) in the United States or U.S. Territories.

### **Counseling and Support Groups offered at CancerCare**

275 7th Avenue, New York, NY 10001

**Website:** [www.cancercare.org](http://www.cancercare.org)      **Email:** [info@cancercare.org](mailto:info@cancercare.org)

**Hours:** 10:00am - 6:00pm (ET), Monday - Thursday 10:00am - 5:00pm (ET), Friday

**Phone:** 212-712-8400

**Eligibility:** Anyone who is touched by cancer including: the person diagnosed, family, friends, co-workers, and the bereaved

**Coverage Area:** United States, Puerto Rico and U.S. Territories

Comprehensive services include counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and co-payment assistance. All services are provided by oncology social workers and world-leading cancer experts.

### **MindWise Innovations**

270 Bridge Street, Suite 205, Dedham, MA 0206

**Website:** [mindwise.org](http://mindwise.org)      **Email:** [info@mindwise.org](mailto:info@mindwise.org)

**Hours:** 24 hours a day / 7 days a week

**Phone:** 781-239-0071

**Eligibility:** Open to all including College Students, Active-Duty Military, National Guard, Reserves, Veterans, and their families

**Coverage Area:** United States

A self-assessment questionnaire, regarding mental health and substance abuse, to assess if treatment or evaluation would be beneficial.



**In-Home Nursing Services offered at Home Instead**

710 Mount Rushmore Road, Rapid City, SD 57701

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-716-9300

**Eligibility:** School age to elderly individuals

**Coverage Area:** East River South Dakota and Black Hills area.

Offers both skilled and non-skilled nursing services from school age to elderly individuals.

**RapidRide offered at City of Rapid City**

333 6th Street, Rapid City, SD 57701

**Hours:** Office hours: 7:00am - 5:30pm (MT), Monday - Friday Hours of operation: 6:20am - 5:50pm (MT), Monday - Friday  
9:50am - 4:40pm (MT), Saturday

**Phone:** 605-394-6631

**Eligibility:** Open to all

**Coverage Area:** Rapid City

Provides 6 routes operating within the city limits of Rapid City. Service frequency is every 35 minutes. Service is available:  
6:20am - 5:50pm, Monday - Friday and 9:50am - 4:40pm, Saturday.

**Vision Bikes offered at Love INC of the Black Hills**

414 E. Omaha Street, Rapid City, SD 57701

**Hours:** Office hours: 8:30am - 4:30pm (MT), Monday - Thursday 8:30am - 12:00pm (MT), Friday

**Phone:** 605-718-5683

**Eligibility:** Open to all

**Coverage Area:** Rapid City area

Offers participants an opportunity to volunteer with Love Inc. and in return, earn a bike for transportation.

**Home Health Care offered at Westhills Village Retirement Community**

255 Texas Street, Rapid City, SD 57701

**Hours:** 7:30am - 7:30pm (MT), Monday - Sunday Home Health Services are available 24 hours a day, 7 days a week.

**Phone:** 605-388-0031

**Eligibility:** Call for information.

**Coverage Area:** Counties of Lawrence, Meade, and Pennington

Provides individualized in-home care and in home-rehab.

**Transportation Service offered at Care-a-Ride**

Rapid City, SD 57702

**Website:** [www.carearide.com](http://www.carearide.com) **Email:** [carearide@gmail.com](mailto:carearide@gmail.com)

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday Hours outside of 8:00 - 5:00 are available depending on situation. Sunday only on emergent basis, with additional charges.

**Phone:** 605-381-7825

**Eligibility:** Open to all

**Coverage Area:** Surrounding area

Offers transportation, both by car or wheelchair van, to medical appointments, grocery stores, or other appointments. Offers the option to shop for groceries for individuals.

**Public Transit offered at Prairie Hills Transit**

2015 Tumble Weed Trail, Spearfish, SD 57783

**Website:** [www.prairiehillstransit.com](http://www.prairiehillstransit.com) **Email:** [dispatch@prairiehillstransit.com](mailto:dispatch@prairiehillstransit.com)

**Hours:** Office hours: 7:00am - 5:00pm (MT), Monday - Friday Service hours vary in each community so please call or visit website for more information.

**Phone:** 605-642-6668

**Eligibility:** Open to all

**Coverage Area:** Counties of Butte, Custer, Harding, Fall River, Lawrence, Meade, Perkins and portions of Pennington

Operating public transit in Butte, Lawrence, and Meade Counties with service from these counties into Rapid City and Southern Hills. Door to door service provided with one business days' notice.

### **East Pennington/Haakon County Prairie offered at River Cities Public Transit**

No Physical Address, Garage, Eagle Butte, SD 57625

**Hours:** 8:00am - 5:00pm (MT), Monday - Friday

**Phone:** 605-441-1495

**Eligibility:** Open to all

**Coverage Area:** East Pennington County (a 20 mile radius of Wall including the communities of Quinn, Wasta and Cottonwood) and Haakon County (Philip and Midland)

Please call 48 hours in advance. Primarily for medical trips; however, shoppers may ride along when medical trips are scheduled.

### **Statewide Services offered at River Cities Public Transit**

1600 E. Dakota Avenue, Pierre, SD 57501

**Hours:** 24 hours a day / 7 days a week / 365 days a year

**Phone:** 605-945-2360

**Eligibility:** Open to all

**Coverage Area:** South Dakota

RCPT coordinates with all other transit agencies in South Dakota and can facilitate a ride statewide for medical appointments.

### **In-Home Nursing Services offered at Home Instead**

211 E. Havens Avenue, Mitchell, SD 57301

**Hours:** Office Hours: 9:00am - 5:00pm (CT), Monday - Friday Services available 24 hours a day / 7 days a week

**Phone:** 605-996-0503

**Eligibility:** School age to elderly individuals

**Coverage Area:** East River South Dakota and Black Hills area.

Offers both skilled and non-skilled nursing services from school age to elderly individuals.

### **In-Home Nursing Services offered at Home Instead**

810 S. Maple Street, Watertown, SD 57201

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-878-3330

**Eligibility:** School age to elderly individuals

**Coverage Area:** East River South Dakota and Black Hills area.

Offers both skilled and non-skilled nursing services from school age to elderly individuals.

### **In-Home Nursing Services offered at Home Instead**

5421 W. 41st Street, Suite 208, Sioux Falls, SD 57106

**Hours:** 24 hours a day / 7 days a week

**Phone:** 605-274-2273

**Eligibility:** School age to elderly individuals

**Coverage Area:** East River South Dakota and Black Hills area.

Offers both skilled and non-skilled nursing services from school age to elderly individuals.

### **Health and Social Needs Transportation offered at Helpline Center**

3817 S. Elmwood Avenue, Sioux Falls, SD 57105

**Website:** [www.helplinecenter.org](http://www.helplinecenter.org) **Email:** [help@helplinecenter.org](mailto:help@helplinecenter.org)

**Hours:** Ride Scheduling: 8:00am - 5:00pm (CT), Monday - Friday

**Phone:** 605-339-4357

**Eligibility:** Must meet one of the following: vaccination appointments for adults, older adults (65+), individuals with disabilities, or rides that meet a medical or social need (no age limit on this category).

**Coverage Area:** Cities served: Rapid City (only WIC clients) and Sioux Falls

Lyft rides are available for varying health and social needs. Rides are not guaranteed until client intake is approved by Helpline Center Transportation Specialist.