



## May Volunteer of the Month Celebrated



The Helpline Center congratulates Sarah Mae Nelson on being named the May 2020 Volunteer of the Month, an area-wide award program sponsored by the Helpline Center and First Bank and Trust.

Sarah has been a volunteer with Independent Living Choices for 9 years and volunteers on a weekly basis. Sarah contacts people with disabilities via email, social media and in-person visits on a monthly basis. She acts as a guide and mentor to her participants, and shares how she is independent. She has presented at the Brookings Area Peer Support Group and often provides valuable input on the ILC Facebook Peer Support Group page.

Sarah is such a kind, talented, giving person as well as a gifted writer. Staff at Independent Living Choices said “she is so deserving of this award and is one of our all-time best volunteers. She goes above and beyond and is so thoughtful. I can’t say enough wonderful things about her!”

Congratulations, Sarah, on being our much-deserved May Volunteer of the Month!

For information on volunteer opportunities or the Volunteer of the Month program, please contact Allison Schmitt at [bkvol@helplinecenter.org](mailto:bkvol@helplinecenter.org) or call 211 for more information.