

General

Center of Hope (4)
334-9789 1905 E. 8th St

DSS Child Protection Services (3)
(877) 244-0864 To report child abuse

Furniture Mission
977-6800 Dial 211 for a referral

Long Term Services and Support Office (3)
(833) 663-9673 To report elder abuse

Moving Assistance Program
221-5950

Necessities for Neighbors (Household items)
1st Sun of the month, 3pm - 4pm
Peace Lutheran - 5509 W. 41st St (21)
3rd Tues of the month, 6pm - 7pm
First Lutheran - 327 S. Dakota Ave (22)

Sioux Falls School District (23)
367-7900 - IPC / Main Office 201 E. 38th St
367-4282 - Homeless Education

Social Security Office (24)
(877) 274-5421 5021 S. Nevada Ave

Shelters

Bishop Dudley Hospitality House (10)
809-8424 101 N. Indiana Ave

Children's Inn (Domestic violence) (11)
338-4880 409 N. Western Ave

Union Gospel Mission (12)
334-6732 701 E. 8th St / 220 N. Weber

Healthcare

Avera Medical Call Center (aka Ask A Nurse)
322-6877 Any clinic location

Avera Medical Group Health Care Clinic (19)
322-6800 300 N. Dakota Ave, Ste 117

Destiny Outreach After Hours Clinic (4)
(6pm - 8:30pm, Wed & Thur)
777-3439 1905 E. 8th St

Falls Community Health (1)
367-8793 - Medical 4 Locations
367-8022 - Dental 521 N. Main Ave, Ste 100

My Sanford Nurse
333-4444 Any clinic location

Sanford Health Midtown Clinic (25)
312-8350 1205 S. Grange Ave, Ste 301

Sioux Falls VA Medical Center (17)
336-3230 2501 W. 22nd St

South Dakota Urban Indian Health (16)
339-0420 1200 N. West Ave

USD Dental Clinic (1)
367-8046 521 N. Main Ave, Ste 202

Housing Resources

Are you homeless? For assessment of program eligibility, call (800) 664-1349 or go to ICAP (7) in person at 505 N. Western 8am - 4:30pm, Mon - Fri

Sioux Falls Housing & Redevelopment (13)
332-0704 630 S. Minnesota Ave

Sioux Falls Human Relations/Fair Housing
367-8745

St. Francis House (Transitional housing) (15)
334-3879 210 N. Sherman Ave.

Food

Banquet, The (2)
Breakfast: 7am - 8am, Mon - Fri
Lunch: 11:30am - 12:30pm, Sat
Dinner: 6pm - 7:30pm, Mon - Fri
335-7066 900 E. 8th St

Banquet West, The (32)
Dinner: 6pm - 7:30pm, Mon - Fri
710 N. Marion Road

Bishop Dudley (10)
11:30am, Mon - Fri 101 N. Indiana Ave

Feeding South Dakota Neighborhood Distributions
FeedingSouthDakota.org/mobile

Food to You Mobile Food Pantry
6pm, Thursdays Dial 211 for location

Faith Temple Church Food Giveaway (30)
WH Lyons Fairgrounds Nordstrom Johnson Bldg
Most Fridays, doors open at 3pm

Salvation Army Sioux Falls, The (8)
Dinner: 5-6pm, Sat, Sun; Bkfast: 9:30am, Sun
Food Pantry: Mon, Wed, Fri
332-2331 900 N. Cliff Ave

Union Gospel Mission (12)
Daily meals 7am, 12noon, and 6pm
334-6732 220 N. Weber Ave

WIC - SD Dept. of Health (For kids under 5) (20)

Transportation

Sioux Area Metro - Bus Stop (6)
367-7151 120 E. 11th St

Child Care Resources

Looking for child care? Dial 211

Sioux Falls
Helping Hand
Emergency
Resource Guide

helpline
center

DIAL 211 OR TEXT YOUR
ZIP CODE TO 898211.

For more information and to see these programs virtually scan the QR Code below

Curated by:
Helpline Center
Printed in partnership with:
Minnehaha County Human Services

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Helpline Center...start here!
Call 211 or text your zip code to 898211 Visit helplinecenter.org
Alcohol / Drug Issues
Support Groups (AA, NA, GA, SMART, etc) Dial 211
Carroll Institute (9) 336-2556 310 S. 1st Ave
Face It TOGETHER Sioux Falls (31) 274-2262 5020 S. Tennis Ln, Ste 4
The Link (28) 271-1000 132 N. Dakota Ave.
SD Resource Hotline for Substance Use (800) 920-4343
Mental Health
Avera Behavioral Health Assessment (29) 322-4065 4400 W. 69th St, Ste 100
Helpline Center Dial 211 helplinecenter.org/sfmhg for list of counselors
Heuermann Counseling Clinic (26) 336-1974 2210 W. Brown Pl
Lutheran Social Services (27) (855) 334-2953 705 E. 41st St, Ste 100
NAMI (National Alliance on Mental Illness) 271-1871
Southeastern Behavioral HealthCare (5) 336-0503 100 W. 5th St
VOA Family Crisis Intervention 366-6757

Job Search
Goodwill Job Center (14) 357-6171 3401 S. Duluth Ave
Dept. of Labor - Sioux Falls Job Service (3) 367-5300 811 E. 10th St, Dept. 41
Financial
Community Outreach (4) 331-3935 Rent and deposit, utilities, car repairs Call Thurs @ 9am to schedule appointment
DSS Low Income Energy Assistance Program (800) 233-8503 LIEAP - heating
DSS Sioux Falls (3) SNAP, TANF, Medical programs, Child Care Assistance, Child Support, Long Term Services and Supports 367-5444 811 E. 10th St
Inter-Lakes Community Action (ICAP) (7) Utilities, weatherization, and Head Start 334-2808 505 N. Western Ave
Minnehaha County Human Services (1) Rent, deposit, utilities, burial, and medical 367-4217 521 N. Main Ave, Ste 201
Salvation Army Sioux Falls (8) Eviction prevention, utilities, work gear 332-2331 900 N. Cliff Ave
St. Vincent de Paul Society Rent, utilities, and prescriptions 338-4111 Leave voicemail 9am, Tues or Thurs Holy Innocents (Diaper ministry) (18) 9am - 11:30am, Wed & Sat, only on the 1st, 2nd & 3rd week of each month

