



Public Service Announcement

Dec. 5, 2016

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For Immediate Release

**Helpline Center & Black Hills Urgent Care name
December Volunteer of the Month**

RAPID CITY - The Helpline Center and Black Hills Urgent Care are pleased to announce that Andrew No Heart has been named the December 2016 Volunteer of the Month.

The Volunteer of the Month program is sponsored by the Helpline Center and Black Hills Urgent Care, a division of Black Hills Surgical Hospital.

No Heart was nominated by Western South Dakota Senior Services Meals Program, where he has volunteered for 12 years. Cheree Pederson, who nominated No Heart, wrote, "Andrew is a very dedicated and loyal volunteer ... He considers everyone on his route to be a friend and is willing to help them with small tasks whenever asked. He is always looking after their safety and well-being."

No Heart has two regular routes each week, delivering meals to as many as 15 seniors. And he is always willing to take extra routes when needed, Pederson said. In addition to delivering meals, he also assists with training new volunteers.

Pederson calls No Heart a very giving person. "Throughout Andrew's adult life, he has served and cared for others. Andrew served our country during the Vietnam era as a medic for the 101st Air Mobile. After leaving the service, he served his community by transporting dialysis patients every other day from his hometown of Rosebud to Pierre for treatment."

Helpline Center and Black Hills Urgent Care presented No Heart with a framed certificate, gifts from Black Hills Urgent Care and a letter of appreciation from Rapid City Mayor Steve Allender.

The Helpline Center will also recognize No Heart at the Spirit of Volunteerism Awards banquet on Tuesday, May 2, 2017, at the Best Western Ramkota/Minervas.

For information on volunteer opportunities, please call the Helpline Center at 211 or visit www.helplinecenter.org



Pictured are Lynn Taylor Rick of the Helpline Center; December Volunteer of the Month Andrew No Heart; Kathy Lees of Black Hills Urgent Care; and Cheree Pederson of Western South Dakota Senior Services.