Western Caregiver Resource Guide

This resource guide was developed through a partnership with Home Instead Senior Care of the Black Hills and lists programs/businesses serving seniors and their family members. It includes home care services, home health care, independent living facilities, assisted living facilities, continuing care communities, skilled nursing facilities, consultants, hospice programs and caregiver resources.

For more information: • Visit www.helplinecenter.org • Dial 2-1-1 • Text your zip code to 898211

Home Health Care:
Provides necessary medical services through health care professionals.
*Also provides Home Care Services (non-medical assistance / caregiving such as personal care and errands)

Bennett Co. Hospital Home Health (605) 685-6622 Martin www.bennetcountyhospital.com
Circle of Life Home Care (888) 871-2474 Rapid City www.circleoflifehc.com
Good Samaritan Society (605) 342-0529 Rapid City https://www.good-sam.com/
Heartland Home Health (605) 723-4663 Belle Fourche http://heartlandhomehealthllc.com/
Interim Health Care* (605) 348-5885 Rapid City www.interimhealthcare.com
Interim Health Care* (605) 642-2806 Spearfish www.interimhealthcare.com
Regional Health Home+ Home Health* (605) 755-4663 (HOME) Rapid City, Spearfish www.regionalhealth.com/home
State Home Care Services (605) 718-5004 Rapid City http://www.statehomecareservices.com/
State Home Care Services (605) 745-4816 Hot Springs http://www.statehomecareservices.com/
State Home Care Services (605) 722-9167 Spearfish https://www.statehomecareservices.com/
TLC Home Care Services (605) 791-2577 Rapid City www.tlcsouthdakota.com
Westhills Village Home Health* (605) 342-0255 Rapid City https://www.westhillsvillage.com/
West Winds Health Service* (605) 865-3757 Timber Lake

Home Care Services (only):
Provides assistance with day-to-day caregiving such as personal care and errands.

Care-A-Ride (605) 381-7825 Black Hills Facebook.com/care-a-ride
Caring Hands Elder Care (605) 347-0958
Assisted and Independent Living:
Residential facilities that combine housing and supportive/personal care services which will allow each resident to function as independently as possible.
*Independent Living Option Available

Rapid City:
- Clarkson Mt. View Health Care Facility (605) 343-5882 www.westhillsvillage.com
- Echo Ridge Assisted Living* (605) 718-1800 https://www.good-sam.com
- Edgewood Healthcare (605) 718-3600 https://www.edgewoodhealthcare.com
- Morning Star Assisted Living (605) 348-2596 www.morningstaralc.com
- Primrose Retirement Communities* (605) 593-9460 https://www.primroseretirement.com
- St. Martin Village Assisted Living* (605) 343-1919 https://www.good-sam.com
- There’s a Hart Assisted Living (605) 343-5563 www.theresahartassistedliving.com
- The Victorian Assisted Living (605) 342-1913 https://www.victorianseniorliving.com/
- Westhills Village (605) 342-0255 www.westhillsvillage.com
- Westhills Village Courtyard (605) 342-6821 www.westhillsvillage.com

Belle Fourche:
- Country Place Senior Living (605) 723-3000 www.countryplaceseniorliving.com
- High Prairie Assisted Living (605) 892-0082
- Judy’s Assisted Living Center (605) 723-4792

Spearfish:
- Edgewood Vista Senior Living (605) 642-2977 https://www.edgewoodhealthcare.com
- Garden Hills Assisted Living (605) 642-0404
- Sandstone Manor* (605) 642-4910 www.sandstoneseniorliving.com
- Serenity Corners Assisted Living (605) 642-4029
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Tender Care Assisted Living (605) 642-7963

Sturgis:
Aspen Grove Assisted Living (605) 720-4738 www.empres.com
Dakota Hills Assisted Living (605) 423-8084 www.sturgisassistedliving.com
Foothills Assisted Living (605) 347-4460
Key City Assisted Living (605) 347-2770 www.keycityassistedliving.com

Other Locations:
Regional Health Assisted Living (605) 755-HOME (4663) Custer www.regionalhealth.com/home
Medicine Wheel Village (605) 964-8155 Eagle Butte www.pinehillsretirement.com
Pine Hills Retirement Community* (605) 745-5555 Hot Springs www.goldenridgeseniorliving.com
Golden Ridge Regional Senior Care* (605) 722-6380 Lead www.goldenridgeseniorliving.com
Castle Retirement Home (605) 269-2422 Whitewood

Independent Living (only):
Residential facilities, apartments and/or planned communities with access to supportive services if needed.

Holiday Hills Estates (605) 593-9631 Rapid City www.holidaytouch.com
Maplewood Apartments (605) 348-2427 Rapid City https://www.thiestalle.com
West Park Apartments (605) 348-5005 Rapid City www.oakleafpm.com

Skilled Nursing Facilities (Nursing Homes):
Inpatient health care facilities that provide nursing and personal care over an extended period of time.

Rapid City:
Clarkson Mt. View Health Care (605) 343-5882 Bella Vista www.westhillsvillage.com
Avantara St. Cloud (605) 343-4738 Black Hills
Avantara North (605) 343-4958 Arrowhead
Avantara Arrowhead (605) 348-0285 Prairie Hills
Avantara Mountain View (605) 343-8577 www.empres.com
Fountain Springs Health Care (605) 343-3555 www.westhillsvillage.com
Westhills Village Health Care (605) 342-0255

Black Hills Area:
Rolling Hills Healthcare (605) 892-3331 Belle Fourche www.rollinghillshealthcare.com
Bennett Co. Nursing Home (605) 859-6586 Martin www.bennetcountychospital.com
Custer Regional Senior Care (605) 755-HOME (4663) Custer www.regionalhealth.com/home
Michael J. Fitzmaurice Veterans’ Home (605) 745-5127 Hot Springs www.vetaffairs.sd.gov
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Kadoka Care Center (605) 837-2270 Kadoka
Five Counties Nursing Home (605) 374-3871 Lemmon www.fivecountiesnursinghome.com
Good Samaritan Society (605) 754-6489 New Underwood www.good-sam.com
Philip Nursing Home (605) 859-2583 Philip www.philiphealthservices.com
Spearfish Canyon Healthcare (605) 642-2716 Spearfish www.spearfishcanyonhc.com
Regional health Sturgis Hospital (605) 755-HOME (4663) Sturgis www.regionalhealth.com/home
Seven Sisters Living Center (605) 745-3460 Hot Springs www.frhssd.org
White River Health Care Center (605) 259-3161 White River

Adult Day Care:
Adult Day Centers of the Black Hills (605) 791-0436/ Rapid City www.adultdaycenterbh.com

Caregiver Resources:
Alzheimer's Association (605) 339-4543 www.alz.org/sd
Better Choices, Better health (888) 484-3800 www.goodandhealthysd.org
Braille & Talking Book Program (800) 423-6665 http://library.sd.gov/BTB/
SD State Library CAREgivers Free Support Services (605) 275-7681/(800) 360-6161 www.caregiverssd.org
CapTel Free Telephone (800) 233-9130 www.CapTel.com
Captioning Services DHS—Long Term Services and Supports See website for phone information by city www.dhs.sd.gov/ltss
ADRC Resource Directory (605) 367-5250 Rapid City http://southdakota.assistguide.net/
(605) 773-3438 Pierre
Love, Inc. of the Black Hills (605) 718-5683 Rapid City www.loveinconline.com
Medicare Services (800) 437-4762 www.medicare.gov
Project Lifesaver (605) 394-6113 www.pennco.org/sheriff
Library Services for Adults homebound (605) 394-6139, Ext. 2230 Rapid City www.rcgov.org
Retired Senior Volunteer Program (RSVP) (605) 394-2507 Rapid City www.rcgov.org
Black Hills State University RSVP (605) 642-5198 Spearfish www.bhsu.edu/RSVP
Senior Companion Program (605) 361-1133 Rapid City www.good-sam.com/scpsd
SHIINE (605) 342-8635 http://shiine.net/
Senior Health Information & Insurance Education Services for the Blind & Visually Impaired (605) 394-2261/(800) 439-8861 https://dhs.sd.gov/servicetotheblind/default.aspx
Social Security Administration (605) 342-1819/(800) 772-1213 www.ssa.gov
South Dakota Parkinson's Foundation (605) 271-6113 http://www.southdakotaparkinson.org
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Consultants:

Amazing Grace
(605) 939-5792
Rapid City
www.amazing-grace.vpweb.com

Black Hills Advocate
(605) 519-5051
Rapid City
http://www.blackhillsadvocate.com/

Certified Aging in Place Specialists

Kristi Barber
(605) 342-7006 Ext. 219
Rapid City

David Asbridge Dreammaker
(605) 716-2266

Hospice Programs:
Programs that provide a full range of supportive services for terminally ill individuals who are in the final stages of life.

Grace of the Pines Hospice
(605) 745-4967
Custer, Hot Springs and Pine Ridge
http://www.graceofthepineshospice.com

Regional Health Home+ Home Hospice and Hospice House
(605) 755-HOME (4663)
Rapid City, Spearfish
www.regionalhealth.org

Medical Equipment/Supplies:

Apria Healthcare
(605) 341-2273
Rapid City
https://www.apria.com/

Lincare
(605) 342-3890
Rapid City
http://www.lincare.com/

Partner Medical (Kreisers)
(605) 342-2773
Rapid City
https://www.partnermedicalhc.net/index.htm

Performance Respiratory Home Medical
(605) 341-0567
Rapid City
https://www.performancerespiratory.com/

Presidents Specialty Healthcare
(605) 341-4669

PSI Health Care Inc.
(605) 348-9380

Regional Health Home+ Home Medical Equipment
(605) 755-9000
Rapid City
(605) 717-8930
Spearfish
(605) 720-2676
Sturgis

www.regionalhealth.org/home

Senior Centers:

Belle Fourche Senior Citizens Center
(605) 892-6285
Belle Fourche
www.canyonlakecenter.com

Canyon Lake Senior Center
(605) 721-8710
Rapid City
www.custersencntr.org

Custer Senior Center
(605) 673-2708
Custer
www.hillcityseniorcenter.org

Hill City Senior Center
(605) 574-3211
Hill City
www.facebook.com/MCSeniorCitizensCenter/

Meade County Senior Center
(605) 347-5877
Sturgis
www.facebook.com/Minneluzahan

Minneluzahan Senior Citizen Center
(605) 394-1887
Rapid City
www.facebook.com/Minneluzahan

Newell Vale Nisland Senior Center
(605) 456-2155
Newell
www.spearfishseniorcenter.weebly.com/

Spearfish Senior Center
(605) 642-2827
Spearfish

www.spearfishseniorcenter.weebly.com/
Senior Meal Programs (Congregate Dining or Home Delivered Meals):

Residents in the following cities/areas need to contact their local program to sign up for meals.

Residents in these cities, contact: Western South Dakota Senior Services at (605) 394-6002
- Belle Fourche
- Bison
- Custer
- Dupree
- Edgemont
- Faith
- Hot Springs
- Isabel
- Lemmon
- Newell
- Rapid City
- Timber Lake
- Wall

Deadwood/Lead residents should contact: Regional Health Lead-Deadwood Hospital Meal Delivery Service (605) 717-6035

Eagle Butte residents should contact: Cheyenne River Elderly Nutrition Center (605) 964-8056

Philip residents should contact: Bennett County Senior Center (605) 685-6642

Pine Ridge residents should contact: Social Nutrition (605) 867-5913

Spearfish residents should contact: Ponderosa Apartments (605) 642-1277

Sturgis residents should contact: Prairie Hills Transit (605) 642-6613

Transportation:

Care-A-Ride (605) 381-7825 Black Hills Facebook.com/care-a-ride
Cheyenne River Sioux Transit (605) 964-7433 Eagle Butte www.rcptransit.com
E. Pennington County Transit (605) 279-2430 Rapid City www.rcptransit.com/east-pennington
Haakon County Transit (605) 441-1495 Philip www.rcptransit.com/haakon-county-prairie-transit/
Oglala Sioux Transit (605) 867-2332 Lemmon https://arrowpublictransit.com/
Prairie Hills Transit (605) 374-3189
Prairie Hills Transit (605) 642-6668/(877) 673-3687

Serving Northern Hills, Sturgis, Southern Hills

Rapid Transit System (605) 394-6631 Rapid City www.rapidride.org
Rosebud Sioux Tribe (605) 747-2381 Rosebud www.rosebudsioxtribe-nsn.gov
Shirley’ Adult Day Services/Chair Lift (605) 791-0436 Rapid City
Vet Center (605) 348-0077 Rapid City

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Please contact the Helpline Center (database@helplinecenter.org) to inquire on listing your organization or make changes to your listing.