



October Volunteer of the Month Celebrated



L to R: Allison Schmitt, Brookings Program Coordinator at the Helpline Center; Kathleen Holleman, Brookings Empowerment Project; Tracy Jonas, Volunteer of the Month; Keith Corbett, City of Brookings Mayor

The Helpline Center congratulates Tracy Jonas on being named the October 2019 Volunteer of the Month, an area-wide award program sponsored by the Helpline Center.

Tracy has been a huge help with getting "Mental Health Mondays" information into the Brookings Register every Monday for the past 2 years. Tracy has volunteered to find information for the columns when staff at the Brookings Empowerment Project have needed assistance. She has been such a blessing as she took some stress away in meeting deadlines. Tracy is always so pleasant and helpful with whatever needs the organization might have to help educate the public on mental illness.

Tracy has made it a priority to get the "Mental Health Monday" columns in the paper for the past two years. This is a weekly column that she always finds room to run for the Brookings Empowerment Project. Tracy makes it so easy to help educate our community of the various aspects of mental illness and to help eliminate the stigma that is involved with the disease.

Kathleen Holleman with the Brookings Empowerment Project said "Tracy was a long ago student of mine at middle school, and I can still see this sweet little girl sitting in a desk in my classroom." Her helpfulness and positivity brings joy to the community of Brookings.

Congratulations, Tracy, on being our much-deserved October Volunteer of the Month!

For information on volunteer opportunities or the Volunteer of the Month program, please contact Allison Schmitt at bkvol@helplinecenter.org or call 211 for more information.