



**Public Service Announcement**

**June 1, 2020**

**Contact: Audrey Nordine, Black Hills Program Coordinator**

**Contact Number: Dial 211 or (605) 274-1429**

**For Immediate Release**

**Helpline Center & Black Hills Urgent Care name  
June Volunteer of the Month**



***Pictured: Kathy Minnick of Black Hills Urgent Care, Sydney Kincart, June Volunteer of the Month, Audrey Nordine of Helpline Center, and Kristin Kiner of Rapid City Area Schools.***

RAPID CITY - The Helpline Center and Black Hills Urgent Care are pleased to announce that Sydney Kincart has been named the June 2020 Volunteer of the Month. Sydney was nominated by Rapid City Area Schools.

The Volunteer of the Month program is sponsored by the Helpline Center and Black Hills Urgent Care, a division of Black Hills Surgical Hospital. Volunteer of the Month recognizes outstanding individuals who make the community stronger through volunteerism.

Sydney has a heart for service and is very engaged in a variety of school and community projects and clubs. She has served in many school clubs including; Stevens Student Council, Rushmore Region Student Council Board, First ROBOTICS Competition Team, National Honor Society, Spanish Club, WISE (Stevens Equality) Club, Stevens Booster Club, Teen Up and the Economics Club. Each one of these school sponsored activities included coordinating projects and volunteering in ways that bettered her school and community.

She has a passion for supporting young people with disabilities. For the past four years, Sydney volunteered in a mixed abilities dance class at Barefoot Dance. She taught a 45-minute dance class for kids with special needs once a week for 9 months out of the year. During the recital month in May, she volunteered daily to assist in prepping for the performance. Her heart shined in the dancing at the recitals and in the relationships built with the dancers and their families. For the past two years, she has volunteered at weeklong camp in the Black Hills, where she was paired with a buddy that had special needs. She not only built relationships and supported her buddy, but also served as a mentor to other Program Aides and their buddies. Sydney has also served as a humanitarian on a mission trip to Cuenca, Ecuador during the summer of 2018. She helped build an orphanage for kids with special needs.

Sydney shared her leadership skills with Teen Up in the planning of the Senior Citizen Prom for the past three years. She was confident in reaching out to business partners in supporting the event that encouraged intergenerational relationships. She recruited additional event volunteers from the various student organizations and inspired them to create an amazing afternoon of celebration and fun for our senior community members. Sydney also advocated for herself and others by advising decision makers in other Teen Up supported projects to include the Youth Mental Health Council and the Student Voice Forum (a monthly advisory council with RCAS Superintendent). Her voice was always respectful, open-minded and solution focused. She served as a role model to others and inspired her peers to find confidence in their voice in create positive changes.

Since Sydney moved to Rapid City five years ago, she has totally invested in the community. She has been involved in many of the projects for 3 plus years, which is quite an accomplishment for a high school student. Between her freshman and sophomore years in high school, she logged 45 hours of service, and she logged 377 hours of service during her junior and senior years in high school. Taking into account her service in church, community, and school, it would be easy to say that she volunteers at least 5 hours a week. She has volunteered through Teen Up initiatives for the past 3.5 years and for Barefoot Dance for the past 4 years. She volunteered as a Spanish tutor for 5th graders for 3 years and as a program aide at Camp Friendship for the past two years.

Sydney recently graduated from Stevens High School and will be attending college in Utah this fall. She has lived in Rapid City a total of five years and during that time she has totally invested in our community by volunteering over 400 hours. This total is extraordinary, especially as a teenager with many school, family and peer obligations. She is truly a role model for our community and we have been fortunate to be blessed with her dedication and service.

Helpline Center and Black Hills Urgent Care presented Sydney with a certificate and Helpline Center swag, and gifts from Black Hills Urgent Care.

For information on volunteer opportunities, please call the Helpline Center at 211 or visit [www.helplinecenter.org](http://www.helplinecenter.org)