

## Senior Mentoring Programs

**LSS Better Together** - Volunteers meet with adults aged 65+ who live independently. Matches focus on connecting to the community, relationship development and companionship. Mentors will meet with their mentee one hour a week on a weekly basis.

**Dow Rummel Village** - Social interaction is an important part of healthy aging. Being a resident companion can involve many different activities such as reading, playing board games, sharing interests and hobbies. Mentors will be asked to meet with their mentee one hour a week.