

Sioux Falls Mental Health Resource Guide




helpline
center
connect • prevent • support

2012

*Making lives better by giving support, offering hope
and creating connections all day, every day.*



IN THE TOP 10% NATIONWIDE FOR **PATIENT SATISFACTION**

*Press Ganey

Avera is leading the way in behavioral health services. While any one of these factors alone reflects excellence, together they make Avera Behavioral Health Center exceptional.

- 110-bed Avera Behavioral Health Center, the region's leader in behavioral health services
- The largest and most comprehensive team of behavioral health specialists in the region
- Partial Hospitalization Program, Outpatient Mental Health & Substance Abuse Treatment
- Genetics Research Lab dedicated to behavioral health
- Specialized ECT suite

**Free 24 Hour, Confidential
Assessment Line 1-800-691-4336**

www.AveraBehavioralHealth.org

4400 W. 69th Street, Sioux Falls, SD 57108

Avera 
Behavioral Health Center

BHCS-5858-REVDE1410

AVERA MCKENNAN **OUTPATIENT BEHAVIORAL HEALTH SERVICES**

Our specialized clinical staff will help you tackle some of the most complex professional, emotional and personal stressors.



Outpatient Services:

- Individuals, Couples, Families, Children
- Play Therapy
- Pain Management
- Bariatric Assessments
- STEPPS™ Group Programs

Partial Hospital Day Program:

- Alternative to hospitalization
- Individualized group sessions, family sessions and physician oversight
- Monday–Friday, 8:15 a.m.–3:30 p.m.

Addiction Recovery Program:

- Individuals, Couples, Families, Adolescents
- Chemical Dependency Assessments
- Intensive Outpatient Program
- Relapse Prevention Program

Employee Assistance Program:

- Professional training for leaders and staff
- Consultation and mediation services

Avera 
McKenna Hospital
& University Health Center

Behavioral Health Outpatient Services

MKTG-11462-REVFE2312

Avera Professional Plaza • Suite 100 • 2412 S Cliff Avenue • Sioux Falls, SD • Phone: (605) 322-4079

ABOUT THE MENTAL HEALTH RESOURCE GUIDE

Welcome to the 2012 Sioux Falls Mental Health Resource Guide. **Avera McKennan Behavioral Health Services** has once again generously provided the funding, enabling it to be offered at no charge. This Guide was established to help the consumer more readily identify and select licensed/credentialed practitioners and agencies that provide a variety of mental health services in the Sioux Falls area. It provides the community with easily accessible information about those services that are listed.

Organizations and/or Mental Health Practitioners are listed throughout the guide alphabetically, otherwise there are two basic ways to find a specific resource.

To Find a Mental Health Practitioner by Name...

Search alphabetically for the last name of the person you are seeking in the **Practitioner Name Index** starting on page 6. Listed to the right of their name you will find a page number that will direct you to the organization with which they are associated.

To Find an Organization and/or Mental Health Practitioner by Service Category...

Search by the following service categories: Children/Adolescent Therapy, Christian Based Therapy, Abuse Issues (for children and/or adult victims and survivors), Addiction/Substance Abuse Services, Psychological Testing and Other. The names of the organizations and/or mental health professionals are listed alphabetically in the **Service Category Index** starting on page 2.



Inclusion in this Guide should in no way be construed to constitute an endorsement of a practitioner, an agency, organization, or its service, nor should exclusion be construed to constitute disapproval. The information and certifications which appear in this publication were self-reported by the organizations and practitioners.

SELECTING A MENTAL HEALTH PRACTITIONER

Choosing among the many options available in mental health care can be a confusing task. As with any type of service there are basic questions that can assist you in becoming an informed consumer. Ask yourself these questions:

- * What are the critical issues for which you would like to obtain help and what are the desired results you hope to see?
- * Do you have a preference regarding type of setting (i.e. inpatient, outpatient, group therapy, etc.) or type of therapeutic approach?
- * Is there a particular time of the day or week that would be best for you in arranging an appointment?
- * Is there coverage offered by your insurance, health care plan, or employer that can offset some or all of the cost of treatment?

With this information in mind, select two or three mental health practitioners and call for a short phone interview. Briefly describe your issues or goals and ask if the provider is skilled in these areas. Ask a few questions about the provider's background and practices.

- * What therapeutic approaches and techniques does she or he most frequently use?
- * How will therapeutic goals be established? How will you know when therapy is complete?

After talking with a potential practitioner, ask yourself:

- * Did you feel a sense of confidence in this person?
- * Did the practitioner's approach seem to make sense to you?
- * And most of all, did you feel comfortable talking with this practitioner?

Glossary of Abbreviations

This is a key to abbreviations used throughout the listings, primarily for professional accreditations and certifications.

AA	Associate of Arts	LICSW	Licensed Independent Clinical Social Worker (MN)
AAMFT	American Association of Marriage & Family Therapy	LISW	Licensed Independent Social Worker (MN)
ABN	American Board of Professional Neuropsychology	LMFT	Licensed Marriage & Family Therapist
ACS	Approved Clinical Supervisor	LN	Licensed Nurse
AS	Associate of Public Service	LP	Licensed Psychologist
BA	Bachelor of Arts	LPC	Licensed Professional Counselor
BC	Board Certified	LPC-C	Licensed Professional Clinical Counselor
BCPCC	Board Certified Professional Christian Counselor	LPC-MH	Licensed Professional Counselor-Mental Health
BS	Bachelor of Science	MA	Master of Arts
BSN	Bachelor of Science in Nursing	MAC	Masters Addiction Counselor
BSW	Bachelor of Social Work	MAEd	Masters of Arts in Education
CAAC	Certificate of Advanced Addiction Counselor	MAPM	Master of Arts in Pastoral Ministry
CAGS	Certificate of Advanced Graduate Study	MAT	Master of Art Therapy
CCDC	Certified Chemical Dependency Counselor	MD	Doctor of Medicine
CCDCI	Certified Chemical Dependency Counselor, Level 1	MDiv	Master of Divinity
CCDCII	Certified Chemical Dependency Counselor, Level 2	MEd	Master of Education
CCDCIII	Certified Chemical Dependency Counselor, Level 3	MFT	Marriage & Family Therapist
CCMHC	Certified Clinical Mental Health Counselor	MFS	Masters of Forensic Science
CCS	Certified Clinical Supervisor	MHT	Mental Health Therapist
CCTP	Certified Corrective Thought Practitioner	MS	Master of Science
CCW	Certified Crisis Worker	MSEd	Master of Science in Education
CDCT	Chemical Dependency Counselor Trainee	MSN	Master of Science in Nursing
CEAP	Certified Employee Assistance Professional	MSSA	Master of Science & Social Administration
CFLE	Certified Family Life Educator	MSW	Master of Social Work
CH	Clinical Hypnotherapist	NCC	National Certified Counselor
CNP	Certified Nurse Practitioner	NCGC	National Certified Gambling Counselor
CNS	Clinical Nurse Specialist	PA	Physician's Assistance
CPE	Clinical Pastoral Education	PA-C	Physician's Assistant-Certified
CPS	Certified Prevention Specialist	PhD	Doctor of Philosophy
CRC	Certified Rehabilitation Counselor	PIP	Private Independent Practice
CS	Clinical Specialist	PMHRN	Psychiatric Mental Health Registered Nurse
CSW	Certified Social Worker	PST	Prevention Specialist Trainee
CSW-PIP	Certified Social Worker-Private Independent Practice	PsyD	Doctor of Psychology
DMin	Doctor of Ministry	QMHP	Qualified Mental Health Practitioner
DO	Doctor of Osteopathy	RD	Registered Dietician
EdD	Doctor of Education	Rh.D	Doctor of Rehabilitation
EdS	Education Specialist	RN	Registered Nurse
EMDR	Eye Movement Desensitization Reprocessing	RNC	Registered Nurse Clinician
LCSW	Licensed Certified Social Worker	RPT	Registered Play Therapist
LCSW-PIP	Licensed Certified Social Worker-Private Independent Practice	PRT-S	Registered Play Therapist Supervisor
		RTC	Reality Therapy Certification
		SAP	Substance Abuse Professional
		SW	Social Worker
		SWA	Social Work Associate
		TCTP	True Thought Corrective Thinking Practitioner
		TFTdx	Thought Field Therapy diagnostics

Service Category Index

CHILDREN / ADOLESCENT THERAPY

Avera McKennan Behavioral Health Services.....	Page 9-10
Avera University Psychiatry Associates.....	Page 11
Behavior Management Counseling Services.....	Page 11-12
Bethesda Christian Counseling Midwest, Inc.....	Page 12
Catholic Family Services.....	Page 13
Children’s Home Society.....	Page 14
Children’s Inn.....	Page 14
Christensen, Barbara.....	Page 15
Compass Center, The.....	Page 15-16
Dakota Oak Counseling.....	Page 16
Digatono, Daniel T.....	Page 17
Dr. O’Connor & Associates, LLC.....	Page 17
Evolve Counseling Services, Inc.....	Page 17
Family Institute of the Midwest.....	Page 18
Family Service, Inc.....	Page 18
Four Directions Counseling, Inc.....	Page 19
From a Woman’s Perspective.....	Page 19
Great Plains Psychological Services.....	Page 20
Hauck, Stacey.....	Page 21
Integrative Wellness.....	Page 22
Keystone Treatment Center (Inpatient).....	Page 23
Keystone Treatment Center (Outpatient).....	Page 23
Lighting a New Way Counseling Services.....	Page 24
Lutheran Social Services - Sioux Falls Area Counseling Center.....	Page 24-25
Maass, Ronda.....	Page 25
Marriage and Family Therapy Clinic.....	Page 25
New Day Counseling Services, LLC.....	Page 26
Phillips Mental Health Services.....	Page 26-27
Prairie View Prevention.....	Page 27
Priority One Resources.....	Page 27-28
Psychological Solutions of South Dakota, LLC.....	Page 28
Psychotherapy Associates of Sioux Falls.....	Page 28
Ritzman Counseling Services.....	Page 28
Sanford Clinic Behavioral Health.....	Page 29-30
Sioux Empire Christian Counseling, Inc.....	Page 30
Sioux Falls Psychological Services.....	Page 30
South Dakota Urban Indian Health.....	Page 31
Southeastern Behavioral HealthCare - Counseling and Children’s Services.....	Page 32
Steever, Melissa.....	Page 33
Stronghold Counseling Services.....	Page 33
Vet Center.....	Page 34
Volunteers of America, Dakotas - Lifemarks Counseling & Mediation Services.....	Page 35
WellSpring Therapy Center.....	Page 35

CHRISTIAN BASED THERAPY

Avera McKennan Behavioral Health Services.....	Page 9-10
Avera University Psychiatry Associates.....	Page 11
Bartels Counseling Services, Inc.....	Page 11
Behavior Management Counseling Services.....	Page 11-12
Bendewald, Gaylen.....	Page 12
Bethesda Christian Counseling Midwest, Inc.....	Page 12
Catholic Family Services.....	Page 13
Choices Recovery Services, LLC.....	Page 15
Christensen, Barbara.....	Page 15
Clayborne Mental Health & Evaluation Services, LLC.....	Page 15
Dakota Oak Counseling.....	Page 16
Dakota Psychological Center.....	Page 16-17

Service Category Index

Digatono, Daniel T	Page 17
Evolve Counseling Services, Inc.....	Page 17
Heuermann Counseling Clinic	Page 21
Hohm, Ellen, LLC	Page 21-22
Keystone Treatment Center (Inpatient)	Page 23
Keystone Treatment Center (Outpatient)	Page 23
Knapp Counseling & Associates	Page 23
Landscapes Counseling & Psychotherapy.....	Page 24
LaVelle, Patricia, LLC	Page 24
Lighting a New Way Counseling Services.....	Page 24
Maass, Ronda	Page 25
Marriage and Family Therapy Clinic	Page 25
Mental Health Associates	Page 25
Priority One Resources.....	Page 27-28
Psychological Solutions of South Dakota, Inc	Page 28
Rysdon, Bobbi.....	Page 29
Sioux Empire Christian Counseling, Inc.	Page 30
Sioux Falls Psychological Services	Page 30
Sozo Counseling Care, Inc	Page 32
Stronghold Counseling Services.....	Page 33
Wellspring Therapy Center	Page 35
Williamson, Lori	Page 35

ABUSE ISSUES (For children and / or adult victims and survivors)

Avera McKennan Behavioral Health Services	Page 9-10
Avera University Psychiatry Associates.....	Page 11
Bartels Counseling Services, Inc	Page 11
Behavior Management Counseling Services.....	Page 11-12
Bethesda Christian Counseling Midwest, Inc.....	Page 12
Catholic Family Services.....	Page 13
Chan Counseling Services.....	Page 14
Children’s Home Society	Page 14
Children’s Inn.....	Page 14
Christensen, Barbara	Page 15
Clayborne Mental Health & Evaluation Services, LLC	Page 15
Compass Center, The	Page 15-16
Dakota Oak Counseling.....	Page 16
Dakota Psychological Center	Page 16-17
Digatono, Daniel T	Page 17
Dr. O’Connor and Associates, LLC	Page 17
Evolve Counseling Services, Inc	Page 17
Family Institute of the Midwest	Page 18
Family Service, Inc	Page 18
Family Solutions Center	Page 18
Friest, Eileen.....	Page 19
Great Plains Psychological Services.....	Page 20
Guth, Mary T.	Page 20
Hauck, Stacey.....	Page 21
Heuermann Counseling Clinic	Page 21
Hohm, Ellen, LLC	Page 21-22
Integrative Wellness	Page 22
Keystone Treatment Center (Inpatient)	Page 23
Keystone Treatment Center (Outpatient)	Page 23
Knapp Counseling & Associates	Page 23
Landscapes Counseling & Psychotherapy.....	Page 24
LaVelle, Patricia, LLC	Page 24
Lighting a New Way Counseling Services.....	Page 24
Lutheran Social Services - Sioux Falls Area Counseling Center	Page 24

Service Category Index

Marriage and Family Therapy Clinic	Page 25
Mental Health Associates.....	Page 25
New Day Counseling Services, LLC	Page 26
Phillips Mental Health Services	Page 26-27
Priority One Resources.....	Page 27-28
Psychological Solutions of South Dakota, Inc	Page 28
Psychotherapy Associates of Sioux Falls	Page 28
Ritzman Counseling Services.....	Page 29
Rysdon, Bobbi.....	Page 29
Sandbulte, LLC	Page 29
Sioux Empire Christian Counseling, Inc	Page 30
Sioux Falls Psychological Services.....	Page 30
Sioux Falls VA (Department of Veterans Affairs) Healthcare System.....	Page 31
Sorenson, Dianna Spies.....	Page 31
South Dakota Urban Indian Health	Page 31
Southeastern Behavioral HealthCare - Community Support Services	Page 31-32
Southeastern Behavioral HealthCare - Counseling and Children's Services	Page 32
Sozo Counseling Care, Inc.....	Page 32
Steever, Melissa	Page 33
Stronghold Counseling Services	Page 33
Vet Center	Page 34
Volunteers of America, Dakotas - Lifemarks Counseling & Mediation Services	Page 35
WellSpring Therapy Center	Page 35

ADDICTION SERVICES / SUBSTANCE ABUSE SERVICES

Avera McKennan Behavioral Health - Addiction Recovery Services	Page 9
Bartels Counseling Services, Inc.....	Page 11
Behavior Management Counseling Services.....	Page 11-12
Carroll Institute	Page 12-13
Carroll Institute - Project Awareness Prevention Services.....	Page 13
Chan Counseling Services.....	Page 14
Choices Recovery Services, LLC.....	Page 15
Christensen, Barbara RA, LLC	Page 15
Clayborne Mental Health & Evaluation Services, LLC.....	Page 15
Counseling Resources, Inc	Page 16
Dakota Oak Counseling	Page 16
Digatono, Daniel T	Page 17
Evolve Counseling Services, Inc.....	Page 17
Family Institute of the Midwest	Page 18
Family Service, Inc	Page 18
Family Solutions Center.....	Page 18
First Step Counseling Services.....	Page 18-19
Glory House, The	Page 19-20
Hansen-Mayer, Brenda	Page 20-21
Hohm, Ellen, LLC.....	Page 21-22
KeySolutions Employee Assistance Program (EAP).....	Page 22
Keystone Treatment Center (Inpatient).....	Page 23
Keystone Treatment Center (Outpatient)	Page 23
Knapp Counseling & Associates.....	Page 23
Lighting a New Way Counseling Services.....	Page 24
Lutheran Social Services - Sioux Falls Area Counseling Center	Page 24-25
Phillips Mental Health Services	Page 26-27
Prairie View Prevention	Page 27
Priority One Resources.....	Page 27-28
Psychological Solutions of South Dakota, LLC.....	Page 28
Psychotherapy Associates of Sioux Falls.....	Page 28
Sioux Falls VA (Department of Veteran Affairs) Healthcare System	Page 30
Sorenson, Dianna Spies.....	Page 31

Service Category Index

South Dakota Urban Indian Health	Page 31
Southeastern Behavioral HealthCare - Community Support Services	Page 31-32
Stronghold Counseling Services.....	Page 33
Transitional Living Corporation: TLC Tallgrass and Sober Living Home	Page 34
Volunteers of America, Dakotas - Heisler Chemical Dependency Treatment Program	Page 34
Volunteers of America, Dakotas - Lifemarks Counseling & Mediation Services.....	Page 35
Williamson, Lori	Page 35

PSYCHOLOGICAL TESTING

Avera McKennan Behavioral Health Services	Page 9-10
Avera University Psychiatry Associates.....	Page 11
Behavior Management Counseling Services.....	Page 11-12
Bethesda Christian Counseling Midwest, Inc.....	Page 12
Catholic Family Services.....	Page 13
Children's Home Society	Page 14
Dr. O'Connor & Associates, Inc.	Page 17
Family Service, Inc.	Page 18
From a Woman's Perspective.....	Page 19
Great Plains Psychological Services.....	Page 20
Kannan Clinic, P.C.....	Page 22
Keystone Treatment Center (Inpatient)	Page 23
Keystone Treatment Center (Outpatient)	Page 23
LaVelle, Patricia, LLC	Page 24
Neuropsychology Consultants, LLC	Page 26
Phillips Mental Health Services	Page 26-27
Price, Dr. Thomas.....	Page 27
Priority One Resources.....	Page 27
Psychological Solutions of South Dakota, LLC	Page 28
Restored to New Life Services, LLC.....	Page 28
Sanford Clinic Behavioral Health	Page 29
Sandbulte, LLC	Page 29
Sioux Falls Psychological Services	Page 30
Sioux Falls VA (Department of Veteran Affairs) Medical Center.....	Page 30-31
Southeastern Behavioral HealthCare - Community Support Services	Page 31-32
Southeastern Behavioral HealthCare - Counseling and Children's Services	Page 32
Stronghold Counseling Services, Inc.....	Page 33
Vet Center	Page 34
Volunteers of America, Dakotas - Lifemarks Counseling & Mediation Services.....	Page 35

OTHER MENTAL HEALTH SERVICES

Center for Family Medicine	Page 13-14
Chan Counseling Services.....	Page 14
Evolve Counseling Services, Inc.	Page 17
Family Solutions Center.....	Page 18
Helpline Center.....	Page 21
Keystone Treatment Center (Inpatient)	Page 23
LaVelle, Patricia, LLC	Page 24
NAMI South Dakota	Page 25-26
Priority One Resources.....	Page 27-28
Psychological Solutions of South Dakota, Inc	Page 28
Sanford Women's Internal Medicine Clinic	Page 30
Steever, Melissa	Page 33
Suicide Crisis and Support Services.....	Page 33
Volunteers of America, Dakotas - Lifemarks Counseling & Mediation Services.....	Page 35
WellSpring Therapy Center.....	Page 35

Practitioner Name Index

Albrecht, Jennifer	Page 9	Duncan, Robin.....	Page 21, 30
Alexander, Sarah	Page 24	Eben, Andrea	Page 32
Alten, Christy	Page 23	Eben, Myra	Page 22
Anderson, Douglas L.....	Page 30	Egan, Maria	Page 11
Andor, Tricia	Page 24	Eggleston, Mary	Page 28
Andre, Kent	Page 11	Ekhoff-Speck, Kristy.....	Page 32
Arends, Phyllis	Page 25	Ellefson, Cindy.....	Page 15
Arshem, Bob.....	Page 15	Ellens, Dale D.....	Page 12
Atwood, Betsy.....	Page 13	Ellis, Christine	Page 22
Bartels, Sherry.....	Page 11	Ermer, David J.....	Page 29, 32
Bass, Kelly.....	Page 19	Erpenbach, John	Page 11
Baum, Don.....	Page 10	Evenson, Lori	Page 16
Bean, David W	Page 11	Falk, Janice.....	Page 12
Beck, Pamela	Page 30	Falon, Justin L.	Page 31
Belben, Kimberly	Page 30	Flynn, Sarah.....	Page 11
Bendewald, Gaylen.....	Page 12	Flynn-Crowe, Ann.....	Page 16
Benson, Kristiana	Page 33	Fodness, Steve.....	Page 12
Bhatara, Vinod.....	Page 11	Fogas, Bruce S.....	Page 35
Bloom, Michael.....	Page 14	Ford, Kerry	Page 33
Boer, Tony.....	Page 30	Fowler, Desiree	Page 12
Bogue, Robert.....	Page 23	Frazer, Paul.....	Page 18
Bolton, April.....	Page 32	Freiberg, Lisa	Page 18
Brazil, Colleen.....	Page 24	Friest, Eileen.....	Page 19
Briggs, Amanda.....	Page 33	Fritz-Phillips, Connie	Page 27
Brintall, Brandi.....	Page 24	Fuller, William C.....	Page 11, 12, 32
Brostad, Greg.....	Page 9	Gehant, Mavis	Page 24
Broveleit, Rachelle	Page 29	George, Orlando	Page 34
Brown, Bob	Page 23	Gleason-Wilson, Jennifer	Page 22
Bryant, Carleen M.....	Page 20	Goraj, Joseph R	Page 12
Bunkers, Jeanne.....	Page 22	Gorman, Stacy	Page 9
Burger, Nicole	Page 27, 35	Goubanova, Irina	Page 35
Busse, Jenni	Page 20	Graham, Kris	Page 32
Buus, Nick.....	Page 33	Green, James	Page 9
Butler, Tiffany	Page 32	Grimm, Brenda.....	Page 19
Cady, James.....	Page 32	Grogan, Roxy	Page 21
Carlsen, J. Carol	Page 18	Gunderson, Beverly J	Page 11
Chambers, Jamie C.	Page 33	Guth, Mary T.	Page 20
Chan, Amber	Page 14, 23	Haan, Norma	Page 20
Chesley, Karen	Page 32	Hamilton, Kristi.....	Page 16
Chester-Adam, Heather	Page 11	Hansen-Mayer, Brenda.....	Page 21, 22, 23
Christensen, Barbara.....	Page 15	Hansum, Bruce	Page 18
Christensen, Kathleen.....	Page 21	Hanzlik, Kristin	Page 32
Christenson, Nicole	Page 11	Harrington, Mel.....	Page 24
Cimpl, Linda.....	Page 24	Harris, Sue.....	Page 16
Clayborne, Andre B.	Page 15	Hartman, Amy	Page 12
Cochran, Steven.....	Page 29	Hartmann, Gretchen	Page 30
Cogley, Diane.....	Page 32	Hauck, Stacey.....	Page 21
Collver, Lyn.....	Page 17	Heerts, Tim.....	Page 22
Conrad, Roy.....	Page 35	Hegland, Luther.....	Page 23
Cournoyer, Kimberly.....	Page 20	Helkenn, Jennifer.....	Page 30
Crawford, Ginny.....	Page 10	Hemmestad, Melissa.....	Page 31
Cummings, Candice	Page 11	Herrbolt, Todd.....	Page 18
Dancler, Larry	Page 33	Heynen, Dianne	Page 32
Davidson, Chris	Page 11	Hlebichuck, Kelsey.....	Page 34
Deal, Dan.....	Page 18	Hofer, Tracee.....	Page 11
DeVos, Barb	Page 12	Hofman, Gary.....	Page 33
Dickinson, Gary.....	Page 23	Hohm, Ellen.....	Page 22
Digatono, Daniel T.....	Page 17	Holtberg, Tomas.....	Page 10
Dixon, Stacy	Page 23	Honomichl, Tonya.....	Page 12
Donaldson, Del.....	Page 25, 30	Huber, Joan.....	Page 21
Dressing, Mary.....	Page 30	Huber, Randee	Page 18

Practitioner Name Index

Huisken, William.....	Page 12	Meyeraan, Carolyn	Page 34
Hylland, David	Page 11	Miller, Colleen.....	Page 24
Jans, Heidi	Page 32	Miller, Kristi	Page 30
Jackmon, Wallace.....	Page 11	Moeller, Elizabeth	Page 11
Jacobsma, Kristi	Page 32	Moeller, Scott	Page 24
Jensema, Elizabeth.....	Page 9	Moke, Shanna	Page 23
Jensen, Darcy.....	Page 27	Montis, Lori.....	Page 33
Jerke, Monica	Page 21	Moran, Marcie	Page 13
Johnson, Brett.....	Page 32	Nehring, David	Page 12
Johnson, Dave.....	Page 20	Neilson, Chad	Page 24
Johnson, Jari	Page 23	Nelson, Connie	Page 28
Johnson, Karen	Page 15	Nelson, Jeri	Page 10
Johnson-Geary, Marilee.....	Page 31	Nelson, Susanne	Page 23
Johnson-Mitchell, Diane	Page 23	Neuroth, Mary Beth.....	Page 34
Jones, Mary.....	Page 22	Nielsen, Johna.....	Page 16
Jones, Michelle	Page 12	Nieman, Jessica	Page 12
Jones, Shirley.....	Page 35	Nielsen-Ogdahl, Erin	Page 16
Kannan, Hari D.....	Page 22	Nolz, Angela.....	Page 11
Kaspar, Ruth	Page 34	Norby, Jan.....	Page 26
Kauker, Linda	Page 29	Nordgren, J. Chris.....	Page 10
Keith, Tonya	Page 19	Nour, Brenda	Page 11
Kemper, Ericka.....	Page 28	O'Connor-Ohayon, Lynda.....	Page 17
Kindrat, Craig.....	Page 9	Oehlke, Karl	Page 11
Kittams-Lalley, Janet.....	Page 21	Olson-Larson, Tara.....	Page 20
Klasi, Debbie	Page 12	Otten, Thomas	Page 9
Knapp, Christine.....	Page 23	Palugyay, Becky	Page 29
Knudtson, Carol.....	Page 27, 35	Park, Jessie	Page 19
Kohls, Benjamin	Page 10	Parker, Joy	Page 32
Korkow, John	Page 24	Patzlaff, Morris.....	Page 34
Krall, Stacy.....	Page 16	Peratt, Teresa	Page 34
Kronaizl, Denis.....	Page 34	Perkinson, Robert	Page 23
Kulawiak, Tom.....	Page 12	Petershagen, Jodi	Page 16
Kuehler, Sara	Page 30	Piersol, Leah	Page 35
Kuiper, Garneth	Page 11	Pinker, Lori.....	Page 16
Kuntz, Carol	Page 11	Posey, Carolyn.....	Page 12
LaFollette, Grace	Page 11	Pribyl, Scott	Page 20
Langenfeld, Stephan	Page 20, 35	Price, Thomas	Page 27, 28
Larson, Eleanor.....	Page 33	Questad, Kimberly	Page 12
Larson, Elizabeth.....	Page 28	Rae Peters, Jenny.....	Page 17
Lassegard, Darcy	Page 35	Rath, Leah.....	Page 9
LaVelle, Patricia.....	Page 24	Ray, Johnny	Page 28
Lemme, Kathy	Page 18	Regier, Carol.....	Page 23
Likness, Kara	Page 13	Regier, E.R	Page 23
Logan, Linda.....	Page 24	Rinehart, Nicholas	Page 34
Lovik, Jennifer	Page 20	Ritter, Paul.....	Page 18, 21
Lueking, Jessica.....	Page 11	Ritzman, Kelly.....	Page 29
Lundgren, Betty	Page 14	Roberts, Heidi.....	Page 10
Maass, Ronda J.	Page 25	Roby, Melissa	Page 12
Mabee, Linda	Page 33	Rossing, Ann Marie.....	Page 30
Mack, Ann	Page 32	Roth, Amy	Page 24
Malone, Matthew.....	Page 11	Roths, Carolyn.....	Page 20
Mashek, Mindy.....	Page 12	Ruff, Marlene	Page 33
Mattke, Taylor.....	Page 13	Ryan, Amy.....	Page 20
Maves, T.R	Page 20	Rysdon, Bobbi	Page 29
Mayer, Jenny	Page 16	Sadowski, Angie.....	Page 10
Mazurczak, Wioleta.....	Page 11	Saffold, Valerie.....	Page 34
McClenahan, Ann.....	Page 19	Salmen, Latanda	Page 10
McGrath, Michael.....	Page 26	Sandbulte, Shelley L.....	Page 29
McKenzie, Kay.....	Page 17	Sandvig, Chris	Page 34
McKnelly, Amanda	Page 9	Sanford, Erin.....	Page 35
Meeter, Dean	Page 12	Sanford, Jan	Page 33

Practitioner Name Index

Sather-Durr, Rebecca	Page 32	Trobec, Rebecca	Page 16
Sazama, Kathy J	Page 18	Tuschen, Gary	Page 12
Schmidt, Janel M	Page 28	Vaca, Anthony	Page 11
Schmitzer, Carl L	Page 22	VanDenHul, Michelle	Page 22
Schmitzer, Kerry	Page 22	VanDeRostyne, Kristi	Page 13
Schuldt, Laura	Page 10	Vander Lee, Jerry	Page 30
Seaman, Richard	Page 25	Vander Woude, Christina	Page 13
Sherrill, Dana	Page 32	VanGerpen, Shawn	Page 11, 32
Shroyer, Lyn	Page 17	Varilek, Sara	Page 32
Sim, Joan	Page 14	Viedt, Jill	Page 11
Simanton, Sandra	Page 12	Vik, Tamara	Page 11
Singh, Rajesh	Page 29, 35	Virchow, Penny	Page 19
Smith, Ken	Page 30	Volbrecht, Marie	Page 26
Smith, Lana	Page 9	Vos, Andrew	Page 16
Smith, Mary Ellen	Page 10	Wacker, Dee	Page 30
Smith, Rhonda	Page 29	Wade, Ramona	Page 35
Snedeker, Jessica	Page 17	Wallin, Brian	Page 34
Soundy, Timothy	Page 11	Weatherill, Jay	Page 11
Spawn, Megan	Page 28	Webster, Jane	Page 30
Sperle, Clint	Page 20	Weires, Kristine	Page 24
Spicero, Constance L	Page 11	Whaley, Lynsey	Page 17
Sorenson, Dianna Spies	Page 31	Wheaton, Michael	Page 25, 30
Spisak, Sara	Page 24	Whitten, Richard	Page 20
Stahl, Brenda	Page 32	Wick, James	Page 29
Stanley, Matthew	Page 11	Wise-Vander Lee, Nancy	Page 10
Starnes, Gretchen	Page 35	Williams, Jodi	Page 35
Steensma, Erin	Page 34	Williams, Kara L.	Page 26
Steever, Melissa	Page 33	Williamson, Lori	Page 22, 35
Stellinga, Lisa	Page 24	Wilson, Mitch	Page 12
Steskal-Baker, Tandra	Page 23	Wilson, Nancy	Page 11
Sundem, David	Page 20	Witt, Earl	Page 33
Swenson, Deb	Page 23	Wolf, Mary	Page 10
Thompson, Deb	Page 16	Wolthuisen, Matthew	Page 32
Thoms, Sarah	Page 27, 35	Zerfas, Jen	Page 13
Tietjen, Lou Ann	Page 19	Zirpel, Angie	Page 18
Trammell, Jeff	Page 20		

2012 Sioux Falls Mental Health Resource Guide

Avera McKennan Hospital and University Health Center - Behavioral Health Services

Addiction Recovery Program

Avera Professional Plaza
2412 S. Cliff Avenue, Suite 100
Sioux Falls, SD 57105

Phone: (605) 322-4079

Fax: (605) 322-4080

Internet Address: www.averabehavioralhealth.org

Hours: 8:30am - 9:00pm, Monday - Thursday / 8:30am - 5:00pm, Friday / Daytime and Evening Groups, Monday - Friday

Fees: Vary with different services; Accept most insurance; Medicare approved hospital - based program; payment plans available

Mental Health Professionals:

James Green, CCDCII

Jennifer Albrecht, MAT, LPC, CCDCIII

Greg Brostad, MS, LPC, CDCT, QMHP

Lana Smith, MA, LMFT, CCDCIII, QMHP

Leah Rath, MA, LPC, CCDCIII

Elizabeth Jensema, MSW, LCSW, CDCT

Stacy Gorman, MS, LPC-MH, CCDCIII, QMHP

Craig Kindrat, MS, LPC, LMFT, CCDCIII

Amanda McKnelly, MS, CCDCIII

Services Offered: Comprehensive treatment program for individuals, couples, and families affected by substance abuse, compulsive gambling, other addictive behaviors, and interrelated emotional difficulties. Court-approved provider for the assessment and/or treatment of substance abuse and/or gambling-related offenses. Specializing in Co-Occurring services (the treatment of substance abuse/gambling conditions as well as mental health issues such as bipolar disorder, clinical depression and anxiety conditions). This multi-leveled program includes options for daytime or evening Intensive Outpatient Programs and daytime or evening Outpatient Groups (involving ASAM 2.1 and 1.0 levels of care). Assistance available for adolescents includes evaluations, individual and family counseling, and prevention services. Employee Assistance Programs. Offers specialized recovery services for health care practitioners inclusive of physicians, pharmacists, nurses, dentists and other health care professionals with state and/or national licensure/certification credentials. ARP also provides a specialized Pain Management Group / specialized counseling for pain-related difficulties. The Addiction Recovery Program is accredited by the JCAHO and the State of South Dakota.

Avera McKennan Hospital and University Health Center - Behavioral Health Services

Inpatient Services

4400 W. 69th Street, Suite 100
Sioux Falls, SD 57108

Phone: (605) 322-4065 or 1-800-691-4336

Fax: (605) 322-4060

Internet Address: www.averabehavioralhealth.org

Hours: 24 hours a day / 7 days a week

Fees: Vary with different services; accepts insurance, Medicare, and Medicaid

Mental Health Professional:

Thomas Otten, MA, LPC-MH

Services Offered: Acute Adult Inpatient Program - Inpatient unit operated on a 24-hour basis. The most frequent diagnoses for the psychiatric patients are depression with suicidal behavior, psychotic confusion, manic/bipolar disorder, elopement risks, and patients on emergency detention. Adult Inpatient Program - Inpatient unit operated on a 24-hour basis. The most frequent diagnoses for the psychiatric patients are depression, schizophrenia, anxiety disorder, bipolar disorder, post-traumatic stress disorder, and borderline personality. Senior Inpatient Program - Inpatient unit operated on a 24-hour basis. The most frequent diagnoses for the psychiatric patients are depression, anxiety disorders, pre-senile disorders, Alzheimer's illness, and panic disorders. Child Inpatient Program - Inpatient unit operated on a 24-hour basis. Structured acute care inpatient program for children ages 12 and under. Offers a safe, supportive environment and caring, expert staff who provide specialized treatment to children with a range of psychiatric difficulties including: depression, anxiety, Attention Deficit Hyperactivity Disorder (ADHD), extreme family difficulties, and other life stressors. Adolescent Inpatient Program - Unit operates on a 24-hour basis. Most of the patients served by the Adolescent Inpatient Program are between the ages of 12-17, and are struggling with depression, suicidal ideation, ADHD, or other mental health diagnoses. The program utilizes an interdisciplinary team approach to care for the social, psychological, and spiritual needs

of young people. Free mental health assessments are available that include a level of care determination. This assessment can coordinate inpatient admission, pre-certification, or outpatient referral. Please call (605) 322-4065 or 1-800-691-4336.

Avera McKennan Hospital and University Health Center - Behavioral Health Services

Outpatient Clinic

Avera Professional Plaza
2412 S. Cliff Avenue, Suite 200
Sioux Falls, SD 57105

Phone: (605) 322-4079

Fax: (605) 322-4080

Internet Address: www.averabehavioralhealth.org

Hours: 8:00am - 8:00pm, Monday - Thursday / 8:00am - 5:00pm, Friday / Evening groups and additional scheduling options available

Fees: Vary with different services; accepts insurance, Medicare, and Medicaid; scholarships available for some programming; payment plan options available

Mental Health Professionals:

Ginny Crawford, MSW, CSW-PIP
Jeri Nelson, MSW, CSW-PIP
Latanda Salmen, MSW, LCSW
Heidi Roberts, MSW, LCSW
Angela Sadowski, MSW, LCSW
Nancy Wise-Vanderlee, PhD, LP
Don Baum, PhD, LP

Mary Wolf, MS, LPC-MH, QMHP, CEAP
Laura Schuldt, EdS, LPC-MH, NCC, QMHP, RPT-S
Benjamin Kohls, MS, LPC, NCC
Mary Ellen Smith, MS, LPC-MH, NCC
Tomas Holtberg, MA, LPC-MH, QMHP
J. Chris Nordgren, PhD

Services Offered: Individual, couples, group and family counseling for all ages and for all mental health-related concerns. Additional services include STEPPS group for people with Borderline Personality Disorder or traits; eating issues counseling, including anorexia, bulimia, and healthy weight loss; grief therapy, psychological testing, chronic pain services, and an Employee Assistance Program. Addresses issues such as Attention Deficit Disorder, family separation/divorce, self-destructive behaviors, self-esteem building, and anger management.

Avera McKennan Hospital and University Health Center - Behavioral Health Services

Partial Hospital Program and Intensive Outpatient

4400 W. 69th Street, Suite 100
Sioux Falls, SD 57108

Phone: (605) 322-4056

Fax: (605) 322-4009

Internet Address: www.averabehavioralhealth.org

Hours: 8:00am - 4:30pm, Monday - Friday

Fees: Accepts insurance and Medicare; limited financial assistance available

Mental Health Professional:

Ginny Crawford, MSW, CSW-PIP

Services Offered: Partial Hospital Program is an outpatient, time-limited, intensive and coordinated clinical treatment program for adults that is an integral part of the continuum of Behavioral Health Services. The Partial Hospitalization Program pursues the goal of stabilization with the intention of averting inpatient hospitalization or reducing the length of a hospital stay. Another target population is the individual experiencing acute psychiatric symptoms or decompensating clinical conditions that severely impact their capability to function on a day-to-day basis. Typical partial stay is about 16 days stretched out over one month. The step down program, Intensive Outpatient for Mental Health, is a treatment option in Behavioral Health Services where individuals would attend group therapies for 7-11 hours per week. Prospective clients for both the Partial Hospital Program and Intensive Outpatient Program for Mental Health may be referred through free mental health assessments that include: inpatient admission, coordination / pre-certification, and outpatient referral coordination. The assessment phone number is (605) 322-4065 or 1-800-691-4336.

2012 Sioux Falls Mental Health Resource Guide

Avera Medical Group University Psychiatry Associates

4400 W. 69th Street, Suite 1500

Sioux Falls, SD 57108

Phone: (605) 322-5700

Internet Address: www.universitypsychiatry.org

Hours: 8:00am - 5:00pm, Monday - Friday

Fees: Accepts insurance, Medicare, and Medicaid

Mental Health Professionals:

David W. Bean, MD

Nicole Christenson MD

William C. Fuller, MD

Vinod Bhatara, MD

Heather Chester-Adam, MD

Jay Weatherill, MD

Wioleta Mazurczak, MD

Kent Andre, MD

Tamara Vik, MD

Timothy J. Soundy, MD

Sarah Flynn, MD

Nancy Wilson, MD

Chris Davidson, MD

Anthony Vaca, MD

Shawn VanGerpen, MD

Constance L. Spicero, EdD

David Hylland, EdD

Beverly J. Gunderson, EdD

Matthew Stanley, DO

Matthew Malone, DO

John Erpenbach, CNP, RN

Grace LaFollette, CNP

Garneth Kuiper, CNP

Tracee Hofer, CNP

Carol Kuntz, PsyD

Karl Oehlke, PA-C

Wallace Jackmon, PhD

Brenda Nour, PhD

Candice Cummings, MSW, CSW-PIP

Services Offered: Offers individualized treatment including psychiatric evaluations, psychological and neuropsychological evaluations, individual, couple or family therapy. Treatment services for children, adolescents, adults, and seniors include, but are not limited to: anxiety disorders, mood disorders, personality disorders, somatization disorders, psychosexual disorders, schizophrenia, post-traumatic stress disorders, abuse issues, eating disorders, dementia, grief and loss, forensic evaluations, custody evaluations, evaluation and treatment of childhood emotional and behavioral disorders, spirituality, stress management, and executive health.

Bartels Counseling Services, Inc.

101 W. 69th Street, Suite 100

Sioux Falls, SD 57108

Phone: (605) 310-0032

Fax: (605) 271-0200

E-Mail Address: shanebartels@sio.midco.net

Internet Address: www.bartelscounselingservices.com

Hours: 8:00am - 9:00pm, Monday - Friday / 8:00am - 2:00pm, Saturday

Fees: Sliding fee scale; most insurance accepted; state assistance available

Mental Health Professionals:

Angela Nolz, MS, NCC, LPC, CDCT

Jessica Lueking, MS, LPC, CDCT

Elizabeth Moeller, MS, CDCT

Sherry Bartels, MA, NCC, LPC-MH, QMHP, ACS, CCDCIII

Jill Viedt, MS, NCC, LPC, CCDCIII

Services Offered: Therapists are educated, credentialed, and experienced in assessing and treating mental health concerns including addiction, anxiety, depression (and other mood disorders), adjustment, abuse, spiritual development, emotional and stress management, family issues, grief, personality disorders, and relational issues. Provides individual, couples, and family therapy along with services for adults and adolescents needing assessments, early intervention, intensive outpatient treatment, and aftercare services. Bartels Counseling Services is accredited by the South Dakota Department of Social Services Division of Community Behavioral Health.

Behavior Management Counseling Services

3610 S. Western Avenue, Suite 2

Sioux Falls, SD 57105

Phone: (605) 274-1700

Fax: (605) 274-1704

E-Mail Address: mariaegan.bmcs@midconetwork.com

Hours: 8:00am - 7:00pm, Monday - Friday / Saturdays by appointment

Fees: Accepts insurance and Medicaid

Mental Health Professional:

Maria Egan, MS, LPC-MH, QMHP

Services Offered: Services for children, adolescents, adults, individual, groups, couples and families. Play therapy, Behavior Modification, Cognitive Behavioral Therapy, diagnostic assessments, depression, generalized anxiety, separation anxiety, school refusal, social phobia/fears, Obsessive Compulsive Disorder, behavior problems, ADHD, grief and loss, Asperger's Syndrome, pediatric Bi-Polar Disorder, anger management, social skills training, Post Traumatic Stress Disorder, behavior problems, selective mutism, and trichotillomania (hair pulling).

Bendewald, Gaylen

4410 S. Tennis Lane
Sioux Falls, SD 57106

Phone: (605) 334-6211

E-Mail Address: bgaylen@sio.midco.net

Internet Address: www.marriagefriendlytherapists.com

Hours: 8:00am - 6:00pm, Monday - Friday

Fees: Most insurance accepted

Mental Health Professional:

Gaylen Bendewald, MSW, CSW-PIP, LMFT

Services Offered: Individual, marriage, and family therapy. Emphasis on general anxiety, depression, mindfulness training and relationship concerns.

Bethesda Christian Counseling Midwest, Inc.

400 S. Sycamore Avenue, Suite 105-3
Sioux Falls, SD 57110

Phone: (605) 334-3739

E-Mail Address: bethesdachristian@yahoo.com

Internet Address: www.bethesdachristiancounseling.org

Hours: 8:30am - 5:00pm, Monday - Friday / Evenings by appointment

Fees: Sliding fee scale; accepts most insurance and Medicare

Mental Health Professionals:

Dale D. Ellens, MS, LPC, LMFT, QMHP

Sandra Simanton, MSW, LCSW-PIP

William C. Fuller, MD

Joseph R. Goraj, MSW, LCSW

Dean Meeter, MDiv, CPE Supervisor

William Huisken, MSW, LCSW-PIP

David Nehring, PhD

Services Offered: Individual, marital, and family counseling. Psychological testing is available. A nationally accredited Clinical Pastoral Education course offered for pastors and other ministry professionals. Also offers services such as child and adolescent counseling, and wellness seminars to interested groups.

Carroll Institute

310 S. 1st Avenue
Sioux Falls, SD 57104

Phone: (605) 336-2556

E-Mail Address: gtuschen@carrollinstitute.org

Internet Address: www.carrollinstitute.org

Hours: 8:00am - 8:00pm, Monday - Thursday / 8:00am - 5:00pm, Friday / Groups in the mornings, afternoons and evenings

The Arch, Arch II and Changes and Choices are 24 hours a day / 7 days a week

Fees: Sliding fee scale; state assistance available

Mental Health Professionals:

Carolyn Posey, MA, LMFT, CCDCIII, QMHP

Amy Hartman, MA, NCC, LPC-MH, CCDCIII, ACS, QMHP

Kimberly Questad, MS, NCC, CCDCIII

Melissa Roby, MS, LPC, NCC, CCDCIII

Debbie Klasi, BA, CCDCIII

Steve Fodness, BS, CCDCIII

Janice Falk, BS, CCDCIII

Mitch Wilson, AS, CDCII

Tonya Honomichl, BS, CCDCII

Mindy Mashek, BA, CDCI

Gary Tuschen, BA

Michelle Jones, BS, CCDCII

Tom Kulawiak, BS, CDCT

Desiree Fowler, CDCT

Jessica Nieman, CDCT

2012 Sioux Falls Mental Health Resource Guide

Services Offered: Early Intervention, Intensive Outpatient Treatment for meth addicts, Intensive Outpatient Treatment, and clinically-managed low intensity residential treatment, and Safe Driver Class for first time DUI offenders. Services for adolescents and adults include treatment needs assessment, treatment planning, individual and group counseling, family therapy, alcohol and other drug education, and case management.

Arch Halfway House for Men

333 S. Spring Avenue
Sioux Falls, SD 57104
Phone: (605) 332-6730

Changes and Choices Recovery for Women

310 S. 1st Avenue
Sioux Falls, SD 57104
Phone: (605) 332-9257

Fees: Sliding fee scale; state assistance available

Services Offered: The Arch Halfway House and Changes and Choices Recovery is for chemically dependent men and women who have received treatment within the last 12 months. Goals include relapse prevention, recovery, and life skills.

Carroll Institute - Project Awareness Prevention Services

310 S. 1st Avenue
Sioux Falls, SD 57104
Phone: (605) 336-2556

E-Mail Address: batwood@carrollinstitute.org

Internet Address: www.carrollinstitute.org

Hours: 8:00am - 5:00pm, Monday - Friday

Mental Health Professionals:

Betsy Atwood, MS, NCC, LPC, CCDCIII
Jen Zerfas, MA, NCC, CDCT
Barb DeVos, MS, NCC, LPC, CDCT

Kara Likness, MS, NCC, CDCT
Kristi VanDeRostyne, BS, CDCT, PST
Taylor Mattke, BS, CDCT

Services Offered: Project Awareness counselors provide prevention, individual services and chemical dependency counseling to schools and communities throughout eastern South Dakota.

Catholic Family Services

523 N. Duluth Avenue
Sioux Falls, SD 57104

Phone: (605) 988-3775 or 1-800-700-STOP (7867)

Fax: (605) 988-3747

E-Mail Address: cfs@sfcatholic.org

Internet Address: www.sfcatholic.org

Hours: 8:30am - 5:00pm, Monday - Friday

Fees: \$99.00 per 45 minute session; Sliding fee scale based on income and family size; accepts insurance, Medicaid, and Employee Assistance Programs (EAP)

Mental Health Professionals:

Marcie Moran, RN, EdD

Christina Vander Woude, MSW

Services Offered: Provides confidential and Christian based therapy services to individuals, couples, children, adolescents and families. Provides programs for all types of losses including an annual program of directed grieving therapy after the death of a loved one. Support groups are available for those who are divorced, widowed or separated. Three day retreats are available for Grieving a Loss, and Rachel's Vineyard (post abortion trauma). Provides adoption services including domestic and international adoptions, home studies and pregnancy counseling. Coordinates the SD Rural Helpline to provide behavioral health services to rural families with the Helpline Center. Outreach offices located in Mitchell, Yankton, Brookings, Pierre, Gettysburg and Aberdeen.

Center for Family Medicine

1115 E. 20th Street
Sioux Falls, SD 57105

Phone: (605) 339-1783

Internet Address: centerforfamilymed.org

E-Mail Address: info@centerforfamilymed.org

Hours: 8:00am - 5:00pm, Monday - Friday

Fees: Accepts insurance, Medicare, and Medicaid

Mental Health Professionals:Michael Bloom, PhD, *Psychologist*

Staff of Family Physicians

Services Offered: Brief therapy - individual, marital, and family therapy. Therapy for psychological problem associated with medical illness.

Chan Counseling Services

2121 W. 63rd Place, Suite 100

Sioux Falls, SD 57108

Phone: (605) 373-9330 Ext. 228**E-Mail Address:** amber@chancounselingservices.com **Internet Address:** www.chancounselingservices.com**Hours:** Vary; Call for information**Fees:** Insurance accepted, including Medicaid**Mental Health Professional:**

Amber Chan, MS, LPC-MH, NCC, QMHP

Services Offered: Provides individual, and group counseling for depression, anxiety, Bipolar, PTSD, relationship concerns, borderline personality disorder, and self-harming behaviors. Provides Dialectical Behavior Therapy (DBT) individually and in group settings. DBT life skills groups offered Tuesday evening and Wednesday afternoon. DBT aftercare group also available to those who have successfully completed the DBT skills group.

Children's Home Society

801 N. Sycamore Avenue

Sioux Falls, SD 57101

Phone: (605) 334-6004**Fax:** (605) 335-2776**Internet Address:** www.chssd.org**Hours:** Residential Treatment, 24 hours a day / 7 days a week

Day School, 8:45am - 3:00pm, Monday - Friday (12 month calendar)

Adoption Program, 8:00am - 5:00pm, Monday - Friday (evening appointments available)

Fees: Vary for each program; Medicaid and school districts are the primary funding sources for residential treatment; limited scholarships are available; Adoption Program services are free

Mental Health Professional:

Contact Joan Sim for a list of providers.

Services Offered: Residential Assessment and Treatment - Residential programs provide a home, school and therapy to children ages 4-13 with emotional and behavioral problems. Treatment includes psychiatric care, adaptive management, individual, group and family therapy, and academic programming. Day Program - The Therapeutic Day Program is available to students within driving distance of the Sioux Falls or Black Hills campus. Students receive individualized attention, a modified education program if needed, and therapeutic interventions to address their behavior issues. Students benefit from individual, group and family therapy sessions. Adoption Services - The Adoption Program provides services to families within driving distance of Sioux Falls Children's Home. Services include psychological, psychiatric and educational testing, and individual, family, and home-based therapy.

Children's Inn

409 N. Western Avenue

Sioux Falls, SD 57104

Phone: (605) 338-4880 or 1-888-378-7398 (both are 24-hour crisis lines)**E-Mail Address:** childrensinn@chssd.org**Internet Address:** www.chssd.org/childrensinn**Hours:** Individual counseling sessions by appointment Monday - Friday**Fees:** No cost to victims of domestic abuse**Mental Health Professional:**

Betty Lundgren, MS, LPC, CCDVC

Services Offered: Offers Women's Support Groups for women who are victims of domestic abuse. Individual and family counseling is offered for current or former adult or child victims of abuse. Counseling services focus on helping the victim heal from the consequences of being victimized in a domestic relationship with physical, emotional, or sexual abuse.

2012 Sioux Falls Mental Health Resource Guide

Choices Recovery Services, LLC

629 S. Minnesota Avenue, Suite 101
Sioux Falls, SD 57104

Phone: (605) 334-1822

Fax: (605) 334-1823

E-Mail Address: karen.johnson@choicesrecoveryservices.org

Internet Address: choicesrecoveryservices.org

Hours: 9:00am - 5:00pm, Monday - Friday / Evenings and weekends by appointment

Fees: Call for information

Mental Health Professional:

Karen Johnson, CCDCIII

Bob Arshem, CCDCIII

Cindy Ellefson, CCDCIII

Services Offered: Provides intensive outpatient treatment for alcohol, drug, and gambling addictions. Other services include evaluations, individual counseling, aftercare and relapse prevention services, MRT (Moral Reconation Therapy), 1st offender DUI classes, and SCRAM X Alcohol and Electronic Monitoring.

Christensen, Barbara RA, LLC

4410 S. Tennis Lane
Sioux Falls, SD 57106

Phone: (605) 362-5803

E-Mail Address: barb.christensen@sio.midco.net

Internet Address: www.barbarachristensencounseling.com

Hours: Various appointment times Monday - Friday / Including evenings

Fees: Sliding-fee scale, income based; accepts most insurance and Medicaid

Mental Health Professional:

Barbara RA Christensen, MS, NCC, LPC, LPC-MH, QMHP, CCDCIII

Services Offered: Works with children, adolescents, as well as adults with the following issues: depression, anxiety, family issues/divorce, grief, self-injury, adjustment, drug and alcohol, ADD/ADHD, social skills, anger, domestic violence, OCD, relationship, Autism/Asperger's and abuse. Christian based.

Clayborne Mental Health & Evaluation Services, LLC

5101 S. Nevada Avenue, Suite 120
Sioux Falls, SD 57108

Phone: (605) 361-9550

Fax: (605) 361-9582

E-Mail Address: andre@clayborneservices.com

Internet Address: www.clayborneservices.com

Hours: 9:00am - 9:00pm, Monday - Wednesday / 9:00am - 6:00pm, Thursday - Friday / Evenings and weekends by appointment

Fees: Fixed; Call for information

Mental Health Professional:

Andre B. Clayborne, EdD, LPC-MH

Services Offered: Child custody evaluation services, parent coordinator services, mediation services, life transitional issues, court/forensic evaluation services, critical incident stress debriefings, relationship services, relating to: parenting, blended families, domestic violence, and communication. Disorders relating to: anxiety/depression, personality, eating, oppositional and ADD/ADHD.

Compass Center, The

1800 W. 12th Street, Suite 100
Sioux Falls, SD 57104

Phone: (605) 339-0116 or 1-877-IN CRISIS (24-hour crisis line)

Fax: (605) 336-3874

E-Mail Address: admin@thecompasscenter.org

Internet Address: www.thecompasscenter.org

Hours: 8:00am - 5:00pm, Monday - Wednesday, Friday / 8:00am - 7:00pm, Thursday / 24-hour crisis availability

Fees: No cost to victims of crimes; low cost offender treatment

Mental Health Professionals:

Jennie Mayer, MS, NCC
 Andrew Vos, MDiv
 Lori Evenson, MA, NCC

Lori Pinkerd, MS, NCC, LPC, RPT
 Johna Nielsen, LPC, CCDCIII, RTC

Services Offered: Free individual, group, or family counseling; medical, legal, or personal advocacy; assistance in safety planning; filing protection orders and victim's compensation applications; in person or telephone crisis intervention for all victims of rape, sexual assault, incest, domestic violence, or stalking. Therapeutic and educational domestic violence offender treatment for adults in the Family Violence Project at low cost. Violence assessments for adolescents in the Teen Violence Project. Free children's play therapy program for those that have witnessed or experienced domestic violence and/or sexual assault.

Counseling Resources, Inc.

707 E. 41st Street, Suite 222

Sioux Falls, SD 57105

Phone: (605) 331-2419

Fax: (605) 332-1020

E-Mail Address: cresource@midconetwork.com

Internet Address: www.siouxfallscounselingresources.com

Hours: 9:00am - 9:00pm, Monday - Thursday / 10:00am - 2:00pm, Friday / Evening and weekend appointments available

Fees: Fixed and sliding scale fees, depending on service

Mental Health Professionals:

Sue Harris, MA, LPC-MH, QMHP, CCDCIII
 Rebecca Trobec, MA, CCDCIII
 Jodi Petershagen, BA, CDCT

Stacy Krall, MS, CCDCIII
 Erin Nielsen-Ogdahl, MSW, CCDCIII

Services Offered: Counseling staff works with individuals, couples, and families to address a broad range of mental health concerns related to substance abuse. Provides confidential and professional individual and group counseling to adults. Specialty is substance abuse counseling and evaluation. Also offers electronic monitoring, drug screening, and alcohol bracelets.

Dakota Oak Counseling

3220 W. 57th Street, Suite 100A

Sioux Falls, SD 57108

Phone: (605) 759-8359

Fax: (605) 275-0625

Internet Address: www.dakotaoakcounseling.com

Hours: Day and evening hours by appointment

Fees: Accepts most insurances, Medicaid and Medicare

Mental Health Professionals:

Kristi Hamilton, MS, LPC-MH, QMHP
 Ann Flynn-Crowe, CSW-PIP

Deb Thompson, MA, LPC-MH, QMHP

Services Offered: Provides therapy for children, adolescents, adults, couples, and families. Areas of specialty include depression, anxiety, grief, addictions, acute and chronic medical conditions, abuse, trauma, play therapy, parenting issues, divorce adjustments, family of origin issues, PTSD, premarital and marital issues, men's issues, women's issues, anger, career adjustments, and spirituality issues. Provides EMDR and Cognitive Behavioral Therapy. Participates in most Employee Assistance Programs.

Dakota Psychological Center

1601 E. 69th Street

Sioux Falls, SD 57108

Phone: (605) 373-9066

Hours: 8:00am - 5:00pm, Monday - Thursday / 8:00am - 12:00pm, Friday / Evening and Saturday hours available

Fees: Participates with Medicare, Medicaid and most other insurance plans

2012 Sioux Falls Mental Health Resource Guide

Mental Health Professionals:

Lyn Collver, MS, LPC-MH, QMHP, NCC
Lyn Shroyer, EdD, LP

Kay McKenzie, RN, MA, LPC

Services Offered: Individual, couples, family, and group therapy: depression, anxiety, panic disorder, obsessive-compulsive disorder, grief and loss issues, anger management, anorexia, bulimia, compulsive over-eating, body-image, weight loss, prebariatric surgery psychological assessment, post-traumatic stress disorder, sexual abuse, rape, premarital counseling, women's issues, mid-life issues, postpartum depression, menopause, stress management and relaxation training, parent/adolescent conflict management, cognitive-behavioral therapy, solutions-oriented brief counseling, and Christian counseling.

Digatono, Daniel T.

4410 S. Tennis Lane
Sioux Falls, SD 57106

Phone: (605) 362-1506

Hours: Days and evenings by appointment / Intensive weekday and weekend sessions are available

Fees: Sliding fee scale available; most insurance accepted

Mental Health Professional:

Daniel T. Digatono, MDiv, PhD, LMFT, LPC, QMHP

Services Offered: Counseling for individuals, couples, and families. Extensive experience working with education, medical, mental health, and ministry professionals. Individual and group licensure supervision for LPC, LPC-MH, and LMFT candidates. Consultation, training, staff development, and conflict management services are available for businesses and churches.

Dr. O'Connor & Associates, LLC

111 W. 39th Street
Sioux Falls, SD 57105

Phone: (605) 357-8744

Hours: 9:00am - 6:00pm, Monday - Thursday / Fridays, weekends and evenings by appointment

Fees: Accepts most insurance, Medicare, and Medicaid

Mental Health Professionals:

Lynda O'Connor-Ohayon, EdD, LP, LMFT Jeni Rae Peters, MS, LPC-MH

Services Offered: Individual, couple, and family therapy available for all ages. Special interests in depression, anxiety, grief, geriatrics, relationship enrichment, and divorce coaching. Adolescent therapy and family issues specialties. Also provides psychological assessments.

Evolve Counseling Services, Inc.

2500 W. 49th Street, Suite 202
Sioux Falls, SD 57105

Phone: (605) 275-2030

Fax: (605) 275-2031

E-Mail Address: info@evolvesiouxfalls.com

Internet Address: www.evolvesiouxfalls.com

Hours: 8:00am - 7:00pm, Monday - Friday / Saturday by appointment

Fees: Accepts insurance, Medicare and Medicaid

Mental Health Professionals:

Jessica Snedeker, LPC-MH, QMHP

Lynsey Whaley, MSW, LCSW-PIP, QMHP, LICSW

Services Offered: Treatment specializations include: depression, anxiety, panic, Post Traumatic Stress Disorder (PTSD), eating disorders, stress management, chronic pain, unresolved grief and loss, development of coping skills, healing from trauma, problematic eating, social skills development, employment difficulties, personal development, parenting support, identification of life goals, goal attainment, relationship difficulties, conflict resolution skills, adjustment concerns, and addiction and recovery.

Family Institute of the Midwest

405 E. 3rd Avenue, #300

Sioux Falls, SD 57104

Phone: (605) 338-8003**E-Mail:** familyinstituteofthemidwest@midconetwork.com**Hours:** Regular business hours plus evenings and weekends by appointment**Fees:** \$125.00 per hour; accepts insurance, Medicaid, and Medicare; sliding fee scale for non-insured**Mental Health Professionals:**

Lisa Freiberg, BSN, RN

Paul Frazer, MD, BC-Psychiatry

J. Carol Carlsen, RN, MSN, LMFT, CNS-BC, QMHP, AAMFT Approved Supervisor

Services Offered: Marriage and family therapy; counseling; consulting and training; assessment and treatment; psychiatric services; and outpatient services coordinated with inpatient services, as well as collaboration with necessary professionals.

Mediation services and seminars available for businesses on conflict management and team building. Supervision for therapists and counselors.

Family Service, Inc.

2210 W. Brown Place

Sioux Falls, SD 57105

Phone: (605) 336-1974**E-Mail Address:** fsisd@msn.org**Internet Address:** www.sdfsi.org**Hours:** 8:00am - 8:00pm, Monday, Thursday / 8:00am - 5:00pm, Tuesday, Friday / 8:00am - 6:00pm, Wednesday**Fees:** Sliding fee scale; accepts insurance, Medicaid, and Medicare**Mental Health Professionals:**

Dan Deal, MA, CCDCIII, SAP

Todd Herrbolt, MSW, CSW-PIP

Angie Zirpel, MS, LPC, CCDCIII, SAP

Ranee Huber, MSW, LCSW-PIP

Kathy Lemme, MS, LPC-MH, LMFT

Bruce Hansum, LPC

Paul Ritter, MA, MDiv, LPC

Services Offered: Provides outpatient mental health services including individual, marital, and family counseling.

Provides Employee Assistance Program services for employers including mental health, alcohol, and drug counseling.

Family Service, Inc. has operated in Sioux Falls for over 50 years and is a United Way Member agency.

Family Solutions Center

3101 W. 41st Street, Suite 200

Sioux Falls, SD 57105

Phone: (605) 339-0880**E-Mail Address:** ksazama.fsc@midconetwork.com**Hours:** 9:00am - 6:00pm, Monday - Friday / Evening appointments available**Fees:** \$120 per session; most insurance accepted**Mental Health Professional:**

Kathy J. Sazama, MS, LMFT, QMHP

Services Offered: Individual, marital, and family therapy. Particular interest in dealing with women's issues, anxiety, depression, and family business. Also provides services to the rural Freeman, SD area.**First Step Counseling Services**

4320 S. Louise Avenue, Suite 200

Sioux Falls, SD 57106

Phone: (605) 361-1505**Fax:** (605) 361-0481**E-Mail Address:** info@takeyourfirststep.com**Internet Address:** www.takeyourfirststep.com**Hours:** Office: 9:00am - 5:00pm, Monday - Thursday / 9:00am - 4:00pm, Friday / 8:00am - 4:00pm, Saturday

Groups in Session: 6:00pm - 9:00pm, Monday, Tuesday, Wednesday / 8:00am - 4:00pm, Saturday

Fees: Fixed, please call

2012 Sioux Falls Mental Health Resource Guide

Mental Health Professionals:

Lou Ann Tietjen, CCDCIII
Tonya Keith, CDCT

Brenda Grimm, CCDCII

Services Offered: Full range of services for chemical dependency and treatment services. Information, referral and assessment. 12-hour Primary Prevention, 24-hour Intensive Prevention, 8-hour to 54-hour Diversion and Intervention Programs, 54-hour Intensive Outpatient Treatment program, and Aftercare.

Four Directions Counseling, Inc.

315 N. Main Avenue, Suite 201
Sioux Falls, SD 57104

Phone: (605) 359-5709

Fax: (605) 274-2505

E-Mail Address: kb.fourdirections@gmail.com

Hours: Flexible / Evenings and Saturdays by appointment

Fees: Sliding fee scale, contracts, accepts Medicaid

Mental Health Professionals:

Penny Virchow, MS, NCC, LPC-MH, QMHP Kelly Bass, MSW, CSW-PIP, QMHP, ACS, LGSW
Jessie Park, MA, NCC

Services Offered: Specializes in the assessment and therapy for children, youth and families involved in forensic settings such as the court system and child welfare. Services are provided throughout the community including the office, school and home setting. Supervision, consultation, and training available for social workers, counselors and organizations on developing and providing effective treatment and services within forensic settings.

Friest, Eileen

922 S. 3rd Avenue
Sioux Falls, SD 57104

Phone: (605) 254-6611

E-Mail Address: eileenfriest@yahoo.com

Hours: Vary; Appointments available Monday - Saturday including evenings

Fees: Sliding fee scale, income based; accepts some insurance

Mental Health Professional:

Eileen Friest, MS, LPC

Services Offered: Offers individual, couples and family therapy counseling. Special interest in working with the lesbian, gay, bi-sexual, and transgender communities, but also receptive to anyone, no matter what their sexual orientation, sex, race, or religion. Concerns addressed are depression, self-esteem, relationship issues, stress, losses, challenging behaviors and abuse.

From a Woman's Perspective

111 W. 39th Street
Sioux Falls, SD 57105

Phone: (605) 339-7190

E-Mail Address: drann@womanspsych.com

Internet Address: www.womanspsych.com

Hours: By appointment

Fees: Accepts insurance, Medicare, and Medicaid

Mental Health Professional:

Ann McClenahan, EdD, LP

Services Offered: Counseling psychology services including anxiety, stress, depression, grief, marital therapy, psychological evaluations, attention deficit disorder, women's issues, and parenting skills.

Glory House, The

4000 S. West Avenue
Sioux Falls, SD 57109

Mailing Address: PO Box 88145, Sioux Falls, SD 57109

Phone: (605) 332-3273**E-Mail Address:** ndvorak@glory-house.org**Internet Address:** www.glory-house.org**Hours:** 24 hours a day / 7 days a week**Fees:** Vary according to services**Mental Health Professionals:**

T.R. Maves, MS, LPC, CCDCIII

Jennifer Lovik, MS, NCC, CCDCIII, LPC

Dave Johnson, MS, LPC

Amy Ryan, MS, NCC, CCDCIII, LPC

Jenni Busse, MS, CDCT

Services Offered: Individual, couples, and family counseling. Moral Recognition Therapy, Corrective Thinking, Coping Skills, Healthy Relationships, Transitional Skills, Parenting, Happiness and Healing as well as Accepting Change. Chemical dependency services include Aftercare, Red Road, Relapse Prevention, and relapse prevention specifically for co-occurring/complex needs and three programs for Intensive Outpatient Treatment: Methamphetamine, Alcohol & Other Drugs, and Native American. The agency offers integrated needs assessment on an outpatient basis.

Great Plains Psychological Services

4105 S. Carnegie Place

Sioux Falls, SD 57106

Phone: (605) 323-2345**E-Mail Address:** gppssf@aol.com**Internet Address:** www.gppssf.com**Hours:** 8:00am - 5:00pm, Monday - Friday / Evenings and weekends available by appointment**Fees:** Vary; will submit insurance**Mental Health Professionals:**

Stephan Langenfeld, EdD, LP

Kimberly J. Cournoyer, EdS, LPC-MH

Tara Olson-Larson, MA, LPC-MH

Carleen M. Bryant, MS, LPC-MH

Scott Pribyl, EdD, LP

Richard Whitten, PhD

Carolyn Roths, MEd, LPC-MH

Clint Sperle, MA, LPC-MH

David Sundem, MS, LPC

Jeff Trammell, MSW, CSW-PIP

Norma Haan, MSSA, CSW-PIP

Services Offered: Provides psychological and neuropsychological evaluations; psychosexual evaluations and treatment; forensic and competency evaluations; pre-surgical psychological evaluations; individual therapy; couples/marital therapy; family therapy; child and adolescent services; group therapy; biofeedback therapy; substance abuse counseling/therapy; adoption home studies; critical incident stress debriefing; and Employee Assistance Program services. Treatment services available for ADHD, anxiety, depression, anger management, stress management, problems with sexuality, physical abuse, sexual abuse, grief/loss issues, oppositional defiant youth, chronic pain, etc.

Guth, Mary T.

3610 S. Western Avenue, Suite 2

Sioux Falls, SD 57105

Phone: (605) 951-8423**Fax:** (605) 274-1704**E-Mail Address:** mmgu2@aol.com**Hours:** Monday - Friday evenings / Saturdays by appointment**Fees:** Accepts most private insurance and Medicaid**Mental Health Professional:**

Mary T. Guth, MS, LPC-MH, LMFT, ACS

Services Offered: Individual, marital and family therapy, depression, anxiety, panic disorder, grief and loss issues, sexual abuse, premarital counseling, women's issues and stress management. Coping with cancer diagnosis for patients and family members. Issues with divorce, transitions and parenting concerns. Supervision for LPC-MH, LMFT licensure.

Hansen-Mayer, Brenda

2121 W. 63rd Place, #100

Sioux Falls, SD 57108

Phone: (605) 373-9330 Ext.227**Fax:** (605) 373-9218

2012 Sioux Falls Mental Health Resource Guide

E-Mail Address: Brenda@bhmtherapy.com

Internet Address: www.bhmtherapy.com

Hours: Wednesday and Thursday / Daytime and evening appointments

Fees: Accepts insurance and Medicaid

Mental Health Professional:

Brenda Hansen-Mayer, LPC-MH, QMHP, CCDCIII, CEAP

Services Offered: Provide professional counseling services to individuals, couples and families. See website for further information about Brenda Hansen-Mayer and her services.

Hauck, Stacey

5800 S. Remington Place, Suite 110

Sioux Falls, SD 57108

Phone: (605) 271-9890

E-Mail Address: Stacey@staceylpc.com

Fees: Medicaid and most insurances accepted

Mental Health Professional:

Stacey Hauck, MS, NCC, LPC-MH, QMHP

Services Offered: Confidential and professional individual and family counseling for children, adolescents, and adults. Services offered for depression, anxiety, post-traumatic stress disorder, sexual abuse/incest, domestic violence, behavior problems, and separation/divorce.

Helpline Center

1000 N. West Avenue, Suite 310

Sioux Falls, SD 57104

Phone: Dial 211 or (605) 339-4357

E-Mail Address: help@helplinecenter.org

Hours: 24 hours a day / 7 days a week

Fees: None

Mental Health Professionals:

Janet Kittams-Lalley, MA, LPC

Staffed by paid professionals who have completed extensive crisis intervention training

Services Offered: The Helpline Center offers a 24-hour crisis, information, and listening /support telephone line. The Helpline Center maintains a comprehensive listing of social service, non-profit, and governmental programs from which referrals can be made. The Helpline Center is accredited by the Alliance of Information and Referral Systems.

Suicide Crisis and Support Services: 1-800-273-TALK (8255)

Internet Address: www.helplinecenter.org

Heuermann Counseling Clinic

2210 W. Brown Place

Sioux Falls, SD 57105

Phone: (605) 336-1974

Internet Address: fsisd.org

Hours: 8:00am - 6:00pm, Monday - Friday

Fees: None to those who qualify financially

Mental Health Professionals:

Counseling is provided by mental health professionals with a masters degree or higher who volunteer their time

Kathleen Christensen, PsyD, LP, LMFT

Paul Ritter, MA, MDiv, LPC

Robin Duncan, MA

Roxy Grogan, MA

Joan Huber, MA

Monica Jerke, MA

Services Offered: Individual, family, and marriage therapy.

Hohm, Ellen, LLC

4410 S. Tennis Lane

Sioux Falls, SD 57106

Phone: (605) 361-4403

E-Mail: ellenhohm4@gmail.com

Hours: Days and evenings by appointment

Fees: Accepts most insurances, Medicaid; sliding scale fees provided

Mental Health Professional:

Ellen Hohm, MS, LPC-MH, QMHP

Services Provided: Counseling for adolescents, adults, couples, and families. Specialties include depression, grief, anxiety, PTSD, abuse issues, ADHD, men's issues, women's issues, parenting skills, sexuality issues, addiction, anger management, and premarital therapy. Focus on a healthy mind, body, and spirit.

Integrative Wellness

5000 S. Minnesota Avenue, Suite 200

Sioux Falls, SD 57108

Phone: (605) 271-1348

Fax: (605) 610-1477

E-Mail Address: integrativewellness@midconetwork.com

Internet Address: integrativewellnesssd.com

Hours: Day and evening hours vary by therapist

Fees: Accepts Medicaid, Medicare, most insurances and private pay

Mental Health Professionals:

Jeanne Bunkers, MSW, LCSW-PIP

Jennifer Gleason-Wilson, LPC

Kerry Schmitzer, LPC-MH

Christine Ellis, MSW, LCSW-PIP

Dr. Mary Jones, LPC, LMFT

Myra Eben, LPC

Carl Schmitzer, MSW, LCSW-PIP

Michelle VanDenHul, MSW, LCSW-PIP

Services Provided: Individual (adults, adolescents and children), marital and family therapy covering topics such as depression, anxiety, grief and loss, addictions, trauma and abuse, family of origin, geriatrics, play therapy, parenting, ADD/ADHD, blended family issues, and divorce. Serving everyday people with everyday problems.

Kannan Clinic, P.C.

6709 S. Minnesota Avenue, Suite 202

Sioux Falls, SD 57108

Phone: (605) 271-3900

Fax: (605) 271-3902

Hours: 8:00am - 5:00pm, Monday - Friday

Fees: Accepts private insurance and Medicare

Mental Health Professional:

Hari D. Kannan, MD

Services Offered: Kannan Clinic, P.C. specializes in psychiatric assessment, treatment and management for adult and geriatric patients. Dr. Kannan is a biologically-oriented psychiatrist whose expertise includes the management of a broad spectrum of mental illnesses including depressive/bipolar disorder, Alzheimer's disease and other dementias, anxiety and panic attacks, obsessive-compulsive disorders, schizophrenia/thought disorders, and other psychiatric conditions.

KeySolutions Employee Assistance Program (EAP)

7511 S. Louise Avenue

Sioux Falls, SD 57108

Phone: (605) 334-5850 or 1-888-450-7844

E-Mail Address: keysolutionseap@crchealth.com

Internet Address: www.keysolutionseap.com

Hours: 8:00am - 5:00pm, Monday - Thursday / 8:00am - 4:00pm, Friday / Phone answered 24 hours a day

Mental Health Professionals:

Tim Heerts, MA, LMFT, LPC, CEAP

Brenda Hansen-Mayer, MS, NCC, LPC-MH, CCDCIII, CEAP

Lori Williamson, MA, LMFT, CCDCIII

Services Offered: Designed to assist employers with employees who may be suffering from personal problems that interfere with a productive life at home or at work. By assisting employees who may be having personal problems, it is possible to return them to a satisfactory job performance level. Supervisory skills training, mediation, chemical dependency and intervention services also provided. KeySolutions Employee Assistance Program is directed by a Certified Employee Assistance Professional. KeySolutions is affiliated with Keystone Treatment Center.

2012 Sioux Falls Mental Health Resource Guide

Keystone Treatment Center (Inpatient)

1010 E. Second Street
Canton, SD 57013

Mailing Address: PO Box 159 Canton, SD 57103

Phone: (605) 987-2751 or 1-800-992-1921

E-Mail Address: cregier@crchealth.com

Internet Address: www.keystonetreatment.com

Hours: Telephone answered 24 hours a day / 7 days a week

Fees: Call for information

Mental Health Professionals:

Carol Reiger, RN, CCDCIII

E.R. Regier, MD

Gary Dickinson, PhD

Robert Bogue, CCDCIII, CCSII

Robert Perkinson, PhD, CCDCIII, NCGC

Luther Hegland, MD, *Psychiatrist, Addictionologist*

Deb Swenson, LPC, CCDCIII

Christy Alten, MS, NCC, CCDCIII

Services Offered: Inpatient alcohol, drug, and gambling treatment with separate programs for adults and adolescents. Accredited by CARF and licensed by the State of South Dakota. Treatment services for detox, dual diagnosis, cognitive disorders (such as FAE/FAS), gambling, methamphetamine, substance abuse and inhalant abuse. Specialized Native American tract available. Nursing care provided 24 hours a day.

Keystone Treatment Center (Outpatient)

7511 S. Louise Avenue, Suite 100
Sioux Falls, SD 57108

Phone: (605) 335-1820

E-Mail Address: rbrown@crchealth.com

Internet Address: www.keystonetreatment.com

Hours: 8:00am - 6:00pm, Monday - Thursday / 8:00am - 4:00pm, Friday / Phones answered 24 hours a day

Fees: Call for information

Mental Health Professionals:

E.R. Regier, MD

Robert Perkinson, PhD, CCDCIII, NCGC

Bob Brown, CCDCII, SAP

Services Offered: Day and evening intensive outpatient treatment for alcohol, drug, and gambling, with separate programs for adults and adolescents. DUI class and Adolescent Prevention Program also provided. Licensed by the State of South Dakota and accredited by CARF. Individual, couples, family, and group therapy provided.

Knapp Counseling & Associates

2121 W. 63rd Place, Suite 100
Sioux Falls, SD 57108

Phone: (605) 373-9330

Fax: (605) 373-9218

Hours: 9:00am - 5:00pm, Monday - Friday / Evenings and some Saturday mornings available by appointment

Fees: Sliding fee scale; most insurances accepted

Mental Health Professionals:

Susanne Nelson, MSW, CSW-PIP

Christine Knapp, CSW-PIP

Stacy Dixon, LMFT, QMHP

Jari Johnson, MA, LMFT, QMHP

Amber Chan, MS, LPC-MH, NCC

Tandra Steskal-Baker, LPC-MH, QMHP, CCDCIII, TFTdx

Brenda Hansen-Mayer, LPC-MH, QMHP, CCDCIII

Diane Johnson-Mitchel, LPC-MH, QMHP

Shanna Moke, MA, CFLE

Services Offered: Individual, marital, and family therapy. Women's issues, abuse, aging, loss, depression, PTSD, anxiety, family of origin issues, and transition/adjustment issues. Therapy with children and adolescents, parenting, step-family issues and divorce; ADHD and other behavioral disorders; chemical and behavioral addictions, mood disorders, career/life transition issues, chronic/terminal illness, grief and loss issues. Addiction groups, DBT groups and adult women with childhood sexual abuse issues group.

Landscapes Counseling & Psychotherapy

401 E. 8th Street, Suite 200 - H
Sioux Falls, SD 57103

Phone: (605) 695-7913

E-Mail Address: tricia@landscapescounseling.com **Internet Address:** www.landscapescounseling.com

Mental Health Professional:

Tricia Andor, MA, LPC, EMDR *certified*

Services Offered: Provides adult outpatient counseling services for anxiety, perfectionism, assertiveness, stressful lifestyles, life transitions, codependency, relationship challenges, workplace challenges, depression, Christian counseling, and premarital counseling. Specializes in sexual abuse recovery for adults.

LaVelle, Patricia, LLC

2210 W. Brown Place
Sioux Falls, SD 57105

Phone: (605) 332-1700

E-Mail Address: fsisd@msn.com

Internet Address: www.fsisd.org

Hours: 8:00am - 7:00pm, Monday - Thursday

Fees: \$125.00 per hour; most insurance accepted

Mental Health Professionals:

Patricia LaVelle, Ed.S, LPC-MH, LMFT, QMHP

Services Offered: Individual, couples and family therapy is provided for children, adolescents, and adults. Specialties include the treatment of depression, anxiety, loss, grief, eating disorders, survivors of sexual abuse, family of origin issues, aging, sexual harassment, addictions of all kinds, and PTSD. EMDR treatments are available.

Lighting A New Way Counseling Services

5201 S. Western Avenue, Suite 105
Sioux Falls, SD 57108

Phone: (605) 361-0114

Fax: (605) 332-1723

Internet Address: lightinganewway.com

Hours: Monday - Friday / Some evenings available

Fees: Comparable rates; insurance and Medicaid accepted

Mental Health Professionals:

Kristine Weires, LCSW-PIP

Lisa Stellinga, MS, QMHP, LPC-MH, CCDCIII

Services Offered: Specialties include depression, marital, anxiety and family and attachment coaching (post-adoption).

Lutheran Social Services - Sioux Falls Area Counseling Center

705 E. 41st Street, Suite 100
Sioux Falls, SD 57105

Phone: (605) 357-0131 or 1-800-568-2401

E-Mail Address: mharrin@lsssd.org

Internet Address: www.lsssd.org

Hours: 8:00am - 9:00pm, Monday - Thursday / 8:00am - 5:00pm, Friday

Fees: Sliding fee scale based on household annual gross income

Mental Health Professionals:

Mel Harrington, CSW-PIP

Scott Moeller, MS, LPC-MH, LMFT

Colleen Brazil, MSW, CSW-PIP

Colleen Miller, MS, LPC, LMFT

Sarah Alexander, MSW, CSW-PIP

Brandi Brintall, MA, NCC, LPC-MH

Mavis Gehant, MSW, CSW-PIP

Linda Logan, MA, LPC-MH

Sara Spisak, MS, NCC, LPC

Chad Neilson, CCDCIII

John Korkow, CCDCIII

Amy Roth, MS, LPC

Linda Cimpl, MS, NCC

Services Offered: Provides individual, couple, and family counseling to assist children and adults in dealing with life challenges. Provides Employee Assistance counseling services, addiction assessments, educational and therapy groups

2012 Sioux Falls Mental Health Resource Guide

including anger management groups for young men and adults, youth violence offender groups, child custody evaluations, mediation services, and critical incident stress debriefings. Services also available in Mitchell and Brookings. Consumer Credit Counseling Services also available.

Maass, Ronda J.

5201 S. Western Avenue, Suite 104

Sioux Falls, SD 57108

Phone: (605) 275-0075

Fax: (605) 231-4252

E-Mail Address: rondam@sio.midco.net

Internet Address: www.rondamaass.com

Hours: Monday - Friday / Day as well as evening hours available by appointment

Fees: Most insurance, private pay, EAP's and SD Medicaid are accepted

Mental Health Professional:

Ronda J. Maass, MA, NCC, LPC-MH, QMHP

Services Offered: Providing individual and family counseling for children, adolescents, and adults. Areas of care include a wide variety of life transitions/adjustments including: marital and family; women through the life-span; workplace; grief; injury and illness. Other areas of service are spiritual counsel, post-abortion care, parent education, family conflict resolution, anxiety and depression.

Marriage and Family Therapy Clinic

2109 S. Norton Avenue

Sioux Falls, SD 57105

Phone: (605) 334-2696

Fax: (605) 339-9944

E-Mail Address: sfps@sfsseminary.edu

Internet Address: www.sfpsychological.org

Hours: 8:00am - 8:00pm, Monday - Thursday / 8:00am - 12:00pm, Friday

Fees: Sliding fee scale based on household annual income; accepts individuals with no health insurance

Mental Health Professionals:

Del Donaldson, DMin, LMFT, QMHP

Michael Wheaton, MA, LMFT

Services Offered: Provides affordable therapy to individuals, couples, and families who come with limited to no funds and have no health insurance. Masters level students provide therapy under the direct supervision of highly qualified and experienced marriage and family supervisors/faculty from Sioux Falls Seminary. This program is part of Sioux Falls Psychological Services and has been United Way funded since 1996.

Mental Health Associates

3208 E. 26th Street

Sioux Falls, SD 57103

Phone: (605) 339-6949

Hours: 1:00pm - 6:00pm, Tuesday / 10:00am - 6:00pm, Wednesday / 9:00am - 7:00pm, Thursday / Other times available by special arrangement

Fees: \$130.00 per hour; most insurance accepted; Medicare approved

Mental Health Professional:

Richard Seaman, MEd, LCSW, LPC, LMFT

Services Offered: Individual and family therapy for depression, anxiety, grief and loss, divorce adjustment, life transitions, stepfamilies, aging, stress management, business/church consultation, caregivers, and relationship issues.

NAMI South Dakota

PO Box 88808

Sioux Falls, SD 57109

Phone: 1-800-551-2531

E-Mail Address: namisd@midconetwork.com

Internet Address: www.nami.org/sites/NAMISouthDakota

Mental Health Professional:

Phyllis Arends, RN

Services Offered: Offers practical support, useful education and understanding to people who are living and coping with

brain based diseases. There are nine local affiliate groups located across the state. The NAMI Family-to-Family Education Program is a free 12-week course for family caregivers of individuals with severe brain disorders (mental illnesses). NAMI Connection is a free weekly support group for adults who have a mental illness. In Our Own Voice is a free educational presentation for civic groups, schools, etc. given by persons who have a lived experience with mental illness.

Neuropsychology Consultants, LLC

1500 W. 51st Street, Suite 105

Sioux Falls, SD 57105

Phone: (605) 271-4492

E-Mail Address: office@neuropsychconsultants.com **Internet Address:** www.neuropsychconsultants.com

Hours: 8:00am - 5:00pm, Monday - Friday / By appointment

Fees: Accepts most insurance, Medicare, and Medicaid

Mental Health Professionals:

Michael McGrath, PhD

Marie Volbrecht, PhD, ABN

Services Offered: Specializing in neuropsychological and psychological assessment. Special interests in geriatrics, head injury, and forensics. Provides psychotherapy/psycho-education to individuals and families dealing with physical/neurological illnesses and injuries as well as psychological and emotional difficulties.

New Day Counseling Services, LLC

1320 E. Rushmore Drive, Suite 107

Brandon, SD 57005

Phone: (605) 582-7418

E-Mail Address: newday@alliancecom.net **Internet Address:** www.newdaysd.com

Hours: Flexible / Evenings and Saturdays available by appointment

Fees: Accepts insurance and Medicaid

Mental Health Professional:

Kara L. Williams, MS, LPC-MH, QMHP

Services Offered: Offers client-centered and cognitive-behavioral counseling for children, teens, adults, and families. For children, play-therapy addresses many issues: physical/sexual abuse, grief/loss, anxiety, depression, recovery from traumatic events, divorce, and foster/adoptive situations. Individual and family counseling for children and teens addresses behavior disorders, family and relationship issues, parenting concerns, substance abuse, eating disorders, self-harming behaviors, chronic mental illness, anxiety, depression, and self-esteem. Flexible scheduling allows for sessions to be held in the office, home or other community settings.

Pathway Counseling

1312 S. Bahnson Avenue

Sioux Falls, SD 57105

Phone: (605) 521-8923

E-Mail Address: jannorby@centurylink.net **Internet Address:** pathwaycounseling.net

Hours: Call for an appointment

Fees: Sliding fee scale, some insurance accepted

Mental Health Professional:

Jan Norby, MAEd, MFT, LPC

Services Offered: Individual and family therapy. Women's issues, abuse, loss, depression, anxiety, family of origin issues, transitions and spiritual issues.

Phillips Mental Health Services

2500 W. 49th Street, Suite 215

Sioux Falls, SD 57105

Phone: (605) 274-1944

Fax: (605) 274-1945

E-Mail Address: cphillips.pmhs@midconetwork.com **Internet Address:** www.phillipsmentalhealth.com

Hours: 9:00am - 5:30pm, Monday - Friday / Evenings and weekends by appointment

2012 Sioux Falls Mental Health Resource Guide

Fees: Accepts most insurance, SD Medicaid

Mental Health Professional:

Connie Fritz-Phillips, MS, NCC, LPC-MH, QMHP, CCDCIII

Services Offered: Mental health and addiction recovery services are provided to children, adolescents, adults, couples, and families. Treatment services offered for depression, addiction, anxiety, parent-child conflicts, behavior problems, ADHD, Asperger's, ODD, adjustment disorders, OCD, PTSD, grief, separation/divorce, couples and family issues, social skills training, stress management and anger management. Services include mental health assessments/screenings, cognitive behavior therapy, behavior modification and play therapy. Court approved alcohol and drug screenings/assessments are available including individual 1st offender DUI education, intensive outpatient services and aftercare. Groups Offered: Social Skills "R" Us group to children and adolescents and Women's Issues - Finding Balance In Your Life.

Prairie View Prevention Services

822 E. 41st Street, Suite 235

Sioux Falls, SD 57105

Phone: (605) 331-5724

E-Mail Address: darcyj@prairieview.net

Internet Address: www.prairieview.net

Hours: 8:00am - 5:00pm, Monday - Friday / Evenings and Saturdays by appointment

Fees: Services provided at no cost to adolescents and families in contracted school districts; call for more information

Mental Health Professionals:

Contact Darcy Jensen, Director, for list of mental health professionals available to provide services

Services Offered: Provides alcohol and drug screenings, updates, and assessments. Group, family, and individual sessions focus on alcohol, tobacco, drugs, violence, depression, and eating disorders. Brief therapy with referrals to mental health service providers. Also provides violence threat assessments. Prairie View Prevention's services are only for adolescents.

Price, Dr. Thomas

6810 S. Lyncrest Avenue

Sioux Falls, SD 57108

Phone: (605) 274-1119

E-Mail Address: drprice@inbox.com

Internet Address: www.drthomasprice.com

Hours: 8:00am - 6:00pm, Monday / 8:00am - 5:00pm, Tuesday - Friday

Fees: Accepts insurance; fees vary with different services; legal fees differ from counseling fees

Mental Health Professional:

Dr. Thomas L. Price, MA, PhD, LP, LPC, LMFT, *School Psychologist, National Certified Psychologist*

Services Offered: Psychological Evaluations: ADHD, Autism, learning disabilities, mental retardation, personality, memory, chemical dependency, eating disorder and Bipolar Disorder. Behavioral Medicine (Complementary and Alternative Medicine) PhD. Biofeedback therapy (headaches, TMJ, chronic pain, other). Pre-surgical screenings (stomach/bariatric, gender-related, pain pump) and chronic pain treatment. Legal-related: child custody/home study, guardianship, psychosexual, criminal responsibility, parents rights termination. Independent Medical Evaluation (IME; workers comp), Disability Social Security, VA, Fitness-for-Duty, attorney consultation. Psychotherapy: general, all ages, individual.

Priority One Resources

6901 S. Lyncrest Place, Suite 106

Sioux Falls, SD 57108

Phone: (605) 336-3691 or 1-800-888-1429

Fax: (605) 336-1097

E-Mail Address: n.burger@voa-dakotas.org

Hours: 9:00am - 5:00pm, Monday - Friday / Evenings and Saturdays by appointment

Fees: Contractual fees for managed behavioral healthcare services; EAP clients are free (employer paid) 5-session model; standard fees apply outside of EAP

Mental Health Professionals:

Carol Knudtson, MEd, LPC

Nicole Burger, MA, CCDCIII, LPC, CPS

Sarah Thomas, MS, LPC

Services Offered: CoCare: managed behavioral healthcare services for client companies. Case management services to

Third Party Administrators, insurance coalitions, organizations, and companies. Utilizes the core technology standards adapted from Employee Assistance Professional Association (EAPA). Clinical case management; individual, couple, family, and group therapy are provided; management training; workplace mediation; chemical dependency or other addictions intervention services. Priority One Resources has offices and counselors in Sioux Falls, Chamberlain and Yankton.

Psychological Solutions of South Dakota, LLC

6810 S. Lyncrest Avenue, Suite 201
Sioux Falls, SD 57108

Phone: (605) 274-1119

Hours: 8:00am - 5:00pm, Monday - Thursday / Friday, Saturday and evening hours available by appointment

Mental Health Professionals:

Dr. Ericka Kemper, LP

Dr. Elizabeth Larson, LP

Dr. Thomas Price, LP, PhD

Megan Spawn, MA, LPC-MH

Janel M. Schmidt, MS, LPC-MH

Services Offered: Individual, couples, family, children, and group therapy. Focusing on depression, anxiety/panic, men's and women's issues, grief and loss issues, sexual abuse/rape, PTSD, body image and eating disorders, medical issues, pain management, women's health and pregnancy concerns, anger management, forensic evaluations, child custody evaluations, psychosexual evaluations, violence risk, and bio-feedback therapy. Assessment and treatment of childhood and adolescent problems and disorders including ADHD and parent-education services. Also practicing EMDR (Eye Movement Desensitization and Reprocessing).

Psychotherapy Associates of Sioux Falls

2210 W. Brown Place

Sioux Falls, SD 57105

Phone: (605) 332-1700

E-Mail Address: fsisd@msn.com

Internet Address: www.fsisd.org

Hours: 8:00am - 7:00pm, Monday - Friday

Fees: \$115.00 - \$120.00 per hour; most insurance accepted

Mental Health Professionals:

Connie Nelson, MA, LPC-MH, CCDCIII

Mary Eggleston, MEd, LPC, LMFT, CCDCIII

Services Offered: Individual, couples, and family therapy is provided for children, adolescents, and adults. Specialties include the treatment of depression, anxiety, loss, grief, eating disorders, survivors of sexual abuse, family of origin issues, aging, sexual harassment, addictions of all kinds, and PTSD. Psychodrama and EMDR treatments are available.

Restored To New Life Services, LLC

225 E. 11th Street, Suite 204

Sioux Falls, SD 57104

Phone: (605) 731-8051

Fax: (605) 221-3299

E-Mail Address: info@restoredtonewlifeservices.com **Internet Address:** www.restoredtonewlifeservices.com

Hours: 9:00am - 9:00pm, Monday - Thursday / 9:00am - 7:00pm, Friday

Fees: Payment arrangements, sliding fee scale

Mental Health Professional:

Johnny Ray, CCDCII

Services Offered: Restored To New Life Services is an outpatient treatment provider that offers chemical dependency evaluations, early intervention services, outpatient treatment and aftercare services with individual counseling. Alcohol/drug testing and SCRAM monitoring also available. Also an ATR (Access To Recovery) provider which means any person of Native American descent that lives in SD, ND, NE or IA can receive treatment services at a "low to no cost".

2012 Sioux Falls Mental Health Resource Guide

Ritzman Counseling Services

5800 S. Remington Place, Suite 110

Sioux Falls, SD 57108

Phone: (605) 274-1574

Fax: (605) 271-1395

E-Mail Address: kellylpc@sio.midco.net

Hours: 8:00am - 7:00pm, Monday - Friday / Some Saturday appointments available

Fees: Accepts most insurance, and Medicaid; sliding fee available

Mental Health Professional:

Kelly Ritzman, MS, NCC, RPT, LPC-MH, QMHP

Services Offered: Individual, family and couples counseling. Children, adolescents, and adults served. Specialties include depression, anxiety, play therapy, and trauma/abuse.

Rysdon, Bobbi (Barbara)

4410 S. Tennis Lane

Sioux Falls, SD 57106

Phone: (605) 362-1959 or (605) 359-9005

E-Mail Address: rbobbi1@qwestoffice.net

Hours: 9:00am - 5:00pm, Tuesday, Wednesday, Thursday / 9:00am - 3:00pm, Friday

Fees: Sliding fee scale provided; accepts most insurances

Mental Health Professional:

Bobbi Rysdon, RN, LMFT, QMHP

Services Offered: Depression, anxiety, adjustment disorders, grief/loss issues, women's issues, abuse issues, marital, couples and blended family conflicts, and anger management for adults. Member of American Association of Christian Counselors, Clinical Member of AAMFT, and an AAMFT Approved Supervisor.

Sandbulte, LLC

2210 W. Brown Place

Sioux Falls, SD 57105

Phone: (605) 332-1700

E-Mail Address: fsisd@msn.com

Internet Address: www.fsisd.org

Hours: 8:00am - 7:00pm, Monday - Friday

Fees: \$115.00 - \$120.00 per hour; most insurance accepted

Mental Health Professionals:

Shelley L. Sandbulte, EdD, LP

Services Offered: Individual, and family therapy is provided for adolescents, and adults. Specialties include the treatment of depression, anxiety, loss, grief, eating disorders, survivors of sexual abuse, family of origin issues, aging, sexual harassment, addictions of all kinds, and PTSD. EMDR treatments are available.

Sanford Clinic Behavioral Health

1621 S. Minnesota Avenue

Sioux Falls, SD 57105

Phone: (605) 328-4700

Fax: (605) 328-4702

Internet Address: www.sanfordhealth.org

Hours: 8:00am - 5:00pm, Monday - Friday

Fees: Accepts insurance, Medicare, and Medicaid

Mental Health Professionals:

David Ermer, MD

Steven Cochran, MD

Rajesh Singh, MD

Becky Palugay, MSW-PIP

Linda Kauker, PA-C

Rachelle Broveleit, PA-C

James Wick, EdD

Rhonda Smith, EdD

Services Offered: Individualized treatment including psychiatric and psychological evaluations; individual, couple, and

family therapy. Treatment services for children, adolescents, adults, and seniors include but are not limited to: anxiety disorders, mood disorders, personality disorders, somatization disorders, psychosexual disorders, schizophrenia, post-traumatic stress disorders, abuse issues, eating disorders, addictions, dementia, grief and loss, stress management, executive health, and the evaluation and treatment of childhood emotional and behavioral disorders including Attention Deficit/Hyperactive Disorders.

Sanford Women's Internal Medicine Clinic

5019 S. Western Avenue, Suite 200
Sioux Falls, SD 57108

Phone: (605) 328-9700

E-Mail Address: mary.dressing@sanfordhealth.org **Internet Address:** women's.sanfordhealth.org

Hours: 8:00am - 6:00pm, Monday - Thursday / 8:00am - 3:00pm, Friday

Fees: Accepts insurance; call for more information

Mental Health Professional:

Mary Dressing, LPC-MH, QMHP, RD, LN

Services Offered: Adult and adolescent therapy. Specialties in eating disorder issues, depression, anxiety, life changes, and adjustments. Medical nutrition therapy available.

Sioux Empire Christian Counseling, Inc.

2000 S. Sycamore Avenue, Suite 101
Sioux Falls, SD 57110

Phone: (605) 271-0261

Fax: (605) 271-0263

E-Mail Address: tonyboer.secc@midconetwork.com **Internet Address:** www.siouxempirechristiancounseling.com

Hours: 8:00am - 8:00pm, Monday - Thursday / 8:00am - 4:00pm, Friday

Fees: \$115.00 per hour; most insurance and Medicaid accepted

Mental Health Professionals:

Tony Boer, MSW-PIP, QMHP

Ken Smith, MA, LPC

Jane Webster, LPC

Services Offered: Children's, adult, individual, marital, and family counseling. Experience in ADHD, Asperger's disorder, depression, anxiety, marital therapy, divorce adjustment, spiritual issues, step-families, affairs, past abuse, pre-marital counseling, court evaluations, ABEL sexual interest assessments, and treatment groups.

Sioux Falls Psychological Services

2109 S. Norton Avenue
Sioux Falls, SD 57105

Phone: (605) 334-2696

Fax: (605) 339-9944

E-Mail Address: sfps@sfseminary.edu

Internet Address: www.sfpsychological.org

Hours: 8:00am - 8:00pm, Monday - Thursday / 8:00am - 12:00pm, Friday

Fees: For service rendered; also accepts insurance, Medicare, and SD Medicaid

Mental Health Professionals:

Douglas L. Anderson, PsyD, LMFT

Dee Wacker, RN, MA, LPC

Del Donaldson, DMin, LMFT, QMHP

Sara Kuehler, MA

Pam Beck, MA, LMFT, QMHP

Kimberly Belben, MA

Ann Marie Rossing, MA, LMFT, QMHP

Robin Duncan, MA

Jerry Vander Lee, MA, LMFT, QMHP

Gretchen Hartmann, MA, Therapist Intern

Jennifer Helkenn, PhD

Michael Wheaton, MA, Therapist Intern

Kristi Miller, MS, LPC-MH, Certified Theraplay (R) Therapist, QMHP

Services Offered: A full range of psychological services including individual, marital, and family therapy to children and adults. Psychological testing is available.

2012 Sioux Falls Mental Health Resource Guide

Sioux Falls VA (Department of Veteran Affairs) Healthcare System

2501 W. 22nd Street

Sioux Falls, SD 57117

Mailing Address: PO Box 5046, Sioux Falls, SD 57109

Phone: (605) 336-3230

Hours: 8:00am - 4:30pm, Monday - Friday / 24-hour emergency services

Fees: No fees to eligible veterans; eligibility must be established before treatment services can be offered

Mental Health Professionals:

Board Certified Psychiatrists

Clinical Social Workers

Clinical and Counseling Psychologists

Addiction Therapists

Psychiatric Nurses and Case Managers

Services Offered: Provides a variety of services to eligible veterans that include an addictions treatment program, inpatient services, outpatient mental health, psychiatry primary care, and smoking cessation. Also provides specialized services for patients with Post-Traumatic Stress Disorder (PTSD).

Sorenson, Dianna Spies

4608 S. Briarwood Avenue

Sioux Falls, SD 57103

Phone: (605) 332-7601

E-Mail Address: drdianna@sio.midco.net

Hours: Variable upon request including evenings and weekends

Fees: Variable depending on services

Mental Health Professional:

Dianna Spies Sorenson, PhD, RN, CNS

Services Offered: Individual, group, and family therapy including: treatment of post-traumatic childbirth experiences, conflict resolution, problem solving, interpersonal communication and healthy relationships, crisis intervention, self-esteem/self-perception, eating disorders, depression, anxiety, parenting, step-families, health promotion and illness prevention, stress management and biofeedback, life transitions, developmental changes, and addictive processes. Experience working as a case manager to assist clients to work within and between health care providers and health care systems.

South Dakota Urban Indian Health

711 N. Lake Avenue

Sioux Falls, SD 57104

Phone: (605) 339-0420

Internet Address: www.sduih.org

Hours: 8:00am - 5:00pm, Monday - Friday

Fees: Insurance is accepted; if not available, payment will be based on the individual's ability to pay

Mental Health Professionals:

Marilee Johnson-Geary, MA, LPC-MH, QMHP, CCDCIII, NCC

Melissa Hemmestad, MS, LPC, CCDCIII, NCC

Justin L. Falon, MS, LPC, CCDCT

Services Offered: Individual, family, couples, and group therapy for children and adults. Substance abuse counseling, individual aftercare, and treatment needs assessments are also offered. Groups include: Beyond Trauma.

Southeastern Behavioral HealthCare - Community Support Services (formerly 5th Street Connection)

100 W. 5th Street

Sioux Falls, SD 57104

Mailing Address: 2000 S. Summit Sioux Falls, SD 57105

Phone: (605) 336-0503

Fax: (605) 335-0973

Internet Address: www.southeasternbh.org

Hours: 8:00am - 5:00pm, Monday - Friday / Evenings by appointment

Fees: Fees for services based on availability of funding and type of service

Mental Health Professionals:

William C. Fuller, MD

Kristi Jacobsma, AA, CCDCI

Ann Mack, MS, LPC, CRC

Brett Johnson, BA

Karen Chesley, MSW, LCSW-PIP, QMHP

Tiffany Butler, MA, QMHP

April Bolton, MA, NCC

Services Offered: A full range of treatment and rehabilitation services for adults with severe, long-term psychiatric problems, the goal of which is to prevent hospitalization and to provide support and education, which in turn promote optimal levels of independence in living and working in the community. Services include psychiatric and medication management services, case management, supportive counseling, assisted living, psychological rehabilitation, vocational services, homeless outreach program, and IMPACT services.

Southeastern Behavioral HealthCare - Counseling and Children's Services

2000 S. Summit Avenue

Sioux Falls, SD 57105

Phone: (605) 336-0510

Internet Address: www.southeasternbh.org

Hours: 8:00am - 8:00pm, Monday / 8:00am - 6:00pm, Tuesday - Thursday / 8:00am - 12:00pm, Friday

Fees: Based on family income; private insurance, Medicaid, and Medicare accepted

Mental Health Professionals:

David J. Ermer, MD

Shawn VanGerpen, MD

Kristin Hanzlik, PMHRN-BC

Andrea Eben, MSW, CSW

Dana Sherrill, BA, BSW

James Cady, MA, NCC

Heidi Jans, BS, MFS

Tiffany Butler, MA, QMHP

Matthew Wolthuisen, MA, LPC-MH, QMHP, NCC

Diane Cogley, LCSW-PIP, LMFT, QMHP

Rebecca Sather-Durr, MSW, LCSW, PIP

Joy Parker, MS, LPC-MH, QMHP, NCC

Kristy Ekhoﬀ-Speck, MA, LPC, QMHP

Brenda Stahl, MS, LPC, QMHP, NCC

Kris Graham, MS, LPC, QMHP, NCC

Sarah Varilek, MA, NCC, LPC

Services Offered: Provides traditional outpatient therapy from masters-level counselors to individuals, families, children, couples, and groups as well as psychiatric evaluations and medication management. Additionally, children's case management/home-based provides a broad range of therapeutic and collaborative services to at-risk children and their families in home, school, and community settings. Specializations in depression, anxiety, grief, parenting issues, attention-deficit hyperactivity disorder, oppositional defiant disorder, stress management, and abuse are noted. Other services include play therapy, Employee Assistance Programs, and educational presentations. CCS serves Lincoln, Turner, McCook, and Minnehaha counties.

Sozo Counseling Care, Inc.

Located in Destiny Family Medical Clinic

2701 S. Minnesota Avenue, Suite 3

Sioux Falls, SD 57105

Phone: (605) 339-3378

Hours: Days and evenings by appointment

Fees: Sliding fee scale available; Medicaid and most insurance accepted

Mental Health Professional:

Dianne S. Heynen, MS, LPC-MH, BCPCC, QMHP, CEAP

Services Offered: Individual, couple, family, and group counseling. Focus on Mind-Body-Spirit connection, depression, anxiety, stress, blended families, chronic illness, workplace issues, trauma, grief, post-abortion stress, spiritual/Christian concerns, Eye Movement Desensitization and Reprocessing (EMDR), and inner healing prayer methods. Services offered to adolescents, adults, and seniors. Employee Assistance Programs (EAP), educational workshops, professional training and development also offered.

2012 Sioux Falls Mental Health Resource Guide

Steever, Melissa

2116 S. Minnesota Avenue, Suite 2C
Sioux Falls, SD, 57105

Phone: (605) 366-5155

Fax: (605) 213-0463

E-Mail Address: melissa.steever@hotmail.com

Hours: 8:30am - 5:00pm, Monday - Friday / 6:30pm - 9:00pm, Monday, Wednesday, Thursday

Fees: Medicaid and many insurances accepted

Mental Health Professionals:

Melissa Steever, MA, LPC-MH, QMHP

Services Offered: Individual and family therapy addressing multiple issues: parenting concerns, anxiety, depression, teen issues, teen delinquency, relationship concerns and abuse issues.

Stronghold Counseling Services, Inc.

4300 S. Louise, Suite 201
Sioux Falls, SD 57106

Phone: (605) 334-7713

E-Mail Address: info@strongholdcounseling.com

Internet Address: www.strongholdcounseling.com

Hours: 9:00am - 8:00pm, Monday - Thursday / 8:00am -12:00pm, Friday / 9:00am – 12:00pm, Saturday

Fees: Arranged with individual therapist; insurance claims filed

Mental Health Professionals:

Kristiana Benson, MA, LMFT, QMHP

Nick Buus, MA, LMFT, QMHP

Earl Witt, MA, LMFT, QMHP

Jan Sanford, MA, LPC-MH, QMHP

Amanda Briggs, MSW, CSW-PIP

Kerry Ford, MSW, CSW

Eleanor Larsen, MA, LMFT, QMHP, CCDCIII

Jamie C. Chambers, EdD, LP, LMFT, LPC, CCDCIII

Gary Hofman, EdD, LPC-MH, NCC, CCDCIII, QMHP

Linda Mabee, MS, LPC-MH, QMHP, NCC

Marlene Ruff, MA, LPC, LMFT, QMHP

Larry Dancler, MS, LPC-MH, QMHP

Services Provided: Assessments and therapy for individuals, groups, families, children, adolescents, and adults. The following concerns are addressed: alcohol abuse/addiction, sexual abuse, spiritual abuse, marriage problems, family problems, adolescent/child adjustment, anxiety, grief, eating disorders, physical abuse, emotional abuse, delinquency problems, parent-child conflicts, stress, depression, spiritual needs, and mid-life issues.

Suicide Crisis and Support Services

1000 N. West Avenue, Suite 310
Sioux Falls, SD 57104

Phone: 1-800-273-TALK (8255) or Dial 211 or (605) 339-4357

E-Mail Address: help@helplinecenter.org

Internet Address: www.helplinecenter.org

Hours: 24 hours a day / 7 days a week

Fees: None

Mental Health Professional:

Lori Montis, MA

Services Offered: The Helpline Center provides a variety of suicide and crisis support services. These include providing direct crisis intervention services through the National Suicide Prevention Lifeline (1-800-273-TALK) for the entire state of South Dakota. Other services include suicide prevention trainings, a one hour training to increase awareness and recognize, intervene and refer persons at-risk of suicide (QPR), a two-day suicide intervention skills training (ASIST), and an exploration session to help mobilize a community's resolve to help prevent suicide (Suicide TALK). The Helpline Center also provides direct services to survivors of suicide (persons who have lost a loved one to suicide). These services include a nine-week course, a monthly support group, a newsletter, informational packets and an outreach team. The Helpline Center is accredited by the American Association of Suicidology.

Transitional Living Corporation: TLC Tallgrass and TLC Sober Living Homes**Mailing Address:** 2601 S. Minnesota Avenue, Suite 105-378, Sioux Falls, SD 57105-4750**Phone:** (605) 368-5559**E-Mail Address:** info@TLCsiouxfalls.org**Internet Address:** TLCsiouxfalls.org**Hours:** 24 hours a day**Fees:** Call for information**Mental Health Professionals:**

Call for more information regarding licensed/credentialed professionals

Services Offered: Residential campus utilizing the Big Book of Alcoholics Anonymous and the way of life contained therein. Self-governing Sober Living Homes that provide a safe living environment in early recovery with continued emphasis on applying the 12-steps of recovery to daily life over a period of 3-12 months. Advocacy of the disease concept by carrying the message to families, businesses, churches, and schools while building alliances with organizations that share our mission of advocacy for and implementation of the 12-step approach to recovery. An alternative to medical treatment models for the recovery of alcoholism and chemical dependency.**Vet Center**

601 S. Cliff Avenue, Suite C

Sioux Falls, SD 57104

Phone: (605) 330-4552**E-Mail Address:** brian.wallin@va.gov**Internet Address:** va.gov/rcs/**Hours:** 8:00am - 4:30pm, Monday - Friday / 8:00am - 8:00pm, Tuesday / Or by appointment**Fees:** None**Mental Health Professionals:**

Brian Wallin, MA

Ruth Kaspar, MSW

Nicholas Rinehart, PhD

Orlando George, BA

Morris Patzlaff, LMFT

Services Offered: Provides a broad range of counseling, outreach and referral services to veterans and their families in order to help these veterans make a satisfying post-war readjustment to civilian life. The specific counseling services are: individual, group, marital, and family. Provides assistance with job search, veterans benefits, and basic needs.**Volunteers of America, Dakotas - Heisler Chemical Dependency Treatment Program**

1401 W. 51st Street

Sioux Falls, SD 57105

Mailing Address: PO Box 89306, Sioux Falls, SD 57109-9306**Phone:** (605) 334-1414 or (605) 322-4065 or 1-800-365-8336**Fax:** (605) 335-3121**E-Mail Address:** c.sandvig@voa-dakotas.org**Internet Address:** www.voa-dakotas.org**Hours:** Vary, depending on services**Fees:** Fixed and sliding fee scale depending upon service; funds available for those meeting income guidelines; most insurances accepted**Mental Health Professionals:**

Chris Sandvig, BA, CCDCII

Teresa Peratt, AS, CCDCII

Carolyn Meyeraan, RN

Valerie Saffold, MA, CDCT

Denis Kronaizl, BSW, CCDCII

Kelsey Hlebichuck, BS, CDCT

Mary Beth Neuroth, AS, CDCT

Erin Steensma, CCDCIII

Services Offered: A full continuum of chemical dependency services for youth ages 12 to 18. Services include evaluation and assessments, day treatment, individual and family counseling, intensive outpatient treatment, inpatient treatment, transitional care, and aftercare counseling. Evaluations and assessments for adults are also available. Services for adults include intensive outpatient treatment and aftercare. Training, in-services, and workshops for groups and agencies are also provided.

2012 Sioux Falls Mental Health Resource Guide

Volunteers of America, Dakotas - Lifemarks Counseling & Mediation Services

1401 W. 51st Street

Sioux Falls, SD 57105

Mailing Address: PO Box 89306, Sioux Falls, SD 57109-9306

Phone: (605) 332-6128 for appointments or (605) 334-1414 for 24-hour crisis line

E-Mail Address: c.knudtson@voa-dakotas.org

Internet Address: www.voa-dakotas.org

Hours: 8:00am - 8:00pm, Monday - Thursday / 8:00am - 5:00pm, Friday

Fees: Sliding fee scale; also accepts insurance, Medicare, and Medicaid

Mental Health Professionals:

Bruce S. Fogas, PhD

Carol Knudtson, MEd, LPC

Stephan Langenfeld, EdD

Rajesh Singh, MD

Gretchen Starnes, MA, LPC

Leah Piersol, JD, MS, LPC-MH, QMHP

Irina Goubanova, MS

Darcy Lassegard, MSW, PIP

Nicole Burger, LPC, CCDCIII

Jodi Williams, LPC-MH

Sarah Thoms, MS, LPC

Services Offered: Assessments, individual and group counseling for youth, adults, couples, and families on issues involving depression, grief, loss, challenging behaviors, alcohol and drug addiction, abuse, conflict, and crisis situations. Assessment, mediation, family crisis intervention services, custody evaluations, and parent coordination services are also available.

WellSpring Therapy Center

6901 S. Lyncrest Place, Suite 105

Sioux Falls, SD 57108

Phone: (605) 335-1516

E-Mail Address: wellmona@aol.com

Internet Address: www.wellspringtherapysf.com

Hours: 8:00am - 5:00pm, Monday - Friday / Evenings by appointment

Fees: Accepts insurance and private pay

Mental Health Professionals:

Ramona Wade, MA, LMFT, QMHP

Erin Sanford, MA, LPC-MH, QMHP

Shirley Jones, MSW, CSW-PIP, QMHP

Roy Conrad, PhD, LPC-MH, RPT, QMHP, NCC

Services Offered: Provides individual, couple, and family therapy for the treatment of various family adjustment problems and psychological disorders across the life span including children, adolescents, and adults. Special areas of expertise include: pain management, stress management, complicated grief and loss, spirituality issues, aging challenges, chronic and terminal illness, anxiety, depression, PTSD, play therapy with children, parent education and EMDR therapy.

Williamson, Lori

3610 S. Western Avenue, Suite 2

Sioux Falls, SD 57105

Phone: (605) 214-3454

Fax: (605) 274-1704

E-Mail Address: lori@loricounseling.com

Internet Address: www.loricounseling.com

Hours: 5:30pm - 8:00pm, Tuesday, Thursday / 9:30am - 12:30pm, Saturday

Fees: Sliding scale, accepts some insurance

Mental Health Professional:

Lori Williamson, MA, LMFT, QMHP, CCDCIII

Services Offered: Provides individual, couple and family therapy for depression, anxiety, grief/loss, women's issues, premarital, marital and family conflict and parenting issues. Able to assess for alcohol and chemical dependency issues.

helpline
center



STEP FORWARD
TO PREVENT SUICIDE



SUICIDE AWARENESS WALK

Saturday, June 23

All proceeds support local
suicide prevention and survivor services.

8:30_{A.M.}
Check-In

9:00_{A.M.}
Walk and Run Starts

Falls Park
Sioux Falls, SD

To register: helplinecenter.org or Dial 2-1-1



connect • prevent • support

“Making lives better by giving support, offering hope and creating connections all day, every day.”

211 Community Resources

Information, Referral, & Crisis Line • 24 Hours
Social Services • Government Information • Community Information
Financial Assistance • Donation Information • Shelter • Food
Substance Abuse • Crisis Intervention • Counseling • Support Groups • & More

Child Care Resources

Resources & Referrals for Parents & Providers • Access to Current Child Care Openings • Dial 211

Volunteer Opportunities

Over 350 Volunteer Opportunities for Families, Groups and Individuals at over 150 Agencies
Volunteer Solutions Database at www.helplinecenter.org • Dial 211 for personalized assistance
• Serve & Learn Student Association (SALSA)

Suicide and Crisis and Support

1-800-273-TALK • 24 Hours
Crisis Intervention • Suicide Prevention Training • Suicide Information
Support for family & friends who have lost a loved one to suicide

Helpline Center Directories

Parent & Family Resource Guide • Mental Health Resource Guide
Basic Needs Resource Guide • Online Databases www.helplinecenter.org



connect • prevent • support

helplinecenter.org

For more information or to support the Helpline Center please contact us at:

Helpline Center • 1000 N. West Avenue • Suite 310 • Sioux Falls, SD 57104-1314 • Dial 211 or (605) 339-4357

2012
Mental Health Resource Guide



1000 N. West Avenue, Suite 310
Sioux Falls, SD 57104

Dial 211 or 605-339-4357

helplinecenter.org



Sponsored by Avera McKennan Behavioral Health Services