

Summer Survival Kit

We often think of people who are experiencing homelessness as being in need of winter items to stay warm. Summer heat can be just as impactful to those who spend much of their day out in the sun!



Do It Yourself Projects

Suggested Supplies

- ◆ Toiletries like lip balm, deodorant, and baby wipes
- ◆ Sunscreen and soothing lotions (ones with aloe are a good idea)
- ◆ Bug spray and a small tube of hydrocortisone cream
- ◆ Non-perishable snacks and a reusable water bottle
- ◆ Inexpensive sunglasses
- ◆ Mini collapsible umbrella
- ◆ Flip-flops, light-weight pull-on shoes, and low-rise socks
- ◆ Baseball caps, bucket hats, visors, bandanas, etc.



Instructions:

The items listed are suggestions — you may wish to include other items that you think would be helpful. Place them in a weather-proof zipper bag, draw-string bag, or even better — an iceless collapsible cooler! Include a note or card of encouragement. These items will provide much-needed relief!

Delivery

Suggested recipients in your community might include transitional housing facilities that serve unsheltered folks and services specifically for the working poor.

Share your Project!



More fun projects and ideas can be found on our main DIY page:

www.helplinecenter.org/DIY