



**Public Service Announcement
January 1, 2018
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For Immediate Release**

Helpline Center & Black Hills Urgent Care name January Volunteer of the Month



Pictured is George Larson of Meals on Wheels; Audrey Nordine of Helpline Center; Cheree Pederson of Meals on Wheels & Western South Dakota Senior Services, Inc; Trudy Schreiner, January Volunteer of the Month, and Kathy Lees of Black Hills Urgent Care & Surgical Hospital.

RAPID CITY - The Helpline Center and Black Hills Urgent Care are pleased to announce that Trudy Schreiner has been named the January 2018 Volunteer of the Month.

The Volunteer of the Month program is sponsored by the Helpline Center and Black Hills Urgent Care, a division of Black Hills Surgical Hospital. Volunteer of the Month recognizes outstanding individuals who make the community stronger through volunteerism.

Schreiner was nominated by Cheree Pederson of Western South Dakota Senior Services, Inc.

For the past 1 ½ years, Schreiner has served as a volunteer Western South Dakota Senior Services, Inc, as a driver for the program. She provides incredible support in picking up meals from the Meals on Wheels kitchen, delivery of meals to homebound seniors' homes, while also providing social time and wellness check for the clients at her visits. In addition to her regular once a week route, she takes additional time out of her week to fill the need of route coverage when it is needed. She holds the largest route, yet never complains about the extra time it takes to deliver meals on her route.

“Trudy has befriended everyone in her route. She has provided her personal phone number in the event someone needs additional help, and often takes time to have breakfast on Saturdays with our seniors”, remarks Cheree. Outside of meals, “She shops for them, takes them to appointments, and helps with chores around their home and yard.” She truly takes the extra step to support seniors in our community.

She quickly takes on assisting new volunteers and welcome new participants with open arms to the Western South Dakota Senior Services, Inc program. When she was asked why she chose to volunteer for Meals on Wheels, she said, “She misses her own grandparents and serving seniors in need helps fill that void.

Helpline Center and Black Hills Urgent Care presented Schreiner with a framed certificate and Helpline Center T-shirt, gifts from Black Hills Urgent Care and a letter of appreciation from Rapid City Mayor Steve Allender. The Helpline Center will also recognize Schreiner at the Spirit of Volunteerism Awards banquet on Tuesday, May 15, 2018, at the Best Western Ramkota/Minervas.

For information on volunteer opportunities, please call the Helpline Center at 211 or visit www.helplinecenter.org