



L to R: Susie Ryks, Helpline Center; Paula Ullom, MetaBank; Jan Noah, January Volunteer of the Month; and Erica Miller, Alpha Center.

January Volunteer of the Month

The Helpline Center congratulates Jan Noah on being named the January 2019 Volunteer of the Month, an area-wide award program sponsored by the Helpline Center and MetaBank.

Jan volunteers in a variety of ways. She serves regularly at Alpha Center as a mentor, meeting with young moms to help answer their questions about parenting and other life skills. As a mother and grandmother herself, she has a lot of wisdom to pass on to clients who are in the beginning stages of parenting and looking for support. Jan's friendly disposition allows her to be approachable and clients feel comfortable talking to her. She is compassionate and never judges clients or makes them feel incompetent. Her consistency provides stability for the young women she mentors, which is something that many of them desperately need to see modeled in their lives. Jan always has a smile on her face and is willing to help with any task.

Jan has been volunteering at Alpha Center since 2010 and she comes in on a weekly basis for a few hours. When Alpha Center has a special event, she is often willing to come in to help in addition to the weekly time she already spends at the office.

The Director of Alpha Center shared, "Jan's dedication to Alpha Center, even in the midst of other commitments, is a wonderful testament of her passion for helping Alpha Center clients succeed. She blesses clients, staff, volunteers and supporters through her generosity, kind heart and thoughtfulness."

The Helpline Center and MetaBank are pleased to present Jan with a framed certificate, a gift from MetaBank, and a letter of appreciation from Mayor Paul TenHaken. We will honor her again at the Spirit of Volunteerism Awards Luncheon on May 9, 2019.