

Do It Yourself Volunteer Project: Placemats

PROJECT OVERVIEW:

Creating placemats that can be used by seniors in your community is a fun, crafty and easy family DIY volunteer project. These placemats are an easy way to brighten meal time for those living in retirement, assisted living or nursing homes; or seniors who may be homebound. Write a simple note, draw a creative design, or draw a picture. Once you've completed your DIY Placemats, the Helpline Center will deliver to senior agencies.

ITEMS NEEDED:

1. Construction paper
2. Crayons, markers, or chalk
3. Scissors
4. Glue or Tape



WHAT TO DO:

1. Start with a large sheet of construction paper
2. Write a note or draw a picture
3. Cut out designs or shapes to add to placemat

ADDITIONAL IDEAS:

- Cut out shapes and designs, stick to contact paper, add another piece of contact paper on top to make a placemat
- Use stencils or paper doilies and spray paint to create unique designs
- Have younger children use finger paints to decorate a placemat

DELIVERY:

- Once your DIY volunteer projects are complete, please deliver them to your local Helpline Center Office in Brookings (619 5th Avenue), Rapid City (529 Kansas City Street, Suite. 201), or Sioux Falls (1000 N. West Avenue, Suite 310). Or call 211 for a list of nonprofits accepting DIY projects.

PROMOTE:

- Share with the Helpline Center, family and friends by **posting a picture** and/or comment about the experience on our [Facebook](#) page or **Tweeting** us [@HelplineCenter](#) with hashtag **#DIYVOLSD**