This resource guide lists community programs, which are part of the 211 resource database, that provide direct basic needs and services such as clothing and household items, employment services, family and parenting, financial support, food, health care, housing, mental health, shelter, and transportation.

For more information: • Visit [www.helplinecenter.org](http://www.helplinecenter.org) • Dial 2-1-1 • Text your zip code to 898211

**Helpline Center - 2-1-1**
Dial 2-1-1 or Text your zip code to 898211
A 24-hour information, referral, and crisis helpline that provides resource information covering topics such as food, clothing, financial, medical, mental health, employment, shelter, volunteer opportunities, and much more.

**Helpline Center – Suicide and Crisis Support**
(800) 273-8255 National Suicide Prevention Lifeline (NSPL) – Answered by the Helpline Center
An accredited suicide prevention, intervention and after-care organization, delivering the hope and understanding you need. Also provides the following services: a crisis texting program for teens at over 40 high schools in South Dakota and some colleges; grief support for individuals who have lost a loved one to suicide; professional suicide awareness and prevention trainings.

**Helpline Center – Volunteer Connections**
Dial 2-1-1 or text SFVol to 898211 to receive weekly volunteer opportunities by text. Connecting you to local volunteer activities that match you interest and the time you have to give.

**EMPLOYMENT**

**Active Generations - BRIDGES Employment Resource Center**
2300 W. 46th Street, Sioux Falls, SD  (605) 333-3318  [http://activegenerations.org/](http://activegenerations.org/)
Assists adults in seeking employment (specializing in those 40+). Services include individual job coaching, interviewing techniques, employment workshops, computer access, basic computer classes and an annual job fair.

**Center of Hope**
1905 E. 8th Street, Empower Campus, Sioux Falls, SD  (605) 334-9789  [www.centerofhopesf.org](http://www.centerofhopesf.org)
Bikes for work at minimal cost. The bike shop, with free bike repair assistance is open 9:00am - 4:30pm, Tuesday - Friday.

**Communication Service for the Deaf, Inc. - Sioux Falls Office**
Assistance is provided with seeking and keeping employment, including job search and applications, preparing for interviews, initial job training, job coaching, assistance with co-workers and staff meetings.

**DakotAbilities**
1116 S. 4th Avenue, Sioux Falls, SD  (605) 334-4220  [www.dakotabilities.org](http://www.dakotabilities.org)
Community-based training in work and/or residential settings for adults or young adults with disabilities.

**Dress for Success Sioux Falls**
620 W. 18th Street, Sioux Falls, SD  (605) 610-0665  [https://www.embe.org/women/](https://www.embe.org/women/)
Provides professional attire, a network of support, and career development tools to help women thrive in life and work.

**Experience Works, Inc. - Sioux Falls Office**
1500 E. 71st Street N., Sioux Falls, SD  (605) 332-7991  [www.experienceworks.org](http://www.experienceworks.org)
Federaledly funded program that offers paid training to low income, unemployed individuals, age 55 and older. Paid training provides the opportunity to obtain or increase job skills needed to find employment in today's workforce.

**Goodwill Job Center - Sioux Falls**
3401 S. Duluth Avenue, Sioux Falls, SD  (605) 357-6171  [www.goodwillgreatplains.org](http://www.goodwillgreatplains.org)
Help at your Fingertips… Dial: 2-1-1

Assists individuals with barriers to employment by providing assistance with job search, applications, interview, computer access, and faxing.

**Job Corps - Sioux Falls**
517 W. 10th Street, Sioux Falls, SD (605) 275-4611 www.jobcorps.gov
A residential education and vocational training program that is available at no cost to qualified youth ages 16 - 24. Provides training toward a GED or high school diploma and a skilled trade.

**LifeScape - Supported Employment**
4100 S. Western Avenue, Sioux Falls, SD (605) 444-9974 https://www.lifescapecsd.org
Offers training opportunities to prepare people to find competitive employment. Also offers employment services to support current employment or aid in the search for community employment.

**Multi-Cultural Center of Sioux Falls - Career Closet**
515 N. Main Avenue, Sioux Falls, SD (605) 367-7401 www.sfmcc.org
Providing career clothing for women and men at no cost for individuals needing clothing for interviews and employment.

**National Farmworker Jobs Program**
Office in Sioux Falls (605) 394-5120 https://bhssc.org/national-farmworker-jobs-program
Have you done any farm or ranch work in the last 2 years? If so, you could be eligible for the following (depending upon availability of funds): assistance with financial aid for vocational schools and colleges; subsidized on-site training programs; employment counseling; job placement, testing and evaluation; financial assistance in relocating for education training and job placement; emergency financial services such as, but not limited to: emergency food, shelter, rental assistance, and transportation costs.

**Pathways Literacy Center**
6120 S. Charger Circle, Sioux Falls, SD (605) 359-6425
Provides one on one tutoring for reading and spelling. Lindamood Bell Programs and others are employed by highly trained tutors to strengthen reading skills, remediate dyslexia, Specific Learning Disability, and other academic challenges. These services are appropriate for anyone age 6 - adult.

**REACH**
2101 W. 41st Street, Suite 23, Sioux Falls, SD (605) 332-2665 www.reachliteracy.org
Matches volunteer tutors with adult learners who struggle with the fundamentals of reading and writing English. All of the services and resources, such as books and use of technology like computers and tablets, are provided to learners free of charge.

**Salvation Army Sioux Falls, The - Work Enablement**
900 N. Cliff Avenue, Sioux Falls, SD (605) 332-2331 http://sasiouxfalls.org/
Salvation Army Family Services Center
Assistance is for new employment only. Work uniforms, boots, and other clothing are available with verification of employment. Some tools are also available to start a new job. Clients must have a letter from their employer stating what clothing/tools are required.

**Service to the Blind and Visually Impaired - Sioux Falls**
811 E. 10th Street, Dept 22, Sioux Falls, SD (605) 367-5330 https://dhs.sd.gov/servicetotheblind/default.aspx
State agency that works with individuals who are blind and or visually impaired in the area of employment and independent living. Services are available if eligibility and economic need criteria are met.

**Southeast Technical Institute - Hovland Learning Center**
2320 N. Career Avenue, Sioux Falls, SD (605) 367-7997 www.southeasttech.com
Mickelson Center, Room 250
GED; English as a Second Language; and basic skills development classes. No-cost classes for those who qualify.

**Southeastern Behavioral HealthCare - Education and Integration Services**
500 E. 54th Street N., Sioux Falls, SD (605) 355-8956 http://southeasternbh.org/

For the most up to date version of this guide, please visit www.helplinecenter.org/guides
Provides services and supports to children and adults with developmental disabilities by providing support, skills and encouragement needed to achieve hopeful and successful futures.

**Teachwell Solutions**
715 E. 14th Street, Sioux Falls, SD  (605) 367-7680  [http://teachwell.org](http://teachwell.org)
Provides employment and independent living skills to young adults, ages 18-21, with special needs who require assistance and support while pursuing transition goals and objectives. Job and Career Development - offers a number of supports to career-bound high school students and adults seeking employment.

**United Sioux Tribes of South Dakota Development Corporation - Sioux Falls**
1000 N. West Avenue, Suite 260, Sioux Falls, SD  (605) 271-7117  [www.unitedsiouxtribes.org](http://www.unitedsiouxtribes.org)
Serves all Native Americans within South Dakota on and off the reservations. Destination offices operating for the placement of Indian personnel into jobs of substance. Services include: job development; screening; orientation; placement; certifications; follow-up; employer/employee relations; and community adjustment services.

**Vocational Rehabilitation - Sioux Falls Office**
811 E. 10th Street, Dept. 21 Sioux Falls, SD  (605) 367-5330  [http://dhs.sd.gov/rehabservices/](http://dhs.sd.gov/rehabservices/)
Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

**Women of Faith**
3801 S. Kiwanis Avenue, Suite 1, Sioux Falls, SD  (605) 370-0736
Offers free community classes twice a month on how to buy a home; how to fix credit; and how to go back to school.

**FAMILY / PARENTING / CHILD CARE**

**Alpha Center**
3405 S. Kiwanis Avenue, Sioux Falls, SD  (605) 361-3500  [www.alphacenter.org](http://www.alphacenter.org)
Provides free pregnancy tests, Earn While You Learn incentive program, life skills classes, limited ultrasounds, STD testing, pregnancy options counseling, post-abortion support, and medical and community referrals.

**Avera - Family Life Education**
1325 S. Cliff Avenue, Sioux Falls, SD  (605) 322-3660  [www.avera.org](http://www.avera.org)
Variety of training opportunities for parents, babysitters, and child care centers/providers.

**Birthright of Sioux Falls**
101 N. Indiana Avenue, Sioux Falls, SD  (605) 809-8409  [www.birthright.org/siouxfalls](http://www.birthright.org/siouxfalls)
Bishop Dudley House
Provides free pregnancy testing, community resource referrals and a 24-hour confidential helpline service.

**Carroll Institute - Family Matters Program**
310 S. 1st Avenue, Sioux Falls, SD  (605) 336-2556  [www.carrollinstitute.org](http://www.carrollinstitute.org)
7-week parent and youth program aimed at helping parents and children (ages 10-14). Parents learn to set limits with love, youth practice resisting peer pressure and becoming forward thinkers & families learn communication skills while they are having fun together.

**Catholic Diocese of Sioux Falls - Office of Marriage, Family and Respect Life Baby Layettes**
523 N. Duluth Avenue, Sioux Falls, SD  (605) 988-3755  [http://www.sf catholic.org/respectlife/](http://www.sf catholic.org/respectlife/)
Offers baby layettes for newborns (up to 12 months). Layette includes a few diapers, wipes, clothing, etc.

**Center for Disabilities - Birth to 3 Program**
1400 W. 22nd Street, Sioux Falls, SD  (605) 357-1439  [www.usd.edu/cd/](http://www.usd.edu/cd/)
Provides early intervention services, at no cost, for families who have children from birth to age three that have difficulty learning, growing, or behaving like other children in their age group or have a medical condition.

**Center for Disabilities - LEND Developmental Clinic**
A free interdisciplinary evaluation to children who are between six months and six years old who may have a developmental concern. The evaluation is offered once a month at the USD Sanford School of Medicine Health Science Center in Sioux Falls, South Dakota.

**Children’s Home Society - Bright Start**
4402 E. 3rd Street, Sioux Falls, SD  (605) 274-0233  [www.chssd.org](http://www.chssd.org)
The Bright Start program is a community-based, voluntary family resource and support program that offers nurse home visitation services to families during pregnancy, after delivery and may continue until the child's third birthday. Services include prenatal, maternal, and infant/child health assessments, and health, safety, and nutrition education.

**Children’s Inn - Common Sense Parenting**  
409 N. Western Avenue, Sioux Falls, SD  
(605) 338-0116  
[www.chsds.org/childrensinn](http://www.chsds.org/childrensinn)  
This program is a step-by-step guide for raising responsible children and building strong, happy families. Parents will learn how to reduce family stress, support success in school, enrich parent/child relationships, reduce problem behavior, and diminish yelling and fighting.

**Donnie's Closet**  
Sioux Falls, SD  
Email for more information: donniesclosetproject@gmail.com  
Closet created to help kids get sports shoes and equipment so that they can play sports no matter what their family's situation. Collects used sports equipment and give it to any kids that ask for it. If the Closet has it, they will give it away. If the Closet doesn't have it available, they will put out a request for it (but cannot guarantee they will get it in).

**DSS Child Care Assistance**  
910 E. Sioux Avenue, Pierre, SD  
(605) 773-4766  
[www.dss.sd.gov/childcare](http://www.dss.sd.gov/childcare)  
Provides financial help for child care costs for families who are working and/or going to school.

**Educated Mommy - Mommy’s Maternity Closet**  
2122 S. Spring Avenue, Sioux Falls, SD  
(605) 496-1417  
[https://educatedmommy.org/](http://www.educatedmommy.org/)  
Open the last Wednesday of each month allowing women in need to select needed maternity clothing, cloth diapers, breastfeeding and newborn accessories free of charge. Educated Mommy also offers a variety of classes.

**Family Visitation Center**  
311 E. 14th Street, Sioux Falls, SD  
(605) 275-2071  
[www.fvcenter.org](http://www.fvcenter.org)  
Provides a safe and supportive environment for children to visit with non-custodial adults when there has been domestic violence, child abuse, conflict with visitation, or when there has been a long-term difficulty between parent and child.

**First Christian Church - Kids Kloset**  
524 W. 13th Street, Sioux Falls, SD  
(605) 338-9474  
[www.firstchristiansf.com](http://www.firstchristiansf.com)  
Clothing giveaway for children infant to size 12. Hours: 10:00am - 12:00pm, 1st and 3rd Wednesday each month.

**Helpline Center - Child Care Resources**  
1000 N. West Avenue, Suite 310, Sioux Falls, SD  
Dial 211  
[www.helplinecenter.org](http://www.helplinecenter.org)  
Assists parents in their search for quality child care through referrals.

**ICAP Minnehaha County - Children and Family Services**  
505 N. Western Avenue, Sioux Falls, SD  
(605) 334-2808  
[www.interlakescap.com](http://www.interlakescap.com)  
Early head start and head start services for low income families ages 0-5 years old.

**LifeScape - Therapy**  
1020 W. 18th Street, Sioux Falls, SD  
(605) 444-9700  
[http://www.lifescape sd.org/services/therapy/](http://www.lifescape sd.org/services/therapy/)  
Specialized therapy and psychology services for individuals of all ages. Free screenings for Autism (for children 4 and under), and visual challenges (for children of all ages).

**Minnehaha County - Office of Child and Family Services**  
4101 W. 38th Street, Suite 102, Sioux Falls, SD  
(605) 367-5228  
[www.state.sd.us/doh](http://www.state.sd.us/doh)  
Baby Care: Works with pregnant women to offer health advice and teaching regarding their pregnancy and newborn. Bright Start: Promotes good health during pregnancy by providing counseling, education, arranging for prenatal visits, and offering referrals to other health and community resources. WIC: Works to improve the nutritional status of its participants through education and early intervention. Offers childhood immunizations and flu vaccinations to participants.

**Necessities for Neighbors**  
Sioux Falls, SD  
(605) 361-3683  
[www.peacelutheran.com](http://www.peacelutheran.com)  
A monthly distribution of household products including diapers, laundry soap, toilet paper, and feminine hygiene products. 1st Sunday of each month at Peace Lutheran Church from 3:00pm – 4:00pm; 3rd Tuesday of each month at First Lutheran Church from 6:00pm – 7:00pm.
Oak Hills Baptist Church - Cherub’s Closet  
6201 S. Lyncrest Avenue, Sioux Falls, SD  
(605) 332-2648  
www.oakhills.net/compassion  
Provides diapers, wipes, and clothing for families in need. Hours: 1:30pm - 3:30pm, 3rd Saturday of each month.

Sanford Children’s CHILD Services  
1115 W. 41st Street, Sioux Falls, SD  
(605) 312-8390  
www.sanfordhealth.org/childservices  
A distribution site for the South Dakota Child Safety Seat Distribution Program. Programming also includes Bright Start Responsive Parenting classes and Child Development Enrichment Program.

Sanford Children’s Specialty Clinic  
1600 W. 22nd Street, Sioux Falls, SD  
(605) 312-1000  
www.sanfordhealth.org  
Offers over 30 specialties including: Pediatric Psychiatry and Psychology.

Sioux Empire United Way, Inc. - Connecting Kids  
1000 N. West Avenue, Suite 120, Sioux Falls, SD  
(605) 336-2095  
http://www.seuw.org/ConnectingKids  
Information and financial resources for families who may need assistance in getting their kids involved in extracurricular activities. Please contact an agency directly (listed on website) to start the process of assistance with their programming.

Sioux Empire United Way, Inc. - Ready to Start  
1000 N. West Avenue, Suite 120, Sioux Falls, SD  
(605) 367-7949  
www.siouxeempireunitedway.org  
Program for children who are eligible for kindergarten but have not had access to pre-kindergarten services or have demonstrated a need for additional services prior to their first day of school. That may include children who were on the Head Start waiting list, who tested below basic skills on their kindergarten screening, or who may not be ready developmentally for kindergarten but will enroll due to cost savings associated with childcare.

Sioux Falls School District - Early Childhood Programs  
201 E. 38th Street, Sioux Falls, SD  
(605) 367-7949  
www.sf.k12.sd.us  
Children birth to 5 are eligible for screening. Infants/toddlers are screened in their homes. Parents will meet with a staff person to discuss options for their child in district early childhood programs. Program provides children with a learning environment and varied experiences to help them develop socially, emotionally, intellectually, and physically in a manner appropriate to their age and stage of development.

Society of St. Vincent de Paul Sioux Falls - Holy Innocents Ministry  
431 N. Cliff Avenue, Sioux Falls, SD  
(605) 338-4111  
www.svdpusa.org  
Offers diapers at no charge to eligible individuals. 9:00am - 11:00am, Wednesday and Saturday on the 1st, 2nd and 3rd week of each month (no distribution the last week of the month).

South Dakota Child Safety Seat Distribution Program - Southeast Region  
Sioux Falls, SD  
(605) 312-8370  
https://dss.sd.gov/childcare/childsafetyseat/  
Distributes child seats to income eligible parents and children statewide, by assessing financial need. 2 distribution locations in Sioux Falls:
- Southeast Distributing Agency - Sanford CHILD Services located at 5015 S. Western Avenue, Suite 120 (near women’s plaza but not actually in the women’s plaza)
  - 8:00am - 5:00pm (CT), Monday - Friday - Car Seat Distribution Program Open
  - 10:00am - 3:00pm (CT) Monday - Friday - Car Seat Education available by Certified Technician
- Fire Station #3 - 2820 S. Minnesota Avenue
  - 9:00am - 11:00am, Saturdays
  - Bring proof of state aide. No appointment necessary.

Supportive Services for Veterans Families  
Statewide  
(605) 484-9209 or (605) 939-8312  
www.cornerstonemission.org  
Provides homelessness prevention and rapid re-housing services to help veteran families keep, or rapidly transition to permanent housing.

Teddy Bear Den  
500 S. Main Avenue, Sioux Falls, SD  
(605) 335-2730  
http://teddybearden.org  
An incentive and education based program for parents to earn teddy credits which can be exchanged for new baby items such as clothing, blankets, bottles, highchairs, and strollers. Diapers may be available in emergency situations. Open on Tuesdays and Thursdays, 11:00am – 1:00pm.

VOA Relationship University  
1310 W. 51st Street, Sioux Falls, SD  
(605) 334-1414  
www.voa-dakotas.org  
For the most up to date version of this guide, please visit www.helplinecenter.org/guides
Help at your Fingertips… Dial: 2-1-1 Revised: August 2020

Relationship University provides individuals with tools such as improving communication, conflict resolution, and coping skills to strengthen relationships in all areas of their lives.

FINANCIAL

Celebrate Community Church - Financial Peace University
1000 S. Sycamore Avenue, Sioux Falls, SD (605) 357-7067 www.celebrate.church
This class will show how to get rid of debt, manage money, spend, and save wisely.

Community Outreach, The
225 E. 11th Street, Suite 200, Sioux Falls, SD (605) 331-3935 http://thecommunityoutreach.org/
Offers financial assistance for rent or deposit, prevention of eviction and/or utility shut off, and has limited transportation and car repair assistance. Must seek assistance from Minnehaha County Human Services first for financial help.

Community Outreach, The - Genesis
225 E. 11th Street, Suite 200, Sioux Falls, SD (605) 331-3935 www.thecommunityoutreach.org
A program designed to help low-income families or individuals become more financially self-sufficient. Mentors work with Genesis participants during an 18-week period to help them: set personal goals, increase financial knowledge; set and maintain a household budget, and pursue life changes needed to achieve their goals.

DSS Low Income Energy Assistance Program
Statewide (605) 773-3766 https://dss.sd.gov/economicassistance/energyassistance/lowincome.aspx
Assists with heating costs: propane and fuel oil July 1 to April 30; electric heat and natural gas October 1 to May 15.

GROW South Dakota - Housing Programs
Statewide (605) 698-7654 www.growsd.org
Home ownership preparation services and Home Buyer Education classes. For eligible individuals/families, down payment/closing cost assistance or low-cost loans for purchasing a home or home improvements may be available.

ICAP Minnehaha County - Emergency Services
505 N. Western Avenue, Sioux Falls, SD (605) 334-2808 www.interlakescap.com
Assists with heat bills (when funds are available).

LSS State Center - Center for Financial Resources
705 E. 41st Street, Suite 100, Sioux Falls, SD (605) 330-2700 www.lsssd.org
Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and Sharpen Your Financial Focus program.

Minnehaha County Human Services - Sioux Falls Office
521 N. Main Avenue, Suite 201, Sioux Falls, SD (605) 367-4217 www.minnehahacounty.org
Provides eligibility-based financial assistance with shelter, rent and deposits, utility bills, IDs, food and non-food items, dental and medical care, prescriptions, and burials.

Salvation Army Sioux Falls, The – Utility Assistance
900 N. Cliff Avenue, Sioux Falls, SD (605) 332-2331 http://sasiouxfalls.org/
Salvation Army Family Services Center
Provided to prevent shut-off of current residence utilities only (not for deposits or previous addresses). Assistance is for a one-time emergency situation, not on a yearly basis. Client must have tried seeking assistance from Minnehaha or Lincoln County Human Services and The Community Outreach prior to caseworker visit. Clients will be required to pay at least 10% of the disconnection notice to receive assistance.

Sioux Empire Housing Partnership, Inc.
200 N. Phillips Avenue, Suite 200, Sioux Falls, SD (605) 339-0942 http://siouxempirehousing.org
Offers various financial education programs including homebuyer education, rental education, debt counseling, budgeting, improving credit scores, and financial goal setting. *SEHP does not provide any kind of financial assistance for rent or rent deposit.

Sioux Falls HOPE Coalition
(605) 595-3344 sfhopecoalition.org
Supported by United Way, business leaders and non-profits, the coalition is seeking to place children (currently on a waiting list for subsidized preschool through the Sioux Falls School District, or families who cannot afford private preschool), into existing local programs.
Sioux Falls Housing & Redevelopment Commission - Tri-State HELP
630 S. Minnesota Avenue, Sioux Falls, SD (605) 332-0704 www.siouxfallshousing.org
Provides short or long term rental assistance and mortgage payment assistance to persons who are diagnosed with HIV/AIDS and meet income limitations.

Society of St. Vincent de Paul Sioux Falls
431 N. Cliff Avenue, Sioux Falls, SD (605) 338-4111 www.svdpusa.org
Provides financial assistance with rent and utilities, and vouchers for food, cleaning supplies/hygiene items, prescriptions, clothing, household items, and some furniture. Call and leave a voicemail 9:00am, Tuesday or Thursday. A volunteer will call back to schedule an appointment, no walk-ins accepted.

South Dakota Public Utilities Commission - Lifeline
500 E. Capitol Avenue, Pierre, SD (800) 332-1782 www.puc.sd.gov
Reduces the cost of landlines in all areas and cell phones in certain areas.

Tre Ministries
900 W. 11th Street, Sioux Falls, SD (605) 366-7142 www.treministries.org
Financial Peace University (money management and how to live at peace with finances).

FOOD
Active Generations - Congregate Dining
2300 W. 46th Street, Sioux Falls, SD (605) 333-3305 http://activegenerations.org/
Congregate and home delivered meals, call for information on locations and times. Suggested donation $4.00 - $6.75.

Active Generations - Meals-On-Wheels
2300 W. 46th Street, Sioux Falls, SD (605) 333-3305 http://activegenerations.org/
Congregate and home delivered meals, call for information on locations and times. Suggested donation $4.00 - $6.75.

Augustana Lutheran Church - Community Meal
235 N. Prairie Avenue, Sioux Falls, SD (605) 338-1672 www.augustanasioxfalls.com
Provides a community meal each month before the Food to You Mobile Food Pantry distribution at their site (3rd Thursday of each month). It is open to the general public and is free of charge.

The Banquet
900 E. 8th Street, Sioux Falls, SD (605) 335-7066 www.thebanquetsf.org
Provides a prepared meal for persons who are homeless, traveling through, or in need of long-term supplemental food help. Meal served: Breakfast: 7:00am - 8:00am, Monday - Friday; Lunch: 11:30am - 12:30pm, Saturday; Dinner: 6:00pm - 7:30pm, Monday - Friday.

The Banquet West
710 N. Marion Road, Sioux Falls, SD
Dinner served: 6:00pm - 7:30pm, Monday - Friday

Bishop Dudley Hospitality House - Daytime Program
101 N. Indiana Avenue, Sioux Falls, SD (605) 809-8424 www.bdhh.org
Lunch served: 11:30am, Monday – Friday

Church on the Street - Worship, Meal and Hygiene Kits
May-October: 330 N Weber Ave, Sioux Falls, SD (605) 956-2687 Churchonthestreetsf.org
Worship is followed by a community meal/picnic. Donations, hygiene kits, and snack bags are available. Need not attend worship to receive these gifts. All are welcome. Need a ride? A van can provide pick up at Bishop Dudley, Safe House, and designated locations.

DSS (Department of Social Services) – Economic Assistance
811 E. 10th Street, Sioux Falls, SD (605) 367-5444 Ext. 1
Provides SNAP (Food Stamps), TANF, and Medicaid programs for children and low income families.

Faith Temple Church
2121 W. 33rd Street, Sioux Falls, SD (605) 332-2303 www.faithtemplesiouxfalls.com
Wednesday at 6:00pm, Community Meal (open to anyone who wants to come).

Faith Temple Food Giveaway
100 N. Lyon Boulevard, Sioux Falls, SD (605) 332-2303 http://faithtemplefood.com

For the most up to date version of this guide, please visit www.helplinecenter.org/guides
Help at your Fingertips…
Dial: 2-1-1
Nordstrom-Johnson Building, Sioux Empire Fairgrounds
Offers free food to anyone 18 years of age or older with no restriction on who or how many times, bring bags or boxes. Most Fridays, doors open at 3:00pm, giveaway starts at 4:00pm.

Feeding South Dakota - Sioux Falls Food Pantry
4701 N. Westport Avenue, Sioux Falls, SD (605) 335-0364 www.feedingsouthdakota.org
The Food Pantry provides individuals and families with a 3 - 5 day emergency supply of food once every 90 days.

Food to You Mobile Food Pantry
Sioux Falls, SD (605) 271-2163 www.mobilefoodpantry.org
Mobile food pantry that may be utilized once a month, no referral needed. Distribution time: 6:00pm - 7:00pm, Thursday. Number draw (for place in line): 5:50pm, Thursday
- 1st Thursday (East Side Lutheran Church, 1300 E. 10th Street)
- 2nd Thursday (Messiah New Hope Lutheran, 5001 E. Madison Street)
- 3rd Thursday (Augustana Lutheran Church, 235 N. Prairie)
- 4th Thursday (St. John's American Lutheran Church, 1912 W. 13th Street)
- 5th Thursday (No distribution)

Lunch is Served, Inc.
1600 E. 12th Street, Sioux Falls, SD (605) 271-6161 www.lunchisserved.org
Non-profit outreach ministry whose mission is to provide a mid-day meal for the working poor in the city of Sioux Falls. Lunches distributed to people receiving services through: The Banquet; The Banquet West; People Ready; St. Francis House.

Messiah New Hope Lutheran Church - Food Pantry
5001 E. Madison Street, Sioux Falls, SD (605) 333-0971 www.messiahnewhope.com
This is an emergency pantry and will provide prepackaged boxes based on family size.

Nightwatch Canteen – Dinner
- Sunday Dinner: 4:45pm – 5:15pm: Raven parking lot C, on E. 6th Street
- Sunday Dinner: 5:30pm – 6:30pm: First United Methodist Church (west parking lot), 401 S. Spring Avenue
- Monday Dinner: 5:30pm – 6:30pm: Hayward Elementary School 400 N. Valley View Road, Sioux Falls, SD 57107

Red Door Table Gathering
2001 E. 8th Street, Ministry Center, Sioux Falls, SD (605) 215-1832 https://www.wearereddoor.net/table
Offers a Sunday breakfast church from 11:00am - 12:15pm and a table gathering on Monday evenings from 5:30pm - 7:30pm.

Salvation Army Sioux Falls, The - Emergency Food Pantry and Food Programs
900 N. Cliff Avenue, Sioux Falls, SD (605) 332-2331 http://sasiusfaxfalls.org/
The Salvation Army Family Services Center
Provides food assistance one time in a 30-day period. When available, personal hygiene supplies are offered. Sallie's Table serves an evening meal 5:00pm - 6:00pm Saturday and Sunday. Senior Box Program improves the health of low income people 60 years of age and older by supplementing their diets with USDA commodity foods. Senior Neighbor Luncheon provides seniors a time of fun, food and fellowship. Family Fun Nights are a time for families to enjoy a meal and various activities on Wednesday evenings. Free Sunday Breakfast available at 9:30am Sundays.

Sioux Falls Food Calendar (created by the Helpline Center)
http://www.helplinecenter.org/2-1-1-community-resources/helpsheets/sioux-falls-food-calendar/
The Sioux Falls Food Calendar contains reoccurring meals and food giveaways.

Union Gospel Mission - Meal Service
220 N. Weber Avenue, Sioux Falls, SD (605) 334-6732 uniongospelmissionsf.org
UGM Men's Shelter
Meal Served: Breakfast: 7:00am; Lunch: 12:00noon; and 6:00pm with Chapel following at 7:00pm. Meals are served every day and open to all.

VOA (Volunteers of America) Youth Center
1309 W. 51st Street, Sioux Falls, SD (605) 336-7536 www.voa-dakotas.org
Dinner meal, served Monday - Friday: 6:00pm, on School Days; 5:30pm, during the Summer and non-school days.
Help at your Fingertips… Dial: 2-1-1 Revised: August 2020

Wesley United Methodist Church
1700 E. 6th Street, Sioux Falls, SD (605) 338-4562
Wednesdays at 6:00pm, Fellowship Meal (September - May; free, open to all)

Wesley United Methodist Church
1700 E. 6th Street, Sioux Falls, SD (605) 338-4562
Wednesdays at 6:00pm, Fellowship Meal (September - May; free, open to all)

GENERAL CLOTHING / HOUSEHOLD ITEMS

Center of Hope
1905 E. 8th Street, Sioux Falls, SD (605) 334-9789 www.centerofhopesf.org
Empower Campus
Provides winter clothing (new and gently used) at minimal cost.

Furniture Mission
209 N. Nesmith Avenue, Sioux Falls, SD (605) 977-6800 www.furnituremission.org
Provides recycled furniture, including mattresses. Must have a referral from a community agency.
1905 E. 8th Street, Empower Campus

Habitat for Humanity of Greater Sioux Falls ReStore
721 E. Amidon Street, Sioux Falls, SD (605) 330-1950 www.siouxfallshabitat.org/restore
Sells new and gently used home building materials and home improvement goods to the general public at a fraction of retail prices.

HEALTH / MEDICAL

Alpha Center
3405 S. Kiwanis Avenue, Sioux Falls, SD (605) 361-3500 www.alphacenter.org
Provides free pregnancy tests, Earn While You Learn incentive program, life skills classes, limited ultrasounds, STD testing, pregnancy options counseling, post-abortion support, and medical and community referrals.

Avera Health
Avera Medical Call Center
A 24-hour health information line.
(800) 658-3535 www.aver.org

Coyote Clinic
300 N. Dakota, Suite 117 (605) 322-6800
Provides care 5:30pm - 7:00pm, 2nd and 4th Tuesday of each month to uninsured patients over the age of 18 for any acute medical problem, STD testing, psychiatric care, and flu shots. Call for appointment.

Birthing
101 N. Indiana Avenue (605) 809-8409 www.birthright.org
Bishop Dudley Hospitality House
Provides free pregnancy testing, crisis pregnancy lay counseling and a 24-hour hotline service at (800) 550-4900.

Center for Family Medicine
1115 E. 20th Street, Sioux Falls, SD (605) 339-1783 www.centerforfamilymed.org
Specializes in meeting the healthcare needs of the entire family, from maternity care to senior care. Also has mental health services including individual, marital, and family therapy.

Children's Specialty Hospital at LifeScape
2501 W. 26th Street, Sioux Falls, SD (605) 444-9556 www.LifeScapeSD.org
South Dakota's only pediatric inpatient rehabilitation hospital.

Destiny Outreach After Hours Clinic
1905 E. 8th Street, Sioux Falls, SD (605) 777-3439 www.destinyclinic.com
Empower Campus (entrance on the West side of the Campus; shared an entrance with Center of Hope), Provides walk-in acute care for uninsured individuals of all ages. 6:00pm - 8:30pm (CT), Wednesday and Thursday.

Falls Community Health (Medical and Dental Clinic)
521 N. Main Avenue, Suite 100, Sioux Falls, SD (605) 367-8793 www.siouxfalls.org/fch
A sliding fee scale family practice medical clinic with four locations and a dental clinic with emphasis on health promotion and disease prevention, mental health counseling, psychiatry services, and pharmacy assistance to clinic clients.

Feisty Fighters, Inc.
101 N. Reid Street, Suite 201, Sioux Falls, SD (605) 214-5725 www.feistyfighters.org
Helps those affected by cancer and are in need of financial assistance.
Help at your Fingertips… Dial: 2-1-1 Revised: August 2020

Health Connect of South Dakota

2011 W. 26th Street, Suite 203, Sioux Falls, SD  (605) 371-1000 www.healthconnectsd.org
A consumer public health library, empowers all people to make health decisions by providing current understandable information.

Heartland Health Resource Center - Ryan White Part B and HIV Prevention Services

2500 W. 49th Street, Suite 103, Sioux Falls, SD  (605) 271-4813 www.heartlandhealthsd.org
Program provides services to HIV positive individuals who reside in the State of South Dakota including Aids Drug Assistance Program (ADAP), assistance with health care costs, and insurance enrollment and premium payments as well as one on one case management/counseling services.

Lions Sight Conservation Project - Sioux Falls Downtown Lions Club

521 N. Main Avenue, Sioux Falls, SD  (605) 367-8793
http://www.sfdowntownlions.com/sight-service-projects
Program helps provide eyeglasses and eye exams to those eligible. Many organizations help donate products and time. Falls Community Health is the entrance point for filling out paperwork and determining patient eligibility.

Minnehaha County – Office of Child and Family Services

1200 N. West Avenue, Sioux Falls, SD  (605) 367-5228 www.state.sd.us
Baby Care: Works with pregnant women to offer health advice and teaching regarding their pregnancy and newborn.
Bright Start: Promotes good health during pregnancy by providing counseling, education, arranging for prenatal visits, and offering referrals to other health and community resources. WIC: Works to improve the nutritional status of its participants through education and early intervention. Offers childhood immunizations and flu vaccinations to participants.

Planned Parenthood of MN/ND/SD

6511 W. 41st Street, Sioux Falls, SD  (605) 361-5100 www.ppmns.org
Provides family planning, emergency contraception, pregnancy testing, gynecological services, abortion services, and sexually transmitted infection testing and treatment.

Planning Life

225 E. 11th Street, Suite 206, Sioux Falls, SD  (605) 274-1558 www.planninglife.org
Offers pregnancy testing, STD information, limited ultrasound, peer counseling, information and referrals, post-abortion stress information, abstinence information, and adoption information

Sanford Health

My Sanford Nurse  (800) 445-5788
• A 24-hour phone service for individuals seeking information about a health-related issue or concern.
• Call for clinic information including hours, phone numbers and specialties.
Sanford Health Midtown Clinic
1205 S. Grange Avenue, MB2, Suite 301  (605) 312-8350
Provides healthcare education and STI testing for men and women in their reproductive years. Fees based on income.

Sioux Falls VA Health Care System

2501 W. 22nd Street, Sioux Falls, SD  (605) 336-3230 www.siouxfalls.va.gov
Variety of services for enrolled veterans including: Extended Care and Rehab Service Line; Primary Care and Specialty Medicine Service Line; Women’s Health Clinic; Mental Health Service Line and Surgery and Specialty Care.

South Dakota Department of Human Services - Family Support 360

The Family Support 360 Program (FS 360) provides people and their families with services and supports to meet their unique needs. Open to families with a child or adults with a diagnosed intellectual or developmental disability.

South Dakota Lions Foundation

3920 S. Western Avenue, Suite 2, Sioux Falls, SD  (605) 338-0551 www.sd lions.org
Provides mobile screening units are available to daycares, preschools and schools on request, for children’s eye health. Also, partners with healthcare professionals to provide vision and hearing services (eye glasses and hearing aids) at reduced rates to income-qualified individuals (200% of federal poverty level).

South Dakota Urban Indian Health Sioux Falls - Medical Services

1200 N. West Avenue, Sioux Falls, SD  (605) 339-0420 www.sduih.org

For the most up to date version of this guide, please visit www.helplinecenter.org/guides
Provides full integrated medical and primary medical health care services and is a designated PCP for Medicaid. Has behavioral health and substance use services available. Transportation available for appointments for clients only, prefer a 24-hour notice.

**USD Dental Clinic**  
521 N. Main Avenue, Sioux Falls, SD  (605) 367-8046  usd.edu/health-sciences/dental-hygiene/sioux-falls-clinic  
Provides most dental care including exams, x-rays, cleanings, fillings, extractions, and night guards.

**HOUSING AND RELATED ASSISTANCE**

**Affordable Housing Solutions - Neighborhood Revitalization Program**  
630 S. Minnesota Avenue, Sioux Falls, SD  (605) 221-0430  www.a-h-s.org  
Program in partnership with City of Sioux Falls Community Development. Offering single family detached homes that have been newly constructed or rehabilitated to be sold to eligible households.

**Call To Freedom - Marissa's Project**  
1800 W. 12th Street, Suite 100, Sioux Falls, SD  (605) 261-1880  www.calltofreedom.org  
Call to Freedom provides victim-centered responsive services to those who have experienced sexual exploitation and human trafficking. Our Vision is to create a cohesive community model of care and support for victims, bringing communities together while educating and advocating to stop human trafficking.

**City of Sioux Falls, Housing Division**  
231 N. Dakota Avenue, Sioux Falls, SD  (605) 367-8180  www.siouxfalls.org/planning/dev/planning/affordable-housing  
This program is for low-and-moderately low income Sioux Falls residents that own their home and are seeking financial assistance for repairs to that home. Those who qualify are provided assistance in the form of a no-interest, deferred loan. Payment is only required when the home is sold or is no longer the primary residence.

**Community Outreach – Genesis**  
225 E. 11th Street, Suite 200, Sioux Falls, SD  (605) 331-3935  http://thecommunityoutreach.org/  
A program designed to help low-income families or individuals become more financially self-sufficient. Mentors work with Genesis participants during an 18-week period to help them: set personal goals, increase financial knowledge; set and maintain a household budget, and pursue life changes needed to achieve their goals.  
**Community Outreach, The - Hezekiah House**  
Designed for those looking to take the next step in their dream of owning their own home. This program will provide clean and safe rental units for up to 36 months for families who are working hard to better their futures. Participants will: be partnered with a long term mentor; receive up to 50% of their paid rent for a home purchase upon completion of the program; receive credit education and counseling; learn the ins and outs of home management & ownership.  
**Community Outreach, The – OneRoof**  
A collaborative housing initiative for at-risk individuals. Individuals with credit problems, poor rental history (damage or unpaid rent), or criminal background have difficulty finding housing.

**East River Legal Services**  
335 N. Main Avenue, Suite 200, Sioux Falls, SD  (605) 336-9230  http://erlservices.org/  
Ensure that laws protecting low income tenants and subsidized tenancies are enforced, and enforce fair housing laws and practices. Representation includes defending eviction actions (other than those actions involving non-payment of rent), cases involving other landlord/tenant disputes, federally subsidized housing and/or other meritorious housing cases as resources allow.

**Fair Housing South Dakota**  
A resource for renters, potential homeowners, lenders, landlords, and other housing professionals to utilize to understand their rights and responsibilities.

**Glory House Apartments**  
1654 W. 51st Street, Sioux Falls, SD  (605) 988-9113  www.glory-house.org  
24 efficiency units, limited in space for either one or two persons. The apartments are drug and alcohol free, and income based for affordable independent living. Applications are required for screening through Lloyd Property Management. Glory House full services are available through referrals.

**Glory House of Sioux Falls - Residential Program**  
4000 S. West Avenue, Sioux Falls, SD  (605) 332-3273  www.glory-house.org  

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Transitional program provides assistance with employment, money management, recovery from substances, as well as co-occurring conditions assisting the individual in establishing and the continuation of applying these life skills.

Habitat for Humanity of Greater Sioux Falls
721 E. Amidon Street, Sioux Falls, SD (605) 332-5962 www.siouxfallshabitat.org
Partner with Habitat Sioux Falls to help build your own home. To qualify, applicants must have a need, the ability to pay, and a willingness to partner. Income guidelines and eligibility criteria must be met.

Hope Prison Ministry (605) 338-7526
Helps men and women after release from incarceration by providing them with clothes and resources needed to find food, housing resource information and other items on a one-time basis.

HUD (Housing and Urban Development) Fair Housing
4301 W. 57th Street, Suite 101, Sioux Falls, SD (800) 877-7353 www.hud.gov
Reporting potential housing discrimination, an investigation will be conducted if warranted. Reports can be completed via phone or online. To file a complaint online or get information regarding fair housing rights please visit: http://portal.hud.gov/hudportal/HUD?src=/program_offices/fair_housing_equal_opp

HUD South Dakota
4301 W. 57th Street, Suite 101, Sioux Falls, SD (605) 330-4223 www.hud.gov
Provides information on low income (subsidized) rental units and public housing authorities.

ICAP (Interlakes Community Action Program) - Housing Services
505 N. Western Avenue, Sioux Falls, SD (605) 334-2808 www.interlakescap.com
Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

Kingdom Boundaries Prison Aftercare
417 S. Summit Avenue, Sioux Falls, SD (605) 695-0048 http://kingdomboundaries.org
Transitional housing for up to 20 males. Program also helps anyone re-entering society after incarceration including finding employment, clothes, furniture, etc. (based on what is currently available).

LSS (Lutheran Social Services) State Center - Housing Resource Center
705 E. 41st Street, Suite 100, Sioux Falls, SD (605) 330-9494 www.lsssd.org
Consumer Credit Counselors help individuals, couples, and families with budgeting, foreclosure prevention, and provides information for renters on rights and responsibilities, delinquent rent, tax credit referrals, and fair housing.

Minnehaha County Human Services - Safe Home
320 W. 3rd Street, Sioux Falls, SD (605) 367-7441 www.minnehahacounty.org
Provides permanent housing to persistently homeless adults (over 21) who have severe alcohol issues.

SD Housing Search
3060 E. Elizabeth Street, Pierre, SD (800) 540-4241 www.sdhousingsearch.com
A free housing locator providing information on Section 8 and income based rental units.

Sioux Empire Housing Partnership, Inc. - First Time Homebuyer Education and Counseling
200 N. Phillips Avenue, Suite 200, Sioux Falls, SD (605) 339-0942 http://siouxempirehousing.org
First Time Homebuyer Education and Counseling available to any first-time home buyer.

Sioux Falls Fair Housing
224 W. 9th Street, City Hall, Sioux Falls, SD (605) 367-8745 http://siouxfalls.org/fairhousing
Provides education and awareness of fair housing issues to landlords, tenants, and general public; and to receive and investigate charges of discrimination due to race, color, national origin, religion, gender, familial status (families with children) and disability. Disability rights in housing information, including assistance animals.

Sioux Falls Housing & Redevelopment Commission - Housing Assistance Programs
630 S. Minnesota Avenue, Sioux Falls, SD (605) 332-0704 www.siouxfallshousing.org
Does not provide one-time or immediate rental assistance. Offers various programs to assist eligible households with their rent. Assistance based on household income and size. Also, has list of low income rental units in the area.

South Dakota Housing Development Authority
3060 E. Elizabeth Street, Pierre, SD (605) 773-3181 http://www.sdhda.org/

For the most up to date version of this guide, please visit www.helplinecenter.org/guides
Provides mortgage and down payment assistance, housing construction and rehabilitation, homelessness prevention, and rental assistance.

**South Dakota Housing for Homeless Consortium Coordinated Entry System**

Statewide  (800) 664-1349  [http://www.housingforthehomeless.org/](http://www.housingforthehomeless.org/)

A state-wide toll-free telephone number, where a staff member will administer an assessment and take applications for services for persons who are homeless or at imminent risk of homelessness.

**Southeastern Behavioral HealthCare – Cayman Court Assisted Living Facility**

4101 W. Cayman Street, Sioux Falls, SD  (605) 271-8540  [http://southeasternbh.org](http://southeasternbh.org)

Cayman Court is an assisted living facility that provides permanent, supportive housing for individuals who have Severe Mental Illness (SMI) and who are/were homeless.

**St. Francis House**

1301 E. Austin Street, Sioux Falls, SD  (605) 334-3879  [www.stfrancishouse.com](http://www.stfrancishouse.com)

Provides transitional housing, clothes, bus passes, 3 meals a day, and case management for men, women, and families.

**USDA - Rural Development Multi-Family Housing Rentals**

Through the website, people who are looking for low-cost rentals, can find units for rent in rural South Dakota. Search based on county or town. Then, contact the property company regarding how to apply. To find apartments in rural areas: 1. Go to [www.rd.usda.gov](http://www.rd.usda.gov) 2. Scroll down on left hand side, it says, Find Rural Rentals 3. Then click on South Dakota in the map 4. Then, select your County

**VOA (Volunteers of America) Axis 180**

217 S. Spring Avenue, Sioux Falls, SD  (605) 274-0584  [www.voa-dakotas.org](http://www.voa-dakotas.org)

 Provides shelter, case management, life skills, and education services to young people ages 16 to 21, who are preparing for independent living. The program provides young people with a safe, supportive environment while they learn the skills necessary to succeed on their own.

- **VOA Berakhah House**
  400 N. Western Avenue, Sioux Falls, SD  (605) 332-4017

  Provides short-term emergency housing and supportive services to homeless veterans in a safe, secure, and respectful environment designed to enhance individual growth, employment options, finance, and housing opportunities.

- **VOA Summit Heights**
  330 S. Summit Avenue, Sioux Falls, SD  (605) 271-1548

  Volunteers of America, Dakotas' Summit Heights Properties offers 37 one and two-bedroom apartment homes for families who qualify under the tax credit/HOME funds guidelines.

- **VOA Veterans Per Diem - Transition in Place Program**
  1113 E. 14th Street, Sioux Falls, SD  (605) 274-1540

  Works to house eligible veterans (Homeless and at risk veterans and families) in community-based housing. Once accepted into the program, services would include: assistance with rent; furniture; utilities; food and coordination with community resources.

**Washed Clean Addiction & Recovery Ministries**

2701 E. 15th Street, Sioux Falls, SD  (605) 231-3235  [washedcleanministries.com](http://washedcleanministries.com)

Spiritually Based Transitional Living - Currently 10 beds available. Serving only men and availability changes. 8-12 months is the recommend length of stay.

**IMMIGRATION/REFUGEE RESOURCES**

**African Community Center of Sioux Falls**

301 S. Garfield Avenue, Suite 6, Sioux Falls, SD  (605) 214-5350

Helping ease the transition of African immigrants to their new environment with: advocacy; information regarding social services; educational support; application assistance and an afterschool program at Washington High.

**Caminando Juntos - Presentation Sisters Hispanic Ministry Center**

617 E. 7th Street, Sioux Falls, SD  (605) 274-3735

Responds to the needs of the Spanish-speaking community by helping them access community resources and basic necessities, continue their education, find employment, housing, and health care, change their immigration status, apply for citizenship, or obtain a work permit.

For the most up to date version of this guide, please visit [www.helplinecenter.org/guides](http://www.helplinecenter.org/guides)
LSS (Lutheran Social Services) Sioux Falls Center for New Americans
300 E. 6th Street, Sioux Falls, SD  (605) 731-2000  www.lsssd.org
Services include case management, employment services, education services, English language training, community orientation, immigration counseling services, and information and referral.

LSS Sioux Falls Center for New Americans - Community Interpreter Service
300 E. 6th Street, Sioux Falls, SD  (605) 731-2010
Provides interpretation and written translation to the major languages and other minor, regional, or tribal dialects. Able to facilitate on-site interpretation, message relay, conference call, written translation, and video interpretation.

Multi-Cultural Center of Sioux Falls
515 N. Main Avenue, Sioux Falls, SD  (605) 367-7401  www.sfmcc.org
Provides experiences and service for all people to learn, celebrate, and share through our community's cultural diversity. Programs include English classes, driver's training for adults, job skills training, Interpretation and Translation Program, youth programs, and legal assistance.

Multi-Cultural Center of Sioux Falls - Immigration Legal Assistance
Provides professional immigration services to individuals and their families needing assistance with matters before the U.S. Citizenship and Immigration Services, The Executive Office for Immigration Review, and the Department of State.

Multi-Cultural Center of Sioux Falls - Interpretation and Translation Program
Interpreting services in over 40 languages and dialects. Interpretations in legal, government, medical, and social settings and document translations, such as birth certificates, death certificates, marriage license, transcripts, and diplomas.

South Dakota Voices for Peace
Sioux Falls, SD  (605) 782-9560  https://sdvfpeace.org/hand-in-hand/
Provides public education, legal services, and advocacy to counter anti-Muslim, anti-immigrant, anti-refugee bigotry in order to nurture informed and inclusive communities. Provides immigration services and legal representation for children in immigration court.

MENTAL HEALTH / SUBSTANCE USE ISSUES

Sioux Falls Mental Health Guide
Dial 211  www.helplinecenter.org/SFMHG

Support Groups
Dial 211
Including 12 step programs (AA, NA, GA, SA), SMART Recovery, Christ-centered recovery groups, etc.

Avera Addiction Care Center
6140 S. Curae Lane, Sioux Falls, SD  (605) 504-2222  www.averar.org/addiction
The Avera Addiction Care Center is a voluntary 28-day residential treatment center that uses a variety of evidence-based, individualized approaches to treat alcohol and drug addiction, such as cognitive behavioral therapy and motivational interviewing. The center offers medical stabilization and medication assisted treatment (MAT). All therapists are co-certified in addiction and mental health, and psychiatrists will regularly round at the center. Programming also includes a robust family component.

Avera McKennan Behavioral Health Center
4400 W. 69th Street, Suite 100, Sioux Falls, SD  (605) 322-4065  www.averabehavioralhealth.org
Program provides free assessments 24 hours a day for mental health problems to determine an appropriate level of care. Also, has triage program which offers crisis/sooner access mental health therapy sessions for patients experiencing increased mental health needs.

Carroll Institute - Substance Abuse Treatment
310 S. 1st Avenue, Sioux Falls, SD  (605) 336-2556  www.carrollinstitute.org
Provides treatment services for substance abuse and co-occurring mental health symptoms including needs assessment, outpatient treatment, jail treatment, family support, halfway house, and prevention services.

Catholic Family Services Sioux Falls - Counseling Program
523 N. Duluth Avenue, Sioux Falls, SD  (605) 988-3775  www.sfcdatholic.org
Provides counseling for any issue and strives to empower adults, children, couples and families to find solutions to issues in a Christian atmosphere. Also provides psychological testing and assessments.

For the most up to date version of this guide, please visit www.helplinecenter.org/guides
Center For Family Medicine
1115 E. 20th Street, Sioux Falls, SD (605) 339-1783 www.centerforfamilymed.org
Specializes in meeting the healthcare needs of the entire family, from maternity care to senior care. Also has mental health services including individual, marital, and family therapy.

Children's Home Society - Residential Treatment - Black Hills & Sioux Falls
801 N. Sycamore Avenue, Sioux Falls, SD (605) 334-6004 www.chssd.org
Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

Compass Center, The – Counseling and Play Therapy Services
1704 S. Cleveland Avenue, Suite 3, Sioux Falls, SD (605) 339-0116 http://thecompasscenter.org/
Offers no cost counseling and play therapy to survivors of sexual and domestic violence. Services also include advocacy, safety planning, assistance with filing a protection order, and support group.

Emily’s Hope
6225 S. Minnesota Avenue, Sioux Falls, SD (605) 366-4387 www.paintingapath torecovery.org
The Emily’s Hope Fund at the Avera McKennan Foundation will help offset the cost of treatment and allow people struggling with addiction to get help.

Family Service, Inc. - Counseling Services
2210 W. Brown Place, Sioux Falls, SD (605) 336-1974 www.sdfs i.org
Counseling services include helping individuals (as young as 5) and families learn to recognize problems, communicate feelings and needs, and change behaviors. Specialized programs include treatment for survivors of physical, emotional and sexual abuse, suicide survivors, senior citizens, marriage issues and parent/child concerns. Can provide counseling via telehealth for individuals living in South Dakota.

Family Service, Inc. - Employee Assistance Program (EAP)
EAP is a benefit offered by employers and Family Services to provide confidential help to employees and their families. EAP offers services outside the workplace to assist with personal problems before job performance is affected. The EAP program also specializes in substance abuse professional evaluations for D.O.T. regulated employers. These services are available to contracted companies.

Glory House of Sioux Falls - Outpatient Services
4000 S. West Avenue, Sioux Falls, SD (605) 332-3273 www.glory house.org
An alcohol and drug treatment facility serving men and women. Most individuals served are referred by the correctional system or by primary inpatient treatment centers. Outpatient services available.

Helpline Center - Substance Use Care Coordination
Sioux Falls, SD (800) 920-4343 www.helplinecenter.org
Coordinated response to individuals who have experienced non-fatal overdoses and/or are suspected of Opioid Use Disorder, Methamphetamine Use Disorder or other Substance Use Disorder(s) to move them toward the recovery process by connecting, supporting, and advocating for at-risk individuals by linking them to supportive resources in their local communities. Persons can refer themselves or others to the program through this form:

- www.helplinecenter.org/opioidintake

For individuals needing help with opioid use, visit www.avoidopioids.com
For individuals needing help with meth use, visit www.onmeth.com

Heuermann Counseling Clinic
2210 W. Brown Place, Sioux Falls, SD (605) 336-1974 www.sdfs i.org
A free counseling service that is staffed by volunteer, credentialed, licensed and experienced therapists who provide short-term counseling for uninsured people who are having temporary difficulties.

Keystone Treatment Center - Outpatient Adult and Adolescent Treatment
3800 S. Kiwanis Avenue, Sioux Falls, SD (605) 335-1820 www.keystonetreatment.com
An intensive, outpatient, 12 step recovery based for alcohol, drugs, or gambling. Services are provided by certified chemical dependency counselors and psychologists are available by appointment. Specific services include: assessments; day and evening treatment programs; a separate adolescent program; 12 hour DUI class; Intensive Methamphetamine Treatment (IMT).

LifeScape Therapy
1020 W. 18th Street, Sioux Falls, SD (605) 444-9700 www.lifesca pesd.org

For the most up to date version of this guide, please visit www.helplinecenter.org/guides
Specialized therapy and psychology services for individuals of all ages.

**LSS (Lutheran Social Services) State Center - Behavioral Health Services**
705 E. 41st Street, Suite 100, Sioux Falls, SD  (605) 444-7631  www.lsssd.org
Offers a variety of counseling services on a sliding fee scale for individuals, families, couples, or groups.

**McCrossan Boys Ranch**
47135 260th Street, Sioux Falls, SD  (605) 339-1203  www.mccrossan.org
A residential group care program for males, who have adjustment problems, between the ages of 9 and 18 years old and an independent living program for males 17 - 20 years old. The major goal is to re-establish him into successful living patterns that will enable him to be a positive contributing member of his community.

**NAMI Homefront**
1601 E. 69th Street, Suite 210, Sioux Falls, SD  (605) 271-1871  www.namisouthdakota.org
A free, online 6-session class for family members of service members or veterans with mental health conditions.

**NAMI South Dakota in Sioux Falls**
1601 E 69th Street, Suite 210, Sioux Falls, SD  (605) 271-1871  www.namisouthdakota.org
Provides support groups, education and understanding to people who are living and coping with mental health conditions and to their family members.

**Prairie View Prevention Services, Inc. - Student Assistance and Family Education**
822 E. 41st Street, Suite 235, Sioux Falls, SD  (605) 331-5724  www.prairieview.net
School-based alcohol and drug prevention and intervention counseling services for students and families.

**Sanford Psychiatry and Psychology Clinic**
2400 W. 49th Street, Sioux Falls, SD  (605) 312-8700  www.sanfordhealth.org
Individualized treatment including psychiatric and psychological evaluations, individual, couple, and/or family therapy.

**Sioux Falls Psychological Services**
2109 S. Norton Avenue, Sioux Falls, SD  (605) 334-2696  www.offermehope.com
Offers a full range of psychological services including therapy and assessments for children, adolescents, couples, and families.

**Sioux Falls VA – Mental Health Service Line**
22nd Street, Sioux Falls, SD  (605) 336-3230  www.siouxfalls.va.gov
Services include outpatient mental health, psychiatry services, addiction treatment program, and Post Traumatic Stress (PTSD) services.

**South Dakota QuitLine**
Statewide  (866) 737-8487  www.sdquitline.com
Provides tobacco users telephone coaching support and quit-tobacco products at no-cost. There is also an online enrollment in the Kickstart Kit, which has quit-tobacco products and a self-help quit guide.

**South Dakota Urban Indian Health Sioux Falls - Behavioral Health and Substance Abuse Services**
1200 N. West Avenue, Sioux Falls, SD  (605) 339-0420  www.sduih.org
Individual, couples, and family behavioral health counseling for all ages. Chemical dependency/substance abuse assessments and individual substance abuse counseling (Level 1.0) available for adults and youth.

**Southeastern Behavioral HealthCare - CARE**
100 W. 5th Street, Sioux Falls, SD  (605) 336-0503  http://southeasternbh.org/
CARE offers treatment and rehabilitation to people with a mental illness. Counseling and Children's Services has outpatient counseling, psychiatry, and psychological services.

**Southeastern Behavioral HealthCare - Counseling and Children's Services**
2000 S. Summit Avenue, Sioux Falls, SD  (605) 336-0510  http://southeasternbh.org/
Incorporating counseling, case management, and family support services, with the goal of assisting in the development of a nurturing and stable family environment in which children may grow.

**Tallgrass Recovery and Sober Living Homes**
27048 Tallgrass Avenue, Sioux Falls, SD  (605) 368-5559  www.tallgrassrecovery.org
Offers a residential campus and sober living homes using an alcoholics anonymous approach.

For the most up to date version of this guide, please visit www.helplinecenter.org/guides
Help Center - Sioux Falls
3200 W. 49th Street, Sioux Falls, SD  (605) 330-4552  www.vetcenter.va.gov
Provides a broad range of counseling, outreach and referral services to veterans and their families in order to help veterans make a satisfying post-war readjustment to civilian life. The specific counseling services include: individual, group, marital and family, military sexual trauma, and bereavement.

VOA (Volunteers of America) Behavioral Health
1310 W. 51st Street, Sioux Falls, SD  (605) 334-1414  www.voa-dakotas.org
A full continuum of mental health and substance use services for youth (ages 12 - 18, including pregnant teens) and adults, includes assessments, individual and family counseling, intensive outpatient treatment, inpatient treatment, transitional care, and aftercare counseling for adults and adolescents.

PUBLIC SAFETY

911 Dispatch - Metro Communications Agency
500 N. Minnesota Avenue, Sioux Falls, SD  (605) 367-7000  www.911metro.org
The Consolidated Public Safety Answering Point (PSAP) for Minnehaha County and the City of Sioux Falls providing 911 and public safety dispatch services. Assesses the emergency situation and then dispatches appropriate responding agencies including; police, sheriff, fire, ambulance services, and or highway patrol.

City of Sioux Falls Police Department - Information Desk
320 W. 4th Street, Sioux Falls, SD  (605) 367-7212  www.siouxfalls.org/police
This office answers a wide variety of questions including questions about bike permits; peddler/mobile food licensing; Community Resource Officers; Citizen's Police Academy; New Immigrant Citizen Education and Neighborhood Watch.

CrimeStoppers
320 W. 4th Street, Sioux Falls, SD  (605) 367-7007  www.crimestopperssiouxempire.com
Non-profit organization of concerned citizens that provides the public with an anonymous means to relay information concerning criminal activity to law enforcement. Cash rewards are paid for tips that result in the arrest or indictment of those responsible. **Call 911 if crime is in progress**

DSS Child Protection Services
700 Governors Drive, Pierre, SD  (877) 244-0864  http://dss.sd.gov/childprotection/
To report abuse or neglect, during regular business hours dial (877) 244-0864. After business hours, contact local law enforcement. Investigates child abuse and neglect cases by working with the State’s Attorney, law enforcement, and community resources to determine extent of alleged child abuse or neglect. Other services include adoptions, licensing of foster homes, assessment services, case management, and intensive family services.

Highway Patrol - District 2
5316 W. 60th Street N., Sioux Falls, SD  (605) 367-5700  https://dps.sd.gov
Enables local/state agencies and non-profit organizations to develop and implement traffic safety programs designed to reduce the number of traffic crashes, injuries, and fatalities occurring on South Dakota roadways. Also works to minimize, as much a realistically possible, the economic and human loss that results from traffic crashes.

Long Term Services and Supports - Sioux Falls
811 E. 10th Street, Dept. 4, Sioux Falls, SD  (833) 663-9673  https://dakotaathome.org/
Elder abuse reporting during regular business hours. After hours, contact local law enforcement. Provides information and referrals regarding services for those who are elderly and for adults with disabilities. Formerly known as Adult Services and Aging.

Minnehaha County Jail
500 N. Minnesota Avenue, Sioux Falls, SD  (605) 367-4321  www.minnehahacounty.org
Provides safe, secure housing of inmates, continued public safety, and administers the 24/7 Program.

Minnehaha County Sheriff
320 W. 4th Street, Sioux Falls, SD  (605) 367-4300  www.minnehahacounty.org
Protects the rights of the citizens within its jurisdiction to be free from criminal attacks, to be secure in their possessions and to live in peace. Also provides jail service; work release; Sentence to Serve programs; finger printing; petitions for involuntary mental health holds and information regarding burning bans.

Sioux Falls Animal Control
320 W. 4th Street, Sioux Falls, SD  (605) 367-7000  www.siouxfalls.org/police/animal-control
Promotes responsible pet ownership and animal protection through active enforcement of ordinances such as leash laws, mandatory licensing/vaccination of pets, impoundment of strays, etc.

For the most up to date version of this guide, please visit www.helplinecenter.org/guides
**SHELTERS / DROP IN CENTERS**

**Bishop Dudley Hospitality House - Overnight Program**
101 N. Indiana Avenue, Sioux Falls, SD  (605) 809-8424  [www.bdhh.org](http://www.bdhh.org)
Emergency shelter program with separate sleeping areas for men, women, and families. Drop-in center providing laundry, showers, phone usage, personal hygiene kits, and access to computers for job and housing searches.

**Children’s Inn - Shelter and Crisis Intervention Services**
409 N. Western Avenue, Sioux Falls, SD  (605) 338-4880  [www.chssd.org/childrensinn](http://www.chssd.org/childrensinn)
Emergency shelter and crisis intervention program for victims of domestic abuse, sexual assault, stalking, and child abuse and neglect. Services include crisis intervention, counseling, case management, support groups, court advocacy, medical outreach, and parenting classes.

**LSS Sioux Falls Arise Youth Center East**
621 E. Presentation Street, Sioux Falls, SD  (605) 221-2346  [www.lsssd.org](http://www.lsssd.org)
Temporary care alternative for youth, services include identifying assistance programs and court system collaboration.

**Union Gospel Mission - Men's Center (Shelter)**
220 N. Weber Avenue, Sioux Falls, SD  (605) 357-8271  [www.uniongospelmissionsf.org](http://www.uniongospelmissionsf.org)
Temporary shelter for homeless men, women, and children. Offers spiritual counseling, clothing, youth programs and 3 meals a day with Chapel after dinner.

**Union Gospel Mission - Women's Center (Shelter)**
701 E. 8th Street, Sioux Falls, SD  (605) 334-6732
Temporary shelter for homeless men, women, and children. Offers spiritual counseling, clothing, youth programs and 3 meals a day with Chapel after dinner.

**VOA (Volunteers of America) Runaway Crisis Services**
300 S. Minnesota Avenue, Sioux Falls, SD  (605) 366-6757  [www.voa-dakotas.org](http://www.voa-dakotas.org)
Runaways can receive shelter, case management, counseling, and transportation assistance to return home or to another safe place as agreed upon by youth, parents or guardians, and Volunteers of America, Dakotas staff.

**TRANSPORTATION**

**Active Generations - Workers on Wheels**
2300 W. 46th Street, Sioux Falls, SD  (605) 333-3317  [http://activegenerations.org/](http://activegenerations.org/)
Provides elderly individuals with planned medical and grocery shopping transportation (10-day notice needed).

**Calvary Cathedral - Gas Assistance**
500 S. Main Avenue, Sioux Falls, SD  (605) 336-3486  [www.calvarycathedral.net](http://www.calvarycathedral.net)
Offers limited gas assistance once every 3 months at the most. Please call ahead to ensure eligibility and availability of assistance.

**Center of Hope**
1905 E. 8th Street, Sioux Falls, SD  (605) 334-9789  [www.centerofhopesf.org](http://www.centerofhopesf.org)
Bikes for work at minimal cost, and bike shop, with free bike repair assistance 9:00am - 4:30pm, Tuesday – Friday.

**Community Outreach - Work Related Transportation**
225 E. 11th Street, Suite 200, Sioux Falls, SD  (605) 331-3935  [http://thecommunityoutreach.org/](http://thecommunityoutreach.org/)
Work related transportation available in two forms: 1. for people who have a job/new employment and need help getting there. 2. car repairs where the vehicle is needed for employment. Please note - this assistance is only for people who are employed (not those searching/looking for work, or needing to get to medical appointments, out of town travel, etc.)

**Disabled American Veterans - VA Transportation Network, South Dakota**
2501 W. 22nd Street, Sioux Falls, SD  (605) 336-3230, Ext. 96551  [www.dav.org](http://www.dav.org)
Provides free transportation to the men and women who answered our country's call in time of war. Volunteers drive veterans to and from the VA Hospital, clinics, and the VA Regional Office.

**Minnehaha County Human Services - Sioux Falls Office - Pass-It-On**
521 N. Main Avenue, Suite 201, Sioux Falls, SD  (605) 367-4217  [www.minnehahacounty.org](http://www.minnehahacounty.org)
At various locations, local bus passes are provided. Sponsored by the City of Sioux Falls and administered by Minnehaha County Human Services.
Project C.A.R.
327 S. Dakota Avenue, Sioux Falls, SD  (605) 332-2777
Provides safe transportation for adult riders going to specific sponsor activities with a referral from a partner agency.

River Cities Public Transit - Sioux Falls
Sioux Falls, SD  (605) 945-2360  http://www.rcptransit.com
Serving the paratransit needs of Sioux Falls by working with the City of Sioux Falls, DakotAbilities, and Lifescape. RCPT has contracted with DakotAbilities, Lifescape and works with the City of Sioux Falls to help provide paratransit services to the Sioux Falls area.

Sioux Area Metro
120 E. 11th Street, Sioux Falls, SD  (Bus Depot)  (605) 367-7151  www.siouxfalls.org/sam
Provides a fixed route transit service for the general public. Most routes are available from 5:40am - 8:45pm, Monday - Friday and 7:40am to 6:45pm, Saturday. Single ride fare: $1.50 adult; $.75 for children ages 6-10, seniors, and eligible disabled individuals. All day passes $3. Veterans ride for free with identification.

Sioux Area Metro - Paratransit
500 E. 6th Street, Sioux Falls, SD  (605) 367-7613  www.siouxfalls.org/sam
SAM and Paratransit Division
Sioux Falls Paratransit provides curb-to-curb transportation to individuals who are unable to use the fixed-route system. Service is provided within a defined Paratransit service area.

Sioux Empire Wheels to Work
Sioux Falls, SD  (605) 941-4318  www.wheels-2work.org
Assists single parent families who are in the process of becoming independent wage earners and who have a transportation issue which cannot be address with public transportation.