



This resource guide lists community programs, which are part of the 211 resource database, that provide direct basic needs and services such as clothing and household items, employment services, family and parenting, financial support, food, health care, housing, mental health, shelter, and transportation.

For more information: • Visit www.helplinecenter.org • Dial 2-1-1 • Text your zip code to 898211

Helpline Center - 2-1-1

Dial 2-1-1 or Text your zip code to 898211

A 24-hour information, referral, and crisis helpline that provides resource information covering topics such as food, clothing, financial, medical, mental health, employment, shelter, volunteer opportunities, and much more.

Helpline Center – Suicide and Crisis Support

(800) 273-8255 National Suicide Prevention Lifeline (NSPL) – Answered by the Helpline Center

An accredited suicide prevention, intervention and after-care organization, delivering the hope and understanding you need. Also provides the following services: a crisis texting program for teens at over 40 high schools in South Dakota and some colleges; grief support for individuals who have lost a loved one to suicide; professional suicide awareness and prevention trainings.

Helpline Center – Volunteer Connections

Dial 2-1-1 or text SFVol to 898211 to receive weekly volunteer opportunities by text. Connecting you to local volunteer activities that match you interest and the time you have to give.

EMPLOYMENT

Active Generations - BRIDGES Employment Resource Center

2300 W. 46th Street, Sioux Falls, SD (605) 333-3318 <http://activegenerations.org/>

Assists adults in seeking employment (specializing in those 40+). Services include individual job coaching, interviewing techniques, employment workshops, computer access, basic computer classes and an annual job fair.

Center of Hope

1905 E. 8th Street, Empower Campus, Sioux Falls, SD (605) 334-9789 www.centerofhopesf.org

Bikes for work at minimal cost. The bike shop, with free bike repair assistance is open 9:00am - 4:30pm, Tuesday - Friday.

Communication Service for the Deaf, Inc. - Sioux Falls Office

117 W. 39th Street, Sioux Falls, SD (605) 362-2618 <http://csdsouthdakota.org/>

Assistance is provided with seeking and keeping employment, including job search and applications, preparing for interviews, initial job training, job coaching, assistance with co-workers and staff meetings.

DakotAbilities

1116 S. 4th Avenue, Sioux Falls, SD (605) 334-4220 www.dakotabilities.org

Community-based training in work and/or residential settings for adults or young adults with disabilities.

Dress for Success Sioux Falls

620 W. 18th Street, Sioux Falls, SD (605) 610-0665 <https://www.embe.org/women/>

Provides professional attire, a network of support, and career development tools to help women thrive in life and work.

Experience Works, Inc. - Sioux Falls Office

1500 E. 71st Street N., Sioux Falls, SD (605) 332-7991 www.experienceworks.org

Federally funded program that offers paid training to low income, unemployed individuals, age 55 and older. Paid training provides the opportunity to obtain or increase job skills needed to find employment in today's workforce.

Goodwill Job Center - Sioux Falls

3401 S. Duluth Avenue, Sioux Falls, SD (605) 357-6171 www.goodwillgreatplains.org

Assists individuals with barriers to employment by providing assistance with job search, applications, interview, computer access, and faxing.

Job Corps - Sioux Falls

517 W. 10th Street, Sioux Falls, SD

(605) 275-4611

www.jobcorps.gov

A residential education and vocational training program that is available at no cost to qualified youth ages 16 - 24. Provides training toward a GED or high school diploma and a skilled trade.

LifeScape - Supported Employment

4100 S. Western Avenue, Sioux Falls, SD

(605) 444-9974

<https://www.lifescapesd.org>

Offers training opportunities to prepare people to find competitive employment. Also offers employment services to support current employment or aid in the search for community employment.

Multi-Cultural Center of Sioux Falls - Career Closet

515 N. Main Avenue, Sioux Falls, SD

(605) 367-7401

www.sfmcc.org

Providing career clothing for women and men at no cost for individuals needing clothing for interviews and employment.

National Farmworker Jobs Program

Office in Sioux Falls

(605) 394-5120

<https://bhssc.org/national-farmworker-jobs-program>

Have you done any farm or ranch work in the last 2 years? If so, you could be eligible for the following (depending upon availability of funds): assistance with financial aid for vocational schools and colleges; subsidized on-site training programs; employment counseling; job placement, testing and evaluation; financial assistance in relocating for education training and job placement; emergency financial services such as, but not limited to: emergency food, shelter, rental assistance, and transportation costs.

Pathways Literacy Center

6120 S. Charger Circle, Sioux Falls, SD

(605) 359-6425

Provides one on one tutoring for reading and spelling. Lindamood Bell Programs and others are employed by highly trained tutors to strengthen reading skills, remediate dyslexia, Specific Learning Disability, and other academic challenges. These services are appropriate for anyone age 6 - adult.

REACH

2101 W. 41st Street, Suite 23, Sioux Falls, SD

(605) 332-2665

www.reachliteracy.org

Matches volunteer tutors with adult learners who struggle with the fundamentals of reading and writing English. All of the services and resources, such as books and use of technology like computers and tablets, are provided to learners free of charge.

Salvation Army Sioux Falls, The - Work Enablement

900 N. Cliff Avenue, Sioux Falls, SD

(605) 332-2331

<http://sasiouxfalls.org/>

Salvation Army Family Services Center

Assistance is for new employment only. Work uniforms, boots, and other clothing are available with verification of employment. Some tools are also available to start a new job. Clients must have a letter from their employer stating what clothing/tools are required.

Service to the Blind and Visually Impaired - Sioux Falls

811 E. 10th Street, Dept 22, Sioux Falls, SD

(605) 367-5330

<https://dhs.sd.gov/servicetotheblind/default.aspx>

State agency that works with individuals who are blind and or visually impaired in the area of employment and independent living. Services are available if eligibility and economic need criteria are met.

Sioux Falls Job Service Office

811 E. 10th Street, Dept. 41, Sioux Falls, SD

(605) 367-5300

www.sdjobs.org

Assists job seekers to apply for positions for which they are qualified and provides job search assistance classes. Computers are available for conducting job searches and applying online. Workforce training is an employment and training program designed for adults and youth to increase their skills that may result in employment and higher pay.

Southeast Technical Institute - Hovland Learning Center

2320 N. Career Avenue, Sioux Falls, SD

(605) 367-7997

www.southeasttech.com

Mickelson Center, Room 250

GED; English as a Second Language; and basic skills development classes. No-cost classes for those who qualify.

Southeastern Behavioral HealthCare - Education and Integration Services

500 E. 54th Street N., Sioux Falls, SD

(605) 335-8956

<http://southeasternbh.org/>

Provides services and supports to children and adults with developmental disabilities by providing support, skills and encouragement needed to achieve hopeful and successful futures.

Teachwell Solutions

715 E. 14th Street, Sioux Falls, SD

(605) 367-7680

<http://teachwell.org>

Provides employment and independent living skills to young adults, ages 18-21, with special needs who require assistance and support while pursuing transition goals and objectives. Job and Career Development - offers a number of supports to career-bound high school students and adults seeking employment.

United Sioux Tribes of South Dakota Development Corporation - Sioux Falls

1000 N. West Avenue, Suite 260, Sioux Falls, SD

(605) 271-7117

www.unitedsiouxtribes.org

Serves all Native Americans within South Dakota on and off the reservations. Destination offices operating for the placement of Indian personnel into jobs of substance. Services include: job development; screening; orientation; placement; certifications; follow-up; employer/employee relations; and community adjustment services.

Vocational Rehabilitation - Sioux Falls Office

811 E. 10th Street, Dept. 21 Sioux Falls, SD

(605) 367-5330

<http://dhs.sd.gov/rehabservices/>

Helps individuals with disabilities to gain and maintain compatible employment in an area of their choice. Services include vocational counseling and guidance, vocational assessments, training opportunities, on-the-job training, work site accommodations, and job placement services.

Women of Faith

3801 S. Kiwanis Avenue, Suite 1, Sioux Falls, SD

(605) 370-0736

Offers free community classes twice a month on how to buy a home; how to fix credit; and how to go back to school.

FAMILY / PARENTING / CHILD CARE**Alpha Center**

3405 S. Kiwanis Avenue, Sioux Falls, SD

(605) 361-3500

www.alphacenter.org

Provides free pregnancy tests, Earn While You Learn incentive program, life skills classes, limited ultrasounds, STD testing, pregnancy options counseling, post-abortion support, and medical and community referrals.

Avera - Family Life Education

1325 S. Cliff Avenue, Sioux Falls, SD

(605) 322-3660

www.avera.org

Variety of training opportunities for parents, babysitters, and child care centers/providers.

Birthright of Sioux Falls

101 N. Indiana Avenue, Sioux Falls, SD

(605) 809-8409

www.birthright.org/siouxfalls

Bishop Dudley House

Provides free pregnancy testing, community resource referrals and a 24-hour confidential helpline service.

Carroll Institute - Family Matters Program

310 S. 1st Avenue, Sioux Falls, SD

(605) 336-2556

www.carrollinstitute.org

7-week parent and youth program aimed at helping parents and children (ages 10-14). Parents learn to set limits with love, youth practice resisting peer pressure and becoming forward thinkers & families learn communication skills while they are having fun together.

Catholic Diocese of Sioux Falls - Office of Marriage, Family and Respect Life Baby Layettes

523 N. Duluth Avenue, Sioux Falls, SD

(605) 988-3755

<http://www.sfcatholic.org/respectlife/>

Offers baby layettes for newborns (up to 12 months). Layette includes a few diapers, wipes, clothing, etc.

Center for Disabilities - Birth to 3 Program

1400 W. 22nd Street, Sioux Falls, SD

(605) 357-1439

www.usd.edu/cd/

Provides early intervention services, at no cost, for families who have children from birth to age three that have difficulty learning, growing, or behaving like other children in their age group or have a medical condition.

Center for Disabilities - LEND Developmental Clinic

A free interdisciplinary evaluation to children who are between six months and six years old who may have a developmental concern. The evaluation is offered once a month at the USD Sanford School of Medicine Health Science Center in Sioux Falls, South Dakota.

Children's Home Society - Bright Start

4402 E. 3rd Street, Sioux Falls, SD

(605) 274-0233

www.chssd.org

The Bright Start program is a community-based, voluntary family resource and support program that offers nurse home visitation services to families during pregnancy, after delivery and may continue until the child's third birthday. Services include prenatal, maternal, and infant/child health assessments, and health, safety, and nutrition education.

Children's Inn - Common Sense Parenting

409 N. Western Avenue, Sioux Falls, SD

(605) 338-0116

www.chssd.org/childrensinn

This program is a step-by-step guide for raising responsible children and building strong, happy families. Parents will learn how to reduce family stress, support success in school, enrich parent/child relationships, reduce problem behavior, and diminish yelling and fighting.

Donnie's Closet

Sioux Falls, SD

Email for more information: donniesclosetproject@gmail.com

Closet created to help kids get sports shoes and equipment so that they can play sports no matter what their family's situation. Collects used sports equipment and give it to any kids that ask for it. If the Closet has it, they will give it away. If the Closet doesn't have it available, they will put out a request for it (but cannot guarantee they will get it in).

DSS Child Care Assistance

910 E. Sioux Avenue, Pierre, SD

(605) 773-4766

www.dss.sd.gov/childcare

Provides financial help for child care costs for families who are working and/or going to school.

Educated Mommy - Mommy's Maternity Closet

2122 S. Spring Avenue, Sioux Falls, SD

(605) 496-1417

<https://educatedmommy.org/>

Open the last Wednesday of each month allowing women in need to select needed maternity clothing, cloth diapers, breastfeeding and newborn accessories free of charge. Educated Mommy also offers a variety of classes.

Family Visitation Center

311 E. 14th Street, Sioux Falls, SD

(605) 275-2071

www.fvcenter.org

Provides a safe and supportive environment for children to visit with non-custodial adults when there has been domestic violence, child abuse, conflict with visitation, or when there has been a long-term difficulty between parent and child.

First Christian Church - Kids Kloset

524 W. 13th Street, Sioux Falls, SD (West Door)

(605) 338-9474

www.firstchristiansf.com

Clothing giveaway for children infant to size 12. Hours: 10:00am - 12:00pm, 1st and 3rd Wednesday each month.

Helpline Center - Child Care Resources

1000 N. West Avenue, Suite 310, Sioux Falls, SD

Dial 211

www.helplinecenter.org

Assists parents in their search for quality child care through referrals.

ICAP Minnehaha County - Children and Family Services

505 N. Western Avenue, Sioux Falls, SD

(605) 334-2808

www.interlakescap.com

Early head start and head start services for low income families ages 0-5 years old.

LifeScape - Therapy

1020 W. 18th Street, Sioux Falls, SD

(605) 444-9700

<http://www.lifescapesd.org/services/therapy/>

Specialized therapy and psychology services for individuals of all ages. Free screenings for Autism (for children 4 and under), and visual challenges (for children of all ages).

Minnehaha County - Office of Child and Family Services

4101 W. 38th Street, Suite 102, Sioux Falls, SD

(605) 367-5228

www.state.sd.us/doh

Baby Care: Works with pregnant women to offer health advice and teaching regarding their pregnancy and newborn. Bright Start: Promotes good health during pregnancy by providing counseling, education, arranging for prenatal visits, and offering referrals to other health and community resources. WIC: Works to improve the nutritional status of its participants through education and early intervention. Offers childhood immunizations and flu vaccinations to participants.

Necessities for Neighbors

Sioux Falls, SD

(605) 361-3683

www.peacelutheran.com

A monthly distribution of household products including diapers, laundry soap, toilet paper, and feminine hygiene products. 1st Sunday of each month at Peace Lutheran Church from 3:00pm – 4:00pm; 3rd Tuesday of each month at First Lutheran Church from 6:00pm – 7:00pm.

Oak Hills Baptist Church - Cherub's Closet

6201 S. Lyncrest Avenue, Sioux Falls, SD

(605) 332-2648

www.oakhills.net/compassion

Provides diapers, wipes, and clothing for families in need. Hours: 1:30pm - 3:30pm, 3rd Saturday of each month.

Sanford Children's CHILD Services

1115 W. 41st Street, Sioux Falls, SD

(605) 312-8390

www.sanfordhealth.org/childservices

A distribution site for the South Dakota Child Safety Seat Distribution Program. Programming also includes Bright Start Responsive Parenting classes and Child Development Enrichment Program.

Sanford Children's Specialty Clinic

1600 W. 22nd Street, Sioux Falls, SD

(605) 312-1000

www.sanfordhealth.org

Offers over 30 specialties including: Pediatric Psychiatry and Psychology.

Sioux Empire United Way, Inc. - Connecting Kids

1000 N. West Avenue, Suite 120, Sioux Falls, SD

(605) 336-2095

<http://www.seuw.org/ConnectingKids>

Information and financial resources for families who may need assistance in getting their kids involved in extracurricular activities. Please contact an agency directly (listed on website) to start the process of assistance with their programming.

Sioux Empire United Way, Inc. - Ready to Start

1000 N. West Avenue, Suite 120, Sioux Falls, SD

(605) 367-7949

www.siouxempireunitedway.org

Program for children who are eligible for kindergarten but have not had access to pre-kindergarten services or have demonstrated a need for additional services prior to their first day of school. That may include children who were on the Head Start waiting list, who tested below basic skills on their kindergarten screening, or who may not be ready developmentally for kindergarten but will enroll due to cost savings associated with childcare.

Sioux Falls School District - Early Childhood Programs

201 E. 38th Street, Sioux Falls, SD

(605) 367-7949

www.sf.k12.sd.us

Children birth to 5 are eligible for screening. Infants/toddlers are screened in their homes. Parents will meet with a staff person to discuss options for their child in district early childhood programs. Program provides children with a learning environment and varied experiences to help them develop socially, emotionally, intellectually, and physically in a manner appropriate to their age and stage of development.

Society of St. Vincent de Paul Sioux Falls - Holy Innocents Ministry

431 N. Cliff Avenue, Sioux Falls, SD

(605) 338-4111

www.svdpusa.org

Offers diapers at no charge to eligible individuals. 9:00am - 11:30am, Wednesday and Saturday on the 1st, 2nd and 3rd week of each month (no distribution the last week of the month).

South Dakota Child Safety Seat Distribution Program - Southeast Region

Sioux Falls, SD

(605) 312-8370

<https://dss.sd.gov/childcare/childsafetyseat/>

Distributes child seats to income eligible parents and children statewide, by assessing financial need. 2 distribution locations in Sioux Falls:

- Southeast Distributing Agency - Sanford CHILD Services located at 5015 S. Western Avenue, Suite 120 (near women's plaza but not actually *in* the women's plaza)
 - 8:00am - 5:00pm (CT), Monday - Friday - Car Seat Distribution Program Open
 - 10:00am - 3:00pm (CT) Monday - Friday - Car Seat Education available by Certified Technician
- Fire Station #3 - 2820 S. Minnesota Avenue
 - 9:00am - 11:00am, Saturdays
 - Bring proof of state aide. No appointment necessary.

Supportive Services for Veterans Families

Statewide

(605) 484-9209 or (605) 939-8312

www.cornerstonemission.org

Provides homelessness prevention and rapid re-housing services to help veteran families keep, or rapidly transition to permanent housing.

Teddy Bear Den

500 S. Main Avenue, Sioux Falls, SD

(605) 335-2730

<http://teddybearden.org>

An incentive and education based program for parents to earn teddy credits which can be exchanged for new baby items such as clothing, diapers, blankets, bottles, highchairs, and strollers.

VOA Relationship University

1310 W. 51st Street, Sioux Falls, SD

(605) 334-1414

www.voa-dakotas.org

Relationship University provides individuals with tools such as improving communication, conflict resolution, and coping skills to strengthen relationships in all areas of their lives.

FINANCIAL**Celebrate Community Church - Financial Peace University**

1000 S. Sycamore Avenue, Sioux Falls, SD

(605) 357-7067

www.celebrate.church

This class will show how to get rid of debt, manage money, spend, and save wisely.

Community Outreach, The

225 E. 11th Street, Suite 200, Sioux Falls, SD

(605) 331-3935

<http://thecomunityoutreach.org/>

Offers financial assistance for rent or deposit, prevention of eviction and/or utility shut off, and has limited transportation and car repair assistance. Must seek assistance from Minnehaha County Human Services first for financial help.

Community Outreach, The - Genesis

225 E. 11th Street, Suite 200, Sioux Falls, SD

(605) 331-3935

www.thecomunityoutreach.org

A program designed to help low-income families or individuals become more financially self-sufficient. Mentors work with Genesis participants during an 18-week period to help them: set personal goals, increase financial knowledge; set and maintain a household budget, and pursue life changes needed to achieve their goals.

DSS Low Income Energy Assistance Program

Statewide (605) 773-3766

<https://dss.sd.gov/economicassistance/energyassistance/lowincome.aspx>

Assists with heating costs: propane and fuel oil July 1 to April 30; electric heat and natural gas October 1 to May 15.

GROW South Dakota - Housing Programs

Statewide

(605) 698-7654

www.growsd.org

Home ownership preparation services and Home Buyer Education classes. For eligible individuals/families, down payment/closing cost assistance or low-cost loans for purchasing a home or home improvements may be available.

ICAP Minnehaha County - Emergency Services

505 N. Western Avenue, Sioux Falls, SD

(605) 334-2808

www.interlakescap.com

Assists with heat bills (when funds are available).

LSS State Center - Center for Financial Resources

705 E. 41st Street, Suite 100, Sioux Falls, SD

(605) 330-2700

www.lsssd.org

Provides financial counseling and education, homeownership counseling and education, debt management plans, bankruptcy counseling, and Sharpen Your Financial Focus program.

Minnehaha County Human Services - Sioux Falls Office

521 N. Main Avenue, Suite 201, Sioux Falls, SD

(605) 367-4217

www.minnehahacounty.org

Provides eligibility-based financial assistance with shelter, rent and deposits, utility bills, IDs, food and non-food items, dental and medical care, prescriptions, and burials.

Salvation Army Sioux Falls, The – Utility Assistance

900 N. Cliff Avenue, Sioux Falls, SD

(605) 332-2331

<http://sasiouxfalls.org/>

Salvation Army Family Services Center

Provided to prevent shut-off of current residence utilities only (not for deposits or previous addresses). Assistance is for a one-time emergency situation, not on a yearly basis. Client must have tried seeking assistance from Minnehaha or Lincoln County Human Services and The Community Outreach prior to caseworker visit. Clients will be required to pay at least 10% of the disconnection notice to receive assistance.

Sioux Empire Housing Partnership, Inc.

200 N. Phillips Avenue, Suite 200, Sioux Falls, SD

(605) 339-0942

<http://siouxempirehousing.org>

Offers various financial education programs including homebuyer education, rental education, debt counseling, budgeting, improving credit scores, and financial goal setting. *SEHP does not provide any kind of financial assistance for rent or rent deposit.

Sioux Falls HOPE Coalition

(605) 595-3344

sfhopecoalition.org

Supported by United Way, business leaders and non-profits, the coalition is seeking to place children (currently on a waiting list for subsidized preschool through the Sioux Falls School District, or families who cannot afford private preschool), into existing local programs.

Sioux Falls Housing & Redevelopment Commission - Tri-State HELP

630 S. Minnesota Avenue, Sioux Falls, SD

(605) 332-0704

www.siouxfallshousing.org

Provides short or long term rental assistance and mortgage payment assistance to persons who are diagnosed with HIV/AIDS and meet income limitations.

Society of St. Vincent de Paul Sioux Falls

431 N. Cliff Avenue, Sioux Falls, SD

(605) 338-4111

www.svdpusa.org

Provides financial assistance with rent and utilities, and vouchers for food, cleaning supplies/hygiene items, prescriptions, clothing, household items, and some furniture. Call and leave a voicemail 9:00am, Tuesday or Thursday. A volunteer will call back to schedule an appointment, no walk-ins accepted.

South Dakota Public Utilities Commission - Lifeline

500 E. Capitol Avenue, Pierre, SD

(800) 332-1782

www.puc.sd.gov

Reduces the cost of landlines in all areas and cell phones in certain areas.

Tre Ministries

900 W. 11th Street, Sioux Falls, SD

(605) 366-7142

www.treministries.org

Financial Peace University (money management and how to live at peace with finances).

FOOD**Active Generations - Congregate Dining**

2300 W. 46th Street, Sioux Falls, SD

(605) 333-3305

<http://activegenerations.org/>

Congregate and home delivered meals, call for information on locations and times. Suggested donation \$4.00 - \$6.75.

Active Generations - Meals-On-Wheels

2300 W. 46th Street, Sioux Falls, SD

(605) 333-3305

<http://activegenerations.org/>

Congregate and home delivered meals, call for information on locations and times. Suggested donation \$4.00 - \$6.75.

Augustana Lutheran Church - Community Meal

235 N. Prairie Avenue, Sioux Falls, SD

(605) 338-1672

www.augustanasioxfalls.com

Provides a community meal each month before the Food to You Mobile Food Pantry distribution at their site (3rd Thursday of each month). It is open to the general public and is free of charge.

The Banquet

900 E. 8th Street, Sioux Falls, SD

(605) 335-7066

www.thebanquetsf.org

Provides a prepared meal for persons who are homeless, traveling through, or in need of long-term supplemental food help. Meal served: Breakfast: 7:00am - 8:00am, Monday - Friday; Lunch: 11:30am - 12:30pm, Saturday; Dinner: 6:00pm - 7:30pm, Monday - Friday.

The Banquet West

710 N. Marion Road, Sioux Falls, SD

Dinner served: 6:00pm - 7:30pm, Monday - Friday

Bishop Dudley Hospitality House - Daytime Program

101 N. Indiana Avenue, Sioux Falls, SD

(605) 809-8424

www.bdhh.org

Lunch served: 11:30am, Monday – Friday

Church on the Street - Worship, Meal and Hygiene Kits

May-October: 330 N Weber Ave, Sioux Falls, SD

(605) 956-2687

Churchonthestreetsf.org

Worship is followed by a community meal/picnic. Donations, hygiene kits, and snack bags are available. Need not attend worship to receive these gifts. All are welcome. Need a ride? A van can provide pick up at Bishop Dudley, Safe House, and designated locations.

DSS (Department of Social Services) – Economic Assistance811 E. 10th Street, Sioux Falls, SD

(605) 367-5444 Ext. 1

Provides SNAP (Food Stamps), TANF, and Medicaid programs for children and low income families.

Faith Temple Church

2121 W. 33rd Street, Sioux Falls, SD

(605) 332-2303

www.faithtemplesioxfalls.com

Wednesday at 6:00pm, Community Meal (open to anyone who wants to come).

Faith Temple Food Giveaway

100 N. Lyon Boulevard, Sioux Falls, SD

(605) 332-2303

<http://faithtemplefood.com>

Nordstrom-Johnson Building, Sioux Empire Fairgrounds

Offers free food to anyone 18 years of age or older with no restriction on who or how many times, bring bags or boxes. Most Fridays, doors open at 3:00pm, giveaway starts at 4:00pm.

Feeding South Dakota - Sioux Falls Food Pantry

4701 N. Westport Avenue, Sioux Falls, SD

(605) 335-0364

www.feedingsouthdakota.org

The Food Pantry provides individuals and families with a 3 - 5 day emergency supply of food once every 90 days.

Food to You Mobile Food Pantry

Sioux Falls, SD

(605) 271-2163

www.mobilefoodpantry.org

Mobile food pantry that may be utilized once a month, no referral needed. Distribution time: 6:00pm - 7:00pm, Thursday. Number draw (for place in line): 5:50pm, Thursday

- 1st Thursday (East Side Lutheran Church, 1300 E. 10th Street)
- 2nd Thursday (Messiah New Hope Lutheran, 5001 E. Madison Street)
- 3rd Thursday (Augustana Lutheran Church, 235 N. Prairie)
- 4th Thursday (St. John's American Lutheran Church, 1912 W. 13th Street)
- 5th Thursday (No distribution)

Lunch is Served, Inc.

1600 E. 12th Street, Sioux Falls, SD

(605) 271-6161

www.lunchisserved.org

Non-profit outreach ministry whose mission is to provide a mid-day meal for the working poor in the city of Sioux Falls. Lunches distributed to people receiving services through: The Banquet; The Banquet West; People Ready; St. Francis House.

Messiah New Hope Lutheran Church - Food Pantry

5001 E. Madison Street, Sioux Falls, SD

(605) 333-0971

www.messiahnewhope.com

This is an emergency pantry and will provide prepackaged boxes based on family size.

Nightwatch Canteen - Breakfast

401 S. Spring Avenue, Sioux Falls, SD

www.sfumc.org

West Parking Lot (behind the church) 12th and Duluth

Breakfast: 9:00am - 10:00am, Sunday; First United Methodist Church (west parking lot), 401 S. Spring Avenue

Nightwatch Canteen - Dinner

Sunday Dinner: 4:45pm - 5:15pm: Raven parking lot C, on E. 6th Street

Sunday Dinner: 5:30pm - 6:00pm: First United Methodist Church (west parking lot), 401 S. Spring Avenue

Monday Dinner: 5:30 - 6:30pm: Hayward Elementary School 400 N Valley View Rd, Sioux Falls, SD 57107

Red Door Table Gathering

2001 E. 8th Street, Ministry Center, Sioux Falls, SD (605) 215-1832

<https://www.wearereddoor.net/table>

Offers a Sunday breakfast church from 11:00am - 12:15pm and a table gathering on Monday evenings from 5:30pm - 7:30pm.

Salvation Army Sioux Falls, The - Emergency Food Pantry and Food Programs

900 N. Cliff Avenue, Sioux Falls, SD

(605) 332-2331

<http://sasiouxfalls.org/>

The Salvation Army Family Services Center

Provides food assistance one time in a 30-day period. When available, personal hygiene supplies are offered. Sallie's Table serves an evening meal 5:00pm - 6:00pm Saturday and Sunday. Senior Box Program improves the health of low income people 60 years of age and older by supplementing their diets with USDA commodity foods. Senior Neighbor Luncheon provides seniors a time of fun, food and fellowship. Family Fun Nights are a time for families to enjoy a meal and various activities on Wednesday evenings. Free Sunday Breakfast available at 9:30am Sundays.

Sioux Falls Food Calendar (created by the Helpline Center)<http://www.helplinecenter.org/2-1-1-community-resources/helpsheets/sioux-falls-food-calendar/>

The Sioux Falls Food Calendar contains reoccurring meals and food giveaways.

Union Gospel Mission - Meal Service

220 N. Weber Avenue, Sioux Falls, SD

(605) 334-6732

uniongospelmissionsf.org

UGM Men's Shelter

Meal Served: Breakfast: 7:00am; Lunch: 12:00noon; and 6:00pm with Chapel following at 7:00pm. Meals are served every day and open to all.

VOA (Volunteers of America) Youth Center

1309 W. 51st Street, Sioux Falls, SD

(605) 336-7536

www.voa-dakotas.org

Dinner meal, served Monday - Friday: 6:00pm, on School Days; 5:30pm, during the Summer and non-school days.

Wesley United Methodist Church

1700 E. 6th Street, Sioux Falls, SD

(605) 338-4562

www.wesleyumcsiouxfalls.org

Wednesdays at 6:00pm, Fellowship Meal (September - May; free, open to all)

GENERAL CLOTHING / HOUSEHOLD ITEMS**Center of Hope**

1905 E. 8th Street, Sioux Falls, SD

(605) 334-9789

www.centerofhopesf.org

Empower Campus

Provides winter clothing (new and gently used) at minimal cost.

Furniture Mission

209 N. Nesmith Avenue, Sioux Falls, SD

(605) 977-6800

www.furnituremission.org

Provides recycled furniture, including mattresses. Must have a referral from a community agency.

1905 E. 8th Street, Empower Campus

Habitat for Humanity of Greater Sioux Falls ReStore

721 E. Amidon Street, Sioux Falls, SD

(605) 330-1950

www.siouxfallshabitat.org/restore

Sells new and gently used home building materials and home improvement goods to the general public at a fraction of retail prices.

King of Glory Church - Kings Kloset

1001 E. 17th Street, Sioux Falls, SD

(605) 271-3456

www.kingofglorysf.org

Offers assistance with household items such as toilet paper, soap, shampoo, baby wipes, and laundry detergent.

Hours: 9:30am - 11:30am, 3rd Saturday of every month. Doors open at 9:30am. First come, first serve.

HEALTH / MEDICAL**Alpha Center**

3405 S. Kiwanis Avenue, Sioux Falls, SD

(605) 361-3500

www.alphacenter.org

Provides free pregnancy tests, Earn While You Learn incentive program, life skills classes, limited ultrasounds, STD testing, pregnancy options counseling, post-abortion support, and medical and community referrals.

Avera Health

Avera Medical Call Center

A 24-hour health information line.

(800) 658-3535

www.avera.org**Coyote Clinic**

300 N. Dakota, Suite 117

(605) 322-6800

Provides care 5:30pm - 7:00pm, 2nd and 4th Tuesday of each month to uninsured patients over the age of 18 for any acute medical problem, STD testing, psychiatric care, and flu shots. Call for appointment.**Birthright**

101 N. Indiana Avenue

(605) 809-8409

www.birthright.org

Bishop Dudley Hospitality House

Provides free pregnancy testing, crisis pregnancy lay counseling and a 24-hour hotline service at (800) 550-4900.

Center for Family Medicine1115 E. 20th Street, Sioux Falls, SD

(605) 339-1783

www.centerforfamilymed.org

Specializes in meeting the healthcare needs the entire family, from maternity care to senior care. Also has mental health services including individual, marital, and family therapy.

Children's Specialty Hospital at LifeScope

2501 W. 26th Street, Sioux Falls, SD

(605) 444-9556

www.LifeScopeSD.org

South Dakota's only pediatric inpatient rehabilitation hospital.

Destiny Outreach After Hours Clinic

1905 E. 8th Street, Sioux Falls, SD

(605) 777-3439

www.destinyclinic.com

Empower Campus (entrance on the West side of the Campus; shared an entrance with Center of Hope),

Provides walk-in acute care for uninsured individuals of all ages. 6:00pm - 8:30pm (CT), Wednesday and Thursday.

Falls Community Health (Medical and Dental Clinic)

521 N. Main Avenue, Suite 100, Sioux Falls, SD (605) 367-8793

www.siouxfalls.org/fch

A sliding fee scale family practice medical clinic with four locations and a dental clinic with emphasis on health promotion and disease prevention, mental health counseling, psychiatry services, and pharmacy assistance to clinic clients.

Feisty Fighters, Inc.

101 S. Reid Street, Suite 201, Sioux Falls, SD (605) 214-5725

www.feistyfighters.org

Helps those affected by cancer and are in need of financial assistance.

Health Connect of South Dakota

2011 W. 26th Street, Suite 203, Sioux Falls, SD (605) 371-1000

www.healthconnectsd.org

A consumer public health library, empowers all people to make health decisions by providing current understandable information.

Heartland Health Resource Center - Ryan White Part B and HIV Prevention Services

2500 W. 49th Street, Suite 103, Sioux Falls, SD (605) 271-4813

www.heartlandhealthsd.org

Program provides services to HIV positive individuals who reside in the State of South Dakota including Aids Drug Assistance Program (ADAP), assistance with health care costs, and insurance enrollment and premium payments as well as one on one case management/counseling services.

Lions Sight Conservation Project - Sioux Falls Downtown Lions Club

521 N. Main Avenue, Sioux Falls, SD (605) 367-8793

<http://www.sfdowntownlions.com/sight-service-projects>

Program helps provide eyeglasses and eye exams to those eligible. Many organizations help donate products and time. Falls Community Health is the entrance point for filling out paperwork and determining patient eligibility.

Minnehaha County – Office of Child and Family Services

1200 N. West Avenue, Sioux Falls, SD (605) 367-5228

www.state.sd.us

Baby Care: Works with pregnant women to offer health advice and teaching regarding their pregnancy and newborn. Bright Start: Promotes good health during pregnancy by providing counseling, education, arranging for prenatal visits, and offering referrals to other health and community resources. WIC: Works to improve the nutritional status of its participants through education and early intervention. Offers childhood immunizations and flu vaccinations to participants.

Planned Parenthood of MN/ND/SD

6511 W. 41st Street, Sioux Falls, SD (605) 361-5100

www.ppmns.org

Provides family planning, emergency contraception, pregnancy testing, gynecological services, abortion services, and sexually transmitted infection testing and treatment.

Planning Life

225 E. 11th Street, Suite 206, Sioux Falls, SD (605) 274-1558

www.planninglife.org

Offers pregnancy testing, STD information, limited ultrasound, peer counseling, information and referrals, post-abortion stress information, abstinence information, and adoption information

Sanford Health

My Sanford Nurse (800) 445-5788

www.sanfordhealth.org

- A 24-hour phone service for individuals seeking information about a health-related issue or concern.
- Call for clinic information including hours, phone numbers and specialties.

Sanford Health Midtown Clinic

1205 S. Grange Avenue, MB2, Suite 301 (605) 312-8350

Provides healthcare education and STI testing for men and women in their reproductive years. Fees based on income.

Sioux Falls VA Health Care System

2501 W. 22nd Street, Sioux Falls, SD (605) 336-3230

www.siouxfalls.va.gov

Variety of services for enrolled veterans including: Extended Care and Rehab Service Line; Primary Care and Specialty Medicine Service Line; Women's Health Clinic; Mental Health Service Line and Surgery and Specialty Care.

South Dakota Department of Human Services - Family Support 360

Statewide (605) 773-3438

<https://dhs.sd.gov/developmentaldisabilities/familysupport360.aspx>

The Family Support 360 Program (FS 360) provides people and their families with services and supports to meet their unique needs. Open to families with a child or adults with a diagnosed intellectual or developmental disability.

South Dakota Lions Foundation

3920 S. Western Avenue, Suite 2, Sioux Falls, SD (605) 338-0551

www.sdlions.org

Provides mobile screening units are available to daycares, preschools and schools on request, for children's eye health. Also, partners with healthcare professionals to provide vision and hearing services (eye glasses and hearing aids) at reduced rates to income-qualified individuals (200% of federal poverty level).

South Dakota Urban Indian Health Sioux Falls - Medical Services

1200 N. West Avenue, Sioux Falls, SD

(605) 339-0420

www.sduih.org

Provides full integrated medical and primary medical health care services and is a designated PCP for Medicaid. Has behavioral health and substance use services available. Transportation available for appointments for clients only, prefer a 24-hour notice.

USD Dental Clinic

521 N. Main Avenue, Sioux Falls, SD

(605) 367-8046

usd.edu/health-sciences/dental-hygiene/sioux-falls-clinic

Provides most dental care including exams, x-rays, cleanings, fillings, extractions, and night guards.

HOUSING AND RELATED ASSISTANCE**Affordable Housing Solutions - Neighborhood Revitalization Program**

630 S. Minnesota Avenue, Sioux Falls, SD

(605) 221-0430

www.a-h-s.org

Program in partnership with City of Sioux Falls Community Development. Offering single family detached homes that have been newly constructed or rehabilitated to be sold to eligible households.

Call To Freedom - Marissa's Project

1800 W. 12th Street, Suite 100, Sioux Falls, SD

(605) 261-1880

www.calltofreedom.org

Call to Freedom provides victim-centered responsive services to those who have experienced sexual exploitation and human trafficking. Our Vision is to create a cohesive community model of care and support for victims, bringing communities together while educating and advocating to stop human trafficking.

Community Outreach – Genesis

225 E. 11th Street, Suite 200, Sioux Falls, SD

(605) 331-3935

<http://thecommunityoutreach.org/>

A program designed to help low-income families or individuals become more financially self-sufficient. Mentors work with Genesis participants during an 18-week period to help them: set personal goals, increase financial knowledge; set and maintain a household budget, and pursue life changes needed to achieve their goals.

Community Outreach, The - Hezekiah House

Designed for those looking to take the next step in their dream of owning their own home. This program will provide clean and safe rental units for up to 36 months for families who are working hard to better their futures. Participants will: be partnered with a long term mentor; receive up to 50% of their paid rent for a home purchase upon completion of the program; receive credit education and counseling; learn the ins and outs of home management & ownership.

Community Outreach, The – OneRoof

A collaborative housing initiative for at-risk individuals. Individuals with credit problems, poor rental history (damage or unpaid rent), or criminal background have difficulty finding housing.

East River Legal Services

335 N. Main Avenue, Suite 200, Sioux Falls, SD

(605) 336-9230

<http://erlservices.org/>

Ensure that laws protecting low income tenants and subsidized tenancies are enforced, and enforce fair housing laws and practices. Representation includes defending eviction actions (other than those actions involving non-payment of rent), cases involving other landlord/tenant disputes, federally subsidized housing and/or other meritorious housing cases as resources allow.

Fair Housing South Dakota

Statewide (877) 832-0161

<http://www.sdhda.org/property-management/fair-housing-and-legal.html>

A resource for renters, potential homeowners, lenders, landlords, and other housing professionals to utilize to understand their rights and responsibilities.

Glory House Apartments

1654 W. 51st Street, Sioux Falls, SD

(605) 988-9113

www.glory-house.org

24 efficiency units, limited in space for either one or two persons. The apartments are drug and alcohol free, and income based for affordable independent living. Applications are required for screening through Lloyd Property Management. Glory House full services are available through referrals.

Glory House of Sioux Falls - Residential Program

4000 S. West Avenue, Sioux Falls, SD

(605) 332-3273

www.glory-house.org

Transitional program provides assistance with employment, money management, recovery from substances, as well as co-occurring conditions assisting the individual in establishing and the continuation of applying these life skills.

Habitat for Humanity of Greater Sioux Falls

721 E. Amidon Street, Sioux Falls, SD

(605) 332-5962

www.siouxfallshabitat.org

Partner with Habitat Sioux Falls to help build your own home. To qualify, applicants must have a need, the ability to pay, and a willingness to partner. Income guidelines and eligibility criteria must be met.

Hope Prison Ministry

(605) 338-7526

Helps men and women after release from incarceration by providing them with clothes and resources needed to find food, housing resource information and other items on a one-time basis.

HUD (Housing and Urban Development) Fair Housing

4301 W. 57th Street, Suite 101, Sioux Falls, SD

(800) 877-7353

www.hud.gov

Reporting potential housing discrimination, an investigation will be conducted if warranted. Reports can be completed via phone or online. To file a complaint online or get information regarding fair housing rights please visit:

http://portal.hud.gov/hudportal/HUD?src=/program_offices/fair_housing_equal_opp

HUD South Dakota

4301 W. 57th Street, Suite 101, Sioux Falls, SD

(605) 330-4223

www.hud.gov

Provides information on low income (subsidized) rental units and public housing authorities.

ICAP (Interlakes Community Action Program) - Housing Services

505 N. Western Avenue, Sioux Falls, SD

(605) 334-2808

www.interlakescap.com

Eligibility based programs that help people who are homeless secure housing, and those who need help repairing housing, get it fixed.

Kingdom Boundaries Prison Aftercare

417 S. Summit Avenue, Sioux Falls, SD

(605) 695-0048

<http://kingdomboundaries.org>

Transitional housing for up to 20 males. Program also helps anyone re-entering society after incarceration including finding employment, clothes, furniture, etc. (based on what is currently available).

LSS (Lutheran Social Services) State Center - Housing Resource Center

705 E. 41st Street, Suite 100, Sioux Falls, SD

(605) 330-9494

www.lsssd.org

Consumer Credit Counselors help individuals, couples, and families with budgeting, foreclosure prevention, and provides information for renters on rights and responsibilities, delinquent rent, tax credit referrals, and fair housing.

Minnehaha County Human Services - Safe Home

320 W. 3rd Street, Sioux Falls, SD

(605) 367-7441

www.minnehahacounty.org

Provides permanent housing to persistently homeless adults (over 21) who have severe alcohol issues.

SD Housing Search

3060 E. Elizabeth Street, Pierre, SD

(800) 540-4241

www.sdhousingsearch.com

A free housing locator providing information on Section 8 and income based rental units.

Sioux Empire Housing Partnership, Inc. - First Time Homebuyer Education and Counseling

200 N. Phillips Avenue, Suite 200, Sioux Falls, SD

(605) 339-0942

<http://siouxempirehousing.org>

First Time Homebuyer Education and Counseling available to any first-time home buyer.

Sioux Falls Fair Housing

224 W. 9th Street, City Hall, Sioux Falls, SD

(605) 367-8745

<http://siouxfalls.org/fairhousing>

Provides education and awareness of fair housing issues to landlords, tenants, and general public; and to receive and investigate charges of discrimination due to race, color, national origin, religion, gender, familial status (families with children) and disability. Disability rights in housing information, including assistance animals.

Sioux Falls Housing & Redevelopment Commission - Housing Assistance Programs

630 S. Minnesota Avenue, Sioux Falls, SD

(605) 332-0704

www.siouxfallshousing.org

Does not provide one-time or immediate rental assistance. Offers various programs to assist eligible households with their rent. Assistance based on household income and size. Also, has list of low income rental units in the area.

South Dakota Housing Development Authority

3060 E. Elizabeth Street, Pierre, SD

(605) 773-3181

<http://www.sdhda.org/>

Provides mortgage and down payment assistance, housing construction and rehabilitation, homelessness prevention, and rental assistance.

South Dakota Housing for Homeless Consortium Coordinated Entry System

Statewide

(800) 664-1349

<http://www.housingforthehomeless.org/>

A state-wide toll-free telephone number, where a staff member will administer an assessment and take applications for services for persons who are homeless or at imminent risk of homelessness.

Southeastern Behavioral HealthCare – Cayman Court Assisted Living Facility

4101 W. Cayman Street, Sioux Falls, SD

(605) 271-8540

<http://southeasternbh.org>

Cayman Court is an assisted living facility that provides permanent, supportive housing for individuals who have Severe Mental Illness (SMI) and who are/were homeless.

St. Francis House

1301 E. Austin Street, Sioux Falls, SD

(605) 334-3879

www.stfranchishouse.com

Provides transitional housing, clothes, bus passes, 3 meals a day, and case management for men, women, and families.

USDA - Rural Development Multi-Family Housing Rentals

Through the website, people who are looking for low-cost rentals, can find units for rent in rural South Dakota. Search based on county or town. Then, contact the property company regarding how to apply. To find apartments in rural areas: 1. Go to www.rd.usda.gov 2. Scroll down on left hand side, it says, Find Rural Rentals 3. Then click on South Dakota in the map 4. Then, select your County

VOA (Volunteers of America) Axis 180

217 S. Spring Avenue, Sioux Falls, SD

(605) 274-0584

www.voa-dakotas.org

Provides shelter, case management, life skills, and education services to young people ages 16 to 21, who are preparing for independent living. The program provides young people with a safe, supportive environment while they learn the skills necessary to succeed on their own.

VOA Berakhah House

400 N. Western Avenue, Sioux Falls, SD

(605) 332-4017

Provides short-term emergency housing and supportive services to homeless veterans in a safe, secure, and respectful environment designed to enhance individual growth, employment options, finance, and housing opportunities.

VOA Summit Heights

330 S. Summit Avenue, Sioux Falls, SD

(605) 271-1548

Volunteers of America, Dakotas' Summit Heights Properties offers 37 one and two-bedroom apartment homes for families who qualify under the tax credit/HOME funds guidelines.

VOA Veterans Per Diem - Transition in Place Program

1113 E. 14th Street, Sioux Falls, SD

(605) 274-1540

Works to house eligible veterans (Homeless and at risk veterans and families) in community-based housing. Once accepted into the program, services would include: assistance with rent; furniture; utilities; food and coordination with community resources.

Washed Clean Addiction & Recovery Ministries

2701 E. 15th Street, Sioux Falls, SD

(605) 231-3235

washedcleanministries.com

Spiritually Based Transitional Living - Currently 10 beds available. Serving only men and availability changes. 8- 12 months is the recommend length of stay.

IMMIGRATION/REFUGEE RESOURCES**African Community Center of Sioux Falls**

301 S. Garfield Avenue, Suite 6, Sioux Falls, SD

(605) 214-5350

Helping ease the transition of African immigrants to their new environment with: advocacy; information regarding social services; educational support; application assistance and an afterschool program at Washington High.

Caminando Juntos - Presentation Sisters Hispanic Ministry Center

617 E. 7th Street, Sioux Falls, SD

(605) 274-3735

Responds to the needs of the Spanish-speaking community by helping them access community resources and basic necessities, continue their education, find employment, housing, and health care, change their immigration status, apply for citizenship, or obtain a work permit.

LSS (Lutheran Social Services) Sioux Falls Center for New Americans

300 E. 6th Street, Sioux Falls, SD

(605) 731-2000

www.lsssd.org

Services include case management, employment services, education services, English language training, community orientation, immigration counseling services, and information and referral

LSS Sioux Falls Center for New Americans - Community Interpreter Service

300 E. 6th Street, Sioux Falls, SD (605) 731-2010

Provides interpretation and written translation to the major languages and other minor, regional, or tribal dialects. Able to facilitate on-site interpretation, message relay, conference call, written translation, and video interpretation.

Multi-Cultural Center of Sioux Falls

515 N. Main Avenue, Sioux Falls, SD (605) 367-7401 www.sfmcc.org

Provides experiences and service for all people to learn, celebrate, and share through our community's cultural diversity. Programs include English classes, driver's training for adults, job skills training, Interpretation and Translation Program, youth programs, and legal assistance.

Multi-Cultural Center of Sioux Falls - Immigration Legal Assistance

Provides professional immigration services to individuals and their families needing assistance with matters before the U.S. Citizenship and Immigration Services, The Executive Office for Immigration Review, and the Department of State.

Multi-Cultural Center of Sioux Falls - Interpretation and Translation Program

Interpreting services in over 40 languages and dialects. Interpretations in legal, government, medical, and social settings and document translations, such as birth certificates, death certificates, marriage license, transcripts, and diplomas.

South Dakota Voices for Peace

Sioux Falls, SD (605) 782-9560 <https://sdvfpeace.org/hand-in-hand/>

Provides public education, legal services, and advocacy to counter anti-Muslim, anti-immigrant, anti-refugee bigotry in order to nurture informed and inclusive communities. Provides immigration services and legal representation for children in immigration court.

MENTAL HEALTH / SUBSTANCE USE ISSUES

Sioux Falls Mental Health Guide Dial 211 www.helplinecenter.org/SFMHG

Support Groups Dial 211

Including 12 step programs (AA, NA, GA, SA), SMART Recovery, Christ-centered recovery groups, etc.

Avera Addiction Care Center

6140 S. Curae Lane, Sioux Falls, SD (605) 504-2222 www.avera.org/addiction

The Avera Addiction Care Center is a voluntary 28-day residential treatment center that uses a variety of evidence-based, individualized approaches to treat alcohol and drug addiction, such as cognitive behavioral therapy and motivational interviewing. The center offers medical stabilization and medication assisted treatment (MAT). All therapists are co-certified in addiction and mental health, and psychiatrists will regularly round at the center. Programming also includes a robust family component.

Avera McKennan Behavioral Health Center

4400 W. 69th Street, Suite 100, Sioux Falls, SD (605) 322-4065 www.averabehavioralhealth.org

Program provides free assessments 24 hours a day for mental health problems to determine an appropriate level of care. Also, has triage program which offers crisis/sooner access mental health therapy sessions for patients experiencing increased mental health needs.

Carroll Institute - Substance Abuse Treatment

310 S. 1st Avenue, Sioux Falls, SD (605) 336-2556 www.carrollinstitute.org

Provides treatment services for substance abuse and co-occurring mental health symptoms including needs assessment, outpatient treatment, jail treatment, family support, halfway house, and prevention services.

Catholic Family Services Sioux Falls - Counseling Program

523 N. Duluth Avenue, Sioux Falls, SD (605) 988-3775 www.sfcatholic.org

Provides counseling for any issue and strives to empower adults, children, couples and families to find solutions to issues in a Christian atmosphere. Also provides psychological testing and assessments.

Center For Family Medicine

1115 E. 20th Street, Sioux Falls, SD (605) 339-1783 www.centerforfamilymed.org

Specializes in meeting the healthcare needs the entire family, from maternity care to senior care. Also has mental health services including individual, marital, and family therapy.

Children's Home Society - Residential Treatment - Black Hills & Sioux Falls

801 N. Sycamore Avenue, Sioux Falls, SD (605) 334-6004 www.chssd.org

Residential treatment center; educational services; foster care and adoption information; community prevention information and trainings available.

Compass Center, The – Counseling and Play Therapy Services

1704 S. Cleveland Avenue, Suite 3, Sioux Falls, SD (605) 339-0116 <http://thecompasscenter.org/>

Offers no cost counseling and play therapy to survivors of sexual and domestic violence. Services also include advocacy, safety planning, assistance with filing a protection order, and support group.

Emily's Hope

6225 S. Minnesota Avenue, Sioux Falls, SD (605) 366-4387 www.paintingapath torecovery.org

The Emily's Hope Fund at the Avera McKennan Foundation will help offset the cost of treatment and allow people struggling with addiction to get help.

Family Service, Inc. - Counseling Services

2210 W. Brown Place, Sioux Falls, SD (605) 336-1974 www.sdfsi.org

Counseling services include helping individuals (as young as 5) and families learn to recognize problems, communicate feelings and needs, and change behaviors. Specialized programs include treatment for survivors of physical, emotional and sexual abuse, suicide survivors, senior citizens, marriage issues and parent/child concerns. Can provide counseling via telehealth for individuals living in South Dakota.

Family Service, Inc. - Employee Assistance Program (EAP)

EAP is a benefit offered by employers and Family Services to provide confidential help to employees and their families. EAP offers services outside the workplace to assist with personal problems before job performance is affected. The EAP program also specializes in substance abuse professional evaluations for D.O.T. regulated employers. These services are available to contracted companies.

Glory House of Sioux Falls - Outpatient Services

4000 S. West Avenue, Sioux Falls, SD (605) 332-3273 www.glory-house.org

An alcohol and drug treatment facility serving men and women. Most individuals served are referred by the correctional system or by primary inpatient treatment centers. Outpatient services available.

Helpline Center - Substance Use Care Coordination

Sioux Falls, SD (800) 920-4343 www.helplinecenter.org

Coordinated response to individuals who have experienced non-fatal overdoses and/or are suspected of Opioid Use Disorder, Methamphetamine Use Disorder or other Substance Use Disorder(s) to move them toward the recovery process by connecting, supporting, and advocating for at-risk individuals by linking them to supportive resources in their local communities. Persons can refer themselves or others to the program through this form:

- www.helplinecenter.org/opioidintake

For individuals needing help with opioid use, visit www.avoidopioidsd.com

For individuals needing help with meth use, visit www.onmeth.com

Heuermann Counseling Clinic

2210 W. Brown Place, Sioux Falls, SD (605) 336-1974 www.sdfsi.org

A free counseling service that is staffed by volunteer, credentialed, licensed and experienced therapists who provide short-term counseling for uninsured people who are having temporary difficulties.

Keystone Treatment Center - Outpatient Adult and Adolescent Treatment

3800 S. Kiwanis Avenue, Sioux Falls, SD (605) 335-1820 www.keystonetreatment.com

An intensive, outpatient, 12 step recovery based for alcohol, drugs, or gambling. Services are provided by certified chemical dependency counselors and psychologists are available by appointment. Specific services include: assessments; day and evening treatment programs; a separate adolescent program; 12 hour DUI class; Intensive Methamphetamine Treatment (IMT).

LifeScape Therapy

1020 W. 18th Street, Sioux Falls, SD (605) 444-9700 www.lifescapesd.org

Specialized therapy and psychology services for individuals of all ages.

LSS (Lutheran Social Services) State Center - Behavioral Health Services

705 E. 41st Street, Suite 100, Sioux Falls, SD

(605) 444-7631

www.lsssd.org

Offers a variety of counseling services on a sliding fee scale for individuals, families, couples, or groups.

McCrossan Boys Ranch

47135 260th Street, Sioux Falls, SD

(605) 339-1203

www.mccrossan.org

A residential group care program for males, who have adjustment problems, between the ages of 9 and 18 years old and an independent living program for males 17 - 20 years old. The major goal is to re-establish him into successful living patterns that will enable him to be a positive contributing member of his community.

NAMI Homefront

1601 E. 69th Street, Suite 210, Sioux Falls, SD

(605) 271-1871

www.namisouthdakota.org

A free, online 6-session class for family members of service members or veterans with mental health conditions.

NAMI South Dakota in Sioux Falls

1601 E 69th Street, Suite 210, Sioux Falls, SD

(605) 271-1871

www.namisouthdakota.org

Provides support groups, education and understanding to people who are living and coping with mental health conditions and to their family members.

Prairie View Prevention Services, Inc. - Student Assistance and Family Education

822 E. 41st Street, Suite 235, Sioux Falls, SD

(605) 331-5724

www.prairieview.net

School-based alcohol and drug prevention and intervention counseling services for students and families.

Sanford Psychiatry and Psychology Clinic

2400 W. 49th Street, Sioux Falls, SD

(605) 312-8700

www.sanfordhealth.org

Individualized treatment including psychiatric and psychological evaluations, individual, couple, and/or family therapy.

Sioux Falls Psychological Services

2109 S. Norton Avenue, Sioux Falls, SD

(605) 334-2696

www.offermehope.com

Offers a full range of psychological services including therapy and assessments for children, adolescents, couples, and families.

Sioux Falls VA – Mental Health Service Line

22nd Street, Sioux Falls, SD

(605) 336-3230

www.siouxfalls.va.gov

Services include outpatient mental health, psychiatry services, addiction treatment program, and Post Traumatic Stress (PTSD) services.

South Dakota QuitLine

Statewide

(866) 737-8487

www.sdquitline.com

Provides tobacco users telephone coaching support and quit-tobacco products at no-cost. There is also an online enrollment in the Kickstart Kit, which has quit-tobacco products and a self-help quit guide.

South Dakota Urban Indian Health Sioux Falls - Behavioral Health and Substance Abuse Services

1200 N. West Avenue, Sioux Falls, SD

(605) 339-0420

www.sduih.org

Individual, couples, and family behavioral health counseling for all ages. Chemical dependency/substance abuse assessments and individual substance abuse counseling (Level 1.0) available for adults and youth.

Southeastern Behavioral HealthCare - CARE

100 W. 5th Street, Sioux Falls, SD

(605) 336-0503

<http://southeasternbh.org/>

CARE offers treatment and rehabilitation to people with a mental illness. Counseling and Children's Services has outpatient counseling, psychiatry, and psychological services.

Southeastern Behavioral HealthCare - Counseling and Children's Services

2000 S. Summit Avenue, Sioux Falls, SD

(605) 336-0510

<http://southeasternbh.org/>

Incorporating counseling, case management, and family support services, with the goal of assisting in the development of a nurturing and stable family environment in which children may grow.

Tallgrass Recovery and Sober Living Homes

27048 Tallgrass Avenue, Sioux Falls, SD

(605) 368-5559

www.tallgrassrecovery.org

Offers a residential campus and sober living homes using an alcoholics anonymous approach.

Vet Center - Sioux Falls

3200 W. 49th Street, Sioux Falls, SD

(605) 330-4552

www.vetcenter.va.gov

Provides a broad range of counseling, outreach and referral services to veterans and their families in order to help veterans make a satisfying post-war readjustment to civilian life. The specific counseling services include: individual, group, marital and family, military sexual trauma, and bereavement.

VOA (Volunteers of America) Behavioral Health

1310 W. 51st Street, Sioux Falls, SD (605) 334-1414 www.voa-dakotas.org

A full continuum of mental health and substance use services for youth (ages 12 - 18, including pregnant teens) and adults, includes assessments, individual and family counseling, intensive outpatient treatment, inpatient treatment, transitional care, and aftercare counseling for adults and adolescents.

PUBLIC SAFETY**911 Dispatch - Metro Communications Agency**

500 N. Minnesota Avenue, Sioux Falls, SD (605) 367-7000 www.911metro.org

The Consolidated Public Safety Answering Point (PSAP) for Minnehaha County and the City of Sioux Falls providing 911 and public safety dispatch services. Assesses the emergency situation and then dispatches appropriate responding agencies including: police, sheriff, fire, ambulance services, and or highway patrol.

City of Sioux Falls Police Department - Information Desk

320 W. 4th Street, Sioux Falls, SD (605) 367-7212 www.siouxfalls.org/police

This office answers a wide variety of questions including questions about bike permits; peddler/mobile food licensing; Community Resource Officers; Citizen's Police Academy; New Immigrant Citizen Education and Neighborhood Watch.

CrimeStoppers

320 W. 4th Street, Sioux Falls, SD (605) 367-7007 www.crimestopperssiouxempire.com

Non-profit organization of concerned citizens that provides the public with an anonymous means to relay information concerning criminal activity to law enforcement. Cash rewards are paid for tips that result in the arrest or indictment of those responsible. **Call 911 if crime is in progress**

DSS Child Protection Services

700 Governors Drive, Pierre, SD (877) 244-0864 <http://dss.sd.gov/childprotection/>

To report abuse or neglect, during regular business hours dial (877) 244-0864. After business hours, contact local law enforcement. Investigates child abuse and neglect cases by working with the State's Attorney, law enforcement, and community resources to determine extent of alleged child abuse or neglect. Other services include adoptions, licensing of foster homes, assessment services, case management, and intensive family services.

Highway Patrol - District 2

5316 W. 60th Street N., Sioux Falls, SD (605) 367-5700 <https://dps.sd.gov>

Enables local/state agencies and non-profit organizations to develop and implement traffic safety programs designed to reduce the number of traffic crashes, injuries, and fatalities occurring on South Dakota roadways. Also works to minimize, as much as realistically possible, the economic and human loss that results from traffic crashes.

Long Term Services and Supports - Sioux Falls

811 E. 10th Street, Dept. 4, Sioux Falls, SD (833) 663-9673 <https://dakotaathome.org/>

Elder abuse reporting during regular business hours. After hours, contact local law enforcement. Provides information and referrals regarding services for those who are elderly and for adults with disabilities. Formerly known as Adult Services and Aging.

Minnehaha County Jail

500 N. Minnesota Avenue, Sioux Falls, SD (605) 367-4321 www.minnehahacounty.org

Provides safe, secure housing of inmates, continued public safety, and administers the 24/7 Program.

Minnehaha County Sheriff

320 W. 4th Street, Sioux Falls, SD (605) 367-4300 www.minnehahacounty.org

Protects the rights of the citizens within its jurisdiction to be free from criminal attacks, to be secure in their possessions and to live in peace. Also provides jail service; work release; Sentence to Serve programs; finger printing; petitions for involuntary mental health holds and information regarding burning bans.

Sioux Falls Animal Control

320 W. 4th Street, Sioux Falls, SD (605) 367-7000 www.siouxfalls.org/police/animal-control

Promotes responsible pet ownership and animal protection through active enforcement of ordinances such as leash laws, mandatory licensing/vaccination of pets, impoundment of strays, etc.

SHELTERS / DROP IN CENTERS**Bishop Dudley Hospitality House - Overnight Program**

101 N. Indiana Avenue, Sioux Falls, SD

(605) 809-8424

www.bdhh.org

Emergency shelter program with separate sleeping areas for men, women, and families. Drop-in center providing laundry, showers, phone usage, personal hygiene kits, and access to computers for job and housing searches.

Children's Inn - Shelter and Crisis Intervention Services

409 N. Western Avenue, Sioux Falls, SD

(605) 338-4880

www.chssd.org/childrensinn

Emergency shelter and crisis intervention program for victims of domestic abuse, sexual assault, stalking, and child abuse and neglect. Services include crisis intervention, counseling, case management, support groups, court advocacy, medical outreach, and parenting classes.

LSS Sioux Falls Arise Youth Center East

621 E. Presentation Street, Sioux Falls, SD

(605) 221-2346

www.lsssd.org

LSS Center for Children and Youth

Temporary care alternative for youth, services include identifying assistance programs and court system collaboration.

Union Gospel Mission - Men's Center (Shelter)

220 N. Weber Avenue, Sioux Falls, SD

(605) 357-8271

www.uniongospelmissionsf.org

Temporary shelter for homeless men, women, and children. Offers spiritual counseling, clothing, youth programs and 3 meals a day with Chapel after dinner.

Union Gospel Mission - Women's Center (Shelter)

701 E. 8th Street, Sioux Falls, SD

(605) 334-6732

Temporary shelter for homeless men, women, and children. Offers spiritual counseling, clothing, youth programs and 3 meals a day with Chapel after dinner.

VOA (Volunteers of America) Runaway Crisis Services

300 S. Minnesota Avenue, Sioux Falls, SD

(605) 366-6757

www.voa-dakotas.org

Runaways can receive shelter, case management, counseling, and transportation assistance to return home or to another safe place as agreed upon by youth, parents or guardians, and Volunteers of America, Dakotas staff.

TRANSPORTATION**Active Generations - Workers on Wheels**

2300 W. 46th Street, Sioux Falls, SD

(605) 333-3317

<http://activegenerations.org/>

Provides elderly individuals with planned medical and grocery shopping transportation (10-day notice needed).

Calvary Cathedral - Gas Assistance

500 S. Main Avenue, Sioux Falls, SD

(605) 336-3486

www.calvarycathedral.net

Offers limited gas assistance once every 3 months at the most. Please call ahead to ensure eligibility and availability of assistance.

Center of Hope

1905 E. 8th Street, Sioux Falls, SD

(605) 334-9789

www.centerofhopesf.org

Bikes for work at minimal cost, and bike shop, with free bike repair assistance 9:00am - 4:30pm, Tuesday – Friday.

Community Outreach - Work Related Transportation

225 E. 11th Street, Suite 200, Sioux Falls, SD

(605) 331-3935

<http://thecommunityoutreach.org/>

Work related transportation available in two forms: 1. for people who have a job/new employment and need help getting there. 2. car repairs where the vehicle is needed for employment. Please note - this assistance is only for people who are employed (not those searching/looking for work, or needing to get to medical appointments, out of town travel, etc.)

Disabled American Veterans - VA Transportation Network, South Dakota

2501 W. 22nd Street, Sioux Falls, SD

(605) 336-3230, Ext. 96551

www.dav.org

Provides free transportation to the men and women who answered our country's call in time of war. Volunteers drive veterans to and from the VA Hospital, clinics, and the VA Regional Office.

Minnehaha County Human Services - Sioux Falls Office - Pass-It-On

521 N. Main Avenue, Suite 201, Sioux Falls, SD

(605) 367-4217

www.minnehahacounty.org

At various locations, local bus passes are provided. Sponsored by the City of Sioux Falls and administered by Minnehaha County Human Services.

Project C.A.R.

327 S. Dakota Avenue, Sioux Falls, SD

(605) 332-2777

Provides safe transportation for adult riders going to specific sponsor activities with a referral from a partner agency.

River Cities Public Transit - Sioux Falls

Sioux Falls, SD

(605) 945-2360

<http://www.rcptransit.com>

Serving the paratransit needs of Sioux Falls by working with the City of Sioux Falls, DakotAbilities, and Lifescape. RCPT has contracted with DakotAbilities, Lifescape and works with the City of Sioux Falls to help provide paratransit services to the Sioux Falls area.

Sioux Area Metro

120 E. 11th Street, Sioux Falls, SD (Bus Depot)

(605) 367-7151

www.siouxfalls.org/sam

Provides a fixed route transit service for the general public. Most routes are available from 5:40am - 8:45pm, Monday - Friday and 7:40am to 6:45pm, Saturday. Single ride fare: \$1.50 adult; \$.75 for children ages 6-10, seniors, and eligible disabled individuals. All day passes \$3. Veterans ride for free with identification.

Sioux Area Metro - Paratransit

500 E. 6th Street, Sioux Falls, SD

(605) 367-7613

www.siouxfalls.org/sam

SAM and Paratransit Division

Sioux Falls Paratransit provides curb-to-curb transportation to individuals who are unable to use the fixed-route system. Service is provided within a defined Paratransit service area.

Sioux Empire Wheels to Work

Sioux Falls, SD

(605) 941-4318

www.wheels-2work.org

Assists single parent families who are in the process of becoming independent wage earners and who have a transportation issue which cannot be address with public transportation.



**DIAL 211 OR TEXT YOUR
ZIP CODE TO 898211.**

If you are from an organization and want to make changes to your listing, or a new organization wanting to get listed, please contact the Helpline Center.